## Letter to George E. Seward, 1, 12, 23 June 1864

Livingstone, David, 1813-1873

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[0001]

At Sea 1st June 1864

My Dear D<sup>r</sup> Seward

On leaving you I felt a little ashamed in sending three cloths which had been on view at M<sup>r</sup>-Wittes to Memsahib for after getting aboard I saw that I should appear as if I had thrown them at her. I trust however that you made allowance for my heathenism.

One of Bullhead's men had what I consider to be leprosy in an incipient state, but we were bothered by the engines having been left in not a very creditable state. I saw after [0002]leaving Mosambique that all hands were required to start them. the whites pulling at the starting rod like mad supplemented by the blacks with a rope to the same as if they had hold of an elephant by the tail. We could not go astern & nearly ran into Captain Bishops ship in consequence. Away however we went with 100 mile current and a fine breeze. One man down with a severe bilious attack gave me a regular turn at the wheel. very nice when you have nothing to do. but

one becomes desperately sleepy when it comes every other four hours. When we crossed the line [0003]we got into a calm which lasted 21 days. We steamed out from the land, then our only stoker who managed the engines fell sick of a bilious attack. I mention this because I have always experienced great difficulty in getting rid of the bile. All three men had it: shovelfuls of purgatives do not act or if they do the bile remains, and is only got rid off gradually. They all complained of great pain across the region of the navel. but there was no tenderness on pressure. tongue with a very dark fur on it and the other symptoms [0004]of biliousness but no pain across the forehead. When bile came away either by vomiting or otherwise, after a week's physicing with little or no effect, they recovered with scarcely any loss of strength. Have you found any remedy effectual in promoting a discharge of bile. Asclepias gigantea [or gigantisa] is used in some parts of India for this, but I never tried it. A scruple of calomel in one case had no effect nor did it salivate

I have been looking up for the Dadileira in Lindley, and think from its resemblance to the Sesamum which you [0005] know at Zanzibar as yielding oil that it must be the Pedalium Murex of which he says that the fresh leaf when agitated in water renders it mucilaginous, and is prescribed by the Indian doctors in dysuria & gonorrhoea - the Dadileira was shown to Mr Soares by an old native woman & must have more than mucilage to produce purging so quickly in children.

I wish you would try a wash of corrosive sublimate in the itch often seen in Africans, the genuine scotch [0006]"fiddle" is cured by one application in London when the Physician gets it himself in Dispensary practice it is made pretty strong say 10 grams to the ounce of water - or spirit. I have found it very efficaceous. now for this tell me your application to those shocking indolent ulcers - was it bark mixed with powdered opium or the bark to the sore & opium internally? [0007]

We found this steamer burns more coal than was stated. and I am glad that she was not sold at Zanzibar for the deception would have been laid at my door though I did not actually know she burned a ton in eight hours giving a speed of about half what was stated on a sea smooth as glass I shall explain this to Sir Bartle Frere so that you will appear misled only in the same way you were [0008] in writing. I would not tell a deliberate lie for twice her value.

12 June 40 miles off Bombay add three [^][and a half] days calm on this coast to the 21 and you have a pretty trial of patience. We had a dose of rough weather too and saw that the Bay of Bengal can exhibit topping seas but the little vessel is a fine sea boat & no mistake Tell Captain Frazer with compts that his canvass did good service and Kinloch not to give him the dollar the captain bet for we were  $19 \ 1/2$  days going - the captain will surely not count the days 24 1/2 we were standing still!! but we had better not make the canny Scot a Jesuit. never say a ship till the day before yesterday. When we saw 3 from Bombay & one going to it. the Zambesians turned out good sailors. Two can stear & three stoke - Kind complts to  $M^{rs}S$ . & Winifred

David Livingstone [0009]

23 June 1864

P.S. We were so little as not to be seen when we anchored alongside the forest of ships here for 2 days.

Then an invitation from Lady & Sir Bartle Frere took me up to Dapoore till yesterday morning. Every body is up there they put the vessel at Masagon as [0010]M<sup>rs</sup>S. conjectured a great many want to buy her but though I came expressly to sell her the idea of giving up Africa was too much for me I could'nt do it and resolved rather to run home and take counsel with friends about my future. I go tomorrow morning so have not time to do more than [0011]thank you and M<sup>rs</sup>S. which I do most cordially for your kind letters. The Sultan's letter was safely delivered which you may tell him at your convenience I saw M<sup>r</sup> Oliver in his court.  $M^{\underline{r}}$  West had gone home. I got plenty of invitations after [0012]I was known, & met many up at Dapoore who knew me. Hoping yet to see you and wishing blessings on you

& your household

I am &c

David Livingstone