



## Avocado Halves (Peru)

Versatile Hass avocado halves ready for slicing, dicing or mashing for your signature guacamole.



### Nutrition Facts

Serving Size 1 avocado half (43g)  
Servings Per Container about 21

Calories 90  
Calories from Fat 80

\*Percent Daily Values are  
based on a 2,000 calorie diet.

Amount / Serving	% Daily Value*
Total Fat 9g	14%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Vitamin A 4% • Vitamin C 6%	

Amount / Serving	% Daily Value*
Total Carbohydrate 3g	1%
Dietary Fiber 2g	8%
Sugars 0g	
Protein 1g	
Calcium 0% • Iron 2%	

INGREDIENTS: AVOCADO, ASCORBIC ACID (TO MAINTAIN NATURAL COLOR), SODIUM ACID SULFATE.