Letter to Lord Ebury, 14 January 1858

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12 Kensington Palace Gardens

 14^{th} January 1858

My Lord Ebury

I beg leave to return my hearty thanks for the kind expressions contained in your favour of the 2^d (Jan^y.) and also for the kind feeling which prompted you to bring the subject of the Homoeopathic system to my notice. I tried

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the whole range of Homoeopathic globules on the natives of Africa & unfortunately without ever producing or alleviating a single symptom. This was the case also with my father in law M^r Moffat & was a cause of regret inasmuch as these forms of medicine are so very portable.

Among Boers, half castes and others who are accustomed to use coffee tea condiments &c the case

[0003]

was different. There the globules were often very useful as there is at the time of their exhibition usually a strict enforce ment of proper regimen. With this latter I found bread pills quite as efficacious in curing many complaints. And I consequently became a little sceptical as to the value of the globules. Homoeopathy has done great good in exploding the overdrugging system which prevailed in this

[0004]

country as it shewed how much unassisted nature can do. but before pinning our faith to the system I think it would be fair for those who believe in it to shew what is effected by their art in contradistinction to what is effected by nature. I never met one who would pretend to shew this. and as no effects follow in the native constitution where the diet is of the simplest kind I am disposed

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to attribute the effects you have observed to the regimen allowing nature to have fair play.

I passed through the usual medical curriculum but was not taught "Allopathy" though I have seen statements made by persons who attended the same classes to the

[0006] effect that they in adopting the Homoeopathic system had been converted from Allopathic principles. I dont wonder at your Lordship speaking with scorn of the "thing called Allopathy" for it must have been brought under your notice by those who believe in Homoeopathy using a nickname

[0007]invented. I was taught the Eclectic system i.e. to choose the good out of all the systems - (and many systems there have been, each of which had as much claim on our regard for cures effected as Homoeopathy) - and to leave the nonsense as much as possible alone. I am sensible of no mental bias

which they have

[0008] against Homoeopathy I only wish that I could find a tenth part in it of the good some see therein but I could not trust my own life in a serious illness to it and I hope your Lordship will not when you really need medicine lean on nature alone

Again thanking your Lordship for kindly

writing to me I am

Truly Yours

David Livingstone