##Liminal Thinking Principles and Practices##
Principles

DBeliefs are models

@ Beliefs are cheated

3 Beliefs cheate a shaned world

@ Beliefs cheate blind spots

3 Beliefs defend themselves

6 Beliefs are tied to identity

## Practices

OAssume that you are not objective

@ Empty Your Cup

@ Cheate Safespace

@ Triangulate «Validate

3 ASK Q's, make connections

@ Disnept Routines

3 ACT AS If in the here & now

@ make sense wistones

@ Evolve Yourself