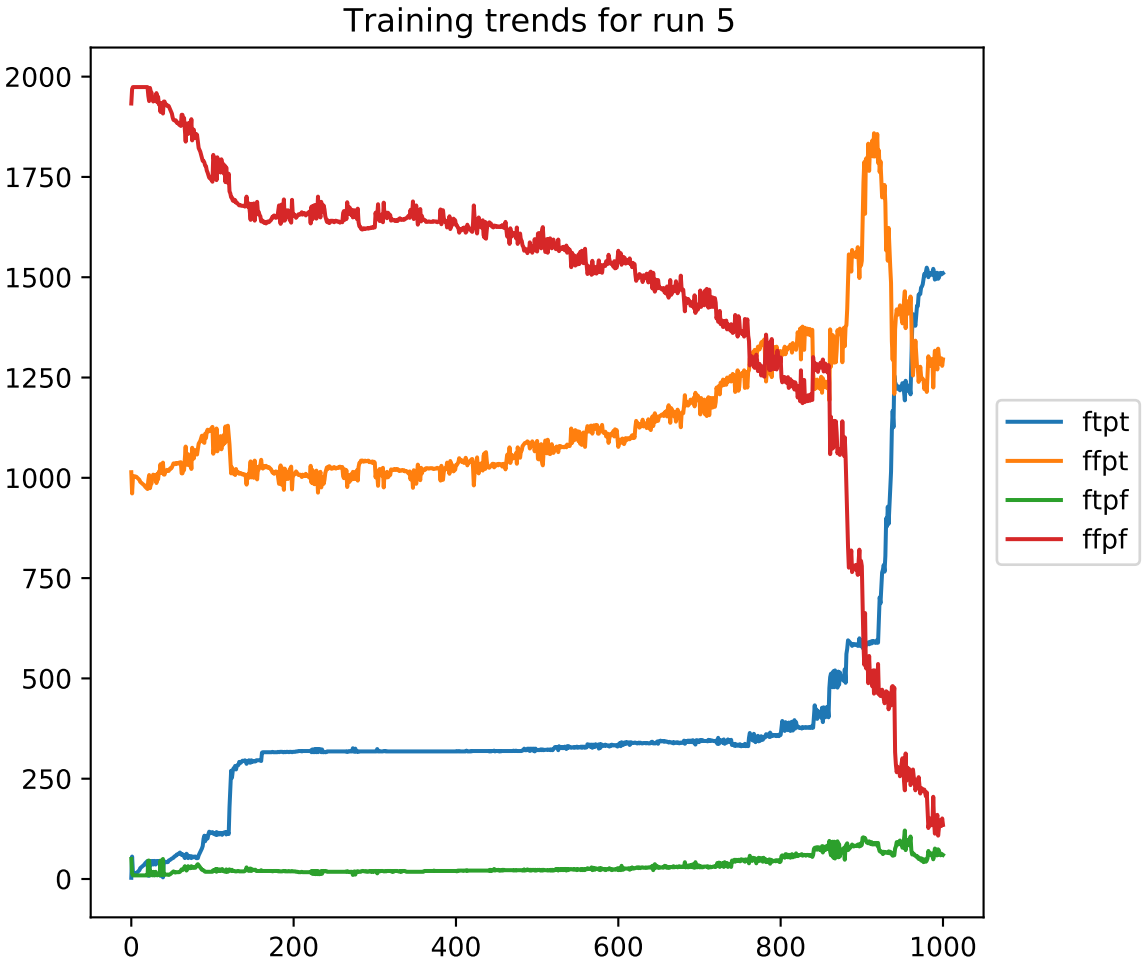
Training trends for run 5
2000
1750
1500
1250
1000
750
500
250
0
0
200
400
600
800
1000
ftpt
ffpt
ftpf
ffpf