Against Empathy, by paul Bloom The Art of Happiness

Radical Candor_p+1##

Preface

· Radical Candor was misunderstood e parodied in Silicon Valley (Thow)

care personally * compassion = emparting + ac

emparing compassionate challenge challenge

manipulative obnoxions aggression

The fadical Landor Compass * compassion: empatuy + action
Compassionate (andor
Sheart (cane personally)
+ mind (quallenge directly)

comes across differently depending on new you are I how you've seen

Introduction

"Bob" did bad work, was supported by other so he never learned e other people started to turn in worse work e somorouse went down "You can draw a straight line from lack of guidance to a dysfunctional team that gets poor nesults."

- # roce * i . Stability, not looking for next promotion

- super x's - people use don't want to be in leusamejon forever "... at we very heart of being a good buss ... is a good relationship" How to Use This Book

21: Spries p2: hand book

Part I: A New Management Philosophy

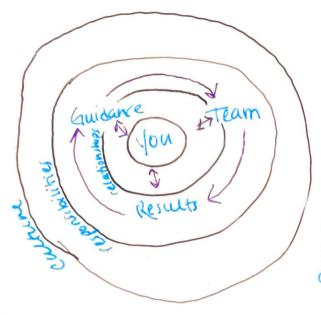
(1) Build Radically Candid Relationships

"Emotional labor is mot just part of the job; its tuckey to being a good boss"

* people often feel they're failing being agood boss

* Bosses guide teams to achieve nesults.

* Guidance es often called Feedback Oguidance Esteam-building @ Results



"There is a virtuous eyole blu your responsibilities + your neightowhips by learning the best waves to get, give l'encourage quidance, by puts of the right people in the right roles on your team; and by achieving results Collectually that you could not dream of individually."

Dimension One: Cane Personally Dimension Two: Challenge Directly Cane Renonaley + Challenge Directly: Radical Candor

& Bring your whole self to work - Radical Candor takes energy so save it for what neally matters I you need to practice it "up" "down" e "sideways" "Radical Candor works only if the other person understands that your efforts at caring personally & Challenging directly are delinemed in good faith." - Israel us Japan approach to directful back

very direct not very direct

@ Get, Give & Encourage Guidance

You can ramp up your feedback if it's not getting through a yearing a solution can show you cane "not mean , clear!"

Care Runous

* Besure to criticise ducins too

radical these guadrants are behaviors & not personality cando challenge traits. Peoplegine prairie & criticism that is

INLINCENTY

Obnoxious aggression

directly manipulatively insincere allending are too tocised on being liked ...

The Reter Principle Caurence J. Reter

"Be as specific ethorough of praise as with criticism. Goodeep into the details" 7 start by asking for criticism before going it * " Criticism be clear e avticulate my so you can get hem backon track as soon as possible > be sure that your confidence in their abilities is strong muite giving Ex. Fly is down fuedback - ask for conticism first - 1 praise than criticism huspens Stent, worned "Your fuy is - be humble - helpful about their down" feeling) - give guidance in person + arap Challery Ruinous empathy Radical Candor - provise in public, criticize in private directly Obnox. Aggression manip. Instructing - DON'T PERSONALIZE Strent, coursed Shout "Look his fig is down !" about your feelings * You don't have to know the penon well to be radically candid with them perionally (3) Understand What Motivates Each Remon On Your Team

To help guide your rocks e rost let go of your own judgments & ambitions. Might require nothinking what ambition looks like & means

transition to growth management emether people are on asterp growth trajecting or gradual?

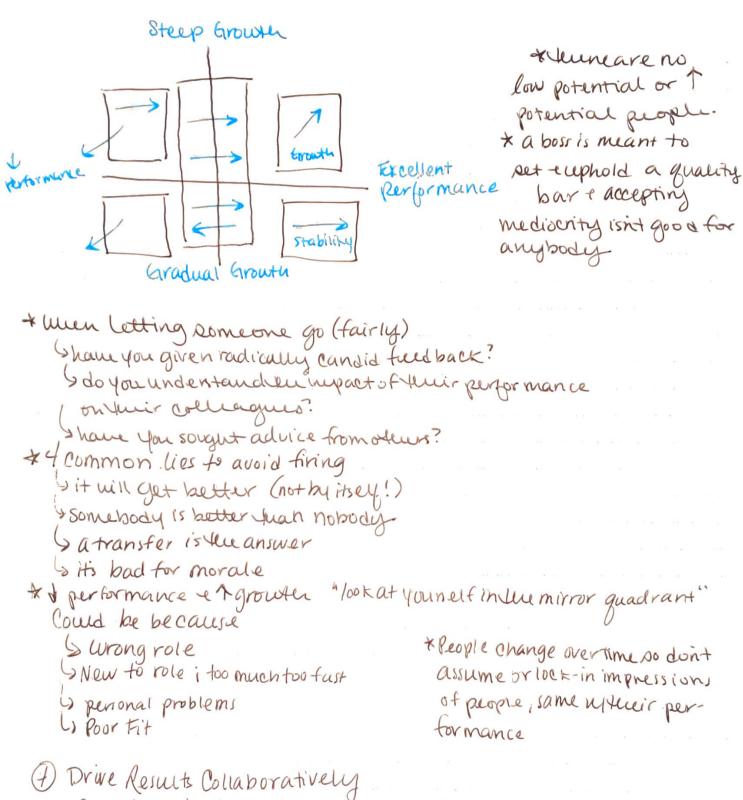
- Try to understand wat their growth trajectory is like not what you want it to be.

- l'eople suitchtracks at différent phases interir lines " Your job is not to provide purpose but instead toget to know each of your direct reports well enough to undertand howeach one denine, meaning from fluir work."

- aboss can put work in context but not prescribe meaning

- You can utilize rockstars to teach orthers elevel everyoneup - Keep your rockstars challenged + knowleng 11 mone on eventually e don't squash or block them

Management egrowth should not be conflated."



- Can't just tell people unatigoing to happen, need to involve them in the decision making process
- The manager is supposed to help "gineturquiet ones a voice", there's more than one way to approach this

LISTEN Histen Quiet listening - huping the person Learn Get Stuff Done Wheel (650) Clan'ry say wat they wink vs what Debate Huykink you want to hear make suncother still know what Penuad e youthink evenifyou're quiet Decide Loud listening - paying beings to get a reaction out of them requires building up confidence of those around you sothing feel ok challenging you, or "strong opinions, weakly held." you x but mostly stick up the style that north best for you Create listening Culture O Simple system to generate ideas & voice Complaints (2) at hast some issues are quickly advised (3) negularry offer explanations to also other issues aren't being addnessed "Competitive advantage tends to come not from one greatides but the combination of hundreds of smaller ones. CLARIFY "Astlu bors, you are the editor, not the author" kits ok to not immediately have asolution to a problem. Sometimes problems need to be refined so that a solution Can form from Von diccussion. * make your ideas dead simple to understand the onus 13 on the explainer of not the listener. * The essence of making an idea clear requires adeep understanding not only of the idea but also of the person to muom one is explaining fluidea DEBATE - "Herock tembler" Skeep convo focused on ideas, not egos. The goal is to get (to the right answer as ateam. Switch roles sometimes.) cheate obligation to dissent, if everyone agrees that refas Denial Shichard Tedlow A Primer on Decision Musiny - James March

DEBATE (contid) Shause for emotion/exhaustron Sure humore have fun She clear mun the debate will end Gan have debate edecision meetings I don't grass decision be debate got painful PECIDE Sodecisions & facts 11 facts -> decisions but NO ELO Gyorine not usually lea decider be. You probably don't have the best information deciders hould get facts, not recommendations Gospelunking (youdon't always have to stay high level) PERSUADE (parhus, logos, etus) emotion logic andibility I Emotions (of listener inot speaker) > Creditility (expertise + humility) 2 Logic (show your work) \$ EXECUTE (V collab tax) s don't waste your team's time Is keep the "dirt under your fingernails" is block time to execute CEARN Grake astep back from wins of faitures to see what could have sun ketter 5 pressure to beconsistent "When the facts change, I change my mind"
it you do change your mind, be able to explain my

its important to stay centened so you can learn a measurer storms

> burnout