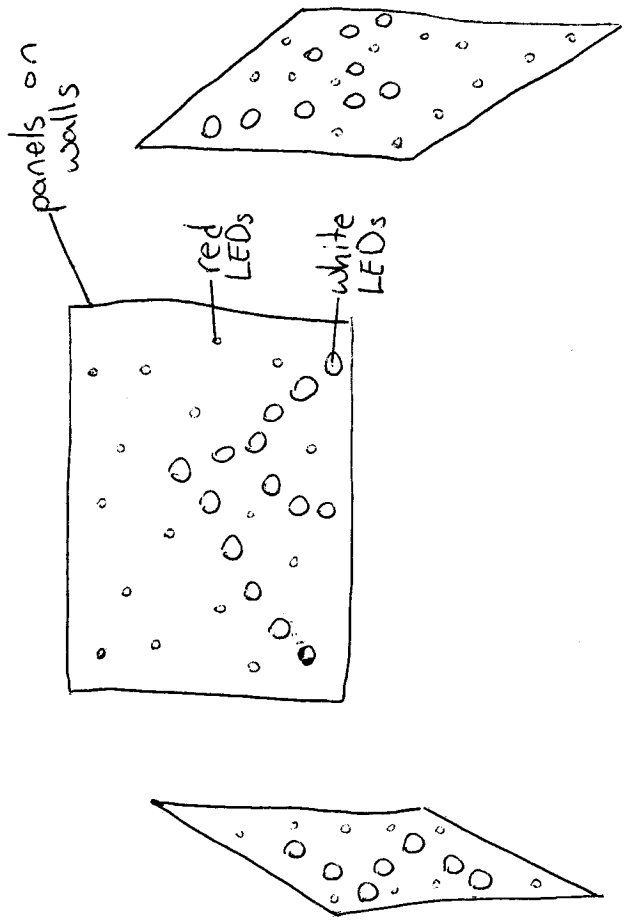
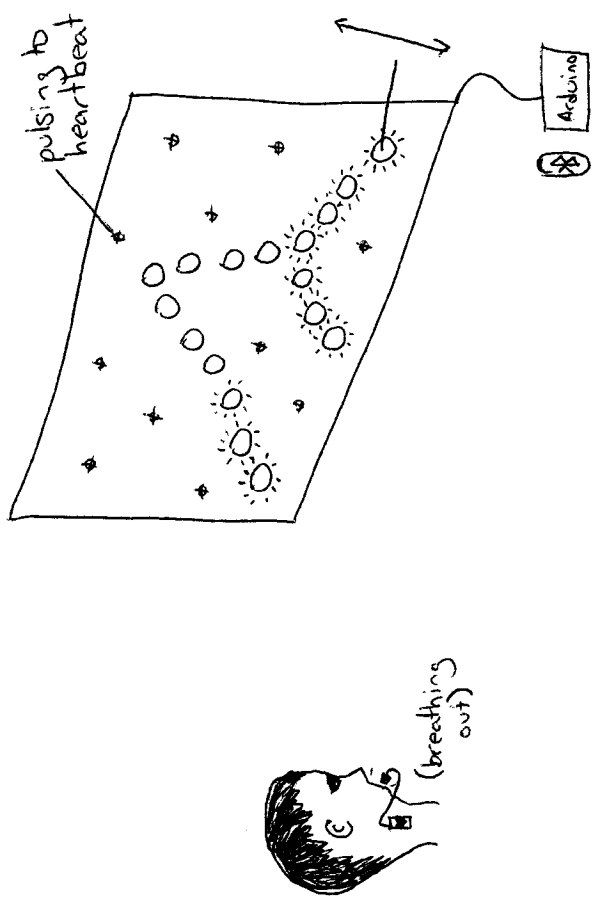


①

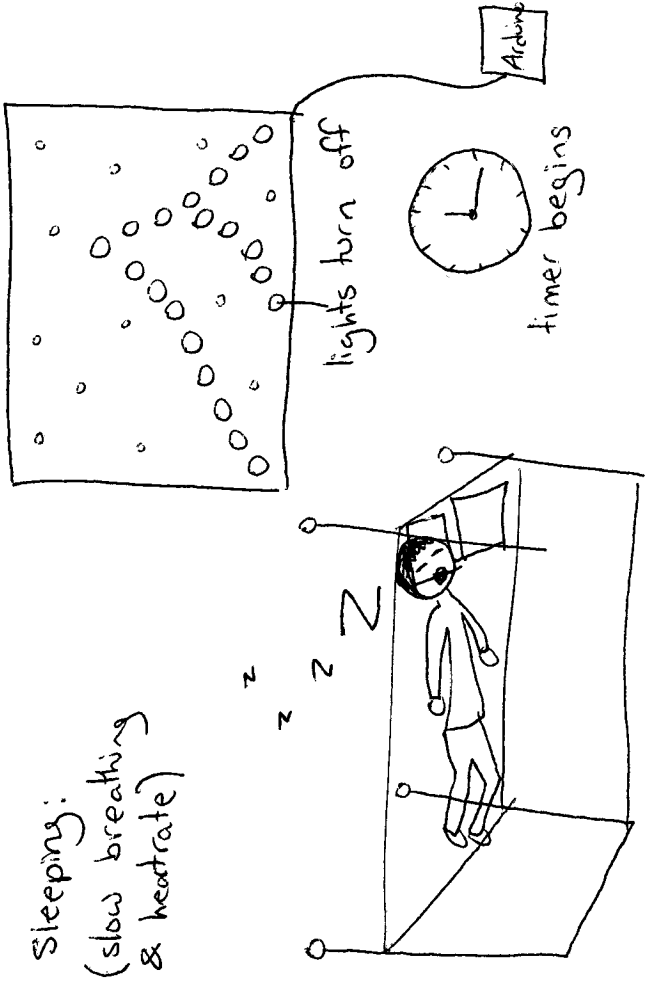


②



# INNER PERSPECTIVE

③



Sleeping:  
(slow breathing  
& heart rate)

④

