

How I am in general

Here are a number of characteristics that may or may not apply to you. For example, do you agree that you are someone who *likes to spend time with others*? Please write a number next to each statement to indicate the extent to which **you agree or disagree with that statement.**

| 1 | 2 | 3 | 4 | 5 |
|----------------------|----------------------|-------------------------------|-------------------|-------------------|
| Disagree Strongly | Disagree a little | Neither agree nor disagree | Agree a little | Agree strongly |

I am someone who...

- | | |
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| <p>1. _____ Is talkative</p> <p>2. _____ Tends to find fault with others</p> <p>3. _____ Does a thorough job</p> <p>4. _____ Is depressed, blue</p> <p>5. _____ Is original, comes up with new ideas</p> <p>6. _____ Is reserved</p> <p>7. _____ Is helpful and unselfish with others</p> <p>8. _____ Can be somewhat careless</p> <p>9. _____ Is relaxed, handles stress well.</p> <p>10. _____ Is curious about many different things</p> <p>11. _____ Is full of energy</p> <p>12. _____ Starts quarrels with others</p> <p>13. _____ Is a reliable worker</p> <p>14. _____ Can be tense</p> <p>15. _____ Is ingenious, a deep thinker</p> <p>16. _____ Generates a lot of enthusiasm</p> <p>17. _____ Has a forgiving nature</p> <p>18. _____ Tends to be disorganized</p> <p>19. _____ Worries a lot</p> <p>20. _____ Has an active imagination</p> <p>21. _____ Tends to be quiet</p> <p>22. _____ Is generally trusting</p> | <p>23. _____ Tends to be lazy</p> <p>24. _____ Is emotionally stable, not easily upset</p> <p>25. _____ Is inventive</p> <p>26. _____ Has an assertive personality</p> <p>27. _____ Can be cold and aloof</p> <p>28. _____ Perseveres until the task is finished</p> <p>29. _____ Can be moody</p> <p>30. _____ Values artistic, aesthetic experiences</p> <p>31. _____ Is sometimes shy, inhibited</p> <p>32. _____ Is considerate and kind to almost everyone</p> <p>33. _____ Does things efficiently</p> <p>34. _____ Remains calm in tense situations</p> <p>35. _____ Prefers work that is routine</p> <p>36. _____ Is outgoing, sociable</p> <p>37. _____ Is sometimes rude to others</p> <p>38. _____ Makes plans and follows through with them</p> <p>39. _____ Gets nervous easily</p> <p>40. _____ Likes to reflect, play with ideas</p> <p>41. _____ Has few artistic interests</p> <p>42. _____ Likes to cooperate with others</p> <p>43. _____ Is easily distracted</p> <p>44. _____ Is sophisticated in art, music, or literature</p> |
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SCORING INSTRUCTIONS

To score the BFI, you'll first need to **reverse-score** all negatively-keyed items:

Extraversion: 6, 21, 31
Agreeableness: 2, 12, 27, 37
Conscientiousness: 8, 18, 23, 43
Neuroticism: 9, 24, 34
Openness: 35, 41

To recode these items, you should subtract your score for all reverse-scored items from 6. For example, if you gave yourself a 5, compute 6 minus 5 and your recoded score is 1. That is, a score of 1 becomes 5, 2 becomes 4, 3 remains 3, 4 becomes 2, and 5 becomes 1.

Next, you will create scale scores by **averaging** the following items for each B5 domain (where R indicates using the reverse-scored item).

Extraversion: 1, 6R 11, 16, 21R, 26, 31R, 36
Agreeableness: 2R, 7, 12R, 17, 22, 27R, 32, 37R, 42
Conscientiousness: 3, 8R, 13, 18R, 23R, 28, 33, 38, 43R
Neuroticism: 4, 9R, 14, 19, 24R, 29, 34R, 39
Openness: 5, 10, 15, 20, 25, 30, 35R, 40, 41R, 44

SPSS SYNTAX

*** REVERSED ITEMS

RECODE

```
bfi2 bfi6 bfi8 bfi9 bfi12 bfi18 bfi21 bfi23 bfi24 bfi27 bfi31 bfi34 bfi35  
bfi37 bfi41 bfi43  
(1=5) (2=4) (3=3) (4=2) (5=1) INTO bfi2r bfi6r bfi8r bfi9r bfi12r bfi18r bfi21r bfi23r bfi24r  
bfi27r bfi31r bfi34r bfi35r bfi37r bfi41r bfi43r.
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EXECUTE .

*** SCALE SCORES

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COMPUTE bfiE = mean(bfi1,bfi6r,bfi11,bfi16,bfi21r,bfi26,bfi31r,bfi36) .  
VARIABLE LABELS bfiE 'BFI Extraversion scale score'.  
EXECUTE .
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COMPUTE bfiA = mean(bfi2r,bfi7,bfi12r,bfi17,bfi22,bfi27r,bfi32,bfi37r,bfi42) .  
VARIABLE LABELS bfiA 'BFI Agreeableness scale score'.  
EXECUTE .
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COMPUTE bfiC = mean(bfi3,bfi8r,bfi13,bfi18r,bfi23r,bfi28,bfi33,bfi38,bfi43r) .  
VARIABLE LABELS bfiC 'BFI Conscientiousness scale score'.  
EXECUTE .
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COMPUTE bfiN = mean(bfi4,bfi9r,bfi14,bfi19,bfi24r,bfi29,bfi34r,bfi39) .  
VARIABLE LABELS bfiN 'BFI Neuroticism scale score'.  
EXECUTE .
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COMPUTE bfiO = mean(bfi5,bfi10,bfi15,bfi20,bfi25,bfi30,bfi35r,bfi40,bfi41r,bfi44) .  
VARIABLE LABELS bfiO 'BFI Openness scale score'.  
EXECUTE .
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REFERENCE INFORMATION

The BFI should be cited with the original and a more accessible, recent reference:

John, O. P., Donahue, E. M., & Kentle, R. L. (1991). The Big Five Inventory--Versions 4a and 54. Berkeley, CA: University of California, Berkeley, Institute of Personality and Social Research.

John, O. P., Naumann, L. P., & Soto, C. J. (2008). Paradigm shift to the integrative Big Five trait taxonomy: History, measurement, and conceptual issues. In O. P. John, R. W. Robins, & L. A. Pervin (Eds.), *Handbook of personality: Theory and research* (pp. 114-158). New York, NY: Guilford Press.