```python
def calculate_bmi(weight_kg, height_m):
    """
    Calculate Body Mass Index (BMI).
    :param weight_kg: Weight in kilograms (e.g., 70)
    :param height_m: Height in meters (e.g., 1.75)
    :return: BMI as a float
    """
    return weight_kg / (height_m ** 2)


def bmi_category(bmi):
    """
    Classify BMI into categories.
    """
    if bmi < 16:
        return "Severely underweight"
    elif bmi < 18.5:
        return "Underweight"
    elif bmi < 25:
        return "Healthy"
    elif bmi < 30:
        return "Overweight"
    else:
        return "Severely overweight or obese"


def main():
```

```python
    try:
        height = float(input("Enter your height in meters: "))
        weight = float(input("Enter your weight in kilograms: "))
    except ValueError:
        print("Please enter valid numbers.")
        return

    bmi = calculate_bmi(weight, height)
    print(f"\nYour BMI is: {bmi:.2f}")
    print("Category:", bmi_category(bmi))


if __name__ == "__main__":
    main()
```