



国家中医药管理局脊柱软伤专病中心

Spine Center of Manual Therapy of China State Administration of Chinese Medicine



冯天有教授

前言

上个世纪七十年代初，“新医正骨”疗法以其神奇的疗效开始吸引国内外许多颈肩腰腿痛患者开始纷纷踏至，向该疗法的创始人冯天有教授慕名求医。其手到病除的疗效既让患者咋舌称奇，也让同行刮目相视。新医正骨疗法以科学的理论体系不仅赢得了学界声誉，还使得国尊及庶民受益无数，而冯天有教授创立的空军总医院新医正骨科也因此而名扬天下。



冯教授向王大妈（罗有名）学习

创立学说

冯天有教授于 1966 年毕业于第四军医大学。1969 年向北京双桥民间正骨医师王大妈（亦即罗有名医师，俗称双桥老太太）学习民间正骨医术。通过深入挖掘民间正骨“绝技”并结合现代医学及生物力学知识，冯天有教授在二十世纪七十年代终于创立了独具特色的“新医正骨”疗法。通过潜心钻研，冯教授于 1975 年在国内首次提出单（多）个椎体位移理论，脊柱内外平衡失调学说和脊柱（定点）旋转复位法，系统科学的创立了新医正骨疗法的理论体系。



冯教授实施脊柱定点旋转复位法



冯教授在给外训班学员授课

创立学科

新医正骨疗法一诞生就受到周恩来总理等老一辈革命家的亲切关怀，并迅速发展成熟，走向世界。1975 年，遵照周总理的指示，冯天有教授作为特邀代表参加了中央卫生部召开的全国卫生工作会议并在会上介绍了新医正骨疗法，得到中央领导和广大与会学者的肯定。由此开始，冯教授开始在北京和广州等地陆续领衔举办了 16 期全国（全军）学习班，仅改革开放之前，就培养了学员 600 余名。还包括一期外训班，培训了来自 13 个国家骨科医生，这是我国临床医学首次向国际医学领域的正式推广。从此，新医正骨疗法在国内独树一帜，形成了成熟的理论和治疗体系。冯天有教授也被聘为中央保健会诊专家。



冯教授在第 31 世界军事医学大会表



邓小平同志与冯教授合影

在冯天有教授的他不仅曾多次为中央领导同志会诊，还多次受命为外国元首看病，1976 年 2 月，毛泽东主席欣闻冯天有教授远赴他国为某国元首用新医正骨疗法治愈了颈椎病时曾兴奋地说，希望在年轻人身上，但不要骄傲。冯天有教授因此荣获全军保健工作特殊贡献奖（2003）和中央保健工作先进个人称号（2005）。而冯教授更多的精力是服务于广大老百姓和普通民众。1979 年，冯天有在空军总医院组织创建了“空军新医正骨疗法专科中心”，1984 年组建了空军总医院新医正骨科。



朝鲜前领导人金日成同志与冯教授合影



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发展轨迹

1979 年空军后勤部批准成立“空军新医正骨疗法专科中心”；

1984 年空军总医院正式成立新医正骨科，冯天有教授担任空军总医院副院长兼科室主任，刘世杰副主任医师和银舜德副主任医师任副主任；



建科初期冯教授组织病历讨论



解放军前总参谋长杨得志将军关心中心建设

1986 年新医正骨科被解放军总后勤部批准为重点医学专科中心，命名为“全军中西医结合正骨疗法研究中心”，新医正骨科更名为中西医结合正骨治疗科；1988 年科室被批准为第四军医大学硕士研究生培养点；1997 年被批准为国家级师承制硕士研究生培养点，同年韦良渠副主任医师接任科室副主任；1999 年赵平教授接任科室副主任；

2002 年科室经过严格评审被确立为国家中医药管理局脊柱软伤专病中心；2005 年被国家卫生部确立为博士后培养点，同年，赵平教授任科室主任，冯伟及柳小林教授分别接任科室副主任。2009 年冯天有教授被批准为国家级师承制博士研究生导师。

学术成就

1977 年起，人民卫生出版社陆续出版了冯天有教授关于新医正骨疗法的专著《中西医结合治疗软组织损伤》中文、日文、英文版。使得该疗法在国内外产生重大影响。从此，新医正骨疗法在国内独树一帜，形成了成熟的理论和治疗体系，国内外重要媒体及香港媒体都对新医正骨疗法给予报道。



中日英文版专著



冯天有教授获国医名师称号

“新医正骨疗法”因此获得 1978 年“全国科学大会”重大科研成果奖，冯天有教授获得“全国先进科技工作者”称号。1987 年，中西医结合治疗软组织损伤获得全军科技进步一等奖。还带领科室其他同事获得总后卫生部“七五”、“八五”多项重点攻关课题，荣获多项军队科技和医疗成果奖十余项。



部分获奖证书



20 余年来科室发表的部分中英文学术论文和专著

1999 年 2 月冯天有教授于被授予国家百名优秀医生称号，2007 年被授予“国医名师”称号。2017 年被授予北京市“国医名师”称号。

科室对外交流频繁，经常参与国内外学术交流，始终保持专业领域的国内领先地位，20 余年来，中心医护人员在国内外专业刊物上已发表中英文论文百余篇，主编、参编专著十余部，



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目前情况

建科二十年来，正骨中心逐渐发展成为空军总医院规模最大的临床科室之一，也是国内同类专科中心中规模最大的医疗单元，是融医、教、研于一体的特色优势专科中心和全军航空护理基地。科室设有实验室、信息资料室、康复锻炼室、理疗室等。仪器设备总价值 287 余万元。



科室组织教学查房病历讨论



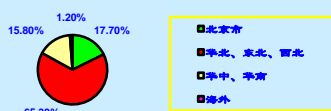
空军总医院
正骨科诊区

科室现有医护人员 40 余人，高级职称 8 名，其中医生中半数以上具有博士或硕士学位，是国内同类特色专科中高学历人才较多的科室之一。



护士长及科室部分护理人员

科室患者遍布全国各地



病房内开展床位近 93 张。年住院患者 1300 人次以上，科室常年坚持全日制门诊，年门诊量 15 万人次以上。其中 82.3% 的门诊患者来源于北京以外的全国其他所有省市和地区。还有 1.2% 来自其他国家和地区。由于科室拥有多名国内外、军内外知名专家，所以，科室

还肩负着我国党政军领导人的医疗保健工作及国外领导人的重要会诊任务。

科室在中西医结合治疗软组织损伤的专科学术界有很高地位，不仅有冯天有教授担任国际专业学会的名誉主席及国家一、二级学会主委或顾问，还



赵平教授在意大利比萨大学讲学



冯教授接待美国医学代表团

有赵平教授担任国内二级学会副主委、北京市专业学会主委及军内专业学会副主委等职务；另外，冯伟、柳小林等教授及一批高年资及中青年专家也在国家及军队二级学会担任常委和委员等职务。

科室经常接待来访的专业学者，冯天有、赵平、冯伟等科室专家也经常出国参加学术交流和学术专访。



冯伟教授在国际论坛答记者问



科室举办脊柱手医学研讨会

科室还举办各种国内及国际会议或研讨会，与国内外专业学者交流专业体会，引领中西医结合治疗软组织损伤疾病的国内发展潮流和探讨中国特色专科技术与国际接轨的途径。



国家级继教学习班（柳小林副主任在授课）

科室近十年来连续举办国家级继续教育项目“全国脊柱损伤退变性疾病手法治疗讲习班”，为我国培养了大批专科技术人才，许多学员已经成为当地的专业骨干。



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The Feng's Spinal Manipulative Therapy (FSMT) has been highly appreciated by doctors in the field at home and abroad ever since it's creation by professor Feng Tian You in the early 1970s. It had won its reputation in the patients with degenerative and mechanical problem of spinal column and medical workers in the field by its creative theory and reasonable practice. The therapy is now one of the most famous spinal manipulative therapies in China. Consequently, the Center of Manual Therapy of China State Administration of Chinese Medicine based on FSM therapy and founded by professor Feng in the PLA Air force General Hospital has been well known to the world.

Origin

Professor Feng graduated from the Forth Military Medical University, a famous medical university in China in 1966. he witnessed a delicate manipulative therapy, by chance, given by a legendary traditional Chinese bon-settler called Auntie Wang and shocked when he found the patient released from acute lumbago immediately after the treatment in 1969. He had spent half year afterward to learn the skills from Auntie Wang and was deeply impressed by her clinical experiences and practical skills of manipulation. Combined with modern medical and biomechanical knowledge Dr Feng started to build up FSM therapy in 1970's. Based on his clinical experience and studies, he put forward the theory of "FSM" therapy in 1975, which creatively focus on the vertebra subluxation as key point in the pathological biomechanics of spine problem. Consequently, FSM technique based on the theory has come into successful practice, which integrates both traditional Chinese skills and modern biomechanics and pays more attention on the biomechanical balance of spinal column reflecting the yin-yang principle of TCM, the core of Chinese philosophy.



Lumbar concept of FSM



Prof. Feng learn from Auntie Wang

FSM therapy has developed very fast in 1970's and aroused attention from the publics and government as well. In 1975, the former premier Zhou En Lai invited Dr Feng to attend an important conference held by the Ministry of Health as a special lecturer. Dr Feng's introduction of FSM Therapy was highly appraised by the officials and scholars attending the conference. He was then asked to hold a



Foreign doctors at a training class in 1976



Dr Feng demonstrate FSM skills at 31th international conference of military medicine.

national training program for doctors from all parts of China to learn FSM therapy. Professor Feng, helped with his coworkers, had successfully organized 16 training classes ever since in 1970's with more than 600 doctors participated including a class of foreign doctors from 13 countries, which was the first medical international training class for foreigners officially proved in P. R. China. The FSM therapy was then recognized as one of the most popular SMT in China with its modernized theory and practical techniques.

Apart from giving medical care and treatment to the top officials of China central government, Dr Feng has been also asked to give his therapy to the head of state from other countries, such as former chairman Kin in North Korea. When former president Mao heard of the news, he was more than delighted to send his personal congratulation to Dr Feng and encouraged him to make more practical progress in future. Because of his success Dr. Feng won many rewards from the central government and PLA. Never less, Dr. Feng spent most of his time, On the other hand, to give his service to ordinary people. In 1984, with the help of his coworkers and supported by PLA Air force, Dr. Feng build up the center of Chinese Manipulative Orthopedics in the Air force General Hospital, PLA.



After giving treatment take a photo with Mr. Deng and President Kin



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History

In 1986, the center was granted as PLA Clinical Center of Chinese Manipulative Orthopedics by the General Logistic Department of PLA. And in 2002 the center was officially recognized as the Spine Center of Manipulative Therapy of China State Administration of Chinese Medicine (CSACM). The center has been



Out-patient section

collaborated with many famous medical universities in

China for medical education of postgraduate and Ph. D program, such as the Fourth Military Medical University, the Dalian Medical University and Beijing TCM University ever since 1988. Professor Feng Tian You has been approved as tutor of Ph. D program for PLA General Hospital in 2005. The center was

officially granted as a workstation for pursuing postdoctoral scientific research in 2006 by the educational department of China State Ministry of Health.



Case consultation in early 1980's

Achievement

From 1977, Professor Feng published his first book on FSM therapy named "Conservative Therapy on Soft Tissue Injury by Integrating West Medicine and TCM" edited by Publishing House of People's Health Care. The book was published not only in Chinese



Rewards certificates

but also in Japanese and English, which made the FSM therapy more popular worldwide and aroused attention from many medical scholars. The FSM therapy was appraised by the National Congress of Science in 1978 just after the "Cultural Revolution" as one of great contributions in the history of health care of New China. Professor Feng was appraised as "Outstanding Scientist of the Nation" by Ministry of Health of China Central Government and "National Master of Chinese Medicine" by CSACM. Later in 1986, the FSM therapy was honored as First Prize Rewards of Science and Technology of PLA. One the other hand, Professor Feng had enriched

his theory of FSM therapy by progressive clinical researches supported by PLA and China government with the help from his colleagues.

The center is very active in domestic and international academic exchanges and keeps itself on the leading position of the nation in the field. The doctors in the center have written more than 100 papers either in Chinese or English for medical journals at home and abroad, and published dozen monographs about spine problem in past 20 years.



National master of CM



Parts of the books and papers in medical journals



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Profile

After nearly 30 years of development, the center has been gradually enlarged as one of biggest departments in the hospital. It is also one the biggest centers in terms of spinal manipulative therapy in China. The center is officially considered as one of the most prestigious medical and educational center in the field with extensive interest of scientific and clinical research programs on spine problem. The center is equipped with around \$100 million worth of equipment and devices and attached with a small medical



Head nurse and her team

laboratory, a rehabilitation gym and a physiotherapy section etc.

The center has more than 30 staff members with 17 doctors and 18 nurses. About half of the doctors got PhD or Master degree of medicine indicating better education of them than the doctors in the similar department of other hospitals.

Nationwide influence: Patients resources



At in-patient section the center has 80 beds with more than 1000 patients hospitalized annually. At out-patient section with full time clinic the center receives 150,000 patient visits annually,



Demonstration and consultation

who come from all parts of China with more than 80 per cent from the other parts of China and about 1.2 per cent from oversee. The center is



Prof. is meeting a delegation from USA



Prof Zhao is lecturing in Italy

honored by central government to give special health care service for VIP officials and foreign visitors of the central government and PLA because of the nationally renowned experts, such as professor Feng Tian You and professor Zhao Ping, the present director of the center, and so on. They are honorably and officially recognized as top scholars in the field domestically and internationally. The younger generation of the team also make themselves gradually recognized by their counterparts, such as professor Feng Wei, professor Liu Xiao Lin, etc.

There are many visitors from other countries come to the center for exchanging views on spinal manipulative therapy. The experts of the center also take lecturing visits to foreign countries in return. For sake of academic exchange the center organized an international symposium for



Prof. Feng W at conference

spinal manipulative therapy every other year since 2010 besides annual national training programs asked by China State Administration of Continue Education. The exchanging programs of various types make the center a leading figure in the field of spinal manipulative therapy nationwide and bridge over the gap between the doctors in the field at home and abroad.



Prof. Liu is lecturing at a national training class