Localization Schemes

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1 Localization Schemes and Markov Chains

Now we introduce another framework to show the local-to-global theorem. This framework, named the *localization* schemes, is highly related to the recent breakthrough of the famous Kannan-Lovász-Simonovits Conjecture, and deeply studied in Chen and Eldan [CE22] to analyze the mixing time of the Markov chains.

We fix a state space Ω equipped with a σ -algebra Σ . Usually we assume that $\Sigma = 2^{\Omega}$ when Ω is finite and $\Sigma = \text{Borel}(\Omega)$ when Ω is a continuous space, and then we omit Σ . Let $\mathcal{M}(\Omega)$ be the space of all probability measures on Ω .

Definition 1.1 (Localization Process). A *localization process* $(\mu_t)_{t\geq 0}$ on the state space Ω is a stochastic process satisfying

- (P1) Almost surely μ_t is a probability measure on Ω for all $t \geq 0$.
- (P2) For every measurable $A \subseteq \Omega$, the process $(\mu_t(A))_{t\geq 0}$ is a martingale.
- (P3) For every measurable $A \subseteq \Omega$, the process $(\mu_t(A))_{t\geq 0}$ almost surely converges to either 0 or 1 as $t \to \infty$.

For convenience, we use Θ_t to denote the distribution of μ_t for every $t \geq 0$.

Definition 1.2 (Localization Scheme). A *localization scheme* \mathcal{L} on Ω is a mapping assigning to each probability measure $\mu \in \mathcal{M}(\Omega)$ a localization process $(\mu_t)_{t\geq 0}$ with $\mu_0 = \mu$. In this case, we say $(\mu_t)_t$ is the localization process associated with μ via the localization scheme \mathcal{L} .

1.1 Markov dynamics associated with the localization process

In this part we associate a localization process $(\mu_t)_{t\geq 0} = \mathcal{L}(\mu)$ with a Markov dynamics reversible with respect to the distribution $\mu \in \mathcal{M}(\Omega)$.

Definition 1.3 (Markov Chains Associated with Localization Processes). Let $(\mu_t)_{t\geq 0}$ be a localization process on Ω associated with μ via a localization scheme \mathcal{L} and $\tau > 0$ be a stopping time. The Markov dynamics $P = P^{(\mathcal{L},\tau)}$ associated with $(\mu_t)_{t\geq 0}$ and τ is defined as

$$P(x,A) = \mathbf{E}_{\Theta_t} \left[\frac{\mu_{\tau}(x)\mu_{\tau}(A)}{\mu(x)} \right], \quad \forall x \in \Omega, A \in \Sigma.$$

Remark 1.4. An optional way to view Definition 1.3 is, let X, Y be two random variables taking values in $\Omega \times \Omega$ satisfying

$$\Pr[X \in A, Y \in B] = \mathbb{E}[\mu_{\tau}(A)\mu_{\tau}(B)], \quad \forall A, B \in \Sigma.$$

Then we define the kernel as

$$P(x, A) = \Pr[Y \in A \mid X = x].$$

Fact 1.5. Let $P = P^{(\mathcal{L}, \tau)}$ be the transition kernel defined as Definition 1.3. Then P is reversible with respect to μ .

Proof. For every $x \in \Omega$, it almost surely holds that

$$P(x,\Omega) = \mathbf{E}_{\Theta_t} \left[\frac{\mu_\tau(x)\mu_\tau(\Omega)}{\mu(x)} \right] = \mathbf{E}_{\Theta_t} \left[\frac{\mu_\tau(x)}{\mu(x)} \right] = 1.$$

Then we know $P(x, \cdot)$ is a probability measure on Ω almost surely. Also for every $A, B \in \Sigma$, it holds that

$$\begin{split} \int_{x \in A} P(x, B) \ \mathrm{d}\mu(x) &= \int_{x \in A} \mathbf{E} \left[\frac{\mathrm{d}\mu_{\tau}(x)}{\mathrm{d}\mu(x)} \mu_{\tau}(B) \right] \ \mathrm{d}\mu(x) \\ &= \mathbf{E} \left[\int_{x \in \Omega} \mu_{\tau}(B) \ \mathrm{d}\mu_{\tau}(x) \right] \\ &= \mathbf{E} \left[\mu_{\tau}(A) \mu_{\tau}(B) \right] \\ &= \int_{u \in B} P(y, A) \ \mathrm{d}\mu(y). \end{split}$$

Therefore we know P is reversible with respect to μ .

1.2 Functional inequalities

Recall the Dirichlet form of a random walk *P* with stationary distribution μ : for two functions $f, g: \Omega \to \mathbb{R}$,

$$\mathcal{E}_P(f,g) := \int_{x \in \Omega} f(x)(I - P)g(x) \, \mathrm{d}\mu(x)$$

and the spectral gap and modified log-Sobolev inequality constant of P:

$$\operatorname{Gap}(P) := \inf_{f: \Omega \to \mathbb{R}} \frac{\mathcal{E}_P(f, f)}{\operatorname{Var}_{\mu}[f]}, \quad \rho_{\operatorname{LS}}(P) := \inf_{f: \Omega \to \mathbb{R}_{>0}} \frac{\mathcal{E}_P(f, \log f)}{\operatorname{Ent}_{\mu}[f]}.$$

The following identity and the inequality illustrate the connection between the functional inequalities and the variance or entropy of the localization process.

Proposition 1.6. Let $P = P^{(\mathcal{L},\tau)}$ be a transition kernel associated with a localization process $(\mu_t)_{t\geq 0} = \mathcal{L}(\mu)$ and $\tau > 0$. Then it holds that

$$\mathcal{E}_{P}(f,f) = \mathbf{E}_{\Theta_{\tau}} \left[\mathbf{Var}_{\mu_{\tau}} \left[f \right] \right], \quad \mathcal{E}_{P}(f,\log f) \geq \mathbf{E}_{\Theta_{\tau}} \left[\mathbf{Ent}_{\mu_{\tau}} \left[f \right] \right].$$

for every function f supported on Ω when the Dirichlet forms are well-defined.

Proof. We prove them one by one. By calculation,

$$\begin{split} \mathcal{E}_{P}(f,f) &= \int_{x \in \Omega} f(x)(I-P)f(x) \; \mathrm{d}\mu(x) \\ &= \int_{x \in \Omega} \left(f(x)^{2} - f(x)(Pf)(x) \right) \; \mathrm{d}\mu(x) \\ &= \int_{x \in \Omega} f(x)^{2} \; \mathrm{d}\mu(x) - \int_{x \in \Omega} f(x) \left(\int_{y \in \Omega} f(y) \; \mathrm{d}P(x,y) \right) \; \mathrm{d}\mu(x) \\ &= \mathrm{E}_{\mu} \left[f^{2} \right] - \int_{x \in \Omega} \int_{y \in \Omega} f(x)f(y) \mathrm{E}_{\Theta_{\tau}} \left[\frac{\mathrm{d}\mu_{\tau}(x)}{\mathrm{d}\mu(x)} \; \mathrm{d}\mu_{\tau}(y) \right] \; \mathrm{d}\mu(x) \\ &= \mathrm{E}_{\mu} \left[f^{2} \right] - \mathrm{E}_{\Theta_{\tau}} \left[\int_{x \in \Omega} f(x) \left(\int_{y \in \Omega} f(y) \; \mathrm{d}\mu_{\tau}(y) \right) \; \mathrm{d}\mu(x) \right] \\ &= \mathrm{E}_{\Theta_{\tau}} \left[\mathrm{E}_{\mu_{\tau}} \left[f^{2} \right] - \mathrm{E}_{\mu_{\tau}} \left[f \right]^{2} \right] \\ &= \mathrm{E}_{\Theta_{\tau}} \left[\mathrm{Var}_{\mu_{\tau}} \left[f \right] \right] \end{split}$$

where the identity $E_{\mu}[f^2] = E_{\Theta_{\tau}}[E_{\mu_{\tau}}[f^2]]$ holds from the martingality of the process. For the MLSI constant, by calculation, we know

$$\begin{split} \mathcal{E}_{P}(f,\log f) &= \int_{x \in \Omega} f(x) \left((I-P) \log f \right)(x) \; \mathrm{d}\mu(x) \\ &= \int_{x \in \Omega} \left(f(x) \log f(x) - f(x) (P \log f)(x) \right) \; \mathrm{d}\mu(x) \\ &= \int_{x \in \Omega} f(x) \log f(x) \; \mathrm{d}\mu(x) - \int_{x \in \Omega} f(x) \left(\int_{y \in \Omega} \log f(y) \; \mathrm{d}P(x,y) \right) \; \mathrm{d}\mu(x) \\ &= \mathrm{E}_{\mu} \left[f \log f \right] - \int_{x \in \Omega} \int_{y \in \Omega} f(x) \log f(y) \mathrm{E}_{\Theta_{\tau}} \left[\frac{\mathrm{d}\mu_{\tau}(x)}{\mathrm{d}\mu(x)} \; \mathrm{d}\mu_{\tau}(y) \right] \; \mathrm{d}\mu(x) \\ &= \mathrm{E}_{\mu} \left[f \log f \right] - \mathrm{E}_{\Theta_{\tau}} \left[\int_{x \in \Omega} f(x) \left(\int_{y \in \Omega} \log f(y) \; \mathrm{d}\mu_{\tau}(y) \right) \; \mathrm{d}\mu(x) \right] \\ &= \mathrm{E}_{\Theta_{\tau}} \left[\mathrm{E}_{\mu_{\tau}} \left[f \log f \right] - \mathrm{E}_{\mu_{\tau}} \left[f \right] \mathrm{E}_{\mu_{\tau}} \left[\log f \right] \right] \\ &\geq \mathrm{E}_{\Theta_{\tau}} \left[\mathrm{Ent}_{\mu_{\tau}} \left[f \log f \right] - \mathrm{E}_{\mu_{\tau}} \left[f \right] \log \mathrm{E}_{\mu_{\tau}} \left[f \right] \right] \\ &= \mathrm{E}_{\Theta_{\tau}} \left[\mathrm{Ent}_{\mu_{\tau}} \left[f \right] \right] \end{split}$$

where the inequality holds from the Jensen's inequality $\log \mathbb{E}_{\pi}[f] \geq \mathbb{E}_{\pi}[\log f]$ for every distribution π on Ω and every test function $f: \Omega \to \mathbb{R}_{>0}$.

2 Linear-Tilt Localization Processes

Now we introduce a family of localization processes which lies on the core of the analysis of the mixing time. For a distribution π on Ω , we use $\mathbf{b}(\pi)$ to denote the mass center of π , *i.e.*,

$$b(\pi) = \int_{x \in \Omega} x \, \mathrm{d}\pi(x).$$

Definition 2.1 (Linear-Tilt Localization Processes). For a localization process $(\mu_t)_{t\geq 0}$, we say it is a *linear-tilt localization* process if:

• (Discrete version) For all $t \in \mathbb{N}$ and $x \in \Omega$,

$$\mu_{t+1}(x) = \mu_t(x) \left(1 + \langle x - \mathbf{b}(\mu_t), Z_t \rangle \right)$$
 (1)

where Z_t is a random variable with $\mathbf{E}\left[Z_t \mid \mu_t\right] = 0$. Or,

• (Continuous version) For all $t \ge 0$ and $x \in \Omega$,

$$d\mu_t(x) = \mu_t(x) \langle x - \mathbf{b}(\mu_t), Z_t \rangle \tag{2}$$

where Z_t is a random variable with $\mathbf{E}[Z_t \mid \mu_t] = 0$.

For convenience, we say $(Z_t)_{t\geq 0}$ is the driving factor of $(\mu_t)_{t\geq 0}$.

We will focus on the following two kinds of localization schemes: (1) the coordinate-by-coordinate localization schemes; (2) the stochastic localization schemes driven by standard Brownian motion.

2.1 The coordinate-by-coordinate localization schemes

Given a distribution μ over $\Omega \subseteq \mathbb{R}^n$, we construct a discrete-time localization process $(\mu)_{t\geq 0}$ as follows:

- Firstly we pick a permutation k_1, \ldots, k_n of [n] uniformly at random.
- Let $X \sim \mu$. For $t \ge 0$, we set μ_t to be the law of X conditional on X_{k_1}, \ldots, X_{k_i} where $i = \min\{n, \lfloor t \rfloor\}$.

Now we show the observation that the dynamics associated with the coordinate-by-coordinate localization process is the well-known *Glauber dynamics*.

Fact 2.2. Given a coordinate-by-coordinate localization scheme \mathcal{L} over $\Omega \subseteq \mathbb{R}^n$ and an integer $\tau = n-1$, the Markov chain $P = P^{(\mathcal{L},\tau)}$ associated with $(\mu_t)_{t\geq 0} = \mathcal{L}(\mu)$ and τ is the single-site Glauber dynamics denoted by P^{GD} with stationary distribution μ .

Proof. We verify the fact by definition. For every $x \in \Omega$ and $i \in [n]$, define $L_{x,i} := \{z \in \Omega \mid \forall j \in [n] \setminus \{i\}, z_j = x_j\}$. It's not hard to see that it suffices to show the case $||x - y||_0 = 1$.

Assume that x, y only differ at the coordinate $i \in [n]$, i.e., $x_i \neq y_i$ and $x_j = y_j$ for every $j \in [n] \setminus \{i\}$. Then by definition,

$$\begin{split} P(x,y) &= \mathbf{E}_{\Theta_{n-1}} \left[\frac{\mu_{n-1}(x)\mu_{n-1}(y)}{\mu(x)} \right] \\ &= \sum_{j \in [n]} \frac{1}{n} \mathbf{E} \left[\frac{\mu_{n-1}(x)\mu_{n-1}(y)}{\mu(x)} \mid k_n = j \right] \\ &= \frac{1}{n} \mathbf{E} \left[\frac{\mu_{n-1}(x)\mu_{n-1}(y)}{\mu(x)} \mid k_n = i \right] \\ &= \frac{1}{n} \mathbf{Pr} \left[\mathrm{supp}(\mu_{n-1}) = L_{x,i} \right] \mathbf{E} \left[\frac{\mu_{n-1}(x)\mu_{n-1}(y)}{\mu(x)} \mid k_n = i, \mathrm{supp}(\mu_{n-1}) = L_{x,i} \right] \\ &= \frac{1}{n} \frac{\mu(L_{x,i})\mu(x)\mu(y)}{\mu(x)\mu(L_{x,i})^2} \\ &= \frac{1}{n} \frac{\mu(y)}{\mu(L_{x,i})}. \end{split}$$

When $||x - y||_0 \ge 2$, it is easy to see $P(x, y) = P^{GD}(x, y) = 0$. Thus we conclude the statement.

Remark 2.3. When $\tau = n - \ell$, the corresponding Markov kernel associated with the coordinate-by-coordinate localization process and τ is the ℓ -uniform block dynamics $P^{\ell-GD}$.

2.1.1 The coordinate-by-coordinate localization process as a linear-tilt process

In this part we will show the coordinate-by-coordinate localization process $(\mu_t)_{t\geq 0}$ is a linear-tilt localization process. Fix a probability measure μ on $\Omega = \{-1, +1\}^n$. We pick a permutation k_1, \ldots, k_n of [n] uniformly at random. Let U_1, \ldots, U_n be independent random variables uniformly distributed in [-1, +1].

Let $\mu_0 = \mu$. For i = 0, 1, ..., n, we define

$$\mu_{i+1}(x) = \mu_i(x) \left(1 + \langle x - \mathbf{b}(\mu_i), Z_i \rangle \right), \quad \forall x \in \Omega$$

where Z_i is a $\sigma(\mu_0, \dots, \mu_i)$ -measurable random variable defined as

$$Z_{i} := \mathbf{e}_{k_{i+1}} \times \begin{cases} \frac{1}{1 + \mathbf{b}(\mu_{i})_{k_{i+1}}} & \mathbf{b}(\mu_{i})_{k_{i+1}} \ge U_{i+1}, \\ \frac{-1}{1 - \mathbf{b}(\mu_{i})_{k_{i+1}}} & \mathbf{b}(\mu_{i})_{k_{i+1}} \le U_{i+1}, \end{cases}$$

where $(\mathbf{e}_1, \dots, \mathbf{e}_n)$ is the standard basis of \mathbb{R}^n .

It is not hard to see $E[Z_i \mid \mu_i] = 0$, and

$$\begin{split} \mu_{i+1}(\Omega) &= \int_{x \in \Omega} \, \mathrm{d} \mu_{i+1}(x) \\ &= \int_{x \in \Omega} \, (1 + \langle x - \mathbf{b}(\mu_i), Z_i \rangle) \, \, \mathrm{d} \mu_i(x) \\ &= \mu_i(\Omega) + \left\langle \int_{x \in \Omega} (x - \mathbf{b}(\mu_i)) \, \, \mathrm{d} \mu_i(x), Z_i \right\rangle \\ &= \mu_i(\Omega) \end{split}$$

meaning that $\mu_i(\Omega) = 1$ for each $i \in [n]$. To show μ_{i+1} is a pinning of μ_i , firstly note that the marginal distribution of the coordinate k_{i+1} is

$$\Pr_{X \sim \mu_t} \left[X_{k_{i+1}} = 1 \right] = \frac{1 + \mathbf{b}(\mu_i)_{k_{i+1}}}{2}, \quad \Pr_{X \sim \mu_t} \left[X_{k_{i+1}} = 1 \right] = \frac{1 - \mathbf{b}(\mu_i)_{k_{i+1}}}{2}.$$

By the definition of Z_i , when x is not identical to the pinned value, the inner product will be -1 and the probability will vanish.

2.2 Stochastic localization schemes driven by standard Brownian motion

Now we introduce a kind of linear-tilt localization schemes named the *stochastic localization scheme* firstly constructed by Eldan [Eld13]. Fix a probability measure μ on $\Omega \subseteq \mathbb{R}^n$. Let $(B_t)_{t\geq 0}$ be the standard Brownian motion in \mathbb{R}^n adapted to the filtration $(\mathcal{F}_t)_{t\geq 0}$. Let $(C_t)_{t\geq 0}$ be a stochastic process adapted to $(\mathcal{F}_t)_{t\geq 0}$ taking values in $n\times n$ positive semidefinite matrices. We define a measure-valued stochastic process $(\mu_t)_{t\geq 0}$ by $\frac{\mathrm{d}\mu_t}{\mathrm{d}\mu}(x) = F_t(x)$ as,

$$F_0(x) = 1, dF_t(x) = F_t(x) \langle x - \mathbf{b}(\mu_t), C_t dB_t \rangle, \forall x \in \Omega.$$
 (3)

Proposition 2.4. If $\int_{t=0}^{\infty} C_t^2 dt = \infty$, then $(\mu_t)_{t\geq 0}$ is a localization process. Moreover,

$$\frac{\mathrm{d}\mu_t}{\mathrm{d}\mu_t}(x) = F_t(x) = \frac{1}{Z_t} \exp\left(-\frac{1}{2} \langle \Sigma_t x, x \rangle + \langle \mathbf{y}_t, x \rangle\right)$$

where Z_t is a normalizing factor to ensure that $\int_{x \in \Omega} F_t(x) d\mu(x) = 1$ and $(\Sigma_t)_{t \ge 0}$, $(y_t)_{t \ge 0}$ are stochastic processes adapted to \mathcal{F}_t in the form of

$$d\mathbf{y}_t = C_t dB_t + C_t^2 \mathbf{b}(\mu_t) dt, d\Sigma_t = C_t^2 dt.$$

Proof. We prove the proposition by solving (3). Consider the stochastic process $(\log F_t(x))_{t\geq 0}$. By Itô's formula,

$$d\log F_t(x) = \frac{dF_t(x)}{F_t(x)} - \frac{d[F(x)]_t}{2F_t(x)^2}$$

= $\langle x - \mathbf{b}(\mu_t), C_t dB_t \rangle - \frac{1}{2} ||C_t(x - \mathbf{b}(\mu_t))||_2^2 dt.$

This leads to the form

$$F_t(x) = \frac{1}{Z_t} \exp\left(-\frac{1}{2} \langle \Sigma_t x, x \rangle + \langle \mathbf{y}_t, x \rangle\right)$$

where $Z_t, \Sigma_t, \mathbf{y}_t$ are described as the proposition. Also we know $\mu_t(x) \geq 0$ for every $x \in \Omega$. By definition,

$$d\mu_{t}(\Omega) = d \int_{x \in \Omega} d\mu_{t}(x)$$

$$= \int_{x \in \Omega} F_{t}(x) \langle x - \mathbf{b}(\mu_{t}), C_{t} dB_{t} \rangle d\mu(x)$$

$$= \left\langle \int_{x \in \Omega} (x - \mathbf{b}(\mu_{t})) d\mu_{t}(x), C_{t} dB_{t} \right\rangle$$

$$= 0.$$

Then we know $\mu_t(\Omega) = 1$ for every $t \ge 0$ almost surely. Thus we know μ_t is almost surely a probability measure on Ω . The martingality comes directly from the definition, and to see the convergence of the process, note that when $\Sigma_t \to \infty$, by the form of F_t it will be a Dirac measure.

When $C_t \equiv Q^{-1/2}$, we know the law of \mathbf{y}_t by El Alaoui and Montanari [EAM22].

Theorem 2.5 ([EAM22]). Fix a probability measure μ on Ω and a positive semidefinite matrix $Q \in \mathbb{R}^{n \times n}$. Let $(\mu_t)_{t \geq 0}$ be a stochastic localization process starting from μ driven by $C_t \equiv Q^{-1/2}$. Define the stochastic process $(\Sigma_t)_{t \geq 0}$, $(\mathbf{y}_t)_{t \geq 0}$ as above. Then

$$\Sigma_t = tQ^{-1}, \ \mathbf{y}_t/t \sim \mu * \mathcal{N}(0, \Sigma_t), \quad \forall t \geq 0.$$

2.3 Variance contraction via linear-tilt localization processes

Now we show how to bound the spectral gap of the Glauber dynamics P^{GD}. The following property named the *variance conservation* is the key in our analysis.

Definition 2.6 (Variance Conservation - Discrete). Given a time-discrete localization process $(\mu_t)_{t\in\mathbb{N}}$ on Ω satisfying $(\kappa_1, \kappa_2, \ldots)$ -variance conservation up to time $t \in \mathbb{N}$, if for every test function $f: \Omega \to \mathbb{R}$,

$$\mathbf{E}\left[\mathbf{Var}_{\mu_{i}}\left[f\right] \mid \mu_{i-1}\right] \geq (1 - \kappa_{i})\mathbf{Var}_{\mu_{i-1}}\left[f\right], \quad \forall 1 \leq i \leq t.$$

Proposition 2.7. Let $(\mu_t)_{t\in\mathbb{N}}$ be a time-discrete localization process on Ω satisfying $(\kappa_1, \kappa_2, \ldots)$ -variance conservation up to time $t\in\mathbb{N}$. Let P be the random walk associated with $(\mu_t)_{t\in\mathbb{N}}$ and time t. Then its spectral gap Gap(P) satisfies

$$\operatorname{Gap}(P) \geq \prod_{i=1}^{t} (1 - \kappa_i).$$

Proof. By Proposition 1.6, it suffices to show for every test function $f: \Omega \to \mathbb{R}^n$,

$$\frac{\mathrm{E}_{\Theta_t}\left[\mathrm{Var}_{\mu_t}\left[f\right]\right]}{\mathrm{Var}_{\mu}\left[f\right]} \geq \prod_{i=1}^t (1-\kappa_i).$$

Note that $\mu_0 = \mu$. Then by direct calculation,

$$\frac{\mathbf{E}_{\Theta_{t}}\left[\mathbf{Var}_{\mu_{t}}\left[f\right]\right]}{\mathbf{Var}_{\mu}\left[f\right]} = \mathbf{E}_{\Theta_{t}}\left[\frac{\mathbf{Var}_{\mu_{t}}\left[f\right]}{\mathbf{Var}_{\mu_{0}}\left[f\right]}\right] \\
= \mathbf{E}\left[\mathbf{E}\left[\dots\mathbf{E}\left[\frac{\mathbf{Var}_{\mu_{t}}\left[f\right]}{\mathbf{Var}_{\mu_{t-1}}\left[f\right]} \middle| \mu_{t-1}\right]\dots\right]\frac{\mathbf{Var}_{\mu_{1}}\left[f\right]}{\mathbf{Var}_{\mu_{0}}\left[f\right]} \middle| \mu_{0}\right] \\
\geq \prod_{i=1}^{t} (1 - \kappa_{i})$$

where the last inequality holds from Definition 2.6.

Now it's time for us to show the variance contraction for a linear-tilt localization process $(\mu_t)_{t \in \mathbb{N}}$. The first step is to show the form of the evolution of its variance.

Lemma 2.8. Let $(\mu_t)_{t\in\mathbb{N}}$ be a time-discrete linear-tilt localization process and $(Z_t)_{t\in\mathbb{N}}$ be its driving factor. Then for every test function $f:\Omega\to\mathbb{R}$ and $t\in\mathbb{N}$,

$$\mathbf{E}\left[\mathbf{Var}_{\mu_{t+1}}\left[f\right] \mid \mu_{t}\right] = \mathbf{Var}_{\mu_{t}}\left[f\right] - \langle V_{t}, C_{t}V_{t}\rangle$$

where

$$V_t := \int_{x \in \mathcal{O}} (x - \mathbf{b}(\mu_t)) f(x) \, d\mu_t(x), \ C_t := \mathbf{Cov} (Z_t \mid \mu_t).$$

Proof. Fix a test function $f:\Omega\to\mathbb{R}$. By direct calculation,

$$\begin{split} \mathbf{E} \left[\mathbf{Var}_{\mu_{t+1}} \left[f \right] \mid \mu_{t} \right] &= \mathbf{E} \left[\int_{\Omega} f(x)^{2} \, \mathrm{d}\mu_{t+1}(x) - \left(\int_{\Omega} f(x) \, \mathrm{d}\mu_{t+1}(x) \right)^{2} \mid \mu_{t} \right] \\ &= \int_{\Omega} f(x)^{2} \, \mathrm{d}\mu_{t}(x) - \mathbf{E} \left[\left(\int_{\Omega} f(x) \, (1 + \langle x - \mathbf{b}(\mu_{t}), Z_{t} \rangle) \, \, \mathrm{d}\mu_{t}(x) \right)^{2} \mid \mu_{t} \right] \\ &= \int_{\Omega} f(x)^{2} \, \mathrm{d}\mu_{t}(x) - \left(\int_{\Omega} f(x) \, \mathrm{d}\mu_{t}(x) \right)^{2} - \mathbf{E} \left[\left(\int_{\Omega} f(x) \, \langle x - \mathbf{b}(\mu_{t}), Z_{t} \rangle \, \, \mathrm{d}\mu_{t}(x) \right)^{2} \mid \mu_{t} \right] \\ &= \mathbf{Var}_{\mu_{t}} \left[f \right] - \mathbf{E} \left[\langle V_{t}, Z_{t} \rangle^{2} \mid \mu_{t} \right] \\ &= \mathbf{Var}_{\mu_{t}} \left[f \right] - V_{t}^{\top} \mathbf{E} \left[Z_{t}^{\top} Z_{t} \mid \mu_{t} \right] V_{t} \\ &= \mathbf{Var}_{\mu_{t}} \left[f \right] - V_{t}^{\top} C_{t} V_{t}. \end{split}$$

Proposition 2.9. Let $(\mu_t)_{t\in\mathbb{N}}$ be a time-discrete linear-tilt localization process and $(Z_t)_{t\in\mathbb{N}}$ be its driving factor. Then $(\mu_t)_{t\in\mathbb{N}}$ satisfies $(\kappa_1, \kappa_2, \ldots)$ -variance conservation where

$$\kappa_{t+1} = 1 - \left\| C_t^{1/2} \mathbf{Cov} \left(\mu_t \right) C_t^{1/2} \right\|_{\mathrm{OP}}, \quad \forall t \in \mathbb{N}.$$

Proof. Firstly it is not hard to see that it suffices to show the case $\mathbf{E}_{\mu}[f] = \mathbf{E}_{\mu_t}[f] = 0$. By Lemma 2.8, we only need to bound the term $\langle V_t, C_t V_t \rangle$. By definition,

$$\langle V_{t}, C_{t}V_{t}\rangle = \left\|C_{t}^{1/2}V_{t}\right\|_{2}^{2}$$

$$= \sup_{\theta:\|\theta\|_{2}=1} \left\langle C_{t}^{1/2}V_{t}, \theta \right\rangle^{2}$$

$$= \sup_{\theta:\|\theta\|_{2}=1} \left(\int_{\Omega} \left\langle C_{t}(x - \mathbf{b}(\mu_{t})), \theta \right\rangle f(x) \, d\mu_{t}(x) \right)^{2}$$

$$\leq \sup_{\theta:\|\theta\|_{2}=1} \mathbf{Var}_{\mu_{t}} [f] \int_{\Omega} \left\langle C_{t}(x - \mathbf{b}(\mu_{t})), \theta \right\rangle^{2} f(x) \, d\mu_{t}(x)$$

$$= \left\|C_{t}^{1/2} \mathbf{Cov} (\mu_{t}) C_{t}^{1/2}\right\|_{OP} \mathbf{Var}_{\mu_{t}} [f]$$

where the inequality holds by the Cauchy-Schwarz inequality.

2.3.1 Variance conservation via the coordinate-by-coordinate localization process

Now we show the main result of rapid mixing via the spectral independence by Anari, Liu and Oveis Shayan [ALOG20].

Lemma 2.10. Fix a disbribution μ on $\Omega \subseteq \{-1,+1\}^n$. Let $(\mu_t)_{t\in\mathbb{N}}$ be a coordinate-by-coordinate localization process starting from μ . Then $(\mu_t)_{t\in\mathbb{N}}$ satisfies $(\kappa_1,\kappa_2,\ldots)$ -variance conservation up to n such that

$$\kappa_{t+1} = 1 - \frac{\|\operatorname{Cor}(\mu_t)\|_{\operatorname{OP}}}{n-t}, \quad \forall 0 \le t < n$$

where $\operatorname{Cor}(\mu_t) = \operatorname{diag}(\operatorname{Cov}(\mu_t))^{-1/2} \operatorname{Cov}(\mu_t) \operatorname{diag}(\operatorname{Cov}(\mu_t))^{-1/2}$.

Proof. By Proposition 2.9, it suffices to show

$$C_t^{1/2}$$
Cov (μ_t) $C_t^{1/2} = \frac{\text{Cor }(\mu_t)}{n-t}$.

By direct calculation, for every unpinned $i \in [n]$,

$$C_t(i, i) = \mathbf{Cov} (Z_t \mid \mu_t)_{i,i}$$

$$= \frac{1}{n - t} \frac{1}{1 - \mathbf{b}(\mu_t)_i^2}$$

$$= \frac{1}{(n - t)\mathbf{Cov} (\mu_t)_{i,i}}.$$

Then the identity holds.

Since we have already know $\left\|\Psi_{\mu_t}\right\|_{\mathrm{OP}} = \left\|\mathrm{Cor}\left(\mu_t\right)\right\|_{\mathrm{OP}}$, we can establish the result of [ALOG20].

Lemma 2.11 (A Reformulation of the Main Result in [ALOG20]). Given an $(\eta_0, ..., \eta_n)$ -spectrally independent Gibbs distribution μ of some hardcore model over the state space $\Omega \subseteq \{-1, +1\}^n$, the spectral gap of the ℓ -uniform block dynamics is at least

$$\operatorname{\mathsf{Gap}}(\mathsf{P}^{\ell-\operatorname{GD}}) \geq \prod_{t=0}^{n-\ell-1} \left(1 - \frac{\eta_t}{n-t}\right).$$

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