



≡ Fitness Kajja



Dashboard



Workouts



Nutrition



Account



Log Out

Detail

Detail



Hello Liza 



STEPS

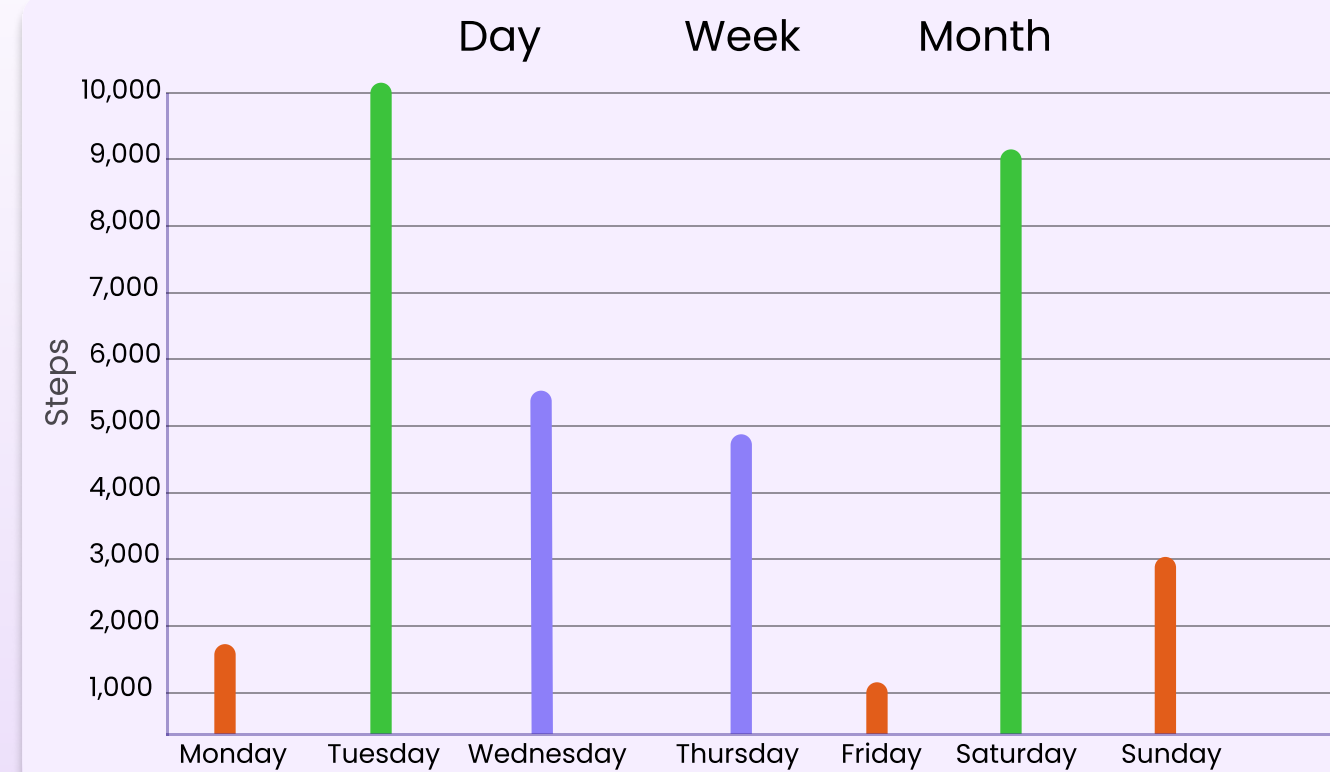
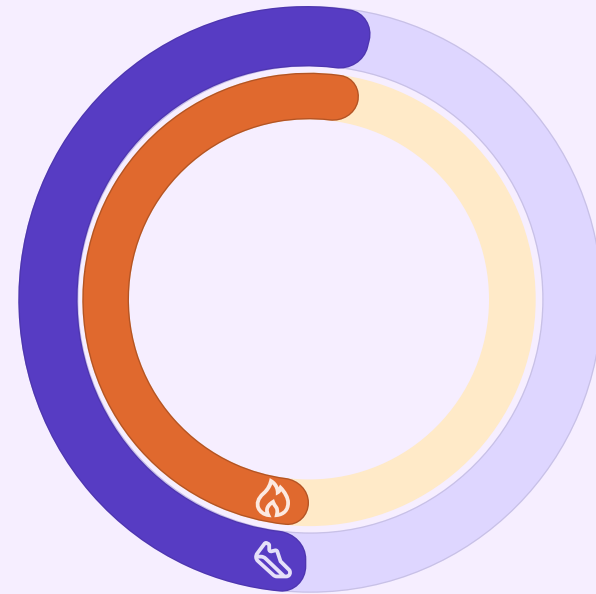
 **3,500 STEPS**

Goal : 7000 STEPS/DAY

Calories Burn

 **300 kcal**

[Detail](#)



Heart Rate

98 bpm

11/26 Heart Ratio

[Detail](#) →



SPO₂

98%

Great Saturate !

[Detail](#) →

Achievement



100,000 Steps



10,000 Steps



Cycle Calendar

Track your period

[Detail](#) →



Sleep

8^h 20^{min}

You have a good sleep 



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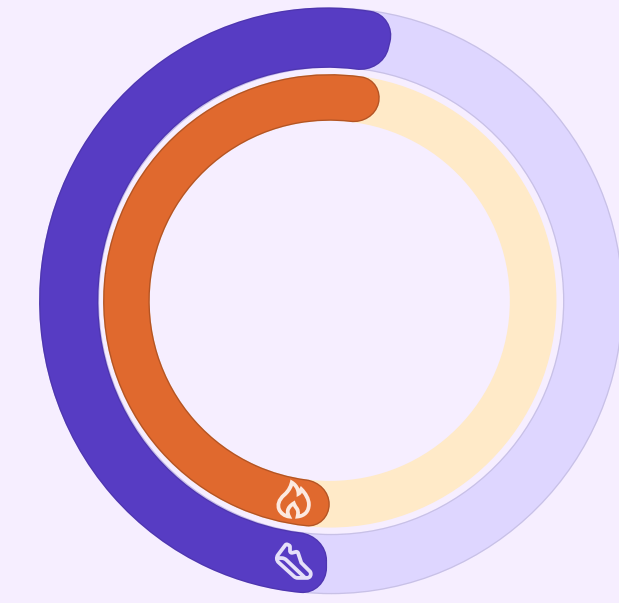


Hello Liza 

STEPS

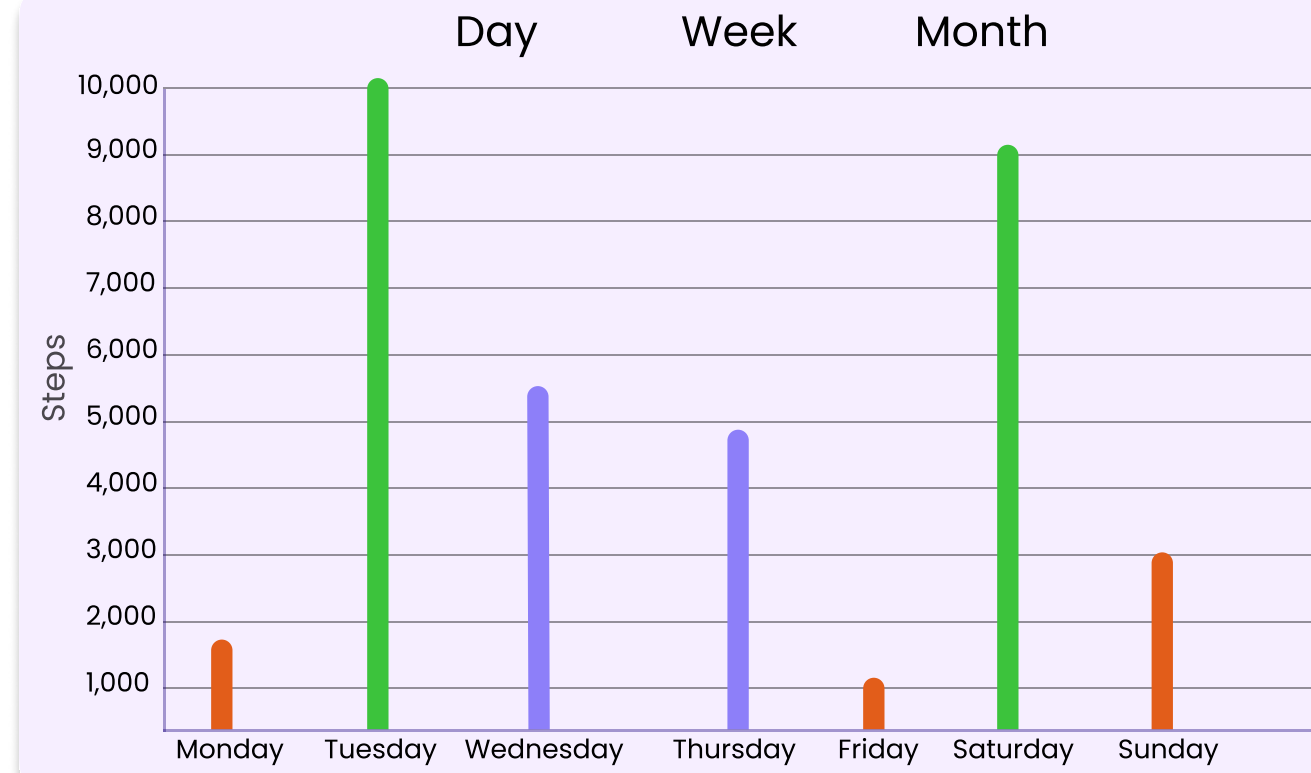
 **3,500 STEPS**

Goal : 7000 STEPS/DAY



Calories Burn
🔥 300 kcal

Detail



Achievement



100,000 Steps



10,000 Steps

Sleep

8 h 20 min

You have a good sleep 🌙


Hello Liza 

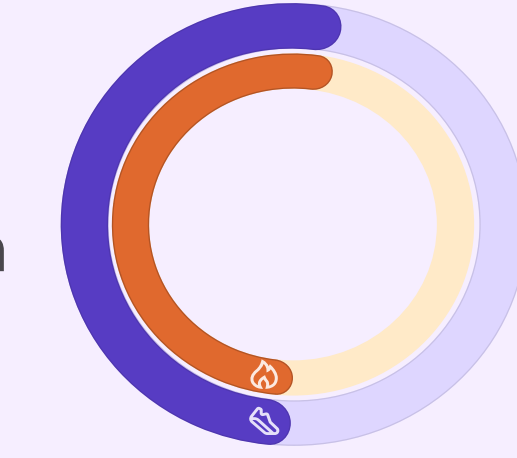
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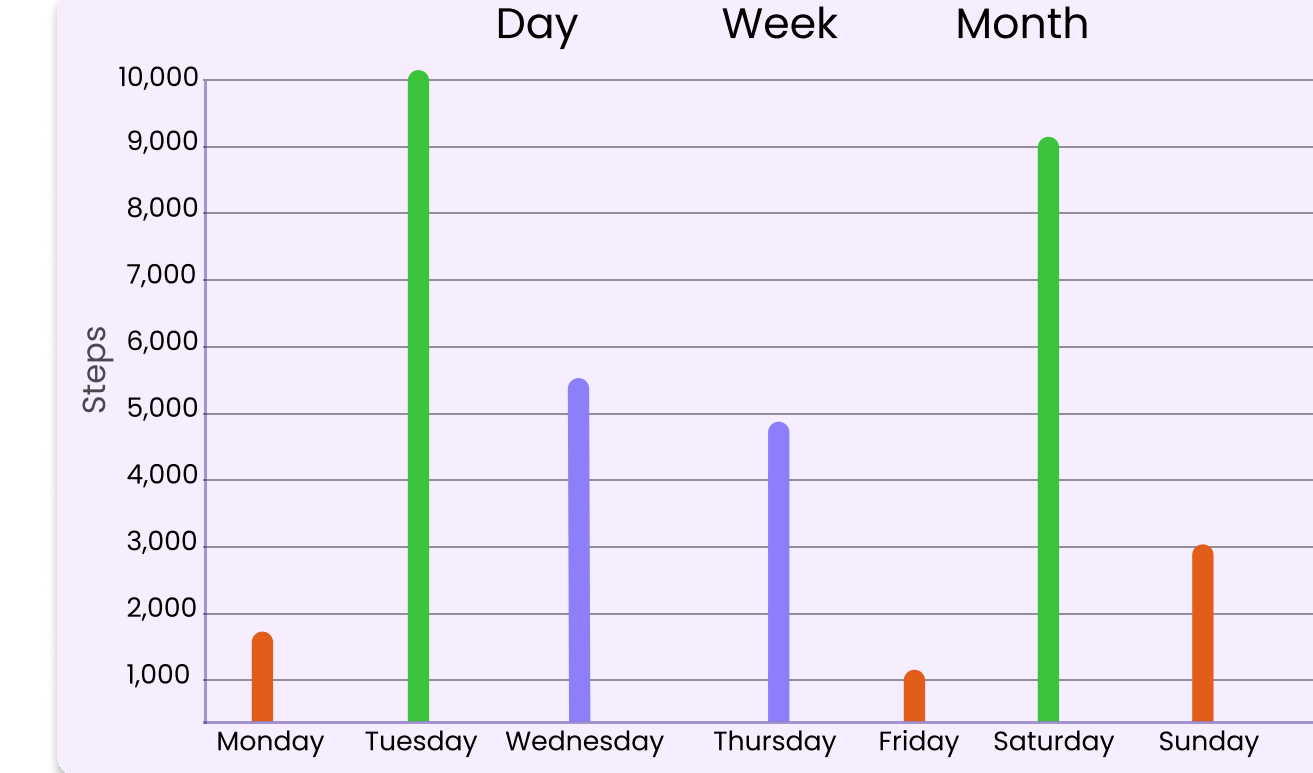
 Log Out

STEPS
 **3,500 STEPS**
 Goal : 7000 STEPS/DAY



Calories Burn
🔥 300 kcal

Detail



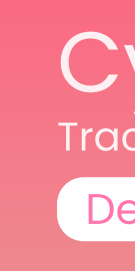
Achievement



100,000 Steps



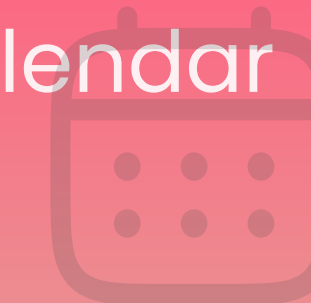
10,000 Steps



Cycle Calendar

Track your period

Detail →



Sleep 8 h 20 min

You have a good sleep 🌙

Detail →

Detail →

Detail →

Detail →

Day

Week

Month

Day

Week

Month

Day

Week

Month

Day

Week

Month

Day

Week

Month

Day

Week

Month

Day

Week

Month



Sleep

8_h 20_{min}

You have a good sleep



Detail →

Detail →