**2018 年全国高等教育自学考试统一命题考试**

**《英语（二）》重难点讲义资料课程代码：00015**

## 课程介绍

**一、基本内容**

《英语（二）》在完成“英语（一）”课程内容基础上，培养考生掌握系统的英语语言知识，包括正确的英语语音知识、系统的英语语法知识和一定的词汇量(4500)，并熟悉英语语言的表达方式。

## 二、命题相关

《英语（二）》命题按照标准化测试要求设计。命题的广度和难度依据本大纲规定的知识 范围和能力要求确定。部分命题素材取自《英语（二）自学教程》。统考以阅读和写作为主， 听、说不做统考要求。

考试题包括客观性试题和主观性试题，分别占卷面总分的55和45。试卷由七部分组成， 包括：阅读判断、阅读选择、概括段落大意和补全句子、填句补文、填词补文、完形补文以及短文写作。现对试卷内容及结构分别说明如下：

## 第一部分 阅读判断

本题型要求考生能够理解文中明确表达的概念或细节，推断隐含表达的内容，理解全文主旨和作者所持观点态度；能够根据上下文推测生词意义，理解句间关系和语篇结构。本题型短文选自英语国家大众读物及旅游手册、操作说明等真实语料，根据语言难度作适当调整， 对无法猜测而又影响理解的关键词，用汉语注明词义。所选短文题材覆盖广泛，涉及叙述、说明、议论等不同体裁。

本题型要求考生在读懂 1 篇 350 词左右短文的基础上，对给出的 10 个句子所表达的信息作出判断，有的信息是正确的，有的是错误的，有的文中没有提到。

本题型共 10 小题。每小题 1 分，共计 10 分。

特别提示：与以往《英语（二）》的阅读理解设题形式相比，该题更注重文章中的细节。与四、六级06年改革后的新题型中快速阅读的最初形式类似（Yes，No,Notgiven）。

## 第二部分 阅读选择

本题型要求考生：理解文章主旨和要义；把握文章的基本结构；理解文中说明要点的事实和细节；作出简单推理和判断；根据上下文推断生词的释义；领会作者的意图、观点和态度。

本题型选用 1 篇长度 350 词左右的短文，题材包括人文、科技、经济、环境、卫生等热

点话题，文中会适当给出个别生词的中文释义。短文后设有 5 个题目，要求考生从每题后 4 个备选项中选出最佳选项。

本题型共 5 小题。每小题 2 分，共计 10 分。

特别提示：与以往《英语（二）》的阅读理解设题形式基本相同。

## 第三部分 概括段落大意和补全句子

本题型包括 1 篇短文（400 词左右）和 2 项任务：概括段落大意和补全句子。其中概括段落大意部分旨在考查考生宏观把握文章结构、概括段落大意和提取关键信息的能力。任务设有 5 或 6 个概括句或小标题，这些标题或文字分别是对文章各段落的概括和阐述，其中 1 个为干扰项，要求考生根据文章内容选出最恰当的段落大意或小标题。补全句子部分主要考查考生定位查找关键信息的能力。该任务设有 5 或 6 个不完整的句子和 6 或 7 个备选项（1 个干扰项），所填内容一般为名词短语、动宾短语、形容词结构、非谓语形式或简短的从句等，要

求考生把符合题意的选项填入空格，完成每个句子。本题型共 10 小题。每小题 1 分，共计 10 分。

特别提示：与以往《英语（二）》的阅读理解设题形式，更注重读者的概括总结能力。补全句子部分需特别关注句子的结构特征。

## 第四部分 填句补文

本题型主要考查考生对文章语段特征（如连贯性和一致性等）的识辨能力以及把握文章结构的能力。要求考生从整体上把握文章的逻辑结构和内容上的联系，理解句子之间、段落之间的关系，并具备运用语法知识分析理解长难句的能力。

本题型选用 1 篇总长度约 400 词的短文，所选材料多是观点鲜明、条理清楚的说明文或

议论文。要求考生在理解文章整体结构以及段落之间、单句之间关系的基础上，从所给的 6 个备选项中选出对应的 5 项（1 个干扰项）。

本题型共 5 小题。每小题 2 分，共计 10 分。

特别提示：所需填的句子起着承上启下的作用，故应特别关注空格处的句子与前后句之间的衔接关系。

## 第五部分 填词补文

本题型考查考生对文章及语篇中词汇的理解能力。所选短文一般为 250～300 词，题材涉及科普知识、社会热点等。短文中留出 10 个词汇的空格，要求考生从所给 12 个备选单词中选择符合上下文语境的词汇填入相应空白处，使短文意思通顺、表达正确，2 个非正确选项具有强干扰性。考查的词汇主要涉及名词、动词、形容词、副词等。短文首句不设置空格，两个空格之间会有一定间隔，以保证考生对篇章的正确理解。

本题型共 10 小题。每小题 1.5 分，共计 15 分。

特别提示：类似于四六级考试中的阅读理解的第一部分选词填空（即15选10），更注重句子结构的分析。

## 第六部分 完形补文

本题型考查考生综合理解和运用语言的能力。要求考生准确掌握词语拼写，熟练掌握派生、屈折变化等构词方法；具备语篇分析能力，能够通过上下文意义和文章结构对具体词语的意义、词性、时体和情态等方面的应用作出有效分析。短文选自英语国家大众报纸杂志， 内容涉及传记、社会文化、日常知识、科普常识等常见话题。

本题型要求考生在通读 l 篇约 150 词短文（被删除 10 个单词）的基础上，将与空白处对应的提示词转换成适当的词汇形式填入文中，使短文意义完整、语法正确。

本题型共 10 小题。每小题 1.5 分，共计 15 分。

特别提示：类似于以往考试中的词性转换的形式，注重句子成分的分析，同时注意上下文的连贯性。

## 第七部分 短文写作

本题型考查考生的书面表达能力。要求考生根据所给情境写出不少于 150 词（不计算标点符号）的文章。提供情境的形式有图画、图表、文字等。考生需要就具体或一般性抽象话题进行描述、阐释或说明，用词恰当，表达通顺；能正确反映客观情况，表达自己的观点： 能准确使用所学语言知识，根据写作要求清楚、有条理、连贯地表达自己的意思。

本题型 1 个题目，30 分。

特别提示：新增考项。特别注重考生的词汇的应用能力和基本句型表达能力。特别关注各种体裁作文的格式及常用句型，全面提高语言表达能力。

## 三、考试分值

《英语（二）》的考试采用闭卷方式，统考采用笔试。考试时间为 150 分钟。试卷满分为

100 分，60 分及格。《英语（二）》考试采用统一设计的答题卡。考生必须将所有试题的答案按要求填涂和书写在答题卡对应的位置。

## 四、教材要求

《英语（二）》考试为英语水平考试，主要按照设定的标准考查考生的语言能力。必读书 目为全国高等教育自学考试公共课《英语（二）自学教程》。考试命题虽不完全基于该教材， 但它提供了《英语（二）》考试的内容和要求，是学习者和考生掌握英语和通过本考试的重要 载体。

## Unit 1 ThePower of Language 自考赢家整理

1. New words and expressions Newwords
2. criticaladj. 有判断力的；判断公正（或审慎）的
3. non-fictionn. 纪实文学
4. positionn. 观点；态度；立场
5. statementn. 说明；说法；表态
6. questionv. 表示疑问；怀疑

out of question / out of thequestion

1. evaluatev. 估计；评价；评估
2. contextn. 事情发生的背景，环境，来龙去脉
3. valuen. values [pl.]是非标准；价值观valuable

invaluable=priceless valueless

1. representv. 描述；表现representativeadj./n.
2. assertionn. 明确肯定；断言
3. sufficientadj. 足够的；充足的sufficiency

insufficient

1. statisticn. statistics [pl.]统计数字；统计资料
2. integratev.（使）合并，成为一体
3. authorityn.专家；学术权威；泰斗an/the authority onsth.

authorize

1. comparev. 比较；对比compare A withB

compare A to B

1. subjectn. 主题；题目；题材
2. consistentadj. 相符的；符合的
3. inconsistencyn. 不一致
4. assumptionn. 假定；假设
5. casen. 具体情况；事例incase

in case of fire in case that… a case inpoint

confirmed/suspected cases

1. directlyadv. 直接地；径直地
2. identifyv. 找到；发现
3. validadj. 符合逻辑的；合理的；确凿的validity n. 有效性，正确（性）

invalid

1. credibleadj. 可信的；可靠的incredible=unbelievable
2. landmarkn.（标志重要阶段的）里程碑
3. relevantadj. 紧密相关的；切题的relevancy n. 关联；恰当

irrelevant

1. currentadj. 现时发生的；当前的
2. appropriateadj. 合适的；恰当的inappropriate

It's (not) appropriate that ….

1. biasn. 偏见；偏心；偏向
2. considerablyadv. 非常；很；相当多地consider

considering considerable considerate consideration

1. Democratn. （美国） 民主党党员，民主党支持者民
2. Republicann. （美国）共和党党员，共和党支持者
3. reflectv. 显示；表明；表达
4. informedadj. 有学问的；有见识的well-informed

ill-informed

Phrases and Expressions

1. applyto 使用；应用
2. putforth 提出；产生
3. take … intoaccount 考虑到；顾及
4. accept/take … atfacevalue 相信表面；信以为真
5. withagrainofsalt 有保留地；持怀疑态度地
6. Text Learning CriticalReading

① (1)Criticalreadingappliestonon-fictionwritinginwhichtheauthorputs forthapositionorseekstomakeastatement. Criticalreadingisactivereading. Itinvolvesmorethanjust（不只是，不仅仅是）understandingwhatanauthorissaying. Criticalreadinginvolvesquestioningandevaluatingwhattheauthorissaying, and formingyourownopinionsaboutwhattheauthorissaying. Herearethethingsyou shoulddotobeacriticalreader.（启下句）

## 【本部分重难点】

1. Criticalreadingappliestonon-fictionwritinginwhichtheauthorputsforth a position or seeks to make astatement.

apply to sb./sth.= be applicable to sb./sth. apply 的派生词：application, applicant, applicable

② Consider the context of what is written. You may be reading something that was written by an author from a different cultural context than yours. (2)Or, you maybereadingsomethingwrittensometimeagoinadifferenttimecontextthanyours. (3)Ineithercase,youmustrecognizeandtakeintoaccountanydifferencesbetween your values and attitudes and those represented by theauthor.

## 【本部分重难点】

1. Or, you may be reading something written some time ago in a different time context thanyours.

some time

注意区分：sometime / sometimes / some times

1. Ineithercase,youmustrecognizeandtakeintoaccountanydifferencesbetween your values and attitudes and those represented by theauthor.

不论哪种情况，你必须注意并考虑你的价值观和态度与作者所述的价值观和态度有何不

同。

those 是代词，代替前面的复数名词 values and attitudes。代替可数名词单数或不可

数名词用 that。例如：

The students in your class are more hard-working than those in his class. The values of the young people differ from those of their elders.

Your voice is more beautiful that that of your classmates. The price of that book is higher than that of this one.

请认真答题，答题结果将记入知识点测评的成绩！【单选题】1.Thenecklacehersister iswearingismuchmorebeautifulthan wornbyMary.A．thisB．thatC．theseD．

those**【答案】**B

**【解析】**本题考查指代词 those/that 的用法。英语句子中为了避免重复常使用代词代替前面出现过的名词。代替前面的复数名词用 those；代替可数名词单数或不可数名词用 that。本句中空格处要填的词代替代替单数可数名词 necklace，故选 A。此处 that 也可以换成 the

one。【知识点】指代词 those/that 的用法

③ Questionassertionsmadebytheauthor. Don'tacceptwhatiswrittenatface value. Before accepting what is written, be certain that the author provides sufficientsupportforanyassertionsmade. Lookforfacts, examples, andstatistics thatprovidesupport.（承上句）Also, looktoseeiftheauthorhasintegratedthe work ofauthorities.

④ Compare what is written with other written work on the subject. (4)Look to seethatwhatiswrittenisconsistentwithwhatothershavewrittenaboutthesubject. Ifthereareinconsistencies, carefullyevaluatethesupporttheauthorprovidesfor theinconsistencies. （承上句）

## 【本部分重难点】

1. Looktoseethatwhatiswrittenisconsistentwithwhatothershavewritten about thesubject.

be consistent with 与……一致

consistvi.组成（of）；在于（in）；符合（with）

The United Kingdom consists of Great Britain and Northern Ireland. The beauty of the plan consists in its simplicity.

This doesn't consist with what you told me earlier. 这和你先前告诉我的不符合。consist 的派生词：consistent, inconsistent, consistency, inconsistency

请认真答题，答题结果将记入知识点测评的成绩！【单选题】2. To tell you the truth,

I really hope that your actions will consist

time.A． ofB． inC． atD． with**【答案】**D

your words this

**【解析】**本题考查 consist 的用法。consist of 意为"由……组成"；consist in 意为" 在于"；consist

with 意为"与……一致"，故选 D。consistat 不存在。该句的意思是"说实话，我真希望这次你的言行能一致"。【知识点】consist 的用法

⑤ Analyzeassumptionsmadebytheauthor. (5)Assumptionsarewhatevertheauthor must believe is true in order to make assertions. In many cases, the author's assumptionsarenotdirectlystated. Thismeansyoumustreadcarefullyinorderto identifyanyassumptions.（承上启下句）Onceyouidentifyan assumption, youmust decide whether or not the assumption isvalid.

⑥ Evaluatethesourcestheauthoruses. Indoingthis, becertainthatthesources are credible. For example, Einstein is a credible source if the author is writing aboutlandmarkachievementsinphysics. Alsobecertainthatthesourcesarerelevant. Einsteinisnotarelevantsourcewhenthesubjectispoetry.（承上句）Finallyif theauthoriswritingaboutasubjectinitscurrentstate, besurethatthesources arecurrent（启下句）. Forexample, studiesdonebyEinsteinintheearly20thcentury may not be appropriate if the writer is discussing the current state of knowledge inphysics.

⑦ Identify any possible author bias. (6)A written discussion of American politicswilllikelylookconsiderablydifferentdependingonwhetherthewriteris aDemocratoraRepublican.(7)Whatiswrittenmayverywellreflectabiasedposition. You need to take this possible bias into account when reading what the author has written with "a grain ofsalt."

⑧ By being a critical reader, you will become better informed and may change your views as appropriate.

## 【本部分重难点】

1. Assumptions are whatever the author must believe is true in order to make assertions.

whatever 引导的是表语从句，不能换成 no matter what。名词性从句（主语，宾语，表语，同位语从句）中，"疑问词 ever"不能换成"no

matter+疑问词"，状语从句中可以换用。例如：

Whoever comes to our party is welcome. （不能换成 no matter who…） He will lend a helping hand to whoever needs his help. (不能换)

He will buy whatever his son wants. （不能换）

Whatever you do, I will support you. (能换成 no matter what…)

1. A written discussion of American politics will likely look considerably different depending on whether the writer is a Democrat or aRepublican.

likely 在该句中是副词likely adj. / adv. be likely to dosth.

It's likely that… a likely result

Profit will most likely have risen by about ?2 million. 利润极可能增加 200 万英镑左右。（副词）

likely 的派生词：unlikely, likelihood。例如：

The likelihood of infection is minimal. 感染的可能性极小。

1. What is written may very well reflect a biased position. a biased position be biasedto/toward(s)/against

反义词：unbiased

1. 部分练习讲解 P111 Bridging theGap

Directions:Fillintheblankswithawordoraphrasethatbestcompletesthe passage. You may choose a suitable one from the listgiven.

解题方法：把词分类

动词 名词 形容词 副词define action powerful internally express tears personal

shape shape good respond to

Language is one of the things that sets us apart as beings, one of the things thatessentially1definesusashumans. Whenlanguageisusedwellitcanelicitvery deep feeling in others, motivate others to 2 actionand define the nature of our relationships. Sometimesinpoetrythejuxtaposition（并列）oftwowordsoracertain phrasecanbring3tearstotheeyes, callupawholehostofimageryandmoveusdeeply. Wehaveseenlanguagerecentlyusedinthepoliticsofpersuasion, usedfor4goodor ill - dependingonyourviewpoint. Whenweuselanguageto5expressourtruefeelings to someone it can open and deepen the connection between us. Language is a very 6 powerfultool. Howweuselanguageshapesourworldboth7internallyandexternally. Howyouuseself-talk - whatyousaytoyourselfaboutyourselfandabouttheworld directly8 shapes（塑造，使成形）yourexperienceof both yourselfandtheworld. Howyoudelivercommunicationshapesthewaytheworld9respondstoyou. Wecanuse language moreeffectively

inbothspheres:internalandexternalanddirectlyinfluencethehealthandpower of our 10 personalrelationships and our businessrelationships.

1. New words and expressions Newwords
   1. confidencen.自信心；把握相关词：confident

be confident of sb. / sth.

have / lose confidence in sb. / sth. 注意比较：confident / confidential

* 1. programv. 训练；培养
  2. masteryn. 控制；驾驭
  3. destinyn. 命运；天命；天数
  4. dramaticallyadv. 巨大地；惊人地；显著地
  5. qualityn. 质量；品质
  6. subconsciousadj. 下意识的；潛意识的
  7. pleasev. 使满意；使愉快
  8. commandn.（给人或动物的）命令
  9. knowinglyadv. 故意地；蓄意地
  10. impactn. 巨大影响；强大作用
  11. matterv. 事关紧要；有重大影响
  12. confidentadj. 自信的；有自信心的
  13. sensen.（对重大事情的） 感觉，意识
  14. eliminatev. 排除；清除；消除eliminate all grammatical mistakes be eliminated in the firstround
  15. disempowerv. 剥夺；使失去权利；剥夺力量

注意构词法：dis（表示否定）+em（使，赋予）+power

en- / em-常见的动词前缀，如：enable, enrich, endanger, enlarge 等。empower v. 授权，赋予权利

* 1. self-esteemn. 自尊（心）
  2. limitv. 限制；限定

区分两个名词 limit 和 limitation。

There is a limit / are limits to one's life. There is no limit / are no limits to knowledge. Everyone has his own limitations.

* 1. infiniteadj. 极大的；无法衡量的相关词：finite, finitely, infinitely
  2. stiflev. 压制；扼杀；阻止
  3. creativityn. 创造力

相关词：create, creation, creator, creative, creatively

* 1. internaladj. 内心的；头脑中的
  2. insignificantadj. 微不足道的；无足轻重的

相关词：significant, significance, significantly, insignificance

* 1. commonlyadv. 通常；常常
  2. alternativen. 可供选择的事物，替代物

havenoalternativebuttodosth.Isthereanyalternativetogoingtothecinema?

* 1. fabulousadj. 极好的；绝妙的Phrases andExpressions

1. carryout 完成（任务）
2. beupto 取决于
3. haveanimpacton/upon 对…产生巨大影响
4. rub … out 用橡皮擦掉（字迹等）
5. beincontrolof 掌管；管理；控制
6. TextLearning

The Language of Confidence

1. Thelanguageweuseprogramsourbrains.Masteringourlanguagegivesusagreat degreeofmasteryoverourlivesandourdestinies.Itisimportanttousethelanguage in the best way possible in order to dramatically improve our quality oflife.
2. Eventhesmallestofwordscanhavethedeepesteffectonoursubconsciousmind, whichislikeachild,anditdoesn'treallyunderstandthedifferencebetweenwhat reallyhappensandwhatyouimagine.(1)Itiseagertopleaseandwillingtocarry outanycommandsthatyougiveit-whetheryoudothisknowinglyornotisentirely

up to you.

"Try"

1. Itisasmallwordyetithasanamazingimpactuponus.Ifsomeonesays,"I'll trytodothat"youknowthattheyarenotgoingtobeputtingtheirwholeheartinto it,andmaynotevendoitatall.(2)Howoftendoyouusethewordtrywhentalking aboutthethingsthatmattertoyou?Doyousay"I'lltrytobemoreconfident"or "I'll try to do that" or "I'll try tocall"?
2. Thinkaboutsomethingthatyouwouldliketoachieve,andsayittoyourself intwodifferentways.Firstlysay,"I'lltryto…"andnoticehowyoufeel.Next say, "I will do …" and see how youfeel.
3. (3)Thelattermakesyoufeelbetterthanthefirstone, doesn'tit? Itgives youasenseofdetermination, afeelingthatitwillbedone. Listentothepeople aroundyouandwhentheysaytheywilltrynoticeifitgetsdoneornot. Eliminate thewordtryfromyourdictionaryandseehowyourlifeimproves.（承上句）

## 【本部分重难点】

1. Itiseagertopleaseandwillingtocarryoutanycommandsthatyougiveit

* whetheryoudothisknowinglyornotisentirelyuptoyou. 它渴望取悦，乐意听从你给它的任何命令，而你是有意还是无意地做这些完全取决于你。

1. carryoutcommands 执行命令
2. beuptosb. 取决于某人

例如：It's up to you whether we go there or not.

1. Howoftendoyouusethewordtrywhentalkingaboutthethingsthatmatter toyou?

matter v. be important

例如：Aslongasstaffaresmart, itdoesnotmatterhowlongtheirhairis. 员工只要聪明，头发留多长没什么关系。

It matters a lot whether you come to my birthday party or not.

1. The latter makes you feel better than the first one, doesn't it? the former…thelatter…

"Can't"

1. Thisisanothersmallwordwithabigimpact.Itdisempowersus,makesusfeel weakandhelpless,anddamagesourself-esteem.(4)Itlimitsourinfiniteabilities andstiflescreativity.Rubitoutfromyourinternaldictionaryandreplaceitwith something that makes you feelgreat.

## 【本部分重难点】

1. It limits our infinite abilities and stiflescreativity.
2. infinite 的词根是 finite，其它相关词：finitely, infinitely, finiteness/finity, infiniteness/infinity。
3. creativity 的词根是 create。注意区分两个名词：creation/creativity。
4. Insteadofsayingyoucan't, whynotsaysomethinglike"Ichoose（愿意） … "or"Ichoosenotto …". Usingwordslikethisallowsyoutotakebackyourpower and to be in control of yourlife.
5. Wordsmayappearsmallandinsignificant,yettheycanhaveadeepandlasting effectonus.(5)Masteringyourlanguagegivesyouthepowertolivewhateverlife youdesire.
6. Whatwordsdoyouusealotthatdisempoweryou? Makealistofwordsyoucommonly useandthenwritenexttothemsomealternativesyoucanuse. （承上句） (6)Make thesealternativeswordsthatmakeyoufeelfabulous, notonlyaboutyourself, but aboutlifeandwhatyouaredoing!（承上句）

## 【本部分重难点】

1. Masteringyourlanguagegivesyouthepowertolivewhateverlifeyoudesire. give … thepower 相当于 empower，该句等于 Masteringyourlanguageempowersyou

to live whatever life you desire.

1. Make these alternatives words that make you feel fabulous, not only about yourself, butabout lifeandwhatyou aredoing! 让这些替代词不仅使你对自己感觉良好，而且使你对生活、对你所做的事情感觉无限美好吧！
2. make 在这里接名词作宾补，即 makesb. /sth. sth.，再如：Wemadehimourmonitor.
3. makeyoufeelfabulous，make 接 dosth.作宾补。
4. not only…but(also)…

## Unit 2 Mistakes to Success

1. New words and expressions Newwords
2. spillv.（使）洒出，泼出，溢出
3. respondv. 作出反应；响应respondto…

response

1. interviewv. （媒体）采访，访问
2. creativeadj. 创作的
3. occurv. 发生；出现It occurred to methat…
4. removev. 拿开；去掉
5. refrigeratorn. 冰箱
6. gripn. 紧握；紧抓
7. slipperyadj. 滑的；滑得抓不住（或站不稳、难以行走）
8. contentn. 所容纳之物；所含之物
9. veritableadj. 十足的；名副其实的；不折不扣的
10. yellv. 叫喊；大喊；吼叫
11. lecturen.（冗长的）教训，训斥，谴责
12. messn. 肮脏；杂乱；不整洁
13. rarelyadv. 罕有；很少；不常rare animals /stamps

Rarely is he late for class.

1. puddlen. 水洼；小水坑
2. eventually 最后；终于
3. restorev. 使复原；使复位；使复职
4. spongen. 海绵块
5. effectivelyadv. 有效地effective

ineffective

注意区分：effective / efficient

1. tinyadj. 极小的；微小的
2. discoverv. 了解到；认识到；查明discovery
3. graspv. 抓紧；抓牢
4. lipn.（容器或凹陷地方的)边，边沿
5. renownedadj. 有名的；闻名的；受尊敬的
6. remarkv. 谈论；评论
7. opportunityn. 机会；时机
8. scientificadj. 科学（上）的；关于科学的science

scientist 例如：

The medical science is making great progress in the treatment of cancer.

Youshouldprovidescientificevidenceinsteadofsubjectiveevidencetoprove this theory holdswater.

Several world-renowned scientists will be invited to attend the forum.

1. valuableadj. 很有用的；很重要的；宝贵的Phrases andExpressions
2. inthismanner 用这种方式
3. set…apartfrom 区别；使与众不同
4. Text Learning SpiltMilk

①Haveyouheardofthestoryaboutsplitmilk?(1)Well,weallknowthereis nousecryingoversplitmilk.Butthisstoryisdifferent.Iwouldhopeallparents would respond in thismanner.

② I recentlyhearda story abouta famousresearchscientist（研究科学家，高级研究员）whohadmadeseveralveryimportantmedicalbreakthroughs. (2)Hewas interviewedbyanewspaperreporterwhoaskedhimwhyhewassomuchmorecreative than the average person; what set him so far apart fromothers?

③ He responded that, in his opinion, it all came from an experience with his

motherthatoccurredwhenhewasabouttwoyearsold.(3)Hehadbeentryingtoriove abottleofmilkfromtherefrigeratorwhenhelosthisgripontheslipperybottle anditfell,spillingitscontentsalloverthekitchenfloor-averitableseaof milk!

④Whenhismothercameintothekitchen,insteadofyellingathim,givinghim alecture,orpunishinghim,shesaid,"(4)Robert,whatagreatandwonderfulmess youhavemade!Ihaverarelyseensuchahugepuddleofmilk.Well,thedamagehas alreadybeendone.Wouldyouliketogetdownandplayinthemilkforafewminutes before we clean itup?"

⑤ Indeed, he did. After a few minutes, his mother said，"You know, Robert, wheneveryoumakeamesslikethis,eventuallyyouhavetocleanitupandrestore everything to its proper order. So, how would you like to do that? We could use a sponge, a towel, or a mop. Which do you prefer?" he chose the sponge and together they cleaned up the spiltmilk.

⑥ Hismotherthensaid, "Youknow, whatwehavehereisafailedexperimentin howtoeffectivelycarryabigmilkbottlewithtwotinyhands. Let'sgooutinthe backyardandfillthebottlewithwaterandseeifyoucandiscoverawaytocarry itwithoutdroppingit."(5)Thelittleboylearnedthatifhegraspedthebottleat the top near the lip with both hands, he could carry it without dropping it. What awonderfullesson! （承上总结句）

⑦(6)Therenownedscientistriarkedthatitwasatthatmomentthatheknewhe didn'tneedtobeafraidtomakemistakes.(7)Instead,helearnedthatmistakeswere justopportunitiesforlearningsomethingnew,whichis,afterall,whatscientific experimentsareallabout.Eveniftheexperiment"doesn'twork,"weusuallylearn something valuable fromit.

⑧(8)Wouldn'titbegreatifallparentswouldrespondthewayRobert'smother responded tohim?

本文重点及难点：

1. Well, we all know there is no use crying over split milk. There/ Itisnousecryingoverspilt milk. 覆水难收。
2. Hewasinterviewedbyanewspaperreporterwhoaskedhimwhyhewassomuch more creative than the average person; what set him so far apart fromothers?
3. whoaskedwhy … fromothers 定语从句，修饰先行词 a newspaperreporter。
4. whyhewassomuchmorecreativethantheaverageperson 和 whatsethimso farapartfromothers 都是 ask 的直接宾语。
5. theaverageperson 普通人
6. sethimsofarapartfromothers 使他特别有别于他人，使他和别人有很大不同。far 在这里是副词，加强程度。

注意区分：so far 迄今为止，到目前为止。相当于 by now, up to now, as yet。So far he has mastered five foreign languages.

1. He had been trying to riove a bottle of milk from the refrigerator when he losthisgripontheslipperybottleanditfell, spillingitscontentsalloverthe kitchenfloor - averitableseaofmilk! 他试图从冰箱里取出一瓶牛奶，却没有抓住光滑的瓶子，瓶子掉了，牛奶洒得厨房满地都是--白花花的一片。
2. Robert, whatagreat andwonderfulmessyouhavemade! 感叹句。注意 what 和 how 的区别：

What a slower walker he is! How slowly he is walking!

1. Thelittleboylearnedthatifhegraspedthebottleatthetopnearthelip with both hands, he could carry it without droppingit.
2. graspthe bottle at the top v.+sb./sth.+介词+the +身体部位/衣服
3. withoutdroppingit 作状语。再如： Tom left without sayinggood-bye.

He ran out (without) saying a good.

1. Therenownedscientistriarkedthatitwasatthatmomentthatheknewhedidn't need to be afraid to makemistakes.

宾语从句是强调结构 itwas…that…。注意区分强调结构和 it 作形式主语或普通代词的结构。例如：

It was in this park that they first met each other.

It was this park where/in which they first met each other. It is important that we learn a foreign language well.

1. Instead, he learned that mistakes were just opportunities for learning something new, which is, after all, what scientific experiments are all about. 相反，他认识到错误正是学习新东西的机会，毕竟任何科学实验都是如 此。
2. Wouldn't it be great if all parents would respond the way Robert's mother responded tohim?

该句是个反问句，相当于语气很强烈的肯定句。

1. thewayRobert'smotherrespondedtohim 作状语，相当于 intheway …。再

如：

He learned money was not everything the hard way.

1. thewaysb. does/didsth.某人做某事的方式I like the way she dressesherself.

People don't the way he talks.

1. 部分练习讲解 P128 Bridging theGap

Directions: Fill in the blanks with a word or a phrase that best completes the

passage. You may choose a suitable one from the list given. 解题方法：把词分类

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| 动词 | 名词 | 形容词 | 副词 | 介词 | 连词 |
| fear | fear | unavoidable | wisely | without | so that |

reach success under as long as reach between

Lotsofpeopledon'tdaretomakemistakes. They1fearthattheywillberidiculed orblamedbyothers. Theyfearthattheywilllosetheirmoneyandbelongingsorbe 2underalotofstress. Butrisksare3unavoidableandtheydopavethewayyoumust tread（踩，踏）upontowards4succcess. Haveyoueverheardofsomeonewhoachieves success 5 withoutmaking any mistakesbefore?

Soitisonlynaturalthatmakingmistakesinyoureffortto6reachyourdreams is considered a must, and you shouldn't worry about that as you may get a lot of advantagesoutofyourmistakes.Bymakingmistakesatleastyouthencandistinguish 7 betweenthe correct and the incorrect portions of what you did. AnthonyD'Angelo

said: "Inordertosucceedyoumustfail, 8sothatyouknowwhattodothenexttime",andRobertLouisStevensonevenwenttotheextremeastosay: "Ourbusinessinlifeisnottosucceed, buttocontinuetofailingoodspirits（精神抖擞，情绪高昂）."

Youneedn'tworryaboutanything9aslongasyoukeepongoingby10wiselylearning from your mistakes and trying evenharder.

1. New words and expressions Newwords
2. glancen. 瞥一眼；匆匆一看；扫视
3. touchn. 修饰；润色；装点
4. frostn. 给（糕饼）覆上糖霜
5. aestheticadj. 审美的；有审美观点的；美学的
6. triumphn. 巨大成功；伟大胜利
7. lumpyadj. 多块状物的；为块状物覆盖的
8. frostingn. 糖霜（用以装饰糕饼等）
9. blendern. （电动）食物搅拌器
10. fixingsn. [pl.]（菜肴的）配料
11. requisiteadj. 必需的；必备的；必不可少的
12. utensiln. （家庭）用具，器皿
13. phoenixn.（传说中的）凤凰，长生鸟
14. cluttern.杂乱的东西（尤指不需要的或无用的）；杂乱
15. presentv. 把…交给；颁发；授予

注意作为动词和名词时的发音差别。再如：import, export, record, produce 等。

1. anniversaryn. 周年纪念日
2. flashn. 闪光；闪耀
3. positionv. 安装；安置；使处于
4. slidev. (使 )快捷而悄声地移动
5. explodev. 突然爆发，进发（感情） explosion

explosive n. 炸药 adj. 爆炸性的

1. slipv. 悄悄疾行；溜
2. flipv.（开）；按（按钮）
3. trumpetv. 发出喇叭声
4. gesturev. 做手势；用手势表示
5. grandlyadv. 骄傲地；自负地
6. slightlyadv. 略微；稍微
7. off-balanceadj. 不平衡的；不稳定的
8. layern. 层；表层
9. inspectionn. 检查；查看；审视
10. moanv. 抱怨
11. interjectv.打断（别人的讲话）；插话
12. gentlyadv. 温柔地；温和地；和缓地
13. disastern. 灾难；不幸；彻底失败
14. stormv. 气呼呼地疾走
15. slamv. （使…）砰地关上slam the doorshut
16. silentlyadv. 悄悄地；静静地

silent

silence v. / n.

1. moistadj. 微湿的；湿润的moisturen.
2. sufferv.（因疾病、痛苦、悲伤等）受苦，受难，受折磨suffer pain(s) / torture(s) / losses /failures

suffer from a splitting headache

1. occasionaladj. 偶然的；临时的occasion

occasionally

1. issuen. 重要议题；争论的问题
2. significancen. (尤指对将来有影响的)重要性，意义significant

significantly

1. stuffn. （事物名称不详、无关紧要或所指事物明显时用）东西，物品，玩意儿
2. awfullyadv. 非常；极其
3. troublesomeadj. 令人烦恼的；令人痛苦的
4. deservev. 值得；应得；应受
5. frustrationn. 令人懊丧（或懊恼、沮丧）的事物frustratev.

frustratedadj.

1. carpetn. 地毯
2. emergev. 露头；显现

区分两个名词：emergence / emergency

1. dignityn. 自豪；自尊；自重indignityn. 侮辱，轻蔑，无礼举动
2. sanitationn. 环境卫生
3. sacrificen. 牺牲；舍弃sacrifice A forB

make self-sacrifice

1. tenderadj. 易损坏的；纤弱的；脆弱的
2. responsibilityn. 责任；负责responsible (to sb. / for sth.) irresponsible

responsibly

1. occasionallyadv. 偶然；偶尔；有时候
2. consequencen. 结果；后果Phrases andExpressions
3. fromscratch 从头开始，从零开始
4. runoutof 用完，耗尽
5. stayup 熬夜
6. Text Learning TheCake
7. Cindyglancednervouslyattheclockonthekitchenwall.Fiveminutesbefore midnight.
8. "Theyshouldbehomeanytimenow,"shethoughtassheputthefinishingtouches

（最后润色，收尾工作）onthechocolatecakeshewasfrosting. (1)Itwasthefirst time in her 12 years she had tried to make a cake from scratch, and to be honest, itwasn'texactlyanaesthetictriumph. Thecakewas … well, lumpy. Andthefrosting wasbitter, asifshehadrunoutofsugarorsomething, which, ofcourse, shehad.

## 【本部分重难点】

1. It was the first time in her 12 years she had tried to make a cake from scratch,…

注意本句的时态。

It / This / That will be the first time they have met each other. It / This / That is the third time he has seen an English film.

It / This / That was the last time he had done such a strange thing.

1. Andthentherewasthewaythekitchenlooked.Imagineahugeblenderfilled with all the fixings for chocolate cake - including the requisite bowls, pans and utensils.Nowimaginethattheblenderisturnedon.Highspeed.Withthelidoff. Do you get theidea?
2. ButCindywasn'tthinkingaboutthemess.Shehadcreatedsomething,averitable phoenixofflourandsugarrisingoutofthekitchenclutter.(2)Shewasanxiousfor herparentstoreturnhomefromtheirdatesoshecouldpresentheranniversarygift tothi.Sheturnedoffthekitchenlightsandwaitedexcitedlyinthedarkness.When atlastshesawtheflashofthecarheadlights,shepositionedherselfinthekitchen doorway.(3)Bythetimesheheardthekeyslidingintothefrontdoor,shewasTHIS CLOSE toexploding.
3. (4)Her parents tried to slip in quietly, but Cindy would have none of that. Sheflippedonthelightsdramaticallyandtrumpeted:"Ta-daaa!"Shegesturedgrandly toward the kitchen table, where a slightly off-balance two-layer chocolate cake awaited theirinspection.
4. But her mother's eyes never made it all the way to the table. "Just look at thismess!"shemoaned."HowmanytimeshaveItalkedtoyouaboutcleaningupafter yourself?"
5. "But Mom, I was only…"
6. "Ishouldmakeyoucleanthisuprightnow,butI'mtootiredtostayupwith youtomakesureyougetitdoneright,"hermothersaid.(5)"Soyou'lldoitfirst thing in themorning."

## 【本部分重难点】

1. Shewasanxiousforherparentstoreturnhomefromtheirdatesoshecould present her anniversary gift tothi.

be anxious for sb. to do sth. 渴望某人做某事

1. Bythetimesheheardthekeyslidingintothefrontdoor,shewasTHISCLOSE toexploding.

当听到钥匙插进门锁的声音时，她的心几乎要蹦出来了！

1. Her parents tried to slip in quietly, but Cindy would have none of that. wouldhavenoneofit 不接受，不允许
2. "So you'll do it first thing in the morning." firstthing inthemorning 早上第一件事

He brushes his teeth first thing in the morning every day.

1. "Honey," Cindy's father interjected gently, "take a look at thetable."
2. "Iknow-it'samess,"hiswifesaidcoldly."Thewholekitchenisadisaster. Ican'tstandtolookatit."Shestormedupthestairsandintoherroom,slamming the door shut behindher.
3. (6)ForafewmomentsCindyandherfatherstoodsilently,neitheroneknowing what to say. At last she looked up at him, her eyes moist and red. "She never saw the cake," shesaid.

## 【本部分重难点】

1. For a few moments Cindy and her father stood silently, neither one knowing what to say. At last she looked up at him, her eyes moist andred..

neither one knowing what to say 以及her eyes moist and red 都是独立主格结构， 即：名词/代词+分词/形容词/介词短语/不定式。再如：

The teacher came in, (with) (a) book in (his) hand.

The monitor being ill, we have to postpone the meeting.

His homework (having been) finished, he decided to go to see a film.

Theworkershavingfinishedalltheirtasksaheadoftime,thebossdecidedto give thi a dayoff.

Weather permitting, we will go for a spring outing.

So many people (being) absent, the meeting has to be canceled.

1. Unfortunately, Cindy's mother isn't the only parent who suffers from SituationalTimbercularGlaucoma（青光眼）- theoccasionalinabilitytoseetheforest forthetrees. (7)Fromtimetotimeweallallowourselvestobeblindedtoissues oflong-termsignificancebystuffthatseisawfullyimportantrightnow, butisn't. Muddyshoes, lostlunchmoneyandmessykitchensaretroublesome, andtheydeserve theirplaceamonglife'sfrustrations. Butwhat'salittlemud - evenonnewcarpet

* comparedtoachild'sself-estei?Isalostdollarmorevaluablethanayoungster's iergingdignity?Andwhilekitchensanitationisimportant,isitworththesacrifice of tender feelings andrelationships?

1. I'm not saying that our children don't need to learn responsibility, or to occasionallysufferthepainfulconsequencesoftheirownbadchoices. Thoselessons arevital, andneedtobecarefullytaught. Butasparents, wemustneverforgetthat we'renotjustteachinglessons - we'reteachingchildren.（承上启下句）Thatmeans t

herearetimeswhenwereallyneedtoseethemessinthekitchen,andtimeswhen we only need to see thecake.

## 【本部分重难点】

1. Fromtimetotimeweallallowourselvestobeblindedtoissuesoflong-term significance by stuff that seis awfully important right now, butisn't.

由于那些眼下貌似极其重要但并非重要的事情，我们有时会对具有长远重要意义的事情视而不见。（分别指的是故事中的 mess 和 cake）

## Unit 3 Friendship and Loyalty 自考赢家整理

1. New words and expressions Newwords
2. reflectionn. （关于某主题的）思考，回忆
3. loyaltyn. 忠诚；忠实；忠心耿耿
4. recognizev. 承认；意识到
5. betrayv. 辜负；对…不忠
6. indeedadv. 其实；实际上
7. virtuen. 高尚的道德；正直的品性；德行
8. trendn. 趋势；趋向；倾向；动态；动向
9. befriendv. 做（尤指需要帮助者的）朋友；友善相待
10. requestv. （礼貌或正式地）请求，要求
11. trendyadj. 时髦的；赶时髦的
12. multituden. 众多；大量
13. mutualadj. 共有的；共同的mutual respect /understanding

辨析：mutual / manual / manure / mature / menu / mental

1. termn. 词语；术语：措辞
2. siten. 网站；站点
3. acronymn. 首字母缩略词
4. perishv. 丧失；湮灭；毁灭
5. thoughtn. 想法；看法；主意；记忆
6. gossipn. 流言蜚语
7. challengev. 考查…的能力；考验…的技巧
8. akinadj. 相似的；类似的
9. depositn. 存款
10. accountn. 账户accountant

current account deposit account

1. interestn. 利息
2. well-beingn. 健康；安乐；康乐
3. welfaren. （个体或群体的）幸福，安全与健康
4. essencen. 本质；实质；精髓
5. seekv. 寻找
6. notorietyn. 恶名；坏名声notorious 相当于 infamous
7. premisen. 前提；假定 ；
8. exploitv. 利用（…为自己谋利）
9. reconnectv. 再联系；再联络
10. virtualadj. （通过计算机软件，如在因特网上）模拟的，虚拟的
11. assurev. 使确信；向…保证assure sb. ofsth.

assure sb. that…

1. cautionn. 警告；告诫
2. lyricn. 歌词
3. undisputedadj. 不容置疑的；毫无疑问的；不可争辩的
4. generationn. （统称）一代人，同代人，同辈人generationgap

four generations living under the same roof Phrases and Expressions

1. stickby 坚持忠于；不离不弃（某人）
2. throughthickandthin 不畏艰难险阻go through thick andthin
3. leadto 导致，造成（后果）
4. amultitudeof 众多的；大量的
5. perishthethought 甭想了；但愿不会如此
6. engagein（使）从事，参加
7. inessence 本质上
8. assure…of… 使放心；向…保证
9. payattentionto 注意
10. warn…of… 警告某人某事
11. TextLearning

Reflections: Friendship and loyalty

① Howmany ofusrecognize trueloyaltyinafriend? Loyaltyconsistsof（参考 Unit1，TextA）afriend, whowillstickbyyou, throughthickandthin. Afriend whoisalwayshonestwithyouandneverbetraysthefriendshipwithliesisaloyal friend. Ifyouhavealoyalfriend, youhaveindeedfoundatruevirtueinthatfriend.

（承上句）

② The current trend on the internet is befriending anyone who requests to be yourfriend. However, thisnewtrendmayleadtodisasters.（承上句）Itmaybepopular andtrendytohaveanetworkfilledwithamultitudeofmutualfriends. However, one true loyal friend may be the only friend youneed.

③ A term used on the popular Facebook site is B.F.F. This acronym means best friends forever. Are they really your best friends forever? You might ask yourself thisquestion,"WilltheysharemyprivatematterswithothersonthepagesofFacebook, or perish the thought, engage in gossip about me with others?" (1)If the answer to thatis,"Idon'tknow",morethanlikely,theywillnotbeyourbestfriendsforever. Maybe not, even for aday.

## 【本部分重难点】

1. Iftheanswertothatis , "Idon'tknow", morethanlikely（很有可能）, they will not be your best friendsforever.

more than likely: very likely more than happy: very happy more than pleased: verypleased

④IchoosetohaveaB.L.F.,abestloyalfriend,forthoseofyouwhomaybe challenged by the use of acronyms during this age of technology andfast-talking.

⑤ (2)Loyaltyfoundinafriendisakintomakingadepositinabankaccount. Moreoftenthannot, yourdepositsgaininternet, aninternetinyourwell-beingand welfare. Aloyalfriendattractsanotherloyalfriend. (3)Inessence, waterdoesseek itsownlevel.（承上、总结的句子）

⑥ (4)IfyouwereaB.L.F. waybeforeFacebookgainednotoriety, thenI'msure youunderstandthepriiseofloyaltyinafriend. YoushouldneverexploityourB.L.F. to gain more friends or make yourself sei more important to others. These are not thetraitsofabestloyalfriend.（承上句）

⑦Abestloyalfrienddoesnotcarewhoisinvitedtoyourparty.Theywillattend your party and celebrate you, just in the way a best loyal friend shoulddo.

⑧ReconnectingwithabestloyalfriendiseasiertodoonthepagesofFacebook. However,avirtualfrienddoesnotassureyouofhisloyalty.Mycautiontoyouis thatyou'dbetterpayattentiontothesmilingfacesontheFacebookpages.Inthe eighties we were warned of smiling faces in a song, which contained these lyrics, "Asmileisjustafrownturnedupsidedown,myfriend."Now,thatistheundisputed truth for mygeneration.

## 【本部分重难点】

1. Loyalty found in a friend is akin to making a deposit in a bankaccount.
2. akin to: similarto
3. makea depositina bankaccount 往银行账户存款make withdrawals from a bankaccount
4. Inessence, waterdoesseekitsownlevel. 本质上，水自然会向下流--朋友间总是惺惺相惜。
5. IfyouwereaB.L.F.waybeforeFacebookgainednotoriety,thenI'msureyou understand the priise of loyalty in afriend.

way （与介词或副词连用，加强程度）very far 很远

如：She finished the race way ahead of the other runners. 她第一个跑到终点， 远远领先于其他选手。

The shot was way off target. 这次射的远离目标。

The price is way above what we can afford. 价格高得我们绝对付不起。way back: a long time ago 很久以前

I first met him way back. 我和他初次见面时很久以前的事了。

1. 部分练习讲解 P149 Bridging theGap

Directions:Fillintheblankswithawordoraphrasethatbestcompletesthe passage. You may choose a suitable one from the listgiven.

解题方法：把词分类

while(连词) share(动词/名词) on（介词）unique（形容词） whatever（连接词）

that（ 关系代词/ 指示代词/ 连接词）opposites（ 名词） a couple of （ 数词） personalities（名词）wisely（副词）

Inthedailydramaandcomedyofourlife,it'snicetohavefriends. 1While familyisextremelyimportant,friendsareadifferentsupportsystemofyourchoosing. Asthesayinggoes,youcan'tchooseyourfamily,butyoucanchooseyourfriends." Choosingthem 2wisely can make your life more exciting andinspiring.

Decidingwhomyouchooseasyourfriendssaysasmuchaboutyouasitdoesthem. You may choose your friends based3 on similar interests. You may choose them because you're both polar4 opposites of each other and find this interesting and intriguing. Often, friends become "friends" because they naturallygravitate

（被吸引） towards each other because ofsimilar 5personalities

and

temperaments. Sometimes it's just circumstances6 that bring two individuals together who then become friends.

7 Whatever prompts a friendship, developing one is a very rewarding experience.Thisisespeciallytruewhen,beforeyouknowit,acertainfriendship turns into a8 unique lifelong close friendship. Again, it's been said that apersonnormallyhasonly9acoupleofveryclosefriendsintheirlife.Think

ofwhomyoudeemastrulyclosefriends. Thesearethoseselectindividualsyoucan confidein（信赖，吐露秘密）and10sharedeepthoughtsandconcernswith,without anyreservations.

1. New words and expressions Newwords
2. tributen. （尤指对死者的）致敬；悼念；吊唁礼物
3. rearv. 抚养；养育；培养比较：rear/rare
4. ungratefuladj. 不领情的；忘恩负义的比较：ungrateful / disgraceful
5. traitorn. 背叛者；叛徒；卖国贼
6. faithn. 信任；相信；信心
7. reputationn. 名誉；名声
8. proneadj. 易于发生某事的；很可能…的
9. malicen. 恶意；怨恨malicious
10. settlev. 把…放好；安放
11. absoluteadj. 肯定的；无疑的；明确的
12. unselfishadj. 无私的；忘我的；不谋私利的selfless
13. selfishadj. 自私的
14. desertv. 抛弃，离弃，遗弃（某人） dessert
15. treacherousadj. 不可信任的；背叛的；奸诈的
16. prosperityn. 兴旺；繁荣；成功；昌盛prosper v.

prosperous adj.

1. povertyn. 贫穷；贫困poor

poverty-stricken conscience-stricken grief-stricken panic-stricken

1. sicknessn. 疾病；不健康
2. wintryadj. 冬天的；寒冷的
3. fiercelyadv. 猛烈地
4. lick v. 舔
5. soren. 痛处；伤处；疮
6. woundn. （心灵上的）伤，创伤
7. roughnessn. 艰辛；艰难
8. guardn./v. 警卫；守卫；保卫security guard

lifeguard bodyguard blackguard

1. paupern. 穷人；贫民；乞丐
2. constantadj. 不变的；固定的；恒定的
3. journeyn. （尤指长途）旅行，行程
4. heavenn. (theheavens [pl.]天空
5. outcastn. 被抛弃者；被排斥者
6. friendlessadj. 没有朋友的
7. homelessadj. 无家的
8. faithfuladj. 忠实的；忠诚的
9. privilegen. 特殊利益；优惠待遇
10. accompanyv. 陪同；陪伴accompany sb. to the airport accompany sb. on thepiano
11. scenen. 事件；场面；情景
12. embracen. 拥抱
13. pursuev. 追求；致力于pursuit

in hot pursuit of sb. / sth. in pursuit of the sun

1. pawn. （动物的）爪
2. alertadj. 警觉的；警惕的；戒备的
3. watchfulnessn. 警惕Phrases andExpressions
4. turnagainst 背叛
5. beproneto 易于
6. standby 支持；帮助；忠于
7. takewings 飞走
8. falltopieces 崩溃；倒塌；解体
9. TextLearning

A Tribute to the Dog

1. The best friend a man has in this world may turn against him and become his eniy.（主题句）Hisson ordaughterwhomhehasrearedwithloving caremayprove ungrateful. (1)Thosewhoarenearestanddearesttous, thosewhomwetrustwithour happiness and our good name, may become traitors to theirfaith.
2. Themoneythatamanhashemaylose. Itfliesawayfromhim, perhapswhenhe needsitmost.（承上句） (2)Aman'sreputationmaybesacrificedinamomentof ill-consideredaction. (3)Thepeoplewhoarepronetofallontheirkneestodous honorwhensuccessiswithusmaybethefirsttothrowthestoneofmalicewhenfailure settlesitsclouduponourheads. Theoneabsolute, unselfishfriendamanmayhave in this selfish world, the one that never deserts him, the one that never proves ungrateful or treacherous, is hisdog.

## 【本部分重难点】

1.Thosewhoarenearestanddearesttous,thosewhomwetrustwithourhappiness and our good name, may become traitors to theirfaith

1. … thosewhomwetrustwithourhappinessandourgoodname，定语从句中 whom 是 trust 的宾语，即 trust whomwith our happinessand ourgood name 我们把自己的幸福和名誉都寄托在他们身上
2. trustsb. withsth. 信得过，托付，寄托

I'd trust him with my life. 我把命交给他都放心。

1. Aman'sreputationmaybesacrificedinamomentofill-considered（欠考虑的，考虑不周的）action.

ill-considered 欠考虑的 （结合 Unit 1 讲过的 ill-informed） ill-humored / good-humored

ill-bred / well-bred

ill-intentioned / well-intentioned ill-informed / well-informed

1. Thepeoplewhoarepronetofallontheirkneestodoushonorwhensuccess is with us may be the first to throw the stone of malice when failure settles its cloud upon ourheads.
2. bepronetodosth. 容易，倾向于
3. fallonone'sknees 下跪
4. dosb. honor 向某人表示敬意
5. 译文：当我们功成名就，一些人卑躬屈膝极力讨好；当失败的阴云笼罩在我们的头 顶，那些人又可能最先对我们落井下石。
6. Aman'sdogstandsbyhiminprosperityandinpoverty,inhealthandinsickness.

（主题句）Hewillsleeponthecoldgroundwhenthewintrywindsblowandthesnow drivesfiercely, ifonlyhecanbenearhismaster'sside. Hewillkissthehandthat hasnofoodtooffer. Hewilllickthesoresandwoundsthatcomeintheencounter withtheroughnessoftheworld. Heguardsthesleepofhispaupermasterasifhe wereaprince.（承上、总结的句子）

1. When all other friends desert, he riains. (4)When riches take wings and reputationfallstopieces, heisasconstantinhisloveasthesuninitsjourney throughtheheavens. (5)Iffortunedrivesthemasterforth, anoutcastintheworld, friendless and homeless, the faithful dog asks no higher privilege than that of accompanyinghimtoguardhimagainstdanger, tofightagainsthiseniies. Andwhen the last scene of all comes and death takes its master in its ibrace and the body is laid away in the cold ground, no matter if all other friends pursue their way, therebyhisgravesidewillthenobledogbefound, hisheadbetweenhispaws, his eyessadbutopeninalertwatchfulness（独立主格）faithfulandtrueeventodeath.

## 【本部分重难点】

1. When riches take wings and reputation falls to pieces, he is as constant in hisloveasthesuninitsjourneythroughtheheavens. 当主人家财四散、名誉扫地， 它对主人的忠诚热爱仍宛如日升日落，亘古不变。
2. Iffortunedrivesthemasterforth,anoutcastintheworld,friendlessand homeless, the faithful dog asks no higher privilege than that of accompanying him to guard him against danger, to fight against hiseniies.
3. thefaithfuldogasksnohigherprivilegethanthatofaccompanyinghimto guardhimagainstdanger， that 代替前面的 privilege，具体参考 Unit1
4. "否定词+比较级"，表示最高级。（到 Unit6 再详细讲）例如：

He loves nothing better than sweet food. 相当于 He loves sweet food best.

## Unit 4 The Joy of Work New words andexpressions

资料时时更新 购买资料后 加陈老师微信 475914439

New words

* 1. blessingn. 好事；有益之事
  2. subsistencen. 勉强维持生活；生计
  3. sugarcanen. 甘蔗
  4. cornn. 玉米
  5. hog n. 猪
  6. cashn. 现金
  7. dairyadj. 乳品业的；生产乳品的 n. 牛奶场；乳制品区分：dairy /diary
  8. complainv. 抱怨；埋怨；发牢骚complaint

complain to sb. about sth. complain of a splitting headache

* 1. carpentern. 木工；木匠
  2. committedadj. 尽心尽力的：坚信的；坚定的commit anerror

commit a crime commit suicide

commit oneself to (doing) sth. be committed to (doing) sth. commitment

* 1. brickn. 砖；砖块
  2. hammern. 锤子；榔头
  3. escortn. 护送者；护卫队
  4. remindv. 提醒；使想起
  5. victimn. 受害者；牺牲品fall victim tosth.
  6. ideologyn. 意识形态：观念形态
  7. terrorismn. 恐怖主义
  8. depressionn. 萧条期；经济衰退；不景气depress

depressed 沮丧的；萧条的

* 1. unrestn. 动荡；动乱；骚动
  2. illegaladj. 不合法的；非法的；违法的il 是 in 的变体，否定前缀，再如：illogical

ir, im 都是 in 的变体， 如： irregular, irresponsible, imbalanced, impossible, immobile

* 1. immigrantn.（外来）移民；外侨
  2. traffickingn. 非法交易；非法买卖

c结尾的词变形时先加k，如trafficker,panicker,picnicker,trafficking,panicking

* 1. dealern. 贩毒者；毒品贩子deal insth.

car / drug dealer deal with sth.

* 1. gangn. 一帮，一群，一伙（闹事、斗殴的年轻人）
  2. contributev. 增加；增进；添加（到某物）
  3. quitv. 停止；戒掉Phrases andExpressions

1. bringin 赚得；挣
2. ekeoutaliving 竭力维持生计；勉强度日
3. sinkin 被完全理解；被充分意识到
4. lookforwardto（高兴地）盼望，期待
5. overandoveragain 多次；反复地；一再
6. bepreparedfor 准备好；有所准备
7. believein 认为某事好（对、可接受）
8. Text Learning Work Is aBlessing

① IgrewupinLakeland, Louisiana, oneof12children. Wealllivedonmyparents' subsistencefarm（自给自足的农场）. Wegrewcotton, sugarcane, corn, hogs, chickens and had a large garden, but it didn't bring in much cash. So when I was 12, I got a part-time job on a dairy farm down the road, helping to milk cows. We milked 65 cows at 5 in the morning, and again at 2 in the afternoon, seven days aweek.

②InthekitchenoneSaturdaybeforedaylight,Iriibercomplainingtomyfather andgrandfatherabouthavingtogomilkthosecows.Myfathersaid,"Yaknow,boy, to work is ablessing."

③ Ilookedatthosetwomenwho'dworkedharderthanIeverhad - myfathereking outalivingonthatfarm, andmygrandfatherfarmingandworkingasacarpenterduring theDepression. (1)IhadafeelingIhadbeentoldsomethingreallyimportant, but ittookmanyyears beforeitsankin.（承上、总结的话）

④ GoingtocollegewasarareprivilegeforakidfromLakeland, Louisiana. My father told me if I picked something to study that I liked doing, I'd always look forward to my work. But he also added, "Even having a job you hate is better than nothavingajobatall."Iwantedtobeafarmer, butIjoinedtheROTC（美）后备军官训练队，预备役军官训练营（ReserveOfficers' TrainingCorps）programtohelp payforcollege. (2)AndwhatstartedoutasanobligationtotheArmybecameaway of life that I stayed committed to for 37 years, three months and threedays.

## 【本部分重难点】

1. IhadafeelingIhadbeentoldsomethingreallyimportant, butittookmany yearsbeforeitsankin. 我有种感觉--父亲跟我说了一些确实重要的东西，但许多年后我才真正理解。

sink in: be understood

It took many years for the teachers' words to sink in.

1. AndwhatstartedoutasanobligationtotheArmybecameawayoflifethat I stayed committed to for 37 years, three months and threedays.
2. anobligationtotheArmy 对于部队的义务
3. awayoflife 生活方式
4. stay/becommittedto 致力于

Hehasbeencommittedtoworkingforthepeopleheartandsoulformorethantwenty years.

1. 译文：当时的"义务"从军便成为了我的生活方式--我在部队服役长达 37 年三个月零三天。

⑤ In the late 1980s, during a visit to Bangladesh, I saw a woman with her baby

onherback, breakingbrickswithahammer. IaskedaBangladeshmilitaryescortwhy theyweren'tusingamachine, whichwouldhavebeenaloteasier. Hetoldmeamachine wouldputthatladyoutofwork. Breakingthosebricksmeantshe'dearnenoughmoney tofeedherselfandherbabythatday. (3)Andasbadasthatwoman'sjobwas, itwas enoughtokeepasmallfamilyalive. Itriindedmeofmyfather'swords: toworkis ablessing.（承上、总结的句子）

## 【本部分重难点】

1. Andasbadasthatwoman'sjobwas, itwasenoughtokeepasmallfamilyalive.此处疑似错句，应省略前面的as，即改为：Andbadasthatwoman'sjobwas, itwasenoughtokeepasmall familyalive. 虽然她的工作实在很糟糕，但那却足够养活一个小

家庭。

as 意为"虽然"，用于倒装，句式如下：

Thoughheisveryyoung,heisverylearned.=Youngasheis,heisverylearned.

Though he is an old man, he is very energetic.=Old man as he is, he is very energetic.

Though I like him very much, I won't do his homework for him.

=Much as I like him, I won't do his homework for him.

Though he tried, he failed again.=Try as he did, he failed again.

⑥ ServingintheUnitedStatesArmyoverseas, Isawalotofpeoplelikethat womaninBangladesh. AndI'vecometobelievethatpeoplewithoutjobsarenotfree. They're victims of crime, the ideology of terrorism, poor health, depression and social unrest. These victims become the illegal immigrants, the slaves of human trafficking, thedrugdealers, andthestreetgangmibers. I'veseenitoverandover againontheU.S. border, inSomalia, theCongo, AfghanistanandinNewOrleans. People whohavejobscanhaveahome, sendtheirkidstoschool, developasenseofpride, contributetothegoodofthecommunityandevenhelpothers. Whenwecanwork, we arefree. （总结概括的句子）Weareblessed.

⑦Idon'tthinkI'lleverquitworking.I'mretiredfromtheArmy,butI'mstill workingtohelppeoplebepreparedfordisasters.AndImaygettodoalittlefarming someday, too. I'm not going to stop. I believe in my father's words. I believe in the blessing ofwork.

1. 部分练习讲解 P168 Bridging theGap

Directions:Fillintheblankswithawordoraphrasethatbestcompletesthe passage. You may choose a suitable one from the listgiven.

解题方法：把词分类

|  |  |  |
| --- | --- | --- |
| 动词 | 名词 | 形容词 |
| improve | weight | stressed |
| check out | priority | different |
| clearing away | routine | routine |
| arrive route |  |  |

WeallgettheMondaybluesfromtimetotime, buttherearewaysto1improveyour workinglifeandbehappyatwork. Ifyou'regoingthrougharoughpatch（经历难关，经历一段困难时期）atworkorarelackingjobsatisfaction, 2checkouttheseways to boost your mood and have a happier workday.

If your workday often leaves you feeling 3 stressed and overwhelmed, it is time

tocalmthingsdownbygettingmoreorganized.Firstly,makesureyou4arriveafew minutesearlyforworktogiveyoutimetoorganizeyourtasksforthedayandget mentallyprepared.Secondly,organizeyourspaceby5clearingawayanyclutterand streamliningyourworkspace.Finally,makealistofeverythingthatyouneedtodo thatdayinorderof6priority.lfyoucan,trytakingcareofthemoredifficult things first to help take a 7 weightoff yourmind.

Varietyisthespiceoflife, andthisisnevertruerthanwhenitcomestoyour workingday. Followingthesame8routinedayin, dayoutcanquicklycauseboredom and dissatisfaction to set in, so try making every day a little 9 differentin any way you can. Try doing routine tasks in a different order, talking to someone new ortakingadifferent10routetowork. Ifyoureallycan'tshakeup（重组）yourworkday itself, insteadtryorganizingsomethingfunanddifferenttodoonyourlunchbreak every sooften.

1. New words and expressions Newwords
2. paradoxn. 矛盾的人（或事情、情况）
3. simultaneousadj. 同时发生（或进行）的；同步的
4. rewardn. 奖励；回报；报酬
5. entrepreneurn. 创业者；企业家
6. excludev. 把…排斥在外；防止…进入；阻止…参加
7. tragicadj. 悲惨的；悲痛的；可悲的tragedy

tragedian 悲剧演员，悲剧作家comedy

1. passionn. 強烈情感；激情passionate
2. soundadj. 明智的；合理的；正确的；可靠的
3. processn.（为达到某一目标的）过程；进程
4. crucialadj. 至关重要的；关键的
5. privilegedadj. 荣幸的；幸运的
6. motivationn. 动机；原因
7. prioritizev. 按重要性排列；划分优先顺序prior

priority

-r（+ity构成名词），再如：regularity,similarity,familiarity,popularity

1. patternn. 模式；方式
2. strategyn. 策划；规划；部署；统筹安排
3. routinen. 常规；正常顺序
4. sightn. 视力范围；视野
5. solelyadv. 仅；只：惟；单独地
6. logisticsn. 后勤；物流；组织工作
7. locallyadv. 在本地
8. competitorn. （尤指商业方面的）竞争者，对手compete with/against sb. forsth.

competitive competitor

competition

1. roomn. 可能性；机会

There is still a lot of room for progress.

1. nichen. （商品的）商机；市场定位
2. uniqueadj. 独特的；罕见的
3. survivev. 生存；存活；继续存在

survive a fire / a war / a flood / an accident / an earthquake survive a person

survivor survival

He is one of the lucky survivors in this accident.

Darwin's Theory of Evolution can be characterized as survival of the fittest.

1. clientn. 客户；顾客
2. financen. （个人、组织、国家的）财力，财源，财务管理
3. purchasen. 购买；采购
4. obligationn. （已承诺的或法律等规定的）义务，责任
5. downpaymentn. （分期付款的）首期付款；预付金；定金
6. mortgagen. 按揭；按揭贷款
7. trashcann. 垃圾桶
8. garagen. 停车房；车库
9. fixturen. 固定设施
10. landscapev. 对…做景观美化；美化…的环境
11. exceedv. 超过（数量）
12. boundaryn. 边界；界限；分界线
13. exhaustiveadj. 详尽的；彻底的
14. viabilityn. 可行性
15. run（使）运转，运行；操作
16. assumev. 假定；假设；认为assumption
17. alleviatev. 减轻；缓和；缓解
18. seasonedadj. 富有经验的；老于此道的
19. offerv. 主动提出；愿给予
20. aspirev.渴望（成就）；有志（成为） aspiration

inspiration perspiration respiration

Edisononcesaidgeniusis1inspirationand99perspiration.

1. variousadj. 各种不同的；各种各样的vary

variety

1. counseln. 劝告；忠告；建议
2. makeshiftadj. 临时替代的；权宜的
3. licensen. 许可证；许可证；执照
4. presencen. 存在；出现
5. unparalleledadj. 无比的；无双的；空前的；绝无仅有的
6. professionaladj. 职业的；专业的
7. careern. 生涯；职业
8. feedv. 满足（希望、愿望、欲望等） Phrases andExpressions
9. liein 存在；在于
10. bargainfor 预料到；料想到
11. be/feelobligedtodosth. 荣幸地做某事
12. bring…tothetable 带来（好处）
13. at/in/totheforefrontof… 处在最前列；进入重要地位
14. inplainsight 显而易见
15. get…up 安排；组织
16. seekout 寻求
17. inplace 在工作；准备就绪
18. applyfor（通常以书面形式）申请，请求
19. TextLearning

How to Start Your Own Business

1. Theparadoxofstartingyourownbusinessliesinthesimultaneouschallenge andreward, makingitanexperienceunlikeanyother. Somanybusinessesfail, and mostentrepreneursexcludethiselvesfromthepossibility. Thetragicrealityisthat whenbusinesses fail, thepassionoften dies withit.（承上句）Byfollowingsome soundadviceandbeingpreparedfortheprocess, youwilldecreaseyourchancesof losingalotmorethanyoubargainedfor. Ihaverecentlystartedabusinessandhave learnedsomecruciallessonsintheprocessthatIfeelprivilegedtosharewithyou.

（承上启下句）

1. 1. Identify your motivation. Why do you want to start your ownbusiness? Tohave more time? To make more money? To be your own boss? To havecreativecontrolover what you love to do? Write out all of your motivating factorsandprioritizethi.（承上启下句）Whenyouseethilisted, youmightseeapatterninthatyou'rejust unhappy at your current job and starting your own business isn'ttheanswer.3 2. Identify your passion. What do you love to do? What skills andknowledge

doyouuniquelybringtothetable?Whatgetsyouexcitedaboutyourwork?Keepthat passionattheforefrontofyourbusinessplan,yourmarketingstrategies,andyour dailyroutine.(1)Ifyoukeepyourpassioninplainsight,youwillstayfocusedon the purpose of your business and not solely on thelogistics.

1. 3.Identifyyourmarket.Ifyouarestartingyourbusinesslocally,research yourcompetitors.Determineifthereisroominthemarketforyourbusiness.What will you do differently to draw in customers? What niche market are the other businessesmissing?IfyouarestartinganInternetcompany,researchtherequirients for your own unique Web presence. Your business cannot survive without customers, so do enough research on the front end to determine if there are enough potential clients to keep your businessalive.
2. 4. Identifyyourfinances. Ifyouhaveeverpurchasedanewhome, youknowthat thefinancialobligations（债务）extendbeyondthedownpaymentandthemortgage. Youhavetobuyfurniture, trashcans, agaragedooropener（车库门遥控开关）, light fixturesandlandscapingequipment（景观美化设备）, andbeforeyouknowit, you've farexceededyourfinancialboundaries. Thatcanhappenjustaseasilyinabusiness.

Doexhaustive（详尽的） financialplanning. Meetwithafinancialadvisor（财政顾问）orsomeoneatyourbanktoexaminethefinancialviabilityofyourbusinessand theprocessofgettingitupandrunning. Planwiselyanddonotassumethebestabout yourbusiness. Bepreparedforfinanciallossandgetadviceonhowtoalleviatethat burden in thefuture.

1. 5.Identifyyoursupportsysti.Seekoutadvicefromseasonedbusinessowners, eventhoseinyourownfield.Developrelationshipswithpeoplewhocanoffersound advice and criticism that you might not see. If there is a business owner in your community or in your network that you aspire to model, examine his or her business practicesandhowtheyhandlevarioussituations.Askforcounselbeforebigdecisions, andevencreateyourownmakeshiftBoardofDirectorstohelpguideyouintheplanning and start-upprocess.
2. Onceyouhavealloftheseelientsinplace, youarepreparedtostarttheprocess of developing a business plan, applying for a license, establishing a marketing presence（营销实体）, etc. (2)Owningyourownbusinesscanbeunparalleledinthe professionalworld, andifyousurroundyourselfwithwisecounsel, youcanhavea career that daily feeds yourpassion.

本文重点及难点：

1. Ifyoukeepyourpassioninplainsight,youwillstayfocusedonthepurpose of your business and not solely on thelogistics.
2. keepsth. inplainsight 显而易见，一览无余
3. stayfocusedon 关注于
4. Owningyourownbusinesscanbeunparalleledintheprofessionalworld,and ifyousurroundyourselfwithwisecounsel,youcanhaveacareerthatdailyfeeds yourpassion.
5. unparalleled 无双的，无与伦比的，空前的
6. surroundyourselfwithwisecounsel 征求他人的建议
7. acareerthatfeeds yourpassion 满足你的热情的事业，充满激情的事业

## Unit 5 Keeping Your Dreams Alive 自考赢家整理

1. New words and expressions Newwords
2. transcendv. 超出，超越（通常的界限）
3. incessantlyadv. 不停地；持续不断地
4. noisilyadv. 喧闹地noise

noisy

1. subtlyadv. 不易察觉地；不明显地；微妙地
2. enormityn. 巨大；深远影响；严重性enormous
3. burdenn. （义务、责任等的）重担，负担
4. beliefn. 相信；信心believe

believable unbelievable

disbelief

1. uniqueadj. 唯一的；独一无二的；独特的
2. afflictionn. 折磨；痛苦
3. especiallyadv. 尤其；特别；格外
4. triben. 部落
5. speciesn. 种，物种（分类上小于属）
6. disciplinen. 自制力；遵守纪律
7. confrontv. 处理，解决（问题或困境）
8. evokev. 引起，唤起（感情、记忆或形象）
9. griefn. （尤指因某人去世引起的）悲伤，悲痛，伤心
10. guiltn. 内疚；悔恨guilty

be guilty of

be / feel guilty about

1. anxietyn. 焦虑；忧虑anxious
2. anguishn. 剧痛；极度痛苦；苦恼
3. despairn. 绝望
4. uncomfortableadj.（使）焦虑的，尴尬的，害怕的，不自在的
5. physicaladj. 身体的；肉体的；躯体的
6. equalv. 比得上；敌得过
7. conflictn. 冲突；争执；争论
8. engenderv. 产生，引起（某种感觉或情况）
9. posev.造成（威胁、问题等）；引起；产生
10. distinguishv. 区分；辨别；分清
11. wisdomn. 智慧；才智；精明
12. mentallyadv. 精神上；智力上；思想上
13. spirituallyadv. 精神上；心灵上
14. desirev. 渴望；期望
15. deliberatelyadv. 故意；蓄意；存心
16. instructv. 教授；指导
17. dreadv. 非常害怕；极为担心Phrases andExpressions
18. moanabout 抱怨
19. aseriesof 系列；连续
20. becauseof 因为
21. aswellas 除…之外
22. cuttingedge（处于某事物发展的）尖端，最前沿，领先阶段
23. callforth 引起；使产生
24. Text Learning Life IsDifficult

① Life Is Difficult.

② Thisisagreattruth, oneofthegreatesttruths. Itisagreattruthbecause once we truly see this truth we transcend it. Once we truly know that life is difficult-oncewetrulyunderstandandacceptit-thenlifeisnolongerdifficult. Becauseonceitisaccepted, thefactthatlifeisdifficultnolongermatters.（承

上句）

③ Most people do not fully see this truth that life is difficult.

④ Instead they moan more or less incessantly, noisily or subtly, about the enormity of their problems, their burdens, and their difficulties as if life were generally easy, as if life should be easy. (1)They voice their belief, noisily or subtly, that their difficulties represent a unique kind of affliction that should not be and that has somehow been especially visited upon them, or else upon their families, theirtribe, theirclass, theirnation, theirraceoreventheirspecies, and not upon others. I know about this moaning because I have done myshare.（ 承上、总结的句子）

## 【本部分重难点】

1. Theyvoicetheirbelief,noisilyorsubtly,thattheirdifficultiesrepresent auniquekindofafflictionthatshouldnotbeandthathassomehowbeenespecially visiteduponthem,orelseupontheirfamilies,theirtribe,theirclass,theirnation, their race or even their species, and not uponothers.

visitsth. on/uponsb./sth. （古）inflict（造成，使遭受） punishmentonsb./sth. 对某人/某物进行惩罚

visitthesinsoftheparentsupontheirchildren 相当于 makethechildrensuffer fortheirparent'sfailings 使子女因父母之过错而受惩罚

⑤ Life is a series of problems. Do we want to moan about them or solve them?

Do we want to teach our children to solve them?

⑥ Discipline is the basic set of tools we require to solve life'sproblems.

（主题句）Withoutdisciplinewecansolvenothing. Withonlysomedisciplinewecan solve only some problems. With total discipline we can solve allproblems.

⑦ What make life difficult is that the process of confronting and solving problems is a painful one. Problems, depending upon their nature, evoke in us frustration of grief, sadness, loneliness, guilt, regret, anger, fear, anxiety, anguish, despair. Theseareuncomfortablefeelings, oftenveryuncomfortable, often aspainfulasanykindofphysicalpain, sometimesequalingtheveryworstkindof physicalpain. (2)Indeed, itisbecauseofthepainthateventsorconflictsengender inusallthatwecallthemproblems.（承上启下句）(3)Andsincelifeposesanendless series of problems, life is always difficult and is full of pain as well asjoy.

## 【本部分重难点】

1. Indeed, itisbecauseofthepainthateventsorconflictsengenderinusall thatwe callthemproblems. 强调句。去掉 it is…that…剩下的部分成立。
2. Andsincelifeposesanendlessseriesofproblems,lifeisalwaysdifficult and is full of pain as well asjoy.

pose an endless series of problems posethreat

posedanger

pose for a picture

⑧(4)Yetitisinthiswholeprocessofmeetingandsolvingproblemsthatlife has its meaning. Problems are the cutting edge that distinguishes between success andfailure.Problemscallforthourcourageandourwisdom;indeed,theycreateour courage and our wisdom. It is only because of problems that we grow mentally and spiritually.Whenwedesiretoencouragethegrowthofthehumanspirit,wechallenge

andencouragethehumancapacitytosolveproblems, justasinschoolwedeliberately set problems for our children to solve. It is through the pain of confronting and resolvingproblemsthatwelearn. （承上启下句）As BenjaminFranklinsaid, "Those thingsthathurt, instruct."Itisforthisreasonthatwisepeoplelearnnottodread but actually to welcome problems and actually to welcome the pain ofproblems.

## 【本部分重难点】

1. (Paragraph8) Yetitisinthiswholeprocessofmeetingandsolvingproblems thatlifehasitsmeaning. Problemsarethecuttingedgethatdistinguishesbetween success and failure. Problems call forth our courage and our wisdom; indeed, they createourcourageandourwisdom. Itisonlybecauseofproblemsthatwegrowmentally and spiritually. When we desire to encourage the growth of the human spirit, we challengeandencouragethehumancapacitytosolveproblems, justasinschoolwe deliberately set problems for our children to solve. It is through the pain of confrontingandresolvingproblemsthatwelearn. （承上启下句）AsBenjaminFranklin said, "Thosethingsthathurt, instruct."Itisforthisreasonthatwisepeoplelearn not to dread but actually to welcome problems and actually to welcome the pain of problems.

本文出现最多的结构是强调结构。本段中的强调结构有：

1. Yetitisinthiswholeprocessofmeetingandsolvingproblemsthatlife has itsmeaning.
2. Itisonlybecauseofproblemsthatwegrowmentallyandspiritually. （本句的语序要留意）

比较：Only because of problems do we grow mentally and spiritually. 类似的还有 not until…被强调时，例如：

It was not until midnight that the party broke up. Not until midnight did the party break up.

1. Itisthroughthepainofconfrontingandresolvingproblemsthatwelearn.
2. Itisforthisreasonthatwisepeoplelearnnottodreadbutactuallyto welcome problems and actually to welcome the pain ofproblems.

重点掌握：courage 的派生词courageous

encourage ～ sb. to do sth. discourage ～ sb. from doing sth. encouraging

discouraging encouragement discouragement

1. 部分练习讲解 P201 Bridging theGap

Directions:Fillintheblankswithawordoraphrasethatbestcompletesthe passage. You may choose a suitable one from the listgiven.

解题方法：把词分类

动词 名词 形容词 连词 介词focuson themiddle inner but than fit sense

satisfy

thinking of sense challenged

The purpose of life is to 1 satisfy the soul, and though acknowledging your accomplishments can help in this effort, it cannot take you the full distance（全程）. The only thing that can satisfy your soul is an answer to the question, who am I? You are an individualized expression of life, of greater consequence and magnitude 2 thananything you will ever accomplish.

Whenwe3focusonthefactthatweareenoughnow, thebeginning, 4themiddleand theendofeveryjourney - whetherit'sfindingamateorgettingabetterjob - is filledwitha5senseofwell-being（幸福感）. Wemaycompleteanexperienceandeven bethrilledbytheoutcome, 6butweknowthatwearenomorecompletethanwhenwe startedout.

Yousee,weareeitherenoughrightnoworwe'renot;andifweare,thenwe're 7 challenged by our enoughness to live thatway.

Theproblemis, mostofusdon'tlistentothe8innervoicethatsays, "You're enoughbecauseyouexist."Weignoreitbecausebeingenoughdoesn't9fittheimage wehaveourselves. Wehavespentsomuchtime10thinkingofourselvesasnotbeing enoughthatenoughnessseemsveryfaraway. Wemayhaveasenseofbeingsurrounded bytheLifeForce（生命的力量）, butweforget thattheLifeForceisalsowithin us. And if the Life Force is within us, we areenough.

1. New words and expressions Newwords
2. latelyadv. 最近；新近；近来；不久前
3. insurmountableadj. （困难、问题等）无法克服的，难以解决的，不可逾越的
4. challengen. 挑战；艰巨任务
5. battlev.（与…）搏斗；，（与…）斗争
6. desperationn. 绝望；拼命；铤而走险
7. valuev. 重视；珍视
8. wandn. 魔杖
9. cheerfullyadv. 快乐地；高兴地；兴高采烈地
10. quotev. 引用；引述
11. unreceptiveadj. 对新观点、建议等）不愿倾听的，不愿接受的
12. inspirationn. 鼓舞人心的人（或事物） inspire

inspire sb. to (make) more efforts inspire confidence in sb. inspiring

1. contactv. 联系，联络（如用电话或信件） contactsb.

contact lens

1. imaginev. 料想；认为imaginative

imaginary imaginable unimaginable

imagination

请看下面的填空练习：

Fairy tales are all imaginary.

One has to be very imaginative to be a science-fiction writer.

We have encountered unimaginable difficulties in carrying out that policy. He is very rich in imagination.

1. uncaringadj. 冷漠的；无同情心的
2. life-threateningadj. 可能致命的；威胁着生命的
3. recoveryn. 恢复；痊愈recover fromsth.

make a quick recovery from sth. Phrases and Expressions

1. startover 重新开始
2. onone'sfeet（困境后）恢复，完全复原；（病后）痊愈
3. strugglewith 斗争；抗争
4. walkouton 遗弃，抛弃，离开（某人）
5. bringabout 导致；引起
6. fightback 奋力抵抗；还击
7. Text Learning BeginAgain

(1)To begin again means that you won't give up. To begin again means you'retrying.

You can either start over and live your life Or spend the rest of your life slowly dying. It is never the falling that makes us fail. It is never the pain or thecrying.

You can never fail in life, my friend, (2)Unless you give up trying.

---- Bob Perks

## 【本部分重难点】

1. To begin again means that you won't giveup.

mean doing sth./ mean that/ mean sth. 意味着，意思是，指的是mean to do sth. 打算做某事，想要做某事

例如：

Loving a person doesn't mean dying for him or her. This result doesn't mean that you haven't worked hard. Love means mutualrespect.

I didn't mean to hurt your feelings.

1. Unless you give up trying. give up doingsth.

give up smoking / trying 注意区分：give in

give in to the enemy / money

It seems lately that more and more of my friends are facing some seemingly insurmountablechallengesintheirlives.Afewhavelosttheirjobsandsomehave failed marriages. All too many have health issues or are battlingcancer.

1. Idon'tknowifitisdesperationthatcausesthemtoturntomeforadvice orwhethertheyhavecometovalueourfriendship.Butitisdifficult,tosaythe least,toofferwordsofhopewhenalltheyfeelishopelessness.Theyexpectanswers, some magic waving of a wand, or a roadmap to get them back on their feetagain.

Ihaveoftenstruggledwithwhattosay.MostlybecauseIhavefacedmanyofthe samechallengesinmyownlife,IrememberhowemptyIfeltaftersomeonecheerfully offeredwordslike,"Keepyourchinup!""Thingswillgetbetter!""Hanginthere!""it's always darkest…,"etc.

Yes,eventhosewhowerequicktoquotetheBibletomefoundmequiteunreceptive at thetime.

Now,asaninspirationwriter,beingthoughtofasaresourceofhopeoragood (or bad) example of what to do in life, I have even more people contactingme.

So, what do I say?

"What can I do, Bob? I've lost my job. What do you suggest?""Beginagain."

1. "He walked out on me. My whole world just ended. What should I do?""Beginagain."

"Bob,Iknowbothyoursonandyourwifehadcancer.Ifoundoutmywifedoes, too. What did you tellthem?"

"Begin again."

Italmostsoundstoosimple.Iimagineinthedarkesthoursofone'slife,those words would seem useless or uncaring. But it is indeed theanswer.

All life challenges bring about an ending - and the chance for a beginning. A joblosspresentsanopportunitytostartoversomewhereelseandmaybeeveninanother career.

1. Afailedmarriagedoesnotmeanyouarethroughlovingorbeingloved.Itmeans there are others just like you needing to be loved. Findthem.

Alife-threateningdiseasedoesnotmeangivingup.Itmeansstartinganewpath to recovery and discovering within yourself the ability to fight back andwin.

Andifyouareapersonoffaith,evendeathdoesnotmeanit'sover.Itmeans, "to beginagain."

## 【本部分重难点】

1. Idon'tknowifitisdesperationthatcausesthemtoturntomeforadvice or whether they have come to value ourfriendship.

turn to sb. for sth. turn to sb. for comfort

turn to sb. for help / advice

1. "He walked out onme…."

He walked out on me.=He deserted / abandoned / dumped me.

1. A failed marriage does not mean you are through loving or being loved. be through loving or beingloved

be through (with) 完成；结束例如：

When will you be through with your work? Mary and Tom are through.

be through with sb. 与某人断绝关系

be through with drinking / smoking 不再喝酒/吸烟

## Unit 6 The Value of Money 自考赢家整理

II. Text Learning

Teaching Children to Spend Pocket Money Wisely

①School-goingchildrenneedpocketmoneyforfood,stationeryandbusfares. Parentsgivepocketmoneytotheirchildrenindifferentways.Somegivealumpsum atthebeginningofamonthoraweek.Othersprefertogivepocketmoneyonadaily basis.(1)Thewayinwhichpocketmoneyisgivenaffectshowmoneyisspentorsaved.

（承上启下的句子）Ontheotherhand, thechildren'sspendinghabitsmayaffecthow pocket money isgiven.

② (2)Pocketmoneygivenonadailybasisissometimestermedas"foodmoney". Children usually use the pocket money to buy food during recess and also at lunch houriftheyhaveschoolactivitiesintheafternoon. Theylearnhowtomanagesmall sums of money. As the money is limited, they have to control theirspending.（ 承上启下的句子）(3)Someparentschoosethismethodofallocatingpocketmoneyinorder topreventtheirchildrenfromoverspending, hopingthatintimetheycanbetrusted with larger sums of money. Parents who earn daily wages may also opt for this due tofinancialconstraints.（承上句）

## 【本部分重难点】

1. Thewayinwhichpocketmoneyisgivenaffectshowmoneyisspentorsaved.
2. theway (inwhich/that) sb. doessth. （参考 Unit2，TextA） the way (in which / that) sth. isdone
3. 句子的主干是：Thewayaffectshowmoneyisspentorsaved.
4. Pocket money given on a daily basis is sometimes termed as "foodmoney".
5. givenonadailybasis 过去分词短语作定语
6. betermedas 被称为…
7. Someparentschoosethismethodofallocatingpocketmoneyinordertoprevent theirchildrenfromoverspending,hopingthatintimetheycanbetrustedwithlarger sums ofmoney.
8. 句子的主干是 Someparentschoosethismethodinordertopreventtheir children fromoverspending.

preventsb. fromdoingsth.与 keepsb. fromdoingsth. 相同，但前者 from 可以省略，后者不能省略。

1. hopingthat…伴随状语，相当于 inthehopethat…"怀着……的希望"
2. intime: soonerorlater, eventually 迟早，最后

You will learn how to do it in time. 你迟早会能学会做这件事的。

1. trust …with…把……托付给…… （参考 Unit3，TextB）

③ Givingpocketmoneyonadailybasisplacesresponsibilitiesofbudgetingon the parents, instead of the child. (4)The child may spend every single cent of the dailypocketmoneybyoverindulginginjunkfoodastheyknowtheywillgetanother sum of money the next day. This results in children being shortsighted in their spending. Thethoughtofsavingmoneynevercrossedtheirminds. （承上启下的句子） Theymaydevelopthementalitythatmoneyismeanttobespent.（承上句）Othersspend morethantheyaregiven. Theyborrowfromtheirsiblingsortheirclassmateswhen

they feel like indulging themselves. Then they may ask for money to pay off their debts. (5)This habit of borrowing causes them to depend on others to solve their problems.（承上启下的句子）Insuchinstances, thepurposeofrationingisdefeated.

## 【本部分重难点】

1. Thechildmayspendeverysinglecentofthedailypocketmoneybyoverindulging injunkfoodastheyknowtheywillgetanothersumofmoneythenextday. 孩子知道第二天还能得到一笔零花钱，因而会花光每一分钱，暴食垃圾食品。
2. Thishabitofborrowingcausesthemtodependonotherstosolvetheirproblems.
3. cause sb. to dosth.
4. depend / rely on sb. to dosth.

注意 depend 的派生词：dependent (on/upon) dependence (on/upon)

independent(of)

IndependenceDay

类似用法的结构：wait for sb. to do sth. call on sb. to do sth.

look to sb. to do sth. / for sth. 指望某人做某事

④ Children need to learn how to budget their money. Some parents go by the "learingbydoing"principleandgivetheirchildrenlumpsumsatthebeginningof the month, and by the third week of the month their account is alreadydry.

⑤ Ontheotherhand, somelearntobudgettheirpocketmoneyverywellandeven havesavingsattheendofthemonth. Theydonotborrowmoneyunnecessarily. Inother words, they learn to spend within their means. (6)The key to doing this is to differentiate between needs and wants. (7)Buy the necessary first, and indulge ourselvesonlyifthereismoneyleft. （ 承上启下的句子）(8)Thishabit, when inculcatedsinceyoung, standsthemingoodsteadwhentheystartworkingandearning theirownmoney. Itenablesthemtoresistthetemptationof"buynowandpaylater" schemes.（承上总结的句子）

本部分重点及难点

1. Thekeytodoingthisistodifferentiatebetweenneedsandwants. 做到这一点的关键是区分必须的和想要的。
2. the key to (doing)sth.
3. differentiatebetweenAandB 和 differfrom…的不同： 前者意为"区分A 和 B" 后者意为"与……不同"

注意同根词：differAdiffersfromB … different A is different from B difference the difference between A andB

differentiate differentiate between A and B

1. Buythenecessaryfirst,andindulgeourselvesonlyifthereismoneyleft.
2. onlyif 只有在……的情况下

注意区分 if only 要是……就好了 If only I were a free bird flying in the sky.

1. thereismoneyleft. 钱有剩余。
2. Thishabit, wheninculcatedsinceyoung, standsthemingoodsteadwhenthey startworkingandearningtheirownmoney. 当他们开始工作赚钱，年幼时受到谆谆教诲而养成的习惯就会使他们受益。
3. inculcatesth. in/intosb. /inculcatesb. withsth. 向某人灌输……，用……

教育某人

inculcate in young people a respect for the law = inculcate young people with a respect for the law 向年轻人反复灌输法制的思想

1. stand sb. in good stead: be beneficial to sb. 补充：benefit-beneficial

influence-influential mystery-mysterious misery-miserable

⑥ Formationofanyhabitstartsatatenderage（幼年）. (9)Thereisnobetter way to teach children to manage money than to start with their pocket money. They needtolearntheimportanceofbudgetingrightfromkindergartendays. Itisagood ideatostartwithdailypocketmoneyandmoveontomonthlypocketmoney.（承上启下的句子）Whenchildrenlearntospendwithintheirmeans, theyareabletomanage their finances well later in theirlives.

## 【本部分重难点】

1. Thereisnobetterwaytoteachchildrentomanagemoneythantostartwith their pocketmoney.

否定词和比较级连用相当于最高级。本句相当于：Tostartwiththeirpocketmoneyis the best way to teach children to managemoney.

再如：Thereisnothingbetterthanhavingacolddrinkonahotsummerafternoon. I cannot agree with youmore.

I cannot care less.

His words cannot be more inspiring.

1. TextLearning

Teaching Children to Spend Pocket Money Wisely

①School-goingchildrenneedpocketmoneyforfood,stationeryandbusfares. Parentsgivepocketmoneytotheirchildrenindifferentways.Somegivealumpsum atthebeginningofamonthoraweek.Othersprefertogivepocketmoneyonadaily basis.(1)Thewayinwhichpocketmoneyisgivenaffectshowmoneyisspentorsaved.

（承上启下的句子）Ontheotherhand, thechildren'sspendinghabitsmayaffecthow pocket money isgiven.

② (2)Pocketmoneygivenonadailybasisissometimestermedas"foodmoney". Children usually use the pocket money to buy food during recess and also at lunch houriftheyhaveschoolactivitiesintheafternoon. Theylearnhowtomanagesmall sums of money. As the money is limited, they have to control theirspending.（ 承上启下的句子）(3)Someparentschoosethismethodofallocatingpocketmoneyinorder topreventtheirchildrenfromoverspending, hopingthatintimetheycanbetrusted with larger sums of money. Parents who earn daily wages may also opt for this due tofinancialconstraints.（承上句）

## 【本部分重难点】

1. Thewayinwhichpocketmoneyisgivenaffectshowmoneyisspentorsaved.
2. theway (inwhich/that) sb. doessth. （参考 Unit2，TextA） the way (in which / that) sth. isdone
3. 句子的主干是：Thewayaffectshowmoneyisspentorsaved.
4. Pocket money given on a daily basis is sometimes termed as "foodmoney".
5. givenonadailybasis 过去分词短语作定语

# 

1. betermedas 被称为…
2. Someparentschoosethismethodofallocatingpocketmoneyinordertoprevent theirchildrenfromoverspending,hopingthatintimetheycanbetrustedwithlarger sums ofmoney.
3. 句子的主干是 Someparentschoosethismethodinordertopreventtheir children fromoverspending.

preventsb. fromdoingsth.与 keepsb. fromdoingsth. 相同，但前者 from 可以省略，后者不能省略。

1. hopingthat…伴随状语，相当于 inthehopethat…"怀着……的希望"
2. intime: soonerorlater, eventually 迟早，最后

You will learn how to do it in time. 你迟早会能学会做这件事的。

1. trust …with…把……托付给…… （参考 Unit3，TextB）

③ Givingpocketmoneyonadailybasisplacesresponsibilitiesofbudgetingon the parents, instead of the child. (4)The child may spend every single cent of the dailypocketmoneybyoverindulginginjunkfoodastheyknowtheywillgetanother sum of money the next day. This results in children being shortsighted in their spending. Thethoughtofsavingmoneynevercrossedtheirminds. （承上启下的句子） Theymaydevelopthementalitythatmoneyismeanttobespent.（承上句）Othersspend more than they are given. They borrow from their siblings or their classmates when they feel like indulging themselves. Then they may ask for money to pay off their debts. (5)This habit of borrowing causes them to depend on others to solve their problems.（承上启下的句子）Insuchinstances, thepurposeofrationingisdefeated.

## 【本部分重难点】

1. Thechildmayspendeverysinglecentofthedailypocketmoneybyoverindulging injunkfoodastheyknowtheywillgetanothersumofmoneythenextday. 孩子知道第二天还能得到一笔零花钱，因而会花光每一分钱，暴食垃圾食品。
2. Thishabitofborrowingcausesthemtodependonotherstosolvetheirproblems.
3. cause sb. to dosth.
4. depend / rely on sb. to dosth.

注意 depend 的派生词：dependent (on/upon) dependence (on/upon)

independent(of)

IndependenceDay

类似用法的结构：wait for sb. to do sth. call on sb. to do sth.

look to sb. to do sth. / for sth. 指望某人做某事

④ Children need to learn how to budget their money. Some parents go by the "learingbydoing"principleandgivetheirchildrenlumpsumsatthebeginningof the month, and by the third week of the month their account is alreadydry.

⑤ Ontheotherhand, somelearntobudgettheirpocketmoneyverywellandeven havesavingsattheendofthemonth. Theydonotborrowmoneyunnecessarily. Inother words, they learn to spend within their means. (6)The key to doing this is to differentiate between needs and wants. (7)Buy the necessary first, and indulge ourselvesonlyifthereismoneyleft. （ 承上启下的句子）(8)Thishabit, when inculcatedsinceyoung, standsthemingoodsteadwhentheystartworkingandearning theirownmoney. Itenablesthemtoresistthetemptationof"buynowandpaylater"

schemes.（承上总结的句子） 本部分重点及难点

1. Thekeytodoingthisistodifferentiatebetweenneedsandwants. 做到这一点的关键是区分必须的和想要的。
2. the key to (doing)sth.
3. differentiatebetweenAandB 和 differfrom…的不同： 前者意为"区分A 和 B" 后者意为"与……不同"

注意同根词：differAdiffersfromB … different A is different from B difference the difference between A andB

differentiate differentiate between A and B

1. Buythenecessaryfirst,andindulgeourselvesonlyifthereismoneyleft.
2. onlyif 只有在……的情况下

注意区分 if only 要是……就好了 If only I were a free bird flying in the sky.

1. thereismoneyleft. 钱有剩余。
2. Thishabit, wheninculcatedsinceyoung, standsthemingoodsteadwhenthey startworkingandearningtheirownmoney. 当他们开始工作赚钱，年幼时受到谆谆教诲而养成的习惯就会使他们受益。
3. inculcatesth. in/intosb. /inculcatesb. withsth. 向某人灌输……，用…… 教育某人

inculcate in young people a respect for the law = inculcate young people with a respect for the law 向年轻人反复灌输法制的思想

1. stand sb. in good stead: be beneficial to sb. 补充：benefit-beneficial

influence-influential mystery-mysterious misery-miserable

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His words cannot be more inspiring.

1. 部分练习讲解 P218 Bridging theGap

Directions:Fillintheblankswithawordoraphrasethatbestcompletesthe passage. You may choose a suitable one from the listgiven.

解题方法：把词分类

|  |  |  |  |
| --- | --- | --- | --- |
| 动词 | 形容词 | 连词 | 副词 |
| grow | basic | now that | ideally |

invest wasteful where called direct

accumulated direct

Money management can actually be broken down into a very simple practice that evenafourthgradercandoinhisyounglife. The1basicsteptobeingonyourwealth path is knowing how much you really do need in your life and how you can 2 invest the rest. If you are already working, arrange with your company to 3 directa predeterminedamountofyourpayroll（工资单）intoaforcedsavingsfundandthen youwilllearntolivewiththerest. 4Ideally, theamountthatisleftforyouto workwithissmaller, andthisparticularpracticeisactually5called"learningto payyourselffirst" - despitebillsandotherpayables（其他应付款）, youwillcome first.

The beauty of this money management practice to get you on the wealth path is thatyouwillbeforcedtocutyour6wastefulspending. Youwilllearntolivewith whatyouhaveandfigureoutthelittleavenues（渠道）inyourlife7whereyoucan stopthefinancialleaks. Withthis, youwillfindthatyouhaveextramoneytoinvest with. 8Nowthatyouhaveasizeableamount, thenextthingthatyoucandoistofigure outwheretoputtheextrasthathave9accumulatedovertimesoyoucangeneratemoney andmakeit10growwithverylittleeffortfromyou. Therearemanythingsyoucan find to put your moneyin.

1. New words and expressions Newwords
2. rootn. 根源；起因
3. eviln. 邪恶；罪恶；恶行
4. greedyadj. 贪婪的；贪心的greed
5. financiallyadv. 经济上finance

fincancial

CFO (chief financial officer)

联想：CEO (chief executive officer) UFO (unidentified flying object)

1. readilyadj. 快捷地；轻而易举地；便利地
2. availableadj. 可获得的；可购得的；可找到的be available to sb.

availability

1. abundantadj. 大量的；丰盛的；充裕的be abundant insth.

abundance

1. universen. 宇宙；天地万物；万象
2. scaredadj. 害怕的；恐惧的；畏惧的；担心的
3. meditationn. 冥想；沉思；深思
4. donatev. （尤指向慈善机构）捐赠，赠送
5. favoriteadj. 最喜爱的
6. charityn. 慈善机构（或组织）
7. abundancen. 大量；丰盛；充裕
8. oppositen.对立的人（或物）；对立面；反面
9. subconsciousn. 潜意识
10. originallyadv. 原来；起初origin

original

1. stimulatev. 促进；激发；激励stimulant

stimulating

1. economyn. 经济；经济情况；经济结构

economic economic development / growth / policies economical an economical person

economics economist

economize / economise economize on sth. economically

1. versusprep. （表示两队或双方对阵）对，诉，对抗
2. wherebyconj. 凭此；藉以；由于
3. labelv. （尤指不公正地）把…称为
4. joyfullyadv. 快乐地
5. balancen. 均衡；平衡；均势balanced

imbalanced

1. mindsetn. 观念模式；思维倾向Phrases andExpressions
2. deepdown 实际上；在心底
3. openup（使某事物）成为可能，可得到，可达到
4. TextLearning

The Importance of Money in Life

1. Whatwereyoutaughtaboutmoneyasyouweregrowingup?Somethinglike"money doesn'tgrowontrees",or"moneyistherootofallevil",ormaybe"allrichpeople aregreedy"?
2. Well, howdoyouexpecttobecomeasuccessfinanciallyifyoubelievethese things? Youattractintoyourlifewhatyouarethinkingaboutandwhatyoubelieve. Ifyouthinkthereisnotenoughmoneyinthisworldforeveryoneyouwillneverhave enoughmoney. ThatiscalledtheLawofAttraction（吸引法则）.
3. First of all, believing that "money doesn't grow on trees" is an example of what'scalledlackorscarcityprogramming. Ourparentstaughtusthattherewasnever enoughmoneytogoaround（分配）, andthatitwasnotreadilyavailableorabundant. Butintruth, theuniverseisveryabundant, andthereislotsofmoneytogoaround foreveryone. Justthinkwhatyoucoulddoifyouhaveasmuchmoneyasyourheart desiresWhatwonderfulthingsyoucoulddowithit: traveltothecountriesyouhave alwaysdreamtof, buyahouseyouareevenscaredtothinkabout, attendmeditation

classessoyoucouldspirituallygrow, donatemoneytoyourfavoritecharity, spend morequalitytime（黄金时光）withyourfamily, (1)andthelistgoeson.

1. Thekeyistostartthinkingthatyoudeservethemoneyandthatthereislots ofitavailableforyou, andthenyoucanstartattractingitintoyourlife. That's abundancethinking（充裕想法）, whichistheoppositeoflackorscarcitythinking. (2)WhenyoustartthinkingabouttheabundancetheLawofAttractionwilldotherest.

（承上启下句）Youdonotneedtoknowhowitisgoingtohappen. Justmakethefirst step, first thought. Starting is alreadywinning.

1. Andwhataboutthinkingthat"moneyistherootofallevil"?Canyoureally expecttobecomeasuccessifyoubelievethatmoneyistherootofallevil?(3)Unless youhaveadesiretobeanevilperson,yoursubconsciouswillnotletyouhavemoney if you believe deep down that it is the root of allevil.
2. By the way, that quote is taken out of context in the first place. It was originallystatedas"theloveofmoneyistherootofallevil". (4)Soithasnothing todowiththemoneyitself.（承上句）

## 【本部分重难点】

1. … the list goeson.

相当于 there are many other thing that can be put on the list.意为"还有很多其它的事情（你可以做）"

1. WhenyoustartthinkingabouttheabundancetheLawofAttractionwilldothe rest.你开始想着充裕原则的时候，吸引力法则负责剩余的事情。即 Onceyoustartthinking about the abundance, the Law of Attraction will work with therest.
2. Unlessyouhaveadesiretobeanevilperson, yoursubconsciouswillnotlet youhavemoneyifyoubelievedeepdownthatitistherootofallevil. 如果你从心底认同金钱是万恶之源，那么除非你想当个恶人，否则，你的潜意识就不会让你有钱。

deep down: in reality, in spite of appearances 实际上，在心底

She seems indifferent, but deep down she is very pleased.她看上去无动于衷，其实心里非常高兴。

1. Soithasnothingto dowiththemoneyitself. 因此它和钱本身无关。have nothing / something / a little / little / much to dosth.
2. Nowthatyouunderstandthat,youcanstarttothinkthatmoneyisinfactgood. Youcanhelppeoplewithmoney.Youcanstimulatetheeconomywithmoney.Eventhe mostkind-heartedspiritualperson,whosaystheydon'tneedmoney,candomoreto make the world a better place with money than withoutit.
3. Andwhataboutthinkingthat"allrichpeoplearegreedy"?Well,thatcreates usversusthem,wherebyyouhavelabeledallof"them"greedyinyourmind.You,on theotherhand,areverygivinginyourmind.That'swhyyoudon'thavemoney,because you're notgreedy.
4. Sure, there must be some rich people in the world who are greedy. But there arealsopoorpeoplewhoaregreedy.Therearebothrichandpoorpeoplewhoarevery givingaswell.Theamountofmoneyyouhavehasnothingtodowiththesecharacter traits.
5. Infact,alotofrichpeoplegottherebynotbeinggreedy.Havingagiving attitudeopensupaflowofmoneythatoftenbringsthemmore.Youwillfindthesame thing: give away money joyfully to a friend, and notice that it comes back toyou

insomeotherform.(5)Theworldneedstobeabalanceofgiveandtake,andbeingjoyful both as you give and receive will ensure that you always go withtheflow.11(6)Andchangingyourmindsetfromwhatyouweretaughtasachildtoahealthierviewofmoneywillallowyoutobecomethefinancialsuccessyoudeservetobe,to

become the realyou.

## 【本部分重难点】

1. The world needs to be a balance of give and take, and being joyful both as yougiveandreceivewillensurethatyoualwaysgowiththeflow. 在这世上，给予和接受是需要相互平衡的，只有乐于接受，同时也乐于给予，才能保证你永远不会为钱发愁。

and 连接的并列句，and 后的句子的主干是 beingjoyfulwillensurethatyoualways go with theflow

1. Andchangingyourmindsetfromwhatyouweretaughtasachildtoahealthier viewofmoneywillallowyoutobecomethefinancialsuccessyoudeservetobe, to becometherealyou.改变你儿时所学到的观念模式，树立一个更健康的金钱观，这会让你获得你本应得到的经济上的成功，做一个真实的自己。
2. 句子的主干是：Andchangingyourmindsetwillallowyoutobecomethefinancial success, to become the realyou.
3. fromwhatyouweretaughtasa childto ahealthier viewof money 作定语， 修饰 yourmindset。
4. youdeservetobe 作定语，是省略了引导词 that 的定语从句，先行词是 thefinancial success

## Unit 7 Inner Voice 自考赢家整理

1. New words and expressions Newwords
2. inneradj. 内心的；隐藏的
3. preciselyadv. 准确地；恰好地precise

precision

联想：accurate, accuracy

比较：simply, possibly, subtly, truly / definitely, rarely, fortunately, likely

/ luckily, heavily

1. bombardv. 大肆抨击；连珠炮似地质问；提供过多信息，
2. dreadedadj. 令人害怕的；可怕的
3. smalltalkn. 寒喧； 闲谈；聊天
4. hesitationn. 犹豫hesitate

hesitant

hesitancy / hesitation

1. wonderv. 想知道；想弄明白；琢磨 n. 奇迹wonder wh-…

do / work wonders / miracles

1. promptv. 促使；导致；激起
2. completeadj. （用以强调）完全的，彻底的
3. upsetadj. 难过的；不高兴的；沮丧的
4. rollv. （使）翻滚，滚动
5. despiteprep. 即使；尽管

despite / in spite of that fact that…

1. feebleadj. 无效的；无力的
2. attemptn./v. 企图；试图；尝试attempted
3. wipev.（用布、手等）擦干净，抹掉
4. profuselyadv. 大量地；连连地
5. addressv. 写（收信人）姓名地址；致函
6. receptionistn. 接待员
7. attachv. 把…固定，把…附（在…上） attach … to…

attached 依恋的；附加的；附属的attachment 依恋；附件

1. emotionn. 强烈的感情；情感；情绪emotional

emotionless

1. containv. 控制，克制，抑制（感情）
2. apparentlyadv. 据…所知；看来；显然
3. overwhelmingadj. 巨大的；压倒性的；无法抗拒的overwhelmingproblems

an overwhelmed person

联想：surprised / surprising excited / exciting

amazed / amazing disappointed / disappointing frightened /frighting

注意：excited eyes / expressions / looks

1. screamv. 高声喊，大声叫Phrases andExpressions
2. belostinone'sthought 陷入沉思
3. breakdown 失败
4. comeupwith找到（答案等）；想出
5. drop…off（顺路）把…放下
6. takeone'sownlife 自杀
7. indesperation 在绝望中；走投无路
8. careaboutsb. 关心；关怀
9. takeachance 冒险
10. makeadifference 有作用；产生影响
11. Text Learning Your InnerVoice

① (1)My day started just like all the other days for the past 15 years where Igetup,makesomecoffee,shower,getdressedandleaveforthetrainstationat precisely7:35A.M.toarriveatworkby8:30.WhileonthetrainIwouldalwayschoose aseatawayfromthecrowdsoIcanreadthenewspaperinpeaceandquiet.(2)Atwork Iamalwaysbeingbombardedwithquestionsfromcoworkers,suppliers,telephoneand

thenthosedreadedmeetings,sothelastthingIneedissomestrangertositbeside me and make smalltalk.

## 【本部分重难点】

1. Mydaystartedjustlikealltheotherdaysforthepast15yearswhereIget up,makesomecoffee,shower,getdressedandleaveforthetrainstationatprecisely 7:35 A.M. to arrive at work by8:30.
2. where 引导定语从句，先行词为 days。
3. makecoffee 冲咖啡，煮咖啡
4. getdressed 穿好衣服
5. leavefor 动身去……
6. AtworkIamalwaysbeingbombardedwithquestionsfromcoworkers, suppliers, telephoneandthenthosedreadedmeetings, sothelastthingIneedissomestranger tositbesidemeandmakesmalltalk. 工作中，我要无休止地应对同事、供应商提出的各种问题，电话总是响个不停，还有那些令人恐惧的会议，所以我最不想做的事就是和坐在身边的陌生人闲聊。
7. bombardsb. withquestions 不断向某人提问
8. thelastthing…最不想……的事情

He is the last person I want to work with. Lying is the last thing he'll do.

② I don't know why but for some reason when I got on the train today it was unusuallyfull,somethingIdon'trecalleverhappeninginthepast.Withhesitation Isatdownintheonlyseatavailablebesideamiddle-agedmanthathadhisheaddown andseemedtobelostinhisthoughts.Iwasgladthathedidn'tnoticewhenIsat next to him as he just continued to look down towards thefloor.

③ (3)Shortlyafterthetrainleftformy30-minuteridedowntownIfoundmyself wonderingwhatthismanwasthinkingabout. Whatcouldbesoimportantthathedidn't evenseemesitnexttohim? Itriedtoforgetaboutitandstartedtoreadmypaper. (4)However, for some strange reason this inner voice kept prompting me to talk to this man. (5)I tried to ignore the voice as there was no way I was starting a conversationwithacompletestranger.（承上句）

## 【本部分重难点】

1. Shortly after the train left for my 30-minute ride downtown I found myself wondering what this man was thinkingabout.

find 在这里接现在分词短语作宾补，还可接过去分词作宾补。例如： When he came to, he found himself lying in hospital.

The man found himself surrounded by half a dozen boys.

1. However,forsomestrangereasonthisinnervoicekeptpromptingmetotalk to thisman.
2. keep doingsth.
3. promptsb. todosth. 促使某人做某事，督促某人做某事
4. ItriedtoignorethevoiceastherewasnowayIwasstartingaconversation with a completestranger.
5. ignore：pay no attention to … onpurpose
6. thereisnoway … 没有办法……

④(6)AsyouprobablyguessedIeventuallybrokedownandcameupwithanexcuse toaskhimaquestion.WhenheraisedhisheadandturnedhiseyestowardsmeIcould

seethathemusthavebeenreallyupsetashehadredeyesandstillhadsometears rollingdownthesideofhisfacedespitehisfeebleattempttowipethemaway.(7) I can't describe the sadness I felt seeing someone in so muchpain.

⑤Wetalkedforabout20minutesandintheendheseemedtobedoingbetter. (8)Aswewereleavingthetrainhethankedmeprofuselyforbeinganangelbytaking the time to talk. (9)I never did find out what was making his heart so heavy with pain but was glad I listened to the voice thatday.

⑥ SeveralweekshadpassedwhenInoticedanenvelopeonmydeskafterreturning from lunch. It was not addressed to anyone and only had the word angel written on it. (10)Myreceptionistattachedanotesayingagentlemandroppeditoffsayinghe didnotknowmynamebuthaddescribedmewellenoughthatthereceptionistknewit wasforme. WhenIreadthenoteinsidetheenvelopeIwassofilledwithemotions thatIcouldn'tcontainmyself. ItwasaletterfromthemanImetonthetrainthanking meagainfortalkingto himandsavinghislifethatday.（承上句）

⑦ Apparentlyhehadsomeveryhurtfulpersonalproblemsthatweresooverwhelming thathewasplanningtotakehislifethatday. Inhisletterhewentontoexplain that he was a religious person and in desperation screamed out to God that if God really cared about him he would send someone to prevent him from taking his life. InhiseyesIwasthatsomeone, thatAngelsentbyGod.（承上句）

## 【本部分重难点】

1. As you probably guessed I eventually broke down and came up with an excuse to ask him aquestion.
2. breakdown 出故障；分解；失败；垮掉
3. comeupwith 提出；想出

区分：come down with 病倒，染上

1. I can't describe the sadness I felt seeing someone in so muchpain.

seeingsomeoneinsomuchpain 作状语，表示原因。这句话相当于 Seeingsomeonein so much pain I felt very sad, and I couldn't describe thesadness.

1. As we were leaving the train he thanked me profusely for being an angel by taking the time totalk.
2. thank sb. for (doing)sth.
3. bytakingthetimetotalk 作状语修饰 being anangel。
4. Ineverdidfindoutwhatwasmakinghisheartsoheavywithpainbutwasglad I listened to the voice thatday.

heavy with pain 中 with 表示原因，类似的短语还有： be wet with sweat

be breathless / out of breath with excitement shake with laughter

tremble with cold / anger

1. Myreceptionistattachedanotesayingagentlemandroppeditoffsayinghe didnotknowmynamebuthaddescribedmewellenoughthatthereceptionistknewit was forme.

本句的主干是 Myreceptionistattachedanote.。 saying…作定语修饰 anote，a gentlemandroppeditoffbuthaddescribedmewellenoughthatthereceptionistknew itwasforme 作 saying 的宾语，but 后省略了主语 agentleman。sayinghedidn'tknowmy name 作定语修饰 agentleman。but 后面的内容，其中 wellenoughthat… 相当于 sowell

that…。

本句话的译文为"我的接待员在信封上贴了一张便条，上面写道：这封信是一个绅士留下 的，他说他不知道我的名字，但从他细致的描述可知他所说的人是我。"

⑧(11)NotbeingareligiouspersonmyselfIdon'tknowwhatthatvoicewasthat mademetakeachanceandtalktoastrangerbutIdoknowthatitmadeadifference insomeone'slifethatday.Sothenexttimeyoufeelpromptedfornoapparentreason totalktoafriend,relative,neighbororevenacompletestrangerpleaseremember mystory,youjustmaymakeadifferenceinsomeone'slifewhenyoulistentoyour innervoice.

## 【本部分重难点】

1. Not being a religious person myself I don't know what that voice was that mademetakeachanceandtalktoastrangerbutIdoknowthatitmadeadifference in someone's life thatday.

句子的主干是 Idon'tknowwhatthatvoicewasbutIdoknowthatthatitmadea difference in someone's life thatday.

1. notbeingareligiouspersonmyself 是现在分词短语作状语，表示原因。这里要注意的是非谓语动词的否定形式，要在前面加 not，现分的完成形式是 nothavingdonesth.， 而不是 havingnotdonesth.。例如：

Not having finished his homework in time, he was criticized by the teacher.

1. what that voice was that made me take a chance and talk to a stranger 作know 的宾语从句。切记宾语从句要用陈述句语序。再如：

Can you tell me where he comes from?

Tell me what's wrong / the matter / the trouble with you and maybe I can help

you.

1. takeachance 冒险一试，尝试一下
2. thatmademetakeachanceandtalktoastranger 是定语从句，先行词是 the

voice，意为"让我冒险一试和陌生人说话的声音"。

1. makeadifference 有影响，有关系，有重要性
2. 部分练习讲解 P236 Bridging theGap

Directions:Fillintheblankswithawordoraphrasethatbestcompletesthe passage. You may choose a suitable one from the listgiven.

解题方法：把词分类

动 词 名 词 形 容 词 副 词 代 词interact night whose accordingly what view view nonstopnonstop

end up opportunity choose

Our words have power, and our speech has the power to set the energy or the directions we 1 choosein our lives. If we say good and positive things, good and positivethings(experiences)happentous.Thesewordsgiveusthe2opportunityto experience life from a positive or optimistic point of 3 view, on the other hand, wecomefromnegativityandsaynegativethings,4accordinglynegativethingshappen to us or we 5 end upseeing life as one big problem ordisappointment.

Whileweareallfamiliarwithourexternalspeechorvoice,wealsohaveanother voicethatweworkwithand6interactwitheveryday.Thisisour"innervoice".While

# 

atfirstglanceyoumaythink:"whatisinnervoice?"Butwhenyoucomerightdown toit,weareallfamiliarwithourinnervoice.Ourinnervoiceisthatsmallutterance thatcomesfromdeepwithinus,7whosejobitistoprovideuswithguidance.This is a different kind of communication than 8 whatcomes from our normal waking consciousness, which I call our "analyzer". When our analyzer is talking, the communicationwereceivetendstoseemmorelikea9nonstopconversationthatgoes on inside our heads all day and sometimes well into the 10 night.

1. New words and expressions Newwords
   1. inheritv. 继承（金钱、财物等） inherit sth. fromsb.

inheritance

* 1. pleasingadj. 令人高兴的；令人满意的
  2. squanderv. 浪费，挥霍（金钱、时间等）
  3. modestadj. 些许的；不太大的
  4. fortunen. 大笔的钱；巨款；运气；命运tell one'sfortune

fortunate misfortune unfortunate unfortunately

* 1. sablen. 貂皮
  2. radiatev. （使品质或感）显出，流露
  3. sournessn. 阴郁；没好气；乖张的脾气
  4. namelyadv. 即；也就是
  5. expressionn. 表情；神色
  6. wearv. 流露；面带
  7. hitn. 受欢迎的人（或事物）
  8. glumadj. 忧郁的；闷闷不乐的
  9. veterinariann. 兽医
  10. inoculatev. （给…）接种，打预防针
  11. kittenn. 小猫kitty / kitten -- cat piglet -- pig duckling - duck puppy - dog

calf - cow pony - horse lamb - sheep cygnet - swan bunny --rabbit

* 1. distraughtadj. 心烦意乱的；心急如焚的
  2. characteristicadj. 典型的；独特的；特有的 n. 特征，特点be characteristic ofsb./sth.

区分：Chinese characteristics / Chinese characters

* 1. receptionn. 接待处
  2. boredomn. 厌烦；厌倦；无聊bore

bored boring

* 1. tensionn. （情绪上的）紧张，烦躁tense
  2. convertv. （使）转变，转换，转化conversion
  3. pastev. 粘贴；粘合
  4. messengern. 邮递员；信使
  5. goodwilln. 友善；友好；善意
  6. brightenv. （使）快活起来bright

-en 常见的动词前缀、后缀。如：

enable, enrich, endanger, enlarge 等。（请结合 Unit 1，Text B) broaden, widen, lengthen, strengthen, shorten, deepen, weaken 联想：

long-length-lengthen deep-depth-deepen

strong-strength-strengthen wide-width-widen

broad-breadth-broaden high-height-heighten weak-weakness-weaken short-shortness-shorten

* 1. frownv. 皱眉；蹙额
  2. scowlv. 怒视（某人或某事） Phrases andExpressions

1. makeahit 给（某人）留下很好的第一印象；使（某人）一见钟情
2. jumpoutofone'sskin 欢喜雀跃；兴高采烈
3. asluckwouldhaveit 碰巧；偶然；幸而
4. becharacteristicof 典型的；独特的；特有的
5. strikeup（和某人）建立友谊，开始来往，交谈起来
6. joinin 参加，加入（活动）
7. convert …into（使）转变，转换，转化
8. TextLearning

Make a Good First Impression

1. At a dinner party in New York, one of the guests, a woman who had inherited money, waseagertomakeapleasingimpressiononeveryone. Shehadsquanderedamodest fortuneonsables, diamondsandpearls. (1)Butshehadn'tdoneanythingwhatsoever aboutherface.（承上启下句）Itradiatedsournessandselfishness. (2)Shedidn't realizewhateveryoneknows: namely, theexpressiononewearsonone'sfaceisfar more important than the clothes one wears on one'sback.
2. (3)Actions speak louder than words, and a smile says, "I like you. You make mehappy.Iamgladtoseeyou."Thatiswhydogsmakesuchahit.Theyaresoglad to see us that they almost jump out of their skins. So, naturally, we are gladto

see them. （承上总结句）

## 【本部分重难点】

1. whatsoever（也作 whatever）adv. 用在 no+名词、nothing、none 等之后，以加强语

气。

如：There can be no doubt whatever about it. 这件事毫无疑问。

-Are there any signs of improvement? -None whatsoever. "有改进的迹象吗？""一

点儿都没有。"

1. Shedidn'trealizewhateveryoneknows:namely,theexpressiononewearson one's face is far more important than the clothes one wears on one'sback.

wear：have (a certain look) on one's face 流露（某种神态） He face wore a puzzled frown. 他皱着眉显出不悦的样子。

The house wore a neglected look. 这所房子像是无人照管的样子。wear: 穿戴，佩带，蓄，留

wear a beard / coat / hat / ring / watch She never wears green.

She wears her hair long ./ She wears long hair.

这句话的意思是"她不知道所有人都知道的道理，那就是：一个人脸上的表情比身上的衣 服重要多了。"

1. Actions speak louder than words,and…

事实胜于雄辩；行动胜于空谈；行动比言语更有说服力；百说不如一干。 3 A baby's smile has the sameeffect.

1. Haveyoueverbeeninadoctor'swaitingroomandlookedaroundatalltheglum faces waiting impatiently to be seen? (4)Dr. Stephen K. Sproul, a veterinarian in Raytown, Missouri, told of a typical spring day when his waiting room was full of clients waiting to have their pets inoculated. No one was talking to anyone else, and all were probably thinking of a dozen other things they would rather be doing than "wasting time" sitting in that office. He told one of ourclasses:

## 【本部分重难点】

1. Dr.StephenK.Sproul,aveterinarianinRaytown,Missouri,toldofatypical spring day when his waiting room was full of clients waiting to have their pets inoculated.
2. tellof 讲述，讲到
3. havetheirpetsinoculated 给狗接种，给狗打预防针have sth. done

He will have one's hair cut / dyed tomorrow. He had his face cut while shaving.

He will have all the dishes cleared away while working as a waiter in that restaurant.

1. "There were six or seven clients waiting when a young woman came in with a nine-month-oldbabyandakitten.(5)Asluckwouldhaveit,shesatdownnexttoa gentlemanwhowasmorethanalittledistraughtaboutthelongwaitforservice.The next thing he knew, the baby just looked up at him with that great big smile that issocharacteristicofbabies.Whatdidthatgentlemando?JustwhatyouandIwould do,ofcourse;hesmiledbackatthebaby.Soonhestruckupaconversationwiththe womanaboutherbabyandhisgrandchildren,andsoontheentirereceptionroomjoined in,andtheboredomandtensionwereconvertedintoapleasantandenjoyable

experience."

1. (6)The ancient Chinese were a wise lot - wise in the ways of the world; and theyhadaproverbthatyouandIoughttocutoutandpasteinsideourhats.Itgoes like this, "A man without a smiling face must not open ashop."
2. Yoursmileisamessengerofyourgoodwill.（主题句）Yoursmilebrightensthe livesofallwhoseeit. Tosomeonewhohasseenadozenpeoplefrown, scowlorturn theirfacesaway, yoursmileislikethesunbreakingthroughtheclouds. Especially whenthatsomeoneisunderpressurefromhisbosses, hiscustomers, histeachersor parents or children, a smile can help him realize that all is not hopeless - that there is joy in theworld.

## 【本部分重难点】

1. Asluckwouldhaveit,shesatdownnexttoagentlemanwhowasmorethana little distraught about the long wait forservice.

as luck would have it 碰巧；真幸运；幸而

more than a little distraught: very upset and anxious

1. TheancientChinesewereawiselot - wiseinthewaysoftheworld（人情世故）; andtheyhadaproverbthatyouandIoughttocutoutandpasteinsideour hats.
2. lot: （同类人或物的）组，批，群

Nobody in the first lot of applicants was suitable for the job.

1. waysoftheworld 人情世故
2. cut out and paste inside ourhats

## Unit 8 The Great Minds 自考赢家整理

The Great Minds

名人名言部分补充 make A of B A famous quote

A pessimist makes difficulties of his opportunities; an optimist makes opportunities of his difficulties. ----Harry S. Truman

悲观者让机会沦为困难；乐观者把困难铸成机会。 杜鲁门

make A of B

make a success of one's career make a musician of the littleboy

The father exposed his son to music when he was still a little child becaused he wanted to make a musician ofhim.

expose sb. / oneself to sth.

Don't expose yourself to the strong sunlight, or you will get sunburnt. 联想：sunburnt / suntanned

gain exposure to sth. make a footballer of Tom

make a mess of the account

1. New words and expressions Newwords
2. wrapv. 用…缠绕（或围紧）
3. scenarion. 设想；方案；预测
4. explanationn. 解释；说明explain

explanatory

1. uneventfuladj. 平淡无奇的；平凡的；缺乏刺激的
2. pregnancyn. 怀孕；妊娠；孕期
3. imperfectadj. 有缺陷的；不完全的；不完美的perfect

perfection

联想：impossible, impolite, imbalanced, immobile, immature （注意：unbiased, unmoving）

1. abnormaladj. 不正常的；反常的；变态的；畸形的normal

联 想 ：typical-atypical symmetry-asymmetry symmetrical-asymmetrical

1. massiveadj. 巨大的；非常严重的
2. disabilityn.（某种）缺陷，障碍able

ability unable

1. limblessadj. 无四肢的
2. inspirev. 激励；鼓舞（用法参考 Unit5, TextA） inspiration（形近词参考 Unit4，TextA）

inspiring

1. adaptv. 适应（新情况） adapt oneself tosth.
2. accomplishv. 完成
3. limbn. 肢；臂；腿
4. campaign 运动（为社会、商业或政治目的而进行的一系列有计划的活动）
5. fulfillv. 实现；履行

fulfill one's dream / word / requirement fulfilling 使人满足的，令人愉快的fulfillment 履行；满足；成就

1. motivationaladj. 鼓舞的
2. circumstancen. 命运；客观环境
3. wholeheartedlyadv. 全心全意地
4. effectiveadj. 产生预期结果的；有效的比较：efficient

ineffective, inefficient

1. altituden. 海拔；海拔高度altitudesickness

区分：attitude

1. engagementn. 约定；约会；预约
2. congregationn. （教堂的）会众
3. audiencen. 观众；听众
4. visionn. 想象力；眼力；远见卓识
5. outreachn. 外展服务
6. perspectiven. 态度；观点；思考方法
7. ceasev. （使）停止，终止，结束
8. obstaclen. 障碍；阻碍；绊脚石
9. illustratev. （用示例、图画等）说明，解释
10. profoundadj. 巨大的；深切的；深远的
11. persistencen. 坚持；锲而不舍persist (in)

persistent

1. paralyzev. 使瘫痪；使麻痹
2. oftentimesadv. 常常
3. trickn. 戏法；把戏tricky
4. blendn. （不同事物的）和谐结合，融合
5. perseverancen. 毅力；韧性；不屈不挠的精神（偶见 perseverence，但很少使用） persevere

perseverant （偶见 perseverent，但很少使用）

1. definev. 阐明；明确；界定definition

definite 明确的，确定的

1. incredibleadj. 不能相信的；难以置信的unbelievable
2. captivatev. 迷住；使着迷Phrases andExpressions
3. awalkoflife 行业；职业；地位；阶层line of work
4. majorin 主修
5. stresstheimportanceof 强调…的重要性
6. atone'sdisposal 任某人处理；供某人任意使用
7. pokefunat 拿…开心；奚落；嘲笑
8. showoff 炫耀；卖弄
9. Text Learning Life WithoutLimits

① Imaginebeingbornwithoutarms. Noarmstowraparoundsomeone, nohandsto experiencetouch, ortoholdanotherhandwith. Orwhataboutbeingbornwithoutlegs? Having no ability to dance, walk, run, or even stand on two feet. Now put both of thosescenarios（设想）together: noarmsandnolegs. Whatwouldyoudo? Howwould that effect your everydaylife?

② Born in 1982 in Melbourne, Australia, without any medical explanation or warning, NicholasVujiciccameintotheworldwithneitherarmsnorlegs. (1)Having hadanuneventfulpregnancyandnofamilyhistorytoexpectthiscondition, imagine theshockhisparentsfeltwhentheysawtheirfirstborn, brandnewbabyboy, only tofindhewaswhattheworldwouldconsiderimperfectandabnormal. Howwouldtheir sonliveanormalhappylife? Whatcouldheeverdoorbecomewhenlivingwithwhat theworldwouldseeassuchamassivedisability（严重残疾）? (2)Littledidtheyor anyone know that this beautiful limbless baby would one day be someone whowould

inspireandmotivatepeoplefromallwalksoflife,touchinglivesallovertheworld.

## 【本部分重难点】

1. Havinghadanuneventful（平凡的）pregnancyandnofamilyhistorytoexpect thiscondition, imaginetheshockhisparentsfeltwhentheysawtheirfirstborn, brandnewbabyboy, onlytofindhewaswhattheworldwouldconsiderimperfectand abnormal.
2. 悬垂分词。建议换成：Havinghadanuneventfulpregnancyandnofamilyhistory to expect this condition, his parents felt great shock when they saw …. Can you imagine theshock?

以下是可以接受的悬垂分词形式：

Strictly speaking, nobody is allowed in here. Judging from his accent, he must be from the South.

经常这样用的分词(分词词组)有：frankly(broadly, generally, strictly…) speaking, judging from / by…,talking about…,speaking of…等。

某些句子中作状语的分词的逻辑主语虽然不是句子的主语，但可能是句中的另外某一成分，对这样的句子也可以不认为是"悬垂分词"。课文中的这个句子属于这种情况。再如：

Seeing her health sinking rapidly, alarm clutched the father's heart. 她父亲看到她健康迅速恶化，很是惊慌。

切记：该结构应慎用。

1. onlytofind…不定式表示结果。不定式表结果时通常前面需要加 only,表示出乎意料的不希望看到的结果。例如：

They rushed to the cinema, only to find the tickets left at home. They hurried back home, only to find the door locked.

Theywenttothehospitalwithoutanydelay,onlytobetoldtheirbelovedgrandpa had already passedaway.

1. whattheworldwouldconsider 作插入语
2. 译文：在经历了一段平静无事的孕期，而且没有任何家族病史预示的情况下，我们 可以想象得到当时他的父母看到这个刚出生的小男孩时会是多么地震惊，只知道他就是世人所说的缺陷和不正常。
3. Little did they or anyone know that this beautiful limbless baby would one daybesomeonewhowouldinspireandmotivatepeoplefromallwalksoflife,touching lives all over theworld.
4. 否定词放在句首句子倒装，如 rarely, seldom, innocase, bynomeans, little, hardly 等。
5. who wouldinspire andmotivate peoplefrom allwalksoflife 定语从句，先行词是 someone。
6. touchinglivesallovertheworld 现在分词作状语，修饰 inspireandmotivate people。
7. 译文：当时他们不知道而且也没有任何一个人知道，这个漂亮的无手足的小男孩有 一天会启发激励社会各阶层的人，并且感动全世界的人们。

③ AsNickgrewuphelearnedtodealwithhisdisabilityandstartedtobeable to do more and more things on his own. He adapted to his situation and found ways to accomplish tasks that most people could only do by using their limbs, such as cleaningteeth, brushinghair, typingonacomputer, swimming, playingsports, and muchmore. Astimewentby, Nickbegantoembracehissituationandachievegreater things.（承上启下句）IngradesevenNickwaselectedcaptainofhisschoolandworked

withthestudentcouncil（考生会）onvariousfund-raisingeventsforlocalcharities and disabilitycampaigns.

④ AfterschoolNickwentonwithfurtherstudyandobtainedadoublebachelor degreemajoringinaccountingandfinancialplanning. Bytheageof19, Nickstarted tofulfillhisdreamofencouragingothersbysharinghisstorythroughmotivational speaking（励志演讲）. Hefound thepurposeof hisexistence, and alsothepurpose of his circumstance. Nick wholeheartedly believes that there is a purpose in each of the struggles we encounter in our lives and that our attitude towards those struggles can be the single most effective factor in overcomingthem.

⑤ Nowat27yearsold, thislimblessyoungmanhasaccomplishedmorethanmost peopleeventwicehisage. NickrecentlymadethemassivemovefromBrisbane, Australia to California, USA, where he is the president of an international non-profit organization（非盈利组织）, andalsohashisownmotivationalspeakingcompany, AttitudeIsAltitude. Sincehisfirstmotivationalspeakingengagement（演讲）back whenhewas19, Nickhastraveledaroundtheworld, sharinghisstorywithmillions ofpeople, speakingtoarangeofdifferentgroupssuchasstudents, teachers, youth, businessmenandwomen, entrepreneurs, andchurchcongregationsofallsizes. People askNick, "Howcanyousmile?"(3)Thentheyrealizethere'sgottobesomethingmore tolifethanmeetstheeyeifaguywithoutarmsandlegsislivingafullerlife.

## 【本部分重难点】

1. Thentheyrealizethere'sgottobesomethingmoretolifethanmeetstheeye if a guy without arms and legs is living a fullerlife.
2. Thereissomethingto/insth. ……有意义，有道理
3. liveafulllife 生活充实
4. 译文：接着他们意识到，如果一个没有四肢的人过得比普通人更充实，那么人生的 含义必定超出了我们目光所及的范畴。

⑥Nickshareswithhisaudiencestheimportanceofvisionanddreamingbig.Using hisownexperiencesinworldwideoutreachasexamples,hechallengesotherstoexamine their perspective and look beyond their circumstances. (4)He shares his view of ceasingtoseeobstaclesasproblems,butinsteadbegintoseethemasopportunities togrowandreachouttoothers.(5)Hestressestheimportanceofourattitudebeing the most powerful tool we have at our disposal and illustrates how the choices we makecanhaveaprofoundeffectonourlivesandthelivesofthosearoundus.(6)Nick showsthroughhisownlifethatthemajorkeysinfulfillingourbiggestdreamsare persistence and choosing to embrace failure as a learning experience, rather than allowing the guilt and fear of failure to paralyzeus.

## 【本部分重难点】

1. Heshareshisviewofceasingtoseeobstaclesasproblems,butinsteadbegin to see them as opportunities to grow and reach out toothers.
2. ceasetodosth. 停止做某事，不再做某事
3. see…as…: look on / upon …as, view…as,regard…as
4. reachoutto 伸手以抓到、触到或拿到某物

We must reach out to those in need. 我们应该伸出援手，去帮助有困难的人。本句 reach out to others 意为"求助于某人"

1. 译文：他与大家一起分享停止把阻碍看作是麻烦、困难，相反，应该把它们看作是 自身成长并接触他人向他人学习的机会。
2. He stresses the importance of our attitude being the most powerful tool we haveatourdisposalandillustrateshowthechoiceswemakecanhaveaprofoundeffect on our lives and the lives of those aroundus.
3. atourdisposal 任某人处理；供某人任意使用disposal 是 dispose 的名词形式，意为"支配，处理"。

联想：al 为名词后缀，再如：arrive-arrival, survive-survival, approve-approval, disapprove-disapproval, dismiss-dismissal, deny-denial, refuse-refusal 等。

1. haveaprofoundeffectonsth. 对……产生深远的影响
2. 译文：他强调态度是我们可以支配的最强大的工具，阐明了我们作出的选择如何对 我们自身乃至周围人的生活产生深远的影响。
3. Nickshowsthroughhisownlifethatthemajorkeysinfulfillingourbiggest dreams are persistence and choosing to embrace failure as a learning experience, rather than allowing the guilt and fear of failure to paralyzeus.
4. throughhisownlife 作状语，修饰 show。show 的宾语是由 that 引导的宾语从句， 宾语从句的主干是 themajorkeysarepersistenceandchoosingto … , ratherthan allowing…。
5. embracefailureasalearningexperience 欢迎失败，把它看成是学习的体验
6. ratherthan 相当于 insteadof"而不是"
7. ratherthanallowingtheguiltandfearoffailuretoparalyzeus 而不是被失败和恐惧所打倒
8. 译文：尼克用他的人生来告诉我们实现远大梦想最关键的就是坚持不懈和选择拥抱失 败，把它看作是一次学习的机会，而非容忍失败带来的内疚和恐惧使我们瘫痪、麻痹。

⑦HowdoesNickVujicicfeelabouthisdisabilitynow?Heacceptsit,embraces itandoftentimespokesfunathisowncircumstanceasheshowsoffhismanytricks. Hemeetschallengeswithhisspecialblendofhumor,perseveranceandfaith,always encouragingthosearoundhimtoexaminetheirperspectiveastheydevelopanddefine theirvision.(7)Usingthosenewdefinitionshechallengeseachpersonhemeetsto makechangesintheirlivessothattheycanbeginthepathtofulfillingtheirbiggest dreams.(8)Throughhisamazingabilitytoconnectwithpeoplefromallwalksoflife andhisincrediblesenseofhumorthatcaptivateschildren,teensandadultsalike, Nick is a truly inspirational motivationalspeaker.

## 【本部分重难点】

1. Usingthosenewdefinitionshechallengeseachpersonhemeetstomakechanges intheirlivessothattheycanbeginthepathtofulfillingtheirbiggestdreams.
2. usingthosenewdefinitions 分词作状语
3. challengesb. todosth. 刺激某人做某事
4. beginthepathtofulfillingtheirbiggestdreams 开始踏上实现人生梦想的

征程

1. 译文：采用这些新的定义，尼克鼓励每个人勇于面对并改变生活，以便他们开始完

成人生梦想的征程。

1. Throughhisamazingabilitytoconnectwithpeoplefromallwalksoflifeand hisincrediblesenseofhumorthatcaptivateschildren,teensandadultsalike,Nick is a truly inspirational motivationalspeaker.
2. 句子的主干是 Nickisatrulyinspirationalmotivationalspeaker.。through… 作状语
3. alike: adv. inthesameway 同样地

例如：treat everybody exactly alike 一视同仁

The climate here is always hot, summer and winter alike.

hisincrediblesenseofhumorthatcaptivateschildren, teensandadultsalike 他惊人的幽默感令孩子、青少年和成年人都着迷

1. 译文：通过与人们沟通的惊人能力和令人难以置信的幽默，尼克深受孩子、青少年 和成年人的喜爱，尼克成了真正的使人倍受鼓舞的演说家。
2. 部分练习讲解 P256 Bridging theGap

Directions:Fillintheblankswithawordoraphrasethatbestcompletesthe passage. You may choose a suitable one from the listgiven.

解题方法：把词分类

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| 动词 | 名词 | 形容词 | 副词 | 介词 | 连词 |
| mark | mark | confused | intentionally | as opposed to | even if |

confused potential likely known potential

calledupon natural

Giftsarethosetalentsandabilitiesthatflowalmosteffortlesslyfromus.Gifts are sometimes 1 confusedwith skills. While skills can be developed, gifts are somethingwearebornwith-theyarewhatwediscoveraswetrynewthingsandfind that some things are as 2 naturalto us asbreathing.

Whenwe3intentionallymakeadecisiontocreateourlifeandworkbasedonour gifts, we're not only more 4 likelyto succeed, but can also more thoroughly enjoy the journey toward creating and realizing our full 5 potential.

Takeinventoryof（评估）yourlifetodeterminewhereyouareutilizinglearned anddeveloped skills6 asopposedtoexpressingand honoringyour innate（与生俱来的）gifts. Areyouoperatingbasedonwhatyouthinkyou"ought"tobedoingorare you living an authentic life that is rich andfulfilling?

7Evenifyouarenotinaplacetopursueanewcareerbasedonyourgifts,look forwaystomakeyourgifts8knowntoothersanddemonstratetheminasmanyareas ofyourlifeaspossible.Themoreyourgiftsare9calledupon,themorenaturally youwillfullyacceptandpromotethosegifts.Themoreyouexpressyourlifethrough your innate gifts, the more you will excel. It's a beautifullyself-perpetuating

（能使自身永久存在的）process once you make the decision to begin.

Your gifts are your signature, your unique paintbrushes - use them to express your greatness and make your greatness and make your 10 markon the world!

1. New words and expressions Newwords
2. revolutionn. 巨变；大变革
3. unwedadj. 未婚的
4. adoptionn. 收养；领养
5. unfortunatelyadv. 不幸地；遗憾地fortune

misfortune fortunate unfortunate

1. relentv. 终于答应；不再拒绝
2. recallv. 记起；回忆起；回想起
3. debutv. 使（新产品）面世；首次广告推广
4. productionn. 生产：制造；制作produce

producer productive product

1. possessionn. 具有；拥有
2. calculatorn. 计算器
3. orchardn. 果园
4. sagv. 减弱；减少
5. competitionn. 竞争；角逐（参考 Unit4，TextA 相关词） compete

competitor competitive

1. successiveadj. 连续的；接连的；相继的succeed

succeed in (doing) sth. successor

successful

1. insanelyadv. 十分；非常；疯狂地
2. cofoundv. 共同建立co-existence

a co-ed school cooperate cohabitation

1. bitteradj. 激烈而不愉快的；充满愤怒与仇恨的
2. recruitv. 吸收（新成员）
3. punchv. 拳打；以拳痛击
4. publiclyadv. 公开地
5. heartbreakingadj. 令人心碎的
6. episoden.（人生的）一段经历；（小说的）片段，插曲
7. instantadj. 立即的；立刻的
8. billionairen. 巨富；亿万富翁
9. immenseadj. 极大的；巨大的immensity
10. convincev. 说服，劝说（某人做某事） convince sb. of sth. / that… convincing
11. foundationn. 基本原理；根据；基础lay a solid foundation forsth.
12. catalystn. 催化剂
13. comebackn. 复出；重返；再度受欢迎
14. initiallyadv. 开始；最初；起初
15. interimn. 暂时的：过渡的
16. profitabilityn. 盈利能力

profit profitable

1. introducev. 推行；实施；采用introduction

introductive / introductory 介绍的，引导的

1. innovationn. 创造；创新；改革innovate

innovative

Phrases and Expressions

1. biologicalmother 生母
2. meetone'sexpectations 符合某人的期望
3. dropout 退学；辍学
4. inmemoryof 作为对…的纪念
5. dwellon老是想着（尤指最好忘记的事）；一直说……
6. turnout 原来是；证明是；结果是
7. TextLearning

An Unwanted Baby, Steve Jobs

1. SteveJobsisamanwhohasgreatcourageanddarestotakerisks.Hemaynot be perfect but he pulled together the most fantastic act by overcoming Microsoft, themovieindustryandthemusicbusiness.Jobsfollowedhisdreamandledarevolution in the computingworld.
2. Steve Jobs was born on February 24, 1955, in San Francisco, California. His biologicalmotherwasanunwedgraduatestudentnamedJoanneSimpsonanddecidedto put him up for adoption. (1)Joanne had a college education, and she insisted that thefutureparentsofherboybejustaswelleducated.Unfortunately,thecandidates, PaulandClaraJobs,didnotmeetherexpectations:Claradidn'tgraduatefromcollege andPaulonlyattendedhighschool.Whenshefoundoutthatbothhisfutureparents hadnevergraduatedfromcollege,sherefusedtosigntheadoptionpapers.Sheonly relentedafewmonthslaterandagreedtohaveherbabyadoptedbythem,underthe firm condition that they would send him tocollege.

## 【本部分重难点】

1. Joannehadacollegeeducation,andsheinsistedthatthefutureparentsof her boy be just as welleducated.

当谓语动词是"一坚持，二命令，三建议，四要求"时，即 insist, order, command, advise, suggest, propose, demand, request, require, ask 以及 desire, recommend, prefer, decide, urge 等词时，从句谓语用 should+动词原形。

We suggest that he be present at the meeting in time. His painful expression suggested that he was ill atease.

1. SteveJobswenttocollegebutdecidedtodropoutbecauseitwastooexpensive. Recallinghistimetherehesaid,"Ididn'thaveadormroom,soIsleptonthefloor infriends'rooms,Ireturnedcokebottlesforthe5centsdepositstobuyfoodwith, andIwouldwalkthe7milesacrosstowneverySundaynighttogetonegoodmeala week at the Hare Krishnatemple."
2. At20,SteveJobsandafriend(SteveWozniak)startedacompanyinagarage onApril1,1976.Laterthatyear,theydebutedtheAppleIandalocalstoreoffered tobuy50machines.Tofinancetheproduction,theyhadtoselltheirmostexpensive

possessions. Jobs sold his Volkswagen van while Wozniak sold his Hewlett-Packard scientific calculator. Steve Jobs named their company Apple, in memory of a happy summer he had spent as an orchard worker in Oregon.

1. By1982,however,hiscompanysalessaggedinthefaceofcompetitionfromIBM's newPC.(2)Notwantingtodwellonsuccessivefailures,theyworkedonanewmachine called the Macintosh. By 1986, the Mac, which Steve Jobs promised to be "insanely great,"wasahugesuccess.After10years,startingfrom2kidsworkinginagarage, Apple computer had grown into a $2 billion company with over 4000employees.
2. At30,SteveJobs,however,wasfiredfromthecompanyhecofoundedwithSteve Wozniak.HeleftthecompanyafterlosingabitterbattleovercontrolwithApple's CEOJohnSculley,whomJobshadrecruitedfromPepsiCola.WhenSteveJobsheardof themessagehesaid,"You'veprobablyhadsomebodypunchyouinthestomachandit knocksthewindoutofyouandyoucannotbreathe.(3)Theharderyoutrytobreathe, themoreyoucannotbreathe.Andyouknowthattheonlythingyoucandoisjustrelax so you can start breathingagain."

## 【本部分重难点】

1. Notwantingtodwellonsuccessivefailures,theyworkedonanewmachinecalled theMacintosh.

非谓语动词的否定形式为：not+非谓语动词（具体参考 Unit 7, Text A） dwell on：详述；老想着

Don't always dwell on the past, look forward. He's dwelling on his story once again.

1. The harder you try to breathe, the more you cannot breathe. "the+比较级，the+比较级"意为"越……就越……"

The farther a planet is from the earth, the smaller it looks/appears/seems. 试译：你锻炼越多，就越不大可能感冒。

你越不可能感冒：You are less likely to catch a cold.

The more exercise you take, the less likely you are to catch a cold. You'll have less chance / few chances of catching a cold.

Themoreexerciseyoutake,thelesschance/thefewerchancesyou'llhaveof catching acold.

1. SteveJobssoldover$20millionofhisApplestock,spentdaysbicyclingalong thebeach,feelingsadandlost,touredParis,andjourneyedontoItaly.Recalling thispubliclyheartbreakingepisode,Jobssaid,"(4)Ididn'tseeitthen,butitturned outthatgettingfiredfromApplewasthebestthingthatcouldhaveeverhappened tome.(5)Theheavinessofbeingsuccessfulwasreplacedbythelightnessofbeing abeginneragain,lesssureabouteverything.Itfreedmetoenteroneofthemost creative periods of mylife."
2. Duringthenextfiveyearshestartedtwocompanies-NeXTandPixar.NeXTdidn't do as well as Jobs had dreamed for, but Pixar was a success story. Jobs became an instantbillionaire.Meanwhile,hisoldcompanyApplewasunderimmensepressurefrom its rival Microsoft and in 1996 posted billions of dollars inlosses.
3. InDecember1996,SteveJobsconvincedAppletobuyNeXTandmakeitssoftware the foundation of the next-generation Mac OS. The technology he developed at NeXT becamethecatalystofApple'scomeback.(6)InitiallyappointedasApple'sadviser, Steve Jobs was named Apple's interim CEO in1997.

## 【本部分重难点】

1. Ididn'tseeitthen,butitturnedoutthatgettingfiredfromApplewasthe best thing that could have ever happened tome.
2. turnout 到头来，结果是，竟然是

It turned out the man standing beside me was a pickpocket. He turned out to be one of my former classmates.

1. happen to sb. 联想：becomeofsb.
2. 译文：我当时并没有意识到，但结果表明，被苹果公司开除，是我遇到的最好的事

情。

1. The heaviness of being successful was replaced by the lightness of beinga

beginner again, less sure about everything. 对一切都不确定，从头再来的轻松取代了成功带来的压力。

句子的主干是 The heaviness was replaced by the lightness.

1. InitiallyappointedasApple'sadviser,SteveJobswasnamedApple'sinterim

（过渡的，临时的）CEO in 1997.

appointed as Apple's adviser 过去分词作状语。过分表示被动，再如： Seen from here, the valley is very beautiful.

1. (7)He had made Apple healthy again and returned it to a place where it was contributing new and innovative technologies to the computer world. (8)Under his leadership, Apple returned to profitability and introducedinnovations.

## 【本部分重难点】

1. He had made Apple healthy again and returned it to a place where it was contributing new and innovative technologies to the computerworld.
2. makesth.+adj.

make the room clean / warm

1. whereitwascontributing ….定语从句，修饰 aplace
2. Under his leadership, Apple returned to profitability and introduced innovations.

under one's leadership

类似的结构还有：under one's supervision（监督，管理） / guidance / influence 注意 under 的用法：under way / treatment / discussion / investigation

under arrest / threat

under one's guidance / leadership 注意区分：guidance, guide

## Unit 9 Facing Life’s Challenges 自考赢家整理

I. New words and expressions New words

1. hurdlen. hurdles [pl.]跨栏赛；栏架，跨栏；难关，障碍
2. negativen. 否定词；否定；拒绝 adj. 坏的；有害的
3. despairv. 绝望；失去希望；丧失信心
4. pettyadj. 小的：琐碎的；次要的
5. individualadj. 一个人的；供一个人用的
6. lanen. （比赛的）跑道，泳道
7. spotn. 地点；场所；处所
8. symbolizev. 象征；是…的象征；代表symbol

-ize 常用的动词后缀：modernize, globalize, economize

1. incrediblyadv. 极端地；极其credible 可靠的，可信的credibly

变副词时需省略-e 的形容词有 simple, true, credible, believable simply, truly, (in)credibly, (un)believably

1. positiveadj. 良好的；正面的
2. toughadj. 艰苦的；艰难的；棘手的
3. arisev. 发生；产生；出现arise fromsth.

区分：arouse / arise

arouse one's anger / respect / sympathy

1. lostadj. 不知所措的；一筹莫展的
2. leapv. 跳跃
3. yard n. 码
4. inchn. 英寸
5. cinchn. 很容易的事；小莱Phrases andExpressions
6. lineup 排成一行；站队；排队（等侯）
7. endup 最终成为；最后处于

end up (in) doing sth. end up begging / being arrested end up as a beggar / prisoner / millionaire

end up in prison / debts

1. keepupwith（与…）齐步前进；并驾齐驱；跟上
2. paceoneself 调整自己的工作（或活动）节奏
3. fitin（与…）合得来；适应
4. getover 解决；克服；控制
5. wearout 使疲乏；使筋疲力尽；使厌烦
6. withease 轻而易举地
7. makeit 获得成功
8. fallover 被…绊倒；几乎被…绊倒
9. getlost 不知所措；一筹莫展

|  |  |  |
| --- | --- | --- |
| 12. | look | back on 回首(往事)；回忆；回顾 |
| 13. | inch | by inch 缓慢而谨慎地；一步一步 |
| 14. | at a | time 每次；逐一；依次 |
| II. | Text | Learning |

300 Hurdles

① Life may give you a negative, but don't despair - it may just develop into a beautiful picture one day. This year, I realized my theory that I have on life. Lifeislikea300mhurdlerace.SinceIrunthe300mhurdles,Iwouldknowwhatthe race islike.

② The first thing to any race is worrying about whether you are going to win ornot.Thisrelatestoworryingaboutthepettythingsinlife.Doesitreallymatter

ifyouwin? Isitreallygoingtobetheendoftheworld? Orwillyoubeupsetif youloseandthenforgetaboutit? (1)Inlifeweworrytoomuchandliveinthemoment toolittle. （承上总结句）

③ (2)Nextistheliningupinourownindividuallanes. Weeachstartatdifferent spots, buttheraceisstillthesamedistanceforeveryone.（承上启下句）(3)This relates to our lives taking us to different places and putting us in different situations, buthopefullywewillendupinthesameplace, butmaybeatdifferent times.

④Nowcomesthebeginningoftherace.Wealltrytokeepupwitheveryoneand paceourselveswithotherpeople.(4)Thissymbolizesthatattimesineveryone'slives we worry, about fitting in or being the same as other people, instead of worrying aboutbeingunique.Ifeveryonewerethesame,theworldwouldbeincrediblyboring.

## 【本部分重难点】

1. In life we worry too much and live in the moment too little. 生活中，我们担心得太多，而活在当下太少。
2. Next is the lining up in our own individual lanes. 接下来的一步就是在我们自己的跑道站好，也就是各就各位。
3. This relates to our lives taking us to different places and putting us in differentsituations,buthopefullywewillendupinthesameplace,butmaybeat differenttimes.
4. relateto 涉及，有关
5. takingustodifferent places 和 puttingusindifferentsituations 的逻辑主语都是 ourlives，作 relateto 的宾语。
6. endupinthesameplace 在同一个地方结束，即有同样的结局end up in prison / indebts

end up begging

end up as a beggar / prisoner

1. Thissymbolizesthatattimesineveryone'slivesweworry,aboutfittingin or being the same as other people, instead of worrying about beingunique.
2. at times:sometimes
3. fitin:合得来，适应
4. instead of: ratherthan

⑤ Now comes the first hurdle. This hurdle is the easiest to get over because youarenotwornoutfromrunning. Weallmakeitoverthishurdlewithease. This symbolizesthoseobstaclesinlifethatwestruggletogetover, butwealwaysmanage to do so. You can look at that hurdle in two ways: "I can't make it over, I'm too tired"or"Iamonemorehurdleclosertofinishingthisrace". Thisisanexample oftakinga negativesituationandseeingsomething positiveinit.（承上句）

⑥ Thenextpartoftheraceiseveryhurdlebetweenthefirstandlastone. （主题句）Thesehurdlesgettougherandtougherandyoumayfeelasthoughyoucan'tgo on. Thishappensalotinlifetoo.（承上启下句）Theremaybeasituationthatarises whereyoufeelasthoughyoucan'tmakeitandallyoucanthinkaboutisgivingup. You may fall over that "hurdle" or struggle getting over it, but somehow you find it in yourself to jump over it and move on with therace.

⑦ Nextisthatlast100moftherace.Youfeelasthoughyoujustwanttosay, "NoIcan'tdothis."(5)Again,youmustfinditinyourselfthatyoucandoit,and

you must finish the race stronger than when you had started it.

## 【本部分重难点】

1. Again,youmustfinditinyourselfthatyoucandoit,andyoumustfinish the race stronger than when you had startedit.
2. finditinyourselfthatyoucandoit，it 是形式宾语，真正的宾语是 that 从

句。

1. youmustfinishtheracestrongerthan…，stronger 是主语的补语，说明主语

的状态。例如：

He died young / poor.

名词也可以作主语的补语，说明主语的状态。例如： He died a beggar.

She came from her marriage a stronger person.

⑧ Nowlastlyisthelasthurdle. Thishurdleisthetoughestoutofallofthem. (6)Inlifewefindourselvesfallingandfalling, andmaybegettingtoolostinour problemsthatwefeellikewehavebeenthroughenoughandthere'snohope. Thatlast hurdlesymbolizesthesesituations.（承上句）It'sonestepclosetotheendofthe race.

⑨ Onceyoufinish,youlookbackonitandyourealizethatyoumadeitnotby leaping,butstepbystep.(7)"Yardbyyard,lifeisveryhard.Butinchbyinch, life can be acinch."

## 【本部分重难点】

1. Inlifewefindourselvesfallingandfalling,andmaybegettingtoolostin our problems that we feel like we have been through enough and there's nohope.

生活中，我们发现自己不断跌倒，为种种问题所困扰，感觉自己历经重重磨难，仍然看不到希望。

1. findoneselffallingandfalling，现在分词作宾补。（可参考 Unit7, TextA） 再如：

When he came to, he found himself lying in hospital. He found himself surrounded by several boys.

1. bethrough 经过，历经；完成，结束（可参考 Unit5, TextB）
2. "Yard by yard, life is very hard. But inch by inch, life can be a cinch." 一码一码地，生活很困难。但是一英寸一英寸地来，生活只是小菜一碟。即生活中我们

要一步一个脚印，循序渐进。（注：1 yard=0.9144 meter, 1 inch=2.54 centimeters）

⑩ (8)All it takes is one step at a time, one hurdle at a time.

## 【本部分重难点】

1. All it takes is one step at a time, one hurdle at atime.
2. all=allthat=what
3. atatime: separately 一次，依次，每次Take the pills two at atime.

区分：at one time: formerly 一度，从前

At one time I used to go skiing every winter.

III. 部分练习讲解P256 Bridging the Gap

Directions:Fillintheblankswithawordoraphrasethatbestcompletesthe passage. You may choose a suitable one from the listgiven.

解题方法：把词分类

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| 动词 | 名词 | 形容词 | 副词 | 介词 | 连词 |
| mark | mark | confused | intentionally | as opposed to | even if |

confused potential likely known potential

calledupon natural

Giftsarethosetalentsandabilitiesthatflowalmosteffortlesslyfromus.Gifts are sometimes 1 confusedwith skills. While skills can be developed, gifts are somethingwearebornwith-theyarewhatwediscoveraswetrynewthingsandfind that some things are as 2 naturalto us asbreathing.

Whenwe3intentionallymakeadecisiontocreateourlifeandworkbasedonour gifts, we're not only more 4 likelyto succeed, but can also more thoroughly enjoy the journey toward creating and realizing our full 5 potential.

Takeinventoryof（评估）yourlifetodeterminewhereyouareutilizinglearned anddeveloped skills6 asopposedtoexpressingand honoringyour innate（与生俱来的）gifts. Areyouoperatingbasedonwhatyouthinkyou"ought"tobedoingorare you living an authentic life that is rich andfulfilling?

7Evenifyouarenotinaplacetopursueanewcareerbasedonyourgifts,look forwaystomakeyourgifts8knowntoothersanddemonstratetheminasmanyareas ofyourlifeaspossible.Themoreyourgiftsare9calledupon,themorenaturally youwillfullyacceptandpromotethosegifts.Themoreyouexpressyourlifethrough your innate gifts, the more you will excel. It's a beautifullyself-perpetuating

（能使自身永久存在的）process once you make the decision to begin.

Your gifts are your signature, your unique paintbrushes - use them to express your greatness and make your greatness and make your 10 markon the world!

1. New words and expressions Newwords
   1. strickenadj. 受煎熬的；患病的；遭受挫折的panic / grief / conscience /poverty-stricken
   2. polion. 小儿麻痹症
   3. bracen. 双脚规形夹
   4. aidn. （某工作所需的）帮助，助手，辅助物
   5. crutchn. 腿脚受伤病人用的）腋杖
   6. awesomeadj. 令人惊叹的；令人畏惧的
   7. majesticallyadv. 威严地；壮丽地
   8. undov. 打开；解开；拆开unfold 展开，打开

uncover 发现，揭示，揭开（盖子） unload 卸货

unearth

* 1. claspn. （包、皮带或首饰等的）搭扣，扣环
  2. tuckv. 把…塞进狭窄的空间；把…藏入
  3. chinn. 下巴
  4. conductorn. 乐队指挥conduct
  5. proceedv. 接着做；继而做
  6. ritualn. 程序；仪规；礼节
  7. reverentlyadv. 恭敬地；虔诚地
  8. barn. （音乐）小节
  9. snapv. (使)断裂，绷断
  10. figurev. 认为，认定（某事将发生或属实）
  11. limpv. 瘸着走；跛行；蹒跚
  12. orchestran. 管弦乐队
  13. purityn. 纯洁；纯净；纯粹pure

purity purify

-ify: beautify, simplify, classify

* 1. symphonicadj. 交响乐的
  2. modulatev. 变调；转调
  3. de-tunev. 使改变调子
  4. outburstn.（感情的）爆发，迸发burst out crying / laughing /singing

burst into tears / laughter / angry words

* 1. applausen. 鼓掌；喝彩applaud
  2. auditoriumn. 礼堂；会堂
  3. appreciatev. 欣赏；赏识appreciate

appreciative (of)

* 1. brown. 额头
  2. bown. 琴弓
  3. boastfullyadv. 自吹自擂地；自夸地boast

boast of / about (doing) sth. boaster 自夸的人，吹牛者

* 1. pensiveadj. 沉思的；忧伤的
  2. reverentadj. 非常尊敬的；深表崇敬的
  3. sacredadj. 上帝的；神的；神圣的
  4. shakyadj. 不稳固的；不牢靠；摇晃的；不确切的
  5. bewilderingadj. 令人困惑的；使人糊涂的Phrases andExpressions

1. withtheaidof 在…的辅助下
2. makeone'sway 去；前往；到…地方去
3. gooff 突然发出巨响
4. atonepoint 在某个时刻
5. allofasudden 突然；猛地
6. TextLearning

A Violin with Three Strings

1. OnNov.18,1995,ItzhakPerlman,theviolinist,cameonstagetogiveaconcert at Avery Fisher Hall at Lincoln Center in New YorkCity.
2. (1)IfyouhaveeverbeentoaPerlmanconcert,youknowthatgettingonstage is no small achievement for him. He was stricken with polio as a child, and sohe

hasbracesonbothlegsandwalkswiththeaidoftwocrutches.Toseehimwalkacross the stage one step at a time, painfully and slowly, is an awesomesight.

1. Hewalkspainfully,yetmajestically,untilhereacheshischair.Thenhesits down,slowly,putshiscrutchesonthefloor,undoestheclaspsonhislegs,tucks one foot back and extends the other foot forward. Then he bends down and picks up the violin, puts it under his chin, nods to the conductor and proceeds toplay.
2. Bynow,theaudienceisusedtothisritual.Theysitquietlywhilehemakes hiswayacrossthestagetohischair.Theyremainreverentlysilentwhileheundoes the clasps on his legs. They wait until he is ready toplay.
3. Butthistime,somethingwentwrong.Justashefinishedthefirstfewbars, one of the strings on his violin broke. You could hear it snap - it went off like gunfireacrosstheroom.(2)Therewasnomistakingwhatthatsoundmeant.Therewas no mistaking what he had todo.
4. Wefiguredthathewouldhavetogetup,putontheclaspsagain,pickupthe crutchesandlimphiswayoffstage-toeitherfindanotherviolinorelsefindanother stringforthisone.Buthedidn't.Instead,hewaitedamoment,closedhiseyesand then signaled the conductor to beginagain.
5. Theorchestrabegan,andheplayedfromwherehehadleftoff.(3)Andheplayed with such passion and such power and such purity as they had never heardbefore.

## 【本部分重难点】

1. If you have ever been to a Perlman concert, you know that getting on stage is no small achievement forhim.

He's no actor. / He is not an actor. You're no writer.

no 可修饰可数名词或不可数名词，用法上相当于 not a / any，例如： He is no student. (not a)

There are no classes on campus today. (not any)

1. Therewasnomistakingwhatthatsoundmeant.Therewasnomistakingwhathe had todo.

There was no mistaking …不会弄错……

类似的结构：There is no denying (the fact) that …

1. And he played with such passion and such power and such purity as they had never heardbefore.
2. such…as…

Such a disaster as her car being stolen had never happened before. 像她的汽车被盗之类的祸事，以前从未发生过。

Such advice as he was given proved almost worthless. 给他提的那类建议简直毫无价值。

1. 本句译文：他的演奏那么有激情，那么有力量，那么纯粹，他们以前从来没有听到过。 8 Of course, anyone knows that it is impossible to play a symphonic workwith

just three strings. I know that, and you know that, but that night Itzhak Perlman refusedtoknowthat.（承上启下句）You couldseehimmodulating, changing, re-composing thepieceinhishead. Atonepoint, itsoundedlikehewasde-tuning（调试）thestrings to get new sounds from them that they had never made before.

1. When he finished, there was an awesome silence in the room. And then people roseandcheered.Therewasanextraordinaryoutburstofapplausefromeverycorner

oftheauditorium.(4)Wewereallonourfeet,screamingandcheering,doingeverything wecouldtoshowhowmuchweappreciatedwhathehaddone.Hesmiled,wipedthesweat from his brow, raised his bow to quiet us, and then he said - not boastfully, but inaquiet,pensive,reverenttone-(5)"Youknow,sometimesitistheartist'stask to find out how much music you can still make with what you haveleft."

## 【本部分重难点】

1. We were all on our feet, screaming and cheering, doing everything we could to show how much we appreciated what he haddone.
2. onone'sfeet 站立
3. screaming, cheering, doingeverythingwecould…现在分词作状语，表示伴随。
4. toshowhowmuchweappreciatedwhathehaddone 不定式作状语，表示目的， 修饰 doingeverythingwecould。
5. appreciate

I will greatly appreciate your / you keeping it a secret. He helped me a lot. I really appreciate it.

appreciative (of) appreciation

1. 译文：我们都站起来，尖叫着，欢呼着，用尽一切方式来表达我们是多么欣赏帕尔 曼所做的一切。
2. "Youknow, sometimesitistheartist'stasktofindouthowmuchmusicyou canstillmakewithwhatyouhaveleft.""你们知道，有时候，艺术家的任务就是要弄清楚用自己所剩的还能创造出多少音乐"
3. It is the artist's task to dosth.
4. makemusicwithwhatyouhaveleft 用你仅剩的资源去演奏音乐
5. left 分词作定语

He has got only 10 dollars left for the month. There is five minutes left for this class.

1. Whatapowerfullinethatis!IthasstayedinmymindeversinceIheardit. And who knows? Perhaps that is the definition of life - not just for artists, but for all ofus.
2. Here is a man who has prepared all his life to make music on a violin with fourstrings,who,allofasudden,inthemiddleofaconcert,findshimselfwith onlythreestrings;sohemakesmusicwiththreestrings,andthemusichemadethat nightwithjustthreestringswasmorebeautiful,moresacred,morememorable,than any that he had ever made before, when he had fourstrings.

译文：他是一个要把自己的一生奉献给用四根弦的小提琴演奏的人。突然有一天，在演奏中，他发现自己的琴只剩下三根弦，而那一晚他用仅剩的三根弦演奏出了比他以前用四根弦演奏地更美妙、更神圣、更难忘的音乐。

1. So, perhapsourtaskinthisshaky, fast-changing, bewilderingworldinwhich weliveistomakemusic, atfirstwithallthatwehave, andthen, whenthatisno longerpossible, tomakemusicwithwhatwehaveleft.所以，我们有时在这个动荡不安、变数不定、眼花缭乱的世界上的任务就如同演奏音乐。开始时译文：我们倾其所有而为之，然后在不可能时，用我们所拥有的一切去创造。

## Unit 10 Ode to Public Transport 自考赢家整理

I. New words and expressions 补充重要单词 trans-words：

transmit / transform / transplant / transport / transfer / transit transmit v. 传送，传染，传播（热，光，声音等）

a disease that can be transmitted to humans Insects can transmit disease.

Irons transmit heat. 铁能导热。

Water transmits sound better than air. 水比空气能更好的传声。transmission n. 传送，传染，传播

the transmission of diseases 疾病的传播transform v. 使改变性质，使改观transform sth/sb (from sth) (into sth) She transformed the room by painting it.

The climate has transformed the area from a desert into a swamp.(沼泽) Caterpillars can be transformed into butterflies. 毛毛虫可以变为蝴蝶。transformation n. 改变，改观

His character seems to have undergone a complete transformation since his marriage.

transplant v./n 移植

transplant sth from sb/sth to sb/sth

transplant a kidney （肾）from one twin to the other transport v./n. 运输，搬运

transport wheat from a farm to a mill (磨坊) public transport 公共交通

transportation n. 交通，运输

variousmeansoftransportation 各种交通方式

注意：transport和transportation都可以表示运输这个抽象概念。但是transportation更多的表示运输，而 transport 同时能表示运输器材。

如：I need some transport to deliver the goods. 我需要某一运输工具运送这批货

物

transfer v/n. 将…… 由一处转移到另一处，调动，转车transfer sth/sb (from…) (to…)

His employer transferred him to another office.

The head office has been transferred from London to Paris. She's has been transferred to our Beijing branch.

transfer one's affections （比喻）转移爱心transfer to another bus 转乘另外一辆公共汽车

They will be offered transfers to other locations. 他们将得到去其他地方的调动

令。

It can be connected to a PC for the transfer of information. 它可以连接到个人

电脑上进行信息转录。

transit v. 过渡，通过，横越

airplanes transiting the U.S. and Canada transition n. 过渡，转变，变迁

a period of peaceful transition

the transition from childhood to adulthood

1. New words and expressions Newwords
2. proclaimv. 宣布；宣告；声明
3. sectorn.（尤指一国经济的）部门，领域，行业
4. necessityn. 必需的事物；必需品necessary

necessarily

1. arrangementn. 安排；筹备
2. territoryn. 领土；版图；领地
3. upfrontadv. 预付地；预交地
4. sunburnn. 晒斑；晒伤
5. groceriesn. 食品杂货
6. radiusn. 半径（长度）
7. expensen. 费用；价钱
8. annuallyadv. 一年一次地
9. householdn. 一家人；家庭
10. commuten. 上下班路程
11. switchv. （使）改变，转变
12. transportn. 交通车辆；运输工具；旅行方式
13. carbon n. 碳
14. majorityn. 大部分；大多数major

minor minority

1. weanv. 使逐渐戒除恶习（或避免依赖…）
2. dependencen. （生存或成功必需的）依靠，依赖，依存depend

dependent (on / upon) independent (of) dependently independence Day

1. approximatelyadv. 大概；大约；约莫
2. petroleumn. 石油：原油
3. exceptionn. 规则的例外；例外的事物
4. electricaladj. 电的；用电的；发电的
5. economicadj. 经济的；经济上的；经济学的economical

economy economics economist

（具体参考 Unit 6，Text B）

1. electricityn. 电；电能electrical

electrician

联想：-ian 作为名词后缀：musician, Italian, Asian, comedian, tragedian 等。

1. stableadj. 稳定的；稳固的；牢固的

stability unstable instability

1. strengthenv. 加强；增强；巩固

复习重要单词：（Unit7,TextB曾经讲过） strong-strength-strengthen

long-length-lengthen wide-width-widen broad-breadth-broaden deep-depth-deepen high-height-heighten

short-shortness-shorten weak-weakness-weaken

1. consequentlyadv. 因此；所以
2. lessenv.（使）变小，变少，减弱，减轻
3. resourcen. 资源；财力
4. easen. 舒适；安逸；自在 v. 减轻；放松；缓和
5. inhabitantn. （某地的）居民，栖息动物
6. limitedadj. 有限的（具体参考 Unit1，TextB） limit

limitation limited

unlimited / limitless Phrases and Expressions

1. baskin 晒太阳；取暖
2. accountfor 数量上、比例上占
3. bereliantupon 依赖；依靠
4. beattributedto 把…归因于，认为…是由于
5. TextLearning

The Importance of Public Transportation

① A US Congressman once proclaimed that, "(1)There can be no doubt that the transportation sector is the most critical sector of our economy." I know exactly whathemeans.（承上启下句）Inthisdayandage, accesstotransportationisconsidered anecessity.

② Public transportation is defined as a service that is available for use by thegeneralpublic.Itisacheaperandenvironmentallyfriendlyalternative.Itis notatransportationservicethatyoucanarrangeprivatelytosuityourownpersonal convenience (although you may, to a certain extent, such as paying for a cabin or suiteonatrainorship)sinceyouhavetoconsiderotherpassengerswhoareriding and making similar arrangements withyou.

③ (2)I have experienced first-hand how important public transportation is.

④ I live in Saipan, a US territory and the closest things we have to public transportationaretouristandschoolbuses.Youhavetohaveyourowncarorbike, rentacar,orpayupfrontforataxitogofrompointAtopointB.Otherwiseyou end up basked in sweat and sunburn traveling to work every day. When I first came here, I walked. I walked going to and from work. I walked to the store andlugged

myheavygroceriesbacktothehouse.IwalkedtochurchandIbarelygottogoto placesfartherthanatwenty-mileradiusfrommyhousesinceIdidnotownacarthen, and(3)Iconsideredrentingacarandridingataxisuchanexpenseforastarting single mother like I was at thattime.

## 【本部分重难点】

1. "There can be no doubt that the transportation sector is the most critical sector of oureconomy."

毫无疑问，交通是我们经济体系最至关重要的领域。

1. I haveexperiencedfirst-hand howimportant publictransportation is. 我亲身体验过公共交通的重要性。
2. Iconsideredrentingacarandridingataxisuchanexpenseforastarting single mother like I was at thattime.
3. consider doing sth. consider…(to be) such anexpense
4. astartingsinglemother 刚刚起步的单亲妈妈

⑤ For me, public transportation is very important because of the following reasons:

1. It savesmoney.

According to research done by the American Public TransportationAssociation

（美国公交协会）, individualscansaveupto$9,515annuallybyparkingtheircars athomeandusingpublictransportationinstead. Inthiseconomy, savingmoneyhas becomeamainconcerninmosthouseholds. Withtherisingpricesoffuelandother vehicle-relatedexpenses, doingthepubliccommutetoworkandschoolcertainlysaves money.

1. It helps theenvironment.

Whenyouswitchfromdrivingyourcartotakingpublictransport, youarereducing yourcarbonfootprint（碳足迹；碳排放量）andmakingagreatstepforwardinsaving theenvironment. Theenvironmentalcostsofindividualsusingtheircarseveryday havedonemassivedamagetotheenvironmentandifthemajorityorallindividuals likeyouandmeusepublictransportinstead, thinkofwhatgoodwecoulddoforthe environment.

1. It will wean us out of energydependence.

According to a paper made by Dr. Jean-Paul Rodrigue and Dr. Claude Comtois, transportationaccountsfor approximately25ofworldenergydemandand formore than62ofalltheoilusedeachyear.Ninety-fivepercentoftransportationisalmost completely reliant upon petroleum products with the exception of railways using electricalpower.(4)Whiletheuseofpetroleumforothereconomicsectors,suchas industrial and electricity generation, has remained relatively stable, the growth in oil demand is mainly attributed to the growth in transportationdemand.

When we strengthen our public transportation services, we are consequently lessening this oil demand and dependence. It will also motivate us to consider alternative energy and fuel resources.

## 【本部分重难点】

1. Whiletheuseofpetroleumforothereconomicsectors,suchasindustrialand electricitygeneration,hasremainedrelativelystable,thegrowthinoildemandis mainly attributed to the growth in transportationdemand.
2. industry

No one doubted his ability, his industry or his integrity. 没有人怀疑他的能力、勤奋和正直。

区分：industrious / industiral

1. attribute…to… 归因于，归功于

Americanparentsalwaysattributetheirchildren'ssuccesstonaturaltalentand hardwork.

注意区分：owe…to… contribute …to…

1. It provides ease andconvenience.

Havingpublictransportationdefinitelyeasessomeoftheburdensofpeoplewho donothavecarsorprefernottoownone.Theyareprovidedwithchoicestousepublic transport.(5)Publictransportationalsoprovidesvaluableservicesnotjusttolocal inhabitantsintheareabuttotouristsaswell.Whenatouristvisitsaplace,which does not have public transportation, their choices are limited and the experience they get is limited,too.

⑥Allinall,publictransportationimprovesourwayoflife,strengthensthe community, provides new jobs for the public and gives us a cleanerenvironment.

## 【本部分重难点】

1. Public transportation also provides valuable services not just to local inhabitants in the area but to tourists aswell.

not just / only…but …as well 相当于 not only…but also…

1. 部分练习讲解 P305 Bridging theGap

Directions:Fillintheblankswithawordoraphrasethatbestcompletesthe passage. You may choose a suitable one from the listgiven.

解题方法：把词分类

动词 形容词 代词/限定词comparedto low another require personal

runningoutof economic refersto positive

limited

Oftenreferredtoasgreentransport,sustainabletransportationisthewayof thefuture.Transportpoweredbygasandpetrolisrunningona1limitedtimeframe

（时间范围，期限）, asboththesesourcesareunsustainableinthelongrun. Incontrast, sustainable transportation offers an option to a world rapidly 2 running out ofrenewable（可再生的）fuelsources. It3referstoanykindoftransportthathas alowimpactontheenvironment, suchaswalking, cycling, masstransit, greenvehicles, andcarpooling（集体用车，拼车）, amongstothers.

Anymodeoftransportisdeemedsustainableifithasa4lowenvironmentalimpact anduseslittleornofuel.Walkingisthebestexampleofsustainabletransportation, as it does not 5 requireany gas. However, walking can be impractical if you are travelling longer distances. Cycling is 6 another green transport option and is a far more practical option for longercommutes.

Using public transportation, such as buses or trains, is also more sustainable

7 compared toprivate vehicles. The amount of fuel used to transport a bus full of people is more effective compared to a single person driving a 8 personal car. A sustainable transport system has a 9 positiveimpact on the environment, and helps to promote social and 10 economicsustainability（可持续性） in the communities it serves. Increased mobility usually results in better socio-economic conditions:

1. New words and expressions Newwords
   1. advantagen. 有利条件；有利因素；优势disadvantage

联想：merit, demerit

* 1. authenticadj. 真实的；真正的
  2. assurancen. 保证；担保assure
  3. intentionallyadj. 有意地；故意地intend

intention intentional

unintentional 非故意的，无意识的well / ill-intentioned

* 1. harshadj. 残酷的；严酷的；严厉的
  2. respectfullyadv. 恭敬地respect

respectable respectful respective 练习：

We should show respect for our elders.

Each walk of life is equally respectable, no matter whether it is an engineer or a dustman.

He is very respectful to his teachers.

After school, they went back to their respective homes.

* 1. able-bodiedadj. 健康的；健壮的
  2. warmthn. 热情；友情warm

-th: warmth, length, growth, strength, width, breadth 等

* 1. gutsn. 勇气；胆量；决心；毅力
  2. particularlyadv. 特别；尤其
  3. ferryn. 渡船
  4. destinationn. 目的地；终点
  5. maintenancen. 维护；保养maintain
  6. economicaladj. 节俭的；节约的；简洁的economic
  7. untowardadj. 异常的；意外的；棘手的；不幸的
  8. incidentn. 发生的事情（尤指不寻常的或讨厌的）
  9. transitn. 运输；运送；搬运；载运
  10. aggravatev. 使严重；使恶化
  11. pushn. 矢志的追求；坚定的努力
  12. sustainv. 使保持；使稳定持续sustainable

sustainability

unsustainable 无法维持的，无法支撑的

* 1. accumulatev. 积累；积聚
  2. heedv. 留心；注意；听从（劝告或警告）
  3. habitatn. （动植物的）生活环境，栖息地
  4. standn. 停车处；站Phrases andExpressions

1. pickup 让人乘车；搭载
2. byandlarge 大体上；总体上
3. conductoneself 举止；表现
4. inpublic 公开地；在别人（尤指生人）面前
5. giveup... to... 把…交给（或让与）…
6. saveon 节省；节约
7. keeptabson 监视；密切注视
8. God/Heaven/Lordforbid (that...) 但愿这事不发生
9. TextLearning

Personal Advantages of Taking Public Transportation

1. WhenItakepublictransport,Ialwaysendupseeingabalancedviewofregular folks,whichisdifferentfromhowthey'reusuallydepictedintheprofit-drivenmedia. I meet real, authentic people who may have the same concerns as mine. Whenever I'm onabus,orthetrain,orevenattimesinataxithatIsharewithotherpassengers, whom the driver picks up along the way, I get assurances that most folks mean well tome,i.e.,theydon'tmeantoharmmeintentionally,despiteafewterrible,harsh experiences I've had with some bad peoplebefore.
2. ThemeaningfulexperienceofreceivingrespectfromandgivingrespecttoothersPeoplegenerallybehaveaspolitelyandrespectfullyastheycanwhenevertheytakepublictransportation.That'showallofusweretaught,byandlarge,byourparents,oureldersandthegenerationsbefore.Wealwaysneedtoconductourbestselveswheninpublic.It'sagreatexperienceseeingable-bodiedmengivingupseatsfortheelderly,disabled,orpregnantwomen.Ievenseewomengiveupseatstoothers.(1)Iseepeoplemoveabitontheirseatsjusttosharespacetothoseneedingseats.I see people smiling and talking with each other. I feel more warmthamongpeoplewhenonabusorthetrain.Iseepeoplebehavinggenuinelypleasanttowardco-passengers,andIrealizeittakesalotofgutstodothisespeciallyduringthese

difficult times.

1. Save cash for otherpurposes

Ialwaysgettheopportunitytosavemoney,andamactuallygainingpenniesthese days.Thisisparticularlytruewhenyouliveinacity,likeNewYork,wheresubways andbusesareinplace.I'vedonethemath:it'sfarcheapertotakethesubwayand thebus,plustheferryifyouliveinStatenIslandlikeme,thantokeepacarand driveyourselftoyourusualdestination.(2)Yousaveontheparkingfees,thetoll fees,theinsurancecost,therepairandmaintenancecosts,andtheperceivedcosts

of aggravation from motorists on the road, the fuel, among other costs. On public transportation, you simply just pay the fare.

## 【本部分重难点】

1. Iseepeoplemoveabitontheirseatsjusttosharespacetothoseneeding seats.
2. see sb. dosth.
3. thoseneedingseats 需要座位的人
4. Yousaveontheparkingfees,thetollfees,theinsurancecost,therepair andmaintenancecosts,andtheperceivedcostsofaggravationfrommotoristsonthe road, the fuel, among othercosts.
5. saveonsth. 节省，节约
6. theperceivedcostsofaggravationfrommotoristsontheroad 我们可以感觉到的马路上的汽车司机开车造成的环境恶化的成本
7. amongothercosts 除了其他成本4 Light baggage to bring withyou

Justcarrymyselfandmytinybaggage.Ioccupytheleastspace,whichisactually whereverIhappenedtobestandingorsitting,whichcontributestomybaggagebeing veryeconomicalandlightertocarry.(3)Ifevertherewouldbeuntowardincidents whileintransit,I'dalwaysbeassuredthatIonlyhavemyselftoworryabout,which isunlikewhenyou'reinyourcar.Ifanaccidenthappenswhileyouareinyourcar, youwillbedoublyaggravatedbecauseyouwillhavetokeeptabsonthingsotherthan yourself (who, by then, may be extremely anxious or even, may the Lord forbid, in a worstsituation).

1. Strong push for long-term environmentalprojects

IamconfidentthatIcontributemoretoeffortsinsustainingandkeepingamuch cleaner environment. (4)Motorists always have to consider that they actually are contributingmoretoaccumulatedenvironmentaldamagewhentheyusefossil-sourced fuel for their cars. Those who are concerned about the environment, especially policymakers, leadersandmanagers, mightaswell（不妨，倒不如）heedthisbytaking thechancetotakepublictransportationiftimeallowsthem. Theirfollowerswill eventuallygetthemessage: you'llbecontributingmoretosavingwhat'sleftofour habitat by keeping away from using less of the naturalresources.

1. Movement andexercise

Igetthechancetodomyexerciseswalkingfrommyplacetothebusstand(or the subway station, or the ferry station). (5)I actually feel a much healthier me whenever I take publictransportation.

1. Come, join me and everyone else taking publictransportation.

## 【本部分重难点】

1. If ever there would be untoward incidents while in transit, I'd always be assuredthatIonlyhavemyselftoworryabout,whichisunlikewhenyou'reinyour car.
2. intransit 在途中
3. beassuredthat … 确信的，确定的
4. I only have myself to worryabout.
5. which 引导的非限制性定语从句，修饰 thatIonlyhavemyselftoworry about。
6. Motorists always have to consider that they actually are contributingmore

toaccumulatedenvironmentaldamagewhentheyusefossil-sourcedfuelfortheircars.

1. contributeto 导致，引起
2. accumulatedenvironmentaldamage 集聚的环境破坏
3. fossil-sourcedfuel 矿物燃料（如煤）
4. I actually feel a much healthier me whenever I take public transportation. amuchhealthierme 作 feel 的表语。

句意：每当我乘坐公共交通工具时，我确实感觉自己更健康了。

## Unit 11 Cyber World 自考赢家整理

* 1. New words and expressions Newwords

1. chatlinen. （消遣性的）热线电话交谈服务
2. varietyn. （同一事物的）不同种类，多种式样vary varyfrom…to…

比较：range / shift from…to… various

1. romancen. 恋爱；爱情romantic
2. bizarreadj. 极其怪诞的；异乎寻常的
3. potentialadj. 潜在的；可能的
4. scriptn. 剧本；广播（或讲话等）稿
5. intimacyn . 亲密；关系密切intimate
6. initialadj. 最初的；开始的
7. perceivev. 将…视为；认为
8. avalanchen. 雪崩；山崩
9. literaryadj. 文学的；文学上的literature

literal literary literate liberal

1. versen. 诗；韵文
2. animatedadj.栩栩如生的；（似）能活动的
3. inclinationn. 倾向；意愿incline

inclined

1. sweatyadj. 满是汗的；汗津津的
2. palmn. 手掌；手心
3. varyv. 相异；不同
4. conveyv. 表达，传递（思想、感情等）
5. polishv. 修改；润饰；润色
6. intellectn. （尤稻高等的）智力，思维逻辑领悟力
7. personalityn. 性格；个性；人格
8. sequencen. 顺序；次序
9. reversev. 颠倒；彻底转变；使完全相反
10. veilv. 掩饰；掩盖unveil 揭露，揭开
11. intellectualadj. 智力的；脑力的；理智的
12. familiarityn. 熟悉；通晓familiar

familiarize

1. appearancen. 外貌；外表
2. intensityn. 强烈；紧张；剧烈intense
3. stirringn. （感情、想法或发展的）开始，出现，萌发
4. fleshn. （动物或人的）肉
5. suspectv. 疑有，觉得（尤指坏事可能属实或发生）
6. correspondencen. 通信；通信联系
7. albeitconj. 尽管；虽然
8. demonn. 恶魔；魔鬼
9. determinev. 决定determined determination
10. extractv. 选取；摘录；录
11. addictn. 对…入迷的人addicted

addictive

be / get addicted to sth.

1. hopv. 突然快速去某处
2. flirtationn. 调情
3. addictiveadj. 使人入迷的
4. confessionn. 认罪；供认；坦白
5. multipleadj. 数量多的；多种多样的
6. courtv. （男子向女子）求爱，追求Phrases andExpressions
7. headoverheelsinlove 深深地爱着某人；迷恋
8. butterfliesinthestomach 心里七上八下
9. deprive…of… 剥夺；使丧失
   1. Text Learning Cyberlove

①Thankstothelate20thcenturytechnology,MariaofDenmarkandMartijinof Hollandmetonachatline.Formonthsthey'vetalkedandsentletterstoeachother with the help of their computers as they found themselves falling head over heels in love. It was then that they decided to meet in the real, not only the virtual, world. It was not easy to arrange as the young man and his lady were separated by 700veryrealkilometers,butthedatewasasuccessandMariaandMartijnhavebeen livingtogetherhappilyeversince.They'vecreatedahomepagetolettheworldknow howthey'vefoundhappinessviatheInternetandintroducecoupleswho'vemetunder similarcircumstances.

②Throughouthistorymenandwomenhadusedavarietyofmeanstofindeachother.

Internetromance,accordingtosome,isabizarremethod,andtoothersitisanatural way for the 90's to meet potentialmates.

③ Romances formed on the internet follow a characteristic script. The developmentofemotionalintimacyisalongprocess,sometimestakingseveralmonths. "Love at first byte" is rare although there are examples. (1)The initial light exchanges,whetherbye-mailorinchatrooms,aregenerallyfollowedbyincreasingly self-revealingtopics,andthenafterawhile,thetwostrangersperceiveeachother asatruefriend.Heartsopenandanavalancheofe-mailcrossescyberspacecarrying literaryquality,andelectronicmessagesareevenenhancedwithversesandvirtual gifts (flowers, kisses, animated pictures). Could any heart with romantic inclinationsresist?(2)Whenyoureachforthemousewithsweatypalmsandbutterflies in the stomach to look in the in-box for new mail - there's just no way to escape the fact - love hasarrived.

④Howdoesacyberromancevaryfromarealliferomance?Perhapsonesignificant differenceisthatcommunicationplayssuchalargepart.Wordsthatconveyfeelings haveenormouseffect.(3)Whilebeforearealdatewefixourhairandourclothes, ontheinternetwepolishourintellect,imaginationandpersonality.(4)Inessence, thesequenceisreversed-firstweshowourinnerbeautyandonlyafterithadwon victorydoestheveilfalloffthephysicalvehicleofthatpersonalityatthetime of that first meeting inperson.

⑤ It is a popular topic in cyberspace to debate whether or not true love can developmerelyonanintellectuallevel（智力方面，精神方面，即"精神恋爱"）, without physicalattractionorthefamiliarityoftheother'sappearance? (5)Toputitanother way: isthephysicalappearanceofthemanorwomanplayapartintherelationship if, through the exchange of thoughts and feelings, they already fell inlove?

## 【本部分重难点】

1. Theinitiallightexchanges,whetherbye-mailorinchatrooms,aregenerally followed by increasingly self-revealing topics, and then after a while, the two strangers perceive each other as a truefriend.

不管是通过电子邮件还是聊天室，最初是简单的交流，然后是越来越多自我表露的话题， 过了一段时间之后，两个陌生人把彼此当成了真正的朋友。

perceive…as…把……看成

1. Whenyoureachforthemousewithsweatypalmsandbutterfliesinthestomach tolookinthein-boxfornewmail-there'sjustnowaytoescapethefact-love hasarrived.
2. reachforthemouse 伸手够鼠标
3. in-box 收件箱out-box 发件箱
4. there's no way to dosth.
5. Whilebeforearealdatewefixourhairandourclothes,ontheinternetwe polish our intellect, imagination andpersonality.
6. while 表示前后对比，再如：

He is hot-tempered, while his twin sister is very gentle.

1. polish 润色
2. 句子的译文：现实中约会前我们打理自己的头发和服饰，而在互联网上，我们依靠 智慧，想象力和个人品格。
3. Inessence,thesequenceisreversed-firstweshowourinnerbeautyandonly afterithadwonvictorydoestheveilfalloffthephysicalvehicleofthatpersonality at the time of that first meeting inperson.
4. onlyafter…放在 and 后面分句的句首，故第二分句倒装。"only+介词短语或状语从句"句子倒装，例如：

Only in this way can you succeed.

Only when you have tried hard can you taste the flavor of success.

1. 句子的译文：其实顺序是相反的：我们先展示了内在美，只有在内在美赢得胜利之 后，第一次见面，外在的东西才展露出来。
2. To put it another way: is the physical appearance of the man or woman play apartintherelationshipif,throughtheexchangeofthoughtsandfeelings,they already fell inlove?
3. put: state, express 表达，表述awell-putsentence 措辞严谨的句子
4. playapart/roleinsth. 在……起作用
5. throughtheexchangeof thoughtsandfeelings 通过思想感情的交流

⑥(6)Manysayitisagainstthenatureoflovetobedeprivedofthesenseof sight,thelook,themovement,andthebodylanguagebeingpresent.(7)Therearethose, of course, who favor Internet relationships claiming that the intensity of the emotionalrelationshipthatdevelopsinsuchawayissuperiortothemerestirring of theflesh.

本部分重点及难点

1. Manysayitisagainstthenatureoflovetobedeprivedofthesenseofsight, the look, the movement, and the body language beingpresent.
2. Itisagainstthenatureoflove… 是违背爱的本性的
3. deprive …of… 剥夺，使丧失

Poverty has deprived many poor children of the right to (receive) education. 区分：derive…from…

He derives great pleasure from helping others.

A lot of English words are derived from Latin and French.

1. There are those, of course, who favor Internet relationships claiming that theintensityoftheemotionalrelationshipthatdevelopsinsuchawayissuperior to the mere stirring of theflesh.

be superior to 优于……

类似用法的词：inferior, superior, junior, senior, anterior, posterior, prior， 这些词表示比较，但之后都用 to，不用 than。例如：

The cloth is inferior to that one in quality. Her husband is two years senior to her.

⑦ Whatever the opinion may be on cyber love - it must be said in favor of the internetthatitputspeopleintouchwiththosewhotheyotherwisewouldneverhave met. I would never have suspected that the first person I met by e-mail would be a Germanchimneysweeper,withwhom,afterayearofcorrespondence,albeitnotromantic, a common interest stillexists.

⑧ItissillytoperceivetheNetasademon,whenwedeterminehowwemeetits challenges.WhiletherearethosewhocanusetheNettotheiradvantageextracting usefulinformation,therearethosewhobecomeaddictslosingcommonsense,hopping

fromchatroomtochatroom, writingpilesofe-mailsfullofliestochosenvictims, andwhosevirtualreality, theflirtations, becomepartoftheireverydaylives, as ifadisease. Onethingistrue - theNetisveryaddictive. Accordingtotheconfession ofamultiplesubstanceaddict, itwaseasiertogiveupcocainethantheIRC（short forInternetRelayChat 网上实时聊天）.

⑨ Inanycase,keepyoureyesopenoff-lineaswell.Turnoffthemachineand go to a dance or a club, because most women still expect to be courted in a real, old-fashioned, and romanticway.

* 1. 部分练习讲解 P325 Bridging theGap

Directions:Fillintheblankswithawordoraphrasethatbestcompletesthe passage. You may choose a suitable one from the listgiven.

解题方法：把词分类

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| 动词 | 名词 | 形容词 | 副词 | 介词 | 连词 |
| get up | daily | daily | everywhere | since | since |
| communicate | schedule |  | in touch with |  | while |

schedule use use

enjoy

Don'twefinditirresistible?TheInternetis1everywhere,anditislovedand usedbyeveryoneforeverything.Manyofus2getupinthemorning,andbeforesaying hello to anyone we live with or before even having breakfast, we sit down and use and3enjoytheInternet.Wegetournews,receiveourmail,sendourletters,write toourteachers,doourshopping,arrangeourlives,4sheduleourtravels,meetnew friends, review all the knowledge in the universe, and most of us do it 5 whilewe aresittinginachairlookingatthescreen.Canlifegetanybetter?Ithinkany ofuswhomaketheInterneta6dailycompanionwouldagreethatnothinghasbeenthe same 7 sincewe first decided to goonline.

AquicksurveyrevealsthatmostpeoplewilltellyouthattheyusetheInternet to stay 8 in touch withothers. Most of us say that writing or receiving e-mail is ournumberone9useoftheInternet.Wedothisathome,atwork,orwhereverwesit down at a computer. We send and receive e-mails for fun, for personal reason, for daily business, and in all areas of our work. The Internet allows us to 10 communicatefromroomtoroom,citytocity,orcountrytocountryforthesameprice and the same immediate speed. Correspondence is king of Internetuse.

1. New words and expressions Newwords
   1. innovativeadj. 革新的；创新的innovate

innovation

* 1. evolvev. （使）逐渐形成，逐步发展evolution
  2. noveltyn. 新奇的事物（或人、环境）
  3. essentialn 必不可少的东西；必需品
  4. perceptionn. 看法；见解perceive
  5. traditionallyadv. 传统上；照惯例tradition

traditional

* 1. dependencyn.（尤指不正常或不必要的）依靠，依赖depend (on /upon)

dependent (on / upon) independent (of)

dependence / dependency (on / upon) independence (of)

Independence Day

* 1. normn. 常态；正常行为normal

abnormal

* 1. routineadj. 常规的；例行公事的；日常的
  2. availabilityn. 可用；可得到avail v. 有用，有利

available

* 1. agencyn.（政府的）专门机构
  2. navigatev. （在因特网或网站上）导航
  3. accessn. 通道；通路；入径accessible
  4. simplifyv.使简化；使简易simple

simplicity

-ify 动词后缀，如：beautify, clarify, purify, simplify

* 1. errandn. 差使；差事
  2. processv. 数据处理
  3. optionn. 可选择的事物optional
  4. declinev. 减少；下降；衰退
  5. impatientadj. 不耐烦的；没有耐心的patient

patience impatience

* 1. gratificationn. 满足；满意
  2. interactionn. 相互作用；相互影响interact

interactive

* 1. consumev. 消耗，耗费（燃料、能量、时间等） consumptive

consumer consumer goods

time / labor-consuming

* 1. realisticallyadv. 现实地；实际地real

reality

realistic

* 1. standardn.（品质的）标准，水平，规格
  2. tremendousadj. 巨大的；极大的
  3. evidencen. 证明；表明
  4. smartphonen.智能手机
  5. envisionv. 展望；想象

-en / en- 动词前缀 enrich, enable, endanger, encourage

动词后缀 widen, shorten, lengthen, strengthen, weaken, broaden, heighten, deepen

* 1. reliantadj. 依赖性的；依靠的rely (on /upon)

reliance

Phrases and Expressions

1. becomeaccustomedto 习惯于
2. takeup 占去
3. inthisrespect 在这方面
4. bring…tolight 揭露；披露；揭发
5. TextLearning

The Impact of the Internet on Society

1. The Internet has had a profound effect on society over the last two decades. Although it began as a government operation, over time this innovative technology eventuallyevolvedintoapublicnovelty. Lookingatsocietytoday, onemayfindthat thesituationhascertainlyevolved. Formany, theInternethasbecomeanessential for daily living, no longer the fun novelty it was 10 years ago. Even a decade ago ifyouweretothinkaboutwhetherornottheInternethadsignificantimpactonsociety, theanswerwouldlikelyhavebeenprobablynot. WhiletheNetmayhavebeenconsidered aneatinnovation（绝妙的革新，neat意为很棒的，绝妙的）,itwasnotlikeanyone"needed"it.
2. However, overtimethisperceptionhaschangedformanyindividualsinsociety. The Internet has become, for the most part, an absolute necessity, either by requirement or by desire. Going online has become as natural as doing other daily taskspeoplehavetraditionally done.（承上启下句） (1)People takeitfor granted that the Internet will be available, and dependency on being connected has become thenorm. Bothbusinessesandindividualsalikedependupontheroutineavailability oftheInternet. Duetothefactthatmanybusinesses, governmentagenciesandother organizations have navigated to the online environment, generally people require consistent access, or 24/7 (24hours a day, 7 days a week) access, if youwill.

## 【本部分重难点】

1. PeopletakeitforgrantedthattheInternetwillbeavailable,anddependency on being connected has become thenorm.

take sth. for granted 认为某事理所当然，想当然

take it for granted that…当宾语是从句时，要用形式宾语代替，也可以把宾补 for granted 前移，宾语从句后置，即 take for granted that…。

Childrentake(it)forgrantedthattheirparentsshouldgivethemmoneywhenever they needit.

1. InmanywaystheInternethashadaverypositiveeffectonsociety.（主题句）Ithasimprovedcommunication, simplifiedhandlingtasksanderrands, offered

hugeconvenience,enabledfasterprocessing,andprovidedmoreoptions,allofwhich have freed more time to do otherthings.

1. Yet,interestinglyenoughtheInternethas,insomeways,hadnegativeeffects.

（主题句）Thequalityof communication hasdeclined; peopleareimpatient because theyhavebecomeaccustomedtoinstantgratification（立即得到满足）, andusingthe Internetalsotakesupalotoftime. (2)AswebsitessuchasFacebookandothersocially basedinteractionsincreaseinusage, manyhoursadayareconsumedaspeoplekeep up with their various networks, taking away from otheractivities.

## 【本部分重难点】

1. AswebsitessuchasFacebookandothersociallybasedinteractions（交流， 互动）increaseinusage, manyhoursadayareconsumedaspeoplekeepupwiththeir various networks, taking away from otheractivities.

一些网站使用量大增，比如脸谱和其他社交网站。人们每天花费很多时间忙于各种网络联系，占用了其他活动的时间。

1. (3)Whenlookingatitfromthelatterperspective, onemaywonderwhetheror nottheInternethastrulybenefitedsociety. (4)Realistically, aswithanythingelse, theInternethasitsprosandcons. Toolssuchase-mailandinstantmessaginghave become the standard; social networks are quickly evolving into the next level of communication, andpeopleenjoytheirconstantaccess. Inthisrespectthebenefits oftheInternetaretremendous.（承上启下句）(5)Thisisnotonlyevidencedbythe manyactivitiespeopleengageinwhentheyconnecttotheInternet, butalsobythe continuous progression and development of mobile devices such assmartphones.

本部分重点及难点

1. Whenlookingatitfromthelatterperspective,onemaywonderwhetherornot the Internet has truly benefitedsociety.

the former…the latter…前者…，后者… benefit sth. 对……有益

benefit by / from sth. 从……中受益benefit - beneficial

联想：influence - influential

1. Realistically, as with anything else, the Internet has its pros and cons. realistically: inreality

aswith: 正如，与……一样

pros and cons 正反两方面，有利有弊

1. Thisisnotonlyevidencedbythemanyactivitiespeopleengageinwhenthey connecttotheInternet,butalsobythecontinuousprogressionanddevelopmentof mobile devices such assmartphones.
2. not only…butalso…
3. evidence 证明
4. 译文：人们利用互联网所从事的种种活动，以及移动设备如智能手机的持续进步和 发展都能证明这一点。
5. Society has evolved to the point where people expect and rely on readily available information. People also expect to receive rapid responses when doing businessandpersonaltasks. TheInternetmakesthispossible.（承上启下句）Manyof the things that society takes for granted nowadays are all made possible by the development of theInternet
6. WhatkindofanimpacthastheInternethadonsociety? (6)Wrappedupinthe advantages and disadvantages one thing is for certain: the Internet has had a significant effect on society. To imagine the impact all one has to do is try to envisiontheconsequencesiftheInternetwassuddenlyremovedfromsociety. Imagine aworldwheretheInternetwasunavailable. （承上启下句）Howwoulditaffectyou? Lookingatitfromthisrespect, formanyitlikelybringstolightjusthowreliant anddependentsocietyhasbecomeontheInternetanditwouldbeextremelyhardto turnbacktheclock（时光逆转）.

## 【本部分重难点】

1. Wrappedupintheadvantagesanddisadvantagesonethingisforcertain:the Internet has had a significant effect onsociety.
2. wrappedup 包裹着

wrapped up in the advantages and disadvantages 意为"（网络）既有优点又有缺点"

1. forcertain/sure 肯定地
2. have a significant effect onsth.

## Unit 12 A Break from Life 自考赢家整理

1. New words and expressions Newwords
2. crankyadj. 脾气坏的
3. laundryn. 要（或正在）洗的衣物；刚洗好的衣物
4. resemblev. 看起来像；显得像；像resemble: takeafter

resemblance

1. throbn. （强烈有规律的）跳动；阵阵的疼痛
2. subsidev. 趋于平静；平息；减弱；消退
3. achev. 疼痛；隐痛
4. jointn. 关节
5. shufflev. 拖着脚走
6. wigglev. （使）扭动，摆动，摇动
7. snifflen. 抽鼻子（声）
8. tissuen. (尤指用作手帕的)纸巾，手巾纸
9. pillown. 枕头
10. crackv. 找到解决（难题等的）方法
11. contagiousadj. 患接触性传染病的
12. germn. 微生物；细菌；病菌
13. resourcefuladj. 机敏的；足智多谋的；随机应变的
14. scroungev. 觅取；搜寻
15. nurturev. 养育；养护；培养
16. choren. 令人厌烦的任务、乏味无聊的工作
17. respiten. 暂停；暂缓
18. manufacturev. 编造；捏造
19. symptomn. 症状
20. pamperv. 细心照顾；精心护理；娇惯；纵容
21. hermitn. 隐土；隐修者；遁世者
22. geln. 凝胶，冻胶（尤指用于头发或护肤的产品）
23. heartyadj. 大的；丰盛的
24. chamomilen. 苹果菊；春黄菊；甘菊
25. vanilla-scentedadj. 香草味的
26. gingerlyadv. 谨慎地；小心翼翼地；轻手轻脚地
27. gratefuladj. 感激的；表示感谢的be grateful to sb. for sth. ungrateful

比较：graceful disgraceful

1. span. 水疗
2. tubn. 浴缸；浴盆
3. drainn. 下水道；排水管
4. refreshv. 使恢复精力；使凉爽
5. emotionallyadv. 感情上地；情感上地emotion

emotional

1. empowerv. 增加（某人的）自主权；使控制局势
2. permissionn. 准许；许可；批准permit
3. justifyv. 对…作出解释；为…辩解（或辩护）
4. awarenessn. 知道；认识；意识Phrases andExpressions
5. pileup 堆积；积压
6. comedownwith 患，得，染上（小病）
7. slipaway 消失；消亡；死去
8. respondto 作出反馈；响应
9. carefor 照顾，照料（病、老、幼者等）
10. tendto 照料；照管；护理
11. Text Learning FeelingFree

①Iwokeupfeelingcranky.Ididn'twanttodohousework,thoughthelaundry waspilingup.Ididn'twanttoreadtheworkIbroughthomefromtheoffice.Ididn't want to do anything that resembled responsible behavior. It was that kind ofday.

（承上总结句）

② AsIdrankmymorningtea, IthoughtIfeltaheadachecomingon. Yes, there itwas, adullthrobjustbehindmyeyes. MaybeIshouldgobacktobeduntilitsubsided. As I put the dishes in the sink, it seemed that my muscles were beginning to ache. Orwastheacheinmyjoints? ThatcouldmeanIwascomingdownwiththeflu. （承上启下句）EveryoneIknewhadthefluthisyear. WhyshouldIbetheonetoescape it? I absolutely should be inbed.

③Ishuffledbacktobed,wiggledunderthecoversandshutmyeyes.(1)Another coupleofhoursofsleepwouldbesonice,butIwasalreadycompletelyawake.Iought to get up. But no, there was that headache and the beginning of a sniffle. Better get thetissues.

## 【本部分重难点】

1. Anothercoupleofhoursofsleepwouldbesonice,butIwasalreadycompletely awake.

be completely / wide awake be fast / sound asleep

④ On my way back from the bathroom with a family-sized（适合全家用的）tissue box, I stopped to grab that big new novel I had bought but had no time to read. I opened the book and settled against the pillows.

⑤ Themorningwasmovingalongandsowasmyreading. Anothertwentypagesand Iwasstretching. Ishouldtrytocrack（找到解决办法）thereportIwasworkingon. Ishouldatleastgetupanddothewash. WhatifIwascontagious? Icertainlydidn't wanttospreadanygerms. Thewashcouldwait. (2)Myfamilywasresourcefulenough to scrounge clothing for the nextday.

⑥MaybeIwasn'tactuallygettingtheflu.Ididn'treallywanttobesick.To betruthful,allIwantedwasalittletimeoff.(3)Ineededtonurturemyselfaway frompeople,chores,careerandtheoutsideworld.DidIhavetowaittobesickto dothat?Asachild,theonlyrespitefromschoolorfamilychoreswasillness.But Iwasn'tachildanymore.(4)DidIhavetomanufacturesymptomstoprovidemyself with an excuse? No, I decided, Ididn't.

## 【本部分重难点】

1. My family was resourceful enough to scrounge clothing for the next day. 家人足够有能力找到第二天能穿的衣服。
2. I needed to nurture myself away from people, chores, career and the outside world.

nurture 养育，培养，培育；支持，鼓励

Parentswanttoknowthebestwaytonurtureandraisetheirchildtoadulthood. 父母们想了解把他们的孩子养育成人的最好方法。

She had always nurtured great ambitions for her son. 她一直在培养她儿子的雄心大志。

The human learns partly by nature, partly by nurture. 人的学习能力部分是先天的，部分是后天培育的。

nature and nurture 先天与后天，遗传与环境；先天遗传说和后天培养说

We want to nurture the project, not destroy it. 我们要支持这个新工程，不要破坏它。

1. Did I have to manufacture symptoms to provide myself with anexcuse?
2. manufacture 编造，捏造
3. provide sb. with sth. / provide sth. forsb.

⑦ I talked to myself. Okay, I said, you need a day off. Admit it. Accept it. Tossouttheguiltandenjoyamini-vacation.Whatwouldyouliketodo?Read?You're alreadydoingthat.Pamperyourself?Takeabubblebath.Beahermit?Letthemachine answer thephone.

⑧Ipouredhalfthebottleofbathgelintothestreamingwaterandaddedahearty handful of chamomile bath salts. Then I lit a vanilla-scented candle and gingerly steppedintothebathtub.Withagratefulsigh,Iimmersedmyselfinmyhomemadespa. I heard the phone ring somewhere off in the distance andsmiled.

⑨Itisfunnyhowtheachessubsidedintheheatofthetub.Theyjustslipped awaywiththelastofthebubblesdownthedrain.Myheadfeltjustfine,thethrob

replaced by a sense of well-being.

⑩ By late afternoon, I was back at it, refreshed physically, mentally and emotionally.Andratherthanfeelinghelpless,Ifeltempowered.(5)Ihadgivenmyself permission to listen and respond to my needs, to care for myself the way I tended tomyfamily.(6)Ididn'tneedthecrutchofillnesstojustifyarest.Itwassuch a simple awareness, but then isn't it the simple things that set usfree?

## 【本部分重难点】

1. Ihadgivenmyselfpermissiontolistenandrespondtomyneeds,tocarefor myself the way I tended to myfamily.
2. give sb. permission to dosth.
3. respond to one's needs: meet one'sneeds
4. the way sb. didsth.
5. tendtosb. 照顾，照料
6. 译文：我给了自己倾听并满足自己需求的机会，像照顾家人一样关心一下自己。
7. I didn't need the crutch of illness to justify arest.
8. crutch: 拐杖；依靠，支持
9. justify: prove sth. to bereasonable

The high quality of the cloth justifies its high price.

1. 部分练习讲解 P325 Bridging theGap

Directions:Fillintheblankswithawordoraphrasethatbestcompletesthe passage. You may choose a suitable one from the listgiven.

解题方法：把词分类

动词 形容词 副词 介词 代词getoutof positive physically through one

free unfortunately in additionto either（限定词）

rather than

Nothingtakesitstollonthebody（对身体有害）likestress. 1Inadditiontothe mentaldamagethatitcauses, stressisalsolinkedtomanydiseases, includingcancer. 2Unfortunately, intoday'sworld, mostofusareexperiencingastressfullifewith no way to get out of it - or so wethink.

If you are 3 oneof the many people who want to alleviate your stress, you can learn some simple techniques to help you 4 get out ofthe vicious cycle of leading astressfullife.Yourstressfullifedoesnotjustaffectyou,buteveryonearound you. It affects your relationships as well as any children or co-workers. Most of all, it can actually make you 5physicallyill.

Doyoureallywanttogo6throughtherestofyourlifefeeling"stressedout"? Do you like the idea of feeling "out of control" and that everything in life is a trial?Perhapsitistimeforyoutoconfrontthissituationandseekhelptorestore some sort of balance in your life and break 7 free from thiscycle.

Therearemanyfacetstostress. Stressmanifestsitself（显露）inmanydifferent waysandcanbe8eitherself-induced（自诱导的）orsomethingthatoccursinlife. We can never eliminate stress from our lives, as stressful situations are part of life. However, wecanlearntoreacttostressina9positivemannerandtakecontrol of the situation 10 rather thanallowing the stress to remain incontrol.

1. New words andexpressions

New words

* 1. skinnyadj. 极瘦的；干瘦的；皮包骨头的
  2. curlyadj. 鬈发（或毛）的；卷曲状的
  3. adjustv. 适应；习惯
  4. worthwhileadj. 重要的；令人愉快的；有趣的；得花时间（或花钱、努力等）的
  5. pubertyn. 青春期
  6. temptingadj. 吸引人的；诱人的；有吸引力的
  7. celebn. 名人（celebrity 的缩写）
  8. bloomern. 完全成熟的人
  9. temporaryadj. 短暂的；暂时的；临时的
  10. spurtn.（速度、干劲、活动或感情的）短时激增，迸发
  11. permanentlyadv. 永久地；永恒地；长久地
  12. genen. 基因
  13. embarrassedadj.（人或行为）（尤指在社交场合）窘迫的，尴尬的，害羞的 embarrass

embarrassed embarrassing embarrassment

to one's embarrassment

much to one's embarrassment to one's great embarrassment

* 1. maturev. 成熟；长成maturity

immature

* 1. bulked-upadj. 胀大的；发起来的
  2. influencev. 影响；对…起作用influential

注意比较 benefit-beneficial

* 1. criticizev. 批评；批判；挑剔；指责critic

critical criticism

* 1. hurtfuladj. 感情的；伤害自尊的
  2. peern. 身份（或地）l 相同的人；同龄人；同辈
  3. racialadj. 种族的；种族间的
  4. ethnicadj. 种族的；民族的
  5. prejudicen. 偏见；成见
  6. ignorancen. 无知ignore

ignorant

* 1. independentadj. 自立的；自食其力的
  2. boostv. 使增长；使兴旺
  3. optimisticadj. 乐观的；抱乐观看法的optimist

optimism

反义词：pessimist

pessimistic pessimism

* 1. capableadj. 有能力的；有才能的incapable

capability

* 1. lifestylen. 生活方式；工作方式
  2. combinationn. 结合体；联合体；混合体combine

combined 结合的，化合的

* 1. verifyv. 核实；查对；核准
  2. ultimatelyadv. 最终；最后；终归
  3. nutritiousadj. 有营养的；营养丰富的nutrition

malnutrition

再如：maltreat, malfunction Phrases and Expressions

1. put…down 使（当众）出丑；使出洋相；让某人现眼
2. gothrough 经历；遭受
3. belinkedto 与…有联系
4. fillout 膨胀；扩张；长胖；长肥
5. feelgood 感到愉快(或有信心等)
6. keeptrackof 了解…的情况（或动态）
7. TextLearning

Self-Esteem and BodyImage

1. I'mfat.I'mtooskinny.I'dbehappyifIweretaller,shorter,hadcurlyhair, straight hair, a smaller nose, , bigger muscles, longerlegs.
2. Doanyofthesestatementssoundfamiliar?（承上句）Areyouusedtoputting yourselfdown? Ifso, you'renotalone. Asateen, you'regoingthroughatonofchanges

（大量的变化）inyourbody. Andasyourbodychanges, sodoesyourimageofyourself. Lots of people have trouble adjusting, and this can affect theirself-esteem.

1. Why Are Self-Esteem and Body ImageImportant?

Self-esteemisallabouthowmuchpeoplevaluethemselves,thepridetheyfeel inthemselves,andhowworthwhiletheyfeel.Self-esteemisimportantbecausefeeling goodaboutyourselfcanaffecthowyouact.Apersonwhohashighself-esteemwill makefriendseasily,ismoreincontrolofhisorherbehavior,andwillenjoylife more.

Body image is how someone feels about his or her own physical appearance. For manypeople, especiallythoseintheirearlyteens, bodyimagecanbecloselylinked toself-esteem. That'sbecauseaskidsdevelopintoteens, theycaremoreabouthow othersseethem.（承上句）

1. What Influences a Person's Self-Esteem? Puberty

Someteensstrugglewiththeirself-esteemwhentheybeginpubertybecausethe bodygoesthroughmanychanges.(1)Thesechanges,combinedwithanaturaldesireto feelaccepted,meanitcanbetemptingforpeopletocomparethemselveswithothers. They may compare themselves with the people around them or with actors andcelebs

they see on TV, in movies, or in magazines.

## 【本部分重难点】

1. Thesechanges,combinedwithanaturaldesiretofeelaccepted,meanitcan be tempting for people to compare themselves withothers.
2. naturaldesire 天生的欲望
3. itcanbetempting（吸引人的，诱惑人的）forpeopletocomparethemselveswith others 中 it 是形式主语，真正的主语是 forpeopletocomparethemselveswithothers, forpeople 作不定式的逻辑主语。

注意不定式和动名词逻辑主语的选择

It's selfish of you to think of yourself all the time（你老是想着自己）. It's important for you to master a foreign language（你掌握一门外语）.

It's+adj. +ofsb. todosth. 此类形容词包括：nice, kind, cruel, selfish, selfless, brave, wise, foolish, stupid 等。

Do you mind my/me/ Tom's / Tom opening the window（我/汤姆开窗）? His/Tom's having left home（他/汤姆离家出走）made his parents very sad.

(2)Butit'simpossibletomeasureourselvesagainstothersbecausethechanges thatcomewithpubertyaredifferentforeveryone.（承上启下句、主题句）Somepeople startdevelopingearly; othersarelatebloomers. Somegetatemporarylayeroffat toprepareforagrowthspurt（急剧增长）; othersfilloutpermanently, andstill othersfeelliketheystayskinnynomatterhowmuchtheyeat. (3)Italldependson howourgeneshaveprogrammedourbodiesto act.（承上总结句）

Thechangesthatcomewithpubertycanaffecthowbothgirlsandguysfeelabout themselves. Some girls may feel uncomfortable or embarrassed about their maturing bodies. Others may wish that they were developing faster. Girls may feet pressure to be thin but guys may feel like they don't look big or muscularenough.

## 【本部分重难点】

1. Butit'simpossibletomeasureourselvesagainstothersbecausethechanges that come with puberty are different foreveryone.

measure oneself against ... 对照……评价自己，一较高下，与……较量

1. It all depends on how our genes have programmed our bodies toact.
2. dependon 取决于Itdepends. 看情况吧。
3. program 使按预定的步骤进行

our genes have programmed our bodies to act 我们的基因已经设定好了身体将如何

成长

Outside Influences

It's not just development that affects self-esteem, though. Many other factors

(like media images of skinny girls and bulked-up guys) can affect a person's body image too.

Family life can sometimes influence self-esteem. Some parents spend more time criticizing their kids and the way they look than praising them, which can reduce kids' ability to develop good self-esteem.

Peoplealsomayexperiencenegativecommentsandhurtfulteasingabouttheway they look from classmates and peers. Sometimes racial and ethnic prejudice is the source of such comments. Although these often come from ignorance, sometimes they can affect someone's body image andself-esteem.

1. HealthySelf-Esteem

Ifyouhaveapositivebodyimage,youprobablylikeandacceptyourselftheway you are. This healthy attitude allows you to explore other aspects of growing up, suchasdevelopinggoodfriendships,growingmoreindependentfromyourparents,and challengingyourselfphysicallyandmentally.Developingthesepartsofyourselfcan help boost yourself-esteem.

Apositive,optimisticattitudecanhelppeopledevelopstrongself-esteem.For example,saying,"Hey,I'mhuman"insteadof"Wow,I'msuchaloser"whenyou'vemade a mistake, or not blaming others when things don't go asexpected.

Knowingwhatmakesyouhappyandhowtomeetyourgoalscanhelpyoufeelcapable, strong,andincontrolofyourlife.Apositiveattitudeandahealthylifestyle(such asexercisingandeatingright)areagreatcombinationforbuildinggoodself-esteem.

1. Tips for Improving Your BodyImage

Some people think they need to change how they look or act to feel good about themselves.Butactuallyallyouneedtodoischangethewayyouseeyourbodyand how you think aboutyourself.

The first thing to do is recognize that your body is your own, no matter what shape,size,orcoloritcomesin.Ifyou'reveryworriedaboutyourweightorsize, checkwithyourdoctortoverifythatthingsareOK.Butit'snoone'sbusinessbut your own what your body is like. Ultimately, you have to be happy withyourself.

Next, identifywhichaspectsofyourappearanceyoucanrealisticallychangeand whichyoucan't. Everyone(eventhemostperfect-seeming（表面上）celeb) hasthings aboutthemselvesthattheycan'tchangeandneedtoaccept, liketheirheight, for example, or their shoesize.

(4)Iftherearethingsaboutyourselfthatyouwanttochangeandcan(suchas howfityouare),dothisbymakinggoalsforyourself.Forexample,ifyouwantto getfit,makeaplantoexerciseeverydayandeatnutritiousfoods.Thenkeeptrack ofyourprogressuntilyoureachyourgoal.Meetingachallengeyousetforyourself is a great way to boostself-esteem!

本部分重点及难点

1. Iftherearethingsaboutyourselfthatyouwanttochangeandcan(suchas how fit you are), do this by making goals foryourself.

do sth. for oneself

Good students should learn to think for themselves. do sth. by oneself

Because there was nobody else, he had to do it by himself. live to oneself

Heboughtahousenearhiswidowedmother'sbecausehedidn'twanthertolive toherself.

重点知识补充：构词法

英语单词的构成有一定的规律，这种规律称为构词法。掌握构词法知识对我们更好地理解词义、认识新词和扩大词汇量有重要意义。

构词法主要有三种：派生法、合成法和转换法。一、派生法

在一个词的词根前面或后面加上某个词缀来产生新词，这种构词法称为派生法。词缀分

（一）后缀：

许多名词、形容词、副词和动词是由词根加后缀构成的。 1.构成名词的常用后缀有：

（1）-er, -or, -ist, -ee, -ian, -ese, -ant 等用于构成表示人或物的名称。

如 :writer, translator, trainee, employee, scientist, physicist, musician, physician, Italian, Asian, Chinese, assistant 等。

（2）-ance, -ence, -(a)tion, -sion, -al, -ing, -ity, -ment, -th, -ty, -ure, -ship 等用于构成表示行为、性质、状态等的抽象名词。

如 ：acceptance, assistance, dependence, confidence, repetition, preparation, discussion, division, arrival, survival, approval, disapproval, building, reality, simplicity, ability, rapidity, regularity, argument, warmth, length, growth, safety, leadership, failure, pressure, friendship 等。

（3）其他名词后缀：-hood, -ness, -ology, -phy。

如：childhood, neighborhood（附近，街坊）, motherhood（母性，母亲身份）, kindness, happiness, sadness, biology, psychology, philosophy, geography

1. 构成形容词的常用后缀有：-able, -ible, -al, -ful, -less, -ish, -ive, -ous, -an,

-ic, -ly, -y, -ant, -ent, -ary, -en 等。

如 ： available, suitable, responsible, natural, national, powerful, helpful, faithful, successful, fearless, useless, helpless, selfless, selfish, childish, decisive, famous, continuous, African, American, European, scientific, historic, friendly, lively, thirsty, noisy, pleasant, dependent, consistent（一贯的）, imaginary, golden, wooden 等。

1. 构成动词的常用后缀有：-ise/ize, -en, -ify 等。

如：modernize, realize, widen, strengthen, beautify, modify（修饰）等。

1. 构成副词的后缀有：-ly,-ward(s),-wise。例如：completely,rarely,truly,simply, backward(s), forward(s), clockwise, likewise 同样地

（二）前缀

1. 表示相反意义的前缀有：un-, dis, -in, -im, -ir, -il, -de 等。

如：unhappy, unreasonable, uncomfortable, uncover（揭露）, unload（卸货）, dislike

（注意比较 unlike）, dishonest, disagree, informal, inaccurate, inactive, imbalanced, impossible, immobile, irregular, irresponsible, illegal, illogical, devalue（贬值） 等。

1. 表示其他意思的前缀有：

anti-: 表示"反"，"反对" antisocial 反社会的anto-: 表示"自己的" autobiography 自传

bi-:表示"二"bicycle自行车； bilingual双语的

bio-: 表示"生物的" biology 生物学； biochemical 生化的

co-:表示"共同"cooperate合作； co-existence共存，共处counter-:表示"相反"，"反对" counterattack反击

de-:表示"除去"，表示否定decompose分解； defrost除霜

en-: 表示"使"，"使处于……状态" enable, enrich, enlarge, endanger

inter-:表示"在……之间"，"互相" international国际的；interpersonal人际

的

kilo-: 表示"千" kilometer 公里，kilogram 公斤

mal-:表示"错误"，"坏" malfunction出故障，失灵；malnutrition营养不良；

maltreat / mistreat 虐待

mid-:表示"中间" midnight午夜；midday中午

mini-:表示"极小的"，"极短的" minibus小型公共汽车，面包车；miniskirt超短

裙

mis-:表示"错误的" misunderstand误解；mistake

non-:表示否定 nonstop不停的；non-defective没有缺陷的；non-smoker非烟民post-:表示"后"，"以后" postwar战后的；postdoctor博士后

pre-:表示"在……之前" preview预习；predict预言

re-:表示"再"，"重新" rewrite重写；review复习；retell复述

sub-:表示"在……下面" subway地铁；submarine潜水艇marine海洋的，海洋的；

舰队

super-:表示"超级的" uperman;supermarket

tele-:表示"远距离的" telephone;telescope望远镜；telegram电报tri-:表示"三" tricycle

under-:表示"在……之下"，"不足" underestimate; understatement 二、合成法

如：output, by-product, duty-free, undergo, overthrow 推翻三、转换法

词形不变，单词的词性发生转变。如：dream, look, back 等。

## 课程总结

以上是 2016 年《英语（二）》精讲重难点内容，因为本考试七个部分基本上都是全新的题型，考家们平时在学习教材的过程中要有意识地往新题型上靠拢，多联想、多思考相关题型的解题方法。教材上课文可能会在考试中入选，请考家们在认真看本重难点中的单词及语言点的基础上，同时还要真正理解考试各题型的精髓所在，一定要把课本上所学的理论应用于实践。同时要练习常见体裁的写作，积累常用词汇和句型，大致掌握常见模板，并辅以一定的写作练习。相信在我们的共同努力下，考家们一定会取得自己满意的成绩。

最后预祝考家们考试顺利！