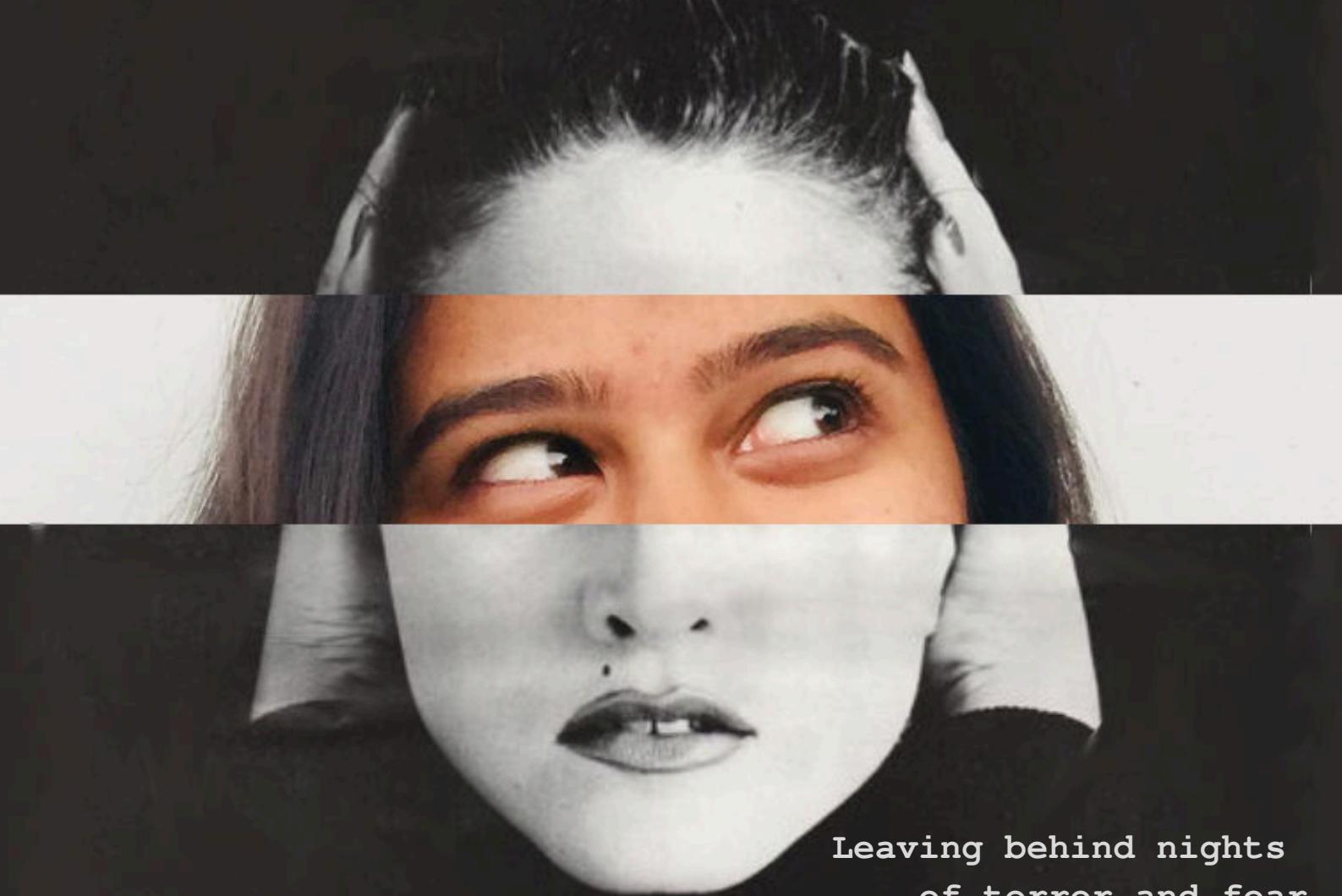


WE Women Empowerment



Leaving behind nights
of terror and fear
I rise

Into a daybreak that's
wondrously clear
I rise

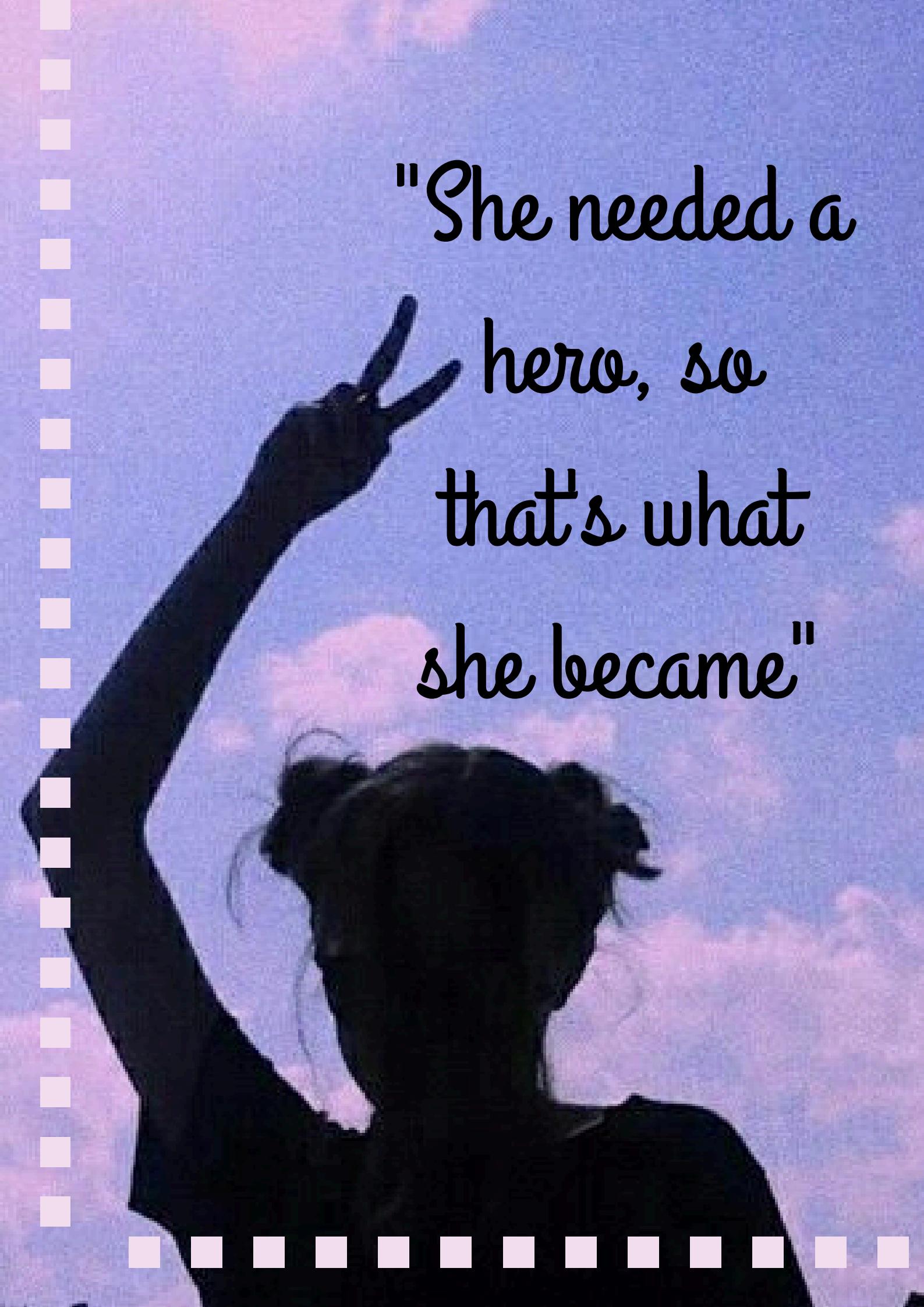
Bringing the gifts
that my ancestors
gave,

I am the dream and the
hope of the slave.

I rise.





A woman in a superhero costume, featuring a dark mask and a flowing cape, is captured in a dynamic, forward-leaning pose. Her right arm is raised, hand open, as if she's flying or about to strike. The background is a soft-focus gradient of blue and purple.

"She needed a
hero, so
that's what
she became"

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THE WE FAM

FOREWORD



**Dr. Aparna Palle
HOD, H&M Department
Literaria Clava Convenor**

The expression of joy, delight and happiness culminates into a speechless music. The 12th edition of WE magazine – compiled, edited and released by the Second Year B. Tech students of 2017 batch synchronizes with LiFe-the annual literary fest of GNITS.

The endeavors, patience, commitment and above all, the co-ordination and team dynamics among the Literary Representatives in drafting, shaping and compiling the WE Magazine is highly appreciated and they truly deserve an applause and praise for their tireless efforts to bring out the magazine with the apt columns reflecting the spirit and merits of our GNITians.

Students' editorial work of this stature and volume at the second year level motivates and inspires the young women engineers to put forth their refined and complex ideas and thoughts in a natural way. I congratulate all the Literary Representatives for their hard work displayed so beautifully. Literature and literary works could pave way for the young engineering minds to perceive the world innovatively and creatively.



FEMINISM

It's the year 2012. Hundreds of men and women take to the streets in protest. A flash of cleavage here, thigh there. Flesh proudly on show and placards at the ready. They are demonstrating against the idea that if a provocatively dressed woman is raped, she is "asking for it". An idea held by many. An idea, their slogan "Consent is sexy" is trying to destroy. They cry out: "No one ever asks for it - that's why it's called rape."

They are feminists.

It is 2018. People are actively and enthusiastically participating in The Women's March. People are fighting for Asifa's justice. But, has that made a difference yet? Has there been a change? The people who ponder over this thought,

They are feminists.

So am I, in case you were wondering. It all came to me one afternoon that if I don't support myself, then who will? The fight has changed. That is needless to say. Women can vote, get the same education as the boys and go to work with the big boys. Women can live their lives - dress, walk, talk, like, dislike, do and not do whatever, however and whoever they please. Or can they?

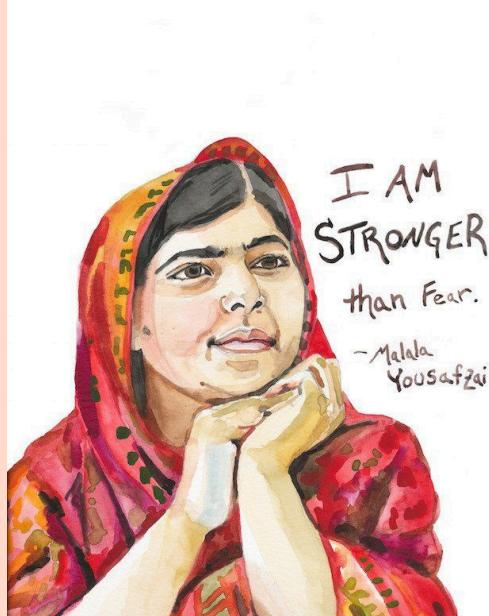
Nowadays, it is so easy to dismiss the need for feminism because the 'big issues' have been dealt with, but there is still so much discrimination against women out there. And when I say 'out there' I do not mean all the way over there, where it can't get you and you don't need to worry about it. I mean right outside that home, office or your window.

Actually, scratch that. It could very well be inside that window too.

My entire life growing up, I was told I couldn't do certain things because I was a girl. I was told I couldn't play baseball because I'm a girl, that I couldn't be that good at sports because I'm a girl and that I even couldn't have certain jobs because I'm a girl. Being a girl, I didn't like to be told that. There is something wrong with society and my eight-year-old self-was made to feel like I was inferior to boys.

Feminism isn't just about women. It's about getting equal rights for both men and women.

You see, the ideas we stick in the minds of the youth are the ones they will pass on as adults. We have successfully bred a generation of people that are stuck on the idea that being a girl can be used as an insult. The world is on the edge of getting modernized but the mindset of the people isn't too willing to adjust. Asking for equal rights is never too bad.



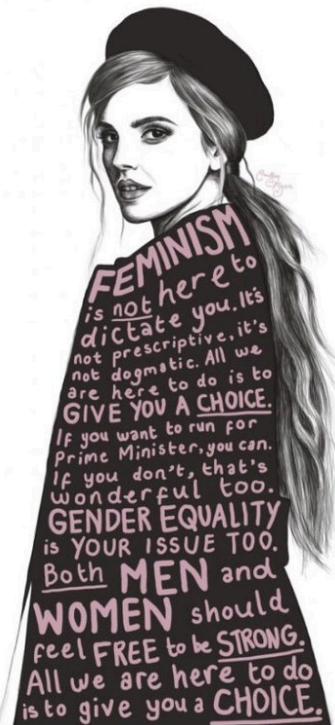
"I would rather be a bad feminist than no feminist at all."

— Roxane Gay, Bad Feminist

"The most courageous act is still to think for yourself aloud." — Coco Chanel

"feminism isn't about making women strong.
Women are already strong.
It's about changing the way the world perceives that strength"

G.D. Anderson



"So many girls out there say, 'I'm not a feminist' because they think it means something angry or disgruntled or complaining. They picture like rioting and picketing, it's not that at all, it just simply means that you believe that women and men should have equal rights and opportunities. To say you're not a feminist means that you think men should have more rights and opportunities than women."

It is about fairness and understanding. About realizing and celebrating the differences between men and women, because they are there even on the most basic biological level – but these differences do not instantly make one weaker than the other.

Finally, it is about giving women the recognition they deserve, appreciating them as equal members of society and giving them a little R-E-S-P-E-C-T.

AFIFA SIDDIQQA
CSE-B, 2/4



*Go out and live
your dream!*

Admit it ladies! Every once in a while we all crave to shun our daily routines of life and escape away from people around us to find ourselves amidst the nature.

India is very diverse when it comes to travel spots. If you are a traveler and want to maintain a friendly relationship with your pocket, check out these low budget trips in India! Enjoy the trips with families, friends or go solo! Have a self date and enjoy!

The world is just too big to wait for someone to adventure with you every time .No matter which age group you fall in, you are never inappropriate for taking a travel trip. It's essential to experience such sense at least once in our life .These are few amazing places in India meant for the safe women excursionists that you might want to discover all by yourself!

" Surely, of all the wonders of the world, the horizon is the greatest. "

-Freya Stark





GOA

You don't need a person to party with in Goa; the place will give you tons of options. So just pack your bags and head to the ultimate party destination of India. The bizarre nightlife and alcohol at dirt-cheap rates give you enough reasons to go wild and party hard. Just in case, you are not in a party mood Goa still remains the must-visit places for its off-beat options. You can explore the unexplored beaches, off-beating trekking that Goa offers, water sports to challenge you, the happening flea markets, cruise, and casinos. You just can't get any enough of this place.



Best hotel to stay:

ITC Fortune, Miramar Located in the heart of Panaji city, the capital of Goa, Fortune Miramar offers guests a place to unwind in absolute comfort. To add to its charm, the property is situated just 200 meters away from the famous Miramar Beach. A contemporary hotel for the modern-day traveller, Fortune Miramar features 45 beautifully-furnished rooms, a fully-equipped board room and a selection of dining outlets.

You can never cross the ocean unless you have the courage to lose sight of the shore



ANANTHAGIRI HILLS

It is one of the most popular trekking places in Hyderabad, at an altitude of 1168 ft, just 85 km away from Hyderabad! Luxuriant hills, lush green forests, sparkling waterfalls make this spot a paradise for nature lovers and adventurers. In the daylight, enthralling coffee plantations make the entire hill appear washed in shades of light and dark green.

A nature lover's fantasy

June to February is the ideal time of visit where you can visit Araku Tribal Museum, Padmanabhapuram Botanical Garden, Anantha Padmanabhaswamy Temple, Nagasundaram Lake, Katiki or Katki waterfalls, The Borra hills and caves.

Rock climbing, trekking, local sightseeing, camping, boating are some of the adventure trips you can make memorable moments at!.



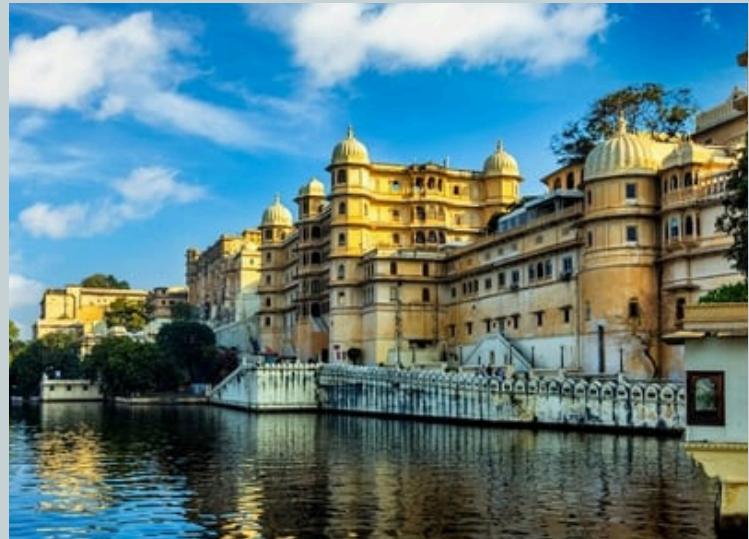
Best hotel to stay: Deccan Trails

Unwind yourself at the Deccan Trails Hyderabad with your loved ones. You have a wide range of activities to choose from like Climbing, Commando Net, Burma Bridge, Valley Crossing, Rappelling, Spider's Web, Tarzan Swing, Monkey Crawling, Cycling, Jungle Trek, Group Hammock, Australian Trolley and Flying Fox. You can also just spend a day at the campsite and soak in the peace and tranquility the surroundings have in store for you.



JAIPUR

If you have got love for culture then Jaipur is probably the best place that you need to explore alone. The beautiful palaces of Jaipur surely need the honest appreciation of the art lover. It is not just the architectural beauty of the pink city that makes it a must-visit place of India but, the delectable cuisines, the folk culture and the beautiful handicrafts that Jaipur has got, will make any traveller go gaga over the place.



Wherever you go becomes a part of you somehow.



Enjoy the best hospitality, build bonds of intimacy, rejoice in a happy world created by the Buena Vista and revel in its rich ambiance which dovetails French lifestyle and Indian traditions. Let the celebrations with family and friends bemuse and cheer you with ultimate joy!

Best hotel to stay:

Buena Vista Resort is nestled in the lap of Aravali mountains stands the stunning and splendid Buena Vista Resort, which bespeaks the story of beauty, elegance and luxury via its magnificent, majestic and breathtaking ambiance. Seduce your senses with its mesmerizing surroundings, delight yourself with its vast spread serenity and let its unmatched tranquility tinkle you with its ultimate grandeur.

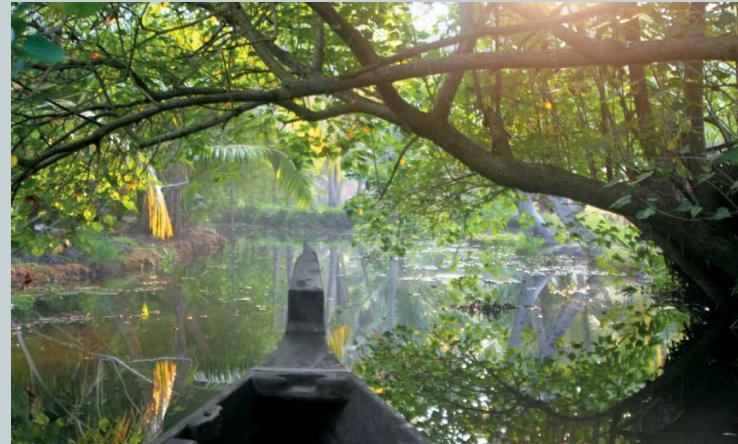


ALLEPPEY

Alappuzha or Alleppey is the hub of Kerala's backwaters and a home to numerous houseboats.

Alleppey figures in classical literary works of the 1st and 2nd centuries and is known to have had trade relations with ancient Greece and Rome in B.C and middle ages!

Venice of the East



November to February is the ideal time of visit and you can plan a two to three day trips here. Vembanad (longest lake with bird reserve), Alappuzha Beach, Marari Beach, Pathiramanal, Punnamada Lake, Kuttanad, Krishnapuram Palace and many more local temples are the attractions.

Best hotel to stay: Ramada Alleppey



Any time during their stay, guests can enjoy signature treatments at Essence - The Ayurveda & Wellness Spa with the Thai, Swedish and hot stone massages. Beauty salon, gym, swimming pool is other leisure facilities offered here. City tours, backwater cruises and coir factory visits are arranged by the hotel's travel desk. Yoga sessions, cultural programmes, rooftop helipad, state-of-the-art function rooms, 24-hour concierge services, wake-up calls and valet parking are provided by the hotel.



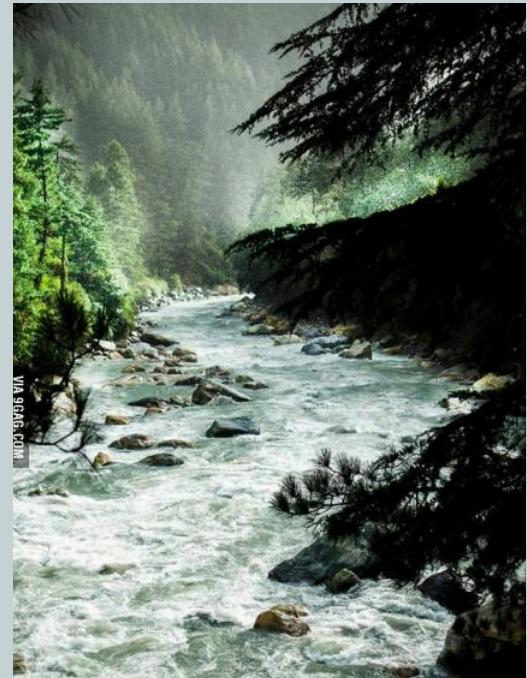
Shopping, Boat tours, Kayaking and Canoeing, sunset at Pozhiyoram, Watching the Snake Boat race (during Onam festival - August), Elephant parade make your trip an unforgettable one!

KASOL

Over the past few years, Kasol has gained much limelight as the popular tourist destination of Himachal Pradesh. It has the unspoilt beauty of nature and it has got the power to bust your stress at its best. Kasol is an ideal holiday destination when you wish to do and simply relax on your vacations. You can enjoy camping on the banks of Kheer Ganga.

*People don't take trips,
trips take people.*

The beauty of Parvati Valley dotted with the lush greenery holds so much peace in itself. Do not miss out on the Kheer Ganga trek, an easy trek that can be completed in 9-10 hours wishes you with a hot water spring at the end to put all your pain to ease.



Best hotel to stay: The Himalayan Village

The Himalayan Village is made in very old architecture called Kathkunia style (without cement with mud plastered interiors). An eco-friendly resort. The resort is surrounded by pine and fir jungles, rivers. Have traditional Machans structures at 40-60 above the ground.

*Don't listen to what they say.
Go See.*

**-Shravya Vadali CS-E-A (2/4) &
Mandali SriVarini IT-B (2/4)**



WOMEN ACHIEVERS

History has seen many Women rising to the occasion whenever the need has arisen. It is not surprising that the current generation of women who have challenged their limits and excelled in the recent past.

Pooja Thakur is one among them. She became one of the most visible faces of the Indian Air Force. She was the first woman to lead the ceremonial tri-service guard of honor that was inspected by Barack Obama at Rashtrapati Bhavan. Since then, Pooja became a symbol of empowerment in the society and an inspiration to especially young girls.

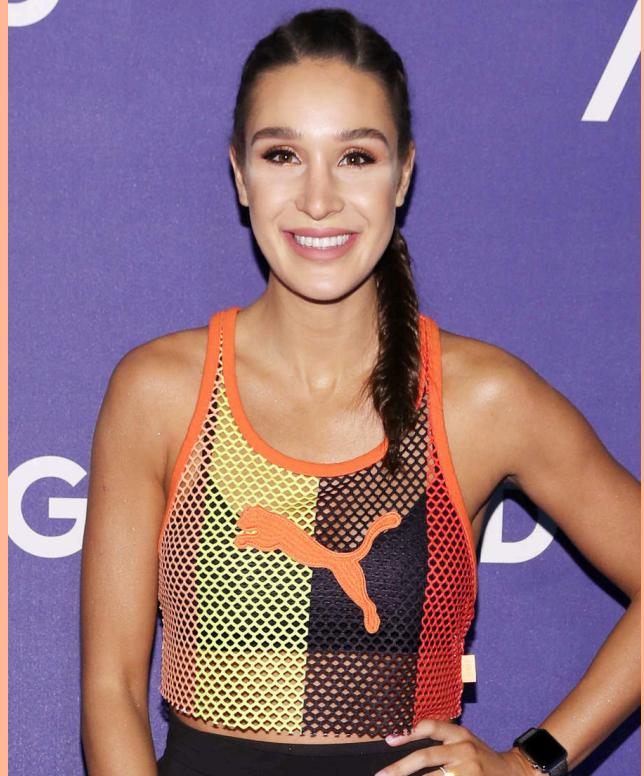


Since Pooja was born in a defense family background, she grew up in different states, which has woven remarkable strands of flexibility and adaptability into the fabric of her nature. She joined Indian Air Force in 2000, and after rigorous training, on par with her male counterparts, she became an administrative officer.



She is a persuasive communicator with ingrained leadership traits. Pooja has inherited a lifetime passion for travel and quest for adventure. She is also an active speaker, she is known for making audiences comfortable and involved. She uses her personal and professional experiences in her talks to inspire, motivate and guide the audience.

Kayla Itsines is one such extraordinary woman, who is a multifitness record holder. At the age of 25, she has made a huge impact in the fitness world by helping women to attain total body confidence. She also has a huge fan following and is a 'fitspiration' to many around the globe. All these women are an epitome of strength and hardwork.



Who says not to aim high?
The diva Priyanka Chopra is
on the way to touch the sky of
her dreams. Hardwork pays off
well and Priyanka Chopra is
one great example to all of us.
Working in American TV
series 'Quantico', the actress
has become a renowned talk
of the town.



She is even appointed as UNICEF's global goodwill Ambassador, urging people from across nations to become the collective voice of oppressed children in the world and join forces to leave a better future for the coming generations. She has taken her true passion and interest in all the work she did in her life.

M. Vinisha (EEE B, 2/4)

Pride and no Prejudice

To quote Eunbyul Lee, "When I think of pride, I think of a mass congregation of people whose varying, diverse identities do not fall under the conventionality of cisgender or heterosexual. These gatherings hold a particularly cherished importance to me, as a queer 18-year-old; to be around strangers who have fought my battle, strangers who have walked in my shoes, is invariably refreshing."

The LGBTQIA+ community includes lesbians, gay, bisexual, transgender, queer, polysexual, pansexual, omnisexual, ceterosexual, demisexual, grey sexual, asexual, agender, intersex, gender fluid, trigender, pan-gender, gender-queer, intergender, homoromantic, biromantic, panromantic, aromantic people and the questioning folks.

LGBTQIA+ pride is a positive stance against discrimination and violence towards the people of the community to promote their self-affirmation, dignity, equal rights, increase their visibility as a social group, build community and celebrate sexual diversity and gender variance. Pride, as opposed to shame and social stigma, is the

predominant outlook that bolsters most LGBT rights movements throughout the world.

In the early morning hours of June 28th 1969, a riot broke out in front of the Stonewall Inn in New York City. The violent protest became known as the Stonewall riots. The Stonewall riots were a watershed moment in the gay rights movement sparking activism and awareness across the United States. Let us look at the roots of the riots, the events and their lasting impact. In the 1950s and 1960s, homosexuality was still considered sodomy and illegal in 49 states. The punishments were greatly by state ranging from heavy fines to imprisonment. In society, members of the gay community were often subjected to violence, harassment and discrimination.



In New York City gay bars were havens for people with diverse sexual orientations and gender identities, places where they could avoid harassment and violence. The Stonewall Inn served as a popular refuge. The Stonewall Inn was owned by mafia, the mafia bribed the police to look the other way, in turn, the mafia made money by overcharging the patrons for drinks, even so, the patrons were not fully safe from homophobia and discrimination. The mafia would extort the wealthy patrons, threaten to out them to their employers and families. Despite the mafia's bribes, the police regularly raided the Stonewall Inn and other gay bars charging them with solicitation of homosexual relations. Trans and other non-gender conforming people were also targeted, subjected to violence and arrested if they weren't wearing what the police deemed gender appropriate clothing.

This oppression and mistreatment came to a head in the early morning hours of June 28th 1969. Nine police officers entered the Stonewall Inn in a raid. The patrons were fed up, as the police roughly tried to arrest the bartenders and the customers, many resisted. Outside the bar people in the hundreds began rioting; they threw bottles at the police and pushed through the barricades. The police officers retreated from the crowd and locked themselves inside the Stonewall Inn, rioters responded by setting the bar on fire. Police reinforcement arrived and the original officers managed to get outside the burning bar, meanwhile, the angry mob has grown into thousands. Eventually, the police were able to get the crowd dispersed but it didn't last long. The riots continued until July 1st.

While some criticized the violent and destructive riots others pointed out to the brutality and the unjust treatment of the gay community. This large-scale defiance made a large-scale impact on the society. The Stonewall riots were the beginning of the modern gay liberation movement which also brought attention to the other marginalized for their sexual or gender orientations. The riots sparked the formation of Gay Liberation Front- the first group to publicly advocate for equal gay rights. On the one year anniversary of the riots, they also organized the first gay pride parade. Today pride events are still held on the anniversary of the Stonewall riots in the cities around the world. In 2016, President Barrack Obama made the Stonewall Inn and the area outside where the riots broke out a national monument. The Stonewall riots may have been violent but they marked a pivotal moment in history. No longer would people quietly endure the stigma associated with their sexual and gender orientations. Through the Stonewall riots, the gay rights movement gained mainstream visibility and a momentum that continues to this day.

DAILY NEWS
NEW YORK'S HOMETOWN NEWSPAPER

Stonewall – it still matters

By MEREDITH NELSON

OLICS Commissioner Howard Blau's announcement last week that he is considering strengthening the Civilian Complaint Review Board's investigative powers raised the hopes of many New Yorkers, but none more so than the city's gay community, which has long placed special importance on the CRB.

The incident involves the Gay Pride Parade on June 26, which marks the 30th anniversary of the Stonewall rebellion. The victims, ironically, were veterans of that rebellion, which is considered the birth of the gay rights movement.

Traditionally, the Stonewall veterans have gathered in front of the Stonewall Inn on Christopher St. for a prayer and photograph. Normally, it's a rite-of-passage type of participation incident. Not this year.

This time, the veterans were harassed and beaten, and threatened with expulsion from the parade, even arrested. Several were told their cars would be towed if they didn't leave. Some cars were towed. The veterans staged a brief sit-in to protest, and while they tried to return the parking space to Seventh Ave., they found themselves corralled out of the line of march.

How could they? After all, Stonewall was a turning point for the Police Department, too. It last summer became the largest, longest series of arrests and beatings, gays fought back, igniting several nights of rioting.

Howard Gilmartin, who ordered his cops to oust the Stonewall veterans, contended that he had to keep order and safety. But that's hard to accept, given the fact that cops frequently stop the parade to keep the flow orderly; any cop who has ever watched a big parade in this town is familiar with such tactics.

THE OP-ED PAGE

DAILY NEWS

Tuesday, August 17, 1999

In 1999, Kolkata took a large step towards equality by hosting India's first pride walk. In 2003, Delhi hosted the first gay pride parade in India. Madurai hosted the first gender queer pride parade in 2012.

Today, homosexuality and queer identities may be acceptable to more Indian youths than ever before, but within the boundaries of family, home and school, acceptance of their sexuality and freedom to openly express their gender choices still remain a constant struggle for LGBT people.

In urban India, where social media and corporate initiatives have created increasing awareness of LGBT rights, the scenario looks more upbeat for gay men than for transgender people or lesbian women. While urban LGBT voices that are heard through several online and real-world platforms form an important part of LGBT activism, these expose only a small part of the diverse challenges faced by the community.

Far away from gay pride parades, meet-ups and heated discussions on Twitter, families in rural India have their own ways of dealing with LGBT individuals. In some parts, secret honour killings are planned so that the only way for a young gay man to survive is to run away in the cover of the night to some city, with no money or social support. In other parts, lesbian women are subjected to family-sanctioned corrective rapes, which are often perpetrated by their own family members.

By being an ally (A heterosexual and cisgender person who supports equal civil rights, gender equality, LGBT social movements, and challenges homophobia, biphobia, and transphobia.), as with joining any cause, the first step is to get informed — informed of the terminology, other advocates, and legislation. While you by no means have to be an expert on LGBT issues, it's important to know the basics. If you're close with someone who is gay, bisexual, or transgender, you can ask them honestly, "What do you feel you and the LGBT community need in an ally?" Sometimes, the answer is just someone who is understanding, compassionate, and accepting. Something as simple as saying that you don't appreciate a homophobic joke is a clear way to make it known by others that you're an ally of the gay community. If you fear that you'll be putting your own safety at risk by speaking out against hate speech, the best thing you can do is leave the area.

And most importantly, as much as sexual and romantic orientation and is not and never was choice, I just need to say this: it's okay to be confused.

Not sure what gender you're attracted to? That's okay. Not sure where you lie on the grey-ace spectrum? That's completely fine. Not sure if your feelings are the product of curiosity, societal pressure, or genuine attraction?

There's nothing wrong with that. Sexual and romantic feelings can be confusing, especially during childhood, adolescent, and early adult years. It's okay to not know what label to claim – in fact, it's okay to not want a label at all.

A questioning identity is a valid identity. Never punish yourself for the way you feel; instead, allow yourself the time to find a place in the LGBTQIA+ community. Until then, we'll make one for you.

Sai Prusni Bandela

2/4 CS€-C



A PROUD MOTHER

An Interview

The Human Library™ is designed to build a positive framework for conversations that can challenge stereotypes and prejudices through dialogue. The Human Library is a place where real people are on loan to readers; a place where difficult questions are expected, appreciated and answered.

Ms Mala worked as an employee in an MNC and retired in the year 2016. She has been an individual social worker from the year 2003 and is a proud mother of a queer son. She has also been an ally to the LGBTQ community since 2011 and is now a human book sharing her stories and experiences.

1. When and how did your son come out to you? What was your initial reaction?

I was talking to him about his marriage and future plans when he was in his first year of MBBS. That is when he came out. I was shocked but I kept my feelings with myself and accepted his sexuality.

2. How did you come to terms with the fact?

I consulted a psychologist and read articles. I realised that he was born this way and I am the one who gave him birth. I took my time to get comfortable with the fact.

3. What were your thoughts on the LGBTQ community before your son came out?

I had absolutely no idea about the LGBTQ+ community before my son came out. I started reading about them since 2005.

4. What does being an ally mean to you?What is the one thing you would want to change in India?

For me, being an ally means giving a lot of support, courage and strength. I would want equality and transparency in every sector (be it education, be it jobs, everywhere).

5.What is your opinion on the lifting of section 377 ?

I am very happy. This community members can now survive without any fear. I wish parents and society will understand them and allow them to live as who they are. SC has done its duty giving this verdict. Now community, government, institutions, corporates etc should work on this to bring awareness and protect their rights.

6. Would you like to give any message to the parents of the LGBTQ+ individuals?

They are born this way. WHO and International Psychiatric Society have announced officially that this is not a disease.

**C. Charishma Reddy
2/4 ECE-B**

THINGS YOU SHOULD STOP SAYING TO LGBTQ PEOPLE

I would have never guessed!

You look so normal!

So much of what is said to LGBTQ+ individuals is offensive, harmful or intrusive and you may not even know it. The best way to combat this is through educating yourself, and getting to know why some common things aren't okay to say to those who identify as queer.

It's just a phase

You don't look very very queer

You'll change your mind once you meet the right person

Which one of you is the man and which one is the woman?

Bisexuals don't know what they want



GOODreads

~ We lose ourselves in books, we find ourselves there too.

ALL THE BRIGHT PLACES

~JENNIFER NIVEN

Theodore Finch is fascinated by death, and he constantly thinks of ways he might kill himself. But each time, something good, no matter how small, stops him.

Violet Markey lives for the future, counting the days until graduation when she can escape her Indiana town and her aching grief in the wake of her sister's recent death.

All the Bright Places is a phenomenal book. It looks at the idea that despite your love for someone, it isn't always possible to save them. Violet and Finch meet on the top of the bell tower when both are contemplating suicide and it is unclear who saves who, but they both survive. Violet is coming to terms with a past tragedy and Finch is battling with his mental health.

The book gently touches first love and how quickly you can fall for someone, but also the pain that comes when your idea of forever ends after a few months. It also explores the difficulty of teenage years and how easy it is to give your all to someone and then have it all taken away.

The characters like to think that they can save each other; that love covers up all their pain and if they both put everything into each other then they can save the other. As you turn the pages of this book you get more and more attached to the characters and you want, for their sake, it to result in the happy ending that they're longing for. They're both so young and their lives so complicated but they give this relationship a try because of a school project that brings them together

The project results in them sharing road trips which cause them to grow closer and closer as they both frantically try to give the other a reason to live. A reason before it is too late. Finch is so obsessed with death but for Violet, he finds reasons to live. Violet is so consumed with guilt but for Finch, she puts the past behind her. They both try. They both want to make it. They want this relationship to be enough to keep them both alive.

The book constantly explores life and death and it shows the reader just how valid life is, and it comes with an overpowering message of doing everything before it is too late. It shows that the thought of 'what could have been' can destroy a person.

THE GIRL ON THE TRAIN

~Paula Hawkins

Rachel catches the same train every morning. She knows it will wait at the same signal each time, overlooking a row of back gardens. She has even started to feel like she knows the people who live in one of the houses.

The Girl on the Train is a tight thriller with refreshingly realistic characterization. The narrative is skilfully split between three women whose lives interlink tragically: Rachel, Megan and Anna. It is a bold move to create such a flawed female lead; the alcoholic lifestyle with its miserable excuses. The book is a clear echo of Gone Girl, with its ingenious twists.

The focus is on Rachel, creating a fantasy world for a glamorous couple she sees sitting out on their deck each morning, Jess and Jason she calls them. The couple lives along the road from Rachel's ex-husband Tom and his new wife Anna. Added to that we get the viewpoint of Megan, the girl half of the glamorous couple, who of course isn't as perfect as Rachel imagines.

When Megan's disappearance becomes a big tabloid story, Rachel feels that she ought to go to the police with everything she has observed about "Jess". The police dismiss Rachel on account of her drinking and blackouts.

The author shifts well among the narrators' points of view to keep the reader on edge, and only as the book progresses to do these different perspectives begin to conform. The second part of the story is filled with more suspense. The subtle revelations about each of the characters and how they relate to the current situation are written with precision. But overall this is a cleverly crafted piece of modern suburban noir.

Anvitha G
ECE-B, 2/4

Everything I Never Told You

A NOVEL

Celeste Ng

~ Celeste Ng

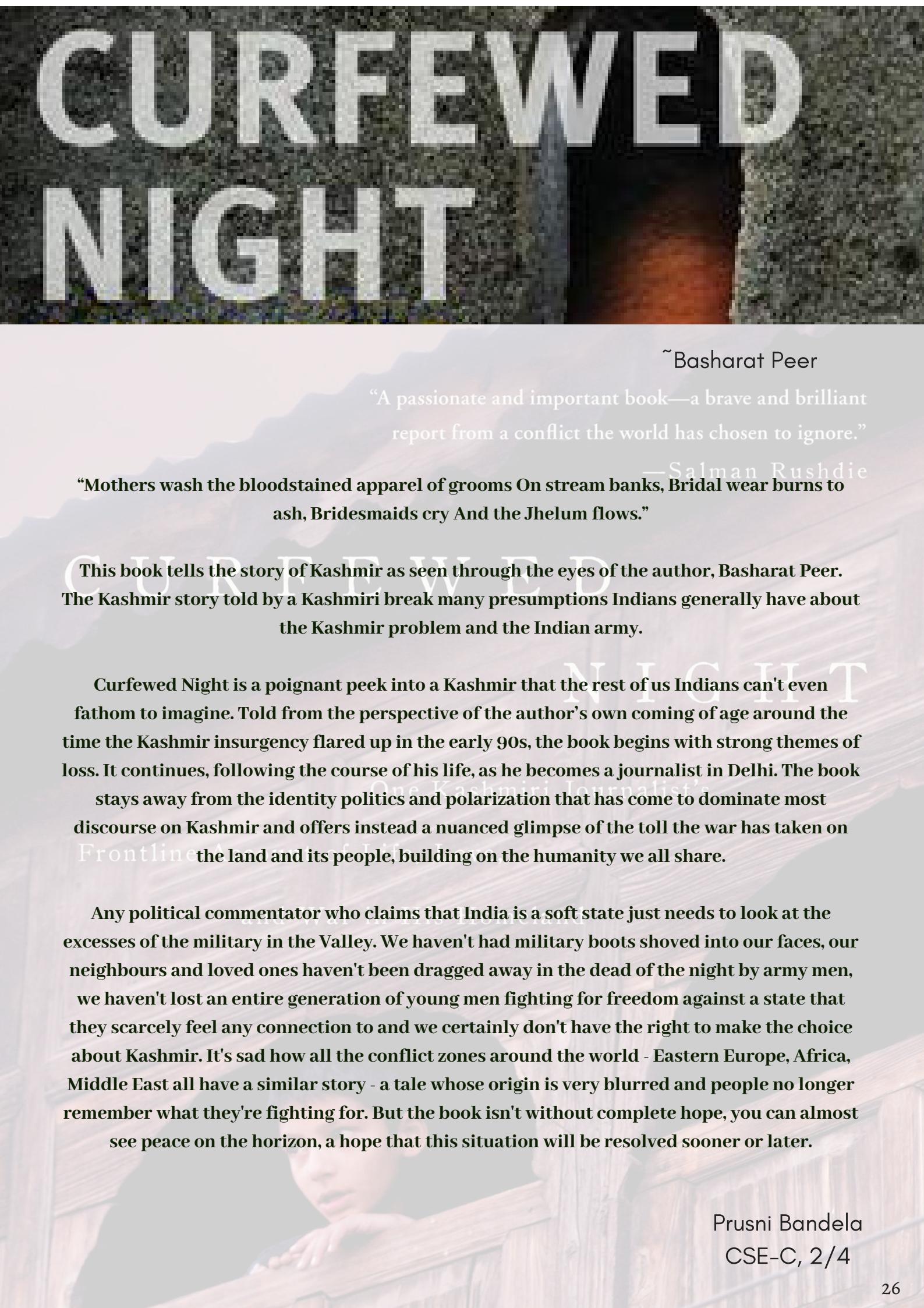
FEVERYTHING
Celeste Ng's debut novel, "Everything I Never Told You," is a literary thriller that begins with some stock elements: a missing girl, a lake, a local bad boy who was one of the last to see her and won't say what he knows. The year is 1977, the setting, a quiet all-American town in Ohio, where everyone knows one another and nothing like this has ever happened before.

The missing girl is Lydia Lee, the apple of her father's eye, her mother's favorite daughter. Marilyn and James are determined that Lydia, the middle and favorite child, will fulfill the dreams they were unable to pursue: for Marilyn, that her daughter becomes a doctor; for James, that Lydia is popular at school, a girl with a busy social life and the center of every party.

A blue-eyed American, the most white-looking of her siblings in her mixed-race Chinese and white family, she is also so serious, so driven, so good and responsible, she seems the least likely to go missing. When Lydia's body is found in the local lake, the delicate balancing act that has been keeping the Lee family together is destroyed.

A profoundly moving story of family, secrets, and longing, *Everything I Never Told You* is both a gripping page-turner and a sensitive family portrait, uncovering the ways in which mothers and daughters, fathers and sons, and husbands and wives struggle, all their lives, to understand one another.

CURFEWED NIGHT



~ Basharat Peer

“A passionate and important book—a brave and brilliant report from a conflict the world has chosen to ignore.”

— Salman Rushdie

“Mothers wash the bloodstained apparel of grooms On stream banks, Bridal wear burns to ash, Bridesmaids cry And the Jhelum flows.”

This book tells the story of Kashmir as seen through the eyes of the author, Basharat Peer. The Kashmir story told by a Kashmiri break many presumptions Indians generally have about the Kashmir problem and the Indian army.

Curfewed Night is a poignant peek into a Kashmir that the rest of us Indians can't even fathom to imagine. Told from the perspective of the author's own coming of age around the time the Kashmir insurgency flared up in the early 90s, the book begins with strong themes of loss. It continues, following the course of his life, as he becomes a journalist in Delhi. The book stays away from the identity politics and polarization that has come to dominate most discourse on Kashmir and offers instead a nuanced glimpse of the toll the war has taken on Frontline the land and its people, building on the humanity we all share.

Any political commentator who claims that India is a soft state just needs to look at the excesses of the military in the Valley. We haven't had military boots shoved into our faces, our neighbours and loved ones haven't been dragged away in the dead of the night by army men, we haven't lost an entire generation of young men fighting for freedom against a state that they scarcely feel any connection to and we certainly don't have the right to make the choice about Kashmir. It's sad how all the conflict zones around the world - Eastern Europe, Africa, Middle East all have a similar story - a tale whose origin is very blurred and people no longer remember what they're fighting for. But the book isn't without complete hope, you can almost see peace on the horizon, a hope that this situation will be resolved sooner or later.

the sun and her flowers

~Rupi Kaur

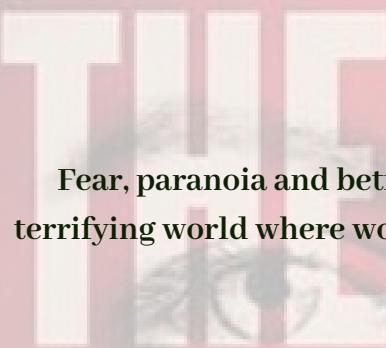
For all shattered spirits in search of a safe haven, this poetic collection is nectar to busy little-injured bees. In a garden where precious buds are in dire need of water, *The Sun and Her Flowers* reflects souls who rise above the barriers that hinder their growth. It is a passage between decay, awakening, and healing. Rupi Kaur's most recent anthology is "the recipe of life."

Rupi Kaur's newest book vividly plays with paradoxical symbols. I found curious how the book cover contained sunflowers, typically resembling joy and vitality, and its content depicts themes of woe and melancholy. It may symbolize the process of regaining light after prolonged, somber nights of despair. Even vibrant and cheerful beings, like sunflowers, can wilt and suffer from scarce nurturing.

The Sun and Her Flowers encompass an enticing table of contents, akin to a flowering cycle: wilting, falling, rooting, rising, and blooming. Each category portrays poems with illustrations done by Kaur herself, relevant to their respective themes. "Wilting" contains literary pieces, chiefly unfolding early stages of a breakup, and how the person intends to get in touch with their new selves.

THE HANDMAID'S TALE

~Margaret Atwood



Fear, paranoia and betrayal are everywhere, nobody is to be trusted. Atwood imagines a terrifying world where women are enslaved, stripped of their most basic rights, corralled into social classes and forbidden to read.

Offred is a handmaid in the Republic of Gilead, a totalitarian state that has replaced the United States of America, in which democracy has been overthrown by a Christian fundamentalist theocracy. Because of dangerously low reproduction rates, handmaids are assigned to bear children for elite couples that have trouble conceiving.

Clothed in long red dresses and white bonnets that hide their faces, the handmaids spend their days in their sparsely decorated rooms, venturing out only to run errands. Here, armed guards are known as "Eyes" patrol the streets in vans, monitoring the handmaids

Offred remembers her life before the inception of Gilead, when she had a job, the money of her own, and access to knowledge. She had been a witness to the dissolution of the old America. The novel gives glimpses of Offred's old life, the harrowing moment when she loses her husband and daughter as they made a break for the Canadian border.

Fiercely political and bleak, yet witty and wise, the novel won the inaugural Arthur C. Clarke award in 1987. A taut thriller, it holds out the possibility of redemption. The book is short on characterization and long on cynicism.

MARGARET ATWOOD
ANVITHA GORRELA
ECE B 2/4
WITH A NEW INTRODUCTION BY THE AUTHOR

JUSTICE FOR ASIFA



#justiceforasifa

"On 17th January 2018, the nation witnessed a horrendous crime. Little Asifa was punished for her mere fault of belonging to a minority community, unwelcomed in her society. She, unfortunately, became a victim of the hatred of people, who were morally bankrupt.

Asifa was drugged, raped and murdered, all of this, in a sacred place like a temple. The little, 8 years old, was raped several times before, being strangulated and her head being smashed by a stone. Her post-mortem revealed the presence of the drug, clonazepam, which is usually not recommended to those under the age of 18. Her body was found to consist of this drug in large doses. Such inhumane and gore treatment meted out to an 8-year-old for no fault of hers.



In April, the charge sheet was filed against the accused. It sent shockwaves across the country. It revealed that such a gory crime was committed to inflict terror among the minority locals. It was to drive away her family and others who belonged to her community. Out of eight accused, four of them were inducted with the Indian Police. The other accused was the priest of the temple.

The revelations in the charge sheet garnered nationwide protests. Prominent celebrities joined in to demand justice for Asifa. A candlelight march was held at the India Gate in the memory of Asifa. Her case came to be known as the 'Kathua rape case'.

The arrest of the accused sparked protests in Jammu. Hindu right-wing activists held demonstrations for the release of the rapists. Advocates, who are a crucial part of Indian Judicial System, held demonstrations to obstruct justice. All of this received nationwide flak.

The 'Kathua Rape Case' brought to light many brutal truths of the society. It brought to light the barbaric side of mankind. It concluded that democracy was marred by political uncertainties and religion was being used as a tool of oppression. It concluded that

"IN HER TRAGEDY, LIES THE STORY OF THOUSANDS OF WOMEN AND GIRLS..."



JUSTICE DELAYED IS JUSTICE DENIED

BY AFIA SIMEEN (CSE C, 2/4)



THE FIGHTER

An Interview

A medical student, Nazneen Fatima, known by her pen name, Zara visited the GNITS campus as a part of a Human Library session, early this year. She narrated her story to our crowd and left many in tears and became our source of inspiration to fight back. Her story gave chills in the spine and her words brought a ray of hope among the crowd. We applaud her courage to come out and speak publicly about her ordeal. She surely is a woman we look up to in this battle for achieving honest feminism and hence, feature her interview in our decorated annual 'WE' magazine this year.

1. Can you narrate us your story?

"Hey! My name is Zara and I'm a 23-year-old medical student. The name of my book is "Resilience: Bouncing Back with Strength" and no it's not like a book, book. It's my book and most importantly, my life. Ten years ago, at the age of 13, when I was living in Riyadh, Saudi Arabia with my family, I experienced something worse than a nightmare. One afternoon, after having lunch with my family, my mother asked my father to get some bread. So my father took me along too. We purchased some bread from a local store, and then he drove off to work while I took that bread and started walking back home. As I entered my lane, I noticed somebody staring at me. I looked up to find a man. He was smiling. As a kid, my instant reaction was to smile back. But then it became kind of awkward, so I quickly looked down and started walking faster to my home. I took a right to enter into my flat and the next moment I notice someone grabbing my left arm and pulling me into a room on my left. The room had no light and it happened so quick that when I turned to look at the guy, he was the same who was smiling at me outside. Only this time, his smile grew wider and I was scared out of my wits. Then he shut the door and there was total darkness. I couldn't see his face anymore.

Initially, I was too shocked to scream. It must have taken me like 10 seconds or more to get back to my senses and actually scream. He raped me that noon and also forced me to give him a blow job. When I vomited, he cursed and hit me so bad with his knee that I bit my own tongue and could taste my own blood. He had something sharp in his pocket. He made sure he kept that sharp object on my neck to prevent me from screaming while he raped. I remember feeling so helpless. My mother was just one floor above me and she had no clue about what was happening to me. I also feared to die. I didn't know whether to cry because of the pain of his body forcefully shoving into mine or the pain of that sharp object grazing on my neck while he was doing so. So, I just kept my lips pursed and let it go. He finally let go of me. I ran out of the room. I literally crawled on my stomach because I couldn't make myself stand up due to the excruciating abdominal pain. I realized that I had blood all over the lower part of my dress. Somehow I managed to hit the intercom to notify my mother and she came rushing down hearing me cry. She took me home and asked me what had happened. Something she asked me after I narrated my ordeal to her made me shut up for the next two days. After hearing me out, she just had one question to ask. "But why did you smile?" At that moment, the hurt I felt after hearing those words from my own mother, was so immense, that I became numb to the physical pain. My father also got to know about the incident from my mother instead of directly coming and asking me what had happened. At the age of 13, I didn't want justice. I wanted love and emotional support. But instead of being treated like the victim, I was treated like the culprit."

2. In a country like India, the society that we live in usually makes it difficult for the victim to raise her voice against sexual abuse. You came out and spoke about your ordeal to help others. Have you faced any social stigma for this?

"No, not really because I chose to speak about it at a platform where people chose my book and wanted to listen to me. They did ask me the same questions which you have asked but I strongly believe that unless we talk about it freely, the stigma is going to prevail and if I can help at least one person feel that they are not alone or that it was NOT their fault, I must have surely achieved something."

3. Could you share with us the trauma, which you felt? What advice would you give the victims to be survivors?

"I still feel it. I have social anxiety. I dream the same nightmare every alternate night, waking me up from sleep, with my heart pumping so loud that I can almost hear it. With a trembling body at 2 AM in the night, I turn to my pillow to muffle my screams into it.

My advice to the victims is to STOP expecting ANYBODY to understand what you are going through. Nobody has been in your shoes. You felt the pain and you survived it. Always love yourself, no matter what."

4. The recent rape and murder at Kathua garnered nationwide attention. It was so heartbreaking and morally disheartening that it brought the entire nation together against one cause. Could you share with us your thoughts on this crime that involved an 8-year-old?

"I have no words for that. It was a gruesome act. People bringing religion and caste and politics into it made it even more heartbreaking. Basic humanity was lost. I just hope that this doesn't repeat and that people get the fact that it doesn't matter what religion the culprit or the victim belonged to. What matters is that the culprit had committed an inhumane crime and justice be given to the young victim."

5.What do you have to say about the concept of 'Feminism'?

"I've been a female for too long to not believe in feminism. Feminism has been purposefully mistaken to be superiority where it's just demanding equity. Don't treat me different because I am a woman. I am very much capable of earning for myself. If I need a man, then that would be to share the love and grow as an individual together, instead of letting go of my dreams or forcing him to let go of his, in the name of feminism.

Feminism as a concept came up because women are, at a majority, being treated inferior.

We need feminism. We need more husbands and fathers believing in feminism. A woman is capable of so much more. When she loves, she gives herself entirely. Putting her down for that is the worst thing a society could do. All she is asking for is her due respect for being a human first.

Is it too much?"

In an age where Bollywood still portrays eve teasing as playful and entertaining, the #Metoo movement which started in 2006 by Tarana Burke attempts to draw attention to sexual assault and harassment.



Najwa Zebian

@najwazebian

#MeToo

And I was blamed for it.
I was told not to talk about it.
I was told that it wasn't that bad.
I was told to get over it.

5:37 AM · Oct 16, 2017 · London, ON

140

1,822

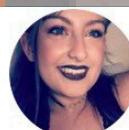
4,848

The hashtag trend has been passed on through at least 85 countries, including India. Women and men of all races, income classes and occupations across the globe broke their silence about their experiences with this hashtag.

#METOO

The #Metoo movement re-emerged and took social media by a storm in late 2017 when many A-list celebrities started tweeting about their experiences.

The campaign originally started in order to empower women of colour who faced sexual abuse. Not only women, but it has been noted that 1 out of 6 men have experienced sexual abuse too, during their lives and are often unable to talk about



FindleyFindley

@FindleyFindley6

i was just a child, you were supposed to protect me and love me. i was too young to know what you were doing to me, but now i know... #MeToo

10/18/17, 2:39 PM



Alyssa Milano

@Alyssa_Milano

Follow

If you've been sexually harassed or assaulted write 'me too' as a reply to this tweet.

Me too.

Suggested by a friend: "If all the women who have been sexually harassed or assaulted wrote 'Me too.' as a status, we might give people a sense of the magnitude of the problem."

PM - 15 Oct 2017



Anna Paquin

Me too

3:27 PM - Oct 15, 2017

~ 140

281

1,935



Debra Messing

@DebraMessing

Me too [twitter.com/alyssa_milano...](https://twitter.com/alyssa_milano/status/91357)

3:57 PM - Oct 15, 2017

1,162

2,947

5,206

Follow

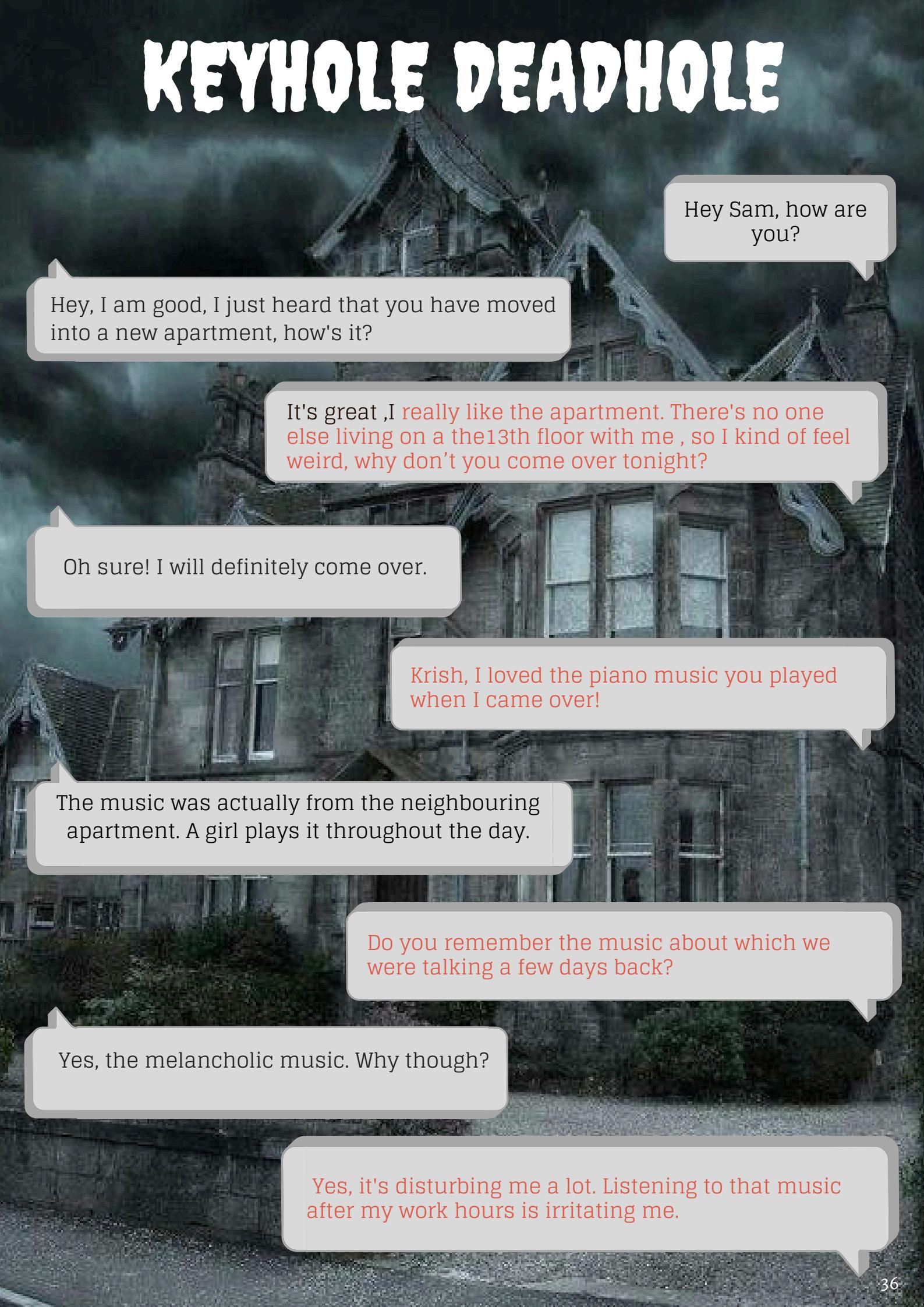
One of the reasons people do not wish to come out and speak up is the practice of victim shaming and blaming. Victim blaming occurs when the victim of a crime or any wrongful act is held partially or entirely at fault for the harm that befell them. Many of the victims express a fear of losing their jobs if they speak up, as most incidents occur in the workplace.

Even the prominent singer-songwriter, Taylor Swift, was not able to escape victim blaming for suing David Mueller, a Denver Radio DJ, for sexual harassment. She was constantly accused by him as he went on to lose his job which later went till court. Another one being the A-list actress Reese Witherspoon revealed that she had been assaulted by a director when she was 16 years old, and that was not her only experience. These women deserve justice for everything that has happened and the #metoo Movement provided just that with an enormous headstart in bringing this horrible practice to an end.



Anvitha Gorrela (ECE B 2/4)

KEYHOLE DEADHOLE



Hey, I am good, I just heard that you have moved into a new apartment, how's it?

Hey Sam, how are you?

It's great ,I really like the apartment. There's no one else living on a the13th floor with me , so I kind of feel weird, why don't you come over tonight?

Oh sure! I will definitely come over.

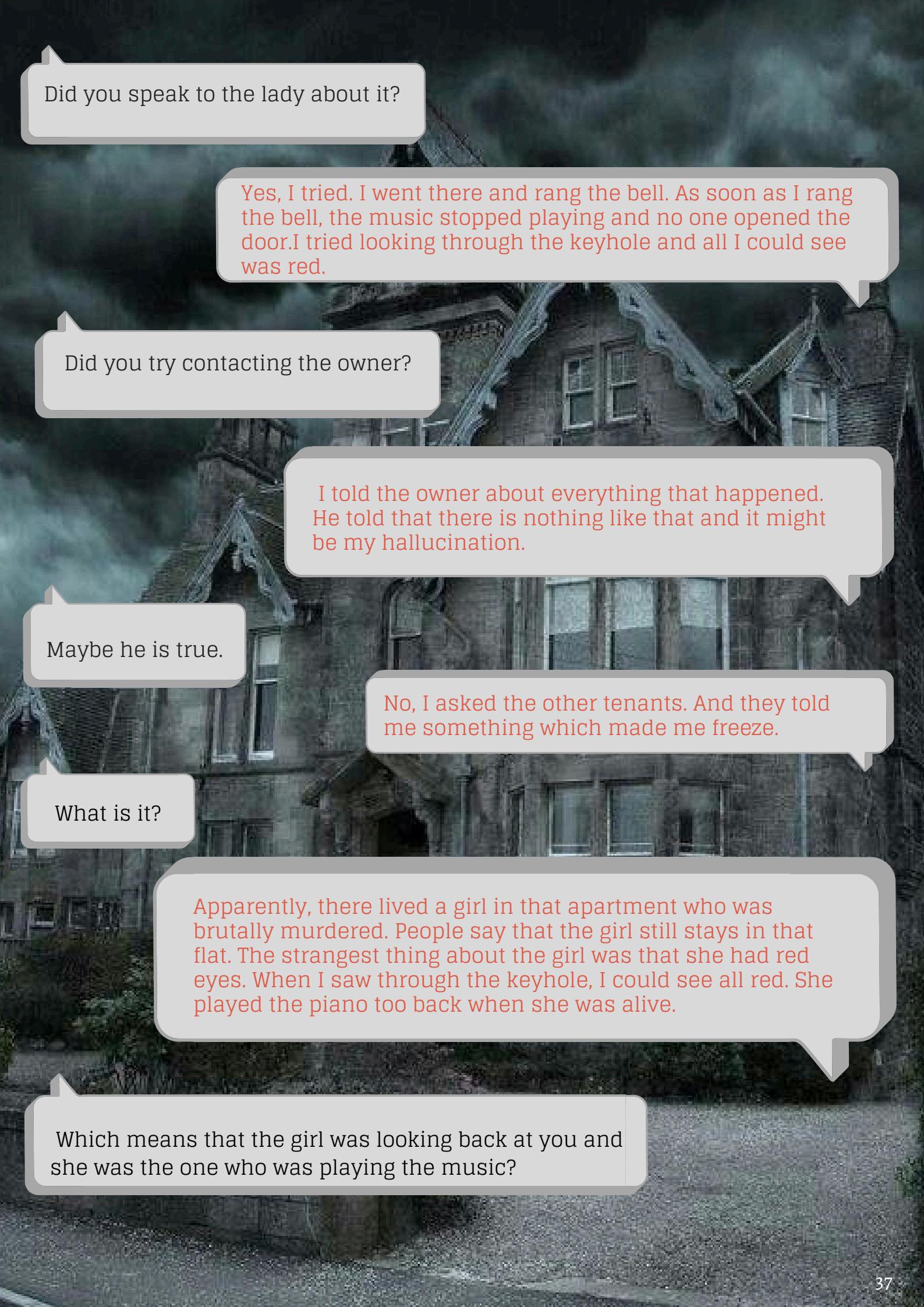
Krish, I loved the piano music you played when I came over!

The music was actually from the neighbouring apartment. A girl plays it throughout the day.

Do you remember the music about which we were talking a few days back?

Yes, the melancholic music. Why though?

Yes, it's disturbing me a lot. Listening to that music after my work hours is irritating me.



Did you speak to the lady about it?

Yes, I tried. I went there and rang the bell. As soon as I rang the bell, the music stopped playing and no one opened the door. I tried looking through the keyhole and all I could see was red.

Did you try contacting the owner?

I told the owner about everything that happened. He told that there is nothing like that and it might be my hallucination.

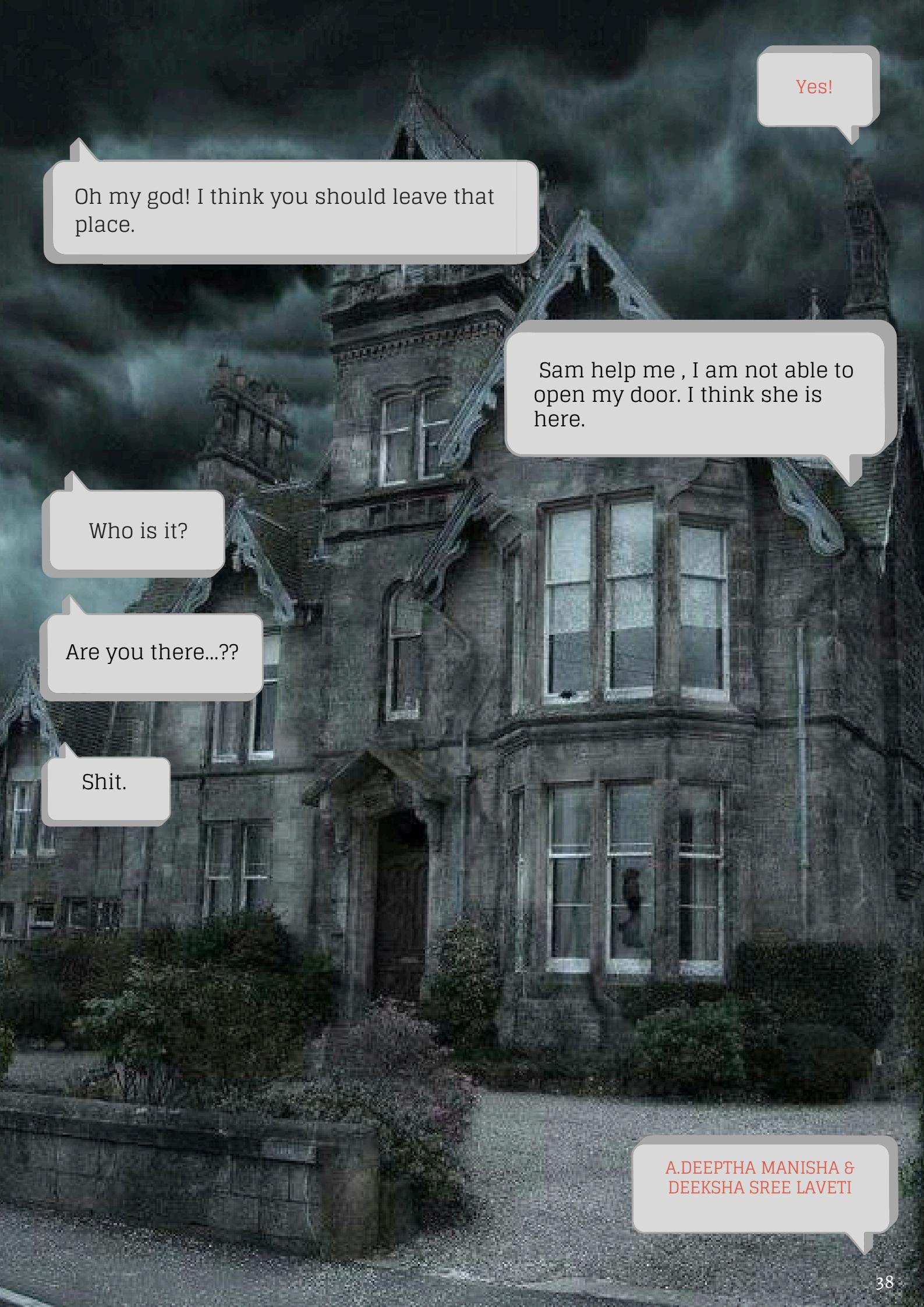
Maybe he is true.

No, I asked the other tenants. And they told me something which made me freeze.

What is it?

Apparently, there lived a girl in that apartment who was brutally murdered. People say that the girl still stays in that flat. The strangest thing about the girl was that she had red eyes. When I saw through the keyhole, I could see all red. She played the piano too back when she was alive.

Which means that the girl was looking back at you and she was the one who was playing the music?



Yes!

Oh my god! I think you should leave that place.

Sam help me , I am not able to open my door. I think she is here.

Who is it?

Are you there...??

Shit.

A.DEEPTHA MANISHA &
DEEKSHA SREE LAVETI

ALL I SAID WAS 'MEY-MEY'

I leave all assignments to the last minute because the older, and therefore the wiser, I will be



When you're about to sleep and hear a noise downstairs but then you remember you don't have to pay student loans if you're murdered



"How are finals going?"

Question 38 (1 point)

What is a Microphone?

True False

Save

A screenshot of a digital quiz interface. The question is "What is a Microphone?". There are two radio button options: "True" (unchecked) and "False" (checked). A cursor arrow is pointing at the "False" option. Below the options is a "Save" button.

me: can you please round up my grade to an A

teacher: you have a 55% in the class



 T2trill
@t2trill

Uni has made me catch feelings for my bed

staring at myself in the mirror, about to do my makeup

my brain:

Don't say it
Don't say it

me: hey guys, welcome back to my channel!

When your essay is due for tomorrow and you run out of references

THE OF DIVINE PROVIDENCE, WHICH HAS A SP
¹ This was once revealed to me in a dream.
² See R. Otto, *Das Heilige*. He has some

Me: "Why haven't I made any friends in college?"

me when the lecture ends



Me: That section won't be on the test

The section:



When you sprinkle a wrong answer on a test so the teacher know you ain't cheat.



BODY SHAMING

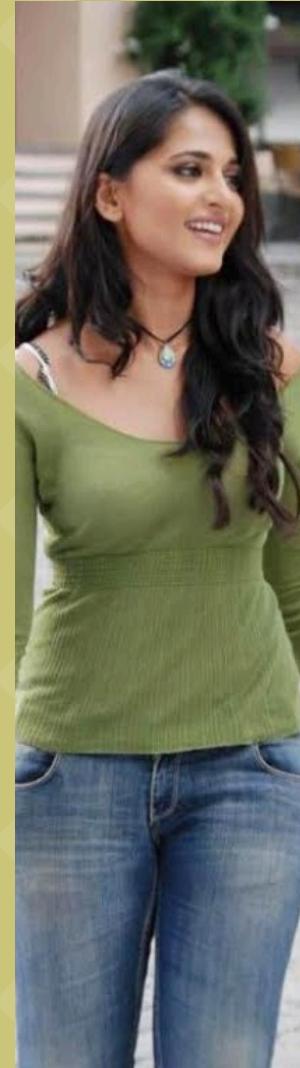


With the influx of social media thriving in the recent years, body-shaming, or attacking someone because of their appearance, size, and shape, has become common. People of all ages and body types are being judged because of their appearance.

These days, people do not seem to find anything wrong in criticizing about one's body, and sure enough, it is the 'fat' lady who is a preferred target compared to the thin one.

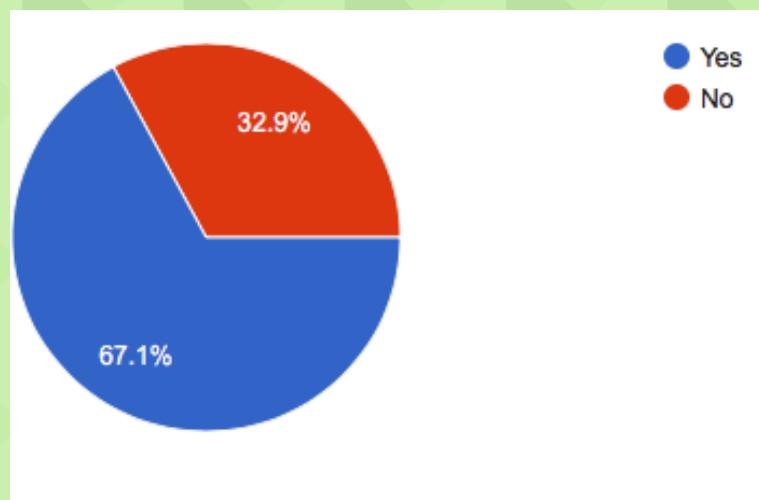
Even celebrities get targeted, for example, Anushka Shetty received horrendous comments because of her significant weight gain for a movie, and because she couldn't put down the weight as fast as she gained it, people were not shy about expressing their feelings about her body weight.

According to Hindustan Times, an article about Anushka Shetty's body transformation, written by Haricharan Pudipeddi, says that "Anushka Shetty over the last few months has been a victim of body-shaming. Having gained extra weight for her role as an obese woman in Size Zero, Anushka found it very difficult to get back in shape....".



Being one of Tollywood's most established actress, Anushka has also received judgements based on her body size and shape. Being concerned about her weight gain, and not being able to receive many movie offers, Shetty has decided to reduce the weight slowly, taking her own time being physically and mentally stable, for the sake of her health as well as her fans' concerns.

Based on a survey held for the students at G.Narayananamma Institute of Technology and Science, out of 422 responses, 283 students felt signs of being body shamed. As you can imagine, if just 67.1% of students have felt as if they have been body shamed, think of the world and how many people are being body shamed as you are reading this article.



Being the 100 most influential women in 2015 and now ranked #30 in Forbes, Kim Kardashian-West has also been body shamed for the way she looks.

In an article published by Her Magazine, written by Meghan Cassidy, and prompted by Kim Kardashian-West, she talks about how, Kim has been body shamed as well as slut shamed based on the pictures she posts and believes that it is time for people to move on because she is happy with her body. Kardashian-West says, "I lived through the embarrassment and fear, and decided to say who cares, do better, move on...It's 2016... The body-shaming and slut-shaming—it's like, enough is enough. I will not live my life dictated by the issues you have with my sexuality. You be you and let me be me".

Many people around the world, cannot even post a “selfie” without receiving pessimistic and hurtful comments about the way they look. These hurtful comments can be detrimental to a person’s self image, and it can progress to depression, even suicide.

The media is also responsible for setting these high standards of beauty and a picture-perfect image of how women are “supposed to look” spreading negativity and hate.

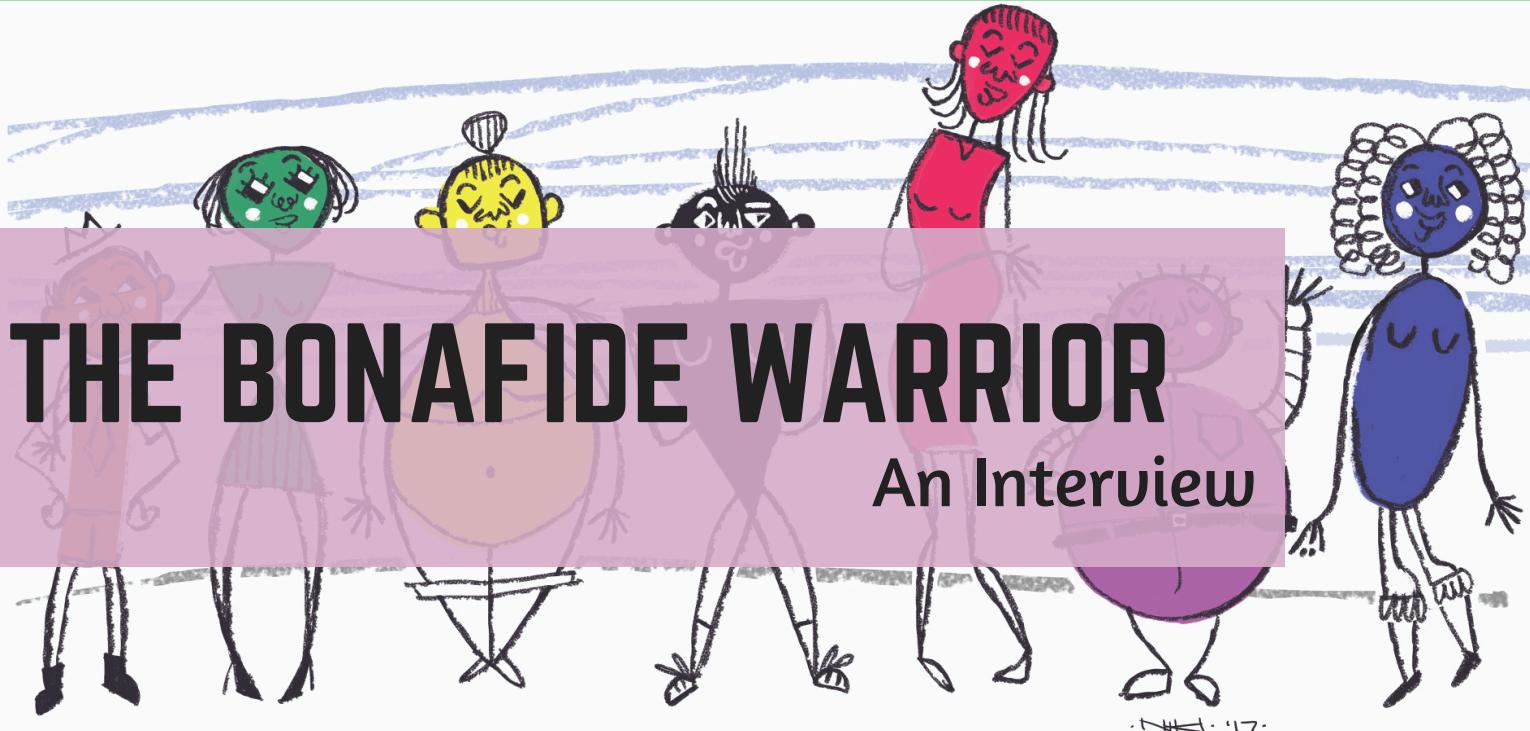
From a recent TED Talk done by Ashley Graham, she states that, “Back in Nebraska I was known as the fat model—the girl who was pretty for a big girl. That idea was isolating. My body, like my confidence, has been picked apart, manipulated and controlled by others who didn’t necessarily understand it....We need to work together to redefine the global image of beauty, and it starts by becoming your own role model”.

Based on research, body shaming activists’ main suggestion is that if someone is unhealthy, tell them how to change that, show them how they can become fit, and encourage them to take that road, rather than just criticizing them, or even making fun of them which will ultimately lead to self consciousness and lack of confidence.



While activists like Ashley graham are doing their best to spread positive vibes and advise people to be comfortable in their own skin and body, body shaming will not end until people begin to realize how each and every single person has a unique physique. It is time for people to stop being “haters” and just embrace people for who they really are, regardless of what they look like. It is 2018, this is the year for positivity!

-BY ANJALI YERABATI (CSE B, 2/4)



THE BONAFIDE WARRIOR

An Interview

~Ms. Radhika Gummadi from The
Human Library

1. Why do you think body shaming is so prevalent in society today?

"Body shaming is prevalent irrespective of any background, because most of us, even the people who are experiencing it, don't see it as a real issue. When it comes to talking about reservations, or something else, they are considered as sensitive topics, but body shaming is not addressed in our culture. It must be seen as a serious and sensitive issue that needs to be addressed and stopped. People think its a concern when they tell you that become a little fair or become a little thin or gain some muscle, that they only want us to look good. It is very common to comment. I wouldn't say even comment because if it comes from middle-aged people, it is more like a concern or a way of showing love, that they want their kids to be in proper shape or proper fairs so that, they could get "achay rishtay" or be presentable."

2. Based on your experience, why do you think people get body shamed?

"As I said, there is no reason for it. I, as a human, book talk on being fat shamed, but that doesn't really start or stop there. Right from tattoos to piercings or to your height, your weight, your skin tone, everything, there is no one part or feature of your body, your personality, that doesn't fall into the category of being body shamed. It's just the way we are. If I talk about South Indian girls, they are supposed to be presentable till they get married. I've seen my relatives telling the guys that, it's all good in terms of our daughter but, "she's a little chubby" or "she's a little dark skinned"."

It's like putting a stamp onto the girl and objectifying her, irrespective of all the degrees or qualifications or a personality she has. That stamping is there in everybody's mind because our minds are tuned to see girls in such a way. I've come across guys who've been body shamed as well. You ask a teenager or someone, what kind of guy they want, everyone starts with well built, six feet tall because that is the picture we have in our minds when it comes to the definition of a good guy or good girl. Though you say looks are not important, how many people are actually modest about it?"

3. From your perspective, what do you think are some signs showing that a person is getting body shamed, so that more awareness is brought upon this topic?

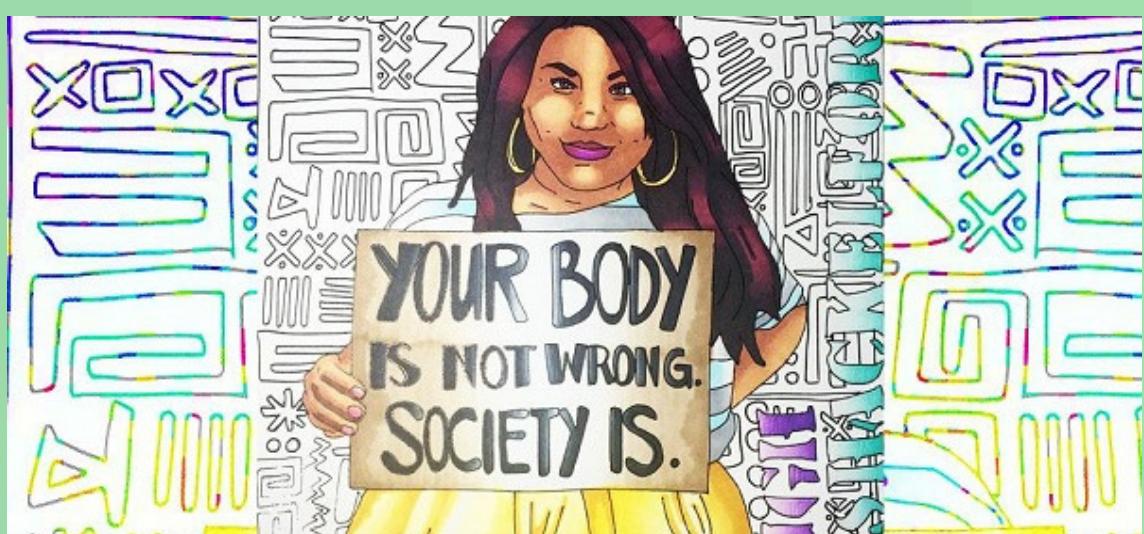
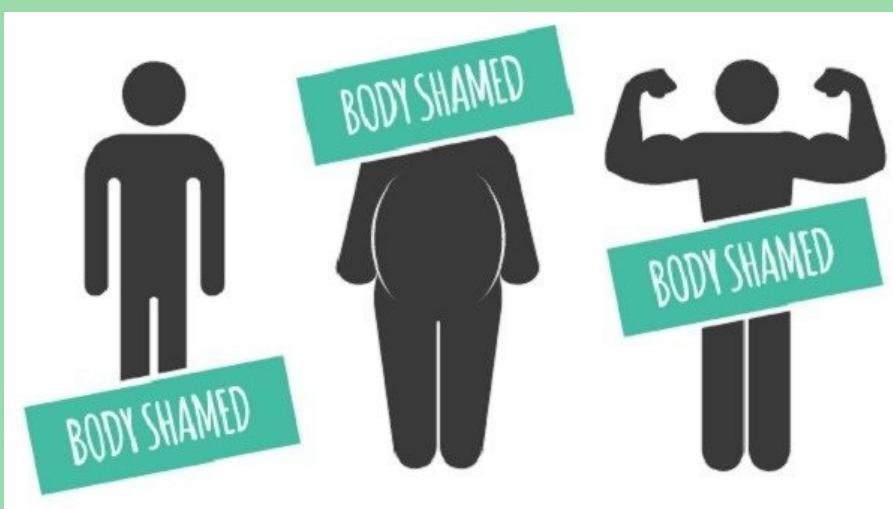
Yeah, it's very difficult for an individual to learn that they are comfortable and confident with their body. For me, talking about my personal experiences, my relatives, my family, my own mother, and sister, told me that you are fat, you have to reduce weight to wear the certain type of clothes that your sister is wearing. I thought that is how it should be. I didn't have a voice that said it is okay to wear every piece of clothing you're comfortable in carrying. It has to be from within one's self. For me, it took 7 years to accept my body. When so many people around you, from a very young age, tell you that this is how you're supposed to be, these are the measurements you're supposed to be, a child's brain gets used to it. They start thinking whatever their mothers or their aunts or their immediate family members fed them with, it should be that way, that there is something really wrong inside me. Only when they reach a certain age, when they start realizing the changes in their body, why it is the way it is, only then they understand that they were body shamed as a child. The trauma stays in the mind for a really long time. You teach good things to children in their childhood and they remember them, so is the case with negative things.

4. What are some tips to overcome negative thoughts about a person's image and body?

It's a difficult fight; it's a fight that takes time within one's self, more than with the society, family, or friends. It takes time for that individual to accept his/her body. Once that happens, the fight with the external environment becomes a little easier because you try accepting yourself, but all through this time, you start getting negative comments that what you are thinking is wrong, that you must be concerned about yourself and all kinds of suggestions and concerns that makes the person again doubt his decision to think positive about his/her body.

5. What is that one piece of advice you have learned through your journey and would share with others?

I had a group which we started on a meetup, 'My Body, My Story, and My Transformation', where we had like 15-18 people with similar problems. So, that helped me. It was me and like me, more than 10 people, with opposed thoughts. The conscious change I made, was to surround people facing such difficulties so that we could learn from each other. These battles are really hard on an emotional level and sensitivity, so you need people who think like you, at least who support you in that way. You also have to be surrounded by people who help you in gaining positivity. When I moved to another state for studies, every time something broke me down in terms of body shaming I wrote it down and made sure the changes I had to bring in my thought process. So, eventually when you keep writing them, and when you look at them, you consciously make an effort to shift your thought process, which will help you and others around you as well. It will take a little time, but there is always hope and you will find a way out.



~ANJALI YERABATI
CSE B

HEALTHY & EASY

BON APPÉTIT

What's Cooking Today?

Morning Munches

1

- STEP 1: TAKE ONE AVOCADO HALF. SCOOP WITH A SPOON. MIX.
- STEP 2: ADD SALT TO TASTE
- STEP 3: SPREAD ON A BREAD
- STEP 3: ADD TOMATOES
- STEP 4: EGG SUNNY SIDE UP



2

- STEP 1: TAKE A JAR
- STEP 2: FILL IT WITH YOGURT
- STEP 3: ADD RASPBERRIES
- STEP 4: ADD BLUEBERRIES
- STEP 5: ADD STRAWBERRIES
- STEP 6: ADD GRANOLA
- STEP 7: REPEAT STEPS TILL JAR IS FULL

Simple Snacks

3



- STEP 1: COOK SPAGHETTI IN BOILING SALTED WATER. RESERVE 1 CUP (235 ML) OF THE PASTA WATER BEFORE DRAINING.
- STEP 2: TAKE ANOTHER PAN AND HEAT YOUR SAUCE TILL IT BOILS. ADD SALT AND PEPPER
- STEP 3: ADD THE PASTA TO YOUR SAUCE. LET IT COOK FOR ABOUT 1-2 MINUTES. ADD COOKED TOMATOES.
- STEP 4: ADD THE PARMESAN AND BASIL. TOSS UNTIL THE CHEESE IS MELTED DOWN.
- STEP 5: TOP OFF WITH EXTRA PARMESAN AND BASIL AND SERVE IMMEDIATELY.

STEP 1: SLICE THE ITALIAN LOAF.

STEP 2: PLACE 8 SLICES OF MEAT, STACKED. COOK OVER MEDIUM HEAT FOR 3-4 MINUTES.

STEP 3: FLIP THE MEAT OVER AND

ADD THE PROVOLONE CHEESE.

COOK UNTIL THE CHEESE MELTS.

PLACE THE MEAT AND

CHEESE ON ONE SLICE OF BREAD.

STEP 4: TOP WITH FRIES, MEAT, TOMATO SLICES, AND TOP WITH THE OTHER SLICE OF BREAD.

4



Delicious Desserts

STEP 1: SPREAD A LAYER OF WHIPPED CREAM IN A SQUARE DISH.

STEP 2: PUT GRAHAM CRACKERS ON TOP,

STEP 3: PUT ANOTHER LAYER OF WHIPPED CREAM

STEP 4: SPRINKLE $\frac{1}{3}$ OF THE STRAWBERRIES ON TOP.

STEP 5: PUT ANOTHER LAYER OF WHIPPED CREAM.

STEP 6: REPEAT STEPS UNTIL BOWL IS FULL.

STEP 7: REFRIGERATE FOR AT LEAST 3 HOURS.

5



STEP 1: PLACE COOKIES IN A GALLON SIZED PLASTIC BAG AND HIT WITH A ROLLING PIN OR PAN UNTIL CRUSHED.

STEP 2: PAT THE COOKIE CRUMBS INTO THE BOTTOM OF A 9" (23 CM) PIE DISH.

STEP 3: SPREAD THE SOFTENED ICE CREAM ON TOP AND SMOOTH OUT.

STEP 4: DRIZZLE THE TOP WITH MELTED CHOCOLATE.

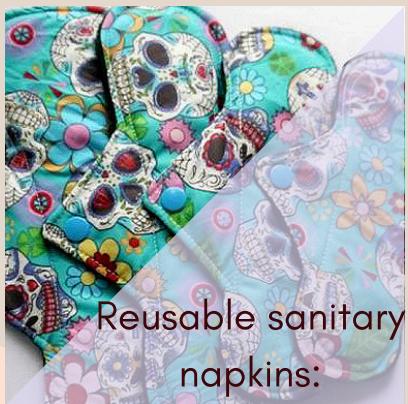
STEP 5: FREEZE FOR 4 HOURS, OR UNTIL THE ICE CREAM IS HARDENED.

6

SUPERWOMEN DAYS

Did you know, a woman uses around 16000 female hygiene products in her lifetime?! That is about 7 billion pads or tampons made of non-biodegradable synthetic materials piling up in the landfills each year, posing high health and environmental risks.

So, here are some eco-friendly and healthy alternatives to disposable sanitary pads and tampons that can make your period days comfortable and much easier.



Famous brands of Reusable Sanitary Napkins: Jivika, Azadi.

Long before disposable pads gained popularity, women used cloth pads that were either disposed of or reused after a wash.

Reusable sanitary napkins are now back with a complete makeover!

They can be washed after every use and are totally comfortable to work with.

What is more amazing is that some of these even increase their absorbency after every wash and are noise free!

Feel no more guilt as eco-friendly cotton and banana fibre are used in the making of these napkins.

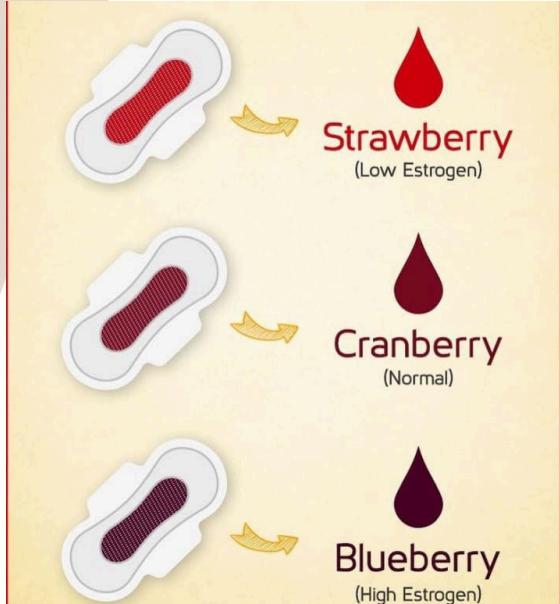
Yes. You read that right! Some lingerie companies manufacture panties with built-in sanitary napkins. These can be washed and reused like other reusable pads. Also, they are super comfortable and can save you from the numerous trips to the washroom!



Five times more effective than pads/tampons, these are specially-designed flexible cups made of silicon or rubber that last longer and are environment-friendly.

Also, they are cost effective in the long run!

Brands in India: SheCup,
Diva Cup.



On an average, a woman goes through nearly 450 periods in her lifetime.



buginateacup:

Guys who try to use the "Are you on your period?" as way to end an argument always amuse me. Because it gives me the excuse to lean in close and whisper.

"I started my day by waking up in a pool of my own blood. Is that how you'd like me to end yours?"

When you sneeze while on your period and feel The Great Flood in your underwear



Hot showers and heating pads keep the blood flowing, relieving cramps and have the same effect as painkillers.

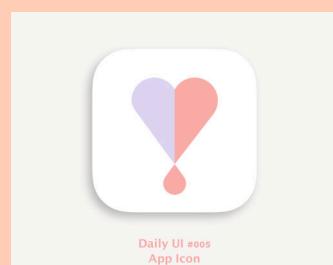
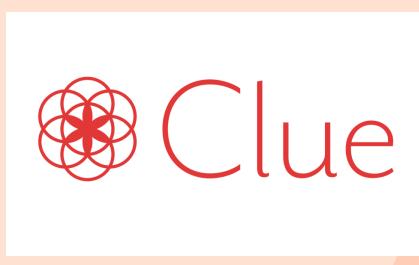
Resist the urge to have sugary drinks and salty food as it leads to bloating and only makes you feel worse!

You never really need a reason to have one more chocolate, but here's one; 70% pure dark chocolate with its high amount of antioxidants and magnesium can give you a surge in energy and help you conquer that painful period!

Cut the caffeine and switch to tea. Ginger tea and turmeric milk are known to reduce cramps. Green tea also has the ability to balance hormones.



Apps like 'CLUE' and 'Period tracker' are a blessing! They can track your period and predict it 3 months in advance, so no more surprises during travel!



Favorite pants got stained? No worries! Run the spot under cold water and rub it with some salt(using a toothbrush) and voila, good as new!

Remember when your grandmother asked you to have til ke ladoo during periods? Sesame seeds contain high amounts of iron and calcium that are good for us, especially when the body is losing lots of blood.

The thought of exercise during a painful period sounds weird? It's been proven that exercise helps with premenstrual symptoms like cramping and a lack of energy. Vinyasa yoga is preferred as it allows you to move the body gently and fluidly.

HEALTH AND FITNESS

Staying fit and healthy is a top priority for many people but there are still some of us that struggle to keep in tiptop condition, and this could be affecting long-term health. It can be hard to find the time to exercise regularly and prepare meals each day if you have a busy schedule and always tons of things to do on a daily basis, but making some time during your day can help you reap the rewards in future health benefits.



TIPS TO STAY FIT AND HEALTHY

1. Meditate

Meditation actually gives you more time by making your mind calmer and more focused. A simple ten or fifteen minute breathing meditation can help you to overcome your stress and find some inner peace and balance.

It is correctly stated that Health is the actual Wealth that a person can retain. Small changes can contribute to a better lifestyle and taking it one day at a time will soon start to encourage better habits and long-term goals being met with ease.



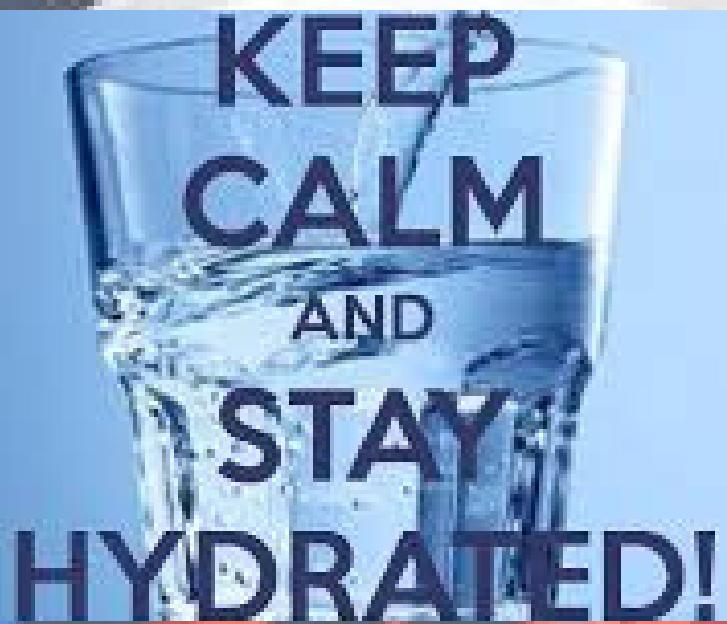
2. Hydrate.

Make sure to drink water throughout the day to stay hydrated. Not drinking enough H2O could spark hunger pangs, which may actually be thirst.

3. Relax

Take a hot bath at least once per week. Add any aromatherapy that smells good to you and treat yourself to some bath salts or bubbles.

The warm bath water will soothe your muscles and relax your mind.



4. Get enough sleep.

Make sure to get seven to nine hours of sleep in the night. Not getting enough sleep could amp up appetite levels the following day.

5. Increase the Joy Factor

Joy comes in all different flavours; finding ways to increase the joy in your daily life is easier than you think.

~Listen to music.

~Plan some regularly scheduled time with good friends and family.

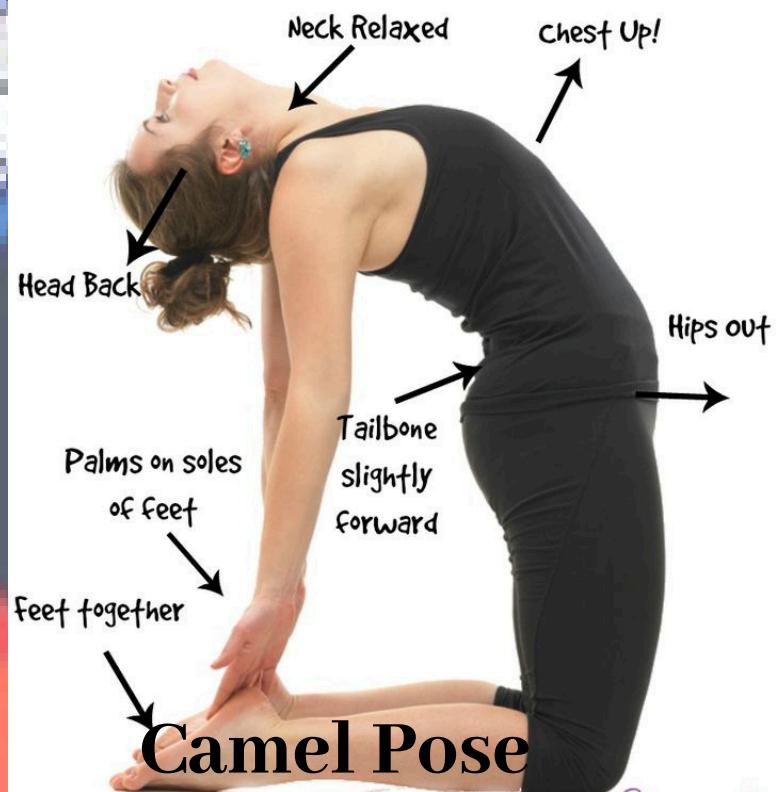
~Add some sport to your life





YOGA

THE CAT POSE



Sexy yoga school

Chaturanga

Feet at Hip Width

Relax Buttocks

Keep the Body Straight



By Qhudzia Jahan CSE-C (2/4)

"WE ARE HOUSEFULL"



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THE IMITATION GAME

Have you ever seen a movie which makes you laugh, cry and lose your mind at the same time, if not, then this is THAT movie. Directed by Morten Tyldum, starring Benedict Cumberbatch and Keira Knightley, this movie is a rollercoaster of emotions. As always, Benedict was the definition of brilliance with his ingenious acting skills. Based on true events leading back to World War II, this movie is about the infamous enigma code and how a mathematician, Alan Turing (Protagonist) achieved the impossible and saved 2 million lives making him the unsung hero of world war ||.

THE DEPARTED

The departed is a classic revenge story with one of best star cast and plot. The movie is filled with action, suspense and keeps you on the edge of your seat throughout. You know the movie is going to be great if it stars Leonardo Dicaprio, Matt Damon, Mark Wahlburg, Jack Nicholson and Vera Farmiga. One man is a mole in the mob and the other is a rat for the cops. Letting you know anything more than this would be considered a spoiler so go ahead and watch this masterpiece for yourself. It won't disappoint.

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S



SE7EN

Seven is hands down, one of the best drama/mystery movie of the 20th century. Starring Brad Pitt and Morgan Freeman, this movie is dark, disturbing and daunting. The story revolves around a serial killer who's very motive is to kill people in cold blood based on the seven deadly sins of Christianity: pride, greed, lust, envy, gluttony, wrath and sloth. Watch this critically acclaimed movie and you'll know why it's rated 8.6 in imdb.



GONE GIRL

As subtle as a ticking bomb, every scene in this movie makes you wanna question the extreme capabilities of the human mind and how far a person can go to get what they want. Undoubtedly Gone Girl is one of the best thrillers of all time, with THE BEST climax you can imagine. Find out why "amazing Amy" went missing with this truly intriguing masterpiece written by Gillian Flynn and directed by David Fincher (now you know the movie is going to be lit).



FORREST GUMP

Do you ever wonder why Tom Hanks is considered to be the G.O.A.T. in his profession? The answer is simple - FORREST GUMP. With a staggering 8.8 rating on IMDB, this movie is simply a work of genius. Be it the Oscar-winning acting of Hanks or the heartwarming storyline, this movie is the total package. It makes you laugh, it makes you cry your heart out and it makes you so very grateful for life. Watch it with family, friends or just alone, but make sure you WATCH IT. We guarantee it will take up a special place in your heart.

THE PURSUIT OF HAPPYNESS

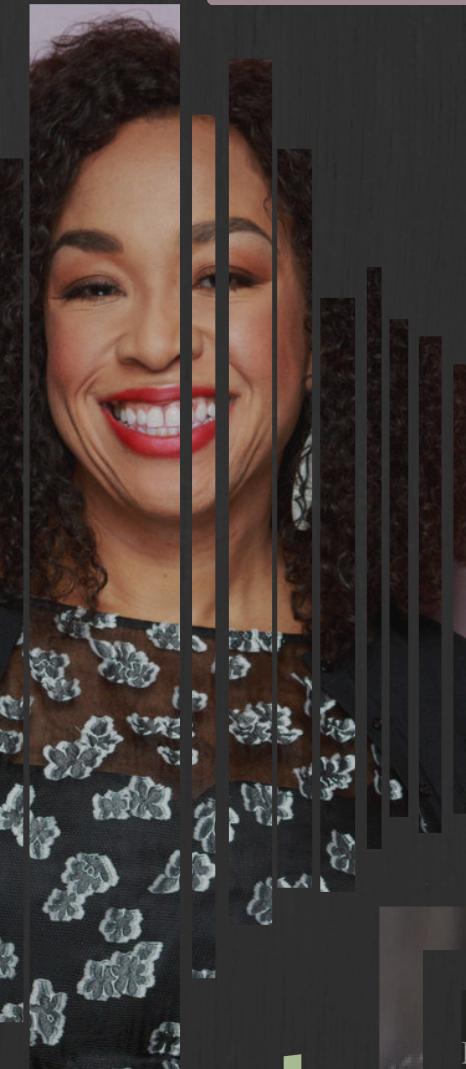
The pursuit of happiness. The title is self-explanatory. Everybody has rough patches in life and getting through these rough patches successfully and unbroken is what life is all about. Watch Will Smith, an average salesperson experience this part of his life along with his 6-year-old son, who spells happiness with a y, hence the title name. If you're looking for a heartwarming movie which teaches you the toughest lessons of life, then do include this in

your bucket list.

SHREYA &
JAHNAVI

THE QUEEN OF TELEVISION

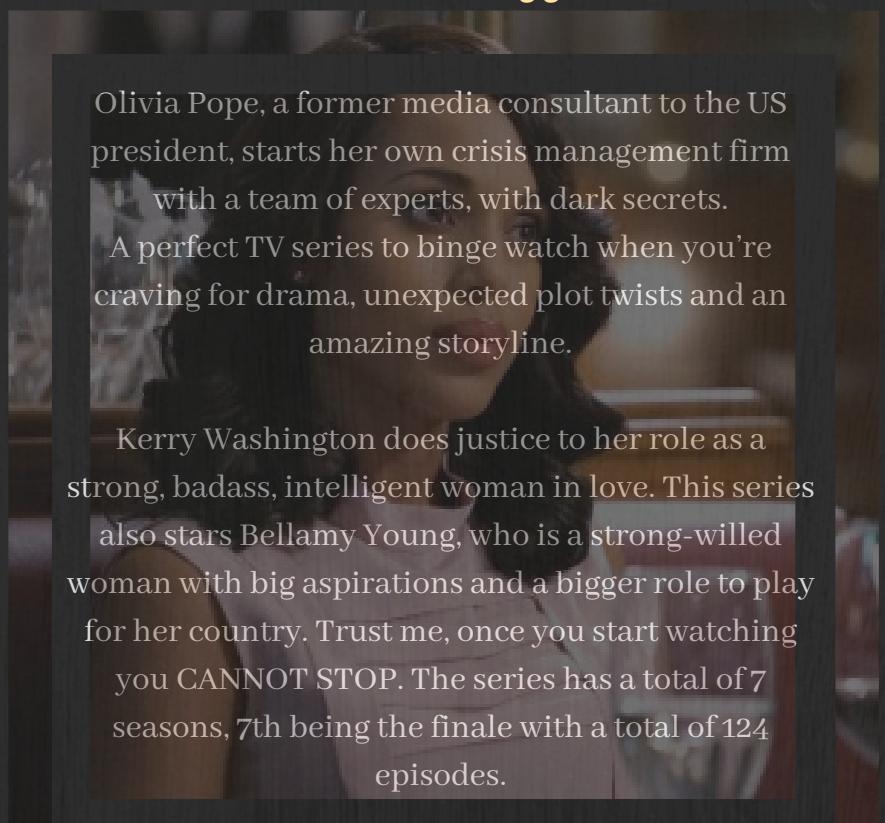
Shonda Rhimes



SCANDAL

Since the dawn of time, women have been a part of television shows. Yet, female leads have recently come into the light. today, there are so many new shows that, we may not recognize, but have strong female leads. Finally, people are starting to realize that females are just as compatible to be just as confident, independent, and strong as men.

If there's anyone who knows about achieving their goals, it's Shonda Rhimes, executive producer of some of your favorite television shows: Grey's Anatomy, Scandal, and How to Get Away With Murder. Shonda took some time to share her thoughts on women's empowerment, motherhood, and achieving goals.



Olivia Pope, a former media consultant to the US president, starts her own crisis management firm with a team of experts, with dark secrets.

A perfect TV series to binge watch when you're craving for drama, unexpected plot twists and an amazing storyline.

Kerry Washington does justice to her role as a strong, badass, intelligent woman in love. This series also stars Bellamy Young, who is a strong-willed woman with big aspirations and a bigger role to play for her country. Trust me, once you start watching you CANNOT STOP. The series has a total of 7 seasons, 7th being the finale with a total of 124 episodes.

GREY'S ANATOMY

Surgical interns and their supervisors embark on a medical journey where they become part of heart-wrenching stories and make life-changing decisions in order to become the finest doctors.

Grey's Anatomy is one of the finest TV series of all time with an overwhelming amount of good reviews and a staggering 14 seasons (317 episodes) and still running. This series makes you laugh, cry and fall in love with the characters especially Meredith Grey, the lead. The detailing of life's critical but regular aspect that is shown on this show is just amazing.

Ellen Pompeo, one of the highest paid TV actresses', who plays the lead as a fierce doctor has never been on anything else since she joined the show thereby, totally devoting her blood, sweat and tears to it. She says she cannot be more satisfied with her life, all thanks to Rhimes. Make sure to put this masterpiece on your watch list, it's a must watch.

HOW TO GET AWAY WITH MURDER

Brilliant criminal defense attorney and law professor Annalise Keating, plus five of her students, become involved in a twisted murder case.

This series is all about expecting the unexpected. It keeps you on the edge of your seats. Series is currently in its fourth season with a total of 60 episodes.

Viola Davis a.k.a Annalise is the first black woman to win an Emmy Award for 'Outstanding Lead Actress' in a Drama Series, also winning two SAG Awards for Outstanding Performance by a 'Female Actor in a Drama Series', and the Image Award for 'Outstanding Actress in a Drama Series'. In addition to this, it was created by TV genius Shonda Rhimes, do I need to say anything else? Just go watch it.

SHREYA & JAHNAVI

THE NEED FOR A PARADIGM SHIFT

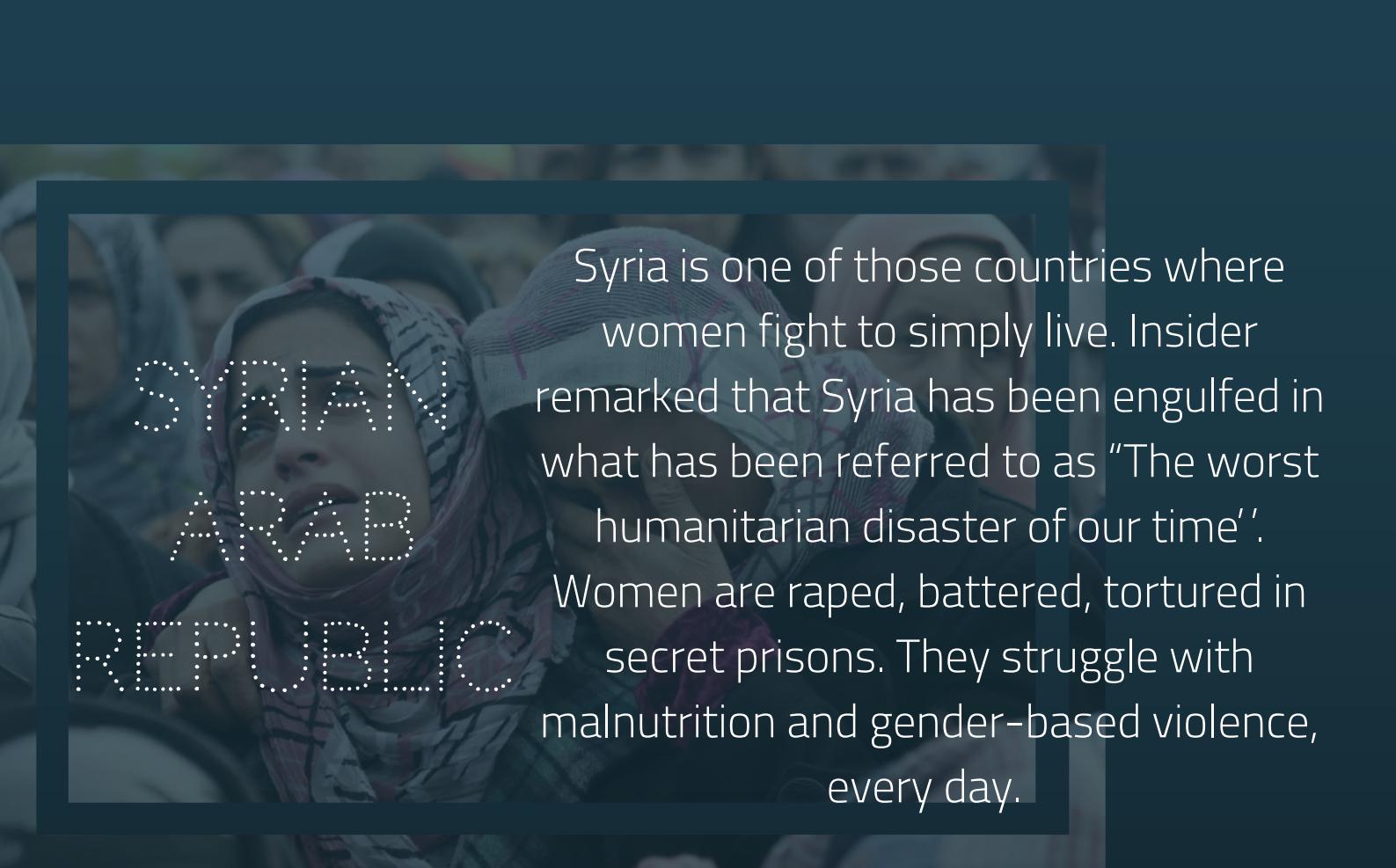
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GLOBAL PERSPECTIVES OF WOMEN

Let's start with a paradigm shall we? What is it? Google says it's "a typical example or pattern or model of something". What does that really mean? I think it means our stubbornness to change. Everyday we go through facts that were accepted by someone else and we just automatically choose to believe without questioning it; for instance, we just accept the fact that the grass is green. Of course, if you are a scientist you will know why, but as for the rest of the population, they choose to believe because that's just what everyone have been believing since centuries. You may ask, "If it's a globally accepted fact, why would there be a shift?" For many years people believed that the earth was the center of the universe. Well, this is simply wrong.

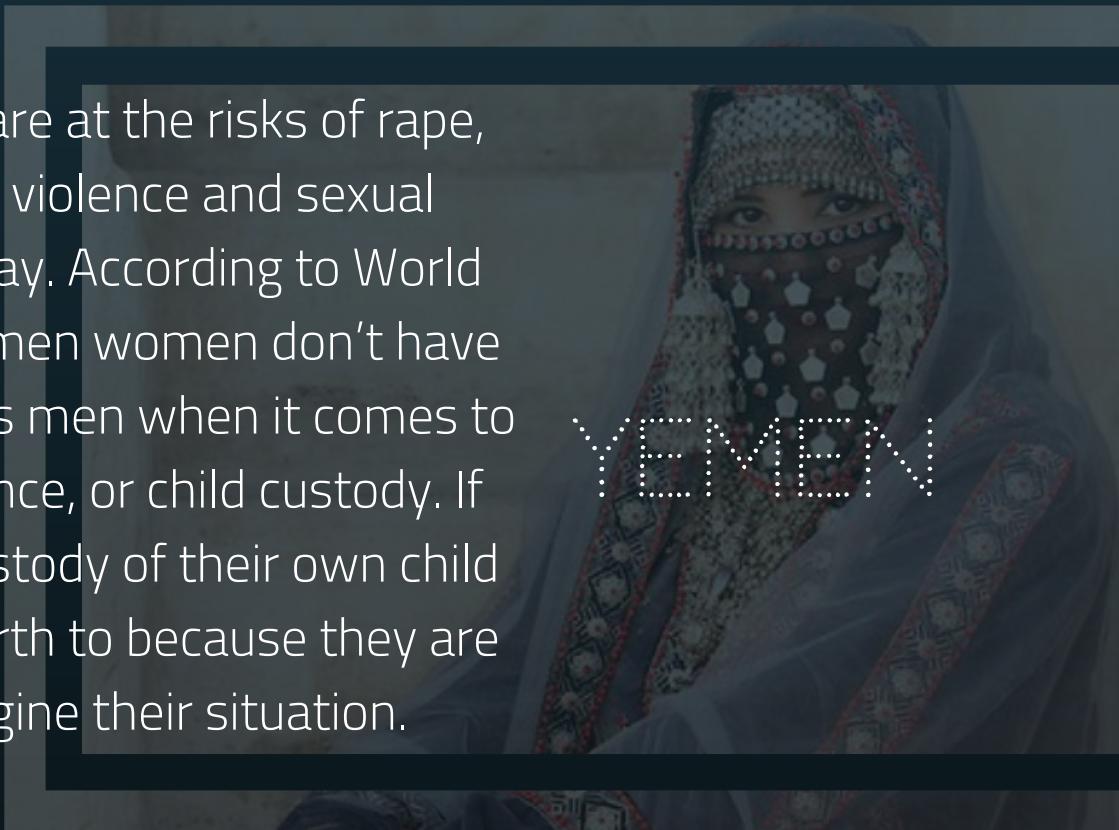
However, we know that it's wrong after a shift in paradigm to the universally accepted fact that there exists a solar system and that the sun is the center of the solar system. It's great that we know what a paradigm shift is, but have we ever wondered why we are talking about it?

For centuries men believed that they were always in a higher position than women. Women were told that they were made for the kitchen and also for taking care of children—this was a paradigm. But, today there is a shift, women are now given an opportunity to strive, to achieve something in life. Women are the best workers and they do their jobs with perfection if they are given a chance to fight against the norms in society, and allowed to grow. It's sad to say that there are many women in the third world countries who are still fighting for their basic rights.



SYRIAN ARAB REPUBLIC

Syria is one of those countries where women fight to simply live. Insider remarked that Syria has been engulfed in what has been referred to as "The worst humanitarian disaster of our time". Women are raped, battered, tortured in secret prisons. They struggle with malnutrition and gender-based violence, every day.



Yemen women are at the risks of rape, gender-based violence and sexual violence every day. According to World Report 2017, Yemen women don't have the same rights as men when it comes to divorce, inheritance, or child custody. If they can't get custody of their own child that they gave birth to because they are women, imagine their situation.

YEMEN

DEMOCRATIC REPUBLIC OF CONGO

Congo is one of the richest nations in Africa, yet it is considered to be among these countries. Its rich natural resources are not used for the betterment of the list of the world's least developed country rather, all the resources go to the richest traders and politicians. A study alleged that approximately 48 women are raped per hour. Is this called being safe?

Only 17% of women (between the ages of 15 and 24) are literate in Niger. 76% of young women are married before they are 18. Think about this. They aren't even adults. One in five of these adolescents gives birth every year.



These are brutal truths of some of the countries in the world. In a list of 144 countries, these are only four. The so-called paradigm shift that supposedly happened in the last century clearly did not affect these countries. Rape should not be a daily fear. Pregnancy shouldn't be a man's choice, rather a mutual decision between two people. Giving birth to a woman is becoming a fear. "Will her future become as brutal as mine?" "Will she be a baby pumper her entire life?" "Will she not have the basic needs to live?" These should not be the questions that a woman should ever have for her children. It is time for a shift in the cultural paradigm not in first world countries but throughout the world. It's time for a change.

THE AUDITORY ILLUSION

The internet is getting split up over an audio clip with some users hearing the word spoken out in the audio clip as "Laurel" while other hear "Yanny".

The audio clip became an internet sensation overnight similar to the "the dress" simply because people hear the audio clip originally meant to be pronounce "Laurel" as "Yanny".

Scientists say that the higher frequency sounds in the clip make it sound like "Yanny", while the lower frequencies make it sound like "Laurel".

Yanny

VS.

Laurel

In short, scientists say, what you hear will depend on what sounds your brain is paying attention to, including whether you have heard something similar in the past, and what you are expecting to hear from the clip. Another explanation for the same is to do with hearing loss with the higher frequencies of getting lost is when adults grow older.

So who came up with this ambiguous audio clip? A detailed report sheds some more light on its history and origins and links it to vocabulary.com, which is resource website that defines the word as, "wreath worn on the head, usually as a symbol of victory."

And in case you have been wondering what was the actual word behind it was mean it was supposed to be pronounced as the word would be "Laurel".

Human Trafficking

In modern society, everything is transparent with the law and justice, but on the sidelines there are people who are being trapped and sold across international borders. Being in the wrong place at the wrong time is how it all starts for approximately 600,000 to 800,000 people across the world. The illegal trading of these people for forced labour or commercial sex exploitation is termed as human trafficking.

The International Labour Organization (ILO) estimates that human trafficking generates about \$150.2 billion in illegal profits annually. Human Trafficking can take place from children to adults. For example, the Taliban purchases children to act as suicide bombers and they are sold for an estimated price of \$7,000-\$14,000.

This unlawful business is not only for sex exploitation and slavery but also for organ treasury. Medical advancement has allowed a rapid increase in percentage of successful organ transplantations due to which the demand for transplantable organs escalated. As a result, there has been a huge scramble to find organs.

Human Trafficking In India

Out of all the countries in Asia, India is considered as the hub of Human Trafficking. As per the statistics of the government – every eight minutes a child goes missing in our country. In 2011, about 35,000 children were reported missing. Further, it is assumed that only 30% of the total cases are reported, which indicates that the actual number is much higher than expected. Economic injustice, poverty and illiteracy are some of the reasons why human trafficking has been drastically increasing in India.

When And Why?

Although forms of slavery has been existing since the 1400, which is marked as the start of European slave trading in Africa with the Portuguese transporting people from Africa to Portugal and using them as slaves the development of plantation colonies increased the volume of the slave trade. Throughout the 1600's, other countries became involved in the European slave trade. With the roots of its existence buried deep in history, there has been an estimated count of 27 million adults and 13 million children around the world who are victims of human trafficking.

How common is it around us?

Human trafficking is not a practice which only exists in your town - it can take place at your house, school, library, anywhere. Since the production of consumer goods is widespread, most people in America have worn, touched, or consumed a product of slavery at some point. As an individual living in a society with crimes like human trafficking hiding in a disguised manner, there are many points to be aware of to prevent ourselves from the clutches of such offences.

- Be wary of very attractive work opportunities. If you are offered a very tempting work opportunity outside your country, make sure you get all of your questions answered with proper details and no miscommunication.
- Contact the embassy of the country in which you are thinking of working in before travelling, and make sure your register at your national embassy as soon as you land.
- Read employment offers and contracts carefully before you sign them.
- Seek advice and guidance from people with occupational and legal experience before taking the job.
- Ensure you leave your address and telephone numbers with family members and friends before you travel (these details shall be ascertained before travelling).
- Keep a copy of your passport and ID card in a safe place.
- Know your rights and duties fully before agreeing to any employment offer.
- Avoid employment offers that come through the internet.
- Be careful of offers of engagement and marriage that come through the internet.

It is not easy to identify a victim of trafficking but there are certain signs that one can possess such as their living conditions, poor mental health, abnormal behavior, and/or poor physical health, etc. If a person is suspected for being a victim of Human Trafficking it is advised to call the national hotline number, which is 1098, or contact the police.

Child trafficking continues to be a lucrative trade in Capital

H. T. 26-01-2013

Chirag Haider

=haider@indiatimes.com

NEW DELHI: The issue of child trafficking has been in the news since the beginning of the year. In the last few days, the issue has again come to the fore with the arrest of two men who had reportedly been involved in the kidnapping of a 14-year-old girl from Bihar and her 14-year-old 'guardian'. The teen was treated as a victim "when it came to light that she was raped and her mother was beaten up by her captors."

A year ago, various states continue to struggle in fighting child trafficking. On average, 14 children are missing in Delhi every day. Many of them are brought to the city from Bihar, Jharkhand and West Bengal.

Following the incident, the Delhi Police launched a massive crackdown on placement agencies in the city. Over 4,000 children were rescued in 2012 and action was taken against more than 150 placement agencies. The rescued children were mostly employed in garment factories, domestic help, restaurants, bars, nightclubs and so on.

On average, 14 children are missing in Delhi every day. Many of them are brought to the city from Bihar, Jharkhand and West Bengal.

Girl rescued from traffickers, 4 held

Raj Shekhar / TNN

New Delhi: Four persons have been arrested for abducting a 19-year-old girl and trafficking her to several places in Haryana, said police sources. The girl was allegedly sold several times before being rescued from a home in Rohtak.

"We have arrested four persons, who identified themselves as Amit Kumar (31), who was instrumental in bringing the girl to Rohtak," said a senior police officer.

Shabana was terrified when she realized she has fallen into a trap and tried to escape several times.

"I tried running away from their clutches, but my efforts were fruitless. Those four days were the most traumatic of my life. I was fortunate that the police raided their hideout and rescued me," Shabana added.

Shabana was in search of a job and while staying with my aunt in south Delhi, I met this woman named Sunita. She promised me a job as a computer operator and took me to her house in Malviya Nagar. After two days, I was forcibly taken to Panchsheel Vihar to a woman named Anjali. They then took me to Rohtak in a van and sold me off to Amit Kumar who later handed me over to one Babi," she said.

Shabana was terrified when she realized she has fallen into a trap and tried to escape several times.

TIME CITY

Engineer held for human trafficking

Two Rescued From Meerut, G B Road Brothels; Three Women In Police Net

RESCUE TRAIL

TO focus the trafficking trail - operating in Kepur, Bharatpur and making its territory, police operation is being conducted simultaneously

THE HINDU, 12/ October 2011

Domestic help agency owner held

For alleged involvement in human trafficking racket

Nevesh K. Pandey

NEW DELHI: The owner of a domestic help agency has been arrested at Shakti Bhawan here for his alleged involvement in human trafficking. Six minors,

six minors, including a girl, were rescued from him in a joint operation on Tuesday.

• Rescue operation carried out by local police in coordination with NGO Shakti Vahini

Six minors, including a girl, were rescued from him in a joint operation on Tuesday.

• Rescue operation carried out by local police in coordination with NGO Shakti Vahini

Chirag Sahithi

2/4 IT-A

Senior Supreme Court Advocate

on Tuesday.

The rescue operation was carried out by the local police in coordination with NGOs.

• Some sedative and bright to

try owner asking for a domestic help and subsequently raised his office-cum-residence

with traditional crime occurrences. But as this issue has

department. But just 10 days after my orders, Supriya Shah and her two women. The

her missing daughter a week ago after an acquaintance told him that he had been involved in the racket and operated under different names.

Sources said a big human trafficking racket was operating in the area.

DID YOU KNOW?

~THE MOST COMMONLY USED LETTER IN THE ALPHABET IS E.

~TOPOLINO' IS THE NAME FOR MICKEY MOUSE IN ITALY.

~ALBERT EINSTEIN NEVER KNEW HOW TO DRIVE A CAR.

~THE DOT ON TOP OF THE LETTER 'I' IS CALLED A TITTLE.

~SWITZERLAND EATS THE MOST CHOCOLATE EQUATING TO 10 KILOS PER PERSON PER YEAR.

~THE LONGEST STREET IN THE WORLD IS YONGE STREET IN TORONTO CANADA MEASURING 1,896 KM (1,178 MILES).

~AFRICAN GREY PARROTS HAVE VOCABULARY OF OVER 200 WORDS.

~MONOPOLY IS THE MOST PLAYED BOARD GAME IN THE WORLD.

~THE ELECTRIC TOOTHBRUSH WAS INVENTED IN 1939.

~TENNIS WAS ORIGINALLY PLAYED WITH BARE HANDS.

~WHITE CATS WITH BLUE EYES ARE USUALLY DEAF.

~THE MOST COMMONLY FORGOTTEN ITEM FOR TRAVELLERS IS THEIR TOOTHBRUSH.

By Ch Sahithi IT-A
(2/4)

Instagram Illustrators

If one possesses the will & determination, a firm resolve to achieve something, nothing is impossible. Women through history have not always had the choice of how they want to be or what they want to do - often society has placed strict controls on them. It's a matter of joy that women are taking rapid strides of advancement in all fields.

Drawing is a way of expressing what one thinks and feels about someone or something. A single illustration can speak a lot more than words can. The depth conveyed through an illustration is a thousand times more than conveying it through speech. This article will take you through some women illustrators on Instagram who doodle and draw about various social issues.

PRIYANKA PAUL(@artwhoring)

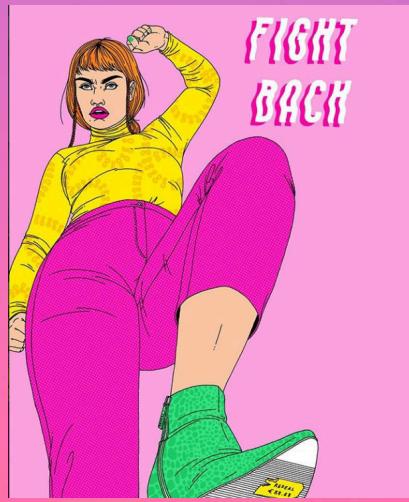
Priyanka Paul is a 19-year-old brilliant teenage illustrator, popular on Instagram who has a fresh perspective on what it means to be a woman. Her artwork highlights women of colour; she does drawing about dowry, women safety, awareness about sanitary napkins, about transgender, cybercrime and so many other social issues. She wants to see more activism in the world of art and believes that art can channel an array of emotions. Art for peace and change is what she truly wishes for.



LAURA CALLAGHAN (@lauracallaghanillustration)

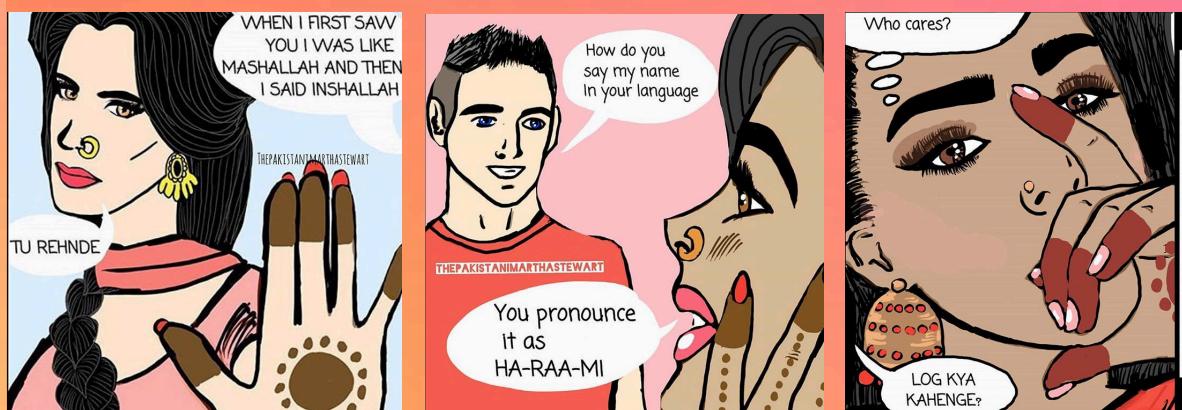


Laura Callaghan is an Irish illustrator currently based in South East London. Her artworks are lady-orientated. Ladies in power, ladies in repose, ladies painted in everyday settings—such are the themes of the London based illustrator Laura Callaghan. Her colourful, minutely detailed, female characters pop to life in layers of personalized details. Callaghan's scenes lend the ladies she draws, the power, conviction, and notoriety.



SAHER SOHAIL (@thepakistaniarthastewart)

Sehar Sohail (The Pakistani Martha Stewart) is a feminist, an aspiring physician and a comic artist who captures illustrations that depict the life of urban Pakistani girls, perfectly. Although born and raised in the United States, Sohail grew up in a conservative Pakistani-Punjabi household. Art allowed her to share her experiences, jokes and cultural familial concepts in visual representation in a fun way. Her pictures are always straight to the point. A picture with a punchline every brown girl can relate too!



Sravya Patnaik

TICK

Forgotten with time, every tick reminds lost things,
Walking away in the middle of night ,from my ghost town seeking you,
Once invincible now vulnerable, seeing my castle crumble,
Little things I didn't care are the ones I value the most today ,
Came to the place where it all started, trying to start anew.
Mark made once turned into scars that were left behind,
Like a fish in rough waters, finding my way back into a clam ocean
within you!!!

DISTANCE

Distance melting away like thoughts,
Hours of phone calls not enough,
Never ending paperwork for you,
We are separated by miles apart,
Still united by hearts,
I would walk any distance to get to you,
I would take any path for you,
I would run any long for you,
I would fly over the clouds to meet you,
I would sink in the depths of despair to swim in the hope of you.

LOST ME

They say if broken things are brought back then they look beautiful,
Even the infinity breaks and comes back to look beautiful than ever,
But why not my heart ,
It gets worse each passing day as it is no longer beautiful,
My world is falling apart without me and still it looks beautiful,
Because you were in my world holding it
together like it's forever,
Come back fixed and never let me break, because you make me
beautiful.

WHERE WOMEN CREATE VOCATION

A PASSION FOR SUCCESS

At one point, women's lack of access to higher education had effectively excluded them from the practice of well-paid and high status occupations. However, through the 20th century, public perceptions of paid work shifted source as the workforce increasingly moved to jobs that do not require heavy labor and more towards office jobs, and hence women increasingly acquired the higher education that led to better-compensated jobs.

Indra Nooyi

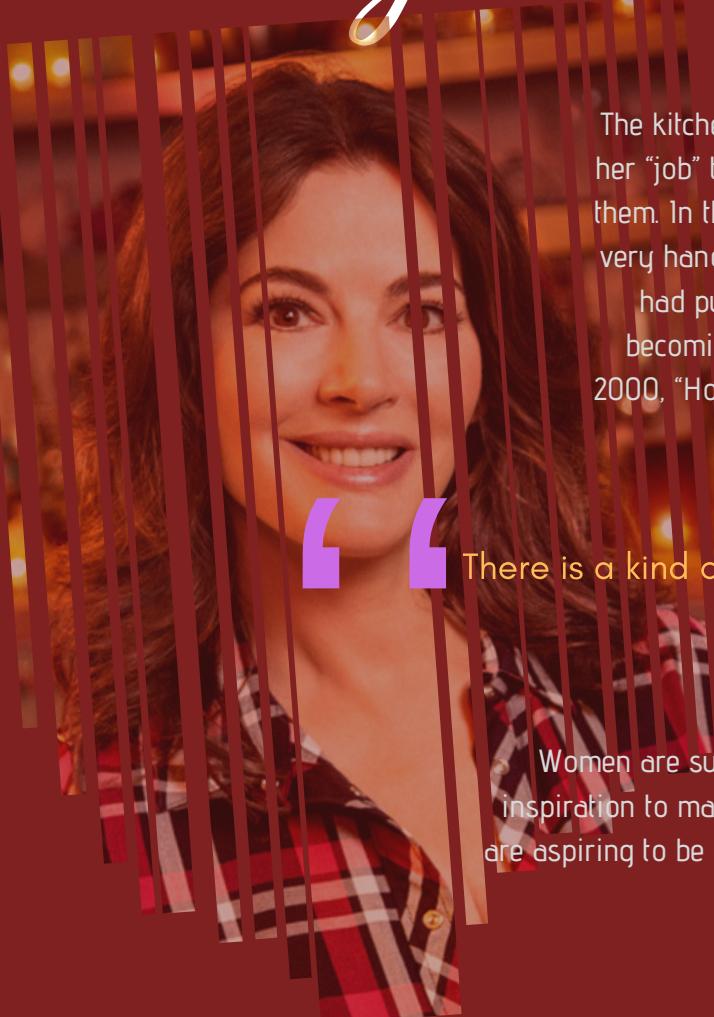
Nowadays, amongst the successful business people in the world are women such as Indra Nooyi, who is the current Chairwoman and Chief Executive Officer of PepsiCo, which is the second largest

food and beverage business in the world. She has also been consistently ranked on 'Forbes' magazine's list of The World's 100 Most Powerful Women.



“ “ As a leader, I am tough on myself and I raise the standard for everybody; however, I am very caring because I want people to excel at what they are doing so that they can aspire to be me in the future. ” ”

Nigella Lawson



The kitchen was once thought as a woman's "rightful place", where it is her "job" to cook for the family while the man of the house provides for them. In the present time and day, that very same "job" is what provides very handsomely for a certain successful women, Nigella Lawson, who had published her first cookery book in 1998 called "How To Eat", becoming a bestseller, which was followed up by a second book in 2000, "How to Be a Domestic Goddess", which won her the British Book Award for Author of the Year.

“ There is a kind of euphoria of grief, a degree of madness. ”

Women are succeeding in just about all aspects of life and are an inspiration to many new upcoming talented souls. Many young women are aspiring to be entrepreneurs and have started their own businesses at a young age while still in college.

Nikhila Sastri

Women are succeeding in just about all aspects of life and are an inspiration to many new upcoming talented souls. Many young women are aspiring to be entrepreneurs and have started their own businesses at a young age while still in college.

An example of this is Nikhila Sastri who is currently studying 4th year B.Tech in GNITS. She has started her own business called MoneyPlanned which is more or less about how anyone can create their portfolio on the website and simultaneously plan or keep track of their investments or savings, proving that anything can be done with dedication and patience.



Susmitha Navuluri

CSE-B

Flawed, Yet Fearless

>>>>>>>>>>>>>>>>>>>>>>

A rose can never be a sunflower and a sunflower can never be a rose.
All flowers are beautiful in their own way, and that's like women too.

You are beautiful
No matter your size, skin color, religion or
sexuality

Don't ever let anyone doubt that
Life would be boring without diversity.

You are beautiful
and the length of your dress tonight
doesn't justify anyone calling you a slut
nor gives them permission to grab your
thigh,

It is only your consent that matters
And remember to say no, it is your right.

You are beautiful
wear those stretch marks with pride
They are perfectly normal and natural
Don't look at them as flaws
Your body is a miracle that you don't need
to hide

You are beautiful.



A fashion advertisement featuring a woman from behind, sitting on a large, light-colored rock. She is wearing a dark, patterned dress with a geometric or paisley design. Her hair is blonde and tied up in a bun. The background is a bright, outdoor setting with more rocks and some foliage.

DO YOU WANNA BE A
FASHIONISTA?

Trends Today

1.

Sneakers

Sneakers are the newest trend today! Whether you are athletic or active, it's for everyone. On dresses, on jeans, and on leggings, they seem to be the go to today! Although they are expensive, their comfort beats all other factors.



2.

Leather Jackets

Versatile and sophisticated, "Leather Jackets" are always in fashion.



3.

Mirrored Sunglasses

Rose gold on black, sounds like the iPhone, but it's the mirrored sunglasses. They seem to be selling out in seconds. Celebrities, sports women, business women, everyone somehow has them.



4. Off the Shoulder

Chokers and off the shoulder tops, dresses, and rompers have been the new thing lately. EVERYONE seems to be wearing them. They create a strong style statement and look quite elegant.



5.

You can steal the show in an effortlessly impressive lace dress. It is a chic and classy style that is perfect for any occasion. Rock the stunning lace dress in a flattering mini style or spread the channel classy vibes in a sheer maxi lace dress for an evening look that will turn heads.

Lace Dresses



6. Floral Prints



Floral prints are all the rage lately., whether it's blouses, shirts, sarees, lenghas, or dresses.

In a way, you can accentuate your blouse with beautiful floral prints. Best way to wear a floral blouse is to team it up with a plain chiffon saree.

Floral shirts teamed up with high waisted jeans, shorts, or skirts

Qhudzia Jahan CSEC 2/4

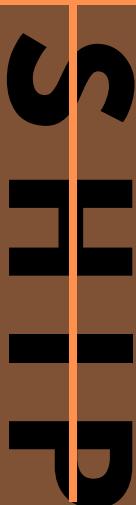
Vaishnavi Babers CSEB 2/4



Against:

Censorship has been criticized throughout history for being unfair and hindering progress, and we, too, stick by that notion. There have been numerous debates on this developed-over-time belief and thought. Some sections of the people believe that it has a set of pros and the other, that, it is not reason enough to make it a credence. In order to voice against this act, we need to first understand its political definition which states that, "Censorship is the suppression of speech, public communication, imagery or any other source of information, on the basis that such material is considered objectionable, harmful, sensitive, or inconvenient as determined by a government or private institution".

Now, there are many ways to look at this, which in a way is an answer in itself that, everybody has a different perspective in life and to club them ALL together, giving it an arbitrary common ground and letting one superior decide the right and the wrong hardly seems fair. If anything, it should be the individual's choice whether to acknowledge that certain aspect or not and that every piece of information should be free of censorship thereby, giving everybody a choice. But in case of the present situation, it seems to be going in the opposite direction.



Take movies for instance, anything said or done with slight inclination towards 'sensitive content' is deemed dangerous and is thus, beeped, blurred or cut. This is not how reality works. The basic essence or the soul of the content is rejected and we are suddenly made aware of the fact that they are movies, and they seem to hold less meaning than before.

The same works for art too. Art is to be appreciated for its totality, detailing, rawness and beauty. But then, by applying big black blockers randomly over the pieces just plainly ruins the entire concept. Those, who can't appreciate art for whatever it is, do not deserve to judge it, as they seem to be surveying it based on the wrong aspects.

The primary solution to this is to teach our children how not to vent about such trivial topics. They deem something to be wrong because the adults said so. That should not be the case. We are an evolving species, who should aim for something much more higher with the type of commodities we possess. Wasting time and mind on such minor problems just because someone is not mature enough to understand them cannot be the end game.

For:

Censorship exists, not to curtail the freedom of people, but, to protect them.

It prevents people from being offended or getting infuriated by an entire community. Censoring of content helps to maintain peace.

Sensitive military and government information can be removed from view. This is a good way to ensure that people, who wish to harm the country, will not have access to any such information that would give them the intelligence to harbour such a plan.

Plagiarism and pirating of content is a serious issue in the world today . By censoring certain things, you can effectively prevent plagiarism from happening and other people profiting off work or content that is not theirs.

Censorship avoids children from being exposed to pornography and violent material. This exposure is dangerous for kids because it desensitizes them and makes them curious about things that might not be appropriate, considering their age.

Movies certified Adult do not require to be censored at all. Once a PG limit has been given to a movie, it need not be censored, for there has been a clear indication of an age limit.

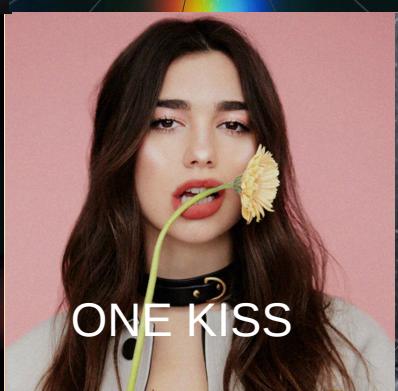
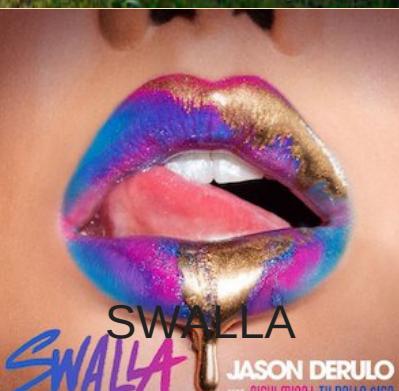
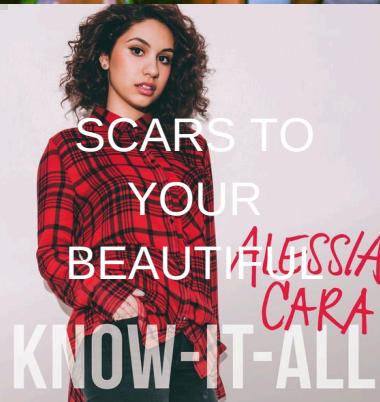
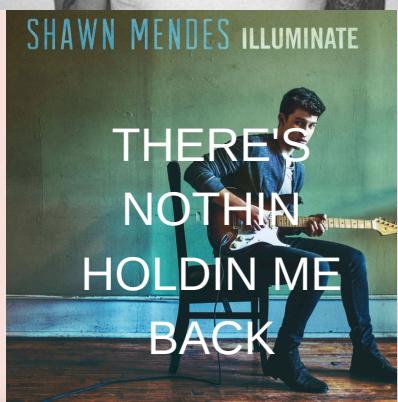
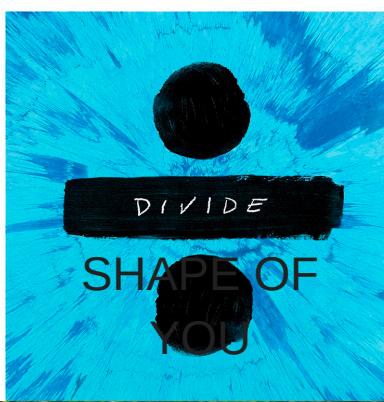
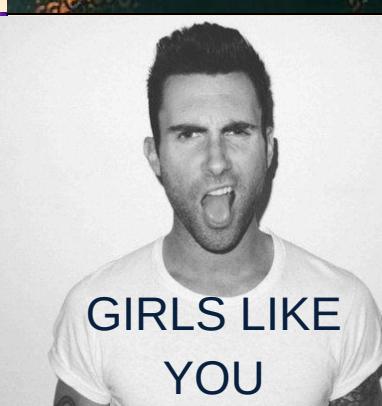
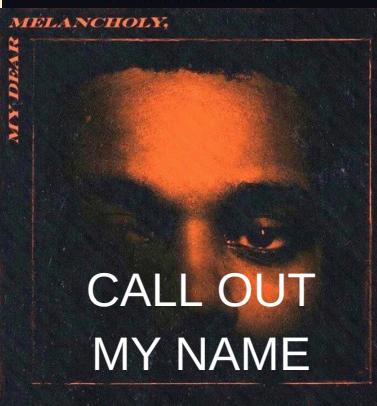
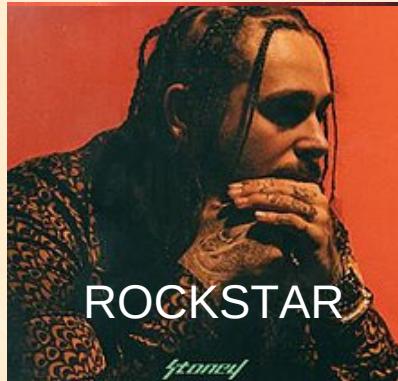
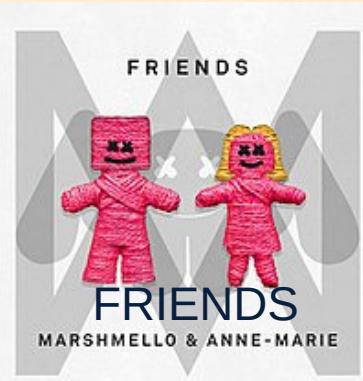
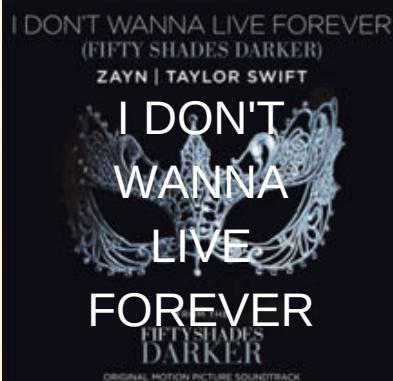
Rape and murder should not be highlighted in movies, shows or in any media in such a way, where it provokes people to take that idea and make a nightmare out of it.

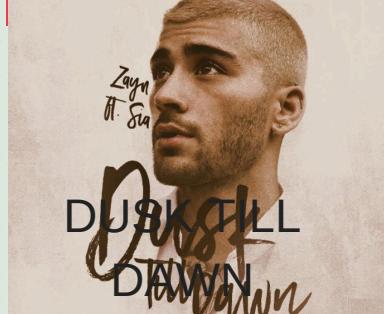
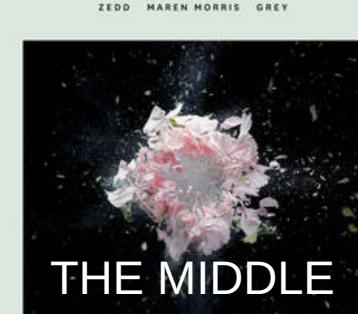
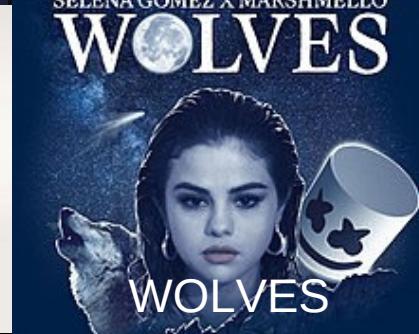
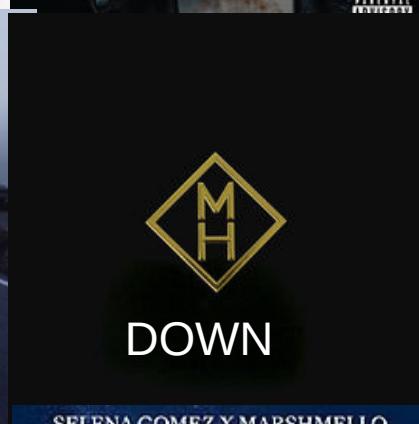
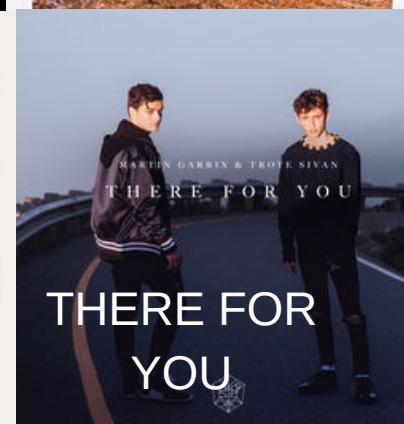
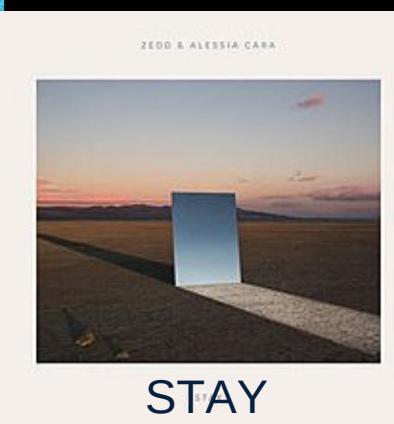
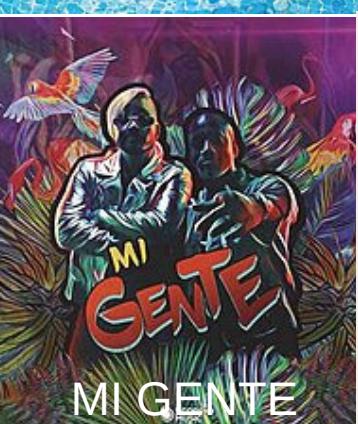
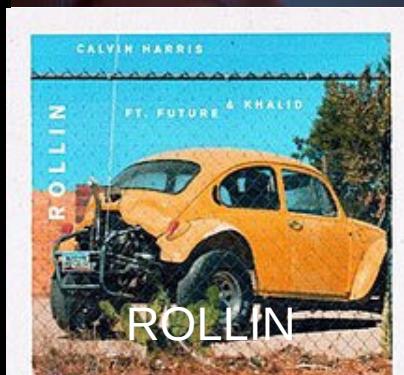
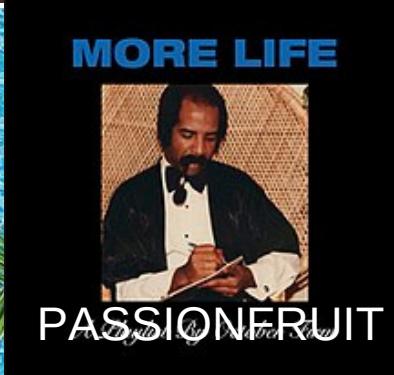
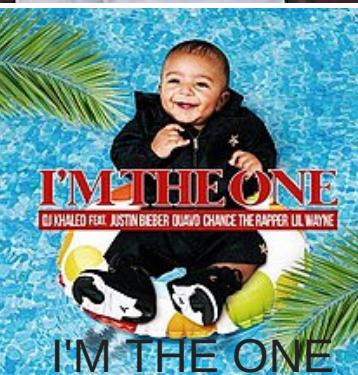
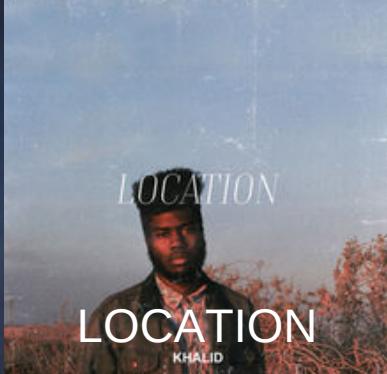
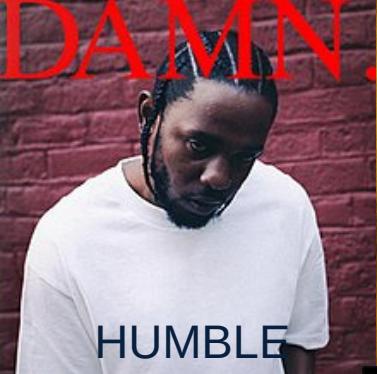
Many movies or shows portray content in a way that might hurt the religious beliefs of the audiences which, may in turn, hurt and bring a bad name to the film industry.

Advertisements about condoms, cigarettes, and alcohol should be minimized or advertised in such a way that it does not border on being dirty or giving bad ideas by showing the human physique in minimum clothing.

Total censorship and absolute freedom are problematic. India has varying needs and thus, we must strike a balance.

SUMMER SIRENS 2K17-18





UNDERRATED ARTISTS

KHALID



KHALID KUH-LEED IS MUCH MORE THAN JUST "YOUNG, DUMB AND BROKE". KHALID, 20, BROKE THE INTERNET WITH HIS ALBUM "AMERICAN TEEN". HE WON THE TEEN CHOICE AWARDS AS WELL AS THE AMERICAN MUSIC AWARDS FOR HIS SONG "LOCATION". HE MAKES MUSIC FOR THE SOUL- MUSIC FOR EVERY MOOD. MAKE SURE YOU LISTEN TO COASTER, AMERIAN TEEN, SAVED, YOUNG,DUMB & BROKE AND LOVE LIES.

G-EAZY



KNOWN AS THE NEXT "WHITE EMINEM", GERALD HAS SOME SERIOUSLY GOOD MUSIC, HIS GENRE BEING RAP. WE ARE PRETTY SURE YOU HAVE HEARD MOST OF HIS SONGS WITHOUT KNOWING HE WAS A PART OF IT! HEARD ME, MYSELF AND I? GUESS WHO SANG IT...

LISTEN TO SOME OF G-EAZY'S CATCHY SONGS- ORDER MORE, NO LIMIT, LEGEND, HIM AND I, I MEAN IT AND GOOD LIFE.

BLACKBEAR

WE CAN'T BELIEVE HOW UNDERRATED BLACKBEAR IS FOR THE KIND OF BRILLIANT MUSIC HE MAKES. THE BEATS, THE VIBES, THEY ARE TO DIE FOR! WHAT ARE YOU WAITING FOR? LISTEN TO IDFC, DO RE MI, ANXIETY, TOP PRIORITY, E.Z, UP IN THIS AND THURSAY FROZE OVER.



LAUV

YOUNG, TALENTED, GENIUS AND UNDERRATED IS ALL WE CAN SAY ABOUT ARI STAPRANS KNOWN BY HIS STAGE NAME LAUV. HE MAY NOT HAVE A HUGE NUMBER OF SONGS BUT THE ONES HE DOES ARE DEFINATELY A TREAT TO THE EARS.

MAKE SURE YOU LISTEN TO - I LIKE ME BETTER, ENEMIES AND PARIS IN THE RAIN



ALESSIA CARA

ALESSIA CARA'S VOICE IS ONE OF THE MOST NATURALLY AUTHENTIC VOICES IN MUSIC TODAY. HER SOUND IS UNLIKE ANYTHING ON THE RADIO. YOU HAVE PROBABLY HEARD HER DEBUT SINGLE "HERE", WHICH REACHED NO-1 ON POP RADIO AND 5 ON THE OVERALL HOT 100 CHART. ALSO LISTEN TO STAY AND SCARS TO YOUR BEAUTIFUL.

POPCORNIN'

comedy

THE HANGOVER:

Three best men and the Groom take a road trip to Las Vegas. They wake up next morning to realize that not only have they lost the groom but also have no recollection of previous events.

DADDY'S HOME:

Brad Taggart attempts to be a good father to his stepchildren but his problems increase when their biological father, Dusty Mayron, suddenly comes back into their lives.

SET IT UP:

In desperate need of a break from their jobs, two beleaguered assistants team up to trick their workaholic bosses into falling in love.

I FEEL PRETTY:

Insecurities, body shaming, low self esteem? We all go through this. Watch how Renee Barrett wakes up from a fall believing she's the most beautiful woman on earth and how it changes her life.

thriller

popcorn

BLACK SWAN:

A 28-year old ballet dancer is chosen to play the dual role of the white swan and the black Swan. Things get out of hand when she loses her mind trying to perfect the two.

WOULD YOU RATHER:

A woman in need of money, a millionaire with sadistic intentions. Do the math.

SPLIT:

A man with 23 different personalities, each completely different than the other. Three kidnapped teenagers. How long before they face the 24th?

GET OUT:

When Chris Washington, a black man visits his girlfriend's family for the first time, everything seems to be normal but soon notices unusual behaviour all around which leads him to question their intenti

mystery

BASIC INSTINCT: A detective with a murder to solve. A female crime novelist whose book characters seem to mysteriously die the exact same way the murder takes place. So, did she do it or didn't she do it?

SILENCE OF THE LAMBS: An FBI agent seeks help from an imprisoned serial killer/ former psychiatrist to catch another on a killing spree. Will he help her or does he have other plans in store for her?

MULHOLLAND DRIVE: How much power do feelings of envy and guilt have over our lives? Be careful or they might just take you someplace else like a fairyland or a world of fantasy.

HEREDITARY: Toni Collette, a miniature artist is mourning the death of her mother, a secret cult leader, along with her family when they start to experience abnormal sightings and unravel dark secrets about their family. Will they be able to outrun their inherited fate?

DIRTY DANCING: She dreamt of studying the economics of underdeveloped countries and volunteering for the Peace Corps. He just wanted to dance the night away. Until one day when they meet accidentally and she falls in love at first sight.

GHOST: A couple's romance is destroyed when one of them is killed by a gangster. But his spirit comes back to save his girlfriend from the same terrible fate he suffered from.

BEFORE SUNRISE: A conversation-centric movie which revolves around how an American man and a French women connect in the picturesque city of Vienna which over time blossoms into a realistic, beautiful love story.

BLUE LAGOON- THE AWAKENING: Two teenagers must learn to adapt and survive in a remote island after they accidentally get stuck there. They start to fall in love but is love enough to sustain out there alone?

romance

popcorn

sci-fi

READY PLAYER ONE: In the future, where the real world is awful, people escape to the OASIS, a virtual reality created by a genius named Halliday. When Halliday dies, he leaves a digital treasure hunt behind and the winner will get his fortune.

ARRIVAL:

The film follows a linguist enlisted by the U.S. Army to discover how to communicate with aliens and why they have arrived on Earth, before tensions lead to war.

EDGE OF TOMORROW:

What would you do if you were able to live the same moment again and again? How about when your planet is under attack by an alien species, it's the end of the world and you're the only one who can save humanity? Now, is that a Sophie's choice?

DONNIE DARKO:

The namesake is a troubled teenager who is warned by a large, disturbing bunny rabbit that the world is going to end in precisely 28 days, 6 hours, 42 minutes and 12 seconds. Will he figure out what needs to be done in time or will there be a world apocalypse? One word- Time travel.

drama**THE DEVIL WEARS PRADA:**

A young hardworking woman moves to New York with big dreams and aspirations to work under a ruthless, arrogant and cynical boss.

LION:

Saroo gets separated from his family at the age of five and ends up being adopted by an Australian couple. However, he returns to India 25 years later to search for his birth parents.

LADYBIRD:

Focused on a mother-daughter relationship and a Catholic schoolgirl navigating her way through the terrifying thing that is adolescence.

POP CORN action**TRUE LIES:**

A secret agent who's latest mission is to catch a terrorist who's going to plant a nuclear bomb ends up accidentally involving his family too. Will he be able to save the world and his family or none?

TAKEN:

An ex-Secret Service agent's daughter is abducted by human traffickers while on a trip to Paris. With almost no information on her whereabouts, he travels to Paris to find and save her.

THE OTHER GUYS:

Two underrated cops are assigned a task to investigate a case involving a shady capitalist. They must put aside their differences and turn into the officers they idolise.

AIR FORCE ONE:

When the Air Force One is hijacked by a group of terrorists holding the people on the plane hostage in exchange for the release of their General, the President is left all alone to save his people.



The Feeling

I Don't want to be the star
 that people only wish to reach...
 But I would love to be a tree
 Which grows a leaf once again every spring...
 So it can find a new joy everytime...!!!
 I am not and never was on cloud nine...
 But actually am still around
 just on this earth.....
 Where every wave touches my feet
 And the autumn breeze can carry my feel...!!!

By M. Vaishnavi ECE-B (2/4)

The Next Time You Look In The Mirror

The next time you look in the mirror
 I need you to see someone who survived,
 not someone who was broken.
 I need you to see the faith you had,
 despite the betrayal you got.
 I need you to see the warrior you still are,
 inspite of all the battles you lost.
 The next time you look in the mirror,
 I need you to love whom you see
 instead of lamenting who you couldn't be.

By Manasvi Rao CSE-B (2/4)

HOW FEMINIST DYSTOPIAN FICTION IS CHANNELING WOMEN'S ANGER AND ANXIETY

On a desolate island, three sisters have been raised in isolation, sequestered from an outbreak that's causing women to fall ill. To protect themselves from toxins, which men can transmit to women, the sisters undergo cleansing rituals that include simulating drowning, drinking salt water and exposing themselves to extreme heat and cold. Above all, they are taught to avoid contact with men.

That's the chilling premise of Sophie Mackintosh's unsettling debut novel "The Water Cure," a story that feels both futuristic and like an eerily familiar fable. It grew out of a simple, sinister question: What if masculinity were literally toxic?

"The Water Cure," which comes out in the United States in January and was long-listed for the Man Booker Prize, joins a growing wave of female-centered dystopian fiction, futuristic works that raise uncomfortable questions about pervasive gender inequality, misogyny and violence against women, the erosion of reproductive rights and the extreme consequences of institutionalized sexism.

For Ms. Mackintosh, those questions don't feel abstract.

"Building off the idea of toxic patriarchy, I decided to make it more solid and physical, because sometimes it does feel physical," said Ms. Mackintosh, who lives in London. "I felt like I didn't need to invent a disaster, because there was already a disaster happening."

This new canon of feminist dystopian literature – which includes works by up-and-coming novelists like Ms. Mackintosh and Leni Zumas, as well as books by celebrated veterans like Louise Erdrich and Joyce Carol Oates – reflects a growing preoccupation among writers with the

tenuous status of women's rights, and the ambient fear that progress toward equality between the sexes has stalled or may be reversed. Most of these new dystopian stories take place in the future, but channel the anger and anxieties of the present, when women and men alike are grappling with shifting gender roles and the messy, continuing aftermath of the MeToo movement. They are landing at a charged and polarizing moment, when a record number of women are getting involved in politics and running for office, and more women are speaking out against sexual assault and harassment.

At a time of increased unease about parity between the sexes, both new and classic dystopian novels seem to be resonating with readers and critics. Ms. Alderman's novel, "The Power," a twisted feminist revenge fantasy set in a world where women develop the ability to deliver an electric shock, has sold hundreds of thousands of copies and is in development as a television series.

At the same time, readers are embracing classics of the genre that have taken on new significance in today's political climate. Margaret Atwood's 1985 novel "The Handmaid's Tale," set in a future theocratic state where women are treated as reproductive slaves, has sold more than 3.5 million copies in the United States since 2017, bringing total sales to more than five million, and was adapted into an award-winning television series.

N.Mary Satya Shree
2/4 CSE-A

#CONTROVERSY

Lipstick Under My Burkha was off with a bumpy start when the Central Board for Film Certification (CBFC) decided to put a hold on the release of the movie, claiming that the film was too "lady-oriented". It seeped into fantasy and that it could "hurt the sentiments of certain communities".

It's the patriarchy. We live under a patriarchal rule, so when women-oriented films are released, there's always controversy. When women start talking about their desires, their likes, their freedom, it's unexpected. Women are shunned from having desires of their own.

When it comes to women, she is either a martyr of a mother, the sacrificing wife or the virtuous lover. She is supposed to be a projection of what the society wants her to be. In plain words, a woman is supposed to be the "Sati Savitri".



India Censor Denies Release Of 'Lipstick Under My Burkha'; Cites "Lady Oriented" Story



by Nancy Tartaglione
February 23, 2017 4:52am



- FILM
- ANIMATION
- BREAKING NEWS
- CONTROVERSIAL
- CBFC
- LIPSTICK UNDER MY BURKHA



Four women, four stories, and all of them are linked by desires, craving for affection, breaking free from social norms, the battle within to achieve bliss. They struggle to get their most natural desires of sex and freedom fulfilled. They deceive their watchers in different ways to enter a ground with open sky where their feet are free and wings are to fly.

A young student with countless dreams, a housewife longing for the tender love of her husband, a middle-aged woman deprived of physical pleasures for years and a young woman yearning to stand on her own try to find different hacks to break the chains of morality and customs that stop them from doing this all.



What makes Lipstick Under My Burkha the film it is, is the upfront, frank manner in which female desire and fantasy are treated, running like a strong, vital thread through the film. Dreams can keep you alive, and age is just a number. The awakening of Buaaji, who has almost forgotten her name, is a revelation, crafted from pulpy, erotic literature, a girl called Rosy who is free to love and lust, and a well-muscled swimming coach.



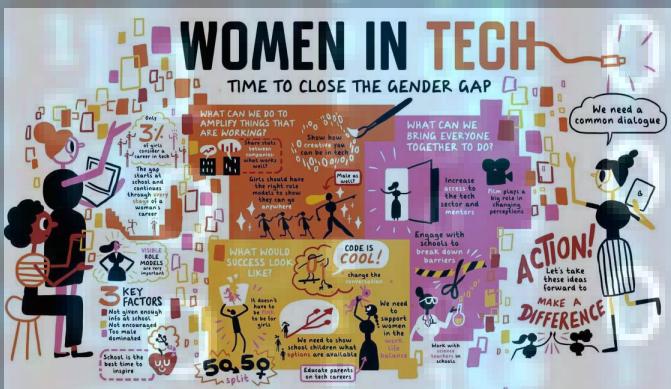
The deep red lipstick becomes the color and mode of rebellion, giving us a hint of what goes on inside—the turmoil, the pain, the swallowed humiliation, the unshed tears, the unspoken resentment, and anger. The women portraying these lives on screen, give lipstick....it's true color.

Programming: A Man's Game?

“You're the odd man out,
as a woman.”

Looking at the title, you might be wondering if it really is true? Is programming really a “man's game”? Surprisingly, numerous people do believe that to be a fact. Why is this notion so popular when the person considered to be the first programmer was a women? Simply put, it's all due to the influence of society.

Despite the need for programmers in this digital age, the majority of employed programmers continue to be male. In the UK, 84% of IT professionals are male, i.e, for every 4 female programmers there are 21 male programmers! Even though females have just as much, if not more, intellectual prowess than men, this is the disheartening situation in today's day and age.



There are several reasons to explain this- one of them being male chauvinism. Male chauvinism is the belief that women are naturally less intelligent, important or able than their male counterparts. This heavily contributes to the situation being discussed.

Even with the transition from a male dominant society to a significantly more equal opportunity-bringing society, this reprehensible ideology still prevails.

Negative stereotyping is one of effects of male chauvinism. For example: The default assumption for a male intern at a software company would be that he's a competent programmer, whereas, a female intern would have to go the extra mile to “prove her capabilities”.

Lack of gender diversity also plays a sizable role in the drastic difference in the male to female ratio in the tech industry. This lack facilitates the tainting of the image of being a programmer in such an environment. This results in a cycle of women choosing to pull out of getting involved in such a male dominated industry.



The image of programmers being “geeks” or “nerds” still lingers around. Women in the computer industry are depicted to be unattractive, and socially awkward in pop culture, leading to the perpetuation of unwanted stigma around female programmers. This conception is ingrained into the minds of women of all ages and further dwindle the desire of becoming a programmer.



One of the main method to combat this gender gap in the programming scene and to “level the playing-field”, is to let them have exposure to coding/programming at an early age.

We can achieve this through multiple strategies, including reconstructing curriculum and utilizing nontraditional recruitment strategies for high school applicants.

Creating more female programmers means there will be more role models for the future generations of girls to be inspired by, furthermore transforming the number of females in the tech industry.



-AFRAAH SHAIK CSE-A (2/4)

THE NAKED TRUTH

Child pornography is pornography that exploits children for sexual stimulation. It may be produced with the direct involvement or sexual assault of a child or it may be simulated child pornography. Abuse of the child occurs during the sexual acts or lascivious exhibitions of genitals or pubic areas which are recorded in the production of child pornography. Child pornography may use a variety of media including writings.

Most possessors of child pornography who are arrested are found to possess images of prepubescent children; possessors of pornographic images of post-pubescent minors are less likely to be prosecuted, even though those images also fall within the statutes.





Child pornography is illegal and censored in most jurisdictions in the world. Ninety-four of 187 Interpol member states had laws specifically addressing child pornography as of 2008, though this does not include nations that ban all pornography. Of those 94 countries, 58 criminalized possession of child pornography regardless of intent to distribute.

Federal laws addressing child pornography are:

18 U.S.C. § 2251- Sexual Exploitation of Children

(Production of child pornography)

18 U.S.C. § 2251A- Selling and Buying of Children

18 U.S.C. § 2252- Certain activities relating to material involving the sexual exploitation of minors

(Possession, distribution and receipt of child pornography)

18 U.S.C. § 2252A- Certain activities relating to material constituting or containing child pornography

18 U.S.C. § 2260- Production of sexually explicit depictions of a minor for importation into the United States

By Ch. Hari Priya EEE-A (2/4)

Women are playing today, and leading tomorrow

" IF AT FIRST YOU DON'T SUCCEED, FIX YOUR PONYTAIL AND TRY AGAIN".

In recent decades, sport as a social practice has become relevant in many different fields. Sport involves not only organization but also organizing. Sport is about organizing collective efforts and performance.

Women's participation in sport has a long history, marked by major accomplishments by female athletes, important advances for gender equality, empowerment of women and girls, as well as division and discrimination.

Gender discrimination has been a major topic over the years, as women were often considered too weak for sport, particularly in endurance events such as the marathon, weightlifting and cycling. Where is the women's sport prominently displayed with men? Tennis is the only thing I can think of. In the past, it was often argued that sport was harmful for women's health, especially their reproductive health.



People often place lower value on women's sport, which results in inadequate resources as well as unequal wages and prizes. In addition, in media, women's sport is marginalized and often represented in a different style, reflecting and reinforcing gender stereotypes. These mentioned heroes aren't just winning in the sports field, but also motivating us to be better people.

Chasing the dream.

As a young teenager in Kabul, Afghanistan, Hajar Abulfazl occasionally took an unconventional route to soccer practice.

Abulfazl had to sneak out of the house to play soccer because her uncle had come over and was blocking the front door. He was there often, to tell her to stop playing sports.

“He’d say, ‘Hajar, it’s against Islam for a girl to do that, you can’t do that,’ ” said Abulfazl, who works at Child Advocacy and Women’s Rights International, a nonprofit organization based in Washington.

Abulfazl, who is now 24 and a medical doctor, played for the Afghanistan women’s national soccer team for nearly a decade.

She did not understand his logic — she said she could not find anything in Islam that said girls should not play sports. Yet she couldn’t reason with her uncle: His point of view was ingrained in the patriarchal Afghan culture that existed even after the Taliban fell in 2001.

And that’s exactly why Abulfazl slipped out that window to play soccer.



“I wanted to use the power of sport to show the power of women to people,” “I know the benefits of sports and people can’t hide their eyes to it. You learn how to be a hard worker and how when you lose, you learn to work harder to be successful the next time. It makes you feel like you can do anything. I couldn’t have learned that without sport.”



Yet in so many places around the world, girls and women either don’t have access to sports, or don’t have the same access as boys and men. That means a big chunk of the population lacks the benefits that go along with exercise. For those women who do want to participate in sports, sometimes it’s a challenge, and sometimes a risky one.

Have you heard the one about the woman and the car?

"When I was 13 years old, I had the dream of making it," admits former racing driver Susie Wolff. Making history in 2014 when she became the first woman in 22 years to drive in a Formula One weekend, Wolff had always dreamt of getting behind the wheel ever since she witnessed a youthful Jenson Button win in Formula 3 when she was just a teenager. "That's when I realised I could actually make a career out of racing and be a racing driver...the goal was really born in my head at 13."



Working her way through karting championships from a young age, just as any driver does, Wolff eventually made her way into single-seaters in 2001 with Formula Renault. Within just four years, she made the jump to the British Formula 3 Championship before getting her break into the German Touring Car (DTM) championship in 2006, just one year later. "That didn't just change the course of my career, it changed the course of my whole life," she admits.

Despite retiring from a successful career in racing in 2015, Wolff's work is far from finished. The former driver has been busy inspiring the next generation of women in motorsport with her charity Dare to be Different (D2BD).



When asked, "Do you think you faced more challenges as a woman?" She said "I can't judge that because I don't know how many challenges a guy faces. I would like to think it was the same for every driver. The one advantage of our sport is that we wear a helmet on track, so you don't see the gender."

Very early on in my career, I realised that because of the extra attention I was getting due to being a woman, I just had to focus on the performances. I knew that as long as I performed on track everything else would fade away, so that's what I tried to commit myself to - just performing on track and not allowing the noise of my gender to distract me."

Dhing Express.

Born in a poor family in the Nagaon district of Assam, sprinter Hima Das has enjoyed a meteoric rise. On Thursday evening, she created history in Tampere, Finland by winning the gold medal -- the second by an Indian athlete -- in the women's 400 meter event at the IAAF World U20 Championships.



Hima has improved considerably from the Commonwealth Games earlier this year where she finished sixth in the women's 400m with a time of 51.32 seconds. Hima's achievement is all the more remarkable since she started using spikes only a couple of years ago.

The youngest of six siblings, Hima's talent was first spotted during an inter-district meet in 2016.

Due to the absence of a running track, she had to train on a muddy football field. Despite the lack of facilities and training equipment, she took bronze in the state meet and reached the 100m final at the junior nationals later that year.

Interestingly, Hima used to play football earlier and had dreamt of representing India in football. She had switched to athletics only two years ago. According to a report in Times of India, she shifted to football "at the behest of Shamshul Sheikh, a teacher in Jawahar Navodaya Vidyalaya, who was impressed by her speed while playing football."



She also adds that she is called 'Dhing Express' in her village and that she is also "a socially conscious teenager who took the lead in demolishing country liquor vends in her village Dhing and its neighbourhood."

With the success at World U20 Championships making her a favourite for the gold at next month's Asian Games, both Hima and her millions of fans back home will be hoping for more than one medal at the continental extravaganza.

-Sanjana Karra ECE-A (2/4)

YOUR WORDS, LIKE DAGGER

"You punch like a girl."

Yeah, I do punch like a girl, and it will hurt. So next time, modify your choice of words or else you might just find out what it feels like to be punched "by a girl."

"You're a woman going to medical school? So you want to be a nurse?"

First of all, educate yourself. Nurses go to nursing school, doctors go to medical school. Second, this is not 1960, women can be doctors too and men can be nurses. It's the 21st century, people!

"She's too muscular, she looks manly."

Since when is being muscular something exclusive to men? Looking healthy and taking care of your body should be a thing for both men and women.

"Stop being a pussy."

I would first like to point out that this phrase is used to call someone "weak" yet there is absolutely nothing weak about a pussy. We all know that a women is strong enough to push out a whole human from her body. So why are we describing a weak person as a woman's genitalia? Just take a second to think about that.

"Stop being a bitch."

First of all, the word bitch describes a female dog, yet is used to describe someone who is fussy and mean. How is someone who is fussy and mean comparable to a female dog? What about a male dog? They can be fussy and mean as well.

You see, all these insults revolving around female traits and stereotypes hold no truth and are just hurtful. Maybe if we started thinking before we speak and truly caring about the implications of our words and how nonsensical they are, it would spark a change. If everyone was just slightly more conscious about the words they say to one another the world would be a better place.

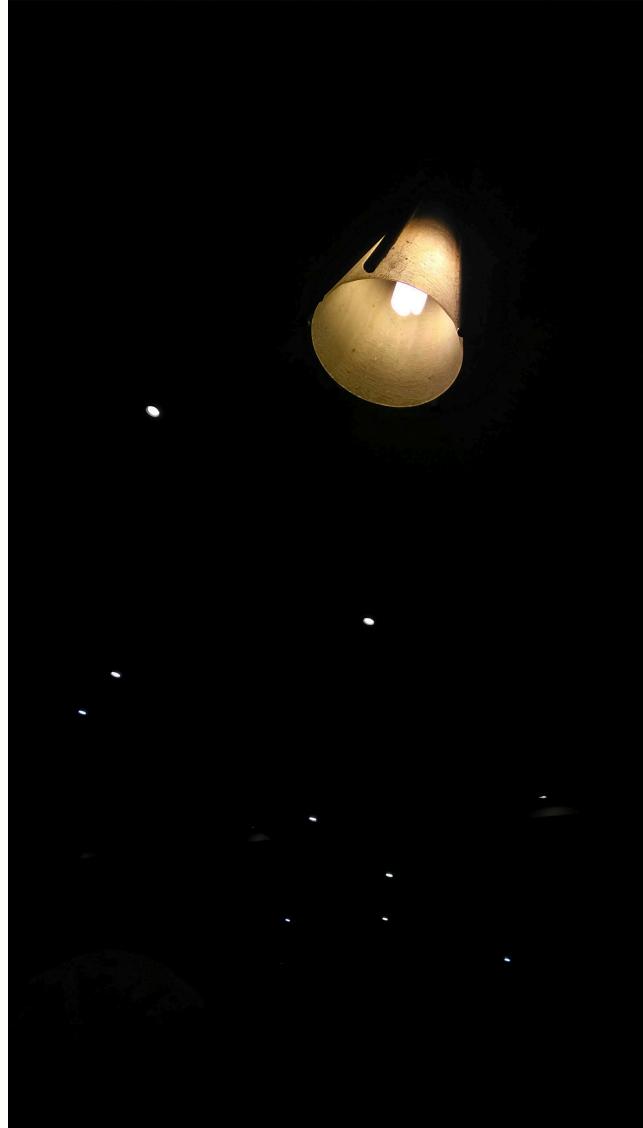
Today, that change starts with you. If you are reading this article take it upon yourself to correct your own verbal actions and those of others around you. Be the change you want to see in the world.

Contributions



Gatiganti Sridevi

CSE B



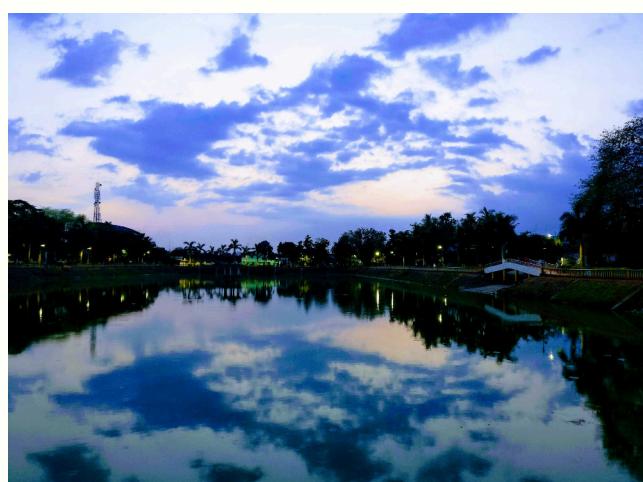
Bhavya Singh

CSE C



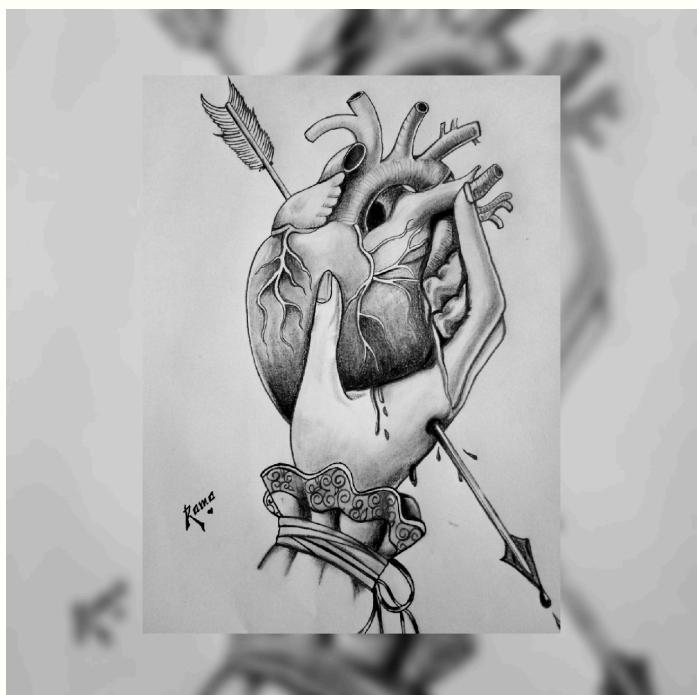
Bhavya Singh

CSE C



Gatiganti Sridevi

CSE B



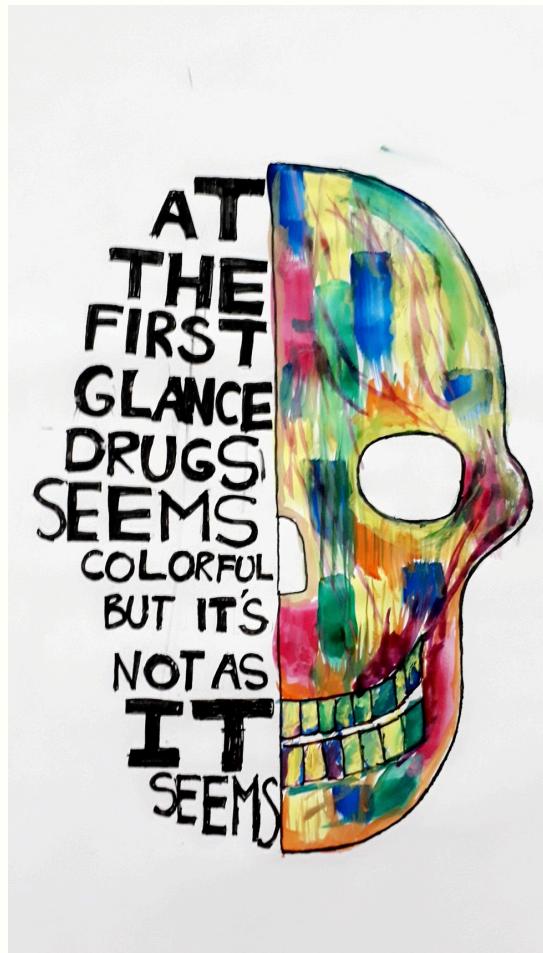
Rama Devi

CSE B



Sanjana Reddy

CSE B



Heenisha Reddy B

ETM



K.Poojasree

ECE B



K.Poojasree

ECE B



Nalam Vaishnavi



Apurva

APURVA

CSE C



Rama Devi

CSE B

THE WE FAM



PRUSNI BANDELA

Greetings Everyone!

Too formal? Scratch that.

Hola, this is Afifa Siddiqa, the Literary Representative of CSE-B

(2/4). Now, this seems more like me. I am an absolutely optimistic person with a lot of humour in my veins. I am one of those girls who totally wanted to become an Astronaut when I was little.

I have two moods, happy or hungry, there is no in between, and if you buy me a Pizza or Shawarma, I will always remember you in my prayers. I read books and binge watch TV series. I want to visit every single beach in the world and sit at its shores, watching the sunset with a book in one hand and a cup of coffee in the other. In my free time, you'll probably find me lazing around scrolling through my news feed or fangirling about my favorite series or book. When I look at my past and compare my present, I've grown a lot as a person and I think my confidence and knack of spontaneity is what defines me.

Literaria Clava has given an opportunity in the form of WE Magazine which made me explore my capabilities that I didn't know I was capable of and I'm really glad that I am a part of this wonderful club.

Hey! I'm Sai Prusni, literary representative of CSE-C 2/4.

One sentence into this, I got distracted and ended up watching a youtube video, unlike most people in Literaria Clava I don't like writing. I can be anything from having absolutely no confidence in myself to being overconfident. I am someone who doesn't have favorites. I absolutely love speaking and will wholeheartedly discuss art, culture, and politics and find people fascinating. Documenting and sketching/painting, for now, makes me happy I get bored of things as fast as I venture into new fields. Like most people, I love animals and water. I would someday want to own an open-top jeep. When I look back at my life, it makes me happy to see how much I have grown as a person and I can never be thankful enough to everyone and everything that contributed. On a side note, I'm not just my Instagram. I am an ocean.



AFIFA SIDDIQA



CHARISHMA REDDY

Hey there!

I'm Charishma, literary representative of ECE B (2/4). I prefer my nickname "Cherry" and just about everyone apart from a few teachers calls me by it. You'll always find me laughing around and talking or doodling on the last page. Reading is my escape from engineering. I first started reading in class five and was hooked ever since. I have a secret crush on painting and experiment with colors when no one is around. Watching Web series and reading poetry blogs on Instagram are my fun ways of passing time. Literaria Clava is one of those things that keep me excited and engaged. The one thing I would like to do before I leave this world is travel everywhere and make friends in every country I stay in. Skydiving is my number one in my bucket list, followed by traveling.

Hey guys! I'm Vaishnavi a literary representative from the

Department of CSE, section B, and the class of 2021. I'm an

extrovert with a love for debate and passion for public speaking. I get my adrenalin rush from standing on that stage in front of a thousand people. My confidence, my pragmatic nature, and my drive toward success are what

keep me going every day. When I retire, you could probably find me peering out the window holding a Harry

Potter book in my hand with a cup of green tea on the side. Fun facts, actually I would call them lazy facts, about me: I have watched every single English TV series you can

probably name. I can sleep for fourteen hours, but can also survive a day with two hours of sleep. I hate the color yellow because it looks like poop. Writing has always been

a pastime of mine especially suspense stories. I am grateful to be part of Literaria Clava for giving me the platform to do what I like the most--be creative.



VAISHNAVI BABERS



QHUDSIA JAHAN

Hey there! I am Qhudzia Jahan, Literary Representative of CSE-C (2/4). I'm creative, proactive, optimistic and a happy-go-lucky girl. I am always up for helping people. My love for literature and books is unending. I love reading novels whose genre is Fantasy, Horror, and Thriller. I make people around me laugh and that gives me utmost satisfaction. I wish to become a comedian in the future and make others laugh to the fullest. I have very good imagination skills, at times this turns out to be a bit problematic as I'll have to control my laughter if I imagine something really funny. My inspiration is Ranveer Singh; the way he deals with all the criticism by the judgmental people is just beyond one's imagination. I believe that the true purpose of life is finding oneself, and the field where one can excel. Literaria Clava is the best thing happened to me and I know that this is the opportunity to explore new things and bring out the best in me. Usually, we all do the work which we love with more passion and enthusiasm, and for me, this club is 'LOVE'.

H. Jackson Brown Jr. once said, "Life doesn't require that we be the best, only that we try our best". Many of us find our peace in these mere words. These words describe me in total. For most of my life, I've been a quote geek. Quotes by both ordinary and great people are words of mute power. I guess both power and alleviation.

Hey I'm Afia Simeen, Literary Representative of CSE-C (2/4). I describe myself through quotes, books, and my varied interests. I have many interests. From being the silent avid reader, I've come to try my hands on things like stand-up comedy. Most of the times I like to settle me in my comfort zone of writing. I don't write great stuff, but I write because I like it, that's why I call it comfortable. I'm yet to find my inclination towards that one interest but I'm happy in whatever I do



AFIA SIMEEN



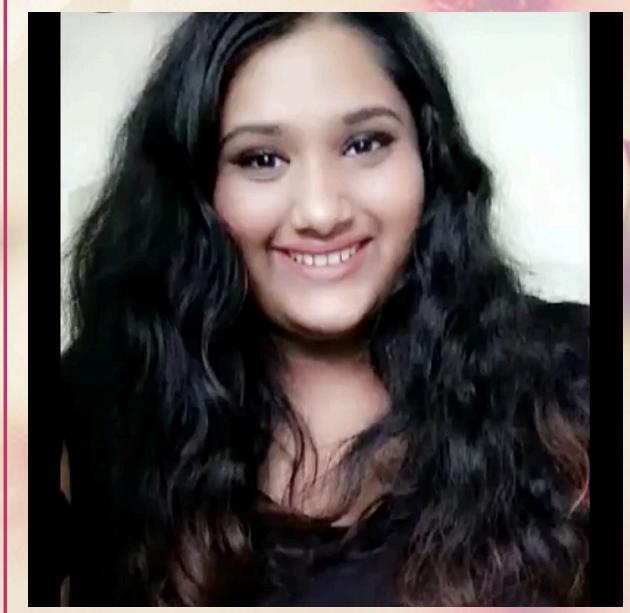
ANJALI YERABATI

Bonjour everyone! My name is Anjali Rao Yerabati, and I am the literary representative for CSE-B (2/4). I am known for foreign accent and my insensible puns.

Being an Aquarius, my zodiac sign traits well define my personality. I enjoy reading realistic fiction novels and memoirs such as A Million Little Pieces by James

Frey and A Piece of Cake by Cupcake Brown; I absolutely enjoy writing too. My favorite thing to do in my free time is going to different restaurants and try different food, also cooking. When I was in 12th grade, I told my parents that I wanted to major in biochemistry and journalism, but then I ended up in engineering. Something that drives me absolutely nuts, is the thought of scratching the chalkboard with your nails. If I could describe myself in one word I would say "Bubbly", I am usually happy unless something or someone irritates me, but after a few seconds, I am back to my normal self.

Hey there! This is Shreya here(ece-c 2/4), Movie fanatic, conspiracy theorist, food enthusiast and most importantly: Literary representative! Not a book lover, but I'm all ears when it comes to great literature. Not to forget, I've got an eye for art- there's something about art that is beyond human understanding and that's what makes it breathtaking. So here I am, struggling to keep my sanity between academics, extracurricular and social life, but what keeps me going is the kind of people I'm surrounded with, the kind of people that hold your broken pieces together , the kind of people worth living for and surprisingly I found quite a number of those people in this very college! In the end, I'm just an aspiring engineer with big dreams and an even bigger appetite!



SHREYA SIVARAM



Hey there! I'm Anvitha Gorrela, literary representative of ECE B (2/4). I am a happy-go-lucky person. You can either find me deeply engrossed in a book or binging on the latest TV shows. I never miss a chance to catch up on debates on current affairs. Oh, by the way, I love to be clicked! From being a part of the lit family to writing this paragraph for the WE magazine, I can say that this journey has been a delightful one!

ANVITHA GORRELA

Hey! I'm Jahnavi Eskala, literary representative of ECE-C (2/4). I pretty much breathe by reading books and watching movies and that's the sole reason which drew me to the amazing club, that is Litereria Clava. I live for moments where something extraordinary can happen. There is just something so magical about stories; a beautiful escape is what it is for me, an escape from a boring routine, an opportunity to experience a new world of emotions, and getting one step closer to the unknown. My friends are everything to me and I am super-into astrology (Libra fam :p) and hope to master it someday. On that note, I am capable of being social but choose not to on most occasions. Academically, I did not choose this engineering life but clearly, it chose me so I might as well make the best out of it while I'm at it. My little dream is to write one of the best novels someday. One day.



JAHNAVI ESKALA



Hey guys , this is Deeksha. I am a literary representative of EEE A 2/4. I listen to a lot of music and read books but the only thing which describes me is sports! Yes, I am a sports person who started playing volleyball since my 5th grade. Reading books is like yoga for me, which calms down my mind. I like other people being happy. If someone is down, it breaks my heart. The motto of my life is," Failure is the first step for Success".I love my country, INDIA. #proudindian

DEEKSHA LAVETI

• •

Hey there! I am Deeptha Manisha, literary representative of EEE 2/4. I am a passionate bibliophile and the reason I loved literary club is everyone here is a reader and it gives a chance to express yourself ! I have started reading books in 7th grade and that's when I realized my love for reading! I read any genre I come across and I love analyzing the story as well! And I love traveling as well and I am constantly trying to think of new places to visit because I strongly believe 'when you see and go around, you will know your dreams better'



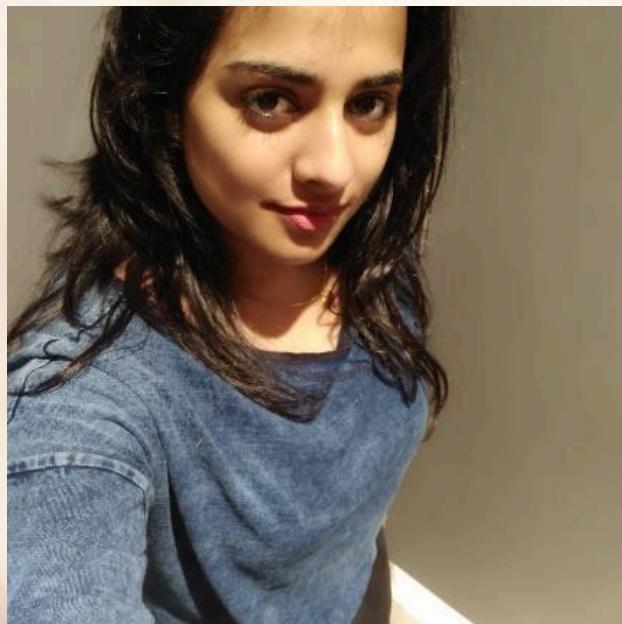
DEEPTHA MANISHA

Heya! I'm Sravya Patnaik, literary representative of ETM 2/4. I am a friendly, confident, happy-go-lucky person. I love exploring and learning new

things, you'll always see me trying to learn something all the time and Literaria Clava had always allowed and helped each one of us to learn something new. In my free time, I Netflix and chill and you see surrounded by novels and books, a mystery has to be my favorite genre. If not books i read on wattpad and sometimes write too. Apart from that I also love dancing and have an interest in cooking. but I don't cook, I only eat!:P .I'm a great enthusiast and I get easily motivated to do anything!.



SRAVYA PATNAIK



Hey there! I'm Susmitha Navuluri, literary representative of CSE-B 2/4. If I had to describe myself in a few words, I would say that I'm a people's person. I have many nicknames, of which the most common is "Sush". I am confident about myself and would like to think I'm upbeat and outgoing to an extent. I prefer books over movies and although I'm a romantic person I love watching action and horror movies, oh and I'm a definite foodie and love all things non-veg! My wildest fantasy is and has always been to tour the world, and I like to think that one day I will. What I hold most valuable is my family followed by friends and animals. I always dream of making lifelong friends and going into business with my brother. This sums up my life in a few lines.

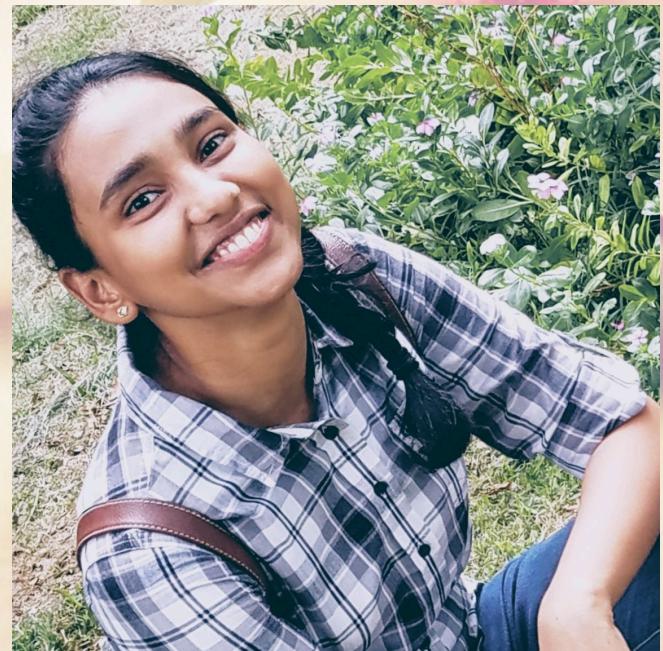
SUSMITHA NAVULURI



In a world not so far from here is where you find me. In solitude, I find my solace, in people I find my strength, in stories I find my inspiration, in life I find my bliss. Importantly I'm an 18-year-old dreamer with 80-year-old body aches. Now this is me

HARI PRIYA TRINITY

I'm Sanjana Karra and I'm Literary representative of ECE-A 2/4. I believe life is too short to be serious all the time. Very light hearted and sportive person. I passionately learn new things. I'm not a technical person at all... that stuff flies over my head. I get irritated very easily, which I know is a bad thing and I'm trying to change it. I love reading books and science fiction and thriller are my favorites. I occasionally play basketball. I'm an agnostic, but I believe there is some force in this universe that drives us. I speak fluent sarcasm and I love spending time with my family and friends.



SANJANA KARRA



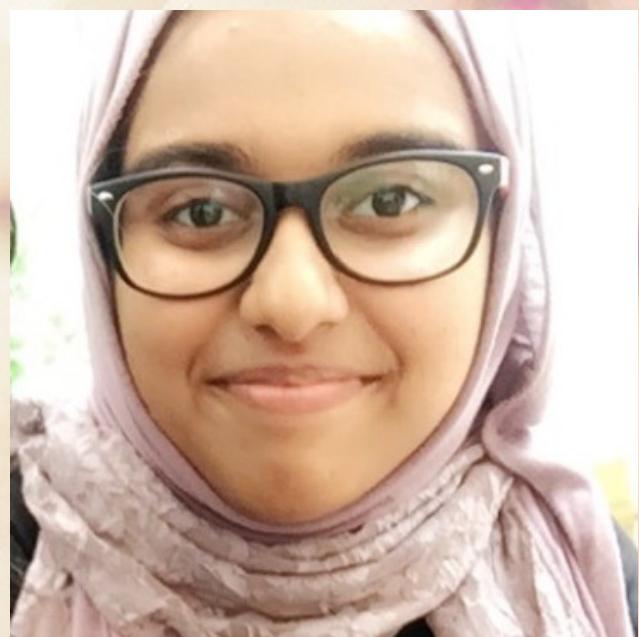
SRAVYA CHERUKUPALLY

THE POET FROM THE HEART

Hey everyone! I'm Sravya Cherukupally from the Department of CSE, 2nd-year B.Tech. I am a literary enthusiast who always has a pen and a book in handy. I'm a poet and I pen down my thoughts whenever I feel like, and eventually, those words with little bit changes, become poems. I have a personal blog on Instagram and yourquote.in. I loved writing since I was very young and Literaria Clava made me feel more and more addicted to Literary work. I love reading novels and feeling lost in the brilliant world of different scenarios and characters. I feel that writing relieves stress and makes one more confident. Books seem to be my best friends when I'm bored. I have many hobbies like painting and singing, which I practice during vacations. I love organizing and conducting events. I'm also interested in social service. I am open-minded and very friendly. I love Literaria Clava and I'm delighted to be a representative of the club. I love interacting with different kinds of people and exchanging ideas and working together, the chance to do what I wanted to do was provided by Literaria Clava.

Hello! I'm Afraah Shaik, literary representative of CSE-A (2/4). I'm someone who loves to learn new things and is in constant search for answers to

boggling questions. Learning and sharing intriguing information is the reason why I love reading. I remember being fascinated by words and letters ever since I learned how to read. I started reading everything, from the library books on the highest shelves to the back of shampoo bottles! The idea of these strange symbols being able to mean something really excited me. I firmly believe that reading books can change one's life. When I'm not curled up in my blanket reading a book, you can find me trying out new food, watching k-dramas/movies, journaling or baking chocolate cupcakes.



AFRAAH SHAIK



Hey everyone! I'm Sahithi Chitturi, literary representative of IT A(2/4). The things capable of waking my lazy soul; a cup of coffee, music, and books. I love reading mysteries and quotes. You can find me on YourQuote by the pseudonym Star Wish. Being a part of literaria clava, I've seen the fun side of being a bookworm. My motto "You might succeed or fail, but that won't change the fact that you tried."

SAHITHI CHITTURI

Hey there! I am Shravya Vadali, the LR of CSE A (2/4).

You want me to tell you something about me? Here we

go...I am basically a book lover. Let me tell you,

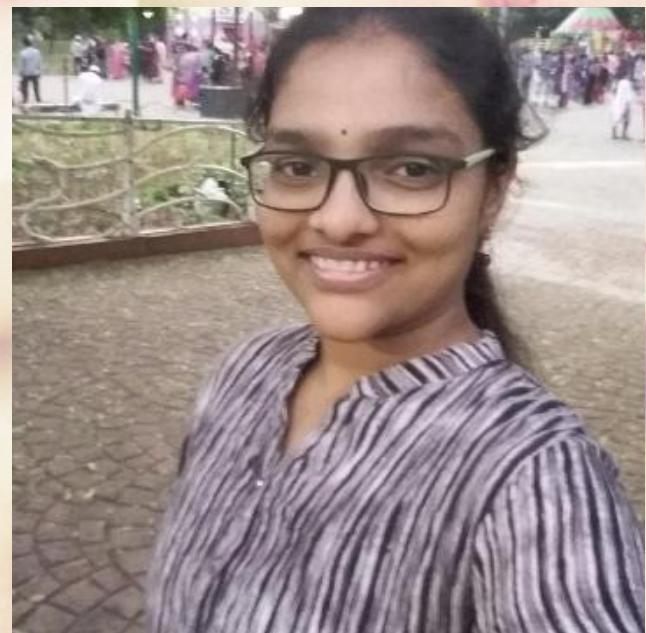
Literaria Clava is a family. Being with people who understand my nerdishness and encourage me is really a blessing. Hmm, if I have to describe myself in three words they would be a book lover, wanderer, and a naturalist. I can even peg myself as a deep thinker. I can be often seen staring into the air, lost in my own world. I love action movies. If you see me watching action movies, you better put something in your ears

because I end up shouting in encouragement all through the movie. I like to explore new places and get lost in the streets. I have a thing for bikes and cars, so much that I keep on staring at them, admiring their creation and existence in this world. I am a lover of sports too, especially when it involves cricket and football. I write short stories and poems. I am

currently writing a novel-a trilogy to be specific, and I

enjoy every moment of my life. My motto in life is 'Forgive but never Forget'. I like listening to people talk about themselves, their cultures, traditions and birthplaces. If you want to talk to me, don't hesitate, you are always welcome to talk. Let me take my leave

now. Bye, see you soon!



SHRAVYA VADALI



Hey Everyone!!!! I am Mary from CSE-A (2/4). It's been a year that I have been part of this beautiful family(LIT Club).

I'm a book Freak. I love reading English classics.

Photography is my favorite pass-time. For me, Life is all about understanding our original identity, about nurturing our real-selves, the being beyond body and mind. LIT club so far has been a wonderful experience of togetherness. It's far more impressive when other's discover our good qualities..So,let us discover all the goodness around us

MARY

I'm Vinisha, literary representative of EEE B. I am modest and hard working. I consistently set firm goals for myself and work on them. I started reading books as a hobby but soon realized that it was much more than that. My love for reading paired with my active imagination, allowed me to journey beyond four walls into a different world. I love to go shopping and see what catches my eye. And, I love sketching in my leisure. My love for the language grew when I got a distinction certificate for 'Trinity college of London' in my 8th grade and I was an active participant in English Olympiads conducted at different levels in my school. What I firmly believe is ' Consistent Hardworking can help you reach your goals'



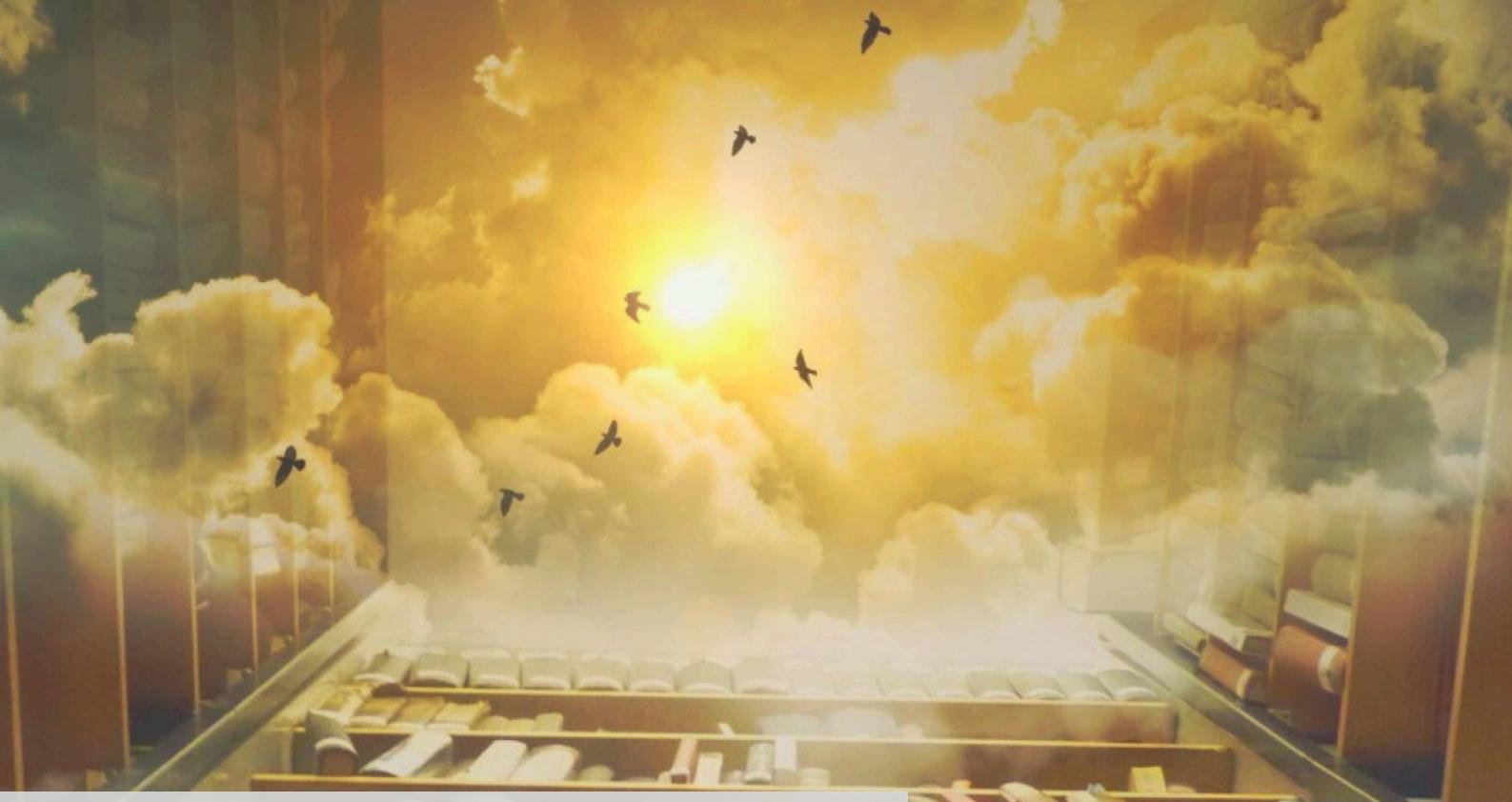
VINISHA

MARAMRAJU



VARINI

Hello Readers! I am Srivarini Mandali , Literary Representative of IT-B(2/4). My versatility got me into the world of words and from then I started rejoicing literature.I have been inspiriting and relishing, even more, when I have been part of debate and essay competitions. Being a Literary representative has always been challenging to propound our ideas. Apart from these, I am a shopaholic, foodie and I love exploring new vicinities. I strongly believe that "There are many things that seem impossible only so long as one does not attempt them."



*"The only
time you
should ever
look back is
to see how
far you've
come."*





"We do not need magic to change the world, we carry all the power we need inside ourselves already: we have the power to imagine better."

-J.K. Rowling