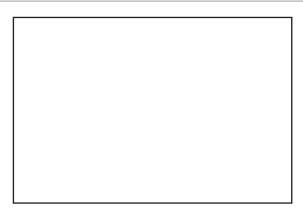
# MICROBES, FUNGI, YEAST AND OTHER ORGANISMS XXXSEE ALSO: xx EST. TIME: MICROBES, FUNGI, YEAST INGREDIENTS TOOLS TASKS • X X

## BIOLAB RULES

PRACTICING MICROBIOLOGY SAFELY



BIOLAB RULES ARE AIMED AT CONTAINING UNCONTROLLED SPREAD OF MICROBES, TO PROTECT YOUR EXPERIMENTS FROM BECOMING CONTAMINATED WITH EXTERNAL MICROBES. THEY ALSO PROTECT YOU FROM THE SMALL POSSIBILITY OF INFECTION.

SEE ALSO: Handwash experiment

EST. TIME:

## BIOLAB RULES

#### WHY

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Learn why lab rules exist, and what Good Microbiological Laboratory Practi- familiarize students with key concepts, ce entails. Design a poster to commit to tools and rules in a biolab, before starthe rules when working in the lab.

#### WHEN

This is a good introductory activity to ting any investigations.

## **TASKS**

Study Basic Practical Microbiology: A Manual in preparation for class and design a poster visualizing the biolab rules:

- 1. Report spills and damages immediately to a lab technician
- 2. No food, drink or mouth to face contact in the lab
- 3. Wash and disinfect your hands before and after lab work. Wear a lab coat and PPE where necessary.
- 4. Keep personal objects outside the lab (jackets, phones, etc)
- 5. Don't leave heat sources or gas flames out of sight
- 6. Avoid aerosol formation by using proper flaming technique
- 7. Label all bottles and plates
- 8. Disinfect surfaces with 70% alcohol or a freshly prepared 10% bleach solution before and after.
- 9. Autoclave all biological waste and contaminated surfaces

## HANDWASH EXPERIMENT

ССС













XXX

SEE ALSO: Biolab rules

EST. TIME:

## HANDWASH EXPERIMENT

#### WHY

Learn why lab rules exist, and what Good Microbiological Laboratory Practice entails, practice with a handson experiment.

## $W\,H\,E\,N$

This is a good introductory activity to familiarize students with key concepts, tools and rules in a biolab, before starting any investigations.

## TASKS

Study Basic Practical Microbiology: A Manual in preparation for class, followed by the handwashing experiment. Students practice pouring plates using aseptic technique, and learn to use the autoclave to sterilize media and materials.

- Prepare a nutrient agar (500 ml water, 1.5 g yeast extract, 2.5 g peptone, 2.5 g non-iodized salt, 7.5 g agar agar)
- Autoclave for 45 mins, allow to cool to 35C
- Pour agar into sterilized petri dishes using aseptic technique
- Take a bathroom and coffee/tea break until agar sets
- Group 1 washes hands w soap and warm water for 20 sec
- Group 2 washes hands with only water
- Group 3 desinfects hands with hand sanitizer
- Group 4 does not wash or desinfect their hands at all
- Ask each student to press a finger onto the agar, close the dish, seal with parafilm and label it
- Incubate for 2-7 days at room temperature
- Study the results without opening the plates
- Autoclave the plates for 20 mins afterwards

KEFERNCE: Basic Practical Microbiology: A Manual (2016) Microl society: https://microbiologysociety.org/bublication/education-ou tch-resources/basic-practical-microbiology-a-manual.html

## BIOSAFETY LEVELS

OR: CONTAINMENT LEVELS



Kelsev Chisamore, The Noun Project,

TO MAKE SURE THAT MICROBIOLOGY EXPERIMENTS STAY SAFE AND THAT THE WORK ENVI-RONMENT IS HEALTHY, BY FAMILIA-RIZING YOURSELF WITH BIOSAFETY LEVELS.

SEE ALSO:Starting a community lab

EST. TIME:

## BIOSAFETY LEVELS

#### WHY

Starting to understand how required levels of cleanliness and containment depend on a num- book experiments, and are starber of interrelated factors (skill level, protocol ting to wonder and ideate what and use, volume of culture) enables you to critically assess risks and possibilities.

#### WHEN

After you have done some textelse might be possible.

## **TASKS**

## Discussion prompt 1:

Read Basic Practical Microbiology: A Manual and discuss the importance of *biosafety levels* or *levels of containment*. What is the difference with the school levels discussed in the manual? Why do you think they address those specifically?

#### Discussion prompt 2:

Find out under which biosafetylevel each of these organisms is typically classified (may differ per strain!). Discuss whether you would consider using these

organisms in a school biology setting: why/why not?

Pleurotus ostreatus | Serratia Marcescens | Janthinobacterium lividum | Komagataeibacter Xylinus

#### Discussion prompt 3:

Why is working in the lab with *Pleurotus ostreatus* to make materials different from growing grey oysters in your kitchen and different from eating store-bought grey oysters to use for dinner? Why can you eat the mushrooms that you grow in your kitchen (see also Rotterzwam growkits), but you cannot eat mushrooms you grow in a lab where you are also experimenting with other organisms?

## SET UP A COMMUNITY LAB

CREATE AN OPEN-ACCESS LABORATORY FACILITY



SAFE PRACTICE IN MICROBIOLOGY REQUIRES A DESIGNATED, LIMITED ACCESS SPACE AND TRAINING. A PROPER ENVIRON-MENT PREVENTS CONTAMINATION AND HEALTH HAZARDS. THIS CARDS CONTAINS POINTERS TO GET INFORMED BEFORE DOING PRACTICAL WORK.

SEE ALSO: Biolab rules, Biosafety

EST. TIME:

## SET UP A COMMUNITY LAB

#### WHY

Establishing a shared foundation for biosafety and security practices is key when you are considering to set up a community lab in your that supports non-biologists institution or community. Familiarizing yourself with resources to do so enables you to conduct safe lab practices with non-biologists. on way.

#### WHEN

When you want to create an open-access laboratory facility such as artists and designers to explore microbiology in a hands-

## **TASKS**

- Study Basic Practical Microbiology: A Manual thoroughly with your team (see reference)
- Consult someone with experience as lab technician over seeing practical microbiology work in high schools.
- Find a biosafety advisor who can help with risk assessments
- Find suppliers of high school lab materials (e.g. Eurofysica, Carolina)
- Learn aseptic technique and Good Microbiological Laboratory Practice (GMLP) by getting training from an expert
- Write step-by-step protocols defining the acceptable experi ments in your lab, review protocols and changes in the future with an expert

REFERENCE: Microbiology Society (2016) Basic Practical Microbiology: a Manual: https://microbiologysociety.org/publication/education-outreach-resources/basic-practical-microbiology-a-manual.html

## LEVELS OF CLEAN AND DIRTY

WHAT IS WASTE?



HUMAN AND BIOLOGICAL WASTE ARE ABUNDANT, SUSTAINABLE FEEDSTOCKS FOR MATERIAL-MAKING. NEGATIVE CONNOTATI-ONS AROUND SHIT, HAIR AND DUST HOWEVER AND OUR PER-CEPTIONS OF BEAUTY NEED TO SHIFT FOR THESE MATERIALS TO BECOME ACCEPTABLE (AGAIN).

SEE ALSO: XX

EST. TIME:

## LEVELS OF CLEAN AND DIRTY

Reappropriating waste materials to create our own and others' ideas about dirt and cleanliness, and about waste and newness.

#### WHEN

After you have tried out some biomaterial reart and design objects asks us to reconsider cipes and realize that making materials out of food grade ingredients might be unnecessary and unsustainable, and want to start looking elsewhere.

## TASKS

Study the projects listed below:

- Merdacotta & the Shit Museum (2015-ongoing) by Gianantonio Locatelli & Luca Cipelletti: http://www.theshitmuseum.org/prodotti/ and https://materialdistrict.com/material/merdacotta/
- The New Age of Trichology (2016-ongoing) by Sanne Visser: https://sannevisser.com/The-New-Age-of-Trichology
- How Dust This Feel? (2015) by Matilda Beckman: https://www.dezeen. com/2015/02/06/matilda-beckman-furniture-made-from-dust-stockholm-2015/

#### Discuss the following questions:

- Which ideas, beliefs, and value systems are in place regar ding the materials these artists and designers work with?
- Which strategies do the makers use to shift our perspective towards these materials?
- Are they successful in shifting your perspective on waste? And/or why not?

Find a material in your environment that is typically considered dirty or disgusting but could have interesting qualities to work with. Develop a strategy that helps shift peoples' perspective on and connotations with that material.

REFERENCE: Kate Franklin Radical Matter: Rethinking

## BIOLAB ETIQUETTE

VVV



LEARN THESE RULES BY HEART AND REMIND EACH OTHER TO STICK BY THEM ENSURES SAFES PRACTICE IN YOUR BIOLAB.

SEE ALSO: VV

EST. TIME:

## BIOLAB ETIQUETTE

#### WHEN

Good Microbiological Laboratory Practice (GMLP) is Before starting any practical one of the main ways to ensure safe practice when microbiological work. working with microorganisms.

## TASKS

Study Basic Practical Microbiology: A Manual (see reference) to understand the importance for Good Microbiological Laboratory Practice (GMLP). Design a poster together, listing all the rules, to make them visible in your shared lab space:

- You are responsible for reporting spills or damage immediately to a lab technician.
- Only do work you are trained and instructed to do. When in doubt: ask!
- No eating, drinking or hand-to-face contact: may cause accidental ingestion of hazardous materials or culture.
- Label everything, always: so other people are aware of their contents (date, name, organism, growth medium)
- Handwashing: before microbiological work to avoid contami nating your experiments with unknown organisms, and after to ensure no living cultures accidentally leave the lab on your hands. Wear a lab coat when in the lab.
- Never leave open flames or running pressure cookers: they are potential fire hazards and need to be monitored, always
- Dispose of waste properly: all living cultures and materials that have been in contact with living cultures need to be steam autoclaved before disposal.
- Keep personal items (notebooks, phones, laptops, coats) outside the lab and at all times away from the lab bench.
- You are not allowed to take any living cultures from the or bring in living cultures without permission from a technician.

REFERENCE: Basic Practical Microbiology; A Manual (2016) Microbiology Society: https://microbiologysociety.org/publication/education-outreach-resources/basic-practical-microbiology-a-manual.html

## LAB DESIGN

#### RECOMMENDATIONS FOR DESIGNING A BIOLAB



WHETHER SETTING UP A SPACE FOR THE FIRST TIME, OR MOVING TO A NEW SPACE, CONSIDER THE FOLLOWING LIST OF RECOMMENDATIONS FOR MATERIALS TO USE, AND THE INFRASTRUCTURE REQUIRED TO HANDLE THEM WHEN DESIGNING A BIOLAB.

SEE ALSO: cc		
		: : :
	EST. TIME:	

## IAB DESIGN

INGREDIENTS	TOOLS
Vcv	ssdd

#### CONSIDERATIONS

- Walls and floors should be smooth, impermeable to liquids and easy to clean. No carpets or flammable materials.
- Benchtops should be impermeable to liquids including disinfects, and chemicals. Benchtops should be scratchresistant and have no open seams.
- Sink for handwashing, dishwashing and disposal of non-toxic and non-hazardous liquids should be provided.
- Lab furniture such as chairs and stools should be non-porous and easily cleaned (e.g. vinyl, hard plastic, rubber)
- PPE storage such as lab coats should be available upon entry.
   Lab coats need to be separated, not stacked.
- Personal storage space non-lab items need to be stored outside the lab (e.g. coat racks, closets, lockers).
- Office space is separate from labspace. Demarcate space for eating, drinking and office work
- Fire safety equipment and smoke detectors are often legally required. Fire extinguishers should use carbon dioxide or dry chemical type A-B-C extinguishers.
- Ventilation ideally provides inward airflow without circulation. If mechanical ventilation is not possible, install screens to prevent insects from entering through windows.

REFERENCE: Angela Armendariz, Patrik D'haeseleer and others (ongoing) "Lab Infrastructure & Design" in: Community Biology Biosafety Handbook: https://bii ly/389Tk29

## MORPHOLOGY OF TOOLS

SUBSTITUTING EQUIPMENT WITH EVERYDAY ITEMS



MANY PEOPLE IN THE DIY BIOLOGY REALM HAVE CONSIDERED WAYS TO MAKE MICROBIOLOGICAL WORK MORE ACCESSIBLE BY FINDING ALTERNATIVES TO EXPENSIVE SPECIALIST EQUIPMENT.

SOME TOOLS AND MATERIALS CAN BE SUBSTITUTED.

SEE ALSO:VVV

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EST. TIME:

## MORPHOLOGY OF TOOLS

#### GLASSWARE

You might find that lab grade glassware such as glass bottles can get expensive. Sterilizing media can also be done in glass jam and yogurt jars with a lid. Glass is used because it can withstand the heat of an autoclave (121 degrees C), polypropylene (PP5) plastic, often used in the production of food containers, is also autoclavable.

#### GAS EXCHANGE

Many microorganisms are aerobic, which means they require fresh air to grow. Others release gases, which can build up in a plate or jar. Parafilm is commonly used to ensure gas exchange while providing a barrier for contaminants. Syringe filters, synthetic filter disks (Tyvek) or synthetic wool (e.g. Polyfill, or non-absorbent cotton wool) can be used to plug a little air vent drilled into the lid of your jar or bottle.

#### STEAM AUTOCLAVE

Pressure cooker pans are used in many schools as an alternative. Use of autoclave tape is recommended. For steam sterilization to occur, the entire item must completely reach and maintain 121°C for 15–20 minutes with steam exposure at 15 PSI (longer for higher volumes).

#### INCUBATOR

Make your own using instructions from the Biohack Academy program, or look for incubators used to hatch reptile eggs.

#### AUTOCLAVEABLE WASTE BAGS

Invest in different sizes as they can also function as a container for incubated cultures, when closed with rubber band and plugged with a material that serves as gas exchange material (see above).

#### SEE ALSO:

- https://learn.freshcap.com/growing/using-pressure-cookers-for-growing-mushrooms/#
- https://archersmushrooms.co.uk/how-to-make-grain-spawn-jars/
- https://github.com/BioHackAcademy/BHA\_Incubator

	DIY BIOFILMS	
	VV	
SEE ALSO:vv		
	EST. TIME:	
	DIY BIOFILMS	
INGREDIENTS vv	TOOLS vv	
TASKS		
		REFERENCE: bbb
		-

## DIY APPLIED MYCOLOGY

V V V



MYCOLOGY IS THE STUDY OF FUNGLAND THEIR APPLICATIONS IN SEVERAL INDUSTRIES (FOOD, MATERIALS, PIGMENTS, MEDI-CINE, BIOREMEDIATION). THE AVAILABILITY OF TOOLS AND DIY PROCESSES MAKE THIS FIELD ACCESSIBLE TO ENTHUSIASTS.

SEE ALSO: VV

EST. TIME:

## DIY APPLIED MYCOLOGY

#### **INGREDIENTS**

light malt extract, yeast extract, potatoes, dextrose, water, vial of liquid cultuwood chips, agar, 70% alcohol, bleach

#### TOOLS

pressure cooker, glass bottles/jars, petridishes, parafilm, scalpel, sterile syringes, autoclaveable polypropylene re (sporeless), coffee, hemp, wood dust, (PP5) bags or boxes, autoclave tape, hammer, nails, non-absorbent synthetic wool (e.g. fiberfill)

#### TASKS

Set up a basic biolab (see card: Setting up a community lab)

- Find suppliers of lab materials (e.g. Eurofysica)
- Learn aseptic technique and Good Microbiological Laboratory Practice (GMLP)

Choose a well-documented strain

- Pleurotus Ostreatus (Gray Oyster) or Ganoderma Lucidum (Reishi) foodsafe strains that are suitable for beginners
- Find a supplier who can sell you sporeless strains to avoid unwanted sporulation (e.g. Homegreen in NL)

Learn how to grow mycelium in a petri dish

- Learn how to make a malt-yeast-agar
- · Learn how to make a potato dextrose agar

Learn how to create a grain jar/grain spawn

- Learn how to *sterilize* a grain jar
- Learn how to inoculate a grain jar

Learn how to colonize a bulk substrate (for materials)

- Find out which substrates your strain thrives on
- Learn how to pasteurize bulk substrates
- Learn how to inoculate a bulk substrate
- Learn how to incubate and maintain a bulk substrate
- Learn how to dry a bulk substrate

Learn how to train a strain (for mycoremediation)

FERENCE: Peter McCoy (2016) Radical Mycology; Freshcap Mushrooms Blog I video channel https://learn.freshcap.com/growing/ and https://www.youtu-com/c/freshcapmushrooms

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## @ HOME MATERIALS KITCHEN

DIY BIOMATERIALS FROM YOUR KITCHEN CUPBOARD

EXPLORING YOUR KITCHEN IS A GOOD STARTING POINT FOR A LOT OF BIOMATERIALS. DIY BIOPLASTICS ARE OFTEN MADE WITH INGREDIENTS AND EQUIPMENT FOUND IN YOUR KITCHEN CUPBOARD, AND NATURAL DYES CAN COME FROM FOOD WASTE SUCH AS PITS OR PEELS.

SEE ALSO: bbb

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EST. TIME:

## @HOME MATERIALS KITCHEN

INGREDIENTS & TOOLS See ingredients and tools list on the back of the folder/booklet. RECOMMENDATIONS
Collect old pans, pots and utensils for bioplastics and natural dye. Do not use them for cooking and store them separately.

## TASKS

Collect the ingredients and tools on the list found at the back of the folder/booklet of the toolkit.

Give a small video tour in your kitchen: show us how you have converted your kitchen into a Biomaterials-fabrication site.

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## RECYCLING

INDUSTRIAL PROCESSING AND CONVERSION TECHNIQUES

FABRICATION IS ABOUT PROCESSING RAW MATERIALS AND MAKING PARTS THAT ARE SUITABLE FOR ASSEMBLY OR MANUFACTURING OF GOODS FOR CONSUMERS.

KNOWING THE MAJOR TECHNIQUES FOR PROCESSING OR CONVERSION OF MATERIALS HELPS YOU EXPLORE POSSIBILITIES OF BIOMATERIALS IN DEPTH.

SEE ALSO: ALLE SOORTEN INDUSTRIAL PROCESSING CARDS

EST. TIME:

## RFCYCLING

#### WHY

:····:

When making biomaterials, we talk about biofabrication. To imagine possible applications, we need to understand how they can be made into semi-manufactured materials and functional parts.

#### TASKS

[what is recycling]

Explore your material recipes by subjecting them to different processing techniques. Curate a series of samples showing possible processing techniques for one of your material recipes. Research the method listed below:

## Recycling

- Chemical recycling (treatment to separate constituents for reuse)
- Mechanical recycling (shredding, beating, grinding, crushing)
- Organic recycling (composting to produce fuel or fertilizers)

## EXTRACTIVE MANUFACTURING

INDUSTRIAL PROCESSING AND CONVERSION TECHNIQUES

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SEE ALSO: ALLE SOORTEN INDUSTRIAL PROCESSING CARDS

EST. TIME:

## EXTRACTIVE MANUFACTURING

#### WHY

**:····**:

When making biomaterials, we talk about biofabrication. To imagine possible applications, we need to understand how they can be made into semi-manufactured materials and functional parts.

#### TASKS

[what is extractive manufacturing]

Explore your material recipes by subjecting them to different processing techniques. Curate a series of samples showing possible processing techniques for one of your material recipes. Research the method listed below:

#### Extractive manufacturing

- *Cutting* (e.g. saws, scissors, knives, lasercutting, hotwire, piercing)
- *Machining* (drilling, milling, turning, abrasion)
- *Engraving* (laser engraving, etching, carving)

## ADDITIVE MANUFACTURING

INDUSTRIAL PROCESSING AND CONVERSION TECHNIQUES

FABRICATION IS ABOUT PROCESSING RAW MATERIALS AND MAKING PARTS THAT ARE SUITABLE FOR ASSEMBLY OR MANUFACTURING OF GOODS FOR CONSUMERS.

KNOWING THE MAJOR TECHNIQUES FOR PROCESSING OR CONVERSION OF MATERIALS HELPS YOU EXPLORE POSSIBILITIES OF BIOMATERIALS IN DEPTH.

SEE ALSO: ALLE SOORTEN INDUSTRIAL PROCESSING CARDS

EST. TIME:

## ADDITIVE MANUFACTURING

#### WHY

When making biomaterials, we talk about biofabrication. To imagine possible applications, we need to understand how they can be made into semi-manufactured materials and functional parts.

#### TASKS

[what is additive manufacturing]

Explore your material recipes by subjecting them to different processing techniques. Curate a series of samples showing possible processing techniques for one of your material recipes. Research the method listed below:

## Additive manufacturing

- 3D printing (manual or digital/automated)
- Contact moulding (alternating plastics with various substrates e.g. fibres, using a lay-up method. Also called composites)

## FABRICATING

INDUSTRIAL PROCESSING AND CONVERSION TECHNIQUES

FABRICATION IS ABOUT PROCESSING RAW MATERIALS AND MAKING PARTS THAT ARE SUITABLE FOR ASSEMBLY OR MANUFACTURING OF GOODS FOR CONSUMERS.

KNOWING THE MAJOR TECHNIQUES FOR PROCESSING OR CONVERSION OF MATERIALS HELPS YOU EXPLORE POSSIBILITIES OF BIOMATERIALS IN DEPTH.

SEE ALSO: ALLE SOORTEN INDUSTRIAL PROCESSING CARDS

EST. TIME:

## FABRICATING

#### WHY

When making biomaterials, we talk about biofabrication. To imagine possible applications, we need to understand how they can be made into semi-manufactured materials and functional parts.

#### TASKS

[what is fabricating]

Explore your material recipes by subjecting them to different processing techniques. Curate a series of samples showing possible processing techniques for one of your material recipes. Research the method listed below:

#### Fabricating

- Folding (cold vs hot, optional: scoring, applying stiffeners)
- Thermoforming (vacuum forming, dome blowing)
- Stamping (cold pressing sheets using molds)
- Sintering (heating powders with or without binder, laser sintering)
- Cast-moulding (using liquids, open/closed mould)
- Rotational moulding (multi-layered, open-closed)
- Extruding (extruding and co-extruding, blow-moulding)

## ASSEMBLING

INDUSTRIAL PROCESSING AND CONVERSION TECHNIQUES

FABRICATION IS ABOUT PROCESSING RAW MATERIALS AND MAKING PARTS THAT ARE SUITABLE FOR ASSEMBLY OR MANUFACTURING OF GOODS FOR CONSUMERS.

KNOWING THE MAJOR TECHNIQUES FOR PROCESSING OR CONVERSION OF MATERIALS HELPS YOU EXPLORE POSSIBILITIES OF BIOMATERIALS IN DEPTH.

SEE ALSO: ALLE SOORTEN INDUSTRIAL PROCESSING CARDS

EST. TIME:

## ASSEMBLING

#### WHY

**:····**:

When making biomaterials, we talk about biofabrication. To imagine possible applications, we need to understand how they can be made into semi-manufactured materials and functional parts.

#### TASKS

[what is assembling]

Explore your material recipes by subjecting them to different processing techniques. Curate a series of samples showing possible processing techniques for one of your material recipes. Research the method listed below:

#### Assembling

- Joinery (wood joinery, snap fit, interlocking, screws, nails)
- Sewing (stitches: running-, basting-, slip-, back-, zigzag-, overlock-)
- Bonding (using adhesives, heat or solvents)
- Folding (riveting, rolled edges)
- Heat sealing (heat welding, soldering, laser welding, friction welding)

## FINISHING

INDUSTRIAL PROCESSING AND CONVERSION TECHNIQUES

FABRICATION IS ABOUT PROCESSING RAW MATERIALS AND MAKING PARTS THAT ARE SUITABLE FOR ASSEMBLY OR MANUFACTURING OF GOODS FOR CONSUMERS.

KNOWING THE MAJOR TECHNIQUES FOR PROCESSING OR CONVERSION OF MATERIALS HELPS YOU EXPLORE POSSIBILITIES OF BIOMATERIALS IN DEPTH.

SEE ALSO: ALLE SOORTEN INDUSTRIAL PROCESSING CARDS

EST. TIME:

## FINISHING

#### WHY

······

When making biomaterials, we talk about biofabrication. To imagine possible applications, we need to understand how they can be made into semi-manufactured materials and functional parts.

#### TASKS

[what is finishing]

Explore your material recipes by subjecting them to different processing techniques. Curate a series of samples showing possible processing techniques for one of your material recipes. Research the method listed below:

#### Finishing

- Painting (mix of binder, pigment, additives and solvents)
- Coating (finishing processes for textiles and paper)
- Varnishing (transparent paints, with or without color)
- Sanding & polishing (sanding, chemical polishing, rubbing)
- Printing (gravure, silkscreen, offset, UV-printing, stenciling, RISO)

## MORPHOLOGY OF INGREDIENTS

IN BIOFABRICATION



STUDYING THE STRUCTURE OF BIOMATERIALS, AND UNDER-STANDING THE FUNCTIONS OF INGREDIENTS IN RECIPES WILL HELP YOU FIND NEW ALTERNATIVES TO EXPERIMENT WITH. WHAT ARE POSSIBLE ALTERNATIVES FOR EACH INGREDIENT?

SEE ALSO: cc

EST. TIME:

## MORPHOLOGY OF INGREDIENTS

#### WHY

Many biomaterials recgipes include purified store-bought virgin materials and foodstuffs. In order not to compete with food, it's worth finding alternatives that can be sourced from waste developing new materials that streams, or alternatives that are more abundant are embedded and tuned to a in your environment. In many cases very pure food-grade ingredients can be avoided.

#### WHEN

You've experimented with bioplastics and want to dig a little deeper so you can start specific local context.

## TASKS

#### Make a hypothesis

- Select a biomaterial recipe
- Research what kind of compound each ingredient is
- Use the functions graph as reference
- Make a hypothesis of the function(s) of each ingredient

## Morphology

- Determine what could be alternatives for each ingredient
- Locate alternatives that can be found in waste streams
- Locate alternatives that are more locally abundant

#### Experiments

- Recreate the biomaterial recipe by replacing one ingredient
- Analyse the results, reassess your hypotheses
- Do this with at least 3 times, changing one variable at a time

REFERENCE:Functions graph (2021) Loes Bogers, Cecilia Raspanti & Sam Edens

## BEING A 3D PRINTER

BEING THE MACHINE



BEING THE MACHINE IS AN ALTERNATIVE 3D PRINTING PROCESS THAT OPERATES IN TERMS OF NEGOTIATION RATHER THAN DELEGATION. IT TAKES GCODE (THE INSTRUCTIONS TYPICALLY PROVIDED TO 3D PRINTERS) AND PRESENTS THEM TO HUMAN MAKERS TO FOLLOW.

SEE ALSO:REC	CIPE CARDS
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EST. TIME:

## BEING A 3D PRINTER

OUTPUT

NEXT

## TASKS

Prepare by reading Devendorf & Ryokai's article Follow a laser with a pencil to draw paths on paper (15 mins)

#### Build

- •Select a 3D model to build (e.g. on thingiverse)
- Express any desires you have to modify the design
- •Select an everyday, abundant material to work with
- Put the model in a slicer, and find the path viewer
- Person 1 traces the gcode paths with the laser
- Person 2 follows the laser by "printing" the paths with the chosen material
- •There's no right or wrong, only negotiation

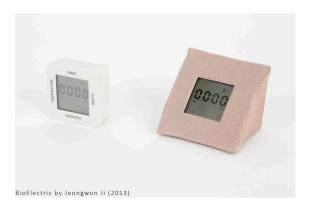
## Reflect

- How did you decide on the material selection?
- Can you describe the experience of working with the system?
- When did you deviate? Why?
- What did you learn about working with this material?
- Describe the features of your object

REFERENCE: Laura Devendorf and Kimiko Ryokai. 2015. Being the Machine: Reconfiguring Agency and Control in Hybrid Fabrication: https://dl.acm.org/doi/ abs/10.1145/2702123.2702547

## (UN) MAKING THE MOLD

UNDERSTANDING AND RECREATING CASINGS



CONSUMER ELECTRONICS ARE OFTEN ENCASED BY INJECTION-MOLDED THERMOSET PLASTICS THAT LONG OUTLAST THEIR
ACTUAL TIME OF USE. CHALLENGE THESE ARCHETYPES BY
USING MATERIALS AND PROCESSES THAT ALLOW FOR ORGANIC
DISTORTIONS AND UNEXPECTED RESULTS

SEE ALSO: VV

EST. TIME:

# (UN)MAKING THE MOLD

#### TIPS

Consider these parameters: compatibility between materials of mold and material being molded | accommodate need to apply pressure | accommodate need for ventilation | accommodate absorption of excess material onto a "bleeder" or sacrificial layer | release angles and release agents | warping and shrinkage

#### NEXT

Draw your mold design in a CAD program (e.g. Rhino). Fabricate your design and cast models in different materials.

## **TASKS**

## Dissect a product

- Select a (broken) consumer electronics product
- Take it apart and study the electronics and its functions
- Make a visualization of your dissection

#### Develop your own mold

- Choose a biomaterial to work with (see recipe cards)
- Make a mold to create new casing for the electronics
- Test it out by casting the material and allow it to dry (1 week)

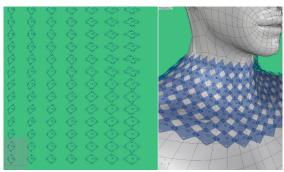
#### Testing and refining

- Set new goals and iterate on your mold and method
- Document the process and results, share with class

REFRENCE: Jeongwon Ji (2013) BioElectric https://www.dezeen com/2013/07/01/bioelectric-plastic-made-of-crab-shells-by-jeon won-ji

## MONO- MATERIAL CONNECTIONS

DESIGNING INTERLOCKING CONNECTIONS



Interlocking necklace design, Lorenzo Massini (2020)

DESIGNING INTERLOCKING CONNECTIONS - OR HOW YOU CAN CONSTRUCT BY CONNECTING A MATERIAL TO ITSELF - IS A USEFUL DESIGN STRATEGY TO CREATE OBJECTS MADE FROM MONO-MATERIALS.

SEE ALSO: RECIPE CARDS

EST. TIME:

## MONO-MATERIAL CONNECTIONS

#### WHY

Many waste materials (e.g. leather offcuts) often come in small pieces, and making your own materials will initially happen on smaller scale before scaling up in size. Moreover, materials are easier feedstock that typically comes in to recycle when they are made of one single materials or mono-materials.

#### WHEN

When you want to design products that don't need to be deconstructed to be recycled. When you decide to work with a material small pieces.

## TASKS

#### Select a material

• Select the material you want to design a connection for. Not all connections are transferable to other materials, so choose first, design after.

#### Paper prototyping

• Prototype your material connections by drawing and making paper prototypes using scissors.

## Testing

• Test your paper prototypes with more accuracy. Design them in a vector drawing software and cut them with a laser cutter.

## Play & iterate

• Play with your modules, experiment with the kinds of shapes and structures you can make with them. Iterate on their design as new ideas come up.

REFERENCE: Zoe Romano (2019) Circular Open-Source Fashion, for Fabricademy, https://class.textile-academy.org/clas-ses/2019-20/week03/ and https://oscircularfashion.com/

## AGAR BIOPLASTIC

AGAR IS A GUM POLYSACCHARIDE FOUND IN RED ALGAE



AGAR, CARRAGEENAN, AND ALGINATE ARE GUM POLY-SACCHARIDES. AS FOOD-SAFE BIOPOLYMERS THEY ARE USED WIDELY IN THE FOOD INDUSTRY AS THICKENERS AND STABILIZERS BUT THEY ALSO HAVE GOOD FILM-FORMING QUALITIES.

SEE ALSO: Alginate bioplastic, Carrageenan bioplastic

EST. TIME:

## AGAR BIOPLASTIC

INGREDIENTS 5 g Agar, 15 g Glycerine, 250 g Water TOOLS Scale, pot, stove, spoon, wide mold or casting surface

## **TASKS**

Weigh the ingredients

- Bring water up to 80 degrees C
- Add glycerine and agar, stir gently to avoid bubbles

Allow mixture to thicken

- Keep the temperature around 80C
- Stir gently throughout for 30 mins
- Allow water to evaporate until liquid is like light syrup

Cast the bioplastic

- Cast the bioplastic slowly in the center of the mold
- Allow to dry for a week without touching

Release the bioplastic

- Check that the plastic no longer feels cold to the touch
- Gently peel it off the surface

REFERENCE: Biofabricating Materials lecture notes, by Cecilia Raspanti, Fabricademy 2019: https://class.textile-academy.org/classes/2019-20/week05A/

## ALGINATE BIOPLASTIC

ALGINATE IS A GUM POLYSACCHARIDE FOUND IN BROWN ALGAE



AGAR, CARRAGEENAN, AND ALGINATE ARE GUM POLY-SACCHARIDES. AS FOOD-SAFE BIOPOLYMERS THEY ARE USED WIDELY IN THE FOOD INDUSTRY AS THICKENERS AND STABILIZERS BUT THEY ALSO HAVE GOOD FILM-FORMING QUALITIES.

SEE ALSO: Agar bioplastic, Carrageenan bioplastic

EST. TIME:

## ALGINATE BIOPLASTIC

#### INGREDIENTS

For the bioplastic:

•10 g Sodium Alginate, 20 g Glycerine, 200 g Water. For the cross-linker:

•10 g Calcium Chloride, an additional 100g water.

#### TOOLS

Scale, blender, spray bottle, glass jar, casting surface

## TASKS

Prepare the bioplastic mixture

- Weigh the ingredients
- Put the glycerine and half of the water in a blender
- Turn on the blender, sprinkle in the sodium alginate
- When the paste is homogenous, add the remaining water
- Leave the mixture overnight in a closed jar

## Prepare the cross-linker

- Put the calcium chloride in a glass jar
- Add 100 g hot water and stir to dissolve
- Allow to cool and transfer to spray bottle

## Cast the bioplastic

- Cast the bioplastic slowly in the center of the mold
- Spray generously with calcium chloride solution
- Allow to dry until no longer cold to the touch

#### Releasing the bioplastic

• Gently peel off the casting surface

XEFERENCE: Biofabricating Materials lecture notes, by Cecilia Raspanti, Faoricademy 2019: https://class.textile-academy.org/classes/2019-20/week05/

## CARRAGEENAN BIOPLASTIC

CARRAGEENAN IS A GUM POLYSACCHARIDE FOUND IN RED SEAWEED



AGAR, CARRAGEENAN, AND ALGINATE ARE GUM POLY-SACCHARIDES. AS FOOD-SAFE BIOPOLYMERS THEY ARE USED WIDELY IN THE FOOD INDUSTRY AS THICKENERS AND STABILIZERS BUT THEY ALSO HAVE GOOD FILM-FORMING QUALITIES.

SEE ALSO: Agar bioplastic, Alginate bioplastic

EST. TIME:

## CARRAGEENAN BIOPLASTIC

INGREDIENTS

16 g carrageenan kappa, 3 g glycerine, 350 g water TOOLS

Scale, pot, cooker, spoon, casting surface

## TASKS

Weigh the ingredients

- Bring water up to 80 degrees C
- Add glycerine and carrageenan, stir gently to avoid bubbles

Allow mixture to thicken

- Keep the temperature around 80C
- Stir gently throughout for 30 mins
- Allow water to evaporate until liquid is like light syrup

Cast the bioplastic

- Cast the bioplastic slowly in the center of the mold
- Allow to dry for a week without touching

Release the bioplastic

- Check that the plastic no longer feels cold to the touch
- Gently peel it off the surface

REFERENCE: Lugae Valenti, Making Carrageenan 2021: https://vimeo. com/386012184

## GELATINE BIOPLASTIC

GELATIN IS HYDROLIZED COLLAGEN: A POLYMER FOUND IN CARTILAGE, BONE AND SKIN OF ANIMALS



GELATIN OR HYDROLIZED COLLAGEN AND IS FOUND IN CARTILAGE, BONE AND SKIN OF ANIMALS. IT IS USED AS A GELLING AGENT IN FOOD, MEDICINE AND MICROBIOLOGY, AND IS USED IN PHOTOGRAPHY AND PAPER SIZING.

SEE ALSO: Agar bioplastic, Carrageenan bioplastic

EST. TIME:

## GELATINE BIOPLASTIC

INGREDIENTS TOOLS

50 g gelatine, 15 g glycerine, 250 g water Scale, pot, cooker, spoon, casting surface

#### TASKS

Weigh the ingredients

- Bring water up to 80 degrees C
- Add glycerine and gelatine, stir gently to avoid bubbles

Allow mixture to thicken

- Keep the temperature around 80C
- Stir gently throughout for 10-20 mins
- Allow water to evaporate until liquid is like a thick syrup

Cast the bioplastic

- Cast the bioplastic slowly in the center of the mold
- When solidified: release from the mold
- Allow to dry fully for a week

REFERENCE: Biofabricating Materials lecture notes, by Cecilia Raspanti, Fabricademy 2019: https://class.textile-academy.org/classes/2019-20/week05A/

## MYCELIUM-HEMP COMPOSITE

COMPOSITE OF HEMP FIBRES, CHITIN, AND OTHER POLYMERS



MYCELIUM IS THE VEGETATIVE PART OF THE MUSHROOM, AND CONSISTS OF SEVERAL BIOPOLYMERS SUCH AS CHITIN, CELLULOSE AND PROTEINS.

SEE ALSO:vv

EST. TIME:

## MYCELIUM-HEMP COMPOSITE

INGREDIENTS
GIY kit from grown.bio, plain
flour (30g per kg grow kit)

TOOLS

Scale, 70% alcohol, scissors, large bowl, scalpel, cling film, latex or nitrile gloves, molds

## TASKS

Clean all tools and surfaces with 70% alcohol Prepare the composite mix

- Wear gloves and open the bag with clean scissors
- Add the GIY mix to the bowl and mix in the flour
- Crumble up all the lumps with your hands until even

#### Prepare the mold:

- Desinfect the mold with alcohol
- Distribute the mycelium-hemp mix
- •Cover the mold with cling film
- Punch small holes every 3 cm with a clean scalpel

## Let it grow:

- Put the mix in a dark place at 20-25 degrees C
- Allow the mycelium to colonize the substrate for 3-5 days
- When it is completely white, carefully take it out

#### Dry the composite:

- •Dry the composite for 2-3 hours at 40 degrees C
- Keep the door of the oven open to allow moisture to escape
- Bake for another 2 hours at 80 degrees until light and firm

EFERENCE: Grow-It-Yourself kit via Grown.bio https://www.grown.bi

## LEVELS OF CLEAN AND DIRTY

THE IDEA OF 'WASTE' IS NOT TIED TO THE FUNCTION-ALITY OR MATERIALITY OF AN OBJECT. REGARDING THE SOCIAL, CULTURAL, POLITICAL AND ECONOMIC DYNA-MICS ALLOWS FOR A MORE HOLISTIC PERSPECTIVE ON WASTE, BIOREMEDIATION, AND SUSTAINABILITY.

SEE ALSO: Safety levels of clean and dirty, Define your eco-compatibility principles.

## LEVELS OF CLEAN AND DIRTY

INGREDIENTS

TOOLS paper, pens, disussion space

## COLLECTIVE ACTIVITY

Reappropriating waste materials for bioremediation asks us to reconsider our own and others' ideas about dirt and cleanliness, and about waste and newness.

Collaboratively discuss and untangle what kind of ideas, beliefs, and value systems are in place regarding the materials you (want to) work with.

With your group, work out strategies to incorporate these beliefs and values in a positive way.

REFERENCE: Sources: Mary Douglas, Purity and Danger, 1966

## SAFETY LEVELS OF CLEAN AND DIRTY

UNDERSTANDING BIOSAFETY LEVELS



MAKE SURE THAT MICROBIOLOGY EXPERIMENTS ARE SAFELY CONDUCTED IN A SAFE AND HEALTHY WORK ENVIRONMENT BY FAMILIARIZING YOURSELF WITH BIOSAFETY LEVELS.

SEE ALSO: Alginate bioplastic, Carrageenan bioplastic

EST. TIME:

## SAFETY LEVELS OF CLEAN AND DIRTY

#### RECOMMENDATIONS:

Consult your local bio safety expert when starting a biolab.

#### TASKS

:----:

Find out what biosafety level(s) is/are allowed for your lab and/or experiments. Depending on where in the world you live, regulations can differ wildly regarding DNA, bacteria, or fungi. Read manuals about biosafety levels and familiarise yourself with Good Microbiological Laboratory Practice (GMLP).

## Discussion prompt 1:

- $\bullet\,\mbox{Read}$  the biosafety levels manuals and discuss the importance of biosafety levels.
- Make a list of bacteria and fungi and find out together under which safety level each strain is classified and why.

## Discussion prompt 2:

- Why is working in the lab with a *Pleurotus Ostreatus* (Gray Oyster) strain different from growing *Pleurotus Ostreatus* in your garden and different from eating *Pleurotus Ostreatus* mushrooms?
- Change the example of *Pleurotus Ostreatus* to a strain or subject that applies to your lab.

REFERENCE: Biosafety Levels Manuals; Good Microbiological Laboratory Practice (GMLP)