

1 - I often feel overwhelmed by tasks which I'm not sure I can complete in time

Completely Disagree

Strongly Agree

0	1	2	3	4	5	6	7	8	9
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2 - I'm not comfortable with my work schedule and I would like to shift or reduce it

Completely Disagree

Strongly Agree

0	1	2	3	4	5	6	7	8	9
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3 - I'm often frustrated because I'm allocated on tasks which I'm not really interested in

Completely Disagree

Strongly Agree

0	1	2	3	4	5	6	7	8	9
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4 - I often work overtime and I don't have time for myself

Completely Disagree

Strongly Agree

0	1	2	3	4	5	6	7	8	9
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5 - The place where I work for most of my time is not really comfortable

Completely Disagree

Strongly Agree

0	1	2	3	4	5	6	7	8	9
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6 - I would like more occasions to talk with my manager and explain my views and expectations

Completely Disagree

Strongly Agree

0	1	2	3	4	5	6	7	8	9
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7 - I don't feel 100% comfortable working with some of my colleagues

Completely Disagree

Strongly Agree

0	1	2	3	4	5	6	7	8	9
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