

Letter Inclosure No. 1, 26 November 1860

Livingstone, David, 1813-1873

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Fever Powder

Take of Resin of Jalap
and Calomel of each eight grains
Quinine & Rhubarba of each
four grains - mix well together,
and when needed, make into
pills with spirit of cardamoms
Dose from (10) ten to (20) twenty
grains. The mixture keeps
best in powder.

If the violent symptoms
are not relieved in from four
to six hours by the operation
of the pills a dessert spoonful
of Epsom salts may be taken
Then quinine in four or six
grain doses completes the cure
It is usually given till the ears
ring or deafness is produced

David Livingstone

Tette 26th Nov^r

1860