

宜昌市第二人民医院

门（急）诊初诊病历

就诊号:429005200012218264姓名:张雪琰 性别:女 年龄:23岁 婚否:-	
家庭住址:湖北省荆州市荆州区御景花园	联系电话:15813815771
就诊时间:2024-08-06 17:29:51	就诊科室:学习困难门诊

主 诉:从小好朋友不多
现病史:从小学开始好朋友不多,初中几乎没有朋友,大学很难融入同学圈,自觉维系社交关系很累,曾于国外咨询,专家考虑阿斯伯格综合征,现门诊咨询。
过敏史:无药物过敏史
既往史、个人史、家族史:有过敏性鼻炎,否认高热惊厥、抽搐、哮喘、癫痫等慢性病史;孕1产1,出生时否认缺氧,语言、运动、智力发育与同龄儿相同;父亲从小学习一般,父亲脾气急躁,否认家族遗传病史及传染病史;
体格检查:神志清楚,身高158cm,体重55kg,眼神对视,唤名反应正常,诊表情自然;可双脚跳,可单脚站。

辅助检查结果:
门诊诊断: 1. 阿斯伯格综合征可疑;2. 社交行为障碍;

治疗意见: 1. 建议专业机构进一步明确诊断;
2. 加强与沟通、交流,多跟家人倾诉,获得理解;
3. 加强运动,注意睡眠;
4. 发展兴趣爱好;
5. 不适随诊。

门诊处置:
西药处方:

医师签名: 任兰芬

Yichang Second People's Hospital

Outpatient (emergency) first visit medical record

Medical number: 429005200012218264 Age: 23 years old	Name: Zhang Xueyan Married: -	Gender: Female
Home address: Yujing Garden, Jingzhou District, Jingzhou City, Hubei Province	Contact number: 15813815771	
Date of visit: 2024-08-06 17:29:51	Department: Learning difficulties clinic	

Chief complaint: Lack of good friends since childhood

Current medical history: Since elementary school, I have had relatively few close friendships and experienced a period of social isolation during junior high. In college, I found it difficult to integrate into informal peer groups and often felt that maintaining extracurricular social relationships was emotionally draining. I previously sought consultation abroad, where Asperger's syndrome was considered. I am currently undergoing outpatient evaluation.

Allergy history: No history of drug allergy

Past history, personal history, and family history: allergic rhinitis, denies chronic disease history such as high fever convulsions, twitching, asthma, and epilepsy; 1 pregnancy, 1 birth, denies hypoxia at birth, language, movement, and intellectual development are the same as those of children of the same age; father's academic performance was average since childhood, father's temper is irritable, denies family history of genetic diseases and infectious diseases;

Physical examination: conscious, height 158cm, weight 55kG, eye contact, normal response to name calling, natural expression; can hop on both feet and stand on one foot.

Auxiliary inspection results:

Outpatient diagnosis: 1. Suspected Asperger's syndrome; 2. Social behavior disorder;

Treatment advice:

1. It is recommended that professional institutions further clarify the diagnosis;
2. Strengthen communication and exchanges with others, talk more with family members, and gain understanding;
3. Increase exercise and pay attention to sleep;
4. Develop hobbies and interests;
5. Follow-up if you feel any discomfort.

Outpatient treatment:

Western medicine prescription:

Doctor's signature: Ren Lanfen