## SACRED RESINS AWAKENING & KNOWLEDGE

Journey with resins into ritual, prayer, and ceremony in the art of smudging, smoke cleansing, or Saining. We hope you experience the healing power and embody the wisdom from many Earth-based traditions. Resins are the perfect way to cleanse your space. Use with any charcoal puck or crush and add to a smudge mix.

Energetic Benefits: Balances Chakras + Opens Heart to Destiny + Releases the Old + Welcomes Renewal + Brings Peace of Mind

Bring the ancient magic or resins with the elder tree ancestors into your life. Awaken your spirit and connect with the ancient wisdom of the past. Light the charcoal, let it heat up for a few minutes, then lightly place the resins onto the charcoal and let it smolder. Wave the smoke around your space to clear away any negative energy and restore balance.

Frankincense - Spirituality, Resiliency, Clarity Myrrh- Purifying, Meditative, Healing Dragons Blood - Passion, Power, Protection Copal - Cleansing, Purification, Preservation



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LET THE HERBS HEAL AND YOUR MIND CLEAR 
BLESSINGS, SWEET MEDICINE SHOP



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