

Sage with Dragon's Blood

PRODUCTIVITY • PROTECTION • SPELL POTENCY



WHITE SAGE WITH DRAGON'S BLOOD, WITH ITS WOODY, SPICY SCENT, HELPS TO CREATE A PLEASANT "MOOD" IN THE AIR WHEN BURNED. THE RESIN ADDS TO THE CLEARING BENEFITS OF SAGE WHILE IT'S BELIEVED TO ALSO PROVIDE PROTECTION & BRING BLESSINGS IN LOVE & MONEY. IT IS OFTEN USED FOR ENERGY, PURIFICATION, MAGICAL POTENCY, BANISHING NEGATIVE INFLUENCES, DISPELLING BAD HABITS, REMOVING NEGATIVITY, AND BRINGING GOOD LUCK.

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SMUDGE STICKS

Smudging is an ancient practice used for centuries to cleanse and clear energy. Whatever your intention is, hold it in your mind as you light the smudge stick and allow the smoke to waft through your space. Enjoy the beautiful variety of smells, the fresh aromas, and the exploration of aromatics from the ancient wisdom of the plant world!

There are many ways to smudge, but the most common method is to light a smudge stick (a bundle of dried herbs tied together) and allow the smoke to waft over the area or person you wish to cleanse. Carry the smudge stick with a shell or fireproof container below to catch the ash. For loose dried herbs, make sure you burn the herbs in a fireproof container and or contain the ash from smudge sticks in a shell. As you cleanse your space or yourself with the smoke, envision any negative energy being released and carried away while affirming and visualizing what you desire to bring in. Once you have finished smudging, extinguish the smudge stick in a bowl of sand or dirt, and allow it to cool completely before discarding it.



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