

## ***Enrichment and Gap Year Resources***

### ***A Few Websites to Help You on Your Way***

#### **Do Something**

<http://www.dosomething.org/>

#### **Carpe Diem Study Abroad and Gap Year Programs with College Credit**

[www.carpediemeducation.org/](http://www.carpediemeducation.org/)

#### **Enrichment Alley**

<http://www.enrichmentalley.com/>

#### **LeapNow Experiential College Alternative**

<http://www.leapnow.org>

#### **National Outdoor Leadership School**

<http://www.nols.edu>

#### **Santa Cruz Volunteer Center: Be the Difference**

[www.scvolunteercenter.org/](http://www.scvolunteercenter.org/)

### ***Inspiration***

#### **TED: Ideas Worth Spreading - Technology, Entertainment, and Design**

<http://www.ted.com/>

#### **BIL: an open, self-organizing, emergent, arts, science, society and technology unconference held near the famous TED Conference**

<http://www.bilconference.com/category/videos/>

## ***Signs You May Need a Gap Year!***

(source: LeapNow.org and Center for INTERIM Programs)

You love learning, but can't face having to write one more term paper.

You'd like to actually speak to someone in Spanish rather than just take another vocabulary test.

Partying is what you are looking forward to most about college.

Your mom and dad are "helicopter parents," and going to Australia might be the only way to get them to stop hovering.

Life feels like a treadmill, and you're only 18.

Something inside you is telling you that the world is just a little bit bigger than your high school football stadium.

You suspect you might benefit more right now from learning how to cook for yourself and find your own place to live, than learning more about string theory or quantum physics.

You know you want to be defined by more than just your GPA and your SAT scores.

You find your job or volunteer work more compelling than your classes.

The idea of having to choose a major fills you with dread.

Though you search inside yourself, you can't think of anything you really want to do.

You can't imagine going to college more than an hour away from home.

You are only going to college because all of your friends are.

You have an irrational allergy to talking about college, filling out college paperwork or writing college essays.