# Voluntary Local Review

*Implementation of the 2030 Agenda for Sustainable Development:*

The Practical Case of Matosinhos Municipality



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June 2023

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# Voluntary Local Review

## Implementation of the 2030 Agenda for Sustainable

## Development: *The Practical Case of Matosinhos Municipality*

June 2023

Matosinhos City Hall

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# Foreword

The 2030 Agenda, developed by the United Nations in 2015, is an action plan that establishes the 17 Sustainable Development Goals (*SDGs*) to be achieved by the year 2030. These goals cover several areas, highlighting the promotion of inclusive and quality education, ensuring access to health and well-being, combating climate change, encouraging gender equality, and promoting innovation and sustainable economic development.

Most, if not all, of the priorities in the 2030 Agenda have been present in the actions of the Municipality of Matosinhos for many years. An example of this is the significant investment in inclusive and quality education, in generalised access to basic necessities (from medication to water and food) and in the fight against climate change.

The Municipality of Matosinhos presents several strategic instruments that prove this commitment to the sustainable development goals. In 2012, Matosinhos approved its Sustainable Energy and Climate Action Plan, whose implementation allowed to reduce emissions by 40% by 2020, and in 2018, was defined the Municipal Strategy of Adaptation to Climate Change (MSACC). This work even makes us aspire to achieve carbon neutrality in 2030. Also in 2018, the Municipal Health Plan was implemented, and the Municipal Education Plan, the Social Development Plan, the annual action plans, the Municipal Youth Plan, the Local Plan for the Inclusion of Roma Communities, the Municipal Plan for Citizenship and Equality and the Municipal Plan for Disabilities have been in force for many years. This report reproduces photographically the roadmap of actions that we are pursuing.

Cities play a vital role in building a sustainable future: through their formal skills, networking capacity and the capital of trust that citizens place in local government. Making this commitment to the 2030 Agenda we are part of a global

network committed to sustainable development, with the advantages that working in a network allows us to achieve.

Even the best strategies can fail if the citizens are not committed to action and results can only be achieved through the sum of millions of small everyday actions. That is why we all are important to save our planet A and thereby ensuring better health and well-being indicators for our citizens.

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# List of Abbreviations

*ABAE* - Associação Bandeira Azul da Europa

*CIaP* – Centro Incentivar a Partilha

*E2OM* - Escola de Segunda Oportunidade de Matosinhos

*IPA* – Instituto Português da Afasia

*JIL* - Jogos Interativos da Leitura

*LGBTI* - Lesbian, Gay, Bisexual, Trans and Intersex

*MIL* - Matosinhos Itinerant Library

*MSACC* - Municipal Strategy of Adaptation to Climate Change

*MSDI* - Municipal Sustainable Development Index

*NGDO* - Non-Governmental Organisation of People with Disabilities

*NGOs* - Non-Governmental Organisations

*PISS* - Private Institution of Social Solidarity

*PO APMC* - Programa Operacional de Apoio às Pessoas Mais Carenciadas

*RPICPE* - Rede de Parceria das Instituições de Combate à Precariedade Económica

*SAAS* - Serviço de Atendimento e Acompanhamento Social

*SAFE* - Saúde, Arte, Formação, Educação

*SDGs* - Sustainable Development Goals

*SRH* - Sexual and Reproductive Health

*UN* - United Nations

*V.E.M.* - Voluntariado em Matosinhos

*VLR* - Voluntary Local Review

*WHO* - World Health Organization

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# Introduction

### The 2030 Agenda

The 2030 Agenda, also called "*Transforming our World: 2030 Agenda for Sustainable Development*" was adopted in 2015 with the aim of inviting all countries to implement strategies, measures and/or plans that combine economic growth, social inclusion and environmental sustainability, the three main pillars that support this agenda.

It should be noted that this is a broad, ambitious and universal agenda that addresses various aspects related to sustainable development and is composed of the 17 Sustainable Development Goals (*SDGs*) and their respective 169 targets.

### Sustainable Development

Sustainable development is defined as development that seeks to meet the needs of the present generation without compromising the ability of future generations to meet their own needs (Programa das Nações Unidas para o Desenvolvimento, 2016).

Therefore, sustainable development seeks to achieve an inclusive and resilient future. This requires balance and harmony between the three pillars that underpin the 2030 Agenda, which are economic growth, social inclusion and environmental sustainability.

### The Sustainable Development Goals

When talking about the 2030 Agenda and sustainable development it is also necessary to address and understand what the sustainable development goals are.

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| Sustainable Development | → | 2030 Agenda | → | Sustainable Development Goals |
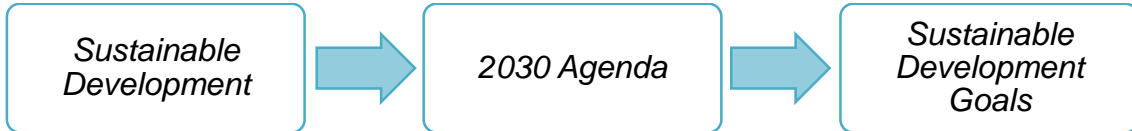
Figure 1. **Pathway to the SDGs.** Own Source.

In this sense, the SDGs are the representation of the 2030 Agenda. In other words, the SDGs embody a global vision of how to bring together the three pillars of sustainable development and how to transform them into strategies, plans and/or policies at local, national and international levels (Sachs [et.al.], 2016, p.9).

Accordingly, the 17 SDGs are the following:

1. No Poverty
2. Zero Hunger
3. Good Health and Well-being
4. Quality Education
5. Gender Equality
6. Clean Water and Sanitation
7. Affordable and Clean Energy
8. Decent Work and Economic Growth
9. Industry, Innovation and Infrastructure
10. Reduced Inequality
11. Sustainable Cities and Communities
12. Responsible Consumption and Production
13. Climate Action
14. Life Below Water
15. Life on Land
16. Peace and Justice Strong Institutions
17. Partnerships to achieve the Goal

In addition to the above, it should be mentioned that these 17 SDGs, accompanied by their targets, have the ambition "Leave No One Behind", and as

such, stimulate actions in 5 fundamental dimensions (Silva, 2020, p.4), called 5P's, as follows:

i)   *People Dimension, consisting of SDGs 1, 2, 3, 4 and 5;*

ii)  *Prosperity Dimension that includes SDG 7, 8, 9, 10 and 11*

iii) *Planet Dimension which includes SDG 6, 12, 13, 14 and 15*

iv)  *Peace Dimension, which comprises SDG 16, and finally*

v)   *Partnership Dimension that encompasses SDG 17.*
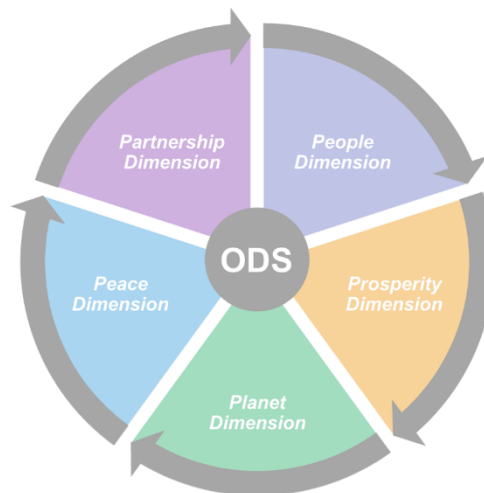


Figure 2. **5P's dimensions.** Own Source.

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By approaching the referred dimensions, it was possible to ascertain that the "People Dimension" is the most covered by the projects implemented in Matosinhos, with a percentage of 29%. However, it is also worth mentioning that the "Prosperity Dimension" is relatively close to the first one, with 22%, but the "Planet Dimension" is the least covered with only 11% of the projects.

## DIMENSIONS VS. PROJECTS



- People Dimension
- Prosperity Dimension
- Planet Dimension
- Peace Dimension
- Partnership Dimension
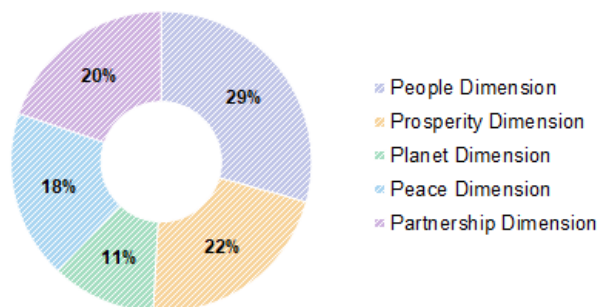
*Figure 3. **Dimensions VS. Projects.** Own Source.*

### Priorities of the municipality

As stated in the opening message, Matosinhos prioritises the SDG 1 (No Poverty), SDG 2 (Zero Hunger), SDG 3 (Good Health and Well-being), SDG 4 (Quality Education), SDG 6 (Clean Water and Sanitation) and SDG 13 (Climate Action) in its strategies for the implementation of the 2030 Agenda for Sustainable Development.

It should be noted that most, if not all, of the Agenda 2030 priorities have been present in the Municipality's action for many years. An example of this is the investment in inclusive and quality education, in generalised access to basic necessities (from medicines to water and food), in fighting energy poverty and climate change.

### The ODSLocal Platform

The ODSLocal Platform is an initiative that aims to mobilize municipalities and other entities to implement and achieve the SDGs proposed by the Agenda 2030 of the United Nations at local, national and international level (ODSLocal, 2022d).

As other projects, this platform aims to:

- Mobilising and empowering local communities (municipalities, stakeholders, citizens) towards the goals of the 2030 Agenda;
- Stimulate the participatory and collaborative construction of "2030 municipal agendas" with defined objectives and concrete and measurable targets;

> - Monitor the performance of Municipalities in relation to the SDGs targets through indicators that respect the general perspective proposed by the UN but that also take into account the specificities of each Municipality;
> - Map and disseminate reference projects, as well as good municipal practices, and identify their respective impacts on the SDGs;
> - Stimulate partnerships for sustainable development at municipal and inter-municipal level;
> - Facilitate the articulation between information on the SDGs and the municipalities' management and planning instruments;
> - Facilitate the preparation of Voluntary Municipal Reports on SDG progress;
> - Reflect and communicate the work done by Municipalities;
> - To publicly distinguish the Municipalities with the best performance or with the most positive evolution trajectories through three initiatives: i) holding an annual national conference, with media projection, ii) awarding the ODSlocal Prize, and iii) awarding the ODSlocal Seal.
>
> (ODSLocal, 2022d).

Regarding this platform, it should also be noted that the 2030 Agenda proposed by the United Nations (*UN*) in 2015 was adopted and adapted so that the goals could be adapted to the reality of Portuguese municipalities (ODSLocal, 2022b). In this sense, of the 169 targets proposed by the UN only 119 were considered, of which 25 were adapted (Idem).

### The municipality's adhesion to the ODSLocal platform

In November 2020, Matosinhos joined the base plan of the Municipal Platform for Sustainable Development Goals, with the aim of encouraging adherence to the 17 SDGs proposed by the UN in the 2030 Agenda entitled "*Transforming our World: 2030 Agenda for Sustainable Development*", which came into force on 1 January 2016 and will be applied until 2030 (Matosinhos City Hall, 2020).

Later, in January 2023, the municipality chose to join the advanced plan of the platform. From that moment on, it was possible to insert more Good Practices developed in the municipality of Matosinhos.

# Process of Localisation of the SDGs

## *Voluntary Local Review*

This Voluntary Local Review (*VLR*) emerged firstly within the scope of joining the ODSLocal Platform. Later, it was understood that monitoring the situation of the Municipality of Matosinhos regarding the achievement of sustainable development goals was also important. In this sense, the VLR has become a key instrument to monitor the progress of the municipality and highlight the importance of the collaboration of all actors in local society to implement, fulfil and assist the achievement of the 17 SDGs.

Therefore, the main objective of this report is to highlight the progress of the Municipality of Matosinhos in the follow-up of the implementation and execution of the SDGs present in the 2030 Agenda of the United Nations.

It should be noted that in the appendix, a table is presented with projects and good practices implemented in the municipality of Matosinhos that help to understand the document and, in turn, allow us to visualise the focus that the municipality of Matosinhos has in achieving and implementing the SDGs.

## *Methodology used*

When addressing the issue that involves the SDGs, it was necessary to understand how to develop measures to be able to implement and achieve these goals in the future.

In this sense, Matosinhos started the process of localising the SDGs by creating a team to monitor, advance and transmit the SDG culture. After that, it was crucial to understand what would be the best statistical data to use. It was understood that using reliable data from internal sources, and in some cases external ones, was important to support decision making.

In addition to the above, it is also worth highlighting the adoption of sharing methods and the involvement of the various local actors in raising awareness of

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the 2030 Agenda and their contribution to the preparation of the VLR.

## *Implementation of the 2030 Agenda and the SDGs*

As objectives and goals were defined to be achieved in the municipality, the SDGs were not left aside and as such, the mentioned methodologies helped to implement, disseminate and raise awareness throughout the municipality on this subject.

So, the implementation of the SDGs in the municipality of Matosinhos involves several aspects such as:

- the preparation of appropriate resources to implement the SDGs;
- the use of reliable statistical data to support decision-making;
- encouraging and participating in activities and events with and for the society, with a focus on raising awareness of the SDGs and the importance of achieving them by 2030;
- the identification and implementation of actions that contribute positively to the SDGs,
- the establishment of partnerships with the civil society and the private sector.

## *Monitoring the SDGs*

Matosinhos monitors and evaluates the progress of SDG implementation through statistical data provided by external entities and data gathered from the plans and strategies developed in the municipality.

In order to be able to implement and anchor the SDGs, the contribution of the whole society is needed, it is important to collaborate not only with local governments, but also with all stakeholders.

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**1 NO POVERTY**

**End poverty in all its forms everywhere**
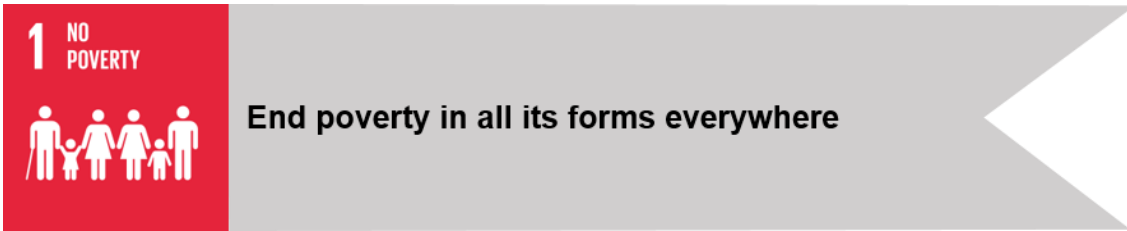
The first SDG seeks to end poverty in all its forms everywhere (ODSLocal, 2022a). To do so, it covers aspects related to poverty, social protection, vulnerability to risks and access to resources (Idem).

In this sense, the targets of the first SDG related to poverty focus on eradicating extreme poverty (Target 1.1), reduce poverty by at least 50% (Target 1.2), mobilize resources to implement policies to combat poverty (Target 1.A) and create pro-poor and gender-sensitive policy framework structures (Target 1.B) (Idem). Regarding social protection, the main target is to implement social protection systems (Target 1.3) (Idem). In terms of vulnerability to risks, the target that stands out is increasing resilience to environmental, economic and social disasters (Target 1.5) (Idem). The last target, related to access to resources, is to ensure equal access to property, basic services, technology and economic resources (Target 1.4) (Idem).

For a better understanding of this SDG, figure 4 helps to understand the SDG and its targets.

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*Figure 4. **SDG 1. No Poverty**. ODSLocal, 2022b. Own translation.*

Within the scope of this SDG, the Municipality of Matosinhos has developed and implemented several projects and good practices.

For projects, we can mention:

**Ribeiras + Inclusiva**

"Ribeiras more Inclusive" is a project that hopes to work with the community as a whole, reinforcing its skills and improving its ability to adapt to the changes that the future holds, with a special focus on children and the elderly.

**100Limites**

"100Limits" was created to respond to the needs felt in the territory and identified in the Social Diagnosis of the Municipality as well as in the Municipal Health Plan. These needs are based on several intervention lines of the Healthy Neighbourhoods Programme.

**(Com) Vida S. Gens Histórias do meu Bairro**

A project designed to establish relationships between the residents of the S. Gens housing complex. The project ("With Life S. Gens Stories of my Neighbourhood") culminates with the making of 5 short mobile documentary films (recorded with smartphones), showing the sharing of memories, testimonies about life in the S. Gens housing complex. In this way, the viewer will have an understanding of the daily life of this community and different views of it. The idea is to give a voice to local residents about the positive experiences in their Housing Estate and to break down prejudices and stigmatisation about the experiences and representations of social actors who live in territories classified as excluded territories.

In terms of good practices, some were implemented, such as:

**A Minha Merenda**

The lifestyles and the diet of the children of the municipality of Matosinhos are a priority in the educational and health promotion policy designed for Matosinhos. The objective of A Minha Merenda ("My Meals") is to provide healthy meals for children and fulfil the needs of families.

**Leite Escolar**

The "School Milk Regime" consists in distributing exclusively plain milk instead of chocolate milk. This distribution to the students is carried out daily in all kindergartens and primary schools of the 1st cycle of the public school system in the municipality and does not bring costs to the parents.

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**Regime de Fruta escolar**

The "School Fruit Regime" consists of the free distribution of fruit and vegetables in order to nutritionally enrich the snacks of pre-school and primary school children. In addition to the students, the teachers also receive free fruit and vegetables so that they can serve as an example to the children.

Regarding the achievement of the Targets of this first SDG, we present the example of the indicator *Proportion of households served by wastewater drainage (%)*, referring to target 1.4. In this case, it is possible to verify that the municipality has already exceeded (99) the 2030 target value (90).

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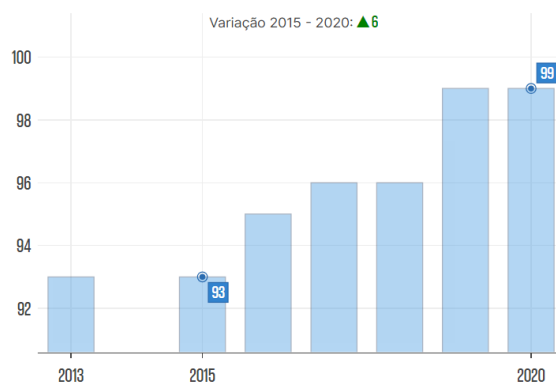


*Figure 5. **Proportion of households served by wastewater drainage (%).** ODSLocal, 2022c.*

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**2 ZERO HUNGER**

**End hunger, achieve food security and improved nutrition and promote sustainable agriculture**

The second SDG covers aspects related to food sovereignty, agricultural systems and agrodiversity with the purpose of eradicating hunger, achieving food security, improving nutrition, and boosting and encouraging sustainable agriculture (ODSLocal, 2022a).

Therefore, the targets on food sovereignty focus on two aspects, namely ending hunger and ensuring universal access to safe and nutritious food (Target 2.1) and end all forms of malnutrition (Target 2.2) (Idem). Regarding agricultural systems, the targets to be taken into account focus on increasing the productivity and income of small-scale food producers (Target 2.3) and ensure sustainable food production systems and resilient agricultural practices (Target 2.4) (Idem). The last target, relating to agrodiversity, is concerned with maintaining genetic diversity in food production (Target 2.5) (Idem).

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Figure 6. **SDG 2. Zero Hunger**. ODSLocal, 2022b. Own translation.

Regarding the second SDG, the Municipality of Matosinhos has been developing and implementing projects such as:

**Incentivar a Partilha na Cruz de Pau (CIaP)**

The project ("Encouraging Sharing in the Cruz de Pau") is based on CIaP - Centro Incentivar a Partilha (Incentive Sharing Centre), which operates under a regime of solidarity sharing of resources, in the former school of Cruz de Pau, serving a territory where the Cruz de Pau Housing Complex stands out. CIaP is based on a collaboration protocol involving the Incentive Sharing Centre, Matosinhos City Hall and the Catholic University of Porto. Thanks to this community operation, CIaP has been economically self-sustainable.

**SeaShore ANGEIRAS**

A project that stimulates capacity building and local job creation, in a perspective of sustainability for the community. The project offers a set of boat trips visiting several points of interest along the county coast, as well as thematic workshops related to the fishing activity. In addition to these activities, training actions for fishermen and actions to promote access to health are offered, through check-ups and vaccination campaigns.

**O2 –Oportunidades para Tod@s**

Project ("Opportunities for All") which promotes the employability and social integration of the inhabitants of the Biquinha and Seixo neighbourhoods, with a special focus on young people, helping to break the circles of poverty and lack of opportunities in which they are caught up. This is conceptualized in a triangulation between the intervention in the neighbourhoods, where the processes of young people start and where it is intended that they produce a return and where it is intended that they produce a return, the school E2OM –

Escola de Segunda Oportunidade de Matosinhos (second chance school of Matosinhos), which works to empower the possibilities of young people, and the companies, essential in promoting their insertion in the work market and in society.

And as good practices, for example:

**Horta à Porta**

This initiative ("Garden at your Doorstep") intends to promote the quality of life of the population, through good agricultural practices. The idea is to make parcels of land of around 25m$^2$ available to individuals who are interested in organic



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agriculture and composting. On receiving the land parcel, the future farmers receive training in organic farming. The only obligations are to maintain the parcel of land and apply the principles of organic farming.

**PO APMC - Programa Operacional de Apoio às Pessoas Mais Carenciadas**

O PO APMC - Programa Operacional de Apoio às Pessoas Mais Carenciadas ("operational programme of support for the most deprived persons") seeks to prevent poverty and social exclusion by supporting families in a situation of proven economic



need. In this sense, sessions are promoted that intend to help beneficiaries to make the food they receive profitable, diversifying the ways of preparing it, in order to avoid its waste, and also to raise awareness for a more efficient management of the family budget, with small tips on saving and organising.

**Rede de Parceria das Instituições de Combate à Precariedade Económica (*RPICPE*) - Apoio Alimentar**

The RPICPE - Rede de Parceria das Instituições de Combate à Precariedade Económica ("partnership network of institutions to combat economic precariousness") is addressed to people and families in a situation of economic need, consisting of: the distribution of food products, through associations or non-profit entities; in the supply of meals at a symbolic cost in Private Social Solidarity Institutions (Emergency Food Programme) and the supply of free meals in the Social Canteen, which may include personal hygiene and clothes treatment services.

Regarding this SDG, we present the example of the indicator *Gross value added in agriculture, livestock and fisheries per worker*, referring to target 2.3. By analysing the graphic, it can be seen that Matosinhos has not yet reached the target value (15 080), but if the observed tendency continues it will be possible to reach the target value by 2030.

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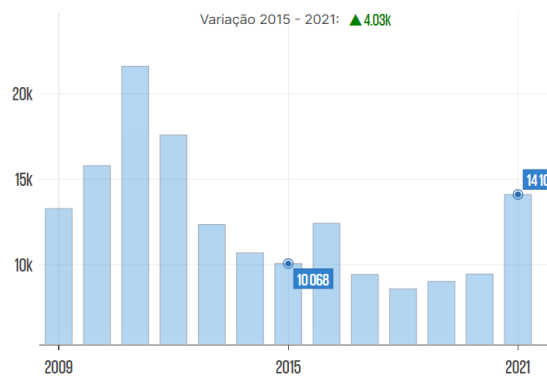


Figure 7. **Gross value added in agriculture, livestock and fisheries per worker**. ODSLocal, 2022c

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**3 GOOD HEALTH AND WELL-BEING**

**Ensure healthy lives and promote well-being
for all at all ages**
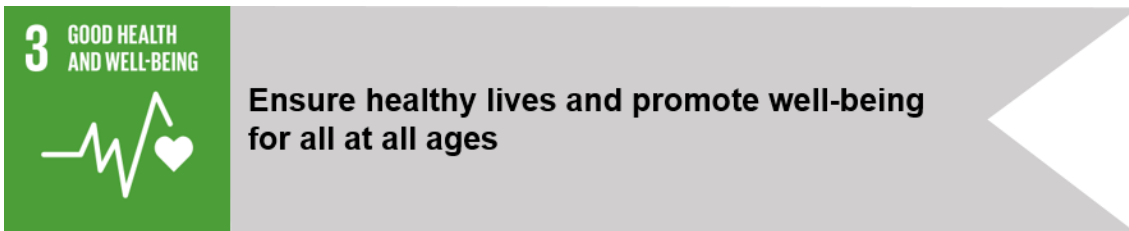
The 3rd SDG, with its focus on ensuring healthy lives and promoting well-being for all at all ages, covers goals related to access to health care, mortality, substance abuse, chemicals and pollution, as well as research and disease eradication (ODSLocal, 2022a).

Regarding the goals of this SDG, the following can be identified as being associated with access to health care: ensuring universal access to sexual and reproductive health care (Target 3.7), achieving universal health coverage (Target 3.8) and increasing health financing, as well as support for professionals (Target 3.C) (Idem). In relation to mortality, the targets that stand out are to minimise the maternal mortality rate (Target 3.1), to end all preventable deaths of new-borns and children under 5 years (Target 3.2), reducing mortality from non-communicable diseases and promoting mental health (Target 3.4), and also reducing the number of people killed or injured in road accidents (Target 3.6) (Idem). In the context of substance abuse, the targets highlighted are to strengthen prevention and treatment of substance abuse (Target 3.5) and to implement the Framework Convention on Tobacco Control of World Health Organization (WHO) (Target 3.A) (Idem). Regarding chemicals and pollution, the presented target seeks to reduce the number of deaths and illnesses due to harmful chemicals, contamination and pollution of air, water and soil (Target 3.9) (Idem). The last target consists of eradicating communicable diseases and is aligned with the research and disease eradication aspect (Target 3.3) (Idem).

To better understand this SDG, figure 8 helps to understand the SDG and its targets.

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*Figure 8. **SDG 3: Good Health and Well-being.** ODSLocal, 2022b. Own translation.*

With this in mind, we can list some projects and good practices implemented by the Matosinhos Municipality in this context.

Examples of projects include:

**Centro GIS**

PISS (Private Institution of Social Solidarity) with the purpose of responding to the existing problems of discrimination and violence and the lack of services for lesbian, gay, bisexual, trans and intersex (*LGBTI*) victims. The "Gis Centre" is the only structure in the north of the country to guarantee free and specialised support to LGBTI people.

**MATOSINHOS, + Movimento + VIDA 2021**

The project ("MATOSINHOS, + Movement + LIFE 2021") is free of charges for the population of Perafita, Matosinhos, in a socio-economically disadvantaged area, and provides weekly physical activity classes for different age groups in order to combat sedentary lifestyles, social and affective isolation, and contribute to a better quality of life.

**Eu, Tu, Nós... Somos Seixo**

A project ("I, You, We… are Seixo") designed as a response to the vulnerabilities identified among the population living in the Seixo Housing Estate. The focus is placed on the residents as agents of change, on the work in building their capacity and strengthening their image as community leaders in the neighbourhood are fundamental factors for the maintenance and sustainability of the project.

In the case of good practice, we listed:

**Matosinhos Ativo**

"Matosinhos Active" is a free programme of physical activity, addressed to senior citizens living in the Matosinhos Municipality. In addition to being free, includes insurance and the modalities Cardio +65 and Aqua +65. Cardio +65 consists of a set of mobility, flexibility and coordination activities. Aqua +65 is a circuit of exercises in the aquatic environment.

**Matosinhos a Cuidar**

"Matosinhos Caring" is a programme that involves two interconnected actions: the Carers' Support Office, which provides an individualised face-to-face service and promotes integrated support measures to promote the bio-psychosocial well-being of informal carers; and the Carers' Stock Exchange service, as social support, which consists of providing care free of charge, by people with the appropriate profile and qualifications, to enable informal carers to take breaks from their caring duties so that they can dedicate themselves to any other activity that is of personal benefit or merely for rest.

**abem: Rede Solidária do Medicamento** ("Medicines Solidarity Network")

Solidarity programme by the Dignitude Association, which hopes to guarantee access to out-patient medication for any citizen in Portugal who is in a situation of economic need that makes it impossible for them to purchase the medication prescribed by a doctor.

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In the case of health, we show as an example the indicator *Deaths from respiratory system diseases, per 100,000 inhabitants (no.)*, referring to target 3.9. By analysing the values in the graphic, it can be seen that the most recent value has not yet reached the target value (78.6) but is more than 50% of the way to reaching the 2030 target value.



Variação 2015 - 2018: ▲ 6.2

*Figure 9. **Deaths from respiratory system diseases, per 100,000 inhabitants (nº).** ODSLocal, 2022c.*

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**4 QUALITY EDUCATION**

**Ensure inclusive and equitable quality education and promote lifelong learning opportunities for all**
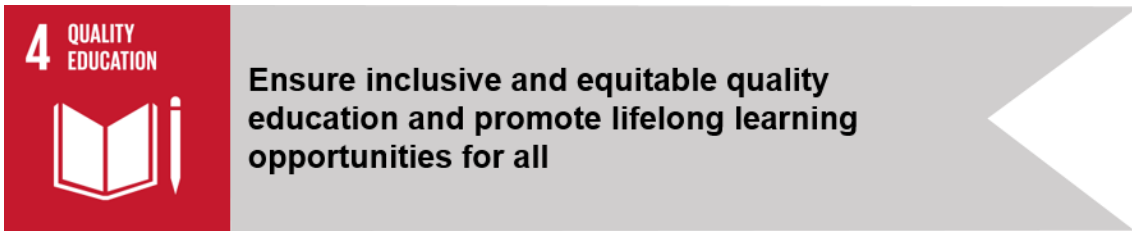
The SDG 4 refers to ensure inclusive and equitable quality education and promote lifelong learning opportunities for all (ODSLocal, 2022a). In this sense, its targets focus on aspects such as the quality of education and the right to education (Idem).

Thus, in terms of quality of education, targets are highlighted such as ensuring free primary and secondary education (Target 4.1), ensuring equal access to quality pre-school (Target 4.2), ensuring equal and affordable access to technical, vocational and higher education (Target 4. 3); increasing the number of people with relevant qualifications for success (Target 4.4); ensuring literacy and numeracy for the whole population (Target 4.6), and also building and improving the physical infrastructure for education to make it inclusive and safe (Target 4.A) (Idem). Regarding the right to education, two targets are mentioned, eliminating all discrimination in education (Target 4.5) and ensuring that all students have education to promote sustainable development and global citizenship (Target 4.7) (Idem).

The figure 10, presented below, helps to understand the SDG in question and the respective targets.

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*Figure 10. **SDG 4: Quality Education**. ODSLocal, 2022b. Own translation.*

Within the sphere of the SDG of education, it is possible to mention some projects implemented in the Municipality of Matosinhos, namely:

**+ Literacia**

"More Literacy" is a training project framed within a socio-community perspective. Each edition has its own curriculum, based on themes that are appropriate to the target audience and it enhances the articulation of the different areas of knowledge. In addition to the area of cognitive stimulation not covered in any other training curriculum, Musical and Plastic Expression Education also have been added.

**Os Leixões das Memórias**

This project ("The Leixões of the Memories") aims to mobilize and value the knowledge, experiences, resources, stories and memories of residents, often invisible and stigmatised, reinforcing the sense of community, activating cultural/social capital and combating the social weaknesses identified.

**Viver com Diabetes** ("Living with Diabetes")

To the factors of a high percentage of elderly people with a prevalence of chronic diseases such as diabetes, an active population, mostly with precarious working conditions and poverty and social exclusion, we can add the fear of contagion by Covid-19 and the difficulty of confinement where it is not easy to live. Given the contingency of the Covid-19 pandemic, the living condition of several people has become even more fragile. With the increase in unemployment and precarious jobs, a new working population with high social fragility has emerged, with little social protection from the state and with high financial difficulties for subsistence and human survival. Thus, and because the intervention needs increased exponentially with the pandemic, the population of the housing estates Estação, Caixa Têxtil and Laranjeiras becomes a priority area.

As good practices, some examples are:

**JIL - Jogos Interativos da Leitura** ("Interactive Reading Games")

With a focus on promoting school success came the construction of an online platform designed to promote emerging literacy skills, habits and family dynamics of pre-school children, as well as positive attitudes towards reading and writing.

### "A Ler Vamos…"

The " Reading Let's go..." project was developed with the goal of promoting academic success. Its goal is to promote emergent literacy and mathematical skills that facilitate the formal learning of reading and writing, as well as to early detect children at educational risk in these areas. Therefore, this programme is destined at pre-school and primary school children.

### "Matiga – Matemática Amiga"

Through the individual evaluation of children, the project ("Matiga - Friendly Mathematics") intends to develop activities to promote skills in a playful way, such as mathematical games. In this sense, it is addressed to pre-school education, where they wish to develop areas such as counting and representation of numbers, ordinality; cardinality; simple operations; patterns and shapes.

On education, we present the indicator *Gross enrolment ratio in secondary education (%)*, referring to target 4.6. In this case, the graphic illustrates the fact that Matosinhos has already achieved the 2030 target value (100).



*Figure 11.* **Gross enrolment ratio in secondary education (%).** *ODSLocal, 2022c.*

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**5 GENDER EQUALITY**

**Achieve gender equality and empower all women and girls**

The SDG 5 pretends to achieve gender equality and empower all women and girls (ODSLocal, 2022a). In this sense, it focuses its targets on aspects such as violence, work and empowerment and equality and participation (Idem).

In the scope of violence, the targets that stand out include the elimination of all violence and exploitation of women and girls (Target 5.2) and also the elimination of forced marriages and genital mutilation (Target 5.3) (Idem). In terms of work and empowerment, the highlighted targets are valuing unpaid care and promoting shared domestic responsibilities (Target 5.4) and promoting women's empowerment through the use of technologies (Target 5.B) (Idem). In the last case, equality and participation, this SDG wants to end discrimination against women and girls (Target 5.1), just as it wants to ensure full participation in leadership and decision-making (Target 5.5) (Idem).

For a better understanding of this SDG, figure 12 helps to understand the SDG and the targets in question.

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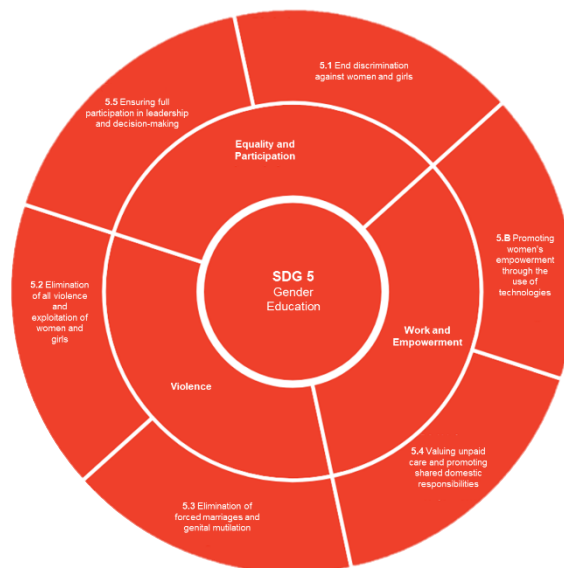


*Figure 12. **SDG 5: Gender Equality**. ODSLocal, 2022b. Own translation.*

Regarding this SDG, the municipality of Matosinhos has already implemented both projects and good practices. Some of these projects are:

**Stayaway Cancro**

This project ("Stayaway Cancer") plans to intervene with actions and activities focused on prevention, education, social and psychological support, as well as on the provision of food supplements and medication, addressed to low-income population groups, in situations of social exclusion, isolation and abandonment, as well as a significant number of people with difficulties in access to health care due to economic need.

27

**Bairros SEM Bullying**

The programme ("Bullying-free neighbourhoods") is designed to promote safe developmental and mental health contexts, preventing bullying and interpersonal violence through integrated community action. Through intervention, psycho-pedagogical materials, and awareness-raising and training activities, the programme intends to combat vulnerabilities, providing the community with strategies to deal with the phenomenon.

**SAFE - Saúde, Arte, Formação, Educação** ("Health, Art, Training, Education")

Identifying children, young people and gypsy ethnic groups as particularly vulnerable, this project proposes an intervention in the field of Sexual and Reproductive Health (*SRH*) in Bairro do Seixo, acting in three areas: the individual, by creating a local SRH promotion office; the community, by providing

training in SRH, equal opportunities and the prevention of direct and indirect violence; and the production of knowledge, by carrying out a study to characterize the social determinants of health of this population.

In addition, some of the good practices implemented are:

### Campos de Férias de Matosinhos

The summer camps, eight weeks full of sports, cultural and environmental activities, addressed to young people from ages 6 to 14 years. Some of these activities are: water activities at the Marés and Quinta da Conceição swimming pools, traditional games, beach games, surfing, horse riding and golf.

### Idosos em Segurança

Developed by the Municipal Police, the "Idosos em Segurança" ("Elderly in Safety") programme provides visits to the elderly of the municipality who live in a situation of isolation, physical dependence or who have economic difficulties. This programme reinforces the sense of security of elderly people who are in a vulnerable situation and who find the Municipal Police officer to be a friend. In addition to home visits, telephone contacts are made whenever necessary. While maintaining the user's privacy and autonomy, this service enables an immediate response in situations of health, safety or loneliness emergencies.

28

### Cartão Social do Bombeiro

This "Firefighter's Social Card" provides incentives i) in the context of the physical preparation of operatives, in swimming pools and gymnasiums run by the municipal company (Matosinhos Sport), ii) 100% support in school meals in the 1st cycle of basic education, iii) free entry to municipal museums iv) offer of one ticket on the purchase of another in shows organised by the municipality, v) availability of

the Psychosocial Support Office, vi) fee exemption in the licensing of the activity of night watchman, vii) or a 50% reduction in the rate of collection of waste equivalent to domestic waste and in the rate of solid urban waste.

Taking into account gender equality, the indicator *Proportion of women elected to the Municipal Councils in local elections (mayors and councillors) (%)*, referring to target 5.5, is presented as an example. In this case, the values have not yet reached the target value (40), but if the trend continues, Matosinhos will be able to reach the target value by 2030.
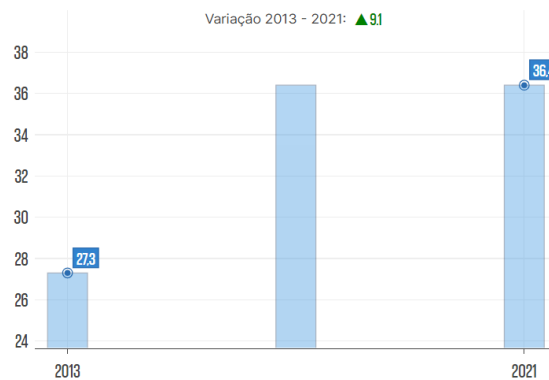
*Figure 13. **Proportion of women elected to municipal councils in local elections (mayors and councillors) (%)**. ODSLocal, 2022c.*

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**6 CLEAN WATER AND SANITATION**

**Ensure availability and sustainable management of water and sanitation for all**
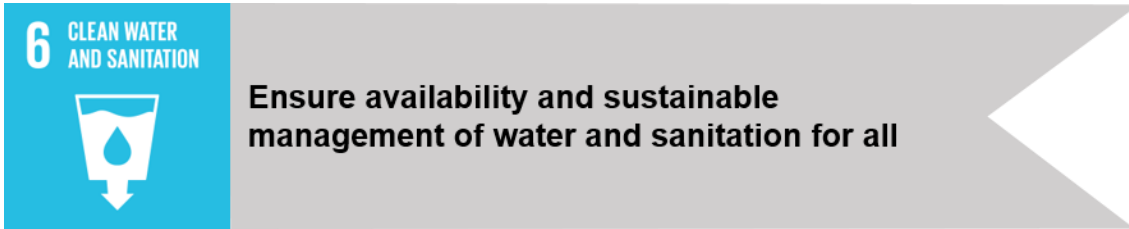
Ensuring availability and sustainable management of water and sanitation for all is what the sixth SDG intends to achieve (ODSLocal, 2022a). To this end, the targets are gathered into three groups, access and efficient use, hygiene and treatment, and water system (Idem).

In the case of access and efficient use are targets referring to achieving universal safe access to safe drinking water (Target 6.1), increasing water use efficiency and ensuring safe water supply (Target 6.4) and supporting the participation of communities in water and sanitation management (Target 6.B) (Idem). In terms of hygiene and treatment the targets refer to ending open defecation and providing access to sanitation and hygiene (Target 6.2) and improving water quality, wastewater treatment and safe reuse (Target 6.3) (Idem). With regard to water systems, two targets are highlighted that focus on implementing integrated water resources management (Target 6.5) and protecting and restoring water-related ecosystems (Target 6.6) (Idem).

The figure below helps to understand the SDG in question and its targets.

30
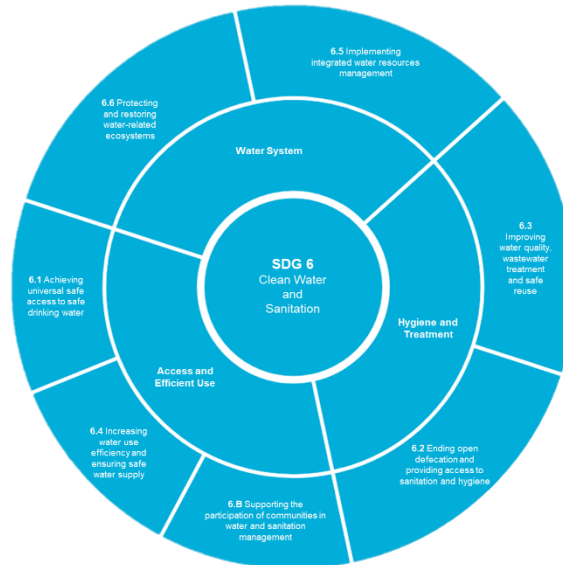
*Figure 14.* **SDG 6: Clean Water and Sanitation**. *ODSLocal, 2022b. Own translation.*

In relation to projects and good practices implemented, it is possible to identify some good practices, such as:

**Praias com bandeira Azul** ("Beaches with a Blue Flag")

The awarding of the Blue Flag to beaches symbolises environmental quality, based on compliance with a series of requirements for environmental quality, safety, well-being, support infrastructures, information for users and environmental awareness.

**Eficiência Energética nas Piscinas e Pavilhões Municipais** ("Energy Efficiency in Municipal Swimming Pools and Stadiums")

There are several measures that have been implemented and that reveal the concern of the municipal sports company

(Matosinhos Sport) in providing its facilities with renewable energy sources and with more sustainable energy equipment.

Regarding water and sanitation, the indicator *Safe water (percentage of water controlled and of good quality for human consumption) (%)*, related to target 6.1, shows that the target value (99) stipulated for 2030 has already been achieved.
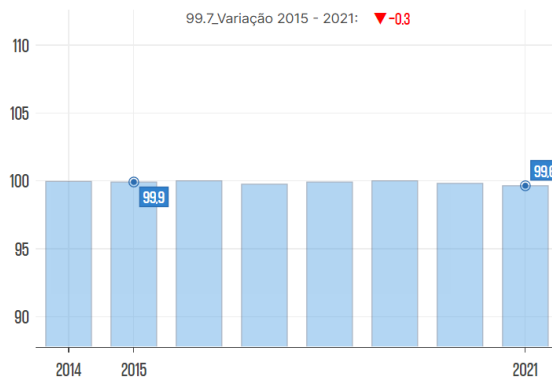


*Figure 15.* **Safe water (percentage of water that is controlled and of good quality for human consumption) (%).** *ODSLocal, 2022c.*

32

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**7 AFFORDABLE AND CLEAN ENERGY**

**Ensure access to affordable, reliable, sustainable and modern energy for all**
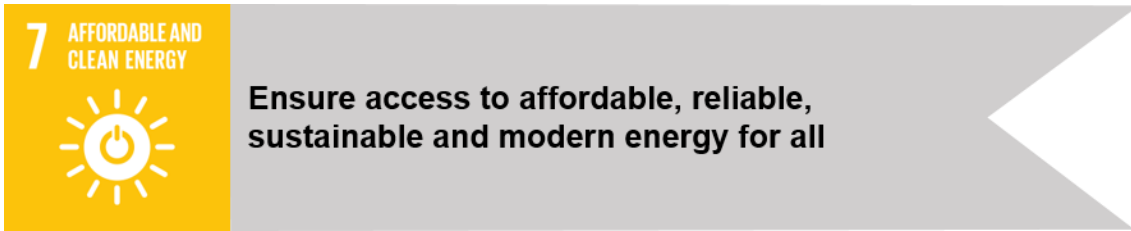
The 7th SDG aspires to ensure access to affordable, reliable, sustainable and modern energy for all (ODSLocal, 2022a). With that in view, this SDG includes targets relating to energy access, renewable energy and energy efficiency (Idem).

In this sense, the target that intends to ensure universal access to modern energy services (Target 7.1) is associated with access to energy (Idem). While the targets of increasing renewable energy in the global energy mix (Target 7.2) and promoting access, technologies and investments in clean energy (Target 7.A) are associated with renewable energy (Idem). Finally, energy efficiency covers a target that refers to doubling the improvement of energy efficiency (Target 7.3) (Idem).

For better interpretation, figure 16 helps to understand this SDG and its targets.



*Figure 16.* **SDG 7: Affordable and Clean Energy**. *ODSLocal, 2022b. Own translation.*

33

In terms of projects implemented in the municipality of Matosinhos, the following can be identified:

**Matosinhos by AYR**

A project that wishes to accelerate the transition of Matosinhos to a carbon-neutral city, starting with the mobility sector. Through the AYR sustainability platform, it plans to encourage the adoption of sustainable behaviours by citizens and communities (company, neighbourhood, etc.) through the municipal bike-sharing system.

In terms of the good practices implemented, the following are identified as examples:

34

**BIM - Biblioteca Itinerante de Matosinhos**

The "Matosinhos Itinerant Library" (*MIL*) operates in a vehicle properly equipped with shelves, displays, computers and furniture to create an outdoor reading space that goes to schools, parish councils, prisons, among other institutions in the municipality's localities. It should also be noted that this mobile library is equipped with solar panels that guarantee greater autonomy.

**Neutralidade Carbónica** ("Carbon Neutrality")

In 2020, Matosinhos achieved the decarbonisation target set for 2030. Taking into account the work developed, the municipality has set itself the goal of reducing carbon emissions by 85% by 2030, anticipating the decarbonisation target set for 2050.

**Plataforma "Escolicidade"**

Destined to primary school children, this platform ("Platform Schooling") is a safe online space for learning, collaborating and sharing, to which the entire educational community has access. The purpose of this platform is to provide children and students



with a learning facilitating environment, in which they learn by playing at each user's individual pace and in a creative way.

Regarding the seventh SDG, the indicator *Car fuel consumption per inhabitant (tep / Inhab.)*, referring to target 7.2, shows that Matosinhos is less than half the distance between the baseline value and the 2030 target value (0.13). However, if the observed path is maintained, it will be possible to reduce this distance and bring the values closer to the stipulated target value.

35



*Figure 17. **Car fuel consumption per inhabitant (tep / Inhab.).** ODSLocal, 2022c.*

**Transforming Our World**

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United Nations

**8 DECENT WORK AND ECONOMIC GROWTH**

**Promote sustained, inclusive and sustainable economic growth, full and productive employment and decent work for all**
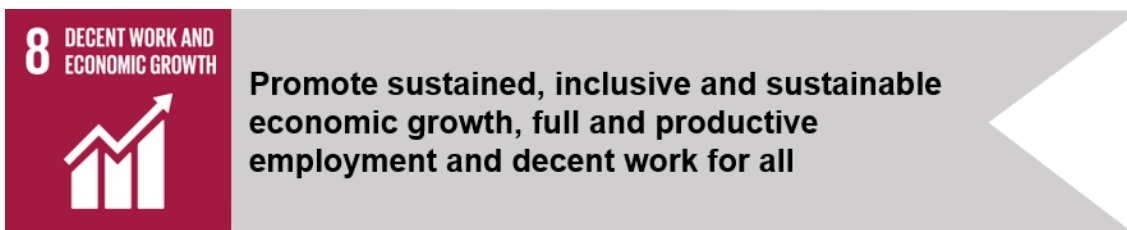
This SDG aspires, as its name indicates, to Promote sustained, inclusive and sustainable economic growth, full and productive employment and decent work for all (ODSLocal, 2022a). Accordingly, the goals associated with this SDG are structured into groups, these being: innovation and sustainable growth, employment, decent and secure work, sustainable tourism and access to banking services (Idem).

Thus, within the scope of innovation and sustainable growth, the targets that stand out are to support sustainable economic growth (Target 8.1), diversify, innovate and upgrade for economic productivity (Target 8.2), provide policies to sustain job creation and support business growth (Target 8.3), as well as, improve resource efficiency in consumption and production (Target 8.4) (Idem). In the field of employment, there are three targets, to achieve full employment and decent work with equal pay (Target 8.5), to promote youth employment, and in return, their education and training (Target 8.6) and to develop a comprehensive youth employment strategy (Target 8.B) (Idem). Regarding decent and safe work, the platform highlights the targets on ending modern slavery, human trafficking and child labour (Target 8.7) and protecting workers' rights and promoting safe working environments (Target 8.8) (Idem). As a last aspect, sustainable tourism and access to banking services are related to the targets that are intended to promote sustainable and beneficial tourism (Target 8.9) and to guarantee universal access to banking, insurance and financial services for all (Target 8.10) (Idem).

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Figure 18 below helps to understand the SDGs in question and their respective targets.



*Figure 18. **SDG 8: Decent Work and Economic Growth**. ODSLocal, 2022b. Own translation.*

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Regarding this SDG, it is possible to identify some projects implemented in the municipality and inserted in the ODSLocal Platform, as such:

**Instituto Português da Afasia**

The IPAFASIA Association is an NGDO (*Non-Governmental Organisation of People with Disabilities*) that offers therapies with great scientific evidence to improve the quality of life of people with aphasia and their careers. At the IPA – Instituto Português da Afasia (*Portuguese Institute for Aphasia*), people with aphasia have access to sessions that promote interpersonal communication skills, socialisation, self-esteem and self-confidence, and also activity training in a home or community setting.

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**Conservar Afetos Femininos**

Addressing the main problems of the territories selected for intervention, we found that female single parenthood, long-term unemployment, low qualifications and precarious income predominate. Historically, the municipality is based on a long tradition of a fishing community and canning industry. In the vast majority of this sector, it was women who now make up the selected territories. Looking to mitigate these fragile situations, this project ("Conserving Feminine Affections") is focused on entrepreneurship, social innovation and female empowerment.

Concerning good practices, we can mention:

**Endurance Training**

This modality emerged from the need for specific training for Fire Brigades, Municipal Police and Civil Protection and Bathing Rescue Operations. This modality is then designed to improve the physical, conditional and coordinative capacities, depending on the time of the year and the needs of the employees who constitute them.

**Jornadas da Empregabilidade**

The "Employability Journeys" intend to provide the participants with skills and tools to increase their competitiveness in the job market. Training actions and workshops are promoted, directed to the unemployed population and/or individuals who are looking to improve their knowledge and professional skills.

**Rally Fish**

The Rally Fish Gastronomic Route seeks to promote the gastronomy of Matosinhos and encourage consumption in local restaurants, in a convivial and sharing atmosphere. Participants of the Rally Fish will be able to try fish and seafood-based snacks (or vegetarian/vegan options) accompanied by a glass of wine, for €3!

In the case of SDG 8, we present the indicator *Disparity in average monthly earnings (between genders - %) of the employed population*, relative to target 8.5. In this case, the values recorded are slightly better than the baseline value. However, if the registered trend continues, Matosinhos will not reach the target value (2.4), but will be less than 50% of the distance observed.

39
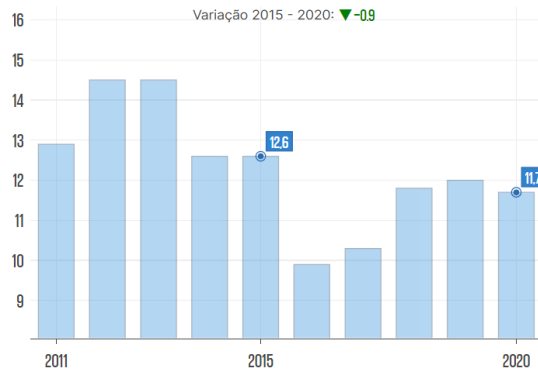


Figure 19. **Disparity in average monthly earnings (between genders - %) of the employed population**. ODSLocal, 2022c.

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**9 INDUSTRY, INNOVATION AND INFRASTRUCTURE**

**Build resilient infrastructure, promote inclusive and sustainable industrialization and foster innovation**
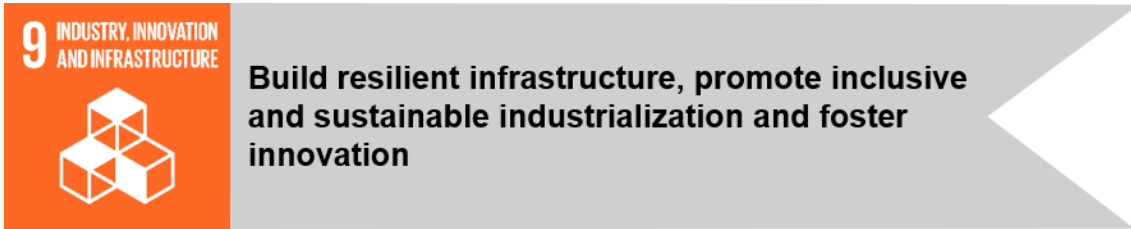
The 9th SDG intends to build resilient infrastructure, promote inclusive and sustainable industrialization and foster innovation (ODSLocal, 2022a). In this sense, the targets that concern this SDG are grouped into two areas: sustainable industry and infrastructure and innovation (Idem).

So, the targets that are in the area of sustainable industry and infrastructure are: develop sustainable, resilient and inclusive infrastructure (Target 9.1), promote inclusive and sustainable industrialization (Target 9.2) and rehabilitate all industries and infrastructure to make them sustainable (Target 9.4) (Idem). In the case of innovation, the targets refer to promote research and update industrial technologies (Target 9.5), support the development of national technologies and industrial diversification (Target 9.B), and finally, increase universal access to information and communication technologies (Target 9.C) (Idem).

For a better comprehension, figure 20 helps to understand the SDGs and the goals addressed.

40

Figure 20. **SDG 9: Industry, Innovation and Infrastructure**. ODSLocal, 2022b. Own translation.

Bearing in mind the above, some of the projects implemented in this context are: *Matosinhos by AYR*, *Instituto Português da Afasia* e *SeaShore ANGEIRAS* (mentioned above).

In terms of good practices, the municipality has also implemented some, such as:

**Programa "Inclusão Inversa"**



This programme ("Inverse Inclusion") covers the 1st cycle of basic education and focuses on the participation of students in projects directed towards people with disabilities, in order to benefit inclusion. Students are then challenged to practice activities addressed to children with disabilities and invited to take their place in the various activities proposed.

**Plano Municipal da Juventude**

A strategic document ("Municipal Youth Plan") that resulted from consultation with the youth population and is an important strategic document that structures and systematises the priorities for municipal intervention around the problems and needs presented by young people and the local community.

**Concurso Cidadania Jovem**

The "Young Citizenship Contest" consists in distinguishing three projects developed by youth and/or student associations and/or similar organizations in the municipality. The initiative intends to respond to the needs/specificities of the municipality through the development and implementation of entrepreneurial projects designed by young people or for young people, which promote solutions providing an improvement in the quality of life of the residents.

42

In the case of SDG 9 and Internet access, we present the indicator *Broadband Internet accesses at fixed location per 100 inhabitants (nº.)*, relating to target 9.C the graph shows that the 2030 target value (37.3) has already been achieved.
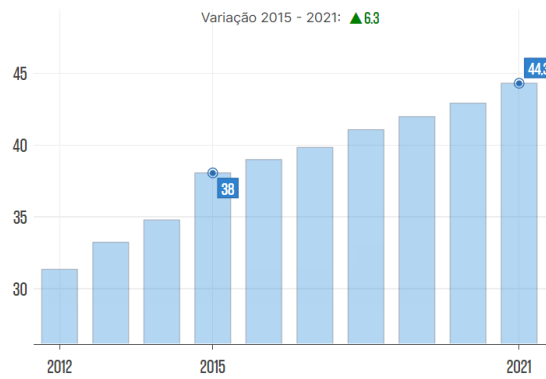


*Figure 21.* **Broadband Internet accesses at fixed location per 100 inhabitants (n. º).** *ODSLocal, 2022c.*

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## 10 REDUCED INEQUALITIES

### Reduce inequality within and among countries

The SDG 10, as its name indicates, focuses on reducing inequality within and among countries (ODSLocal, 2022a). In this sense, this SDG addresses its targets according to two aspects: socioeconomic inclusion and mobility of people and assets (Idem).

Regarding socio-economic inclusion, this SDG addresses targets such as: reducing income inequalities (Target 10.1), promoting universal social, economic and political inclusion (Target 10.2), ensuring equal opportunities and ending discrimination (Target 10.3), and also, adopting fiscal and social policies that promote equality (Target 10.4) (Idem). As for the mobility of people and assets, SDG 10 includes a goal that aims to implement planned and well-managed migration policies that facilitate migration and mobility of people (Target 10.7) (Idem).

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Below is figure 22 that helps to understand the SDG in question and its targets.



*Figure 22. **SDG 10: Reduced Inequality**. ODSLocal, 2022b. Own translation.*

Regarding this SDG, some projects to be mentioned are:

**O Bairro está IN(clusivo)**

This is a project ("The Neighbourhood is In(clusive)") that focuses on the positive transformation of the urban space of Cruz de Pau, relying on the active participation of the community. To this end, this project aims to bring together the inhabitants of Cruz de Pau, the 8th grade students of Matosinhos Basic School and the students of the Master in Interior Design of ESAD - School of Arts and Design.

**Entre a Natureza e a Cidade: Percursos Pedonais do Monte Xisto**
("Between Nature and City: Monte Xisto Walking Trails")

The Caminho das Escadinhas is a project that interconnects architecture, art and nature through a pedestrian route between the hills of the Monte Xisto neighbourhood and the bank of the Leça River in Matosinhos. This initiative seeks to



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demonstrate the added value that projects carried out with limited resources can bring to the most "hidden" and neglected urban spaces in our cities.

**Serviço de Atendimento e Acompanhamento Social – SAAS Matosinhos**

O SAAS - Serviço de Atendimento e Acompanhamento Social ("Social Assistance and Monitoring Service") is a service that develops activities such as attending, informing and guiding citizens about their rights, duties and responsibilities; technical support in the prevention and resolution of social problems; providing detailed information on how to access resources, equipment and social services; granting benefits of an occasional nature with the aim of resolving situations of social emergency and proven economic need; planning and organising social intervention; contractualisation within the context of social

intervention, and also coordinating and assessing the implementation of contracted actions.

Some of the good practices are:

**V.E.M. - Voluntariado em Matosinhos**

The V.E.M., "volunteering in Matosinhos", intends to encourage volunteering practices in the municipality, with a view to raising awareness and mobilising people, namely through partnerships with local institutions.

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Therefore, the municipality guarantees i) the necessary technical support to partner entities to receive, integrate and guide volunteers, ii) the frequency of training actions for volunteers and volunteer managers and iii) the support to technicians of the Institutions in the development and maintenance of voluntary actions in the municipality.

**Dança Sénior Sentada**

Directed towards senior users of the institutions working in the area of the Third Age in the municipality, this project ("Sitting Senior Dance") seeks to meet the needs related to the absence of responses/activities adjusted to people with mobility difficulties, balance maintenance and who move in wheelchairs or with poor mobility. This project contributes to the promotion of active ageing and the fight against social isolation, allowing the participation of people unable to stand up or with balance difficulties.

**Inglês Sénior**

A programme intended for all citizens aged 65 and over who want to acquire basic knowledge and/or improve their ability to speak English. This programme ("Senior English") is designed to teach participants how to read, write, understand and speak English.

Concerning this SDG, the indicator *Redistributive impact of income tax policy*, alluding to target 10.4, also shows that Matosinhos has already achieved the target value stipulated for 2030 (4.2).

47
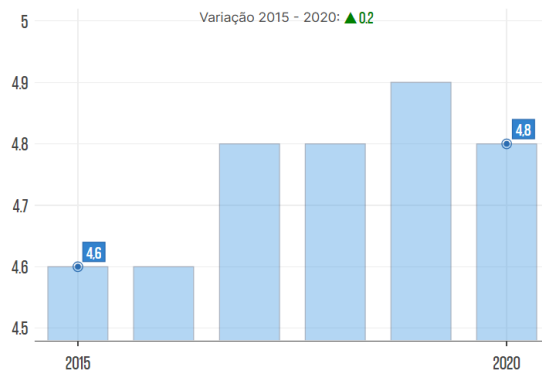


*Figure 23.* **Redistributive impact of income tax policy**. *ODSLocal, 2022c.*

**11 SUSTAINABLE CITIES AND COMMUNITIES**

**Make cities and human settlements inclusive, safe, resilient and sustainable**
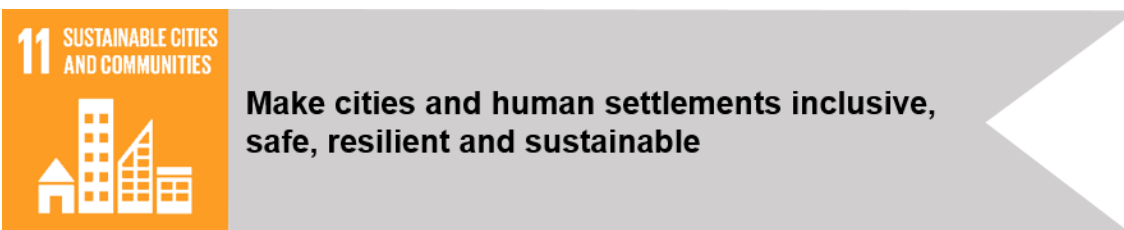
Regarding SDG 11, it should be noted that it aspires to make cities and human settlements inclusive, safe, resilient and sustainable (ODSLocal, 2022a). To this end, this goal focuses its targets on areas related to territorial planning and security, transports, natural and cultural patrimony and sustainable housing and urbanization (Idem).

In this sense the targets that comprehend territorial planning and security are: reducing the adverse effects of natural disasters (Target 11.5), providing access to safe and inclusive green and public spaces (Target 11.7) and strengthening national and regional development planning (Target 11.A) (Idem). In terms of transports, the target refers to providing access to accessible and sustainable transport systems (Target 11.2) (Idem). In terms of natural and cultural heritage, there is only one target that refers to safeguarding and protecting cultural and natural heritage (Target 11.4) (Idem). Finally, related to sustainable housing and urbanization, the targets refer to ensuring safe and affordable housing (Target 11.1), increasing sustainable and inclusive urbanization (Target 11.3), reducing the negative environmental impact in cities (Target 11.6), and also, strengthening resource efficiency and mitigating adaptation to climate change (Target 11.B) (Idem).

Figure 24 helps to understand the SDGs addressed and their respective targets.

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Figure 24. **SDG 11: Sustainable Cities and Communities**. *ODSLocal, 2022b. Own translation.*

Taking the mentioned into account, the municipality of Matosinhos has been implementing and encouraging projects such as:

**T(r)ocar & Reparar - Banco de Ajudas Técnicas**

This project ("Exchange and Repair - Technical Help Bank") is a social response that aims to provide reconditioned materials and technical equipment to mitigate the consequences of lack of mobility, disability or incapacity and provide the individual or carer



with the possibility of carrying out daily tasks as normally as possible.

Regarding good practices, there are also some already implemented, such as:

**Trotinetas e bicicletas elétricas partilhadas** ("Shared scooters and electric bikes")

The Ride Hive company provides an application where users can know which bicycles or scooters are in the proximities of their location and enjoy the service in a faster and more agile way. This way, the municipality tries to promote the use of soft modes, as an alternative to the car, for short distance journeys or as a complement to public transport, appealing that the parking of vehicles is done in a way that does not create difficulties for the use of the public road.
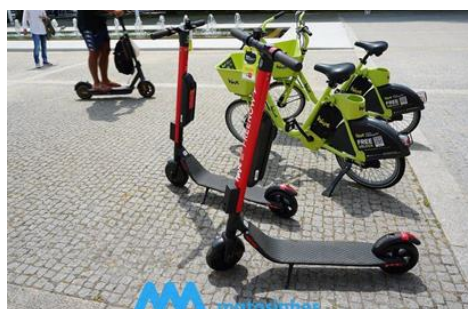
50

**Programa Municipal de Apoio ao Arrendamento**

The mission of this programme ("Municipal Rental Support Programme") is to help people who have difficulties in paying their private rents, promoting the socio-economic reorganisation and empowerment of the family in their daily lives.

**PMAA**
Programa Municipal
de Apoio ao
Arrendamento

matosinhos habit

**Programa de Habitação Social**

The "Social Housing Programme" covers the support provided to the most vulnerable population in the access to housing. This support includes reduced rents in houses in the Matosinhos Habitational Estate. The objective is to provide citizens with housing needs or social problems a better inclusion in society.

In the case of this SDG, the indicator presented, *Urban waste collected per inhabitant (kg/Inhab.)*, refers to target 11.6. The graphic shows that the values recorded are slightly better than the baseline value, but if the trend continues, the municipality will not reach the target value (364), and will be 50% away from reaching the 2030 target value.
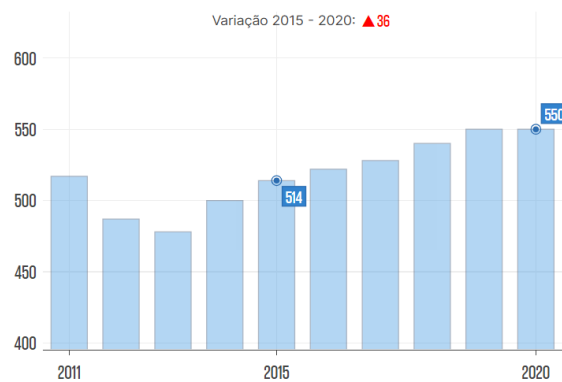


*Figure 25. **Urban waste collected per inhabitant (kg/Inhab.)**. ODSLocal, 2022c.*

**12 RESPONSIBLE CONSUMPTION AND PRODUCTION**

**Ensure sustainable consumption and production patterns**

The objective of SDG 12 is to ensure sustainable consumption and production patterns through Targets implemented in the area of production, consumption and empowerment for sustainability (ODSLocal, 2022a).

Regarding production, it is necessary to take into account targets such as achieving the sustainable management and use of natural resources (Target 12.2), achieving responsible chemicals and waste management (Target 12.4) and reducing waste production (Target 12.5) (Idem). In the area referring to consumption, the targets refer to the implementation of the Ten-year Plan of Programmes on Sustainable Consumption and Production (Target 12.1), reducing by half the global per capita food waste (Target 12.3) and encouraging and promoting sustainable public contracting (Target 12.7) (Idem). The last aspect, empowerment for sustainability, includes targets to encourage companies to adopt sustainable measures and integrate sustainability information in their review (Target 12.6), to promote a global understanding for sustainable lifestyles (Target 12.8), and also to develop and implement tools to monitor sustainable tourism (Target 12.B) (Idem).

Figure 26 helps to clarify the SDGs in question and their respective targets.

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*Figure 26. **SDG 12: Responsible Consumption and Production**. ODSLocal, 2022b. Own translation.*

As far as projects implemented in this area are concerned, we can identify, as examples:

### Mãos à Ópera

This project ("Hands to the Opera") intends to involve the community living in Bairro da Guarda, in a process of creation and assembly of a musical and theatrical proposal which culminates with its presentation to the community, in the form of a large integrated performance. The group of participants will be responsible for choosing all the elements of the final work, from the theme, to the creation and choice of texts and music to be integrated. The group will work during two periods with elements of the Company Ópera ISTO, in a logic of guided conception of the various aspects to be worked on.

Some of the good practices implemented are:

**Mercado Solidário**

This "solidarity market" consists of actions to collect food items donated by customers and operators of the Matosinhos and Angeiras markets, for use in social institutions and distribution to economically vulnerable families. They are designed for people and families in a situation of economic vulnerability which are supported by institutions.

**Recolha Seletiva de Resíduos Orgânicos na Restauração** ("Selective Collection of Organic Waste in Restaurants")

Free service for the collection of organic waste produced in restaurants, canteens, fruit shops or other large producers of organic waste. This collection can operate in two ways: weekly or occasional collection. The application for membership can be made in person at the Loja do Munícipe or via its online services.

**Guia de Resíduos**

The "Waste Guide" is a document accessible to all, which intends to promote the active participation of all citizens of the municipality in the correct separation and recovery of their waste. It gathers relevant information about the various services provided by the municipality, future challenges and suggestions for good practices to be adopted in our daily lives, so that we can all be part of a more sustainable municipality.

As far as this SDG is concerned, the indicator *Proportion of municipal waste prepared for reuse and recycling (%)*, referring to target 12.5, shows that the values registered have not yet reached the target value (60%), but the municipality is more than 50% of the distance to the target value.
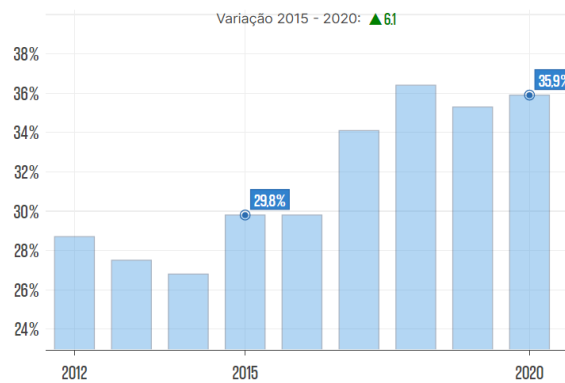


*Figure 27. **Proportion of municipal waste prepared for reuse and recycling (%).** ODSLocal, 2022c.*

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The 2030 agenda for
Sustainable Development

**13 CLIMATE ACTION**

## Take urgent action to combat climate change and its impacts

The SDG 13 covers various aspects such as adaptation and resilience, awareness raising and policy action and capacitation with the goal of encouraging the adoption of urgent action to combat climate change and its impacts (ODSLocal, 2022a).

Therefore, regarding adaptation and resilience the target that stands out seeks to strengthen resilience and adaptive capacity to climate-related disasters (Target 13.1) (Idem). Concerning awareness raising, the target that is highlighted is the one that is focused on improving the education and awareness of the population on the issue of climate change (Target13.3) (Idem). For the policy action and empowerment, the associated target pretends to integrate climate change measures into policies and planning (Target 13.2) (Idem).

For a better comprehension of this SDG, the figure below helps to understand the SDG and the targets addressed.



*Figure 28. **SDG 13: Climate Action**. ODSLocal, 2022b. Own translation.*

About this SGD, some projects and good practices implemented in the municipally of Matosinhos can be mentioned, such as:

**Floresta sem invasoras**

This project ("Forest without invasive species") intends to control and eliminate the main invasive species in the Matosinhos Forest. The rural area of Matosinhos has 1,900ha of which 640ha are forest. The purpose of the project is to define a strategy to fight the main plant invasive species, Acácia Spp and Cortaderia Spp, which occupy the rural and forest territory.

In terms of good practices:

**Espaço Alertinha**

"Alertinha Space" is aimed for children and for the school community, complementing the curricular activity.



Therefore, films are available, which can be a tool to be used by teachers, with the purpose of promoting the debate of ideas within the class and fostering the learning and development of a safety culture for an active citizenship, providing the future generation with skills in the area of safety that can and should involve the whole educational community.

**Semana europeia da prevenção de resíduos** ("European Week for Waste Reduction")

A week dedicated to encouraging everyone to develop awareness-raising actions on sustainable resources and waste management. This campaign is led by local and regional public authorities, bringing together all kinds of audiences - citizens,

 schools, businesses, NGOs (*Non-Governmental Organisations*), associations - who organise awareness-raising activities on waste prevention.

### Composta - Compostagem Caseira e Comunitária

As part of the Municipal Waste Management and Recovery Strategy of the municipality, this programme ("Composting - Home and Community Composting") intends to treat bio-waste at the production site, emphasizing the role of the citizen as an agent for change and an active participant in the reintroduction of waste into the value chain.

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In the case of SDG 13 the indicator presented is *Covenant of Mayors (strand - adaptation)*, concerning target 13.1. Based on the graphic, it can be seen that the municipality is being successful and is approaching the target set for 2030.
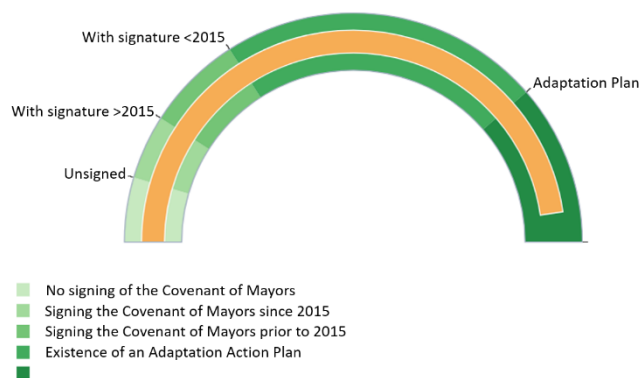


Figure 29. **Covenant of Mayors (strand - adaptation)**. *ODSLocal, 2022c. Own translation.*

**Transforming Our World**

The 2030 agenda for
Sustainable Development

**14 LIFE BELOW WATER**

**Conserve and sustainably use the oceans, seas and marine resources for sustainable development**
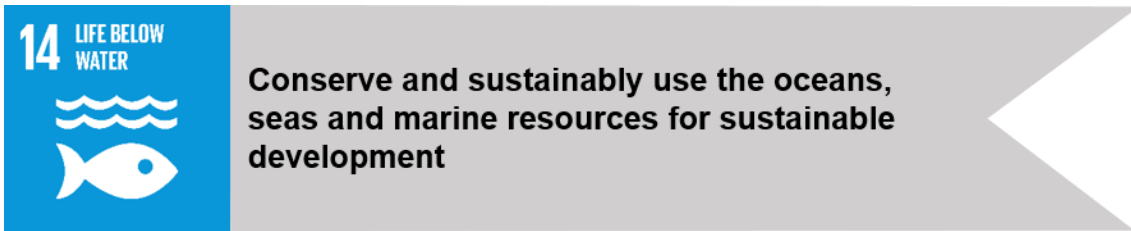
The SDG 14 intends to conserve and sustainably use the oceans, seas and marine resources for sustainable development, in this sense the targets cover aspects related to marine resources, marine pollution, and knowledge (ODSLocal, 2022a).

In this sense, the targets related to marine resources fall on conserving coastal and marine areas (Target 14.5) and providing access for artisanal fishermen to marine resources and markets (Target 14.B) (Idem). Regarding marine pollution, the only target associated with it is to reduce marine pollution of all kinds (Target 14.1) (Idem). The last target, related to knowledge focuses on sustainably managing and protecting marine and coastal ecosystems (Target 14.2) (Idem).

Below is a figure that helps to understand the SDG in question and the respective targets.
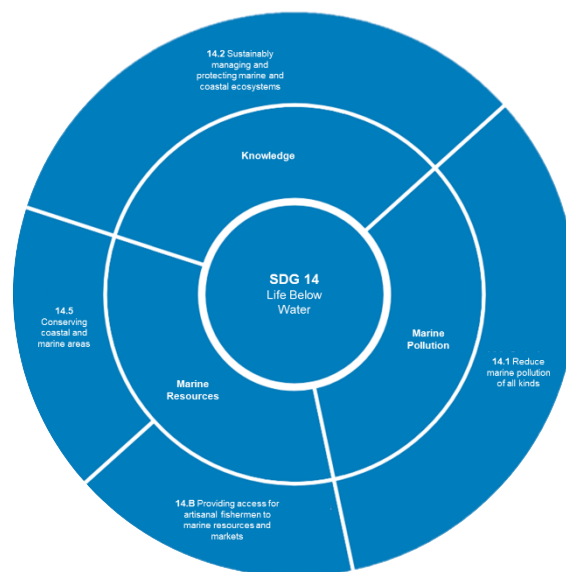
Figure 30. **SDG 14: Life Below Water**. ODSLocal, 2022b. Own translation.

In this case, one of the projects is:

**Onda Social**

An innovative therapeutic programme ("Social Wave"), integrated and linked to the practice of surfing, which is focused on combating and preventing the adverse symptoms that are evident in children exposed to risk situations in the municipality. The programme stands out from traditional therapeutic approaches through regular, systematic and close contact between children, mentors and nature.

In the case of good practice, it can also be mentioned:

**Programa Eco-Escolas**

"Eco-Schools" is an environmental education project coordinated at national level by the ABAE (*Associação Bandeira Azul da Europa*, which means, Blue Flag Association of Europe), which encourages actions as well as recognising and rewarding the work developed by schools in improving their environmental performance, management of school space and community awareness.

**Matosinhos World's Best Fish (WBF)**

Matosinhos World's Best Fish seeks to promote the city of Matosinhos and its gastronomy in the national and international market. In this sense, it seeks to transmit an image of excellence related to the gastronomy of the municipality, associating it with other elements such as architecture and cultural programming.

**Recolha Seletiva Comércios / Indústrias** ("Selective Collection Commercial / Industrial")

A special, free circuit for the recycling of paper, cardboard and plastics from businesses and industries in the municipality. To join this circuit, first it is necessary to contact the Loja do Munícipe, then the businesses and industries only need to separate and pack the paper, cardboard, plastic and metal packaging.



With regard to SDG 14, the indicator presented *is Proportion of coastal and transitional/ estuarine bathing waters with "Excellent" or "Good" quality " (%)* and refers to target 14.1. The graphic shows that Matosinhos has already managed to achieve the 2030 target value (100).

61
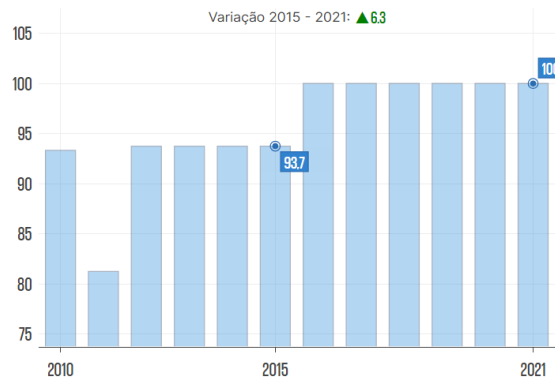


*Figure 31. **Proportion of coastal and transitional/ estuarine bathing waters with "Excellent" or "Good" quality " (%).** ODSLocal, 2022c.*

**The 2030 agenda for Sustainable Development**

**United Nations**

## 15 LIFE ON LAND

**Protect, restore and promote sustainable use of terrestrial ecosystems, sustainably manage forests, combat desertification, and halt and reverse land degradation and halt biodiversity loss**
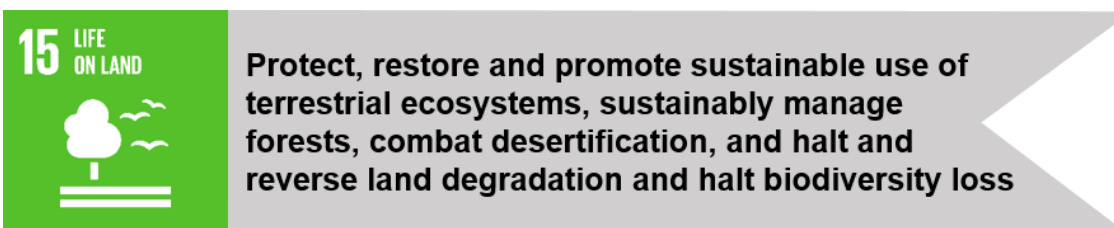
The SDG 15 wishes to protect, restore and promote sustainable use of terrestrial ecosystems, sustainably manage forests, combat desertification, and halt and reverse land degradation and halt biodiversity loss (ODSLocal, 2022a). For this to be possible, the targets of this SDG cover aspects such as biodiversity and ecosystems, deforestation and desertification, hunting and trafficking of species, and invasive species (Idem).

In this sense, the targets referring to biodiversity and ecosystems focus on conserving and restoring terrestrial and freshwater ecosystems (Target 15.1), ensuring the conservation of mountain ecosystems (Target 15.4), protecting biodiversity and natural habitats (Target 15.5); integrate the value of ecosystems and biodiversity into planning (Target 15.9); increase financial resources for conservation and sustainable use of biodiversity and ecosystems (Target 15.A), and also, mobilize resources to finance and encourage sustainable forest management (Target 15.B) (Idem). Concerning deforestation and desertification, the targets refer to ending deforestation and restoring degraded forests (Target 15.2) and combating desertification and restoring degraded land (Target 15.3) respectively (Idem). The area of hunting and trafficking of species has two targets, one seeks to eliminate poaching and trafficking of protected species (Target 15.7) and the other aims to strengthen support to combat illegal hunting and trafficking of species (Target 15.C) (Idem). In the last area, invasive species, there is a target that looks to prevent the impact of invasive exotic species on land and aquatic ecosystems (Target 15.8) (Idem).

For a better understanding of this SDG, figure 32 helps to understand the SDG in question and its targets.

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*Figure 32. **SDG 15: Life on Land**. ODSLocal, 2022b. Own translation.*

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As projects implemented in the scope of this SDG there are: *O Bairro está IN(clusivo)*, *Floresta sem invasoras* and *Entre a Natureza e a Cidade: Percursos Pedonais do Monte Xisto* (mentioned above).

With regard to good practices carried out in the municipality, the following can be highlighted:

### Controlo da Vespa Velutina

The "control of velutina wasps" is an urgent need, so the Municipal Civil Protection Service has begun to combat this wasp in rural and urban areas, having eliminated thousands of nests by burning or poisoning them. As a way of educating and preparing future generations, a series of awareness-raising actions are carried out with the educational community, which intend to identify, demystify and clarify the community whenever the presence of these wasps is verified.

## PAPERSU do Município de Matosinhos - Plano de Ação do Plano Estratégico de Resíduos de Sólidos Urbanos do Município

The "Action Plan of the Strategic Plan for Municipal Solid Waste" is a document that contemplates the investments and measures to be implemented in order to fulfil the targets and objectives of the strategic plan of the LIPOR System and of the country.

Matosinhos
Câmara Municipal

**PAPERSU**
**DO MUNICÍPIO DE MATOSINHOS**

## Recolha de Resíduos Industriais Banais

"Collection of common industrial waste" that operates after a waste collection contract is made with the Municipality, by filling in an existing regulation. The waste must be treated as urban waste, that is, the same waste that is produced at home, but in larger quantities.

RECOLHA DE RESÍDUOS
INDUSTRIAIS BANAIS

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In relation to this SDG, the indicator *Burnt forest area rate (%)* is presented, alluding to target 15.2. The respective graphic shows that the values have not yet reached the target value (0%), but the municipality is close to reaching the 2030 target value.
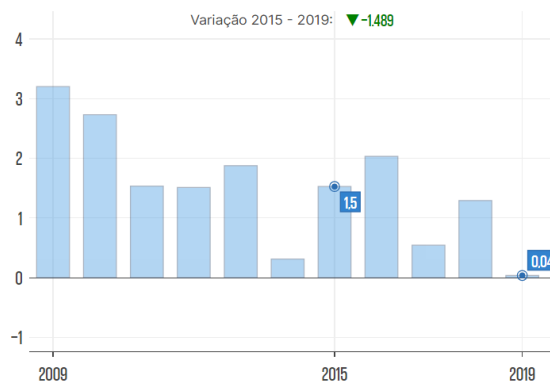


*Figure 33. **Burnt forest area rate (%).** ODSLocal, 2022c.*

**Promote peaceful and inclusive societies for sustainable development, provide access to justice for all and build effective, accountable and inclusive institutions at all levels**

Regarding SDG 16 and as its name indicates, its purpose is promoting peaceful and inclusive societies for sustainable development, provide access to justice for all and build effective, accountable and inclusive institutions at all levels (ODSLocal, 2022a). To make this possible, its targets are grouped into aspects such as crime and violence, justice and transparency and participatory decision-making (Idem).

Therefore, the two targets that comprehend the crime and violence aspect are to reduce all forms of violence and associated mortality rates (Target 16.1) and to protect children from abuse, exploitation, trafficking, violence and torture (Target 16.2) (Idem). In the case of the justice aspect, there are targets referring to promoting the rule of law and ensuring equal access to justice (Target 16.3) and promoting and enforcing non-discriminatory laws and policies for sustainable development (Target 16.B) (Idem). In the last case, transparency and participatory decision-making, there are targets such as reducing corruption and bribery (Target 16.5), developing effective, accountable and transparent institutions (Target 16.6), ensuring adequate, inclusive and representative decision-making (Target 16.7), and finally, ensuring public access to information and protecting fundamental freedoms (Target 16.10).

The figure below helps to understand the SDGs in question and their respective targets.

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*Figure 34. **SDG 16: Peace and Justice Strong Institutions**. ODSLocal, 2022b. Own translation.*

In order to achieve this SDG, the Municipality of Matosinhos has been implementing projects and good practices. Therefore, some of the implemented projects are: *Onda Social*, *Ribeiras + Inclusiva* and *Mãos à Ópera* (mentioned above).

In the case of good practices, these can be listed:

**Cinema na Escola**

"Cinema at school" is a programme in which students are motivated to have better behaviour, to enjoy being and participating in school activities, whether they are extracurricular or curricular, and are also stimulated to work in groups. This initiative



hopes to motivate students and make them develop their talents, as well as discover new interests. Therefore, students are challenged to produce short films in just one day and then present them.

**Escola a Tempo Inteiro**

The purpose of the "Full-Time School" is to ensure access to cultural and recreational learning, to respond to the need to adapt the time children spend in school to the needs of their families; to promote academic success; to reduce violence and juvenile delinquency; to promote intelligent schools and to accompany and monitor the schools in the municipality.

Curricular Enrichment activities were developed such as the Teaching of English, Music, Physical and Sports Activities and Recreational-Expressive Activities. These activities are developed by qualified technicians and are free of charge, thereby constituting a way of providing all students with learning opportunities that some already have outside of school.

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**Matosinhos: Casa Acessível**

A municipal housing programme ("Matosinhos: Accessible House") that focuses on promoting a wide offer of rental housing at prices compatible with families' incomes. With this programme the municipality wants to meet the housing needs of families whose income level does not allow them to access, on the private rental market, a house that is adequate to their needs.

Regarding the SDG of peace, the indicator *Crimes against the person per 10 000 inhabitants* concerning target 16.1 is presented. In this case, the values have not yet reached the target value (42.8), however, if the trend continues, Matosinhos will be more than 50% of the distance between the baseline value and the 2030 target value.



Variação 2015 - 2020: ▼ -10,4
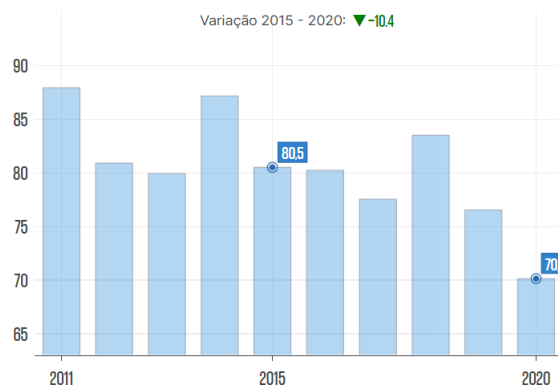
*Figure 35. **Crimes against the person per 10 000 inhabitants**. ODSLocal, 2022c.*

**17 PARTNERSHIPS FOR THE GOALS**

**Strengthen the means of implementation and revitalize the Global Partnership for Sustainable Development**

Finally, the last SDG aims to strengthen the means of implementation and revitalize the Global Partnership for Sustainable Development (ODSLocal, 2022a). In this sense, this SDG groups its targets in fields such as financial support, knowledge transfers and partnerships (Idem).

Taking into account the above, in the area of financial support there is a target related to strengthening internal resource mobilization to improve internal income collection (Target 17.1). Regarding the field of knowledge transfer, the targets seek to improve and encourage knowledge sharing and cooperation for access to science, technology and innovation (Target 17.6) and to strengthen capacity in science, technology and innovation (Target 17.8) (Idem). Finally, the area of partnerships encompasses the target that is designed to increase policy coherence for sustainable development (Target 17.14) and the target that intends to encourage and promote the creation of effective partnerships (Target 17.17) (Idem).

For a better comprehension of this SDG, figure 36 helps to understand the SDG in question and its respective targets.

69
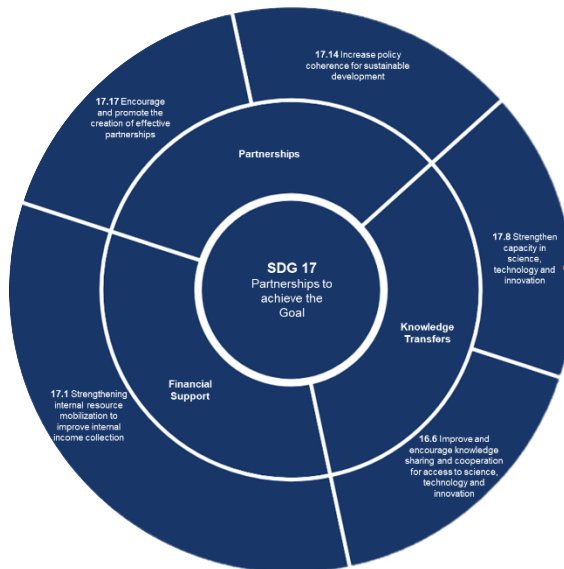
*Figure 36. **ODS 17: Parcerias para a implementação dos objetivos**. ODSLocal, 2022b. Own translation.*

In order to complete this review, it is important to also highlight the implementation of projects and good practices by the Municipality of Matosinhos within the scope of this SDG. Therefore, some projects are: *Stayaway Cancro*, *(Com) Vida S. Gens histórias do meu Bairro* (already mentioned), and also the following projects:

**Agenda de Rastreios Gratuitos**

With the purpose of providing the local community and visitors with a free screening service, MAR Shopping Matosinhos launched the "Health & Wellness Screenings Agenda". The health screenings are available in several areas such as psychology, speech therapy, occupational therapy, cardiology, diabetes, hypertension, chronic pain and fibromyalgia, vision, nutrition and are attended by qualified professionals.

In the context of good practices, we mention the following:

**Cidade Amiga das Pessoas Idosas** ("Friendly City for Senior Citizens")

Rather than synonymous with pension expenditure and medical care costs, WHO is saying that older people are a vital resource, but that this contribution will only be possible if older people stay healthy and if the obstacles preventing them from participating in society, in the community, are overcome.



**Adesão à Rede Portuguesa dos Municípios Saudáveis**

Joining the "Portuguese Healthy Municipalities Network" aimed to improve the health of the entire municipality's population, reducing health inequalities and promoting leadership and participatory governance in health, through the promotion of actions based on the strategic guidelines defined by the WHO, national health standards and local needs.

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**Politicamente Informados**

A digital, interactive and informative project ("Politically Informed") that seeks to bring young people closer to politics and the exercise of responsible and participatory active citizenship. Through new forms of communication, the young people of Matosinhos will have at their disposal a space that will inform them about mechanisms and forums for participation in the community, the importance of, and how to vote, the type of elections, the governing structures, the political parties, among other topics for the exercise of active and informed citizenship.

The indicator presented for the last SDG is *Average number of pupils per computer with Internet connection enrolled in non-secondary education (nº)*, relative to target 17.8. With this graphic we can conclude that the target value (1.3) has not yet been reached, however if the tendency continues, the municipality will be close to reaching the 2030 target value.
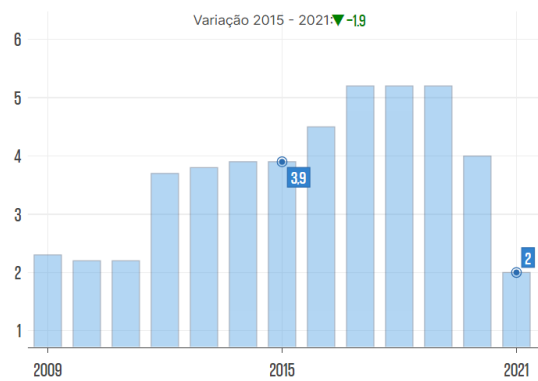


*Figure 37.* **Average number of pupils per computer with Internet connection enrolled in non-secondary education (nº).** *ODSLocal, 2022c.*

# Matosinhos Municipal Situation Point

In this topic, the point of situation of the municipality is presented (with official data collected until the beginning of June 2023), in order to demonstrate the importance and dedication that Matosinhos has placed in accomplishing the 17 SDGs proposed by the United Nations by 2030.

Therefore, and based on graphics, statistics and information inserted in the ODSLocal Platform, it is possible to affirm that 43% of the projects carried out in the municipality of Matosinhos are promoted by associations. Furthermore, the graphic also allows us to conclude that it is necessary to further develop and capacitate the municipality's educational institutions and companies so that they participate and insert their projects on the platform.
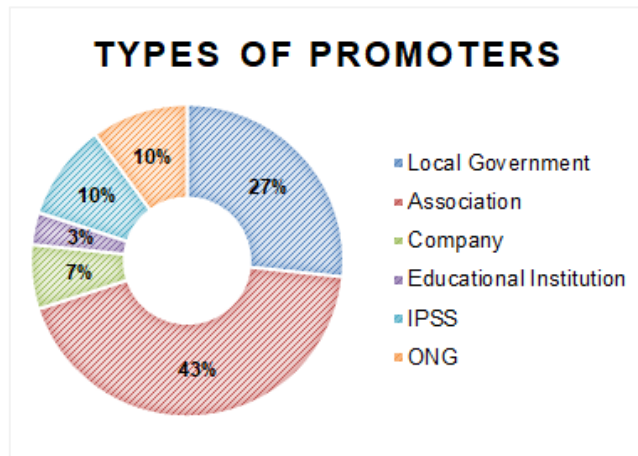
Figure 38. *Types of Promoters*. Own Source.

As the information inserted in the ODSLocal Platform was analysed, various graphs were produced. The following shows that the number of people reached by the projects varies mostly between 25 to 100 people and >10,000 people.

*Figure 39. **Number of People Reached by the Projects.** Own Source.*

Regarding the diversity of SDGs present in the projects inserted in the ODSLocal platform, it is possible to verify that SDG 4 - Quality Education, SDG 3 - Good Health and Well-being and SDG 11 - Sustainable Cities and Communities, are the most comprehensive. On the other hand, SDG 6 - Clean Water and Sanitation and SDG 7 - Affordable and Clean Energy, are the ones that need to be further worked on.

74
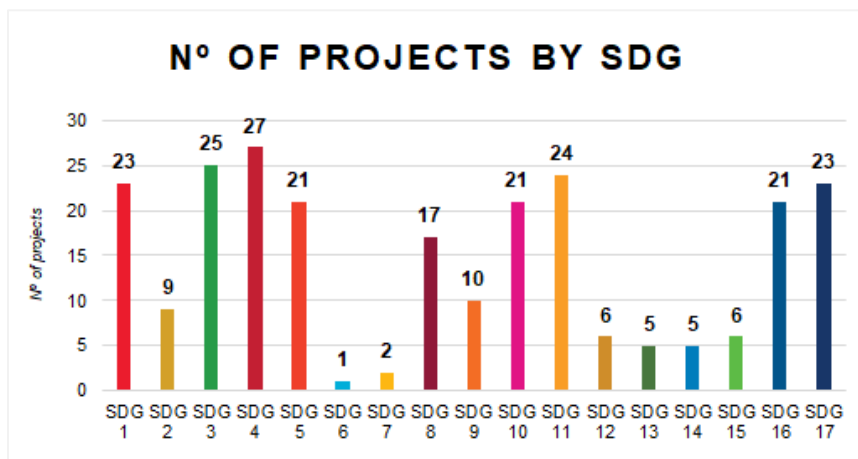


*Figure 40. **Number of Projects by SDG.** Own Source.*

The following graphic also shows the diversity of SDGs, but relating to good practices inserted in the ODSLocal platform. In this case, SDG 6 - Clean Water and Sanitation and SDG 7 - Affordable and Clean Energy continue to be the least covered. But on the other hand, the SDGs most covered by the inserted good practices are SDG 10 - Reduced Inequality and SDG 17 - Partnerships to achieve the Goal.
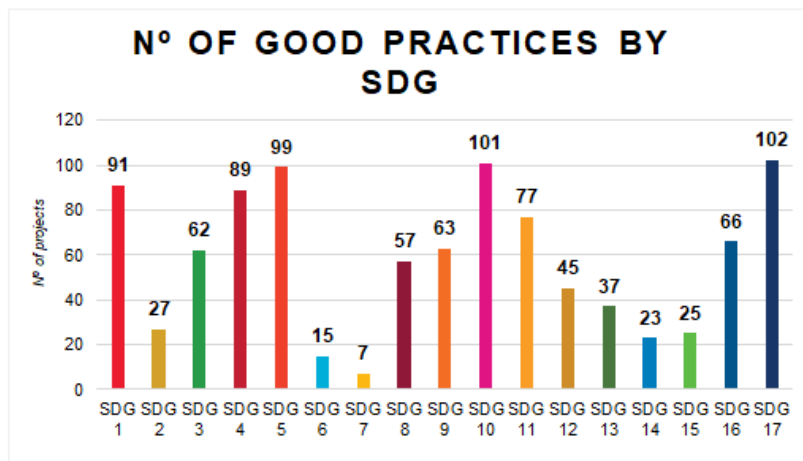


Figure 41. **Number of Good Practices per SDG.** Own Source.

The last graphic compares the projects with the good practices inserted in the platform. Thus, it is understood that projects mostly cover SDGs in the dimensions' people (*SDG 1, 2, 3, 4 and 5*) and peace (*SDG 16*), while good practices mostly cover SDGs in the dimensions' planet (*SDG 6, 12, 13, 14 and 15*) and partnerships (*SDG 17*). In the case of the prosperity dimension (*SDG 7, 8, 9, 10 and 11*), it is of importance both in the projects and in the good practices mapped in the platform.

*Figure 42. **Comparison between Projects and Best Practices.** Own Source.*

Finally, it should be mentioned that the Municipal Sustainable Development Index (*MSDI*) of the Municipality of Matosinhos is approximately 75,5%.

# Conclusions

The preparation of this document allowed an understanding of the situation in which the municipality of Matosinhos finds itself, as well as highlighting the path to follow in order to achieve the 17 sustainable development goals by 2030.

It should be noted that Matosinhos has been developing a very active and important role in terms of the awareness, promotion and implementation of the SDGs, both in local government and in the community. However, there are some aspects that require improvement in order for this path to be developed more efficiently. These aspects fall mainly on sharing information, which is not always done in the best way.

With a view to a more inclusive, fair and transparent future, Matosinhos intends to continue, improve and adopt partnerships with various institutions, as well as to maintain and extend cooperation, promotion and boosting of subjects related to sustainable development, always including local and, whenever possible, international stakeholders.

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# Appendixs

**Appendixs 1:** *Developed activities in the municipality associated with each of the 17 SDGs. Own source.*

## Activities carried out in the Municipality of Matosinhos

| Projects | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Matosinhos by AYR | X | | X | X | | | X | X | X | | X | | | X | | X | X |
| Instituto Português da Afasia | | | X | X | | | | X | X | X | X | | | | | X | X |
| "+Literacia" | X | | X | X | | | | | | | | | | | | | |
| Onda Social | | | X | X | | | | | X | X | | | | X | | X | |
| Centro GIS | X | | X | X | X | | | | | | | | | | | X | |
| O Bairro está IN(clusivo) | | | X | X | X | | | X | | X | X | X | | | X | X | X |
| Floresta sem invasoras | | | | | | | | | | | X | | X | | X | | |
| Ribeiras + Inclusiva | X | | X | X | | | | X | X | | | | | | | X | X |
| Stayaway Cancro | | | X | X | X | | | | | | | | | | | X | X |
| MATOSINHOS, + Movimento + VIDA 2021 | X | | X | X | | | | | | | | | | | | | |
| Incentivar a Partilha na Cruz de Pau (ClaP) | X | X | X | X | X | | | X | X | X | X | X | X | X | X | X | X |
| SeaShore ANGEIRAS | X | X | X | | | | | X | X | X | X | | | X | | X | X |
| Bairros SEM Bullying | | | X | X | X | | | | | X | X | | | | | X | |
| Os Leixões das Memórias | | | X | X | | | | | | | X | | | X | | | |
| T(r)ocar & Reparar - Banco de Ajudas Técnicas | X | | X | X | | | | | | X | X | | | | | X | X |
| 100Limites | X | | X | X | X | | | | | | | | | | | | X |
| Entre a Natureza e a Cidade: Percursos Pedonais do Monte Xisto | X | | X | | | | | X | | X | X | X | X | X | X | X | X |
| (Com) Vida S. Gens Histórias do meu Bairro | X | | X | X | X | | | | | X | X | | | | | X | X |
| Conservar Afetos Femininos | X | X | X | X | X | | | X | | | | X | X | | | X | X |
| Mãos à Ópera | X | | X | X | X | | | | X | X | X | X | | | | X | X |
| Eu, Tu, Nós... Somos Seixo. | | | X | X | X | | | | | | | | | | | X | |
| SAFE - Saúde, Arte, Formação, Educação | | | X | X | X | | | | | | | | | | | | |
| O2 –Oportunidades para Tod@s | X | X | X | X | X | | X | X | | X | X | | | | | X | |
| Viver com Diabetes | | X | X | X | | | | | | X | X | | | | | | X |
| Agenda de Rastreios Gratuítos | X | X | X | | | | | | | | | | | | | | X |
| Serviço de Atendimento e Acompanhamento Social – SAAS Matosinhos | X | X | | X | | | | X | | X | | | | | | X | |
| Formação Espanhol Inicial | X | | | X | X | | | X | X | X | X | | | | | | X |
| Boca em Flor | X | | | X | X | | | X | X | X | | | | | | | X |
| Festa do Chocolate | X | X | | X | | | | X | X | X | | | | | | | X |
| Festa da Poesia | X | | | X | X | | | X | X | X | | | | | | X | X |
| Bilheteira Inclusiva | X | | | X | X | | | X | | X | | | | | | X | X |
| Feira dos Golfinhos | X | | | X | | | | X | | X | X | X | | | | | X |
| CROAM - Centro de Recolha Oficial de Matosinhos | | | X | X | X | | | X | | X | X | | | | X | X | X |
| Alojamento Temporário - Protocolo Stella Maris de Leixões | X | X | X | | X | X | | | | X | X | | | | | X | X |

| Good Practices | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Programa Eco-Escolas | X | | X | X | X | X | | X | X | X | X | X | X | X | X | | X |
| Trotinetas e bicicletas elétricas partilhadas | | | X | | | | X | | X | | X | X | X | | | | |
| Ementa Mensal | X | X | X | X | | | | | | | | X | | | | | X |
| Campos de Férias de Matosinhos | X | X | X | X | X | | | | | X | X | X | | | | X | X |
| Matosinhos Ativo | | | X | | X | | | | | X | | | | | | | X |
| Cinema na Escola | | | | X | X | | | | | X | | | | | | X | X |
| Almoços Saudáveis nos JI's e EBX's | X | X | | X | | | | | | X | | | | | | | X |
| JIL - Jogos Interativos da Leitura | | | | X | X | | | | | X | | | | | | | X |
| Programa "A Ler Vamos…" | | | | X | X | | | | | X | | | | | | | X |
| Horta à Porta | X | X | X | X | X | X | | | | X | X | X | X | | X | | X |
| Escola a Tempo Inteiro | X | | X | X | X | | | | | X | | | | | | X | |
| A Minha Merenda | X | X | X | X | | | | | | X | | X | | | | | X |
| Projeto "Matiga – Matemática Amiga" | | | | X | X | | | | | X | | | | | | | |
| Leite Escolar | X | X | X | X | X | | | | | X | | X | | | | | |
| Regime de Fruta Escolar | X | X | X | X | X | | | | | X | | X | | | | | |
| Ecocentro Móvel | | | | | | | | | | | X | X | X | | | | X |
| BIM - Biblioteca Itinerante de Matosinhos | X | | | X | X | | X | | X | X | | X | | | | | X |

| Good Practices | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Põe-te a Mexer® | X | | X | | X | | | | | X | X | | | | | X | X |
| "Aprende a…" | X | | X | X | X | | | | | X | | | | | | X | X |
| Transporte Escolar | X | | | X | X | | | | | X | | | | | | X | |
| Espaço Alertinha | | | X | X | X | | | | | X | | | X | | | X | X |
| Idosos em Segurança | X | | X | | X | | | | | X | | | | | | X | X |
| V.E.M. - Voluntariado em Matosinhos | X | X | X | X | X | | | | | X | | | | | | X | X |
| Controlo da Vespa Velutina | | | X | | | | | | | | X | X | | | X | | |
| Praias com bandeira Azul | X | | X | X | X | X | | | | X | X | | X | X | X | X | X |
| Semana europeia da prevenção de resíduos | X | X | X | X | | | | | | | X | | X | | | | X |
| O Poeta Faz-se | X | | | X | X | | | | | X | | | | | | | X |
| Endurance Training | | | X | | X | | | X | | X | | | | | | | X |
| Cartão Matosinhos Jovem | X | X | X | X | X | | | | | X | | | | | | X | X |
| Matosinhos a Cuidar | X | | X | | X | | | X | | X | | | | | | X | X |
| Matosinhos World's Best Fish (WBF) | X | X | | | | | | X | | X | X | X | | X | | | X |
| Programa "Inclusão Inversa" | X | | | X | X | | | | X | X | | | | | | | |
| Matosinhos: Casa Acessível | X | | | | X | | | | | X | X | | | | | X | X |
| Cartão Social do Bombeiro | | | X | | X | | | X | | X | | | | | | X | X |
| Programa Municipal de Apoio ao Arrendamento | X | | | | X | | | | | X | X | | | | | | X |
| Programa de Habitação Social | X | | | | X | | | | | X | X | | | | | | X |
| Dança Sénior Sentada | X | | X | | X | | | | | X | | | | | | | X |
| Estendal Solidário | X | | | | X | | | X | | X | | X | | | | | |
| PO APMC | X | X | X | X | X | | | | | X | | X | | | | | X |
| Programa Bengala - "Zelar pelos que Cuidam" | | | | | X | | | X | | X | | | | | | | X |
| Inglês Sénior | X | | | X | X | | | X | | X | | | | | | | X |
| Informática sénior | X | | | X | X | | | | X | X | | | | | | | X |
| Jornadas da Empregabilidade | X | | | X | X | | | X | | X | | | | | | X | X |
| abem: Rede Solidária do Medicamento | X | | X | | X | | | | | X | | | | | | | X |
| Rede de Parceria das Instituições de Combate à Precariedade Económica (RPICPE) - | X | X | X | | X | | | | | X | | X | | | | X | X |
| Cartão MATOSINHOSénior | X | | X | X | X | | | | | X | | | | | | X | X |
| Mercado Solidário | X | X | X | | X | | | X | X | X | | X | | | | X | X |
| Sistema de Gestão e Informação Ambiental | | | X | | | X | X | | | | X | | X | X | X | | |
| PAPERSU do Município de Matosinhos | | | | | | X | | | X | | X | X | X | X | X | | X |
| Recolha Seletiva de Resíduos Orgânicos na Restauração | | | X | X | | | | | X | | X | X | X | | | | X |
| Neutralidade Carbónica | | | X | X | | X | X | X | X | | X | | X | X | X | | X |
| Eficiência Energética nas Piscinas e Pavilhões Municipais | | | X | X | | X | X | X | X | | X | | X | | | | X |
| Recolha Seletiva Comércios / Indústrias | | | X | X | | | | | X | | X | X | X | X | X | | X |
| Recolha de Resíduos Industriais Banais | | | X | | | | | X | X | | X | X | X | X | X | | X |
| Recolha de Monstros ao Domicílio | X | | | | X | | | | X | X | X | X | X | | | | X |
| Recolha de Viaturas em Fim de Vida | | | | | | | | | X | | X | X | X | | | | X |
| Composta - Compostagem Caseira e Comunitária | | | X | X | X | X | | X | | X | X | X | X | | X | | X |
| Guia de Resíduos | X | | | X | X | X | | | X | X | X | X | X | X | X | | X |
| Auxílios económicos: Ação Social Escolar | X | | | X | X | | | | | X | | | | | | X | |
| Plataforma "Escolicidade" | X | X | X | X | X | X | X | X | X | X | X | X | X | X | X | X | X |
| Plano Municipal da Juventude | X | X | | X | X | | | X | X | X | | | | | | X | |
| LeV – Literatura em Viagem | X | | | X | X | | | | X | X | | | | | | X | X |
| Cidade Amiga das Pessoas Idosas | X | | X | | X | | | | | X | | | | | | X | X |
| Adesão à Rede Portuguesa dos Municípios Saudáveis | X | | X | X | X | | | | | X | X | X | | | | X | X |
| Politicamente Informados | X | | | X | X | | | | X | X | X | | | | | X | X |
| Concurso Cidadania Jovem | X | | | X | X | | | X | X | X | | | | | | X | X |
| Espaço Internet | X | | | X | X | | | | X | X | X | | | | | X | X |
| Juntos Pel'Arte | X | | X | X | X | | | X | | X | X | X | X | | | X | X |
| Salvé a Língua de Camões! | X | | | X | X | | | X | | X | | | | | | X | X |
| Chave de Afetos | X | | X | | X | | | | | X | X | | | | | X | X |
| Guardião da Escola | | | | X | X | | | X | X | X | | | | | | X | X |
| Mobilidade X00% | | | X | | X | | | X | X | X | | | | | | | X |
| Jornal dos Mercados | X | X | X | X | X | | | X | X | X | X | X | X | X | X | X | X |
| Xmas Trail | X | | X | X | X | X | | | X | X | | X | X | X | | X | X |
| Se Eu Fosse Mar | X | X | X | X | X | X | | X | | X | | X | X | X | X | X | X |
| Programa "Vá passear o cão" | X | | X | X | X | | | X | | X | | | | | X | X | X |
| Aplicação "Mais Matosinhos" | X | | X | X | X | | | X | | X | X | | | | | X | X |
| FaMa - Feira de Artesanato de Matosinhos | X | | X | X | X | | | X | X | X | X | X | | | | | X |
| Rally Fish | X | X | X | X | X | | | X | X | X | X | X | X | X | X | X | X |
| Espaços Cidadão | X | | X | X | X | | | X | X | X | X | | | | | X | X |
| (RE) Nova Roupa! | X | | X | X | X | | | | X | X | X | X | X | | | X | X |
| Reciclar para o Ambiente Ganhar | X | X | X | X | X | | | | X | X | X | X | X | | | X | X |
| JUNTAr - Materiais e RCD´s a Circular! | | | | X | | | | X | X | | X | X | X | | | | X |
| Gabinete de Inserção Profissional (GIP) | X | | | X | X | | | X | X | X | X | | | | | X | X |

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| Good Practices | SDGs | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| Zelador da Cidade | X | | X | | X | | | X | X | X | X | | | X | X | X | X |
| Bolsa de Emprego | X | | | X | X | | | X | X | X | X | | | | | X | X |
| Animar Matosinhos | X | X | X | X | X | | | X | X | X | X | X | X | X | X | X | X |
| Seniores em Rede | X | | X | X | X | | | | X | X | X | | | | | X | X |
| Carregamento Elétrico de Veículos | X | | X | X | X | | X | X | X | X | X | X | X | | | | X |
| App Eco Benefit | X | | | X | X | | | X | X | X | X | X | X | X | X | X | X |
| Do Mercado para o Prato | X | X | X | X | X | | | X | X | X | X | X | X | X | X | | X |
| Gabinetes de Avaliação e Nutrição | X | X | X | X | X | | | X | X | X | X | X | X | | | X | X |
| Programa Matosinhos Inclusivo | X | | X | X | X | | | X | X | X | X | | | | | X | X |
| Concertos Pedagógicos | X | | | X | X | | | X | X | X | X | | | | | X | X |
| Degustar Matosinhos | X | X | X | X | X | | | X | X | X | X | X | X | X | X | X | X |
| Plataforma Digital da Oferta Formativa | X | | | X | X | | | X | X | X | X | | | | | X | X |
| Charcos com Vida | X | | | X | X | X | | | X | X | X | | | X | X | X | X |
| Adesão à Rede Nacional de Municípios Amigos da Juventude | X | | | X | X | | | X | X | X | X | | | | | X | X |
| Serviço Interpretação em Língua Gestual Portuguesa | X | | | X | X | | | X | X | X | X | | | | | X | |
| Career Camp | X | | | X | X | | | X | X | X | X | | | | | X | X |
| DDD - Festival Dias da Dança | X | | | X | X | | | X | | X | X | | | | | X | X |
| Cartão Escolar Virtual – JI e EBX | X | X | X | X | X | | | | X | X | | X | | | | X | |
| Matosinhos =Igualigual | X | | | X | X | | | X | X | X | X | | | | | X | X |
| Matosinhos Surf School Cup | X | | X | X | X | X | | X | | X | X | X | X | X | X | X | X |
| Encontros com Autores | X | | | X | X | | | X | X | X | X | | | | | | X |
| Atividades Regulares | X | | | X | X | | | X | X | X | X | | | | | X | X |
| Sistema de Salvamento Balnear | X | | X | X | | X | | X | X | | X | | X | X | X | X | X |
| Formação + Próxima: Urbanismo e Turismo | X | | | X | X | | | X | X | X | X | | X | | | | X |
| Expresso Poesia - Laboratórios Poéticos | X | | | X | X | | | X | X | X | X | | | | | | X |
| Poesia Maldita | X | | | X | X | | | X | X | X | X | | | | | | X |
| Plano Municipal para a Integração das Comunidades Ciganas (PLICC) em Matosinhos | X | X | X | X | X | | | X | | X | X | | | | | X | X |
| Ativa'mente | | | X | X | X | | | X | X | X | | | | | | X | X |
| TAD - Teleassistência Domiciliária | X | | X | | X | | | | | X | | | | | | X | X |
| Núcleo de Planeamento e Intervenção Sem-Abrigo - NPISA de Matosinhos | X | X | X | | X | | | | | X | X | | | | | X | X |
| Programa de Participação Social para Crianças e Jovens em Vulnerabilidade Social | X | | | X | X | | | | | X | X | | | | | X | X |
| Plano Municipal para a Igualdade de Matosinhos 2022-2025 | X | | | X | X | | | X | X | X | | | | | | X | X |

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Transforming Our World

The 2030 agenda for
Sustainable Development

United Nations

Matosinhos Voluntary Local Review