Matthew Nash



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# Needs

Matthew doesn’t enjoy physical activity but needs to find a way to start living healthier. He hopes this app can help him cook delicious foods for his sedentary lifestyle. Currently his favorite meals are cheetos and ham and cheese sandwiches.

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# Interests

Competitive video gaming, making the dankest memes, being inappropriate in public, avid redditor.

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# Goals

-To live healthier but on his own terms

-Drop a few extra pounds to get his parents off his back

-Get a job

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# Preferred Device and Social Media

-Gaming computer (windows)

-Reddit