Subject: RE: Introduction to Llew Mills

Date: Monday, 14 August 2017 at 3:47:11 PM Australian Eastern Standard Time

From: Shane Darke
To: Llew Mills

CC: Richard Mattick

Dear Llew,

We have you down for this Thursday at 3pm to present "The Effect of Beliefs About Dose During Tapered Dose Reductions: Modelling Withdrawal Processes in Heavy Caffeine Consumers". If you come over to our main building (R3, 22 King St Randwick) at around 2.40, I will take you over to where the presentation will be held. You can ask for me at the front desk. You can bring the talk on a memory stick or email it to me. How long is your presentation likely to be?

Shane Darke

Professor Shane Darke

National Drug & Alcohol Research Centre
UNSW Medicine | University of New South Wales | Sydney | NSW 2052 | Australia

T: +61 (2) 9385 0331 Fax: +61 (2) 9385 0222 E: <u>s.darke@unsw.edu.au</u> | W: med.ndarc.unsw.edu.au

UNSW ABN 57 195 873 179 CRICOS Provider Code 00098G





The Difference is Research

From: Llew Mills [mailto:llew.mills@sydney.edu.au]

Sent: Wednesday, 26 July 2017 2:29 PM

To: Shane Darke **Cc:** Richard Mattick

Subject: Re: Introduction to Llew Mills

Hi Shane and Richard

Richard thank you for the referral to Shane. Yes the 17th of August at 3pm suits me just fine.

The title of the presentation will be 'The Effect of Beliefs About Dose During Tapered Dose Reductions: Modelling Withdrawal Processes in Heavy Caffeine Consumers.'

What is the location of the seminar room?

All the best

Llew

Llew Mills | Doctoral Candidate
School of Psychology (A18) | Faculty of Science
THE UNIVERSITY OF SYDNEY
Room 241 Top South Badham Building (A16) | The University of Sydney | NSW | 2006
M 0421 032 614 | E | Ilew.mills@sydney.edu.au

From: Shane Darke <s.darke@unsw.edu.au>
Date: Wednesday, 26 July 2017 at 8:49 AM
To: Llewellyn Mills <llew.mills@sydney.edu.au>
Cc: Richard Mattick <R.Mattick@unsw.edu.au>
Subject: RE: Introduction to Llew Mills

Dear Llew, following on from Richard's email, I can offer you an in-house seminar spot for Thursday 17 August at 3pm. Our seminars are from 3-4pm. An in-house presentation is typically around 30 minutes (40 max), followed by questions. Can you let me know if you can do that time and a

presentation title?

Best wishes,

Shane Darke

Professor Shane Darke

National Drug & Alcohol Research Centre
UNSW Medicine | University of New South Wales | Sydney | NSW 2052 | Australia

T: +61 (2) 9385 0331 Fax: +61 (2) 9385 0222 E: <u>s.darke@unsw.edu.au</u> | W: med.ndarc.unsw.edu.au

UNSW ABN 57 195 873 179 CRICOS Provider Code 00098G





The Difference is Research

From: Richard Mattick

Sent: Tuesday, 25 July 2017 6:04 PM

To: Llew Mills

Cc: Laura Vogl; Shane Darke

Subject: Re: Introduction to Llew Mills

Dear Shane

Can this guy be put on the programme for seminar series. He will forward his cv.

R

Richard P Mattick. UNSW Australia. +61 419409010. Sent from iPhone.

On 25 Jul 2017, at 5:02 PM, Llew Mills < llew.mills@sydney.edu.au > wrote:

That sounds like a great idea. Thank you Richard. I would relish the opportunity.

Sent from my iPhone

On 25 Jul 2017, at 4:11 PM, Richard Mattick < R.Mattick@unsw.edu.au > wrote:

Dear Llew

I have a better suggestion to combine a meeting, with you giving a seminar at NDARC later this year.

I copied in Prof Darke who might be able to include you in the seminar series at NDARC.

R

Professor Richard P Mattick NHMRC Principal Research Fellow,

National Drug and Alcohol Research Centre (NDARC) Faculty of Medicine

The University of New South Wales UNSW SYDNEY NSW 2052 AUSTRALIA

Tel +61(2) 9385 0331 Fax +61(2) 9385 0222

Email: <u>r.mattick@unsw.edu.au</u>

Web: http://www.ndarc.med.unsw.edu.au UNSW SYDNEY NSW 2052 AUSTRALIA

E: r.mattick@unsw.edu.au

T: +61(2) 9385 0331 Fax +61(2) 9385 0222

W: unsw.edu.au

CRICOS Provider Code 00098G

<image001.png>

From: Llew Mills [mailto:llew.mills@sydney.edu.au]

Sent: Monday, 24 July 2017 11:10 AM **To:** Laura Vogl; Richard Mattick

Subject: Re: Introduction to Llew Mills

Hi Richard and Laura

Thanks so much for the Introduction Laura.

As Laura mentioned I have nearly finished my PhD (submitting on September 4th) and am looking around for opportunities in the area of addiction research. Obviously NDARC is the peak organisation in this area. I have collaborated in a limited capacity with Tim Dobbins on a project for the Psychosocial Research Group at Prince of Wales clinical school, and really admire the work coming out of NDARC at the moment.

Basically my PhD looked at a method of reducing withdrawals in people tapering off a drug. It strikes me that though there have been many innovations in psychotherapeutic approaches to rehabilitation, and also several innovations in the pharmacology and delivery of drug replacements (e.g. Naltrexone, Suboxone) the actual method of conducting a dose taper has remained unchanged for almost 70 years (or more). I know you have been heavily involved in research into opioid substitution methods and would be interested in your thoughts.

I was wondering if you would be interested in having lunch some time in the next few weeks? I live very close to NDARC and although I am busily writing up the last few chapters of my thesis, my non-thesis schedule is quite free.

I have attached a new version of my resume (just had another article accepted for publication).

All the best

Llew

Llew Mills | Doctoral Candidate
School of Psychology (A18) | Faculty of Science
THE UNIVERSITY OF SYDNEY
Room 241 Top South Badham Building (A16) | The University of Sydney | NSW | 2006
M 0421 032 614 | E llew.mills@sydney.edu.au

From: Laura Vogl < l.e.vogl@blackdog.org.au Date: Monday, 24 July 2017 at 8:23 AM

To: Richard Mattick < <u>R.Mattick@unsw.edu.au</u>>, Llewellyn Mills

< llew.mills@sydney.edu.au>

Subject: Introduction to Llew Mills

Hi Richard (and Llew)

Hope you are going well.

I mentioned last time I saw you that a colleague of mines partner was completing his PhD in the role of knowledge in addiction. I thought his research sounded really interesting and related to the work you had done with buprenorphine etc. He would be really keen to meet with you as he is interested in working with (or for) NDARC. The details of his research are below.

I appreciate you taking the time to meet / chat with Llew. I have cc'd you both into this email to allow the further communication.

All the best Laura

My PhD is on the role of knowledge in addiction. Basically I am testing whether addicted individuals' beliefs about how much of a drug they have in their system influences the way they perceive their withdrawal symptoms. I'm applying this idea to a procedure called a dose taper, which is a common procedure for addicted individuals to transition off their drug of choice (e.g. Methadone but it could be anything). In standard dose tapers the person undergoing the taper usually known the timing and magnitude of their dose reductions and anticipates withdrawal at the times they know their dose is going down. This anticipation, I believe, causes a type of negative placebo effect, making withdrawal symptoms worse. My idea is to give addicts the options of voluntarily blinding themselves to the timing of their dose reductions during their dose taper procedure to remove the anticipation of dose reductions and the nocebo effect. The archetypal drug this could be applied to is methadone but I am modelling the procedure using caffeine.

I am interested in all areas of addiction, especially in developing interventions that have the potential to help addicted individuals transition off drugs more easily. Of course NDARC is mecca for a person with my research interests and I would love to work there. It sounds like a great place to work. Recently I collaborated on a paper with Tim Dobbins as part of my work with the Psychosocial Research group at Prince of Wales Clinical school.

I have attached my resume. Thank you so much for the opportunity.

All the best

Llew

Llew Mills | Doctoral Candidate
School of Psychology (A18) | Faculty of Science
THE UNIVERSITY OF SYDNEY
Room 241 Top South Badham Building (A16) | The University of Sydney | NSW | 2006
M 0421 032 614 | E llew.mills@sydney.edu.au