

**Immunizations Recommended**

**for Guatemala travel**

The Center for Disease Control (CDC) recommends the following vaccines for people who travel to Guatemala. For more information: <http://wwwnc.cdc.gov/travel/destinations/traveler/none/guatemala>.

See your doctor **at least 4–6 weeks** before your trip to allow time for immunizations to take effect. To obtain these immunizations you can go to your doctor or obtain them at your local Health Department.

**Hepatitis A or immune globin (IG),**

**Hepatitis B (series of 3),**

**Typhoid,**

**Polio,**

**Chicken pox (varicella)**

**Common flu,**

**As needed, booster doses for**

**Tetanus-diphtheria-pertussis (dtap) – every ten years**

**MMR (measles-mumps-rubella)**

Typically, most of the above vaccines are available to international travelers at any *Travel Immunization Clinic* inall California counties. Contact your county health department or visit its website for details. If you live outside California you may refer to the CDC website to help locate travel clinics: <http://wwwnc.cdc.gov/travel/page/find-clinic>. Additionally, some retail pharmacies, such as **Walgreens,** may recommend travel vaccinations with or without health insurance.

**COVID-19** is currently labeled a LEVEL 3 “High” in Guatemala according to the CDC. Please note that currently the government of Guatemala **require proof of negative COVID-19 test results within 72 hours of departure or Proof of Vaccine for entry into the country**.

[**Malaria**](http://www.cdc.gov/malaria/faq.htm), the risk in Guatemala is in rural areas at altitudes lower than 1,500 meters (4,921 feet). If your Doctor advises you to take [malaria prevention medication](http://www.cdc.gov/travel/malariadrugs.htm), it should be done before, during, and after travel, or as directed. (See your doctor for a prescription.)

**Chloroquine** is the recommended drug for Guatemala

**Dengue fever** is also a risk in Central America, including Guatemala. Prevention of mosquito bites is highly recommended. For more information, go to <https://wwwnc.cdc.gov/travel/notices/watch/dengue-americas>.