

Name: \_\_\_\_\_ Date: \_\_\_\_\_

## BUILDING BLOCKS STUDENT WORKSHEET

# Meeting your future self

Your future self is the person you see yourself becoming as you grow. What does that version of you need and want? Connecting with your future self can help you plan for your long-term goals.

## Your future self in 10 years

Answer the questions below as you imagine yourself 10 years from now.

1. How old are you? \_\_\_\_\_
2. Where do you live? \_\_\_\_\_
3. Who are two people you like to spend time with? \_\_\_\_\_
4. What kind of work do you do? \_\_\_\_\_
5. How do you like to spend your time when you aren't working?  
\_\_\_\_\_
6. Where do you like to go on vacation? \_\_\_\_\_
7. What are three words you could use to describe your life?
  - a. \_\_\_\_\_
  - b. \_\_\_\_\_
  - c. \_\_\_\_\_
8. What's one hard thing you had to do to get to where you are now?  
\_\_\_\_\_
9. What's the best part of your life?  
\_\_\_\_\_
10. What's one piece of advice you'd like to share with your younger self?  
\_\_\_\_\_



## A letter from your future self

Fill in the blanks below using your answers to the questions on page 1 and your name.

Dear \_\_\_\_\_,  
[YOUR NAME]

Hello! This is your "Future Self," \_\_\_\_\_ -year-old \_\_\_\_\_.  
[QUESTION 1] [YOUR NAME]

You, my younger self, are very important in my life even though we've never met. I'm writing to tell you about my life. I live in \_\_\_\_\_. Two people I like to spend time  
[QUESTION 2]

with are \_\_\_\_\_ and \_\_\_\_\_.  
[QUESTION 3] [QUESTION 3]

For work, I am a \_\_\_\_\_. When I'm not working, I like to  
[QUESTION 4]

\_\_\_\_\_. I like to go on  
[QUESTION 5]

vacation in \_\_\_\_\_. Three words that best describe  
[QUESTION 6]

my life now are \_\_\_\_\_, \_\_\_\_\_, and \_\_\_\_\_.  
[QUESTION 7a] [QUESTION 7b] [QUESTION 7c]

One hard thing I had to do to get here is \_\_\_\_\_.  
[QUESTION 8]

But it was worth it! The best part of my life today is \_\_\_\_\_.  
[QUESTION 9]

Before I say goodbye, I want to give you some advice:

[QUESTION 10]

Sincerely,

Future \_\_\_\_\_  
[YOUR NAME]

## Reflection questions

1. What's one thing you can do soon to help you become your future self?

2. How can saving money help you reach your goals?