

Health Report

Date	Feeling Score
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10/25/2018 11:30:39 AM	5
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10/25/2018 11:31:09 AM	3
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10/25/2018 11:33:06 AM	0
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11/15/2018 11:15:22 AM	0
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12/5/2018 4:27:11 PM	5.5
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12/5/2018 4:39:34 PM	1
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12/5/2018 6:19:09 PM	1
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12/5/2018 6:31:03 PM	9
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12/11/2018 2:50:59 PM	6.5
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Date	Hours Slept
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10/25/2018 11:30:47 AM	8.5
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10/25/2018 11:33:19 AM	8.6
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10/25/2018 12:01:49 PM	2.5
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12/5/2018 6:31:13 PM	9.0
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Date	Hours Exercised
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11/7/2018 1:21:27 PM	0.0
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11/7/2018 1:28:35 PM	40.0
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11/15/2018 12:20:45 PM	40.0
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12/5/2018 6:31:22 PM	30.0
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Date	Meal	Calories Eaten
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11/7/2018 1:45:21 PM	Lunch	350.0
11/15/2018 11:16:11 AM	Snack	100.0
11/15/2018 12:21:26 PM	Breakfast	400.0
12/11/2018 2:51:40 PM	Lunch	300.0