

To use the disjunction elimination rule, the disjunction (that is, the sentence with the "V" as the MLO) always has to be treated as having the form (A V B).

So, for $(R \lor (S \& T))$, the **A** part is R and the **B** part is (S & T).

In (¬M \vee T), the **A** part is ¬M and the **B** part is T.

In (L $\vee \neg Q$), the **A** part is L and the **B** part is $\neg Q$.

Then, on another line, you must have the **A** part or the **B** part with a \neg before it (i.e., \neg **A** or \neg **B** on another line).

And, if \mathbf{A} is $\neg \mathbf{M}$, then $\neg \mathbf{A}$ is $\neg \neg \mathbf{M}$. If \mathbf{B} is $\neg \mathbf{Q}$, then $\neg \mathbf{B}$ is $\neg \neg \mathbf{Q}$.