# Letter to Lord Ebury, 14 January 1858

Livingstone, David, 1813-1873

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# [0001] 12 Kensington Palace Gardens 14<sup>th</sup> January 1858 My Lord Ebury I beg leave to return my hearty thanks for the kind expressions contained in your favour of the 2<sup>d</sup> Jan<sup>y</sup>. and also for the kind feeling which prompted you to bring the subject

of the Homoeopathic system

to my notice. I tried

# [0002]

the whole range of Homoeopathic globules on the natives of Africa & unfortunately without ever producing or alleviating a single symptom. This was the case also with my father in law M<sup>r</sup> Moffat & was a cause of regret inasmuch as these forms of medicine are so very portable.

Among Boers, half castes and others who are accustomed to use coffee tea condiments &c the case

# [0003]

was different. There the globules were often very useful as there is at the time of their exhibition usually a strict enforce ment of proper regimen. With this latter I found bread pills quite as

efficacious in curing many complaints. And I consequently became a little sceptical as to the value of the globules. Homoeopathy has done great good in exploding the overdrugging system which prevailed in this

# [0004]

country as it shewed how much unassisted nature can do. but before pinning our faith to the system I think it would be fair for those who believe in it to shew what is effected by their art in contradistinction to what is effected by nature. I never met one who would pretend to shew this. and as no effects follow in the native constitution where the diet is of the simplest kind I am disposed

### [0005]

to attribute the effects you have observed to the regimen allowing nature to have fair play.

I passed through the usual medical curriculum but was not taught "Allopathy" though I have seen statements made by persons who attended the same classes to the

# [0006]

effect that they
in adopting the Homoeopathic
system had been converted
from Allopathic

principles. I dont wonder at your Lordship speaking with scorn of the "thing called Allopathy" for it must have been brought under your notice by those who believe in Homoeopathy using a nickname which they have

### [0007]

invented. I was taught the Eclectic system i.e. to choose the good out of all the systems - (and many systems there have been, each of which had as much claim on our regard for cures effected as Homoeopathy) - and to leave the nonsense as much as possible alone. I am sensible of no mental bias

### [0008]

against Homoeopathy I only wish that I could find a tenth part in it of the good some see therein but I could not trust my own life in a serious illness to it and I hope your Lordship will not when you really need medicine lean on nature alone

Again thanking your Lordship for kindly writing to me I am Truly Yours David Livingstone