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| Topic 3: Your eating habits |
| * **Recycled language:** * ***Food categories:*** fat, oils, sweets, dairy, fruit, bread, grains, pasta, vegetables, meat, fish, beans * ***Nutrition:*** calcium, carbohydrates, protein, vitamins * ***Expressions about food passions:*** I’m crazy about, I can’t stand, etc. * ***Expressions to decline food:***I’m allergic to sth, I’m avoiding sth, etc. * ***Expressions to describe food:*** It looks terrific, it smells terrible, etc. * ***Grammar:*** Use to, |
| Outline:   * **Introduction:**   ***Hello teacher, my name is … Today, I would like to talk …***  This sentence should include:   1. Name / Full name 2. The main idea of the paragraph  * **Body:**   ***First of all, I want to share with you about my food passions***   1. **My food passions**  * What food are you crazy about? * How often do you eat it? * Where do you often eat it? With whom? * Why do you like it? * How does it taste? * What food aren’t you crazy about? Why? * What food did you use to be crazy about but now don’t? Why?   ***Secondly, I would like to talk about my eating habits and health***   1. **My eating habits and health**  * What do you often eat for your daily meals? * Are you a healthy or unhealthy eater? Why? * What are examples of healthy/ unhealthy eating habits/ food? * What are some different types of diets you have heard of? * Do you eat organic food? * Do you think that organic food is much better than normal food or are they about the same? * Why is organic food so much more expensive? * Do you think that a person’s eating habits affect how long they live?   ***Finally, I would like to talk about traditional Vietnamese food and Vietnamese eating habits***   1. **Traditional Vietnamese food and Vietnamese people eating habits**  * What is the traditional food in your country? * What is in it? * How does it taste? * Is it healthy? * Do you think your grandparents’ generation ate healthier food than your generation? In what way? * Do you think people in your country usually eat healthy food? * **Conclusion: This sentence should**  1. Inform the listener that the paragraph is coming to a close 2. Provide a summary of the main points   *Extended sentence for extra points: In conclusion, I would say that eating habits are very important to one’s health. That is why I used to eat a lot of junk food but now I don’t. I try to eat healthier so that I will have a better health.*  ***Required sentence: That is the end of my speaking / That brings me to the end of my talk. Thank you for your listening.*** |
| Student’s writing: |
| Teacher’s comment: |