



How much do you spend in a week?

Ask your librarian about resources available to help you start and stick to a budget.

**Write down how  
much you spend in  
a week:**

**Day 1**

.....  
.....  
.....  
.....

**Subtotal**

\$ \_\_\_\_\_  
\$ \_\_\_\_\_  
\$ \_\_\_\_\_  
\$ \_\_\_\_\_

**Day 2**

.....  
.....  
.....

**Subtotal**

\$ \_\_\_\_\_  
\$ \_\_\_\_\_  
\$ \_\_\_\_\_  
\$ \_\_\_\_\_

**Day 3**

.....  
.....  
.....

**Subtotal**

\$ \_\_\_\_\_  
\$ \_\_\_\_\_  
\$ \_\_\_\_\_  
\$ \_\_\_\_\_

**Day 4**

.....  
.....  
.....

**Subtotal**

\$ \_\_\_\_\_  
\$ \_\_\_\_\_  
\$ \_\_\_\_\_  
\$ \_\_\_\_\_

**Day 5**

.....  
.....  
.....

**Subtotal**

\$ \_\_\_\_\_  
\$ \_\_\_\_\_  
\$ \_\_\_\_\_  
\$ \_\_\_\_\_

**Day 6**

.....  
.....  
.....

**Subtotal**

\$ \_\_\_\_\_  
\$ \_\_\_\_\_  
\$ \_\_\_\_\_  
\$ \_\_\_\_\_

**Day 7**

.....  
.....  
.....

**Subtotal**

\$ \_\_\_\_\_  
\$ \_\_\_\_\_  
\$ \_\_\_\_\_  
\$ \_\_\_\_\_

**Total**

\$ \_\_\_\_\_