

Letter to John Washington, 12 September 1860

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[0001]

Sesheke 12 September 1860

Dear Captain Washington

In three months we on foot from Tette to this, distance by the route we travelled along North bank of the Zambesi of 600 at least. We crossed the mountains which Morumbua lies, then the

Loangua and Kafue at their confluences proceeded along the fine fertile peopled valley in which the

Zambesi gently flows till we came °17 18 South. People very friendly hospitable though the men stark naked. the numbers of buffaloes & Hippopotami and the whole country a field broken through at parts igneous rocks. Here we turned

[0002] and soon gained an altitude of

3000 feet above the sea or 2000 feet the Zambesi - Near Tabachen had hoar frost and a little ice after breathing for a short time clear cold air of the high plateau we to the West intending to make pretty straight course to Sesheke at 20 of latitude we saw the columns smoke and I could not resist the to shew the wonderful scene my companions D^r Kirk and M^r C though it added some 40 to our tramp - the water was much lower than when I was in 1855. Indeed people employed build a stockade to protect my on garden island waded across the North bank. Between my brother who is familiar Niagara declares that Victoria throw the American into the

shade. D^e Kirk declares none but painter in oil could give an idea

[0003] the scene - And this is when one half nearly dry and but two good shew. I think that I have nothing but the columns as height and I cannot measure them shall measure accurately all we as we return, in the mean a stone requires 5 seconds to the bottom. A gentleman from Natal called this 200! yards! I refer to Cooley's fancy the Liambai runs under Kalahari desert and is lost in a manner. Pity we cannot rid of London sewage as easily he can get rid of a river 300 400 yards wide above the Kafue and the most navigable part of whole Zambesi.

We went on to [Sekeltuat] Sesheke and him labouring under a skin believed by his people to be - several suffered death

[0004] the crime of having inflicted the disease witchcraft. He was gratified by treatment though not knowing disease exactly we could not positively about it. We used medicines we had and I went to Linyanti on horse back search for others in my waggon regained spirits and was recovering we left. We have kept faith him and his people. The Arab party went to Linyanti Loanda consisting 95 persons never returned. they have been wheedled over to the coast on a promise of getting - overpowered & sold as emigrants.

While at Linyanti I saw the of a party of English missionaries had perished after some three in the country. I was very saddened by this - six out nine Europeans had been cut off

[0005] that very time we at a lower more unhealthy part of the cured the fever so quickly we were rarely detained more a day or two - A European be stricken down and his march on foot

a after the operation of a remedy I first employed in curing own children and a party English (one of whom had died my arrival) at Lake in 1850. Four of the attendants on the mission perished - this sad case me very anxious that remedy become widely known I have ventured to lay it formally Lord John Russell in the that a saving of human life be effected - and if so it ought

[0006] be recorded that the discovery was a Government servant D^r Kirk the same opinion of its value I have and indeed it is the of this Expedition that me full confidence in it for Europeans generally It consists of common medicines used in a way some would fault with without preliminary - It is Resin of Jalap grains calomel eight grains and Rhubarb of each 4 grains. [mix well & keep in powder dose to 20 grs]. Then Quinine in four doses completes the cure - the urgent symptoms are relieved from four to six hours. I have met a case in either white black that I did not cure if taken time but I have avoided saying about it as it would look like quackery. It has no bad effect on system for I have escaped any

[0007] attack. I have had little illness probably from malaria but not regular fever since my return We have tried combinations of other but they have left the that anything else is trifling. Warburg's Tincture profuse sweating & weakens Ours cures without loss of strength the patient. You will understand earnestness now when I that I found in my the proper medicines for composition of the remedy about

500 yds from the spot where these died, and I have stated value in general terms towards end of "Missionary Travels"

The Makololo are perishing fever and are very anxious to to the Highlands but

[0008] removal to a defenceless site some member of M^r Moffats . A town is to be sent up this by way of experiment on

Mosilikatzes cupidity. A son of M^r is there[with Mosilikatze] and as influence our post will work. trading parties have been to the coast Sekeletu regaled us with - American biscuits & preserved every day when we call. He buying horses at 10 tusks per , and sent to Pungo Andongo Angola to buy a horse I had there. They are quite ready be vaccinated. A supply sent long at Linyanti together with my & has lost its power. I beg you to secure us a fresh supply your mail so as to come as fresh possible - the Establishment is 8 Place, Fitzroy Square. Ever yours

David Livingstone