# **Unsupervised Domain Adaptation with Dynamics- Aware Rewards in Reinforcement Learning**

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#### **Abstract**

Unsupervised reinforcement learning aims to acquire skills without prior goal representations, where an agent automatically explores an open-ended environment to represent goals and learn the goal-conditioned policy. However, this procedure is often time-consuming, limiting the rollout in some potentially expensive target environments. The intuitive approach of training in another interaction-rich environment disrupts the reproducibility of trained skills in the target environment due to the dynamics shifts and thus inhibits direct transferring. Assuming free access to a source environment, we propose an unsupervised domain adaptation method to identify and acquire skills across dynamics. Particularly, we introduce a KL regularized objective to encourage emergence of skills, rewarding the agent for both discovering skills and aligning its behaviors respecting dynamics shifts. This suggests that both dynamics (source and target) shape the reward to facilitate the learning of adaptive skills. We also conduct empirical experiments to demonstrate that our method can effectively learn skills that can be smoothly deployed in target.

# 1 Introduction

Recently, the machine learning community has devoted attention to unsupervised reinforcement learning (RL) to acquire useful skills, ie, the problem of automatic discovery of a goal-conditioned policy and its corresponding goal space [7]. As shown in Figure 1 (left), the standard training procedure of learning skills in an unsupervised way follows: (1) representing goals, consisting of automatically generating the goal distribution p(g) and the corresponding goal-achievement reward function  $r_g$ ; (2) learning the goal-conditioned policy  $\pi_\theta$  with the acquired p(g) and  $r_g$ . Leveraging fully autonomous interaction with the environment, the agent sets up goals, builds the goal-achievement reward function, and extrapolates the goal-conditioned policy in parallel by adopting off-the-shelf RL methods [36, 18]. While we can obtain skills without any prior goal representations (p(g) and  $r_g)$  in an unsupervised way, a major drawback of this approach is that it requires a large amount of rollout steps to represent goals and learn the policy itself, together. This procedure is often impractical in some target environments (eg, the robot in real world), where online interactions are time-consuming and potentially expensive.

That said, there often exist environments that resemble in structure (dynamics) yet provide more accessible rollouts (eg, unlimited in simulators). For problems with such source environments available, training the policy in a source environment significantly reduces the cost associated with interaction in the target environment. Critically, we can train a policy in one environment and deploy it in another by utilizing their structural similarity and the excess of interaction. However, it is reasonable to suspect that the learned policy overfits the training environment, the dynamics of which, dictating the goal distribution and reward function, implicitly shape goal representation and guide policy acquisition. Such deployment would then make the policy struggle to adapt to new, unseen environments and produce a large drop in performance in target due to the dynamics shifts, as shown in Figure 2 (top). In this paper, we overcome the limitations (of limited rollout in target and dynamics shifts) associated with the (source, target) environments pair through unsupervised domain adaptation.

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The standard unsupervised RL: Target learning skills for the **target** env.

1. Representing goals:

a) Learning p(g) in target env.

b) Learning  $r_g$  in target env.  $r_g$ Unsupervised domain adaptation RL: Target learning skills for the **target** env.

1. Representing goals:

a) Learning p(g) in source and target.

b) Learning  $r_g$  in source and target.

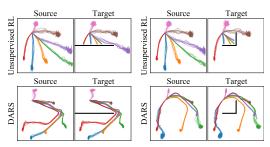
Figure 1: The training procedures of (left) the standard unsupervised RL in a single environment, and (right) the unsupervised domain adaptation RL in a pair of source and target environments. p(g): the goal distribution;  $r_g$ : the goal-achievement reward;  $\pi_\theta$ : the goal-conditioned policy.

2. Learning  $\pi_{\theta}$  in *source* env.

In practice, while performing a *full* unsupervised RL method in target that represents goals and captures all of them for learning the entire goal-conditioned policy (Figure 1 left) can be extremely challenging with the limited rollout steps, learning a model for *only* (partially) representing goals is much easier. This gives rise to learning policy in source and taking the limited rollout in target into account only for identifying the goal representations, with which to further shape the policy. As shown in Figure 1 (right), we represent goals in both environments while optimizing the policy only in the source environment, alleviating the excessive need for the rollout steps in the target environment.

Furthermore, we introduce a KL regularization to address the challenge of dynamics shifts. This objective allows us to incorporate a reward modification into the goal-achievement reward function in the standard unsupervised RL, aligning the trajectory induced in the target environment against that induced in the source by the same policy. Importantly, it enables useful inductive biases towards the target dynamics: it allows the agent to specifically pursue skills that are competent in the target dynamics, and penalizes the agent for exploration in the source where the dynamics significantly differ. As show in Figure 2 (bottom), the difference in dynamics (a wall in the target while no wall in the source) will pose a penalty when the agent attempts to go through an area in the source wherein the target stands a wall. Thus, skills learned in source with such modification are adaptive to the target.

2. Learning  $\pi_{\theta}$  in *target* env.



 $\pi_{\theta}$ 

Figure 2: Skills *learned in the source environment*, each represented by a distinct color, are deployed in the source and target respectively. *Top plots* depict states visited by the standard unsupervised RL method, where skills fail to run in the target environment. *Bottom plots* depict trajectories induced by policy  $\pi_{\theta}$  trained with our DARS, resulting in successful deployment in the target environment.

We name our method unsupervised domain adaptation with <u>dynamics-aware rewards</u> (DARS), suggesting that source and target dynamics both shape  $r_g$ : (1) we employ a latent-conditioned probing policy in the source to represent goals [29], making the goal-achievement reward source-oriented, and (2) we adopt two classifiers [10] to provide reward modification derived from the KL regularization. This means that the repertoires of skills are well shaped by the dynamics of both the source and target. Formally, we further analyze the conditions under which our DARS produces a near-optimal goal-conditioned policy for the target environment. Empirically, we demonstrate that our objective can obtain dynamics-aware rewards, enabling the goal-conditioned policy learned in a source to perform well in the target environment in various settings (stable and unstable settings, and sim2real).

#### 2 Preliminaries

**Multi-goal Reinforcement Learning:** We formalize the multi-goal reinforcement learning (RL) as a goal-conditioned Markov Decision Process (MDP) defined by the tuple  $\mathcal{M}_{\mathcal{G}} = \{S, A, \mathcal{P}, \mathcal{R}_{G}, \gamma, \rho_{0}\}$ , where S denotes the state space and A denotes the action space.  $\mathcal{P}: S \times A \times S \to \mathbb{R}_{\geq 0}$  is the transition probability density.  $\mathcal{R}_{G} \triangleq \{G, r_{g}, p(g)\}$ , where G denotes the space of goals,  $r_{g}$  denotes the corresponding goal-achievement reward function:  $r_{g}: G \times S \times A \times S \to \mathbb{R}$ , and p(g) denotes the given goal distribution.  $\gamma$  is the discount factor and  $\rho_{0}$  is the initial state distribution. Given a  $g \sim p(g)$ , the  $\gamma$ -discounted return  $R(g,\tau)$  of a goal-oriented trajectory  $\tau = (s_{0}, a_{0}, s_{1}, \ldots, s_{T})$  is  $\sum_{t=0}^{T-1} \gamma^{t} r_{g}(s_{t}, a_{t}, s_{t+1})$ . Building on the universal value function approximators (UVFA, Schaul et al. [35]), the standard multi-goal RL seeks to learn a unique goal-conditioned policy  $\pi_{\theta}: A \times S \times G \to \mathbb{R}$  to maximize the objective  $\mathbb{E}_{\mathcal{P}, \rho_{0}, \pi_{\theta}, p(g)}[R(g, \tau)]$ .

Unsupervised Reinforcement Learning: In unsupervised RL, the agent is set in an open-ended environment without any pre-defined goals or related reward functions. The agent aims to acquire a repertoire of skills. Following Colas et al. [7], we define skills as the association of goals and the goal-conditioned policy to reach them. The unsupervised skill acquisition problem can now be modeled by a goal-free MDP  $\mathcal{M} = \{S, A, \mathcal{P}, \gamma, \rho_0\}$  that only characterizes the agent, its environment and their possible interactions. As shown in Figure 1 (left), the agent needs to autonomously interact with the environment and (1) learn goal representations (eg, discovering the goal distribution p(g) and learning the corresponding reward  $r_g$ ), and (2) learn the goal-conditioned policy  $\pi_\theta$  as in multi-goal RL.

Here we define a universal (information theoretic) objective for learning the goal-conditioned policy  $\pi_{\theta}$  in unsupervised RL, maximizing the mutual information  $\mathcal{I}_{\mathcal{P},\rho_0,\pi_{\theta}}(g;\tau)$  between the goal g and the trajectory  $\tau$  induced by policy  $\pi_{\theta}$  running in the environment  $\mathcal{M}$  (with  $\mathcal{P}$  and  $\rho_0$ ),

$$\max \mathcal{I}_{\mathcal{P},\rho_0,\pi_{\theta}}(g;\tau) = \mathcal{H}(g) - \mathcal{H}(g|\tau) = \mathcal{H}(g) + \mathbb{E}_{\mathcal{P},\rho_0,\pi_{\theta},p(g)}[\log p(g|\tau)]. \tag{1}$$

For representing goals, the specific manifold of the goal space could be a set of *latent variables* (eg, one-hot indicators) or *perceptually-specific goals* (eg, the joint torques of ant). In the absence of any prior knowledge about p(g), the maximum of  $\mathcal{H}(g)$  will be achieved by fixing the distribution p(g) to be uniform over all  $g \in G$ . The term  $\mathbb{E}_{\mathcal{P},\rho_0,\pi_\theta,p(g)}[\log p(g|\tau)]$  in Equation 1 is analogous to the objective in the standard multi-goal RL, where the return  $R(g,\tau)$  can be seen as the embodiment of  $\log p(g|\tau)$ . The objective specifically for learning  $p(g|\tau)$  are normally optimized by lens of generative loss [31], or contrastive loss [38]. With the learned goal distribution p(g) and reward  $p(g|\tau)$ , it is straightforward to learn the goal-conditioned policy  $\pi_\theta$  using standard RL algorithms [36, 18]. In general, optimizations iteratively alternate for both representing skills (p(g)) and  $p(g|\tau)$  and learning  $\pi_\theta$ .

# 3 Unsupervised Domain Adaptation with Dynamics-Aware Rewards

#### 3.1 Problem Formulation

Our work addresses domain adaptation in unsupervised RL, raising expectations that an agent trained without prior goal representations (p(g)) and  $r_g$  in one environment can perform purposeful tasks in another. Following Wulfmeier et al. [48], we also focus on the domain adaptation of the dynamics, as opposed to states. In this work, we consider two environments characterized by MDPs  $\mathcal{M}_{\mathcal{S}}$  (the source environment) and  $\mathcal{M}_{\mathcal{T}}$  (the target environment), the dynamics of which are  $\mathcal{P}_{\mathcal{S}}$  and  $\mathcal{P}_{\mathcal{T}}$  respectively. Both MDPs share the same state and action spaces S, A, discount factor  $\gamma$  and initial state distribution  $\rho_0$ , while differing in the transition distributions  $\mathcal{P}_{\mathcal{S}}$ ,  $\mathcal{P}_{\mathcal{T}}$ . Since the agent does not directly receive  $\mathcal{R}_{\mathcal{G}}$  from either environment, we adopt the information theoretic  $\mathcal{I}_{\mathcal{P},\rho_0,\pi_{\theta}}(g;\tau)$  to acquire skills, equivalently learning a policy  $\pi_{\theta}$  that achieves distinguishable trajectory  $\tau$  given a goal g by maximizing this objective. Note that for brevity, we now omit the  $\rho_0$  term discussed in Section 2.

In our setup, agents can freely interact with the source  $\mathcal{M}_{\mathcal{S}}$ . However, it has access to limited rollouts in the target  $\mathcal{M}_{\mathcal{T}}$  with which are insufficient to train a policy. To ensure that all potential trajectories in the target  $\mathcal{M}_{\mathcal{T}}$  can be attempted in the source environment, we make the following assumption:

**Assumption 1.** There is no transition that is possible in the target environment  $\mathcal{M}_{\mathcal{T}}$  but impossible in the source environment  $\mathcal{M}_{\mathcal{S}}$ :  $\mathcal{P}_{\mathcal{T}}(s_{t+1}|s_t, a_t) > 0 \implies \mathcal{P}_{\mathcal{S}}(s_{t+1}|s_t, a_t) > 0$ .

## 3.2 Domain Adaptation in Unsupervised RL

We aim to acquire skills trained in the source environment  $\mathcal{M}_{\mathcal{S}}$ , which can be deployed in the target environment  $\mathcal{M}_{\mathcal{T}}$ . To facilitate the unsupervised learning of skills in the target environment (with dynamics  $\mathcal{P}_{\mathcal{T}}$ ), we maximize the mutual information between the trajectory and the goal (Figure 3 a):

$$\mathcal{I}_{\mathcal{P}_{\mathcal{T}},\pi_{\theta}}(g;\tau). \tag{2}$$

However, since interaction with the target environment  $\mathcal{M}_{\mathcal{T}}$  is restricted, acquiring the goal-conditioned policy  $\pi_{\theta}$  by optimizing the mutual information above is intractable. We instead maximize the mutual information in the source environment  $\mathcal{I}_{\mathcal{PS},\pi_{\theta}}(g;\tau)$  modified by a KL divergence of trajectories induced by  $\pi_{\theta}$  in both environments (Figure 3 b):

$$\mathcal{I}_{\mathcal{P}_{\mathcal{S}},\pi_{\theta}}(g;\tau) - \beta D_{\text{KL}}\left(p_{\mathcal{P}_{\mathcal{S}},\pi_{\theta}}(g,\tau) \| p_{\mathcal{P}_{\mathcal{T}},\pi_{\theta}}(g,\tau)\right),\tag{3}$$

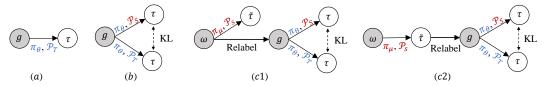


Figure 3: Graphical models of (a) the standard unsupervised RL, and DARS with goals (b) directly inputted, (c1) relabeled with latent variable  $\omega$ , and (c2) relabeled with states induced by probing policy.

where  $\beta>0$  is the regularization coefficient,  $p_{\mathcal{P}_{\mathcal{S}},\pi_{\theta}}(g,\tau)$  and  $p_{\mathcal{P}_{\mathcal{T}},\pi_{\theta}}(g,\tau)$  denote the joint distributions of the goal g and the trajectory  $\tau$  induced by policy  $\pi_{\theta}$  in source  $\mathcal{M}_{\mathcal{S}}$  and target  $\mathcal{M}_{\mathcal{T}}$  respectively.

Intuitively, maximizing the mutual information term rewards distinguishable pairs of trajectories and goals, while minimizing the KL divergence term penalizes producing a trajectory that cannot be followed in the target environment. In other words, the KL term aligns the probability distributions of the mutual-information-maximizing trajectories under the two environment dynamics  $\mathcal{P}_{\mathcal{S}}$  and  $\mathcal{P}_{\mathcal{T}}$ . This indicates that the dynamics of both environments ( $\mathcal{P}_{\mathcal{S}}$  and  $\mathcal{P}_{\mathcal{T}}$ ) shape the goal-conditioned policy  $\pi_{\theta}$  (even though trained in the source  $\mathcal{P}_{\mathcal{S}}$ ), allowing  $\pi_{\theta}$  to adapt to the shifts in dynamics.

Building on the KL regularized objective in Equation 3, we introduce how to effectively represent goals: generating the goal distribution and acquiring the (partial) reward function. Here we assume the difference between environments in their dynamics negligibly affects the goal distribution<sup>2</sup>. Therefore, we follow GPIM [29] and train a latent-conditioned probing policy  $\pi_{\mu}$ . The probing policy explores the source environment and represents goals for the source to train the goal-conditioned policy  $\pi_{\theta}$  with. Specifically, the probing policy  $\pi_{\mu}$  is conditioned on a latent variable  $\omega \sim p(\omega)^3$  and aims to generate diverse trajectories that are further relabeled as goals for  $\pi_{\theta}$ . Such goals can take the form of the latent variable  $\omega$  itself (Figure 3 c1) or the final state of a trajectory (Figure 3 c2). We jointly optimize the previous objective in Equation 3 with the mutual information between  $\omega$  and the trajectory induced by  $\pi_{\mu}$  in source, and arrive at the following overall objective:

$$\max \mathcal{J}(\mu, \theta) \triangleq \mathcal{I}_{\mathcal{P}_{\mathcal{S}}, \pi_{\mu}}(\omega; \tilde{\tau}) + \mathcal{I}_{\mathcal{P}_{\mathcal{S}}, \pi_{\theta}}(g; \tau) - \beta D_{\text{KL}} \left[ p_{\mathcal{P}_{\mathcal{S}}, \pi_{\theta}}(g, \tau) \| p_{\mathcal{P}_{\mathcal{T}}, \pi_{\theta}}(g, \tau) \right], \tag{4}$$

where the context between p(g) and  $p(\omega)$  are specified by the graphic model in Figure 3 (c1 or c2). Note that this objective explicitly decouples goal representation (with  $\pi_{\mu}$ ) and policy learning (wrt  $\pi_{\theta}$ ), providing a foundation for the theoretical guarantee in Section 3.4.

# 3.3 Optimization with Dynamics-Aware Rewards

Similar to Goyal et al. [15], we take advantage of the data processing inequality (DPI [2]) which implies  $\mathcal{I}_{\mathcal{P}_{\mathcal{S}},\pi_{\theta}}(g;\tau) \geq \mathcal{I}_{\mathcal{P}_{\mathcal{S}},\pi_{\theta}}(\omega;\tau)$  from the graphical models in Figure 3 (c1, c2). Consequently, maximizing  $\mathcal{I}_{\mathcal{P}_{\mathcal{S}},\pi_{\theta}}(g;\tau)$  can be achieved by maximizing the information of  $\omega$  encoded progressively to  $\pi_{\theta}$ . We therefore obtain the lower bound of Equation 4:

$$\mathcal{J}(\mu,\theta) \ge \mathcal{I}_{\mathcal{P}_{\mathcal{S}},\pi_{\mu}}(\omega;\tilde{\tau}) + \mathcal{I}_{\mathcal{P}_{\mathcal{S}},\pi_{\theta}}(\omega;\tau) - \beta D_{\mathrm{KL}}\left(p_{\mathcal{P}_{\mathcal{S}},\pi_{\theta}}(g,\tau) \| p_{\mathcal{P}_{\mathcal{T}},\pi_{\theta}}(g,\tau)\right). \tag{5}$$

For the first term  $\mathcal{I}_{\mathcal{P}_{\mathcal{S}},\pi_{\mu}}(\omega;\tilde{\tau})$  and the second term  $\mathcal{I}_{\mathcal{P}_{\mathcal{S}},\pi_{\theta}}(\omega;\tau)$ , we derive the state-conditioned Markovian rewards following Jabri et al. [23]:

$$\mathcal{I}_{\mathcal{P},\pi}(\omega;\tau) \ge \frac{1}{T} \sum_{t=0}^{T-1} \left( \mathcal{H}(\omega) - \mathcal{H}(\omega|s_{t+1}) \right) = \mathcal{H}(\omega) + \mathbb{E}_{p_{\mathcal{P},\pi}(\omega,s_{t+1})} \left[ \log p(\omega|s_{t+1}) \right]$$
 (6)

$$\geq \mathcal{H}(\omega) + \mathbb{E}_{p_{\pi,\pi}(\omega,s_{t+1})} \left[ \log q_{\phi}(\omega|s_{t+1}) \right], \tag{7}$$

where  $p_{\mathcal{P},\pi}(\omega,s_{t+1})=p(\omega)p_{\mathcal{P},\pi}(s_{t+1}|\omega)$ , and  $p_{\mathcal{P},\pi}(s_{t+1}|\omega)$  refers to the state distribution (at time step t+1) induced by policy  $\pi$  conditioned on  $\omega$  under the environment dynamics  $\mathcal{P}$ ; the lower bound in Equation 7 derives from training a discriminator network  $q_{\phi}$  due to the non-negativity of KL divergence,  $\mathbb{E}_{p_{\pi}(s_{t+1})}\left[D_{\mathrm{KL}}(p(\omega|s_{t+1})||q_{\phi}(\omega|s_{t+1}))\right]\geq 0$ . The new bound rewards the discriminator  $q_{\phi}$  for summarizing agent's behavior with  $\omega$  as well as encouraging a variety of states.

<sup>&</sup>lt;sup>2</sup>See Appendix D for the extension when  $\mathcal{M}_{\mathcal{S}}$  and  $\mathcal{M}_{\mathcal{T}}$  have different goal distributions.

<sup>&</sup>lt;sup>3</sup>Following DIAYN [9] and DADS [39], we set  $p(\omega)$  as a fixed prior.

With the bound above, we construct the lower bound of the mutual information terms in Equation 5, taking the same  $q_{\phi}$ :

 $\mathcal{F}_{\mathcal{I}} \triangleq \mathcal{I}_{\mathcal{P}_{\mathcal{S}},\pi_{\mu}}(\omega;\tilde{\tau}) + \mathcal{I}_{\mathcal{P}_{\mathcal{S}},\pi_{\theta}}(\omega;\tau) \geq 2\mathcal{H}(\omega) + \mathbb{E}_{p_{\text{joint}}}\left[\log q_{\phi}(\omega|\tilde{s}_{t+1}) + \log q_{\phi}(\omega|s_{t+1})\right],$  (8) where  $p_{\text{joint}}$  denotes the joint distribution of  $\omega$ , states  $\tilde{s}_{t+1}$  and  $s_{t+1}$ . The states  $\tilde{s}_{t+1}$  and  $s_{t+1}$  are induced by the probing policy  $\pi_{\mu}$  conditioned on the latent variable  $\omega$  and the policy  $\pi_{\theta}$  conditioned on the relabeled goals respectively, both in the source environment (Figure 3 c1, c2).

Now, we are ready to characterize the KL term in Equation 5. Note that only the transition probabilities terms  $(\mathcal{P}_{\mathcal{S}} \text{ and } \mathcal{P}_{\mathcal{T}})$  differ since agents in both environments follow the same policy  $\pi_{\theta}$ . This conveniently leads to the expansion of the KL divergence as a sum of differences in log likelihoods of the transition dynamics: expansion  $p_{\mathcal{P},\pi_{\theta}}(g,\tau) = p(g)\rho_0(s_0)\prod_{t=0}^{T-1} \left[\mathcal{P}(s_{t+1}|s_t,a_t)\pi_{\theta}(a_t|s_t,g)\right]$ , where  $\mathcal{P} \in \{\mathcal{P}_{\mathcal{S}},\mathcal{P}_{\mathcal{T}}\}$ , gives rise to the following simplification of the KL term in Equation 5:

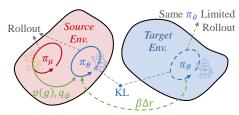
$$\beta D_{\text{KL}} \left( p_{\mathcal{P}_{\mathcal{S}}, \pi_{\theta}}(g, \tau) \| p_{\mathcal{P}_{\mathcal{T}}, \pi_{\theta}}(g, \tau) \right) = \mathbb{E}_{\mathcal{P}_{\mathcal{S}}, \pi_{\theta}} \left[ \beta \Delta r(s_t, a_t, s_{t+1}) \right], \tag{9}$$

where  $\Delta r(s_t, a_t, s_{t+1}) \triangleq \log \mathcal{P}_{\mathcal{S}}(s_{t+1}|s_t, a_t) - \log \mathcal{P}_{\mathcal{T}}(s_{t+1}|s_t, a_t)$ .

Combining the lower bound of the mutual information terms (Equation 8) and the KL divergence term pursuing the aligned trajectories in two environments (Equation 9), we optimize  $\mathcal{J}(\mu,\theta)$  by maximizing the following bound:

$$2\mathcal{H}(\omega) + \mathbb{E}_{p_{\text{joint}}} \left[ \log q_{\phi}(\omega | \tilde{s}_{t+1}) + \log q_{\phi}(\omega | s_{t+1}) \right] - \mathbb{E}_{\mathcal{P}_{S}, \pi_{\theta}} \left[ \beta \Delta r(s_{t}, a_{t}, s_{t+1}) \right]. \tag{10}$$

Overall, as shown in Figure 4, DARS rewards the goal-conditioned policy  $\pi_{\theta}$  with the dynamics-aware rewards (associating  $\log q_{\phi}$  with  $\beta \Delta r$ ), where  $q_{\phi}$  is shaped by the source dynamics and  $\beta \Delta r$  is derived



Associted reward for  $\pi_{\theta}$ :  $r_q = \log q_{\phi} - \beta \Delta r$ 

Figure 4: Framework of DARS: probing policy  $\pi_{\mu}$  provides p(g) and  $q_{\phi}$  for learning  $\pi_{\theta}$ , associated with the modification  $\beta \Delta r$ .

from the difference of the two dynamics. This indicates that the learned policy is shaped by both dynamics, holding the promise of acquiring adaptive skills for the target by training mostly in source.

#### 3.4 Optimality Analysis

Here we discuss the conditions under which our method produces near-optimal skills for the target environment. We first mildly require that the most suitable policy for the target environment does not produce drastically different trajectories in the source environment:

**Assumption 2.** Let  $\pi^* = \arg \max_{\pi} \mathcal{I}_{\mathcal{P}_{\tau},\pi}(g;\tau)$  be the policy that maximizes the (non-kl-regularized) objective in the target environment (Equation 2). Then the joint distributions of the goal and its trajectories differ in both environments by no more than a small number  $\epsilon/\beta > 0$ :

$$D_{KL}(p_{\mathcal{P}_{\mathcal{S}},\pi^*}(g,\tau)||p_{\mathcal{P}_{\mathcal{T}},\pi^*}(g,\tau)) \le \frac{\epsilon}{\beta}.$$
(11)

Given a desired joint distribution  $p^*(g,\tau)$  (inferred from a potential goal representation), our problem can be reformulated as finding a closest match [27, 26]. Consequently, we quantify the optimality of a policy  $\pi$  by measuring  $D_{\text{KL}}\left(p_{\mathcal{P},\pi}(g,\tau)\|p_{\mathcal{P}}^*(g,\tau)\right)$ , the discrepancy between its joint distribution and the desired one. With a potential goal representation, we prove that its joint distributions with the trajectories induced by our policy and the optimal one satisfy the following theoretical guarantee.

**Theorem 1.** Let  $\pi^*_{DARS}$  be the optimal policy that maximizes the KL regularized objective in the source environment (Equation 3), let  $\pi^*$  be the policy that maximizes the (non-regularized) objective in the target environment (Equation 2), let  $p^*_{\mathcal{P}_{\mathcal{T}}}(g,\tau)$  be the desired joint distribution of trajectory and goal in the target (with the potential goal representations), and assume that  $\pi^*$  satisfies Assumption 2. Then the following holds:

$$D_{\mathit{KL}}\left(p_{_{\mathcal{P}_{\mathcal{T}}},\pi_{\mathit{DARS}}^*}(g,\tau)\|p_{_{\mathcal{P}_{\mathcal{T}}}}^*(g,\tau)\right) \leq \ D_{\mathit{KL}}\left(p_{_{\mathcal{P}_{\mathcal{T}}},\pi^*}(g,\tau)\|p_{_{\mathcal{P}_{\mathcal{T}}}}^*(g,\tau)\right) + 2\sqrt{\frac{2\epsilon}{\beta}}L_{max},$$

where  $L_{max}$  refers to the worst case absolute difference between log likelihoods of the desired joint distribution and that induced by a policy.

Please see Appendix C for more details and the proof of the theorem. Note that Theorem 1 requires a potential goal representation, which can be precisely provided by the probing policy  $\pi_{\mu}$  in Equation 4.

#### **Algorithm 1 DARS**

```
Relabel goals: # According to Figure 3 (c1, c2)
 1: Input: source and target MDPs \mathcal{M}_{\mathcal{S}} and \mathcal{M}_{\mathcal{T}};
                                                                                                        11:
       ratio R of experience from source vs. target.
                                                                                                                     g \leftarrow \text{Relabel}(\omega, \tilde{\tau}).
      Output: goal-reaching policy \pi_{\theta}.
                                                                                                        12:
                                                                                                                     Collect source data:
 3: Initialize parameters \mu, \theta, \phi and \psi.
                                                                                                                     \mathcal{B}_{\mathcal{S}} \leftarrow \mathcal{B}_{\mathcal{S}} \cup \text{ROLLOUT}(\pi_{\theta}, \mathcal{M}_{\mathcal{S}}, g, \omega).
                                                                                                        13:
                                                                                                                     if iter \mod R = 0 then
 4: Initialize buffers \tilde{\mathcal{B}}_{\mathcal{S}}, \mathcal{B}_{\mathcal{S}} and \mathcal{B}_{\mathcal{T}}.
                                                                                                        14:
                                                                                                                          Collect target data:
 5: for iter = 0, \dots, MAX_ITER do
                                                                                                                          \mathcal{B}_{\mathcal{T}} \leftarrow \mathcal{B}_{\mathcal{T}} \cup \text{ROLLOUT}(\pi_{\theta}, \mathcal{M}_{\mathcal{T}}, g).
            Sample latent variable: \omega \sim p(\omega).
                                                                                                       15:
            Collect probing data in source:
                                                                                                        16:
                                                                                                                     Update classifiers q_{\psi} for computing \Delta r:
            \tilde{\mathcal{B}}_{\mathcal{S}} \leftarrow \tilde{\mathcal{B}}_{\mathcal{S}} \cup \text{ROLLOUT}(\pi_{\mu}, \mathcal{M}_{\mathcal{S}}, \omega).
                                                                                                                     \psi \leftarrow \text{Update}(\psi, \mathcal{B}_{\mathcal{S}}, \mathcal{B}_{\mathcal{T}}). \# \text{See} [10]
            Update discriminator q_{\phi}: \phi \leftarrow \text{Update}(\phi, \tilde{\mathcal{B}}_{\mathcal{S}}).
                                                                                                        17:
                                                                                                                     Set reward function for \pi_{\theta}:
            Set reward function for the probing policy \pi_{\mu}:
                                                                                                                     r_g \leftarrow \log q_\phi(\omega|\tilde{s}_{t+1}) - \beta \Delta r(s_t, a_t, s_{t+1}).
            \tilde{r} = \log q_{\phi}(\omega | \tilde{s}_{t+1}).
                                                                                                                     Train policy \pi_{\theta}: \theta \leftarrow SAC(\theta, \mathcal{B}_{\mathcal{S}}, r_g).
                                                                                                        18:
            Train probing policy \pi_{\mu}: \mu \leftarrow SAC(\mu, \tilde{\mathcal{B}}_{\mathcal{S}}, \tilde{r}).
10:
                                                                                                        19: end for
```

## 3.5 Implementation

As shown in Algorithm 1, we alternately train the probing policy  $\pi_{\mu}$  and the goal-conditioned policy  $\pi_{\theta}$  by optimizing the objective in Equation 10 with respect to  $\mu$ ,  $\phi$ ,  $\theta$  and  $\Delta r$ . In the first phase, we update  $\pi_{\mu}$  with reward  $\tilde{r} = \log q_{\phi}(\omega|\tilde{s}_{t+1})$ . This is compatible with most RL methods and we refer to SAC here. We additionally optimize discriminator  $q_{\phi}$  with SGD to maximizing  $\mathbb{E}_{\omega,\tilde{s}_{t+1}}\left[q_{\phi}(\omega|\tilde{s}_{t+1})\right]$  at the same time. Similarly,  $\pi_{\theta}$  is updated with  $r_g = \log q_{\phi}(\omega|s_{t+1}) - \beta \Delta r$  by SAC in the second phase, where  $\pi_{\theta}$  also collects data in both environments to approximate  $\Delta r$  by training the same classifiers  $q_{\psi}$  (wrt state-action and state-action-next-state) as in [10] according to Bayes' rule.

#### 3.6 Connections to Prior Work

**Unsupervised RL:** Two representative unsupervised RL approaches acquire (diverse) skills by maximizing empowerment [9, 39] or minimizing surprise [3]. Liu et al. [29] also employs a latent-conditioned policy to explore the environment and relabels goals along with the corresponding reward, which can be considered as a special case of DARS with identical source and target environments. However, none of these methods can produce skills tailored to a new environment with dynamics shifts.

Off-Dynamics RL: Eysenbach et al. [10] proposes domain adaptation with rewards from classifiers (DARC), adopting the control as inference framework [27] to maximize  $-D_{\text{KL}}(p_{\mathcal{P}_S},\pi_{\theta}(\tau)\|p_{\mathcal{P}_{\mathcal{T}}}^*(\tau))$ , but this objective cannot be directly applied to the unsupervised setting. While we adopt the same classifier to provide the reward modification, one major distinction of our work is that we do not require a given goal distribution p(g) or a prior reward function  $r_g$ . However, assuming an extrinsic goal-reaching reward in the source environment (ie, the potential  $p_{\mathcal{P}_S}^*(\tau)$ ), our proposed DARS can be simplified to a *decoupled objective*: maximizing  $-D_{\text{KL}}(p_{\mathcal{P}_S},\pi_{\theta}(\tau)\|p_{\mathcal{P}_S}^*(\tau))$  -  $\beta D_{\text{KL}}(p_{\mathcal{P}_S},\pi_{\theta}(\tau)\|p_{\mathcal{P}_T},\pi_{\theta}(\tau))$ . Particularly, DARC can be considered as a special case of our decoupled objective with the restriction — a prior goal specified by its corresponding reward and  $\beta=1$ . In Appendix E, we show that the stronger pressure  $(\beta>1)$  for the KL term to align the trajectories puts extra reward signals for the policy  $\pi_{\theta}$  to be  $\Delta r$  oriented while still being sufficient to acquire skills.

## 4 Experiments

In this section, we aim to experimentally answer the following questions: (1) Can our method DARS learn diverse skills, in the source environment, that can be executed in the target environment and keep the same embodiment in the two environments? Specifically, can our proposed associated dynamics-aware rewards ( $\log q_{\phi} - \beta \Delta r$ ) reveal the perceptible dynamics of the two environments? (2) Does DARS lead to better transferring in the presence of dynamics mismatch, compared to other related approaches, in both stable and unstable environments? (3) Can DARS contribute to acquiring behavioral skills under the sim2real circumstances, with limited interaction in the real world?

We adopt tuples (*source*, *target*) to denote the source and target environment pairs, with details of the corresponding MDPs in Appendix F.2. Illustrations of the environments are shown in Figure 5.



Figure 5: We evaluate our method in 10 (*source*, *target*) transition tasks, where the shifts in dynamics are either external (the map pairs and the attacked series) or internal (the broken series) to the robot.

For all tuples, we set  $\beta = 10$  and the ratio of experience from the source environment vs. the target environment R = 10 (Line 13 in Algorithm 1). See Appendix F.3 for the other hyperparameters.

*Map.* We consider the maze environments: *Map-a*, *Map-b*, *Map-c* and *Map-d*, where the wall can block the agent (a point), which can move around to explore the environment. For the domain adaptation tasks, we consider the following five (*source*, *target*) pairs: (*Map-a*, *Map-b*), (*Map-a*, *Map-b*), (*Map-b*, *Map-c*) and (*Map-b*, *Map-d*).

**Mujoco.** We use two simulated robots from OpenAI Gym [4]: half cheetah (*HC*) and ant. We define two new environments by crippling one of the joints of each robot (*B-HC* and *B-ant*) as described in [10], where *B*- is short for broken. The (*source*, *target*) pairs include: (*HC*, *B-HC*) and (*ant*, *B-ant*).

**Humanoid.** In this environment, a (source) simulated humanoid (*H*) agent must avoid falling in the face of the gravity disturbances. Two target environments each contain a humanoid *attacked* by blocks from a fixed direction (*A-H*) and a humanoid with a part of *broken* joints (*B-H*).

**Quadruped robot.** We also consider the sim2real setting for transferring the simulated quadruped robot to a real quadruped robot. For more evident comparison, we break the left hind leg of the real-world robot (see Appendix F.2). We adopt (sim-robot, real-robot) to denote this sim2real transition.

## 4.1 Emergent Behaviors with DARS

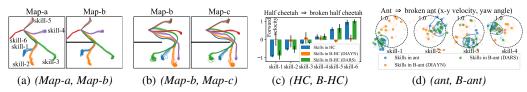


Figure 6: Visualization of skills. (a, b): colored trajectories in map pairs depict the skills, learned with DARS, deployed in source (left) and target (right). (d, e): colored bars and dots depict the velocity of each skill wrt different environments of mujoco and models. The variation (blue) across velocities for HC and ant confirms the diversity of skills. DARS demonstrates its better adaptability by performing similarly on the broken agents (green) to the original ones while DIAYN (orange) fails to do so.

Visualization of the learned skills. We first apply DARS to the *map* pairs and the *mujoco* pairs, where we learn the goal-conditioned policy  $\pi_{\theta}$  in the source environments with our dynamics-aware rewards ( $\log q_{\phi} - \beta \Delta r$ ). Here, we relabel the latent random variable  $\omega$  as the goal g for the goal-conditioned policy  $\pi_{\theta}$ :  $g \triangleq \text{Relabel}(\pi_{\mu}, \omega, \tilde{\tau}) = \omega$  (Figure 3 c1). The learned skills are shown in Figures 2, 6 and Appendix 19. We can see that the skills learned by our method keep the same embodiment when they are deployed in the source and target environments. If we directly apply the skills learned in the source environment (without  $\beta \Delta r$ ), the dynamics mismatch is likely to disrupt the skills (see Figure 2 top, and the deployment of DIAYN in *half cheetah* and *ant* pairs in Figure 6).

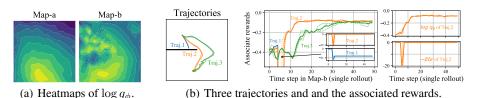


Figure 7: (a): The value of  $\log q_{\phi}$  in Map-a for (Map-a, Map-b) and  $\log q_{\phi}$  in Map-b for (Map-b, Map-c). (b): Three trajectories in Map-b for the (Map-b, Map-c) task, and the recorded rewards.

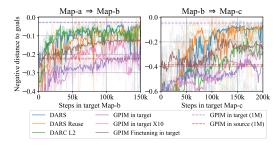
The dynamics-aware rewards. To gain more intuition for the proposed dynamics-aware rewards capturing the perceptible dynamics of both the source and target environments, we visualize the

learned probing reward  $\log q_{\phi}$  and the modification  $\beta \Delta r$  throughout the training for (Map-a, Map-c) and (Map-b, Map-c) pairs in Figure 7.

The probing policy learns  $q_{\phi}$  by summarizing the behaviors with the latent random variable  $\omega$  in source environments. Setting Map-a as the source (Figure 7 (a) left), we can see that  $\log q_{\phi}$  resembles the usual L2-norm-based punishment. Further, in the pair (Map-b, Map-c), we can find that the learned  $\log q_{\phi}$  is well shaped by the dynamics of the source environment Map-b (Figure 7 (a) right): even if the agent simply moves in the direction of reward increase, it almost always sidesteps the wall and avoids the entrapment in a local optimal solution produced by the usual L2-norm based reward.

To see how the modification  $\beta \Delta r$  guides the policy, we track three trajectories (with the same goal) and the associated rewards ( $\log q_{\phi} - \beta \Delta r$ ) in the (Map-b, Map-c) task, as shown in Figure 7 (b). We see that Traj.2 receives an incremental  $\log q_{\phi}$  along the whole trajectory while a severe punishment from  $\beta \Delta r$  around step 6. This indicates that Traj.2 is inapplicable to the target dynamics (Map-c), even if it is feasible in the source (Map-b). With this modification, we indeed obtain the adaptive skills (eg. Traj.3) by training in the source. This answers our first question, where both dynamics (source and target) explicitly shape the associated rewards, guiding the skills to be domain adaptive.

#### **Comparison with Baselines**



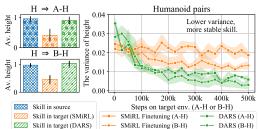


Figure 8: Comparison (training process) with alternative methods for learning skills for target environments. We plot each random seed as a transparent line; each solid line corresponds to the average across four random seeds; the dashed

Figure 9: (left): The visualization of skills for humanoid (avoid falling) and the comparisons with SMiRL Finetuning, where the stable skills for humanoid keep the average height around 1. (right): Training process. The decrease in the variance of lines denote the performance of trained policies. the height implies the emergence of a stable skill.

Behaviors in stable environments. For the second question, we apply our method to state-reaching tasks:  $g \triangleq \text{Relabel}(\pi_{\mu}, \omega, \tilde{\tau}) = \tilde{s}_T$  (Figure 3 c2). We adopt the negative L2 norm (between the goal and the final state in each episode) as the distance metric. We compare our method (DARS) against six alternative goal-reaching strategies<sup>4</sup>: (1) additionally updating  $\pi_{\theta}$  with data  $\mathcal{B}_{\mathcal{T}}$  collected in the target (DARS Reuse); (2) employing DARC with a negative L2-norm-based reward (DARC L2); training skills with GPIM in the source and target respectively (3) GPIM in source and (4) GPIM in target); (5) updating GPIM in the target 10 times more (GPIM in target X10; R = 10 and see more interpretation in [10]); (6) finetuning GPIM in source in the target (GPIM Finetuning in target).

We report the results in Figure 8. GPIM in source performs much worse than DARS due to the dynamics shifts as we show in Section 4.1. With the same amount of rollout steps in the target, DARS achieves better performance than GPIM in target X10 and GPIM Finetuning in target, and approximates GPIM in target within 1M steps in effectiveness, suggesting that the modification  $\beta\Delta r$  provides sufficient information regarding the target dynamics. Further, reusing the buffer  $\mathcal{B}_{\mathcal{T}}$ (DARS Resue) does not significantly improve the performance. Despite not requiring a prior reward function, our unsupervised DARS reaches comparable performance to (supervised) DARC L2 in (Map-a, Map-b) pair. The more exploratory task (Map-a, Map-b) further reinforces the advantage of our dynamics-aware rewards, where the probing policy  $\pi_{\mu}$  boosts the representational potential of  $q_{\phi}$ .

**Behaviors in unstable environments.** Further, when we set  $p(\omega)$  as the Dirac distribution:  $p(\omega)$  $\delta(\omega)$ , the discriminator  $q_{\phi}$  will degrade to a density estimator:  $q_{\phi}(s_{t+1})$ , which keeps the same form

<sup>&</sup>lt;sup>4</sup>We do not compare with other unsupervised RL methods (eg. Warde-Farley et al. [47]) because they generally study the rewards wrt the high-dimensional states. DARS does not focus on high-dimensional states. Domain randomization [32, 44] and system (dynamics) identification [11, 6, 1] are also not compared because they requires the access of the physical parameters of source environment, while we do not assume this access.



Figure 10: Deploying the learned skills into the real quadruped robot, where all models are trained with limited interaction (three hours for moving forward and one hour for keeping balance) in real.

as in SMiRL [3]. Assuming the environment will pose unexpected events to the agent, SMiRL seeks out stable and repeatable situations that counteract the environment's prevailing sources of entropy.

With such properties, we evaluate DARS in unstable environment pairs, where the sources and the targets are both unstable and exhibit dynamics mismatch. Figure 9 (left) charts the emergence of a stable skill with DARS, while SMiRL suffers from the failure of domain adaptation for both (*H*, *A-H*) and (*H*, *B-H*). Figure 9 (right) shows the comparisons with *SMiRL Finetuning*, denoting training in the source and then finetuning in the target with SMiRL. With the same amount of rollout steps, we can find that *DARS* can learn a more stable skill for the target than *SMiRL Finetuning*, revealing the competence of our regularization term for learning adaptive skills even in the unstable environments.

#### 4.3 Sim2real Transfer on Quadruped Robot

We now deploy our DARS on pair (sim-robot, real-robot) to learn diverse skills (moving forward and moving backward) and keeping balance skill in stable and unstable setting respectively. We compare DARS with two baselines: (1) training directly in the real world (Full-in-real), (2) finetuning the model, pre-trained in simulator, in real (Finetuning). As shown in Figure 10, after three hours (or one hour) of real-world interaction, our DARS demonstrates the emergence of moving skills (or the keeping balance skill), while baselines are unable to do so. As shown in Table 1, Fine-

Table 1: Time (hours) spent for valid skill emergence in real-world interaction (covering the manual reset time).

	forward & backward	keeping balance
Full-in-real	> 6  h	> 6  h
Finetuning	> 6  h	4 h
DARS	3 h	1 h

tuning takes significantly more time (four hours vs. one hour) to discovery keeping balance skill in the unstable setting, and the other three comparisons are unable to acquire valid skills given six hours interaction in the real world. Supplementary material contains videos from this sim2real deployment.

#### 5 Related Work

The proposed DARS has interesting connections with unsupervised learning and transfer learning [49] in RL. Most approaches in this field consider learning features [17, 37]of high-dimensional (eg, image-based) states in MDP, then design rewards [22, 31, 38, 47, 40, 30] or enable transfer [22, 15, 16, 12, 21] over the learned features. These can be seen as a procedure on the perception level [19], while we focus on the action level wrt the dynamics of environments, and consider both cases (learning reward and transfer). Previous works on the action level have either focused on learning dynamics-oriented rewards [20, 45, 43, 29] or only considered the transition-oriented modification [10, 48, 24, 13, 8, 46, 28]. Thus, the desirability of our approach is that the acquired reward function uncovers *both* the source's dynamics  $(q_{\phi})$  and the difference of transfer across dynamics  $(\beta \Delta r)$ . Complementary to our work, several other works also encourage the emergence of a state-covering goal distribution [34, 5, 25] or transferring policies instead of dynamics [41, 14, 42, 33].

#### 6 Conclusion

In this paper, we propose DARS to acquire adaptive skills for a target environment by training mostly in a source environment especially in the presence of dynamics shifts. We employ a probing policy in source to represent goals and introduce a KL regularization to further identify consistent behaviors for both environments. We show that our method obtains a near-optimal policy for target, as long as a mild assumption is met. Experiments on a range of tasks confirm the effectiveness of our approach.

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# A Appendix

# **B** Broader Impacts

Our DARS for learning adaptive skills can be beneficial for bringing unsupervised RL to real-world applications, such as robotics. It is critical for robotics to acquire various skills, such as keeping balance, moving in different directions and interacting with objects. Considering the high cost for the interaction (in real world), goal generation and associated reward designing, one natural solution to acquire such skills for real (target) is to reuse the simulator (as source) and apply the unsupervised procedure to autonomously generate goals and rewards. Our unsupervised domain adaptation of learning adaptive skills is a step towards achieving the desired solution. Moreover, a potential benefit of DARS is that our acquired reward functions are well shaped by both the source and target dynamics (simulator and real), which makes skills acquisition more efficient.

However, one key issue of our objective arises from Assumption 1, which specifies that the acquired skills must find common behaviors (trajectories) in source and target environments. In pair (Map-b, Map-d), see Figure 19, all skills go through the upper hole in the map, not the left hole, even though some trajectories over the left hole may be better in Map-d. In other words, our acquired skills are "optimal" for both source and target under Assumption 1 rather than for the target environment. Therefore, the dynamics of the source are forbidden to interfere with the desired skills in the target environment. However, this is accompanied by the benefit that we can guide the emergence of skills we want in target by explicitly constraining the dynamics of the source environment, eg, safe RL.

#### **C** Proof of Theoretical Guarantee

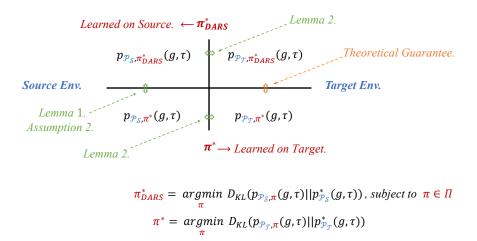


Figure 11: Diagram of our theoretical guarantee, where we need to prove our  $\pi_{DARS}^*$  (learned in the source environment) can produce near-optimal trajectories in the target environment compared with that induced by the desired  $\pi^*$  (directly learned in the target environment).

This section provides insight for why the optimal goal-conditioned policy for the source environment obtained by maximizing the KL regularized objective (Equation 4) performs near-optimally in the target environment subject to Assumption 2. We first rewrite Equation 4 under the KKT conditions and show that maximizing it is equivalent to finding a policy  $\pi$  to maximize the non-regularized objective in source  $\mathcal{I}_{\mathcal{P}_{\mathcal{S}},\pi_{\theta}}(g;\tau)$  within a set of policies that produce similar trajectories in both environments. Eysenbach et al. (2020) refers to this constraint set as "no exploit".

**Lemma 1.** For given goal representations (goal distribution p(g) and goal-achievement reward function  $r_g$ ), maximizing  $\mathcal{I}_{\mathcal{P},\pi}(g;\tau)$  is equivalent to minimizing  $D_{\mathit{KL}}(p_{\mathcal{P},\pi}(g,\tau)||p_{\mathcal{P}}^*(g,\tau))$ , where  $p_{\mathcal{P}}^*(g,\tau)$  denotes the desired joint distribution over goal g and trajectory  $\tau$  in the environment with dynamics  $\mathcal{P}$ . Then there exists  $\epsilon > 0$  such the optimization problem  $\mathit{KL}$  regularized objective in

Equation 4 is equivalent to

$$\min_{\pi \in \Pi} \ D_{\mathit{KL}} \left( p_{_{\mathcal{P}_{\mathcal{S}}},\pi}(g,\tau) \| p_{_{\mathcal{P}_{\mathcal{S}}}}^*(g,\tau) \right)$$

where  $\Pi$  denotes the set of policies that do not produce drastically different trajectories in two environments:

$$\Pi \triangleq \left\{ \pi |\beta D_{\mathit{KL}} \left( p_{_{\mathit{P}_{\mathcal{S}}},\pi}(g,\tau) \| p_{_{\mathit{P}_{\mathcal{T}}},\pi}(g,\tau) \right) \leq \epsilon \right\}.$$

Next, we will show that policies that produce similar trajectories in the source and target environments also produce joint distributions of goals and trajectories similarly close to the desired one in both environments:

**Lemma 2.** Let policy  $\pi \in \Pi$  be given, and let  $L_{max}$  be the worst case absolute difference between log likelihoods of the desired joint distribution and that induced by a policy. Then the following inequality holds:

$$\left| D_{\mathit{KL}} \left( p_{\mathcal{P}_{\mathcal{S}},\pi}(g,\tau) \| p_{\mathcal{P}_{\mathcal{S}}}^*(g,\tau) \right) - D_{\mathit{KL}} \left( p_{\mathcal{P}_{\mathcal{T}},\pi}(g,\tau) \| p_{\mathcal{P}_{\mathcal{T}}}^*(g,\tau) \right) \right| \leq \sqrt{\frac{2\epsilon}{\beta}} L_{max}.$$

*Proof.* We first rewrite the KL divergence in the target environment as the following by substituting the transition probabilities in the target environment with those in the source in both parts of the fraction:

$$D_{\mathrm{KL}}\left(p_{\mathcal{P}_{\mathcal{T}},\pi}(g,\tau)||p_{\mathcal{P}_{\mathcal{T}}}^{*}(g,\tau)\right) = \mathbb{E}_{\mathcal{P}_{\mathcal{T}},\pi}\left[\log\frac{p_{\mathcal{P}_{\mathcal{T}},\pi}(g,\tau)}{p_{\mathcal{P}_{\mathcal{T}}}^{*}(g,\tau)}\right] = \mathbb{E}_{\mathcal{P}_{\mathcal{T}},\pi}\left[\log\frac{p_{\mathcal{P}_{\mathcal{S}},\pi}(g,\tau)}{p_{\mathcal{P}_{\mathcal{S}}}^{*}(g,\tau)}\right].$$

We then apply it combined with Holder's inequality and Pinsker's inequality to obtain the desired results:

$$D_{\mathrm{KL}}\left(p_{\mathcal{P}_{\mathcal{S}},\pi}(g,\tau)||p_{\mathcal{P}_{\mathcal{S}}}^{*}(g,\tau)\right) - D_{\mathrm{KL}}\left(p_{\mathcal{P}_{\mathcal{T}},\pi}(g,\tau)||p_{\mathcal{P}_{\mathcal{T}}}^{*}(g,\tau)\right)$$

$$= \mathbb{E}_{\mathcal{P}_{\mathcal{S}},\pi}\left[\log\frac{p_{\mathcal{P}_{\mathcal{S}},\pi}(g,\tau)}{p_{\mathcal{P}_{\mathcal{S}}}^{*}(g,\tau)}\right] - \mathbb{E}_{\mathcal{P}_{\mathcal{T}},\pi}\left[\log\frac{p_{\mathcal{P}_{\mathcal{S}},\pi}(g,\tau)}{p_{\mathcal{P}_{\mathcal{S}}}^{*}(g,\tau)}\right]$$

$$= \sum_{g,\tau}\left(p_{\mathcal{P}_{\mathcal{S}},\pi}(g,\tau) - p_{\mathcal{P}_{\mathcal{T}},\pi}(g,\tau)\right)\left(\log\frac{p_{\mathcal{P}_{\mathcal{S}},\pi}(g,\tau)}{p_{\mathcal{P}_{\mathcal{S}}}^{*}(g,\tau)}\right)$$

$$\leq \left\|\log\frac{p_{\mathcal{P}_{\mathcal{S}},\pi}(g,\tau)}{p_{\mathcal{P}_{\mathcal{S}}}^{*}(g,\tau)}\right\|_{\infty}\left\|p_{\mathcal{P}_{\mathcal{S}},\pi}(g,\tau) - p_{\mathcal{P}_{\mathcal{T}},\pi}(g,\tau)\right\|_{1}$$

$$\leq \left(\max_{\tau,g}\left\|\log\frac{p_{\mathcal{P}_{\mathcal{S}},\pi}(g,\tau)}{p_{\mathcal{P}_{\mathcal{S}}}^{*}(g,\tau)}\right\|\right)\sqrt{2D_{\mathrm{KL}}\left(p_{\mathcal{P}_{\mathcal{S}},\pi}(g,\tau)||p_{\mathcal{P}_{\mathcal{T}},\pi}(g,\tau)\right)}$$

$$\leq \sqrt{\frac{2\epsilon}{\beta}}L_{max},$$

where  $L_{max}$  is the maximal absolute difference of log likelihoods of joint distribution  $p(g,\tau)$  between the policy induced trajectory and the desired one. Note that the  $\sqrt{2\epsilon/\beta}$  term actually applies to any trajectory and can be considered as a scaling coefficient that shrinks the difference of log likelihoods in the joint distribution.

**Theorem 2.** Let  $\pi^*_{DARS}$  be the optimal policy that maximizes the KL regularized objective in the source environment (Equation 4), let  $\pi^*$  be the policy that maximizes the (non-regularized) objective in the target environment (Equation 3), let  $p^*_{\mathcal{P}_{\mathcal{T}}}(g,\tau)$  be the desired joint distribution of trajectory and goal in the target (with the potential goal representations), and assume that  $\pi^*$  satisfies Assumption 2. Then the following holds:

$$D_{\mathit{KL}}\left(p_{\mathcal{P}_{\mathcal{T}},\pi_{\mathit{DARS}}^*}(g,\tau)\|p_{\mathcal{P}_{\mathcal{T}}}^*(g,\tau)\right) \leq D_{\mathit{KL}}\left(p_{\mathcal{P}_{\mathcal{T}},\pi^*}(g,\tau)\|p_{\mathcal{P}_{\mathcal{T}}}^*(g,\tau)\right) + 2\sqrt{\frac{2\epsilon}{\beta}}L_{\mathit{max}}.$$

*Proof.*  $\pi_{DARS}^*$  is the policy that produces the joint distribution in  $\Pi$  closest to the desired distribution:

$$\pi^*_{\mathrm{DARS}} = \mathop{\arg\min}_{\pi \in \Pi} \ D_{\mathrm{KL}} \left( p_{_{\mathcal{P}_{\mathcal{S}}},\pi}(g,\tau) \| p_{_{\mathcal{P}_{\mathcal{S}}}}^*(g,\tau) \right).$$

The fact that  $\pi^*$  also belongs to the constraint set  $\Pi$  guarantees (the left arrow:  $\updownarrow$  in Figure 11)

$$D_{\mathrm{KL}}\left(p_{\mathcal{S},\pi_{\mathrm{DARS}}^*}(g,\tau)||p_{\mathcal{P}_{\mathcal{S}}}^*(g,\tau)\right) \leq D_{\mathrm{KL}}\left(p_{\mathcal{P}_{\mathcal{S}},\pi^*}(g,\tau)||p_{\mathcal{P}_{\mathcal{S}}}^*(g,\tau)\right).$$

Building on Lemma 2, the property of how close policies within  $\Pi$  are from being optimal in two environments conveniently applies to both policies as well. In the worst case, the KL divergence for  $\pi_{DARS}^*$  increases by this amount from the source environment to the target (the top arrow  $\Leftrightarrow$  in Figure 11:

$$D_{\mathrm{KL}}\left(p_{\mathcal{P}_{\mathcal{T}},\pi_{\mathrm{DARS}}^*}(g,\tau)||p_{\mathcal{P}_{\mathcal{T}}}^*(g,\tau)\right) \leq D_{\mathrm{KL}}\left(p_{\mathcal{P}_{\mathcal{S}},\pi_{\mathrm{DARS}}^*}(g,\tau)||p_{\mathcal{P}_{\mathcal{S}}}^*(g,\tau)\right) + \sqrt{\frac{2\epsilon}{\beta}}L_{max},$$

and the KL divergence for  $\pi^*$  decreases by this amount (the bottom arrow  $\Leftrightarrow$  in Figure 11:

$$D_{\mathrm{KL}}\left(p_{\mathcal{P}_{\mathcal{S}},\pi^*}(g,\tau)||p_{\mathcal{P}_{\mathcal{S}}}^*(g,\tau)\right) \leq D_{\mathrm{KL}}\left(p_{\mathcal{P}_{\mathcal{T}},\pi^*}(g,\tau)||p_{\mathcal{P}_{\mathcal{T}}}^*(g,\tau)\right) + \sqrt{\frac{2\epsilon}{\beta}}L_{max}.$$

Rearranging these inequalities of the left arrow  $\updownarrow$ , the top arrow  $\Leftrightarrow$ , and the bottom arrow  $\Leftrightarrow$  in Figure 11, we obtain Theorem 1 (the right arrow  $\updownarrow$  in Figure 11).

## D Extension of DARS: Goal Distribution Shifts

Our proposed DARS assumes the goal distribution of source and target environments to be the same, encouraging the probing policy  $\pi_{\mu}$  to explore the source environment and generate the goal distribution p(g) to learn the goal-conditioned policy  $\pi_{\theta}$  with for the target environment.

One issue with adopting the goal distribution p(g) learned in the source is that the goals of the two environments are conflicting, resulting in the goal-conditioned policy  $\pi_{\theta}$  trying to pursue some impractical goals for the target. For example, we increase the length of the wall in Map-b and Map-c further, up to the new environment Map-e (Figure 12 right) where the wall divides the target goal space into area-I and area-II. We assume the initial states are all in area-I, such that the acquired goals in area-II of

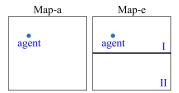


Figure 12: *Map-a* and *Map-e*.

the source environment are not applicable to shape the adaptive policy  $\pi_{\theta}$  for the target environment. Hence, we need to require the goal distribution p(g) to be also target-oriented.

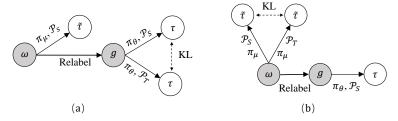


Figure 13: Graphical models of (a) DARS with goals relabeled with the latent variable  $\omega$  (repeated from the main paper), and (b) the extension of DARS for aligning the goal distributions in two environments. Note that here, we take latent variables itself as goals:  $g = \text{Relabel}(\pi_{\mu}, \omega, \tilde{\tau}) = \omega$ .

In fact, a straightforward application of DARS aiming to solve this issue is to align the reachable goals in the two environments with a KL regularization. Here we present the another advantage of introducing the probing policy  $\pi_{\mu}$ : instead of directly adopting classifiers to distinguish the reachable goals in two environments (eg, GAN), we could acquire the more principled objective for the goal distribution shifts, by autonomously exploring the source environment to provide the goal representation (see the graphic model in Figure 13 (b)):

$$\max \mathcal{J}'(\mu, \theta) \triangleq \mathcal{I}_{\mathcal{P}_{\mathcal{S}}, \pi_{\mu}}(\omega; \tilde{\tau}) + \mathcal{I}_{\mathcal{P}_{\mathcal{S}}, \pi_{\theta}}(g; \tau) - \beta D_{\text{KL}} \left[ p_{\mathcal{P}_{\mathcal{S}}, \pi_{\mu}}(\omega, \tilde{\tau}) \| p_{\mathcal{P}_{\mathcal{T}}, \pi_{\mu}}(\omega, \tilde{\tau}) \right]. \tag{12}$$

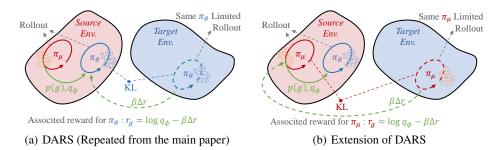


Figure 14: (a) Framework of DARS: the probing policy  $\pi_{\mu}$  provides p(g) and  $q_{\phi}$  for learning  $\pi_{\theta}$ , associated with the reward modification  $\beta \Delta r$ . (b) Framework of the extension of DARS: the robe policy  $\pi_{\mu}$  acquires the goal representation with the associated reward modification  $\beta \Delta r$ .

To make it easier for the reader to compare with DARS, we repeat the KL regularized objective of DARS in the main paper (as well as the graphic model in Figure 13 (a)):

$$\max \mathcal{J}(\mu, \theta) \triangleq \mathcal{I}_{\mathcal{P}_{\mathcal{S}}, \pi_{\mu}}(\omega; \tilde{\tau}) + \mathcal{I}_{\mathcal{P}_{\mathcal{S}}, \pi_{\theta}}(g; \tau) - \beta D_{\mathrm{KL}} \left[ p_{\mathcal{P}_{\mathcal{S}}, \pi_{\theta}}(g, \tau) \| p_{\mathcal{P}_{\mathcal{T}}, \pi_{\theta}}(g, \tau) \right].$$

In Equation 12,  $\mathcal{J}'(\mu,\theta)$  acquires the probing policy  $\pi_{\mu}$  to induce the aligned joint distributions  $p_{\mathcal{P}_{\mathcal{S}},\pi_{\mu}}(\omega,\tilde{\tau})$  and  $p_{\mathcal{P}_{\mathcal{T}},\pi_{\mu}}(\omega,\tilde{\tau})$  in the source and target environments by minimizing the new KL regularization  $D_{\mathrm{KL}}\left[p_{\mathcal{P}_{\mathcal{S}},\pi_{\mu}}(\omega,\tilde{\tau})\|p_{\mathcal{P}_{\mathcal{T}},\pi_{\mu}}(\omega,\tilde{\tau})\right]$ . This indicates that the exploration process of the probing policy  $\pi_{\mu}$  in the source will be shaped by the target dynamics. Once the agent reaches the goals unavailable for the target environment, the KL regularization will produce the corresponding penalty.

Employing the similar derivation as in the main paper — acquiring the lower bound of the mutual information terms and expanding the KL regularization term, we optimize  $\mathcal{J}'(\mu, \theta)$  in Equation 12 by maximizing the following bound:

$$2\mathcal{H}(\omega) + \mathbb{E}_{p_{\text{ioint}}} \left[ \log q_{\phi}(\omega | \tilde{s}_{t+1}) + \log q_{\phi}(\omega | s_{t+1}) \right] - \mathbb{E}_{\mathcal{P}_{\mathcal{S}}, \pi_{\mu}} \left[ \beta \Delta r(s_t, a_t, s_{t+1}) \right], \tag{13}$$

where  $p_{\text{joint}}$  denotes the joint distribution of  $\omega$ , states  $\tilde{s}_{t+1}$  and  $s_{t+1}$ . The states  $\tilde{s}_{t+1}$  and  $s_{t+1}$  are induced by the probing policy  $\pi_{\mu}$  conditioned on the latent variable  $\omega$  and the policy  $\pi_{\theta}$  conditioned on the relabeled goals respectively, both in the source environment (Figure 13 b).

Furthermore, the exploration process of  $\pi_{\mu}$  simultaneously shapes the goal distribution p(g) and the goal-achievement reward  $(q_{\phi}$  in Equation 13), which suggests the reward  $q_{\phi}$  also being target dynamics oriented. The well shaped  $q_{\phi}$  encourages the emergence of a target-adaptive goal-conditioned policy  $\pi_{\theta}$ , although learned in the source without the further reward modification (ie,  $\Delta r$  in DARS). As such, for the objective  $\mathcal{J}'(\mu,\theta)$  in Equation 12, we do not incorporate the KL regularization of  $\pi_{\theta}$  in the two environments (ie,  $D_{\text{KL}}\left[p_{\mathcal{P}_{\mathcal{S}},\pi_{\theta}}(g,\tau)\|p_{\mathcal{P}_{\mathcal{T}},\pi_{\theta}}(g,\tau)\right]$ ).

The corresponding framework is shown in Figure 14 (b). The extension of DARS rewards the latent-conditioned probing policy  $\pi_{\mu}$  with the dynamics-aware rewards (associating  $q_{\phi}$  with  $\beta \Delta r$ ), where  $\beta \Delta r$  is derived from the difference in two dynamics. This indicates that the learned goal-representation (p(g)) and  $q_{\phi}$  is shaped by source and target dynamics, holding the promise of acquiring adaptive skills for the target by training mostly in the target, even though facing the goal distribution shifts.

## **D.1** Experiments

Here, we adopt two didactic experiments to build intuition for the extension of DARS facing goal distribution shifts, and show the effectiveness of  $q_{\phi}$ , respectively.

Avoiding the goal distribution shifts. We start with the (Map-a, Map-e) task, shown in the Figure 12, where we apply DARS and the extension of DARS to generate the goal distribution p(g). The latent-conditioned trajectories learned by  $\pi_{\mu}$  with DARS and the extension of DARS are shown in Figure 15, where we deploy these skills in the source environment (Map-a). We can find that trajectories

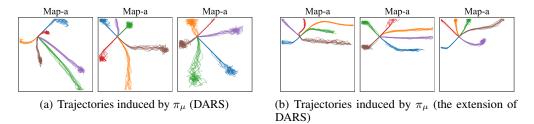


Figure 15: We deploy the probing policy  $\pi_{\mu}$  in the source environment (*Map-a*), showing the span of the induced trajectories (, which will be relabeled as goals for  $\pi_{\theta}$  to "imitate").

induced by DARS span *area-I* and *area-II*, wherein parts of the goals will be impractical for the target environment (Map-e). In contrast, all goals acquired by the extension of DARS are in *area-I*, holding the promise to be "imitated" by  $\pi_{\theta}$  and be adaptive for the target environment (Map-e).

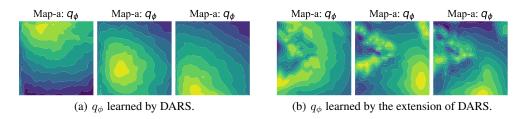


Figure 16: Visualization of the learned  $q_{\phi}$  in the source environment for (Map-a, Map-b) task.

The effectiveness of  $q_{\phi}$ . We now verify the above analysis that  $q_{\phi}$  is informative for  $\pi_{\theta}$  to learn the skills in the source, meanwhile keeping the learned skills adaptive for the target environment. This justifies that it is sufficient to learn the goal-conditioned  $\pi_{\theta}$  with the acquired  $q_{\phi}$  (without further modification associated with  $\Delta r$ ). To do so, we visualize the learned reward  $q_{\phi}$  in Figure 16 for the (Map-a, Map-b) task. The acquired  $q_{\phi}$  by DARS resembles a negative L2-based reward, which associated with the modification  $\Delta r$  could reward the goal-conditioned policy  $\pi_{\theta}$  for learning adaptive skills for the target, as shown in the main paper Figure 7. However, the extension of DARS could shape the  $q_{\phi}$  with the target dynamics by explicitly regularizing the probing policy  $\pi_{\mu}$ . This suggests that the learned  $q_{\phi}$  is also target-dynamics-oriented. As shown in Figure 16 (right), the acquired  $q_{\phi}$  in the source dynamics is well shaped by the target dynamics (Map-b). Consequently, we can adopt the well shaped  $q_{\phi}$  to reward  $\pi_{\theta}$ , without incorporating the KL regularization for  $\pi_{\theta}$  in the two environments (ie,  $D_{\text{KL}}\left[p_{\mathcal{P}_{\mathcal{S}},\pi_{\theta}}(g,\tau)\|p_{\mathcal{P}_{\mathcal{T}},\pi_{\theta}}(g,\tau)\right]$ ).

# **E** Additional Experiment Results for DARS

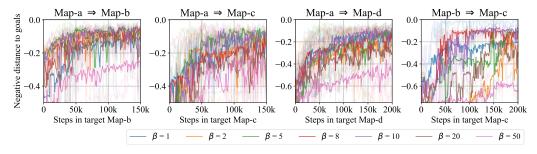


Figure 17: Importance of the KL regularization coefficient.

Analyzing the effects of coefficient  $\beta$ . In the main paper, we show that the KL regularization term  $(\beta D_{\text{KL}}\left[p_{\mathcal{P}_{\mathcal{S}}},\pi_{\theta}(g,\tau)\|p_{\mathcal{P}_{\mathcal{T}}},\pi_{\theta}(g,\tau)\right])$  is critical to align the trajectories induced by the same

policy  $(\pi_{\theta})$  in the source (with  $\mathcal{P}_{\mathcal{S}}$ ) and target (with  $\mathcal{P}_{\mathcal{T}}$ ) environments, enabling the acquired skills to be adaptive for the target environment. The coefficient  $\beta$  determines the trade-off between the source-oriented exploration and the induced trajectory alignment. As show in Figure 17, we analyze the effects of  $\beta$ . We can see that generally a higher  $\beta$  gives better performance, while a value too high  $(\beta = 50)$  will lead to performance degradation.

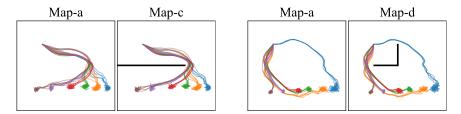


Figure 18: Interpolating skills learned by DARS. Interpolation is performed at the latent variable level by blending the  $\omega$  vector of two skills (the far left and far right skills in the figures).

**Interpolating between skills.** Here we show that DARS can interpolate previously learned skills, and these interpolated skills are also adaptive for the target environments. We adopt (*Map-a, Map-c*) and (*Map-a, Map-d*) tasks to interpolate skills, as shown in Figure 18.

**More skills.** We show more acquired skills in Figure 19.

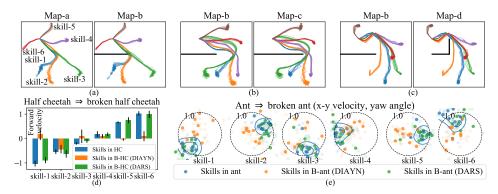


Figure 19: Visualization of skills. (a, b, c): colored trajectories in map pairs depict the skills, learned with DARS, deployed in source (left) and target (right). (d, e): colored bars and dots depict the velocity of each skill wrt different environments of mujoco and models.

## F Implementation Details

#### F.1 Training process

The diagram of our training process is shown in Figure 20. The whole procedure of DARS is devided into 3 steps: 1) learn the probing policy  $\pi_{\mu}$  and the associated discriminator  $q_{\phi}$  by maximizing  $\mathcal{I}_{\mathcal{P}_{\mathcal{S}},\pi_{\mu}}(\omega;\tilde{\tau})$ ; 2) learn the goal-conditioned policy  $\pi_{\theta}$  by maximizing the KL regularized objective  $\mathcal{I}_{\mathcal{P}_{\mathcal{S}},\pi_{\theta}}(g;\tau) - \beta D_{\mathrm{KL}}\left[p_{\mathcal{P}_{\mathcal{S}},\pi_{\theta}}(g,\tau)\|p_{\mathcal{P}_{\mathcal{T}},\pi_{\theta}}(g,\tau)\right]$ ; 3) adopt two classifiers to learn the reward modification  $\Delta r$  by maximizing  $-D_{\mathrm{KL}}\left[p_{\mathcal{P}_{\mathcal{S}},\pi_{\theta}}(g,\tau)\|p_{\mathcal{P}_{\mathcal{T}},\pi_{\theta}}(g,\tau)\right]$  using the source and target buffers  $\mathcal{B}_{\mathcal{S}}$  and  $\mathcal{B}_{\mathcal{T}}$  (collected by the goal-conditioned policy  $\pi_{\theta}$ ).

#### F.2 Environments

Here we introduce the details of the source and target environments, including the map pairs (*Map-a*, *Map-b*, *Map-c*, *Map-d*, *Map-e*), the mujoco pairs (*Ant*, *Broken Ant*, *Half Cheetah*, *Broken Half Cheetah*), humanoid pairs (*Humanoid*, *Broken Humanoid*, *Attacked Humanoid*) and the quadruped robot.

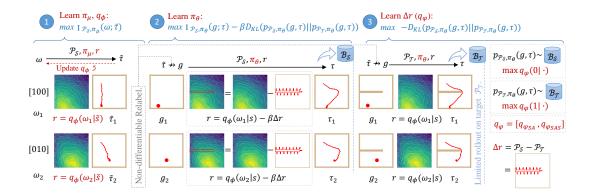


Figure 20: The training process of DARS, where (1) the probing policy  $\pi_{\mu}$  explores the source environment and learn the discriminator  $q_{\phi}$  by summarizing the latent variables  $\omega$ ; (2) the goal-conditioned policy  $\pi_{\theta}$  is trained in the source environment with  $q_{\phi}$  and modification  $\Delta r$  as its reward to reach the goal g relabeled with the final state of  $\pi_{\mu}$  (taking the final states of  $\tilde{\tau}$  as the relabeled goals g); (3)  $\pi_{\theta}$  runs in both environments to collect data in buffers  $\mathcal{B}_{\mathcal{S}}$  and  $\mathcal{B}_{\mathcal{T}}$ .  $\Delta r$  reflects the discrepancy in trajectory distributions and is approximated with classifier  $q_{\varphi}$  which distinguishes where a transition in a buffer takes place.

**Map pairs.** An agent can autonomously explore the maps with continuous state space  $([0, 1]^2)$  and action space  $([0, 0.05]^2)$ , where the wall could block the corresponding transitions. The length of the wall in different maps varies: Len(Map-a) = 0, Len(Map-b) = 0.5, Len(Map-c) = 0.75, Len(Map-e) = 1, and the lengths of the horizon and vertical walls in Map-d are both 0.25.

**Mujoco pairs.** We introduce *Ant* and *Half Cheetah* from OpenAI Gym. In the target environments, the 3rd (*Broken Ant*) or 0th (*Broken Half Cheetah*) joint is broken: zero torque is applied to this joint, regardless of the commanded torque.

**Humanoid pairs.** The environments are based on the *Humanoid* environment in OpenAI Gym, where the broken version (*Broken Humanoid*) denotes the first three joints being broken, and the attacked version (*Attacked Humanoid*) refers to the agent being attacked by a cube.

**Quadruped robot.** We utilize the 18-DoF Unitree A1 quadruped<sup>5</sup> (see the simulated environment in supplementary material). Note that, for more evident comparison, we break the left hind leg of the real robot: zero torque is applied to these joints. That is to say, the state of these joints keeps a fixed value. In the stable setting, e.g moving forward and moving backward:

$$state[-3:0] = [0.000, 0.975, -1.800];$$

in the unstable setting, e.g. keeping standing:

$$state[-3:0] = [0.000, 2.000, -2.500].$$

# F.3 Hyper-parameters

The hyper-parameters are presented in Table 2.

Source code is given in supplementary material.

<sup>&</sup>lt;sup>5</sup>https://www.unitree.com/products/a1/.

Table 2: Hyper-parameters

learning rate (Training)		0.0003
batch size (Training)		256
Discount factor (RL)		0.99
Smooth coefficient (SAC)		0.05
Temperature (SAC)		0.2
Coefficient factor $\beta$ (DARS)		10
Buffer size of $\pi_{\mu}$ in source (SAC)	Map-a, Map-b, Map-c, Map-d, Map-e Ant, Broken Ant, Half Cheetah, Broken Half Cheetah Humanoid, Attacked Humanoid, Broken Humanoid, Quadruped robot	2500 5000 5000
Buffer size of $\pi_{\theta}$ in source (SAC)	Map-a, Map-b, Map-c, Map-d, Map-e Ant, Broken Ant, Half Cheetah, Broken Half Cheetah Humanoid, Attacked Humanoid, Broken Humanoid, Quadruped robot	
Buffer size of $\pi_{\theta}$ in target (SAC)	Map-a, Map-b, Map-c, Map-d, Map-e Ant, Broken Ant, Half Cheetah, Broken Half Cheetah Humanoid, Attacked Humanoid, Broken Humanoid, Quadruped robot	20000 50000 50000
Steps of single rollout	Map-a, Map-b, Map-c, Map-d, Map-e Ant, Broken Ant, Half Cheetah, Broken Half Cheetah Humanoid, Attacked Humanoid, Broken Humanoid, Quadruped robot	