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The following references relate to this questionnaire:

Condon, J., Boyce, P. & Corkindale, C., (2004). The First-Time Fathers Study: a prospective study of the mental health and wellbeing of men during the transition to parenthood. *Australian New Zealand Journal of Psychiatry*. 38(1-2), 56-64.

Condon, J., Corkindale, C. & Boyce, P. (2008) Assessment of postnatal paternal-infant attachment: development of a questionnaire instrument, *Journal of Reproductive and Infant Psychology*, 26(3), 195-210. <http://dx.doi.org/10.1080/02646830701691335>

Condon, J., Corkindale, C., Boyce, P., & Gamble, E. (2013). A longitudinal study of father-to-infant attachment: antecedents and correlates, *Journal of Reproductive and Infant Psychology*, 31:1, 15-30. <http://dx.doi.org/10.1080/02646838.2012.757694>

PATERNAL ANTENATAL ATTACHMENT

These questions are about your thoughts and feelings about the developing baby.
Please tick one box only in answer to each question.

- 1) Over the past two weeks I have thought about, or been preoccupied with the developing baby:

- ☐ almost all the time
- ☐ very frequently
- ☐ frequently
- ☐ occasionally
- ☐ not at all

- 2) Over the past two weeks when I have spoken about, or thought about the developing baby I got emotional feelings which were:

- ☐ very weak or non-existent
- ☐ fairly weak
- ☐ in between strong and weak
- ☐ fairly strong
- ☐ very strong

- 3) Over the past two weeks my feelings about the developing baby have been:

- ☐ very positive
- ☐ mainly positive
- ☐ mixed positive and negative
- ☐ mainly negative
- ☐ very negative

- 4) Over the past two weeks I have had the desire to read about or get information about the developing baby. This desire is:

<input type="checkbox"/>	very weak or non-existent
<input type="checkbox"/>	fairly weak
<input type="checkbox"/>	neither strong nor weak
<input type="checkbox"/>	moderately strong
<input type="checkbox"/>	very strong

- 5) Over the past two weeks I have been trying to picture in my mind what the developing baby actually looks like in my partner's womb:

<input type="checkbox"/>	almost all the time
<input type="checkbox"/>	very frequently
<input type="checkbox"/>	frequently
<input type="checkbox"/>	occasionally
<input type="checkbox"/>	not at all

- 6) Over the past two weeks I think of the developing baby mostly as:

<input type="checkbox"/>	a real little person with special characteristics
<input type="checkbox"/>	a baby like any other baby
<input type="checkbox"/>	a human being
<input type="checkbox"/>	a living thing
<input type="checkbox"/>	a thing not yet really alive

7) Over the past two weeks when I think about the developing baby my thoughts:

- ☐ are always tender and loving
- ☐ are mostly tender and loving
- ☐ are a mixture of both tenderness and irritation
- ☐ contain a fair bit of irritation
- ☐ contain a lot of irritation

8) Over the past two weeks my ideas about possible names for the baby have been:

- ☐ very clear
- ☐ fairly clear
- ☐ fairly vague
- ☐ very vague
- ☐ I have no idea at all

9) Over the past two weeks when I think about the developing baby I get feelings which are:

- ☐ very sad
- ☐ moderately sad
- ☐ a mixture of happiness and sadness
- ☐ moderately happy
- ☐ very happy

10) Over the past two weeks I have been thinking about what kind of child the baby will grow into:

- ☐ not at all
- ☐ occasionally
- ☐ frequently
- ☐ very frequently
- ☐ almost all the time

11) Over the past two weeks I have felt:

- ☐ very emotionally distant from the baby
- ☐ moderately emotionally distant from the baby
- ☐ not particularly emotionally close to the baby
- ☐ moderately close emotionally to the baby
- ☐ very close emotionally to the baby

12) When I first see the baby after the birth I expect I will feel:

- ☐ intense affection
- ☐ mostly affection
- ☐ affection, but I expect there may be a few aspects of the baby I will dislike
- ☐ I expect there may be quite a few aspects of the baby I will dislike
- ☐ I expect I might feel mostly dislike

13) When the baby is born I would like to hold the baby:

- ☐ immediately
- ☐ after it has been wrapped in a blanket
- ☐ after it has been washed
- ☐ after a few hours for things to settle down
- ☐ the next day

14) Over the past two weeks I have had dreams about the pregnancy or baby:

- ☐ not at all
- ☐ occasionally
- ☐ frequently
- ☐ very frequently
- ☐ almost every night

15) Over the past two weeks I have found myself feeling, or rubbing with my hand, the outside of my partner's stomach where the baby is:

- ☐ a lot of times each day
- ☐ at least once per day
- ☐ occasionally
- ☐ once only
- ☐ not at all

- 16) If the pregnancy was lost at this time (due to miscarriage or other accidental event) without any pain or injury to my partner, I expect I would feel:

<input type="checkbox"/>	very pleased
<input type="checkbox"/>	moderately pleased
<input type="checkbox"/>	neutral (ie neither sad nor pleased; or mixed feelings)
<input type="checkbox"/>	moderately sad
<input type="checkbox"/>	very sad

Factor structure



() denotes reverse scoring. Scoring is 1 (low attachment) to 5 (high attachment)

Quality of attachment: (1) 2 (3) (7) 9 11 (12) 16

Time spent in attachment mode: 4 (5) (8) 10 14 (15)
(or intensity of preoccupation)

Items (6) and (13) do not load on either factor strongly enough for inclusion on subscales