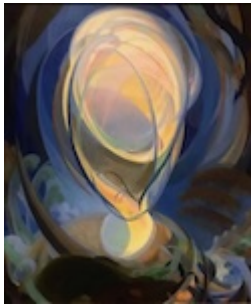


# Openness

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Openness is the path of becoming ever more open to what is. Being open means aspiring to listen & allow space for what might be true. It means whenever possible, we decide later, holding uncertainty & acting as a conduit for the flow of truth which we do not fully understand.

- Openness is a way of being in the world, a philosophical lens, a secular & minimalist meta-spirituality, a holding space for emotional transformation and integration, a blank canvas for new forms to emerge, a method for answering unanswerable questions, an AI guide and open-source repository. It seeks to integrate & express all experiences, thoughts & emotions, chosen & unchosen, desired & undesired. It pays particular attention to the uncomfortable, the shameful & the fearful.



**The Epitomes of Openness**



<https://github.com/lltfm/openness>

The "Epitomes of Openness" is a series of minimalist poetic-memes ("epitomes") for quickly communicating the core ideas of Openness.



**Chat with Openness GPT**



[https://github.com/lltfm/openness/blob/main/works/saltem\\_hoc/README.md#how-to-chat-with-openness-gpt](https://github.com/lltfm/openness/blob/main/works/saltem_hoc/README.md#how-to-chat-with-openness-gpt)

Openness GPT is designed to assist and guide users in contemplating potential answers to difficult spiritual questions or any other kind of "unanswerable" question which we all struggle to answer in a satisfying way (e.g. "What is the soul?", "Why is there war?", "What is the purpose of life?", "What happens after we die?", "Are UFOs a deception?", etc.).