

EAST LAND BUFFET

CHINESE RESTAURANT

2599 . S HAMILTON RD. COLUMBUS OH 43232

TEL: (614) 868-8505 • FAX: (614) 868-8529

OPEN HOURS:

Mon. - Thurs.: 11:00 am - 10:30 pm Fri. & Sat.: 11:00 am - 11:00 pm Sunday: 11:00 am - 10:00 pm



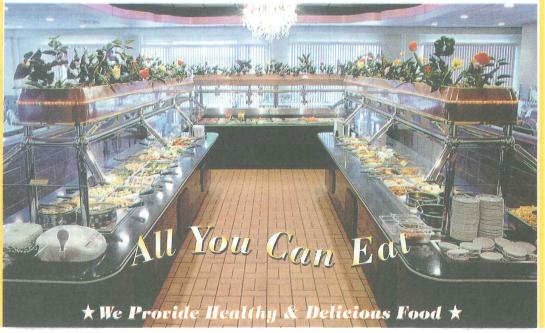




Buffel All You Can Rail

liems Indude: Snow Gub Legs, Mussels, Shrimp, Pork, Beef, Chiden, Boneless Spare Ribs, Dumplings, Soup, Appelizers, Jupanese Sushi, Hubaddi, Pizza

and Complete Salad Bar, Fresh Fruit, Ice Cream & Much More...



* LUN

LUNCH BUFFET *

Adult \$7.15

Mon - Saturday.: 11:00 am - 4:00 pm

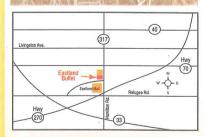
Kids Under 2 Years Old Free Kids Under 9 Years Old \$3,70

★ DINNER BUFFET ★

Adult \$10.15

Mon - Thurs.: 4:00 pm - 10:30 pm Fri & Sat.: 4:00 pm - 11:00 pm Sunday.: 11:00 am - 10:00 pm

Kids Under 2 Years Old Free Kids Under 9 Years Old \$5,40



★ DINNER TO GO ★

\$4.39 / Lb.

WITHOUT SEAFOOD

MIXED SEAFOOD

\$5.49 / Lb.

CRAB LEG AND SEAFOOD

\$9.99 / Lb.

漢藝ED刷 SINO GRAPHIC INC. 212.374,1848 #E264 1/13

★ LUNCH SPECIAL ★
All Served w. Steamed or Fried Rice & Choice of Wonton, Egg Drop or Hot & Sour Soup
L 1. Roast Pork w. Broccoli5.00
L 2. Roast Pork or Vegetables Lo Mein5.00
L 3. Wor Shu Gai5.00
L 4. Chicken Chow Mein5.00
L 5. Chicken w. Broccoli5.45
L 6. Chicken Lo Mein5.00
L 7. Chicken w. Garlic Sauce5.45
L 8. Moo Goo Gai Pan5.45
L 9. Chicken w. Cashew Nuts5.00
L10. Hunan Chicken5.45
L11. General Tso's Chicken5.45
L12. Pepper Steak w. Onions5.45
L13. Beef w. Broccoli5.45
L14. Beef Chow Mein or Chop Suey 5.00
L15. Shrimp w. Lobster Sauce5.75
L16. Shrimp w. Cashew Nuts5.75
L17. Mot & Spicy Shrimp
or Hunan Shrimp5.75
L18. Seafood Double Delight5.75
L19. Shrimp Chow Mein or Chop Suey5.75
L20. Shrimp or Beef Lo Mein5.75
L21. Sweet & Sour Pork or Chicken 5.45
L22. Hot & Spicy Beef or Chicken5.45

D	INNER VALUE MEALS
	inner Combo comes w. Egg Roll & Steamed or Fried Rice Please Mention "Value Meals" When Ordering
A 1.	Sweet & Sour Chicken
	or Pork7.00
A 2.	General Tso's Chicken7.45
A 3.	Szechuan Chicken or Pork7.00
A 4.	Sesame Chicken7.45
A 5.	Chicken w. Broccoli7.00
A 6.	Chicken Chow Mein7.45
A 7.	Beef w. Vegetables7.75
A 8.	Pepper Steak7.75
A 9.	Roast Pork w. Broccoli7.45
A10.	Beef w. Broccoli7.75
A11.	Fried Chicken Wings6.75
A12.	Shrimp w. Broccoli7.75
A13.	Seafood Double Delight7.75

THOT & SPICY

	APPETIZERS
1. 2. 3. 4. 5. 6. 7. 8. 9.	Egg Roll 1.00 Spring Roll 1.00 Fried Bread (10) 2.50 Fried Wonton (6) 1.50 Crabmeat Wraps (8) 4.25 Fried Wings (6) 3.50 Chicken Teriyaki (4) 3.95 Fried or Steamed Dumplings(8) 4.25 Fried Shrimp (21) 3.75 Pu Pu Platter 6.95
	SOUP Pt. Qt.
11. 12. 13. 14. 15. 16. 17.	Vegetable Soup 1.25 2.25 Egg Drop Soup 1.25 2.25 Wonton Soup 1.50 2.95 Hot & Sour Soup 1.50 2.95 Chicken Noodle Soup 1.50 2.95 Chicken Corn Soup (for 2) 3.50 Seafood Soup (for 2) 5.95 House Special Soup (for 2) 5.95 Beef, chicken & shrimp w. carrots, snow peas, broccoli, napa & baby com. 5.95
	DIET DISHES Mid. Lg.
	w. House Special Sauce on the Side
19. 20.	Steamed Broccoli
21.	Delight4.25 5.95 Steamed Vegetable
22.	w. Chicken
	w. Shrimp 6.95 8.50
	VEGETABLES Mid. Lg.
23.	Vegetable Delight4.25 6.25
24.	Mushroom w. Oyster Sauce
25.^>	Broccoli w.
00.01	Garlic Sauce
26. [^]	Garlic Bean Curd
21.	String Beans
28.	Family Style Bean Curd
29.	Mu Shu Vegetable (5 Pancakes)
	FRIED RICE Sm. Lg.
30.	Vegetable Fried Rice 3.45 5.25
31.	Pork/Chicken Fried Rice 4.25 6.95
32.	Shrimp/Beef Fried Rice 4.75 7.95
33.	Young Chow Fried Rice 4.95 8.45
34.	House Special Fried Rice 4.95 8.45
35.	Seafood Fried Rice 6.25 9.95

	EGG FOO YOUNG (3 Pcs.) Pc	ortion		
36.	Vegetable Egg Foo Young	6.25	65.	Sweet &
37.	Roast Pork Egg Foo Young		66.	Szechuar
38.	Chicken Egg Foo Young		67.	Roast Po
39.	Shrimp Egg Foo Young		68.	Hunan Po
10.	Beef Egg Foo Young		00.	Pork stir -
				spicy brown
	LO MEIN / MEI FUN		69.~	Double S
w. Spagh	etti/Flat Rice Noodle/Thin Rice Noodle) Min.	Lg.		Pork stir - chestnuts, r
11.	Vegetable (L/M, M/F) 5.45	6.75		criestriuts, i
12.	Chicken or Pork (L/M, M/F) 5.95	7.25		
13.	Crab Meat (L/M, M/F) 6.25	8.25	=0	D ()
14.	Beef or Shrimp (L/M, M/F) 6.25		70.	Beef w. V
45.	House Special (L/M, M/F) 6.45		71.	Szechuai
46.	Seafood (L/M, M/F)7.45		72.	Pepper S
47.~	Singapore Chow Mei Fun 6.75			Tender bee
			70	rot & onion
	POULTRY Mid.	Lg.	73.	Beef w. E
48.	Wor Siu Gai 6.25	100	74.	Hunan Bo Beef stir -
40. 49.	Moo Goo Gai Pan			spicy brow
13.	Delicious Breast of chicken sauteed w. as-	0.70	75.	Garlic Be
	sorted vegetables in white sauce.		13.	Shredded I
50.~	Szechuan Chicken 6.25	8.75		boo shoots
51.	Sweet & Sour Chicken 6.25	8.75		water ches
52.	Lemon Chicken 6.25	8.75	76.	Mongolia
	Breast of chicken dipped in a batter, fried to a golden brown, then sliced & served w.			Shredded i
	fresh lemon sauce.			onion in a r
53.	Chicken w. Broccoli 6.25	8.75	77.	Mu Shu l
54.~	Kung Pao Chicken 6.25			
	Chicken w. peanut, celery, carrots, water			
	chestnuts & bamboo shoots in a spicy kung pao sauce.		78.	Sweet &
55.~	Hunan Chicken 6.25	8 75	79.	Shrimp v
JJ. •	Chicken stir - fried w. mixed vegetables in a	0.70	80.	Shrimp v
	spicy brown hunan sauce.		81.~	Szechua
56.~	Garlic Chicken 6.25	8.75	82.	Hunan S
	Shredded chicken stir - fried w. woodear,		02.	Shrimp stir
	bamboo shoots, carrots, celery, green pepper & water chestnuts in a spicy garlic			spicy brow
	sauce.		83.~	Garlic Sh
57.	Cashew Chicken 6.25	8.75		Shrimp st
58.	Mu Shu Chicken 6.25	8.75		shoots, ca
	Served w. 5 Pancakes.	0.88		ter chestnu
59.~	Curry Chicken	8.75	84.~	Kung Pa
60.~	Mala Chicken	8.95		Shrimp w. p chestnuts 8
	peppers, garlic & onion.			sauce.
61.	Mongolian Chicken 6.50	8.95	85.	Mu Shu
	Shredded chicken stir - fried w. green onion		86.	Cashew
co	& onion , in a mongolian sauce. Sesame Chicken	9.25	87.	Orange S
62.	Lightly breaded chicken stir - fried w. sesa-	3.23	07.	Jumbo shi
	me seeds in a brown sauce & garnished w.			stir - fried
2 21 2	broccoli.	0.05		spicy brow
63.~	Orange Chicken	9.25	88.	General '
	Chunks of chicken, lightly fried in egg bat- ter & stir - fried w. tangerine vegetable en-		89.	Sesame
	hanced by a spicy brown sauce & garnished			Lightly bre
	w. broccoli.		00.00	seeds in a l
CACA	Conoral Toole Chicken 7 25	0.25	an 🦠	CHERN CH

	PURK Mid.	_g.
65.	Sweet & Sour Pork 6.50 8.	75
66.		75
67.		75
68.		75
00.	Hunan Pork	15
	spicy brown hunan sauce.	
69.		75
03.	Pork stir - fried w. cabbage, carrot, water	, 0
	chestnuts, mushroom, green pepper & onion.	
	The second secon	
	BEEF Mid,	Lg.
=0		200
70.	Beef w. Vegetable	
71.~	Szechuan Beef 7.00 8.	
72.	Pepper Steak 7.00 8.	95
	Tender beef stir - fried w. green pepper, car-	
-	rot & onion in a brown sauce.	05
73.	Beef w. Broccoli 7.00 8.	
74.	Hunan Beef 7.00 8.	95
	Beef stir - fried w. assorted vegetables in a	
75 0	spicy brown hunan sauce.	OF.
75.	Garlic Beef	90
	boo shoots, carrots, celery, green pepper &	
	water chestnuts in a spicy garlic sauce.	
76.	Mongolian Beef 8.	95
10.	Shredded beef stir - fried w. green onion &	
	onion in a mongolian sauce.	
77.	Mu Shu Beef (w. Pancakes) 8.	95
		.00
		.00
	SEAFOOD	.00
70	SEAFOOD	
78.	SEAFOOD Sweet & Sour Shrimp9	.50
79.	SEAFOOD Sweet & Sour Shrimp	.50 .50
79. 80.	SEAFOOD Sweet & Sour Shrimp	.50 .50 .50
79. 80. 81.	SEAFOOD Sweet & Sour Shrimp	.50 .50 .50
79. 80.	SEAFOOD Sweet & Sour Shrimp	.50 .50 .50
79. 80. 81.	SEAFOOD Sweet & Sour Shrimp	.50 .50 .50
79. 80. 81.^ 82.^	SEAFOOD Sweet & Sour Shrimp	.50 .50 .50 .50 .50
79. 80. 81.	SEAFOOD Sweet & Sour Shrimp	.50 .50 .50 .50 .50
79. 80. 81.^ 82.^	SEAFOOD Sweet & Sour Shrimp	.50 .50 .50 .50 .50
79. 80. 81.^ 82.^	SEAFOOD Sweet & Sour Shrimp	.50 .50 .50 .50 .50
79. 80. 81. 82.	SEAFOOD Sweet & Sour Shrimp	50 50 50 50 50 50 50
79. 80. 81.^ 82.^	SEAFOOD Sweet & Sour Shrimp	50 50 50 50 50 50 50
79. 80. 81. 82.	SEAFOOD Sweet & Sour Shrimp	50 50 50 50 50 50 50
79. 80. 81. 82.	SEAFOOD Sweet & Sour Shrimp	50 50 50 50 50 50 50
79. 80. 81. 82.	SEAFOOD Sweet & Sour Shrimp	.50 .50 .50 .50 .50
79. 80. 81. 82. 83.	SEAFOOD Sweet & Sour Shrimp	.50 .50 .50 .50 .50
79. 80. 81. 82. 83.	SEAFOOD Sweet & Sour Shrimp	.50 .50 .50 .50 .50 .50
79. 80. 81. 82. 83. 84.	SEAFOOD Sweet & Sour Shrimp	.50 .50 .50 .50 .50 .50
79. 80. 81. 82. 83. 84.	SEAFOOD Sweet & Sour Shrimp	.50 .50 .50 .50 .50 .50
79. 80. 81. 82. 83. 84. 85. 86. 87.	SEAFOOD Sweet & Sour Shrimp	.50 .50 .50 .50 .50 .50
79. 80. 81. 82. 83. 84.	SEAFOOD Sweet & Sour Shrimp	.50 .50 .50 .50 .50 .50 .50 .50
79. 80. 81. 82. 83. 84. 85. 86. 87.	SEAFOOD Sweet & Sour Shrimp	.50 .50 .50 .50 .50 .50 .50 .50
79. 80. 81. 82. 83. 84. 85. 86. 87.	SEAFOOD Sweet & Sour Shrimp	.50 .50 .50 .50 .50 .50 .50 .50
79. 80. 81. 82. 83. 84. 85. 86. 87. 88. 89.	SEAFOOD Sweet & Sour Shrimp	.50 .50 .50 .50 .50 .50 .50 .50 .50 .50
79. 80. 81. 82. 83. 84. 85. 86. 87.	SEAFOOD Sweet & Sour Shrimp	.50 .50 .50 .50 .50 .50 .50 .50 .50 .50
79. 80. 81. 82. 83. 84. 85. 86. 87. 88. 89.	SEAFOOD Sweet & Sour Shrimp	.50 .50 .50 .50 .50 .50 .50 .50 .50 .50

★ C	HEF'S SPECIALTIES *
C 1.	Cashew Double Delight9.95 Shrimp & chicken w. cashew nuts, celery, corset, water chestnuts & bamboo shoots in tasty brown sauce.
C 2.~	Garlic Triple Delight9.95
	Beef, chicken & shrimp stir - fried w. woodear & mixed vegetables in a spicy brown garlic sauce.
C 3.	Phoenix & Dragon
C 4.	Subgum Wonton
C 5.	Happy Family
C 6.	Triple Delight
C 7.	Italian Chicken
C 8.	Four Seasons
C 9.~	Kung Pao Triple Delight10.25
	Beef, chicken & shrimp w. peanuts, celery, carrots, bamboo shoots & water chestnuts in a spicy kung pao sauce.
C10.	Seafood Combination
C11.	Crispy Shrimp
C12.	Mongolian Triple Delight
C13.~	Two Flavored Shrimp
C14.	Triple Delight w. Pan Pried Noodle
18.7	mixed vegetables in tasty brown sauce & served over a crispy pan fried noodle.