

January 2022

THE FORCE EFFECT

Cleveland Force Soccer Club Newsletter



CLEVELAND FORCE SC "OUR WHY" AND USL 2 HISTORY BY DIRECTOR OF COACHING, EVERETT PALACHE

Cleveland Force Soccer Club is excited for the opportunity our most committed players will have to play in front of family, friends, and the club's youth throughout the summer in USL 2. The atmosphere created will help with our long-term goals of developing players for college and professional soccer. Also the USL League Two platform allows us to continue to do our part to influence the "Grassroots Soccer Movement in America".

In joining League Two, Cleveland Force Soccer Club will offer a tried and tested pathway to professional soccer for its players, both at the elite collegiate level and the top academy-age players in the Greater Ohio Valley area. On top of the valuable experience of playing in the nation's most competitive pre-professional environment, League Two also provides growth opportunities for our coaches, executives, and communities.

Founded in 2011, Cleveland Force Soccer Club has striven for excellence for its programs and members. Our mission has been to provide soccer players with a club structure focused on empowering hardworking, responsible, and humble boys and girls who approach goals with a positive outlook.

In the past, many American-born players who aspired to be professional soccer players took their talents to Europe, or countries that had strong Academy Teams that would enable the player to strengthen their skills. These players would train with the academy team and, in a few years, have a chance at playing for the pro club or the team's second division club. These days, more and more "homegrown" players are staying in the United States and playing in a number of leagues that exist throughout the country. **CONTINUED ON PAGE 2**



USL Academy - 2

U13-19 Girls Update - 3

U10-12 Girls Update - 4

Bepro - 5

ProMentor - 6

"OUR WHY" AND USL 2 HISTORY CONTINUED...

The advent of creating a development league began in the early 1990s with the PDL (Premier Development League), now known as USL 2. The main objective of this league is to refine the skills of the player and give these individuals a chance to be noticed by the MLS, USL-Pro, or International Clubs and be rewarded with a professional contract. The USL 2 consists of stand-out high school players, junior club players, and even former professional players who suffered a career-ending injury and would still like to play soccer at a high level. Each USL 2 team may have more than eight players over twenty-three and must have three or more players eighteen years of age or younger on the squad. Roughly twenty years later, those initial development players are a mainstay on many MLS Clubs today.

The new generation of American Soccer Players has grown up with America having a stable professional league, academy teams, and a league where they can play and develop into players who could compete on the world stage. Having multiple professional leagues, similar to overseas, with teams spread across the country, a young player has an equal opportunity to play on a team and rise through the ranks of American Soccer and one day play in MLS. The proof that MLS Clubs have exceptional talent lies with this year's United States Men's National Team. There are 13 players on the squad that call MLS home, and that is a testimony that America's Grassroots Soccer Movement is making a difference here at home.

Thank you to everyone who help make this possible, from our grassroots to Elite High School programs.

"We are really excited about the opportunity that this team brings to the soccer community in Northeast Ohio. It's a great way for college players to get a professional experience and exposure while still competing in college."

- Bill Lawrence, USL 2 Cleveland Force SC Head Coach

[About USL - Click Here](#)

[US Men's National Team Announces 28-Man Roster Ahead of Next Round of World Cup Qualifiers - Click Here](#)



USL ACADEMY USL-A

BY U19 USL-A PROGRAM DIRECTOR: BILL LAWRENCE

Last year was our first year at the USL Academy. The long-term goal is that this program will be a ten-month program. To help get things started, we played a short season to learn and teach about the competitive opportunities of the league. Cleveland Force Soccer Club had four wins, two ties, and one loss. Our only loss came to the National champions. This year we will play in two-thirds of the season. While in 2023, we will participate in an entire ten-month USL Academy season.

There are so many reasons to be excited about this coming season.

1. Our entire goalkeeper pool has returned (Logan Smith, Ethan Smith, and All American Zach Glesius).
2. Three backline starters have returned (Collin Folds, Alec Hoover, and Nathan Monastra).
3. Our midfield core is deep with Million Evans, Angel Murillo, and All Americans Ethan Jacobs and Marco Valentic.
4. Our top 4 scorers, Dakota Jonke, Angel Murillo, Josip Rimac, and Jack Roman, have returned.
5. We have also added two new attacking threats in All Americans Nolan Spicer and Luciano Pechota.

Watching them train is even more impressive than their bio. **Watch this team train and play.** You won't be disappointed. The USL Academy players have the skill, the grit, and the work ethic to make training, scrimmages, and games just as exciting to watch as El Classico! Come once, and you might make it a weekly calendar activity.

Special Thanks! To Pennine, Upper 90, and Challenger allowing their players to try out and participate for the USL Academy. These clubs continue to do a great job preparing their players for the USL Academy level and future competition.



ECNL GIRLS 09-03 WINTER UPDATE

BY GIRLS U13-U19 ECNL NATIONAL PROGRAM DIRECTOR: ROB MILLER

As we approach February and the upcoming spring season, our ECNL "Club Competition" players have been busy with Showcase play and friendly 11v11 games getting ready for their spring ECNL season. Our 05 and 06 girls have recently returned from Lakewood Ranch, Florida, where they competed in the ECNL Florida National Showcase. Both teams competed well in front of an impressive number of college coaches (70-80 coaches per game from all levels). The 2023 grads on the 05 girl's team have been busy with phone calls and emails from prospective colleges, while the 2024 grads made a name for themselves leading up to the 6/15 date, where prospective colleges can finally reach out to them.

With a hectic early spring schedule coming up for these teams, we will continue to get them ready for spring outdoor play. Our focus in training moving forward will be recognizing transitional moments identifying your role at that moment, and decision-making in the final third.

Upcoming events include the Ohio Elite Showcase in February and the Jefferson Cup in March. We are thrilled to find 3 of our ECNL teams in the Championship bracket (03/04, 05, and 07) at Jefferson Cup. The Championship bracket is the highest level of play at one of the arguably biggest and most competitive showcases on the girl's side in the country. There will be a lot of "eyes" on our players from both NCAA coaches and USYNT scouts at this event.

With a couple of weekends off between events, the next couple of weeks will be crucial for our continued development. All of our players will need to focus on their training and prepare for the grueling schedule ahead. We are all looking forward to the spring season and warmer weather!



ECNL-R & GLA GIRLS 03-09 WINTER UPDATE

BY GIRLS U13-U19 ECNL-R & GLA PROGRAM DIRECTOR: MATT SAFAR

The 03/04 and 05 Girls had the opportunity to play at the ECNL-R Sanford, Florida Showcase, January 6th - 9th. Both teams were able to gain valuable college exposure and enjoyed playing quality competition. This event has opened up dialogue with college coaches for many of our players that are looking to finalize their plans by the end of the Spring.

The 06 ECNL-R Girls are off to a 4 - 0 start in league play and currently sit at first place in the Ohio Valley North Conference, with a goal differential of 21 goals scored for, and only 3 scored against. We're excited to see what the rest of the season holds!

Our 07, 06, 05 and 03/04 Girls will be using February to prepare for the demanding Spring season ahead as well as attending the Ohio Elite Showcase. While our younger teams, **08s and 09s**, are using the upcoming month to focus on speed of play and overall intensity, as they anxiously await the start of the Spring ECNL-R Season in March.



Our GLA 05 and 06 Girls have been preparing for their first event, the Southeast College Showcase in Gatlinburg, Tennessee. This will take place February 4th - 6th. The teams have been training hard and feel prepared. Their GLA season will begin at the end of February.



U10 - U12 GIRLS COMPETITIVE

BY U10 - U12 GIRLS COMPETITIVE PROGRAM DIRECTOR: BEN GUNTER

We are excited about the growth of the Competitive Tier and the culture in the program!

The vision for the girl's Competitive Tier is to provide "late maturing" players an environment to nurture, grow, and inspire their commitment/passion. Competitive Tier players love the game but need more time and space to build a relationship with the ball. Time and space are necessary to inspire passion!

"For soccer, the technical part of the game is the foundation for building the rest of soccer's education." - Tom Byer

To help develop players' at home, we challenge our younger players to do "Soccer Starts At Home," working on their technique.

"practicing at home, so they are ready to participate in **training**."

As a club, we measure success on how many 'Home Grown Players' and U19 players we graduate to the college level. "Home Grown Players" started in Cleveland Force Juniors Academy (U3 - U9). The Competitive Tier evaluates how many new players we attract, player progression to High Performance (talent/time commitment), and the number of teams moving to U13 (minimum two rosters).

Over the past month, we have been able to add nine new players to our 2011 & 2012 rosters, and we are continuing to grow. We graduated three players into our High-Performance Tier from the Competitive Tier. During the "evaluation period," February through August pre-season camp, we will continue to monitor the development of the players for possible opportunities in the High-Performance classroom as we prepare for roster placement next season (Aug 2022/23).

Thank you, everyone, for your support of the Cleveland Force values and your child's soccer development!





BEPRO

BEPRO TAKING FORCE TO THE NEXT LEVEL

Cleveland Force SC, have signed a deal with Bepro, the soccer performance analysis provider, as they look to improve player development and on-field performances through technology. This agreement focuses on Force's U-19 USL-A team, who are entering their second season as an elite USL academy.

Bepro will be analyzing their matches, breaking down every moment of the game to provide detailed data and corresponding video to help the club's coaches, analysts and players alike measure, understand and improve results. This video is also perfect for sharing with prospective colleges and senior teams across the country for recruitment purposes. Video and data is accessed through the Bepro platform, which is available for PC, Mac and mobile devices, whenever and wherever the user needs it. Here, interactive visualizations bring data to life, with each information point linked to a video to provide vital visual context.

Force's analysts and coaching staff will also be able to easily create, annotate and share custom clips using the Bepro Editor, through which they can also load video for the exact moment they need thanks to powerful search tools. This speeds up the analysis process, allowing backroom staff to focus on finding areas for improvement or opponent weaknesses to exploit. With regards to the deal,

Everett Palache, Force's Director of Coaching said:

"Bepro is helping us be more specific and intentional with our player development. It provides a teaching tool allowing us to develop the current and future members of the club."

Everett Palache, CFSC Director of Coaching, recently spoke with Bepro at the 2022 United Soccer Coaches Convention in Kansas City, MO! They went into detail on the topic of "How to use video & data to instill a playing philosophy and develop future stars!" Check out the full presentation through the link below!



CLICK HERE to watch the full presentation on our Youtube channel!

Presentation Announcement


CONVENTION
KANSAS CITY 2022

REUNITED

HOW TO USE VIDEO & DATA TO INSTILL A PLAYING PHILOSOPHY AND DEVELOP FUTURE STARS

11:30am (CST) 21st January 2022
Kansas City, MO, USA



Everett Palache
Director of Coaching
Cleveland Force SC



Luis Kang
CEO & Founder
Bepro



Daniel Johnson
Former Pro,
Relationship Manager
Bepro

PROMENTOR

COMING TO CFSC

Cleveland Force Soccer Club's vision is to develop and challenge players from start to finish by being the innovators in the education of soccer development in Northeast Ohio; through the integration of coach development, player development, parent education, and League Platforms. ProMentor is the latest alliance to help Cleveland Force SC continue its commitment to the players.

On February 4th, 2022, a group discussion on "reaching your highest personal level" with two professional soccer players who grew up in Cleveland- Josh Williams (Cleveland State) and Evan Bush (Akron) - will kick off the relationship between ProMentor and Cleveland Force SC.

ProMentor closely aligns with Cleveland Force's commitment to supporting our players at every level with a simple idea: "We want to help every athlete unlock and maximize their potential."

ProMentor delivers on its commitment by creating a space where amateurs at every level can connect and interact one-on-one with a professional athlete. Through their immersive and beautifully designed app, their world-class athletes provide instruction, video analysis, and motivation in a more accessible and efficient way.

Here, no one gets left behind. No matter your age or skill level, ProMentor can help you find the best athlete within you.

Topics to be covered in the February 4th USL Academy discussion are below. We look forward to making ProMentor more a part of the Cleveland Force day-to-day services we offer members as we continue to work to create an unparalleled environment to support players on and off the field.

1. College Prep + Recruitment
2. The Journey to the Pros
3. "Big Moments" Preparation
4. Major Tournament Experiences + Reflections
5. What Does it Mean to be a Professional
6. Life Off the Field and the 24/7 Athlete
7. Injuries and Returning to the Field
8. Training the Mental Side of the Game
9. The Importance of the Small Details
10. Physical Prep and Match Day Routines

Check your Playmetrics inbox later this week for the virtual link to join the ProMentor presentation!



WHAT'S NEXT? - UPCOMING EVENTS WITH CFSC

SUPER V LEAGUE

GIRLS ID CLINIC
FOR 2022 SUMMER SEASON

2012, 2011, 2010 & 2009 BIRTH YEARS

February 5 | 7:15-8:30pm | @ Force Rocky River

**SUPER Y LEAGUE
2022 SEASON
BOYS I.D. CLINICS**

SATURDAY FEBRUARY 5TH, 2022

- @ FORCE ROCKY RIVER**
2012 / 2011 / 2010 Birth Years
6:00 pm - 7:15 pm
2009 / 2008 Birth Years
7:15 pm - 8:30 pm
- @ SPRINGSIDE ATHLETIC CLUB**
2007 / 2006 Birth Years
9:30 am - 11:00 am

CLEVELAND FORCE
SOCCER CLUB
www.ClevelandForceSC.com

2022 SCHEDULE RELEASE

COMING SOON!

USL A
Academy

USL 2
League Two

USL LEAGUE 2

FOLLOW US ON SOCIAL MEDIA
FOR THE LATEST UPDATES!

MENTAL FITNESS
SMALL GROUP COACHING

MONTHLY VIRTUAL SESSIONS BEGIN FEBRUARY

WHAT: A 6-month program that focuses on building a fierce confidence on-and-off the field. There are 6 topics that will build on one another. Each session will be 60 minutes long, allowing the players to interact, ask questions and talk through how to apply the principle to their life to help them reach their full potential.

WHO: Players on the '09 (U13) & '08 (U14) Teams.
Groups are comprised of at least 5+ current teammates.

WHEN: Meet virtually once a month on Tuesday evening, 7pm-8pm.
All sessions will be recorded for anyone who is unable to attend.

COST: \$20/session (must pay for all 6 sessions prior to beginning)

REGISTER at: <https://www.eventbrite.com/o/girl-thriving-32816574185>

WWW.GIRLTHRIVING.COM || INFO@GIRLTHRIVING.COM || 614.602.2460