

# Asthma

## Description

These guidelines outline the diagnosis and management of asthma. UnitedHealthcare uses evidence-based clinical guidelines from nationally recognized sources during review of our quality and health management programs. Recommendations contained in clinical practice guidelines are not a guarantee of coverage. Members should consult their member-specific benefit plan document for information regarding covered benefits.

## To Review Guidelines

Guideline Title	Source/Location
2025 Global Initiative for Asthma (GINA)	Global Initiative for Asthma (GINA): <a href="https://ginasthma.org/">https://ginasthma.org/</a>
2007 National Asthma Education and Prevention Program (NAEPP) Expert Panel Report 3 Guidelines for the Diagnosis and Management of Asthma	National Asthma Education and Prevention Program (NAEPP): <a href="https://www.nhlbi.nih.gov/health-topics/guidelines-for-diagnosis-management-of-asthma">https://www.nhlbi.nih.gov/health-topics/guidelines-for-diagnosis-management-of-asthma</a>
2020 Focused Updates to the NAEPP Asthma Management Guidelines	NAEPP: <a href="#">Update on Selected Topics in Asthma Management: A Report from the NAEPPCC Expert Panel Working Group (nih.gov)</a>