## Information Leaflet and Consent

# THE CORONAVIRUS MUSIC QUESTIONNAIRE (CMQ)

Developed by Niels Chr. Hansen, Claire Howlin, Lindsay Warrenburg, Will M. Randall, Lauren Fink, & Melanie Wald-Fuhrmann April 2020

## Welcome!

The global coronavirus crisis of 2020 affects nearly all aspects of our lives – including the sphere of music. For example, live performances cannot take place, and independent musicians have to fear for their livelihood. At the same time, new forms of listening to or making music have emerged. Individual musicians, as well as concert organizers and opera houses, are offering expanded streaming opportunities, and people are finding new ways of engaging with music despite spatial distance.

With this study, we want to find out about the way people use and interact with music over the course of the present crisis.

In the following, we ask you to compare your personal music listening and music making behaviour before and after crisis measures were introduced in the country or area where you are currently based. Some further questions about yourself, your relationship with music, and your personal situation will also be asked.

Filling out the questionnaire will take approximately 25 minutes. It is possible to interrupt the questionnaire and continue with it at a later point in time.

To participate, you need to be at least 18 years old. There are no further restrictions. Regardless of which music you like or if music is not important to you at all, your participation is of great value for our study and is therefore greatly appreciated.

Your data are collected completely anonymously and cannot be traced back to you personally. Your anonymous data will be stored securely in line with GDPR guidelines.

You can change your mind and withdraw from the study before the completion of data collection. However, it will not be possible to withdraw your data after this stage because the data will be stored anonymously, and it will not be possible to identify your data in order to withdraw it from the study.

This study is conducted by Drs Niels Chr. Hansen, Lindsay Warrenburg, Will M. Randall, Lauren Fink, Melanie Wald-Fuhrmann, and Claire Howlin. As approved by the Human Research Ethics Committee - Humanities (HREC-HS) at University College Dublin, Ireland, this study is exempt from a full ethics review. If you have any questions or comments, please feel free to contact our research team via Claire Howlin, claire.howlin@ucdconnect.ie.

#### **Declaration**

I have read this information sheet and have had time to consider whether to take part in this study.

## I understand:

- that my participation is voluntary (it is my choice) and that I am free to withdraw from the research at any time before the completion of the data collection.
- that my anonymous data will be collected electronically and stored indefinitely under password protection in line with GDPR quidelines.
- that my data will be analysed for the purposes of academic research.

# I confirm that I give my consent to take part in this study

(Please tick the box below if you are happy to take part)



#### Part 1 - Key Demographics

# Part 1 - Key demographics

In this part of the questionnaire, you will answer a few questions about yourself. What age are you? Which gender do you identify with? Woman Man Diverse Prefer not to say How many years did you go to school? How many years of educational training have you completed after finishing school? What was your employment status before the coronavirus crisis? Please choose the one that most applies: employed full time employed part-time / casual self-employed studying or in vocational training home-maker / caregiver not employed retired prefer not to say Please state your profession

Part 2 - Your Situation during the coronavirus crisis

# Part 2 – Your situation during the coronavirus crisis

In this part of the questionnaire, you will answer questions regarding your situation after crisis measures were introduced in the country or area where you are currently based.

What is your current private living situation? Please check all that apply:	
☐ I live alone	
☐ I live with a pet	
☐ I live with a partner / spouse	
☐ I live with a child / children	
☐ I live with a parent / parents	
☐ I live with an elderly relative / relatives	
☐ I live with siblings / cousins / other relatives	
☐ I live with a friend / friends	
☐ I live in a shared house / apartment	
Other (please specify)	
In which country are you taking this survey?	
$\circ$	
Which term best describes where you are taking this survey?	
Rural area (e.g., countryside)	
Suburban area (e.g., small town)	
Urban area (e.g., large city)	
Is the place where you are currently staying the address where you usually live?	
○ Yes	
○ No	
Approximately how many times have you left the house in the past week?	
How is your work situation affected by the coronavirus crisis? Please shock the items that apply to you	
How is your work situation affected by the coronavirus crisis? Please check the items that apply to you.  My situation has not changed (I continue to go to work as normal)	
My situation has not changed (I continue to work from home)	
I have changed my work routines to primarily or entirely work from home	
I have to work reduced hours	
☐ I am suffering from a lower income	
I have lost my primary source of income	
My job is at risk	

☐ I have to home-school and/or take care of my child(ren)

# Compared to before the onset of the coronavirus crisis, how important are the following activities to you:

Compared to before the or	I never do this (neither now or before)	Much less important than before (1)	(2)	(3)	About equally important as before (4)	(5)	(6)	Much more important than before (7)	Don't know / Prefer not to say
Taking photographs or making videos	0	$\circ$	$\bigcirc$		$\circ$	$\bigcirc$		$\circ$	
Exercising outdoors									
Browsing the internet for virtual exhibitions		$\bigcirc$	$\bigcirc$		$\bigcirc$	$\bigcirc$			$\bigcirc$
Visiting people in-person									
Shopping online									
Browsing social media (Facebook, Instagram, Twitter, TikTok, etc.)	0	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\circ$	$\bigcirc$	$\bigcirc$	$\circ$	$\circ$
Exercising indoors									
Using dating apps or dating websites									$\bigcirc$
	I never do this (neither now or before)	Much less important than before (1)	(2)	(3)	About equally important as before (4)	(5)	(6)	Much more important than before (7)	Don't know / Prefer not to say
Crafting (e.g. knitting, model- building, wood-working, sewing, etc.)	0		$\bigcirc$	$\bigcirc$	$\circ$	$\bigcirc$	$\bigcirc$		$\circ$
Playing games (in person or online)		$\bigcirc$	$\bigcirc$		$\bigcirc$	$\bigcirc$			
Searching for information about music		$\bigcirc$	$\bigcirc$		$\bigcirc$				$\bigcirc$
Cleaning / tidying / optimizing your living space			$\bigcirc$		$\bigcirc$				$\bigcirc$
Volunteering to help others									
Reading/listening to books, essays, articles, or podcasts			$\bigcirc$		$\bigcirc$	$\bigcirc$			$\bigcirc$
Learning a new skill									
Creating online content to share with others						$\bigcirc$			$\bigcirc$
	I never do this (neither now or before)	Much less important than before (1)	(2)	(3)	About equally important as before (4)	(5)	(6)	Much more important than before (7)	Don't know / Prefer not to say
Cooking or baking									
Writing / journaling			$\bigcirc$	$\bigcirc$		$\bigcirc$	$\bigcirc$		
Meditating / praying			$\bigcirc$	$\bigcirc$		$\bigcirc$	$\bigcirc$		
Talking / reading / writing / thinking about music			$\bigcirc$		$\bigcirc$	$\bigcirc$			
Consuming drugs or alcohol									
Calling or video chatting with other people			$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$		$\bigcirc$
Experimenting with outfits or looks			$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$		$\bigcirc$
Listening to music									

	I never do this (neither now or before)	Much less important than before (1)	(2)	(3)	About equally important as before (4)	(5)	(6)	Much more important than before (7)	Don't know / Prefer not to say
	I never do this (neither now or before)	Much less important than before (1)	(2)	(3)	About equally important as before (4)	(5)	(6)	Much more important than before (7)	Don't know / Prefer not to say
Gardening / caring for plants									
Engaging in sexual / erotic activity (with yourself or others)	0	$\bigcirc$		$\bigcirc$			$\bigcirc$	$\bigcirc$	$\bigcirc$
Reading or watching news									
Playing or singing music			$\bigcirc$						
Watching series or movies									

Part 3 - Musical activities during quarantine measures

# Part 3 - Musical activities during the coronavirus crisis

Please compare your daily engagement with music BEFORE vs. AFTER corona crisis measures were introduced in your area. Please be as accurate as you can.

Please indicate how likely you are to listen to music in the following formats, compared to before the coronavirus crisis measures were introduced in your area.

	I almost never do this	Significantly Less (1)	(2)	(3)	About the same (4)	(5)	(6)	Significantly more (7)
Physical music recordings (CD, DVD, etc.)	0	$\circ$			$\circ$	$\circ$		$\circ$
Free live streams by individual musicians/bands via social media channels (Youtube, Facebook, Twitter, Instagram etc.)	0	0	$\circ$	$\circ$	0			$\circ$
Paid-for music streaming, self- created playlists	0	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$			
Streamed programmes from concert halls, orchestras, or operas available for a limited time only	0	0	0	$\circ$	$\circ$	$\circ$	$\circ$	$\circ$
	I almost never do this	Significantly Less (1)	(2)	(3)	About the same (4)	(5)	(6)	Significantly more (7)
Owned digital files (e.g. MP3, purchased/downloaded)		$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$		
Streamed programmes from concert halls, orchestras, or operas accessible at any time	0	$\circ$	$\circ$	$\bigcirc$	$\circ$	$\circ$	$\bigcirc$	$\circ$
Radio								
Free music streaming, existing or randomly generated playlists	0	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$		$\bigcirc$

	I almost never do this	Significantly Less (1)	(2)	(3)	About the same (4)	(5)	(6)	Significantly more (7)
	I almost never do this	Significantly Less (1)	(2)	(3)	About the same (4)	(5)	(6)	Significantly more (7)
Paid-for music streaming, existing or randomly generated playlists		$\circ$	$\bigcirc$	$\bigcirc$	$\circ$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Free music streaming, self- created playlists		$\bigcirc$	$\bigcirc$		$\bigcirc$	$\bigcirc$		$\bigcirc$
Paid-for live streams								
TV Music broadcasts (in regular programme or from media library)	0	$\circ$	$\bigcirc$	$\circ$	$\circ$	$\circ$	$\bigcirc$	$\circ$

Please indicate how likely you are to listen to music during the following situations, compared to before the coronavirus measures were introduced in your area. (Note this is not related to how often the situation itself occurs, but how often you decide to listen to music during the situation.)

	I almost never do this	Significantly Less (1)	(2)	(3)	About the same (4)	(5)	(6)	Significantly more (7)
When I am exercising / playing sports			$\bigcirc$		$\bigcirc$			$\bigcirc$
When I am dining								
When I am working or studying			$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
When I am on my way (travelling to work, walking)			$\bigcirc$			$\bigcirc$		
	I almost never do this	Significantly Less (1)	(2)	(3)	About the same (4)	(5)	(6)	Significantly more (7)
When engaging in sexual, erotic, or romantic activity			$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
When I am doing nothing else								
When I am alone								
When I am performing other activities at home		$\bigcirc$	$\bigcirc$		$\bigcirc$	$\bigcirc$		$\bigcirc$
	I almost never do this	Significantly Less (1)	(2)	(3)	About the same (4)	(5)	(6)	Significantly more (7)
In the evening, before or during falling asleep		$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
When I am with family or friends		$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
When I am doing housework								
In the morning, after waking up		$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	

How often you actively make music in the following forms NOW compared to BEFORE the corona crisis measures were introduced in your area.

	I almost	Significantly			About the			Significantly
	never do this	Less (1)	(2)	(3)	same (4)	(5)	(6)	more (7)
Sing at home, together with others via the internet	0	$\circ$	$\circ$		$\circ$	$\circ$		$\circ$
Dance at home, together with others who are physically present	0	$\circ$	$\bigcirc$	$\circ$	$\circ$	$\circ$	$\bigcirc$	$\circ$
Sing or play on the balcony / outdoors		$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$		$\bigcirc$
Sing at home, together with others who are physically present		$\circ$	$\bigcirc$			$\bigcirc$		$\circ$
Dance at home, alone								
	I almost	Significantly			About the			Significantly
	never do this	Less (1)	(2)	(3)	same (4)	(5)	(6)	more (7)
Play or sing for others								
Make my own music								
Play an instrument at home, together with others via the internet		0	0	0	0	0	0	0
Post videos or audio recordings of myself making music (incl. Contribute material to joint projects others have edited and posted)	0	0	0	0	0	0	0	0
Play an instrument at home,				$\bigcirc$		$\bigcirc$		
alone	I almost	Significantly			About the			Significantly
	never do	Less	(0)	(5)	same	( <del>-</del> )	(0)	more
Diamana in atau manant at hanna	this	(1)	(2)	(3)	(4)	(5)	(6)	(7)
Play an instrument at home, together with others who are physically present	0	$\bigcirc$			$\bigcirc$			
Sing at home, alone								
Dance at home, together with others via the internet		$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$		$\bigcirc$
Since corona crisis measure and/or singing different mus	es were intr sic?	oduced in yo	ur area, c	do you thir	nk you have	been liste	ening to,	playing,
○ No								
If YES, please tick all that a	pply:							
Music by other musicians/co	mposers from	the same styles	S					
Music from other genres/styl	es							
Other pieces from the same	musicians/coi	mposers						
Since corona crisis meas play, or sing?	sures were	introduced	in your a	area, hov	v diverse is	s the mus	sic you li	sten to,
Significantly less diverse								
Moderately less diverse								
Slightly less diverse								

SINGING OR PLAYING music on a musical instrument AFTER coronavirus measures were introduced in my area...

	Strongly disagree	Disagree	Somewhat disagree	Neither agree nor disagree	Somewhat agree	Agree	Strongly agree
helps me to cope emotionally with the present situation	0	$\circ$	$\circ$	$\circ$	$\circ$		$\circ$
makes me feel connected to others	0	$\bigcirc$	$\bigcirc$	$\bigcirc$		$\bigcirc$	$\bigcirc$
serves as a replacement for social interaction for me		$\bigcirc$		$\bigcirc$		$\bigcirc$	

Compared to before coronavirus crisis measures were introduced in your area, how important is it for you that SINGING OR PLAYING MUSIC ON A MUSICAL INSTRUMENT has the following functions:

# SINGING OR PLAYING ON A MUSICAL INSTRUMENT...

	I never do this (neither now nor before)	Much less important than before (1)	(2)	(3)	About equally important as before (4)	(5)	(6)	Much more important than before (7)	Don't know / Prefer not to say
is able to put me in a good mood	0	$\circ$		$\bigcirc$	0				$\circ$
supports me when I am in a bad mood			$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$		$\bigcirc$
can help me to relax			$\bigcirc$		$\bigcirc$				
energises me			$\bigcirc$			$\bigcirc$			
provides me with an aesthetic experience	0	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	
enables me to better understand my thoughts and feelings	0	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\circ$	$\bigcirc$	$\bigcirc$	$\circ$	$\circ$
is enjoyable					$\bigcirc$				
provides a good background to other activities	0	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
	I never do this (neither now nor before)	Much less important than before (1)	(2)	(3)	About equally important as before (4)	(5)	(6)	Much more important than before (7)	Don't know / Prefer not to say
makes me want to move									
helps me to express my identity / values	0	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$		$\bigcirc$
provides a spiritual experience	0		$\bigcirc$		$\bigcirc$	$\bigcirc$			$\bigcirc$
helps to distract me from my problems and worries	0		$\bigcirc$		$\bigcirc$	$\bigcirc$	$\bigcirc$		
enables me to identify with the performer / composer			$\bigcirc$		$\bigcirc$	$\bigcirc$			
stimulates me intellectually									
reduces my stress / anxiety levels			$\bigcirc$		$\bigcirc$	$\bigcirc$			$\bigcirc$
enables me to vent negative emotions			$\bigcirc$		$\bigcirc$	$\bigcirc$			
	I never do this (neither now nor before)	Much less important than before (1)	(2)	(3)	About equally important as before (4)	(5)	(6)	Much more important than before (7)	Don't know / Prefer not to say
provides comfort and support									
gives meaning to my life	$\circ$			$\bigcirc$	$\bigcirc$		$\bigcirc$		
helps me create a personal space just for me	0	$\bigcirc$	$\bigcirc$		$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
gives me a sense of control					$\bigcirc$				
makes me feel good about myself	0	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$		$\bigcirc$
helps me concentrate					$\bigcirc$				
helps me feel like time is passing more quickly	0		$\bigcirc$		$\bigcirc$	$\bigcirc$			$\bigcirc$
helps me dwell on my worries									

	I never do this (neither now nor before)	Much less important than before (1)	(2)	(3)	About equally important as before (4)	(5)	(6)	Much more important than before (7)	Don't know a Prefer not to say
	I never do this (neither now nor before)	Much less important than before (1)	(2)	(3)	About equally important as before (4)	(5)	(6)	Much more important than before (7)	Don't know Prefer not to say
helps me think about my situation from a new perspective	0	$\bigcirc$	$\bigcirc$		$\bigcirc$	$\bigcirc$			$\bigcirc$
helps me to accept my situation		$\bigcirc$			$\bigcirc$				$\bigcirc$
makes me feel like I have company	0	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$		$\bigcirc$
makes me feel reminiscent of more positive times	0	$\bigcirc$	$\bigcirc$		$\bigcirc$	$\bigcirc$	$\bigcirc$		
makes me feel like I'm sharing my experience with others	0	$\bigcirc$	$\bigcirc$		$\circ$	$\bigcirc$	$\circ$		$\bigcirc$
moves me emotioanlly									
makes me feel like l understand others		$\bigcirc$	$\bigcirc$		$\bigcirc$	$\bigcirc$			
makes me feel like I am connected to my culture		$\bigcirc$	$\bigcirc$		$\bigcirc$	$\bigcirc$			
	I never do this (neither now nor before)	Much less important than before (1)	(2)	(3)	About equally important as before (4)	(5)	(6)	Much more important than before (7)	Don't know Prefer not to say
makes me feel like I'm part of a bigger group		$\bigcirc$			$\bigcirc$				
helps me fall asleep					$\bigcirc$				
makes me feel less lonely					$\bigcirc$				
allows me to mind-wander or daydream	$\circ$	$\bigcirc$	$\bigcirc$		$\bigcirc$	$\bigcirc$	$\bigcirc$		
helps me keep a routine									

Can you think of any other reason(s) that has/have been an important function of making music for you since corona crisis measures were introduced in your area? (optional)

## Part 5 -Functions of music listening

# **Part 5 - LISTENING TO MUSIC**

In this part of the questionnaire, we want you to focus on how you've been LISTENING TO MUSIC recently.

## LISTENING to music AFTER coronavirus measures were introduced in my area...

	Strongly disagree	Disagree	Somewhat disagree	Neither agree nor disagree	Somewhat agree	Agree	Strongly agree
serves as a replacement for social interaction for me		$\bigcirc$	$\bigcirc$	$\bigcirc$		$\bigcirc$	$\bigcirc$
makes me feel connected to others		$\bigcirc$	$\bigcirc$	$\bigcirc$		$\bigcirc$	$\bigcirc$
helps me to cope emotionally with the present situation	0	$\bigcirc$	$\circ$	$\circ$	$\circ$	$\circ$	$\circ$

Compared to before coronavirus crisis measures were introduced in your area, how important is it for you that LISTENING TO MUSIC has the following functions:

	I never do this (neither now nor before)	Much less important than before (1)	(2)	(3)	About equally important as before (4)	(5)	(6)	Much more important than before (7)	Don't know / Prefer not to say
allows me to mind-wander or daydream	0	$\circ$			0				
helps me create a personal space just for me		$\bigcirc$			$\bigcirc$	$\bigcirc$			$\bigcirc$
enables me to better understand my thoughts and feelings		$\circ$	$\bigcirc$	$\bigcirc$	$\bigcirc$				
provides a good background to other activities		$\bigcirc$			$\bigcirc$	$\bigcirc$	$\bigcirc$		
is able to put me in a good mood			$\bigcirc$		$\bigcirc$	$\bigcirc$	$\bigcirc$		
makes me feel reminiscent of more positive times		$\bigcirc$			$\bigcirc$	$\bigcirc$			
helps me think about my situation from a new perspective	0	$\bigcirc$	$\bigcirc$	$\circ$	$\circ$	$\bigcirc$	$\bigcirc$		$\bigcirc$
can help me to relax									
	I never do this (neither now nor before)	Much less important than before (1)	(2)	(3)	About equally important as before (4)	(5)	(6)	Much more important than before (7)	Don't know / Prefer not to say
provides a spiritual experience	$\circ$	$\bigcirc$	$\bigcirc$	$\bigcirc$			$\bigcirc$	$\bigcirc$	$\bigcirc$
makes me want to move									
makes me feel like I understand others		$\bigcirc$			$\bigcirc$		$\bigcirc$		
helps me keep a routine			$\bigcirc$		$\bigcirc$				
helps me feel like time is passing more quickly	0	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$		$\bigcirc$
helps me concentrate					$\bigcirc$				
reduces my stress / anxiety levels	0	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$			
makes me feel like I'm part of a bigger group		$\bigcirc$							

	I never do this (neither now nor before)	Much less important than before (1)	(2)	(3)	About equally important as before (4)	(5)	(6)	Much more important than before (7)	Don't know / Prefer not to say
	I never do this (neither now nor before)	Much less important than before (1)	(2)	(3)	About equally important as before (4)	(5)	(6)	Much more important than before (7)	Don't know / Prefer not to say
makes me feel good about myself	0						$\bigcirc$		
helps to distract me from my problems and worries		$\bigcirc$	$\bigcirc$	$\bigcirc$		$\bigcirc$	$\bigcirc$	$\bigcirc$	
gives meaning to my life			$\bigcirc$						
is enjoyable									
supports me when I am in a bad mood		$\bigcirc$	$\bigcirc$			$\bigcirc$			
provides me with an aesthetic experience									
energises me									
makes me feel like I am connected to my culture		$\bigcirc$			$\bigcirc$				
	I never do this (neither now nor before)	Much less important than before (1)	(2)	(3)	About equally important as before (4)	(5)	(6)	Much more important than before (7)	Don't know / Prefer not to say
moves me emotioanlly			$\bigcirc$		$\bigcirc$				
makes me feel like I have company	0	$\bigcirc$	$\bigcirc$		$\bigcirc$				$\bigcirc$
stimulates me intellectually									
enables me to vent negative emotions			$\bigcirc$			$\bigcirc$			
helps me to accept my situation	0	$\bigcirc$	$\bigcirc$						
provides comfort and support						$\bigcirc$			
enables me to identify with the performer/composer		$\bigcirc$							
helps me fall asleep									
	I never do this (neither now nor before)	Much less important than before (1)	(2)	(3)	About equally important as before (4)	(5)	(6)	Much more important than before (7)	Don't know / Prefer not to say
makes me feel like I'm sharing my experience with others		$\bigcirc$	$\bigcirc$	$\bigcirc$	$\circ$	$\bigcirc$	$\bigcirc$		
makes me feel less lonely		$\bigcirc$	$\bigcirc$	$\bigcirc$			$\bigcirc$		$\bigcirc$
helps me dwell on my worries									
gives me a sense of control	0								
helps me to express my identity / values		$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$				$\bigcirc$

Can you think of any other crisis measures were into	er reason(s) that have been an important function of your music listening since corona roduced in your area? (optional)
rt 6 - Free text response	es e
	Part 6 - Voluntary questions
Apart from what you hav differently since the onse	e already been asked about, are there any other ways you have been using music to of the coronavirus crisis? If yes, please explain (optional)
Please list 1-3 songs or r crisis: (optional)	musical works you've been listening to in particular since the onset of the coronavirus
Please list 1-3 songs or r the onset of the coronavi	musical works you've been singing or playing on a musical instrument in particular sindrus rus crisis: (optional)
rt 7 Further Demograph	ics and Psychographics
Pai	rt 7 - Further demographics and psychographics
In this part of the	questionnaire, you will answer more background questions about your employment, personality, and quarantine situation.
Which title best describes	s vou?
Non-musician	you:
Music-loving non-musicia	ın
Amateur musician	
Serious amateur musicia	n

Semi-professional musician  Professional musician  efore corona crisis measures were introduced in your area, did you prigether with others?  Primarily alone  Primarily together with others (e.g., band, orchestra, choir)  Both more or less equally  ow important is music for you in general?  Not at all  (1) (2) (3) (c)  ow many music performances have you attended as an audience merisis measures were introduced in your area?  0  1  2  3  4-6  7-10  11 or more  ealth & well-being:  ave you or those close to you been infected with coronavirus? his includes people who have officially tested positive as well as those of the been tested.) Check all that apply.  I was / am infected  Someone I live with was / is infected.  Because of my profession, I have contact with infected people  Someone I am close to (friend or family member) has been infected  I am mourning the loss of a loved one from COVID-19  None of the above  Prefer not to say				
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w would you describe your general health and wellbeing now comp				
w would you describe your general health and wellbeing now come				
ere introduced in your area?	mpared	to before co	orona crisis	s measures
) Much worse				
Worse				
Slightly worse				

About the same

4/20/20	Qualtrics Survey Software
Slightly better	
Better	
Much better	

Since coronavirus measures were introduced in your area, how often do you feel the following?

	Much less	Less	Sligthly less	About the same	Slightly more	More	Much more
	(1)	(2)	(3)	(4)	(5)	(6)	(7)
positive emotions							
negative emotions							
depressed							$\bigcirc$
energetic							$\bigcirc$
lonely							
anxious							$\bigcirc$
stressed							$\bigcirc$

# **Personality:**

Here are a number of characteristics that may or may not apply to you. For example, do you agree that you are someone who likes to spend time with others?

Please tick the box that you find most appropriate for each statement.

How well do the following statements describe your personality?

I see myself as someone who...

	Strongly disagree	Disagree	Somewhat disagree	Neither agree nor disagree	Somewhat agree	Agree	Strongly agree
is generally trusting							
is relaxed, handles stress well							
tends to be lazy							
has few artistic interests							
does a thorough job							
is outgoing, sociable							
has an active imagination							
is reserved							
gets nervous easily							
tends to find fault with others							

## Part 8 - Screening for app-based ESM study

If you listen to music on an Android phone, you can volunteer to take part in the next phase of our study, which aims to understand how your everyday music listening is influenced by social isolation.

By taking part you can receive the following:

· Personalised feedback on how you listen to music, and how it influences your emotions

- A personal music recommender, which will create playlists based on your mood, what you are doing, and your reason for listening, while supporting your emotional health
- The chance to win 6 months of Spotify subscription

However, no payment will be provided for participating in the follow-up study

To take part in this follow-up study, you will need to create a unique code by completing the questions below (these answers will be used to link your answers, and nothing else):

First letter of your mother's first name:

First letter of your father's first name:

First letter of your middle name (if none, write X):

First letter of the town/ city you were born in:

Once you have answered the items above:

1. Download the MuPsych app from the Google Play store
2. Select the study named 'Music in Isolation'
3. First the transport of the town answer are linked.

3. Enter the exact answers you gave above in the 'Study link' survey, to make sure your answers are linked

See www.MuPsych.com for more information on the app