

# PATH COUPLING FOR RAPID MIXING OF MARKOV CHAINS

ZHIDAN LI

## 1. PATH COUPLING

For a Markov chain  $\mathcal{M}$ , in the classical coupling method, given a metric  $d$  on a state space  $\Omega$ , if a coupling decreases the distance between every pair of configurations in  $\Omega$ , then the mixing time of  $\mathcal{M}$  can be bounded. The following concepts formalize this argument.

**Definition 1.1** (Contraction). Given a metric  $d$  on a state space  $\Omega$  and a Markov chain  $\mathcal{M}$  on  $\Omega$  with stationary distribution  $\mu$ , we say that a coupling  $(X, Y) \rightarrow (X', Y')$  satisfies  $\gamma$ -contraction for some factor  $\gamma$  if for every initial configurations  $(X, Y) \in \Omega \times \Omega$ ,

$$\mathbf{E} [d(X', Y') \mid X, Y] \leq \gamma d(X, Y).$$

**Theorem 1.2** (Coupling theorem). *For some factor  $\gamma \in [0, 1]$ , if there exists a coupling satisfying  $\gamma$ -contraction, then*

$$\tau_{\text{mix}}(\mathcal{M}) \leq O\left(\frac{1}{1-\gamma} \log d_{\text{max}}\right)$$

where  $d_{\text{max}}$  is the diameter of the metric  $d$ .

However, defining distances and couplings between all configurations in  $\Omega$  is hard. The path coupling theorem allows us to determine distances and coupling between some pairs of configurations, and the whole metric and coupling can be naturally extended.

**Definition 1.3** (Pre-metric). A *pre-metric* on  $\Omega$  is a pair  $(\Gamma, \omega)$  where  $\Gamma$  is a connected, undirected graph on  $\Omega$  and  $\omega$  is a positive real-valued function assigning values to edges  $(X, Y)$  in  $\Gamma$  satisfying that for every edge  $(X, Y)$ ,  $\omega(X, Y)$  is the minimum among all paths between  $X$  and  $Y$ . We refer to these adjacent vertices as *neighboring pairs*.

Note that from this pre-metric, we can naturally construct a metric  $d$  on  $\Omega$  using the shortest paths.

**Theorem 1.4** (Path coupling theorem). *Let  $(\Gamma, \omega)$  be the pre-metric in  $\Omega$  and  $d$  be the induced metric. If a coupling defined on the edges in  $\Gamma$  satisfies  $\gamma$ -contraction for some  $\gamma \in [0, 1]$ , then there exists a coupling on  $\Omega$  satisfying  $\gamma$ -contraction. Therefore,*

$$\tau_{\text{mix}}(\mathcal{M}) \leq O\left(\frac{1}{1-\gamma} \log d_{\text{max}}\right)$$

where  $d_{\text{max}}$  is the diameter of the metric  $d$ .

## 2. APPLICATION: VIGODA'S ALGORITHM FOR PROPER COLORINGS

We show the application of Theorem 1.4 to sampling proper colorings by Vigoda [Vig00]. Given a graph  $G = (V, E)$  and an integer  $q \geq 2$ , let  $\Omega$  be all (not necessarily proper)  $q$ -colorings on  $G$ .

Before we introduce the Markov chain applied, there are some related concepts. Given a coloring  $X \in \Omega$ , we say a path  $v = v_0, v_1, \dots, v_t = w$  is an *alternating path* between  $v$  and  $w$  using  $c$  and  $X(v)$  if  $(v_i, v_{i+1}) \in E$ ,  $\sigma(v_i) \in \{X(v), c\}$  and  $X(v_i) \neq X(v_{i+1})$ . Then the *Kempe component*  $S_X(v, c)$  is the following cluster of vertices

$$S_X(v, c) := \{w \in V \mid \text{there exists an alternating path between } v \text{ and } w \text{ using colors } \sigma \text{ and } c\}.$$

For convenience, we redefine  $S_X(v, X(v)) = \emptyset$ . For every vertex  $w \in S_X(v, c)$ , it holds that  $S_X(v, c) = S_X(w, c)$  if  $X(v) = X(w)$  and  $S_X(v, c) = S_X(w, X(v))$  otherwise. This means that every Kempe component  $S$  can be relabelled in  $|S|$  ways. Let  $\mathcal{S}_X$  be the set of all Kempe components induced by  $X$ .

Now we introduce the *flip dynamics*  $\mathcal{M}_{\text{FD}}$  to sample proper colorings. Given a sequence of weights  $\{p_i\}_{i \geq 0}$  satisfying  $p_1 = 1$ , at a proper coloring  $X$ , we run transition in the following way:

- Choose  $v \in V$  and  $c \in [q]$  uniformly at random.
- Let  $\alpha = |S_X(v, c)|$ . With probability  $p = \frac{p_\alpha}{\alpha}$ , we flip cluster  $S_X(v, c)$  by interchanging colors  $c$  and  $X(v)$  in the cluster.

Note that for a cluster  $S$ , there are  $|S|$  different pairs of  $(v, c)$  to choose  $S$ . So the probability of flipping  $S$  is exactly  $p_{|S|}$ . Then we have the following equivalent way to describe  $\mathcal{M}_{\text{FD}}$ .

- Choose a Kempe component  $S \in \mathcal{S}_X$  with probability  $1/nq$ .
- Let  $\alpha = |S|$  and with probability  $p_\alpha$  flip  $S$ .

It is not hard to verify that  $\mathcal{M}_{\text{FD}}$  is irreducible and aperiodic. It is not hard to verify that  $\mathcal{M}$  is stationary with respect to the uniform distribution of proper  $q$ -colorings on  $G$ .

**2.1. Coupling of the flip dynamics.** To apply Theorem 1.4, we construct a coupling for every  $(X, Y) \in \Omega \times \Omega$  such that  $X$  and  $Y$  differ at exactly one vertex  $v \in V$ . We consider when clusters  $S_X(w, c), S_Y(w, c)$  might be different in the sense that  $S_X(w, c) \neq S_Y(w, c)$  or  $S_X(w, c) = S_Y(w, c)$  but there is a vertex  $y$  in this with  $X(y) \neq Y(y)$ .

Let  $\mathcal{D} = \mathcal{D}(X, Y)$  be the collection of clusters that are different in  $X, Y$ . Note that these clusters must involve  $v$ . Then we know that

$$\mathcal{D} := \{S_X(v, c) : c \in [q]\} \cup \{S_Y(v, c) : c \in [q]\} \cup \{S_X(w, Y(v)), S_Y(w, X(v)) : w \in N_G(v)\}.$$

For every Kempe component  $S \notin \mathcal{D}$ , we use the identity coupling for its move and this does not change the distance. So we only consider  $\mathcal{D}$ .

We decompose  $\mathcal{D}$  in sets  $\cup_{c \in [q]} \mathcal{D}_c$  where  $\mathcal{D}_c$  is the set of Kempe components consisting of  $S_X(v, c), S_Y(v, c)$  and  $S_X(w, Y(v)), S_Y(w, X(v))$  for all  $w \in N_G(v)$  satisfying  $X(w) = Y(w) = c$ .

We use the Hamming distance denoted by  $H(\cdot, \cdot)$  as the metric  $d$ . For any  $X \in \Omega$  and  $S \in \mathcal{D}$ , let  $X_{\oplus S}$  be the coloring obtained from  $X$  after flipping  $S$ . Then we know that

$$\begin{aligned} \mathbf{E}[\Delta H \mid X, Y] &= \mathbf{E}[\Delta H \mid X, Y, S \notin \mathcal{D}] \mathbf{Pr}[S \notin \mathcal{D} \mid X, Y] + \sum_{c \in [q]} \mathbf{E}[\Delta H \mid X, Y, S \in \mathcal{D}_c] \mathbf{Pr}[S \in \mathcal{D}_c \mid X, Y] \\ &= \frac{1}{nq} \sum_{c \in [q]} \sum_{S \in \mathcal{D}_c} \mathbf{E}[H(X_{\oplus S}, Y_{\oplus S}) - H(X, Y) \mid X, Y]. \end{aligned}$$

Let  $U_c$  be the set of neighbors of  $v$  that are colored  $c$ . Let  $\delta_c = |U_c|$ . We denote  $U_c = \{u_1^c, \dots, u_{\delta_c}^c\}$  or simply  $\{u_1, \dots, u_{\delta_c}\}$  when  $c$  is clear. Then

$$\mathcal{D}_c = \{S_X(v, c), S_Y(v, c)\} \cup \left( \bigcup_{w \in U_c} \{S_X(w, Y(v)), S_Y(w, X(v))\} \right).$$

We mark that sets in  $\mathcal{D}_c$  are disjoint except possibly  $\mathcal{D}_{X(v)}$  and  $\mathcal{D}_{Y(v)}$ . If  $c \notin \{X(v), Y(v)\}$ , we obtain that

$$S_X(v, c) = \left( \bigcup_{i=1}^{\delta_c} S_Y(u_i^c, X(v)) \right) \cup \{v\}, \quad S_Y(v, c) = \left( \bigcup_{i=1}^{\delta_c} S_X(u_i^c, Y(v)) \right) \cup \{v\}.$$

For  $c = X(v)$ , we have  $S_X(v, c) = S_Y(u, X(v)) = \emptyset$  for all  $u \in U_c$ . Similarly for  $c = Y(v)$ ,  $S_Y(v, c) = S_X(u, Y(v)) = \emptyset$  for all  $u \in U_c$ .

The following observation will simplify some cases in our analysis. Note that  $v$  can have some neighbors  $u'_1, \dots, u'_m \in N_G(v)$  colored  $c$  belonging to the same Kempe component  $S_Y(u'_1, X(v)) = \dots = S_Y(u'_m, X(v))$ . In order to consider the flip with the right probability, we redefine  $S_Y(u'_i, X(v)) = \emptyset$  for  $1 < i \leq m$ . Do the same modifications for  $S_X(u'_i, Y(v))$ .

For each  $c \in [q]$  such that  $\delta_c > 0$ , define  $A_c := |S_X(v, c)|$ ,  $B_c := |S_Y(v, c)|$ ,  $a_i^c := |S_Y(u_i, X(v))|$  and  $b_i^c := |S_X(u_i, Y(v))|$ . We define the vectors  $\mathbf{a}^c := (a_i^c : i \in [\delta_c])$  and  $\mathbf{b}^c := (b_i^c : i \in [\delta_c])$ . We say that  $(X, Y)$  has configuration  $(A_c, B_c; \mathbf{a}^c, \mathbf{b}^c)$ . We also define  $a_{\max}^c := \max_i a_i^c$  and  $i_{\max}^c$  as a maximizing argument. Similarly

define  $b_{\max}^c := \max_j b_j^c$  and  $j_{\max}^c$  as a maximizing argument. When it is clear from the context, we drop the script  $c$ . Note that the following inequality holds:

$$A \leq 1 + \sum_i a_i, \quad B \leq 1 + \sum_j b_j$$

with equality if  $c \notin \{X(v), Y(v)\}$ .

The idea of coupling consists of the following rules. Flips of clusters in  $\mathcal{D}_c$  for  $X$  will be coupled with clusters in  $\mathcal{D}_c$  for  $Y$ . We couple  $S_X(v, c)$  and  $S_Y(v, c)$  with the biggest size of others, and try to couple the remaining weights as much as possible.

- Flip  $S_X(v, c)$  and  $S_Y(u_{i_{\max}}, X(v))$  together with probability  $p_A$ .
- Flip  $S_Y(v, c)$  and  $S_X(u_{j_{\max}}, Y(v))$  together with probability  $p_B$ .
- For all  $i \in [\delta_c]$ , let  $q_i = p_{a_i} - p_A \cdot \mathbb{1}[i_{\max} = i]$  and  $q'_i = p_{b_j} - p_B \cdot \mathbb{1}[j_{\max} = j]$ .
  - (1) Flip  $S_Y(u_i, X(v))$  and  $S_X(u_i, Y(v))$  together with probability  $\min(q_i, q'_i)$ .
  - (2) Flip  $S_Y(u_i, X(v))$  with probability  $q_i - \min(q_i, q'_i)$ .
  - (3) Flip  $S_X(u_i, Y(v))$  with probability  $q'_i - \min(q_i, q'_i)$ .

Given a configuration  $(A, B; \mathbf{a}, \mathbf{b})$ , define  $H(A, B; \mathbf{a}, \mathbf{b}) := (A - a_{\max} - 1)p_A + (B - b_{\max} - 1)p_B + \sum_i (a_i \cdot q_i + b_i \cdot q'_i - \min\{q_i, q'_i\})$ .

**Proposition 2.1.** *The following bound holds*

$$\mathbf{E}[\Delta H \mid X, Y] \leq \frac{1}{nq} \left( -|\{c : \delta_c = 0\}| + \sum_{c : \delta_c > 0} H(A_c, B_c; \mathbf{a}^c, \mathbf{b}^c) \right).$$

**2.2. Linear programming and choice of flip weights.** In order to obtain the rapid mixing of Markov chains, we need to choose proper weights  $\{p_\alpha\}_{\alpha \in \mathbb{N}}$ .

The variation depends solely on the configurations.

**Definition 2.2.** A configuration  $(A, B; \mathbf{a}, \mathbf{b})$  is *realizable* if there exists a graph  $G$ , a neighboring coloring pair  $(X, Y)$  defined in  $G$  and a color  $c \in [q]$  such that  $(A, B; \mathbf{a}, \mathbf{b}) = (A_c, B_c; \mathbf{a}^c, \mathbf{b}^c)$ .

We mark here that a configuration  $(A, B; \mathbf{a}, \mathbf{b})$  is realizable if and only if

$$A \leq 1 + \sum_i a_i, \quad B \leq 1 + \sum_j b_j.$$

We call  $\delta_c$  the size of the configuration.

Note that if there exists  $\lambda > 0$  such that  $H(A, B; \mathbf{a}, \mathbf{b}) \leq -1 + \lambda m$  for all realizable configurations  $(A, B; \mathbf{a}, \mathbf{b})$  where  $m$  is the size of the configuration, then we know that the coupling is contractive for  $q > \lambda \Delta$ .

Then our goal is to solve the following linear programming.

$$(1) \quad \begin{aligned} & \min_{\lambda, \{p_\alpha\}_{\alpha \in \mathbb{N}}} \lambda \\ & \text{subject to} \quad H(A, B; \mathbf{a}, \mathbf{b}) \leq -1 + \lambda m \quad \forall m \in \mathbb{N} \text{ and all realizable } (A, B; \mathbf{a}, \mathbf{b}) \text{ of size } m, \\ & \quad p_0 = 0 \leq p_i \leq p_{i-1} \leq p_1 = 1 \quad \forall i \geq 2. \end{aligned}$$

However, this linear program is hard to solve since there are infinitely many variables and constraints. To solve this problem, Vigoda restricts that for every  $\alpha \geq 7$ ,  $p_\alpha = 0$ .

The following bounds make the linear program easy to solve.

**Lemma 2.3.**  $H(A, B; \mathbf{a}, \mathbf{b}) \leq (A - 2a_{\max})p_A + (B - 2b_{\max})p_B + \sum_i (p_{a_i}a_i + p_{b_i}b_i - \min\{p_{a_i}, p_{b_i}\})$ .

**Lemma 2.4.** *Consider for all  $i$  the additional constraints  $ip_i \leq 1$ ,  $(i-1)p_i \leq \frac{1}{3}$  and  $(i-2)p_i \leq 2/9$ . Let  $(A, B; \mathbf{a}, \mathbf{b})$  be a realizable configuration of size  $\geq 3$ . Then if  $\{p_\alpha\}$  satisfy the additional constraints, then for  $\lambda \geq \frac{49}{27}$ ,*

$$H(A, B; \mathbf{a}, \mathbf{b}) \leq -1 + \lambda m.$$

Then we can solve the linear program  $\lambda^* = 11/6$  and a feasible solution is

$$p_1 = 1, p_2 = \frac{13}{42}, p_3 = \frac{1}{6}, p_4 = \frac{2}{21}, p_5 = \frac{1}{21}, p_6 = \frac{1}{84}.$$

## REFERENCES

- [Vig00] Eric Vigoda. Improved bounds for sampling colorings. *Journal of Mathematical Physics*, 41(3):1555–1569, March 2000. [1](#)