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Field Guide to Writing

Richard Bullock



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18 Memoirs

We write memoirs to explore our past—about shopping for a party dress with Grandma, or driving a car for the first time, or breaking up with our first love. Memoirs focus on events and people and places that are important to us. We usually have two goals when we write a memoir: to capture an important moment and to convey something about its significance for us. You may be asked to write memoirs or personal reflections that include memoirs in psychology, education, and English courses. The following example is from Pulitzer Prize—winning journalist Rick Bragg's autobiography, All Over but the Shoutin'. Bragg grew up in Alabama, and in this memoir he recalls when, as a teenager, he paid a final visit to his dying father.



RICK BRAGG

All Over but the Shoutin'

He was living in a little house in Jacksonville, Alabama, a college and mill town that was the closest urban center—with its stoplights and a high school and two supermarkets—to the country roads we roamed in our raggedy cars. He lived in the mill village, in one of those houses the mills subsidized for their workers, back when companies still did things like that. It was not much of a place, but better than anything we had ever lived in as a family. I knocked and a voice like an old woman's, punctuated with a cough that sounded like it came from deep in the guts, told me to come on in, it ain't locked.

It was dark inside, but light enough to see what looked like a bundle of quilts on the corner of a sofa. Deep inside them was a ghost of a man, his hair and beard long and going dirty gray, his face pale and cut with deep grooves. I knew I was in the right house because my daddy's only

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esearch LA / APA real possessions, a velvet-covered board pinned with medals, sat inside a glass cabinet on a table. But this couldn't be him.

He coughed again, spit into a can and struggled to his feet, but stopped somewhere short of standing straight up, as if a stoop was all he could manage. "Hey, Cotton Top," he said, and then I knew. My daddy, who was supposed to be a still-young man, looked like the walking dead, not just old but damaged, poisoned, used up, crumpled up and thrown in a corner to die. I thought that the man I would see would be the trim, swaggering, high-toned little rooster of a man who stared back at me from the pages of my mother's photo album, the young soldier clowning around in Korea, the arrow-straight, good-looking boy who posed beside my mother back before the fields and mop handle and the rest of it took her looks. The man I remembered had always dressed nice even when there was no cornmeal left, whose black hair always shone with oil, whose chin, even when it wobbled from the beer, was always angled up, high.

I thought he would greet me with that strong voice that sounded so fine when he laughed and so evil when, slurred by a quart of corn likker, he whirled through the house and cried and shrieked, tormented by things we could not see or even imagine. I thought he would be the man and monster of my childhood. But that man was as dead as a man could be, and this was what remained, like when a snake sheds its skin and leaves a dry and brittle husk of itself hanging in the Johnson grass.

"It's all over but the shoutin' now, ain't it, boy," he said, and when he let the quilt slide from his shoulders I saw how he had wasted away, how the bones seemed to poke out of his clothes, and I could see how it killed his pride to look this way, unclean, and he looked away from me for a moment, ashamed.

He made a halfhearted try to shake my hand but had a coughing fit again that lasted a minute, coughing up his life, his lungs, and after that I did not want to touch him. I stared at the tops of my sneakers, ashamed to look at his face. He had a dark streak in his beard below his lip, and I wondered why, because he had never liked snuff. Now I know it was blood.

I remember much of what he had to say that day. When you don't see someone for eight, nine years, when you see that person's life red on their lips and know that you will never see them beyond this day, you listen close, even if what you want most of all is to run away.

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"Your momma, she alright?" he said.

I said I reckon so.

"The other boys? They alright?"

I said I reckon so.

Then he was quiet for a minute, as if trying to find the words to a question to which he did not really want an answer.

"They ain't never come to see me. How come?"

I remember thinking, fool, why do you think? But I just choked down my words, and in doing so I gave up the only real chance I would ever have to accuse him, to attack him with the facts of his own sorry nature and the price it had cost us all. The opportunity hung perfectly still in the air in front of my face and fists, and I held my temper and let it float on by. I could have no more challenged him, berated him, hurt him, than I could have kicked some three-legged dog. Life had kicked his ass pretty good.

"How come?"

I just shrugged.

For the next few hours—unless I was mistaken, having never had one before—he tried to be my father. Between coughing and long pauses when he fought for air to generate his words, he asked me if I liked school, if I had ever gotten any better at math, the one thing that just flat evaded me. He asked me if I ever got even with the boy who blacked my eye ten years ago, and nodded his head, approvingly, as I described how I followed him into the boys' bathroom and knocked his dick string up to his watch pocket, and would have dunked his head in the urinal if the aging principal, Mr. Hand, had not had to pee and caught me dragging him across the concrete floor.

He asked me about basketball and baseball, said he had heard I had a good game against Cedar Springs, and I said pretty good, but it was two years ago, anyway. He asked if I had a girlfriend and I said. "One," and he said, "Just one?" For the slimmest of seconds he almost grinned and the young, swaggering man peeked through, but disappeared again in the disease that cloaked him. He talked and talked and never said a word, at least not the words I wanted.

He never said he was sorry.

He never said he wished things had turned out different.

He never acted like he did anything wrong.

Part of it, I know, was culture. Men did not talk about their

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feelings in his hard world. I did not expect, even for a second, that he would bare his soul. All I wanted was a simple acknowledgment that he was wrong, or at least too drunk to notice that he left his pretty wife and sons alone again and again, with no food, no money, no way to get any, short of begging, because when she tried to find work he velled, screamed, refused. No, I didn't expect much.

After a while he motioned for me to follow him into a back room where he had my present, and I planned to take it and run. He handed me a long, thin box, and inside was a brand-new, well-oiled Remington .22 rifle. He said he had bought it some time back, just kept forgetting to give it to me. It was a fine gun, and for a moment we were just like anybody else in the culture of that place, where a father's gift of a gun to his son is a rite. He said, with absolute seriousness, not to shoot my brothers.

I thanked him and made to leave, but he stopped me with a hand on my arm and said wait, that ain't all, that he had some other things for me. He motioned to three big cardboard egg cartons stacked against one wall.

Inside was the only treasure I truly have ever known.

I had grown up in a house in which there were only two books, the King James Bible and the spring seed catalog. But here, in these boxes, were dozens of hardback copies of everything from Mark Twain to Sir Arthur Conan Doyle. There was a water-damaged Faulkner, and the nearly complete set of Edgar Rice Burroughs's Tarzan. There was poetry and trash, Zane Grey's Riders of the Purple Sage, and a paperback with two naked women on the cover. There was a tiny, old copy of Arabian Nights, threadbare Hardy Boys, and one Hemingway. He had bought most of them at a yard sale, by the box or pound, and some at a flea market. He did not even know what he was giving me, did not recognize most of the writers. "Your momma said you still liked to read," he said.

There was Shakespeare. My father did not know who he was, exactly, but he had heard the name. He wanted them because they were pretty, because they were wrapped in fake leather, because they looked like rich folks' books. I do not love Shakespeare, but I still have those books. I would not trade them for a gold monkey.

"They's maybe some dirty books in there, by mistake, but I know you ain't interested in them, so just throw 'em away," he said. "Or at

least, throw 'em away before your momma sees 'em." And then I swear to God he winked.

I guess my heart should have broken then, and maybe it did, a little. I guess I should have done something, anything, besides mumble "Thank you, Daddy." I guess that would have been fine, would not have betrayed in some way my mother, my brothers, myself. But I just stood there, trapped somewhere between my long-standing, comfortable hatred, and what might have been forgiveness. I am trapped there still.

Bragg's memoir illustrates all the features that make a memoir good: how the son and father react to each other creates the kind of suspense that keeps us reading; vivid details and rich dialogue bring the scene to life. His later reflections make the significance of that final meeting very clear.

Key Features / Memoirs

A good story. Your memoir should be interesting, to yourself and others. It need not be about a world-shaking event, but your topic—and how you write about it—should interest your readers. At the center of most good stories stands a conflict or question to be resolved. The most compelling memoirs feature some sort of situation or problem that needs resolution. That need for resolution is another name for suspense. It's what makes us want to keep reading.

Vivid details. Details bring a memoir to life by giving readers mental images of the sights, sounds, smells, tastes, and textures of the world in which your story takes place. The goal is to show as well as tell, to take readers there. When Bragg describes a "voice like an old woman's, punctuated with a cough that sounded like it came from deep in the guts," we can hear his dying father ourselves. A memoir is more than simply a report of what happened; it uses vivid details and dialogue to bring the events of the past to life, much as good fiction brings to life events that the writer makes up or embellishes. Depending on your topic and medium, you may want to provide some of the details in audio or visual form.

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Clear significance. Memories of the past are filtered through our view from the present: we pick out some moments in our lives as significant, some as more important or vivid than others. Over time, our interpretations change, and our memories themselves change.

A good memoir conveys something about the significance of its subject. As a writer, you need to reveal something about what the incident means to you. You don't, however, want to simply announce the significance as if you're tacking on the moral of the story. Bragg tells us that he's "trapped between [his] long-standing, comfortable hatred, and what might have been forgiveness," but he doesn't come right out and say that's why the incident is so important to him.

A BRIEF GUIDE TO WRITING MEMOIRS

Choosing an Event to Write About

LIST several events or incidents from your past that you consider significant in some way. They do not have to be earthshaking; indeed, they may involve a quiet moment that only you see as important—a brief encounter with a remarkable person, a visit to a special place, a memorable achievement (or failure), something that makes you laugh whenever you think about it. Writing about events that happened at least a few years ago is often easier than writing about recent events because you can more easily step back and see those events with a clear perspective. To choose the event that you will write about, consider how well you can recall what happened, how interesting it will be to readers, and whether you want to share it with an audience.

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Considering the Rhetorical Situation



What is the importance of the memory you are trying to convey? How will this story help you understand yourself and your readers understand you, as you were then and as you are now?

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Who are your readers? Why will they care about your memoir? What do you want them to think of you after reading it? How can you help them understand your experience?

What impression do you want to give, and how can your words contribute to that impression? What tone do you want to project? Sincere? Serious? Humorous? Detached? Self-critical?

Will your memoir be a print document? A speech? Will it be posted on a website? Can you include photographs, audio or video clips, or other visual texts?

Generating Ideas and Text

Think about what happened. Take a few minutes to write out an account of the incident: happened, where it took place, who else was involved, what was said, how you feel about it, and so on. Can you identify any tension or conflict that will make for a compelling story? If not, you might want to rethink your topic.

Consider its significance. Why do you still remember this event? What effect has it had on your life? What makes you want to tell someone else about it? Does it say anything about you? What about it might interest someone else? If you have trouble answering these questions, you should probably find another topic. But in general, once you have defined the significance of the incident, you can be sure you have a story to tell—and a reason for telling it.

Think about the details. The best memoirs connect with readers by giving them a sense of what it was like to be there, leading them to experience in words and images what the writer experienced in life. Spend some time the incident, writing what you see, hear, smell, touch, and

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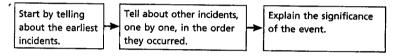
taste when you envision it. Do you have any photos or memorabilia or other visual materials you might include in your memoir? Try writing out placeur, things that were said (or, if you can't recall exactly, things that might have been said). Look at what you come up with—is there detail enough to bring the scene to life? Anything that might be called vivid? If you don't have enough detail, you might reconsider whether you recall enough about the incident to write about it. If you have trouble coming up with plenty of detail, try reference, listing, or looping.

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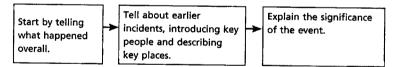
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Ways of Organizing Memoirs

[Tell about the event from beginning to end]



[Start at the end and tell how the event came about]



Taking Stock of Your Work

Take stock of what you've written by writing out answers to these questions:

- How well do you think you told the story?
- How did you go about coming up with ideas and generating text?
- How did you go about drafting your narrative?

- Did you use photographs or any other visual or audio elements? What did they add? Can you think of such elements you might have used?
- How did others' responses influence your writing?
- What did you do especially well? What could be improved? What would you do differently next time?

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IF YOU NEED MORE HELP

See Chapter 30 for guidelines on CHARTING, Chapter 31 on ASSESSING TOTAL CHARTING, Chapter 32 on Chapter 32 on Chapter 33 on EDITING AND PROPERTY SEEDING. See Chapter 34 if you are required to submit your memoir in a writing EDITION.