

Positive World

"Positive" can be understood in several ways, including: a good or useful quality or aspect, a positive attitude, a positive outcome, or a positive test result.

Be Positive

focus on a combination of mindful thought, healthy habits, and supportive relationships. Practice positive self-talk, challenge negative thoughts, and find humor in daily life.

Smile Please

A "smile about" can refer to several things, depending on the context. Generally, it implies a feeling of happiness or joy related to something

Dreams

Dreams are mental experiences that occur during sleep, characterized by images, thoughts, and emotions. They are a common human experience, occurring during various stages of sleep, with the most vivid dreams often happening during REM sleep.