Health Report

Date	Feeling Sc	ore
10/25/2018 11:30:39 AM	5	
10/25/2018 11:31:09 AM	3	
10/25/2018 11:33:06 AM	0	
11/15/2018 11:15:22 AM	0	
12/5/2018 4:27:11 PM	5.5	
12/5/2018 4:39:34 PM	1	
12/5/2018 6:19:09 PM	1	
12/5/2018 6:31:03 PM	9	
Date	Hours Slep	t
10/25/2018 11:30:47 AM	8.5	
10/25/2018 11:33:19 AM	8.6	
10/25/2018 12:01:49 PM	2.5	
12/5/2018 6:31:13 PM	9.0	
Date	Hours Exercised	
11/7/2018 1:21:27 PM	0.0	
11/7/2018 1:28:35 PM	40.0	
11/15/2018 12:20:45 PM	40.0	
12/5/2018 6:31:22 PM	30.0	
Date	Meal	Calories Eaten
11/7/2018 1:45:21 PM	Lunch	350.0

11/15/2018 11:16:11 AM Snack 100.0

11/15/2018 12:21:26 PM Breakfeast 400.0