DREAM PILLOW KIT

In today's world, it can be challenging to get a good night's rest and maintain a daytime lifestyle that adds to you living your dream life. The practice of placing herbs on sachets under one's pillow dates back centuries and was originally thought to bring good dreams, calm bad dreams, obtain intuitive symbols and insights, or even conjure lucid and vivid dreams. Dream pillows are an easy way to create peaceful sleep, connect through self-care and encourage dreaming. These pillows are simple to prepare, use alongside other ceremonies, and share with friends or family.

Dream Pillow Kit: This is #1 of the 3 different bundle sets. This contains the herbs to make one or more dream pillows, 1 sachet to place the herbs in and a beautiful dream pillow. The spiritual, botanical, and magical properties of each herb are listed inside. These and ceremony herbs are not intended to be used for medical advice or treatment.

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