```
adj. gracefully thin 苗条的
slim / slender
thin
lean
         lean meat
skinny
bony
a bag of bones
fit
round
chubby
plump
obese
heavy
overweight
stout
(fat)
```

slender 苗条的

thin 瘦的(贬义) 例句 She's very pretty but she's too thin. 她很漂亮,但是她太瘦。

skinny (skin-ny) 皮包骨的,贬义 例句 I don't like his looks – he's too skinny. 我不喜欢他的样子——他太瘦了。

bony (bone-y)

皮包骨的, 贬义

例句 He held up his bony fingers.

他举起他那瘦骨嶙峋的手指。

a bag of bones

皮包骨的, 贬义

例句 She has lost so much weight that she's just turning into a bag of bones.

她瘦了很多,简直成了皮包骨。

女孩子们心向往之的"瘦": slender: slim and graceful 苗条的

slim: quite thin in a way that is attractive 苗条的

lean: slim and strong 瘦而强壮的

例句 Long-distance runners are usually fairly lean. 长跑运动员通常很瘦。

petite: short and slim 娇小玲珑的 (only for women and girls)

underweight:

(中性) 体重不足的

例句 He is only slightly underweight for his height. 按他的身高来说,他体重仅稍轻了一点儿。

不胖不瘦的

女的: well-proportionated 匀称的 well-proportioned with a well-proportioned figure

男的: fit 健壮的 with a strong build

人们更加关注极端情况,现在看看"超重"的情况:

fat: 胖的(最直接,最伤人)

stout: rather fat 胖胖的

例句 He was a tall, stout man with gray hair.

他是一个身材高大、体格粗壮、头发灰白的人。

stocky: strong and wide

粗壮的(稍微好一点点,仍然不是褒义词)

例句 He's got the stocky build of a rugby player.

他有着橄榄球运动员一样的粗壮体型。

solid: 敦实的

例句 As a child, James was always quite solid.

James 儿时很敦实。

big: 个子大(几乎是中性词)

例句 Sophie didn't use to be so big, did she?

索菲以前个子没这么大,是吗?

plump, chubby: slightly fat

丰满的; 胖乎乎的 (褒义词)

例句 She was admiring the baby's plump little legs.

她在欣赏婴儿小小的、胖乎乎的腿。

Look at the lovely chubby cheeks!

看看那可爱的胖乎乎的脸蛋!

stout: rather fat 胖胖的

例句 He was a tall, stout man with gray hair.

他是一个身材高大、体格粗壮、头发灰白的人。

中性词: overweight

例句 I'm overweight by 2kg according to my doctor.

据医生说,我超重2公斤。

obese (医学用词) 有肥胖症的