

Granola

- Preheat oven to 325°F
- Mix 3 cup rolled oats, $\frac{1}{2}$ cup honey, spices
 - i like to do lots of cinnamon, and some cardamom
 - we used to add $\frac{1}{2}$ cup almonds, but then Kayla couldn't take it to school
- Cook for ~ 15 minutes.
- stir (to distribute honey)
- cook for ~ 12.5 minutes
- stir (to prevent clumps)
- cool
- add dried fruit
 - we do blueberries, cherries, coconut, and some pineapple
- EAT!