



potatoes | avocados | fruits | vegetables | grains

good choices

something good for everyone

Asian Grain Salad



INGREDIENTS (21 SERVINGS)

11 Cups	Good Grains® Ancient Grains & Kale Blend, Thawed (10071179035046)
2 Cups	English Cucumber, Diced
1 Cup	Carrots, Shredded
1 Cup	Toasted Sesame Seed Dressing

PREPARATION

1. Prepare the ancient grain and kale blend according to the package directions. Chill. Combine ancient grains & kale in a large bowl with cucumbers, carrots and dressing.

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