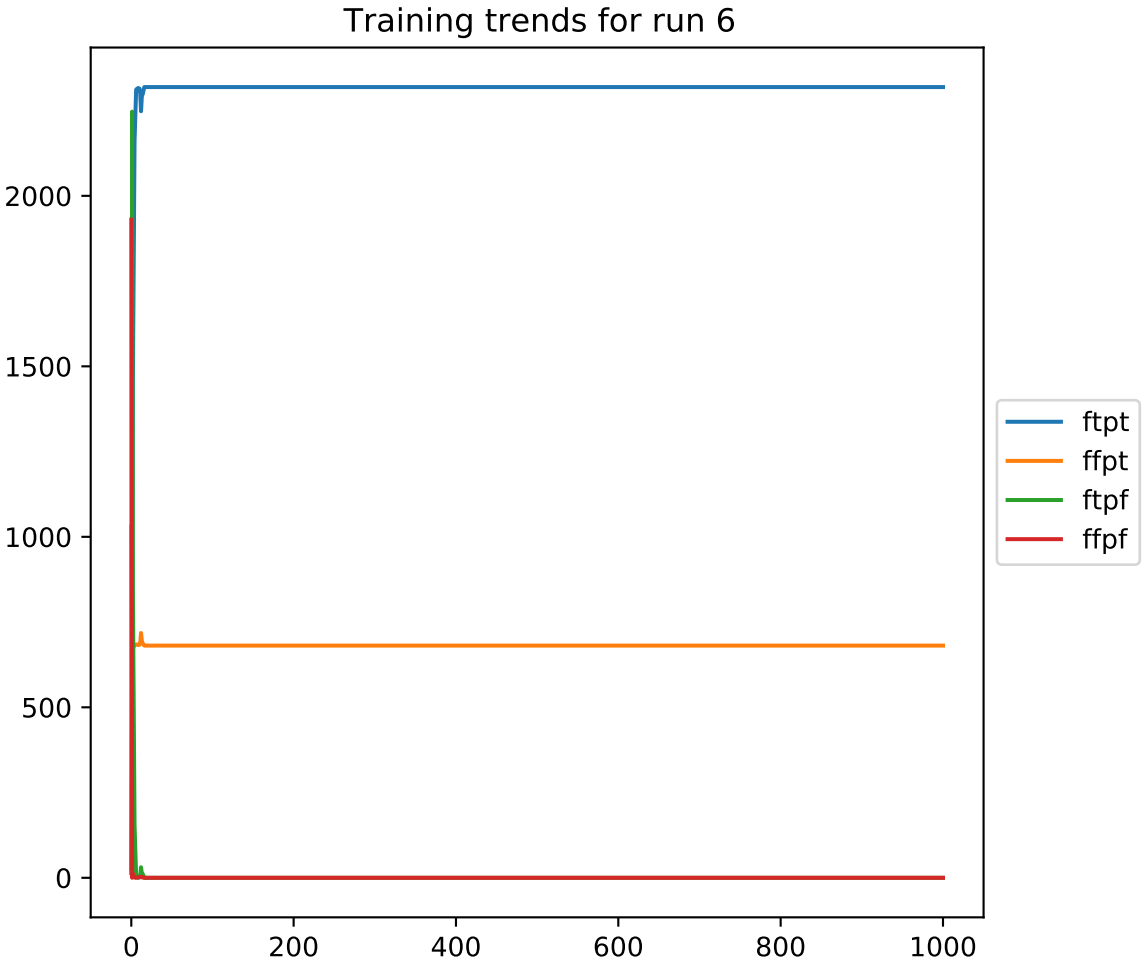
Training trends for run 6
2000
1500
1000
500
0
0
200
400
600
800
1000
ftpt
ffpt
ftpf
ffpf