Running head: THE FALLACY OF THE NULL	1
Re-analysing the data from Moffatt et al. (2020): A textbook illustration of the fallacy of	of
the null hypothesis	

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Abstract

Moffatt et al. (2020) reported the results of an experiment (N = 26 in the final sample)10 comparing the facial (surface) electromyographic correlates of mental rumination and 11 distraction, following an experimentally induced stressor. Based on an absence of 12 significant difference in the perioral EMG-amplitude between the rumination and distraction conditions, Moffatt et al. (2020) concluded that (the self-reported) inner experience was unrelated to peripheral muscular activity as assessed using surface 15 electromyography. We suggest this conclusion is hasty and based on waggly evidence. 16 Indeed, concluding on the absence of an effect based on a low-powered statistical test is 17 strongly problematic/uninformative. Moreover, there relation between self-reports and 18 physiological measures... Although the question Moffatt et al. (2020) pursued is of interest, 19 and mehods... Given these limitations, it is unclear whether the target article really adds to 20 the current knowledge. Complete source code, reproducible analyses, and figures are 21 available at https://github.com/lnalborczyk/inner experience EMG. 22

23 Keywords: NHST, Bayesian, fallacy, reanalysis, inner speech, rumination,
24 electromyography

- Re-analysing the data from Moffatt et al. (2020): A textbook illustration of the fallacy of the null hypothesis
- 27 Wordcount (excluding abstract, references, tables, and figures): 184

28 Introduction

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### Some thoughts on the data

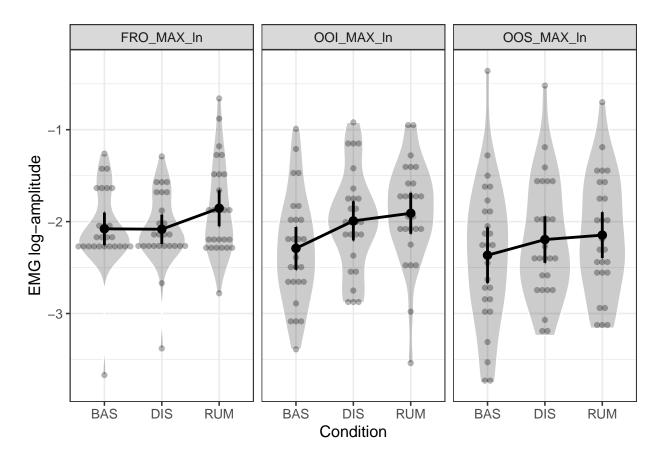


Figure 1. General plot (N = 26)...

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#### <sup>32</sup> Concluding on the null from low-powered studies

 ${\rm https://theethicalskeptic.com/2015/08/17/the-four-types-of-null-hypothesis-133}$ 

fallacy/...

Unfortunately, the same line of reasoning applies for testing the effect of the order, 35 which is even less powered than the test of the main effect of interest, rendering it 36 practically uninformative... 37 "In order to test this, a Bayesian paired samples t-test was conducted for the 38 peak log values of muscle activity between the rumination and distraction 39 conditions. This revealed strong evidence in favour of the alternative 40 hypothesis for the FRO muscle (B10 = 18.79), and moderate evidence in favour 41 of the null hypothesis for the OOS (B10 = 0.232) and OOI (B10 = 0.278) 42 muscles, according to current guidelines for interpreting Bayes factors [43]." 43 Does everyone? 46 Huge inter-individual variability... which leads to the next point, what is the relation between self-reports and EMG? Relation between self-report and EMG correlates 50

Discussion and conclusions

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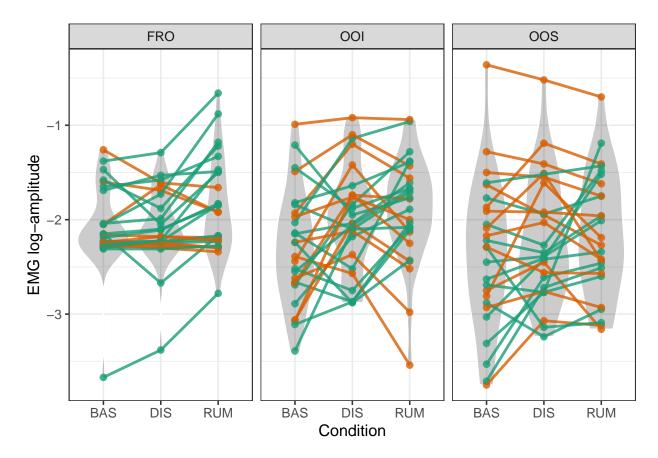


Figure 2. General plot (mean and 95% CI)... showing the inter-individual variability...

## Supplementary materials

- Reproducible code and figures are available at
- 55 https://github.com/lnalborczyk/inner\_experience\_EMG.

## Acknowledgements

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