



## The activity

Your teenager can use this job chart—or create his or her own version—to explore the jobs that family members or adults in their lives hold or have held. It's a fun way to think about how adults' career choices have influenced their lives and it may help your teen identify things he or she wants and doesn't want in a career.

This activity can help with one of the key skills teenagers need to develop: knowing how to research different options and compare them. Practicing this skill in an area that's relevant to them—like choosing a potential career—can help teenagers feel more comfortable with the conscious, rational steps involved in making complex decisions.

## Set up

Print one copy of this job chart for each adult your teenager will talk to.

## What to do

Help your teenager ask the questions and fill in the information about family members and their jobs.

Support your teenager in comparing and contrasting different jobs. Work together to identify what different jobs have in common—for example, the education level or degree required or the demand for the job in the future. Decide what factors are most important to your teenager and should carry the most weight—for example, talk about whether a job's salary is more or less important than the tasks and activities in a typical day.

## Things to talk about

Based on what your teenager discovers through the activity, consider ways that he or she could follow through. If there are skills your teen would like to develop, brainstorm together—there are many ways to learn and prepare for the working world. For example, together you could:

- Approach the adults on the chart to see if they are willing to share knowledge and advice, or allow your teen to shadow them at work
- Investigate local resources like libraries and afterschool programs
- Explore volunteer opportunities at local nonprofits

# Family job chart for

Ask an adult...

 What is your job and what tasks do you do in a typical day?	 How did you get started?   Is there demand for this type of job or similar jobs?	 How interested am I in this type of job? Circle one.	 What do you like most about your job?   What potential salary and benefits might I expect when starting out in this job?	 What stands out for me?   What steps do I need to take if I'm interested in this job?
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Now ask yourself...

