

#### SMUDGE HERB KIT #1 ABUNDANCE & FLOW

Journey with herbs & resins into ritual, prayer, and ceremony in the art of smudging, smoke cleansing, or Saining. We hope you experience the healing power and embody the wisdom from many Earth-based traditions. Use herbs as a smudge, blend into any loose smudge mix or place the herbs on a charcoal puck to be used as an incense.

Energetic Benefits: Balances Chakras + Opens Heart to Destiny + Releases the Old + Welcomes Renewal + Brings Peace of Mind

This collection of herbs is here to help you clear the old limiting patterns, attract wealth, find your flow, and manifest abundance. This Smudge Kit is here when you need it! It's easy to use and makes a great addition to any spiritual practice.

Cedar -Warms the Heart, Balancing  
Red Willow Bark - Respect, Protection, Kinship  
Rose -Love, Self-care, compassion  
Lavender -Brings Beauty, Blessings  
Frankincense -Spirituality, Resiliency, Clarity  
Hops - Prosperity, Dreams, Visions

🕯️ LET THE HERBS HEAL AND YOUR MIND CLEAR 🕯️  
BLESSINGS. SWEET MEDICINE SHOP



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