

Quantum angular momentum

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We calculate the commutation relations between l_z and x_i, p_i ($x_1=x, x_2=y, x_3=z$ etc.)

$$\begin{aligned} [l_z, x] &= [x p_y - y p_x, x] = \text{Since } [u_1 + u_2, v] = [u_1, v] + [u_2, v] = [x p_y, x] - [y p_x, x] \\ &= \text{Since } [ab, c] = [a, c]b + a[b, c] = \cancel{[x, x]} p_y + x \cancel{[p_y, x]} - [y, x] p_x - y \cancel{[p_x, x]} = -i\hbar y. \end{aligned}$$

Only non-zero term is $-y[p_x, x] = i\hbar y$.

Thus $[l_z, x] = i\hbar y$.

Similarly we get $[l_z, y] = -i\hbar x$ and $[l_z, z] = 0$.

In the same way we can show that

$$\begin{cases} [l_z, p_x] = i\hbar p_y, \\ [l_z, p_y] = -i\hbar p_x, \\ [l_z, p_z] = 0. \end{cases}$$

Extending to l_y and l_x we would see that

$$[l_i, x_j] = i\hbar \epsilon_{ijk} x_k,$$

$$[l_i, p_j] = i\hbar \epsilon_{ijk} p_k.$$

Using these relations we can calculate the commutators between l_x, l_y, l_z .

$$\begin{aligned}[l_x, l_y] &= [y p_z - z p_y, l_y] = [y p_z, l_y] - [z p_y, l_y] \\&= \cancel{[y, l_y]}^0 p_z + y [p_z, l_y] - [z, l_y] p_y - \cancel{z [p_y, l_y]}^0 \\&= y [p_z, l_y] - [z, l_y] p_y = \left/ \begin{array}{l} [p_z, l_y] = -p_x i\hbar \\ [z, l_y] = -x i\hbar \end{array} \right/ \end{aligned}$$

$$= i\hbar \overbrace{(x p_y - y p_x)}^{l_z} = \underline{\underline{i\hbar l_z}}.$$