

COE3200 - Communication Skills for Computing

Week 1: Assignment 1

Inspiring yourself for a successful person

The recent session has motivated me to think about my career path and personal growth.

Firstly, Understanding the purpose our life is very important which is “the reason for which something is done or created or for which something exists”. In simple terms the purpose is required to achieve anything beyond our ability. It gives a direction for end goal in our life. When you understand your purpose, You know why do things now. It has long term meaning to you.

One of the best insight has been given by Mark Twain is that there are two important days in our life. They are the day you are born and the day you find out why. When these two elements are found, We know why we exist and our purpose. Our every action has a meaning. We do things for the future.

It is vital to know your purpose (our end goal in life) because we will know what to do today to achieve our end goal. Purpose connects to motivation and goal achievement. It is similar to climbing a ladder. You know where the ladder up end. You only need to move up step by step to the destination.

Moving from complex thinking to simple thinking is hard. When you think in simple, your destination is visible. You can control present things happening according to what you want it to be by thinking simple. It is also to think about our past actions toward future goals. This is called connecting the dots.

To apply these insights to achieve success we need to find out following things.

- What you are good at
- What you love
- What the world needs
- What you can be paid for

We need go through each step and list out things according to our interest. And then we need to filter by further investigation. Finally we can come to the things we have common in each category. If we can follow / do things that are part of each category we can reach success towards.

To overcome challenges along the way

- Set SMART goals
- Align daily activities with long term purpose
- Overcome challenges with a growth mindset

From the SMART point of view, we need to set real numbers with real deadlines. We need to make sure the goal is trackable. Also we need to work towards a goal that is challenging but possible. We

need to be honest with yourself. Thinking outside box will enhance your capacity to overcome challenges as other well known personalities have done.

Thinking today is the last day I live makes us stay positive and strong. It allows us to think differently and put the effort on the impossibility. Also Try to impact beyond ourselves will benefit others from your purpose. It is also important to think positive social change through purpose driven lives. Reflecting on your “why” helps you to reach successful life. Also taking small, actionable steps toward aligning your life with your purpose is vital.