



Daya Tibi Wellness Center
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Mission Statement

Based upon the philosophy of health, physical fitness and Spirituality that is so important in the Native American Heritage, it is the Mission of the FPCC Daya Tibi Wellness Center to provide an environment with mental and physical activities conducive to the promotion of the total health and well-being of the members of the Fort Peck Tribes and Citizens of the Fort Peck Indian Reservation.

Policy Statement

It is the policy of the Fort Peck Community College Daya Tibi Wellness Center to afford its members with every opportunity to obtain a full and virtuous life.

Section I - Membership

Safety and well-being is of paramount concern to the FPCC Daya Tibi Wellness Center. Therefore, all members of the Center must be at least 12 years of age unless enrolled as part of a family membership. Individuals under the age of 12 will be permitted to use the facilities if accompanied by a responsible adult, or if special functions are held under responsible DIRECT adult supervision at all times. ****Youth under the age of 12 are NOT allowed in the facility unless under DIRECT supervision of an adult at all times.** Staff reserves the right to ask any member to leave the facility if a child they brought is left unattended. See “Children At The Gym” under Section III. for more information.

Community Membership

Community membership means that the member has completed all of the membership requirements and is in good standing with the Center. Temporary membership will be provided to new applicants and they will be allowed to use the facilities until their regular membership is approved.

Individual: Individual membership is available to individuals who are held in good standing by completing all the application requirements and are currently paying membership dues.

Family: Family membership is available to families who are held in good standing by completing all of the application requirements and are current on membership dues. A family is defined as immediate family such as Husband, Wife, Significant Other, and their dependent children, **not to exceed the age of 21.**

Exempt Memberships

FPCC Student: Student membership means that the principal member is enrolled as a full- or part-time student at FPCC and has paid the Building Use fee.

Individual Student: Individual student membership means that the individual student is in good standing, has completed all the application requirements and is current on fees.



Family: Family membership is available to families of the students who are in good standing by completing all of the application requirements and are current on membership dues. A family is defined as immediate family such as Husband, Wife, Significant Other, and their dependent children.

Elders: Elders (age 60+) have access to the Wellness Center at no charge.

High-School Students: Students enrolled in high school on the Fort Peck Reservation / Roosevelt County area have access to the Wellness Center at no charge.

Organizational Membership

Organizational Membership is available to any recognized organization that wishes to provide health and fitness center services for their employees or members of their organization. The sponsoring organization must provide documentation of individuals eligible under their organization memberships. The sponsoring organization is responsible for establishing their own requirements for eligibility and for managing/tracking participation in their own programs. All individual organization members will agree to abide by all policies and procedures established by the FPCC Health and Fitness Center while in the Center.

Individual: Individual Organizational Membership means that an individual of a sponsoring organization is in good standing and has met all the requirements for membership by the sponsoring agency.

Family: Family Organizational Membership means that the sponsoring agency is providing family membership for their individual employees. A family is defined as immediate family such as Husband, Wife, Significant Other, and their dependent children.

Special: Special Membership means Organizational Memberships are available for sponsoring agencies for those individuals who do not meet the previous categories. Examples of these memberships might be Board of Directors, consultants, visitors, etc.

Other Memberships

Special circumstances may exist that are not covered under current policy. This provision is included to deal with special circumstances and requires approval of the Board of Directors by regular meeting or a telephone.

Section II – Fee Schedules

Fees will be assessed by all members of the Center in order to operate and maintain the programs and facility. Fee schedules will be reviewed periodically and usage fees will be determined by the FPCC Board of Directors. Every effort will be made to accommodate the income of the members. Members registering at any time other than the first of the month will have fees prorated. Student fees will be collected at the beginning of each semester. Fees will be based upon the following schedules:



Regular Membership Fees

1. FPCC Student (<i>6-credits or more</i>) Fee	Included in registration fee
2. FPCC Student Family Fee	\$20.00/mo
3. Student Summer Rates	(if they were a full time student during the year, there will be no additional charge for the summer)
4. FPCC Staff/Faculty Yearly Fee	\$130.00
5. FPCC Staff/Faculty Monthly Fee	\$15.00
6. FPCC Staff/Faculty Family Yearly Fee	\$175.00
7. FPCC Staff/Faculty Family Monthly Fee	\$20.00
8. Community Individual Yearly Fee	\$175.00
9. Community Individual Monthly Fee	\$20.00
10. Community Family Monthly Fee	\$25.00
11. Community Family Yearly Fee	\$215.00

Special Activity Fees

1. Daily Rate	\$3.00
2. 5-Day Visit Punch Card	\$12.00
3. 10-Day Visit Punch Card	\$20.00
4. Shower/Sauna (included in memberships or day pass)	\$3.00
5. Special Activities (utilizing paid instructors)	Will be announced

Organizational Fees

1. Charter Organizations	Determined by Board of Directors
2. Other Organizations	Determined by Director of Center

Guest Passes / Daily Rate

\$3.00 per day

Section III – Rules and Regulations

Conduct

The conduct of members and guests will be appropriate for the surroundings, other members' consideration and for safety. All members, guests and staff will be expected to treat equipment and other members with respect and courtesy. No violations of the rule "Treat others as you would expect to be treated" will be tolerated. Violations of the conduct or safety codes will result in immediate suspension of the individual(s) membership rights until the matter is reviewed by the Board of Directors.



Children At The Gym

*****Youth under the age of 12 are NOT allowed in the facility unless under DIRECT supervision of an adult at all times. Staff reserves the right to ask any member to leave the facility if a child they brought is left unattended.***

The Fort Peck Community College Wellness Centers require all children under 12 years old to be directly supervised by the child's guardian. "Guardian" is defined by whoever brought the child (or children) into the gym. Due to past instances of unsupervised children getting injured, leaving messes, or distracting gym staff from doing their jobs, unsupervised children in the gym poses a health and safety concern. All children at the Wellness Centers are the responsibility of the adult person(s) who they came with. If a child is left unsupervised, gym staff reserves the right to ask the adult(s) to leave the gym. We want the gym to be welcome to children, but unfortunately do not have extra staff to cover daycare at this time. Thank you for understanding.

Payments from Members

Membership dues will be collected on a yearly basis. Dues may be paid on a monthly, quarterly, semester, or annual basis.

Timeliness

Members will be allowed a 10 working day period of grace for making their dues payment. After that period of time, member will be placed on a "pay to play" basis until dues are paid. If a member is placed on the "pay to play" basis more than two times, the member will have to petition the Director of the Center to reinstate full member benefits.

Special Circumstances

Any event or series of events that may affect the standing of the member may be appealed to the Board of Directors by submitting a petition to the Board explaining the special circumstances. The Board will review any petitions at the next regular meeting and make a decision on action to take involving that member. It will be the member's responsibility to attend that meeting as no letter will be sent to the individual. The individual will be told the date, time and place of the next regular scheduled Board of Directors meeting at the time they turn in their petition.

Use of Equipment

Equipment will be adjusted and maintained by staff of the FPCC Wellness Center. The need for safety precludes the adjusting of equipment by the member user. Safety rules and regulations will be posted on the equipment or on the walls near the equipment.

Supervision: Staff will provide assistance to any member in regards to routine use of equipment or programs. Staff will also have the responsibility for enforcement of all rules and regulations in regards to safety, use of equipment and conduct. Staff has the right to remove any individual, from the premises, that abuses any of the equipment, impedes other's safety, or is discourteous to any staff or other member. An incident report will be prepared at that time and be presented at the next regular Board of Directors meeting.



Maintenance: For insurance reasons, all routine maintenance of equipment will be performed by staff members. Facility users are to report any equipment in need of repairs or adjustments to the staff member on duty. Maintenance requests will be noted on a log, the date and time of the adjustment will be noted and the name of the staff member will be recorded. Any piece of equipment that is in need of major repair will be noted on the daily maintenance log and a work order request will be filled out and turned in to the FPCC Administrative Office. The request will be routed through their channels for repairs. Any piece of equipment deemed to be unsafe or un-operable by the staff member, will have a sign put on it and will not be used until safely repaired.

SAUNA (New 10/31/21):

It is not appropriate to dump water on the sauna rocks. The sauna oven costs thousands of dollars, and water on the rocks degrades this oven quickly. We have replaced it once already in April 2020. We will not be replacing the oven if it breaks again due to gym users pouring water on the rocks. Sprinkling water is fine so that steam fizzes, but more than that will damage the equipment. If gym staff finds that a gym member is pouring excessive water on the rocks, the following actions may be taken:

- **First offense:** Warning, and they may be asked to leave the sauna
- **Second offense:** Banned from sauna for 1 week
- **Third offense:** Banned from sauna 1 month or longer (at the discretion of gym staff)

Attire

Members must dress according to the function that they are going to be performing while exercising or using equipment. The attire should not be offensive to other members of the Center.

Appropriateness

The member shall dress appropriate for the activity they are participating in. If mechanical apparatus are being used, care must be exercised not to catch loose items of clothing, hair or other objects in the equipment. Good judgment and reason will be expected from the members and staff.

Activities

Appropriate attire will be required for the activity that the member is participating in. Proper shoes, gloves, clothing and safety equipment will be required before a member is allowed to participate in any activity that requires the use of any special equipment.

Safety

Paramount to the health and well-being of the members, safety rules must be observed. Violations of safety rules will result in temporary suspension of a member's right to participate in Center activities. These rules are in place to protect, first our members and second, the Center from any unnecessary or unwanted consequences.

Equipment

All equipment use safety rules will be posted on the equipment or on the wall next to the



equipment. Rules will be observed for the protection of everyone. Those who do not observe the safety rules will not be allowed to use the equipment.

Building

All safety rules will be posted in conspicuous areas. Violation of the rules will result in temporary suspension of all rights and privileges and referred to the Board of Directors for further action.

Office

All safety requirements, pertaining to the daily operation of the office and office area, will be observed.

Outside of Premise

The same courtesy, respect for others and their property will be observed outside the Center is required on the inside. Violation of the rules will result in temporary suspension of all right and privileges and referred to the Board of Directors for further action.

Section IV – Hours of Operation

Hours of operation may vary, depending on season and activities. Hours of operation will be posted on the front door of the Center and advertised through local media. Hours of operation may be flexible to accommodate special events.

Week Days

6:30 am to 8:00 pm (Wolf Point)

Weekends

Wolf Point location is open by request only on weekends.

Section V – Endowments, Donations and Contributions

The FPCC Wellness Center will actively solicit donations, contributions and endowments to allow continued operation and for expansion and improvement of the facilities.

Receiving

All receipts of contributions, monetary or equipment will be recorded in the Fort Peck Community College Business Office.

Accounting

Accounting procedures will follow the Fort Peck Community College business and accounting policies and procedures.



Reporting

All fiscal reports will be prepared by the FPCC Business Office.

Section VI – Cash Receipts

All cash receipts will be secured and accounted for at the end of each business day or change of worker shift, whichever comes first.

- Cash receipts and checks will be reconciled at the end of each month or change of shift for workers
- Except for a “working cash drawer”, all cash and checks will be recorded in RhinoFit Gym Management Software; cash and checks will be deposited on a rolling basis to the FPCC Business Office. Monies for a “working cash drawer” will be placed in a safe for the night.

Section VII - Inventory

Reports of inventory of all hardware and expendable items will be performed on a semi-annual basis or more often if necessary.

- Staff will perform routine inventory on all hardware on a routine basis.
- All hardware inventories will receive an inventory control number as assigned through the FPCC Business Office.