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ESTIMATION OF α/β FOR LATE RECTAL TOXICITY BASED ON RTOG 94-06

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Abstract

Purpose—To estimate α/β , the parameter ratio from the linear-quadratic (LQ) model, for grade ≥ 2 late rectal toxicity among patients treated on Radiation Therapy Oncology Group (RTOG) protocol 94-06, and to determine whether correcting the rectal dose-volume histogram (DVH) for differences in dose per fraction, based on the LQ model, significantly improves the fit to these data of the Lyman-Kutcher-Burman (LKB) normal-tissue complication probability (NTCP) model.

Methods and Materials—The generalized LKB model was fitted to the grade ≥ 2 late rectal toxicity data in two ways: 1) using DVHs representing physical dose to rectum, and 2) using a modified approach in which dose bins in the rectal DVH were corrected for differences in dose per fraction using the LQ model, with α/β estimated as an additional unknown parameter. The analysis included only patients treated with the same treatment plan throughout radiotherapy, so that the dose per fraction to each voxel of rectum could be determined from the DVH. The likelihood ratio

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test was used to assess whether the fit of the LQ-corrected model was significantly better than the fit of the LKB model based on physical doses to rectum.

Results—The analysis included 509 of the 1084 patients enrolled on RTOG 94-06. The estimate of α/β from the LQ-corrected LKB model was 4.8 Gy, with 68% confidence interval 0.6 Gy to 46 Gy. The fit was not significantly different from the fit of the LKB model based on physical dose to rectum (P = 0.236).

Conclusions—The estimated fractionation sensitivity for grade ≥ 2 late rectal toxicity is consistent with values of α/β for rectum found previously in humans and rodents. However, the confidence interval is large, and there is no evidence that LQ-correction of the rectal DVH significantly changes the fit or predictions of the LKB model for this endpoint.

Keywords

prostate cancer; RTOG; rectal toxicity; linear-quadratic model; dose-volume histogram

INTRODUCTION

Since the earliest days of radiotherapy (RT), it has been recognized that the severity of normal-tissue toxicity depends, in part, on the number of dose fractions into which the total radiation dose is divided (1). The fractionation effect is most often quantified using the parameter ratio α/β from the linear-quadratic (LQ) model (2,3). Although alternative models may be needed in some settings, for example to describe the effects of low-dose hypersensitivity (4,5) or hypofractionation (6,7), the LQ model generally provides a reasonably good description of fractionation effects for doses per fraction up to at least 6 Gy.

Estimates of α/β have been derived for a wide range of tumor and normal-tissue endpoints (1, 3). Values of α/β for tumors and acute normal-tissue reactions are usually 10 Gy or higher, while α/β ratios for late reactions are typically close to 3 Gy. For the types of late rectal injury seen after external beam radiotherapy for prostate cancer, the only published estimate, to our knowledge, is that of Brenner (8), who reported a value of $\alpha/\beta = 5.4$ Gy for grade ≥ 2 toxicity scored using RTOG criteria (9).

At the time most published estimates of α/β were derived, conformal RT techniques had not yet been developed, and standard RT delivered relatively uniform doses to the treatment field. Values of α/β computed from clinical data were based on changes in total isoeffective target dose (the dose corresponding to a specified level of tissue injury) after changes in prescribed dose per fraction. Any intra-patient variations in dose to normal tissue were disregarded, as were any differences among patients in the volumes of normal tissue irradiated. Both of these factors, however, may impact toxicity rates.

The goal of the present study was to derive an estimate of α/β for grade ≥ 2 late rectal toxicity using a novel strategy in which α/β is included as an additional parameter in the Lyman-Kutcher-Burman (LKB) normal-tissue complication probability (NTCP) model (10,11). This approach enabled us to take both fractionation effects and volume effects into account at the same time.

The rectal toxicity data analyzed in this study are from patients treated on RTOG 94-06, a large multi-institutional dose-escalation trial designed to determine the maximum tolerated dose for 3D-conformal radiotherapy (3D-CRT) of prostate cancer (12–16). In RTOG 94-06, the variations in <u>prescribed</u> fractional dose to prostate were modest (1.8 Gy versus 2 Gy). However, the use of 3D-CRT resulted in somewhat wider variations in <u>delivered</u> dose per

fraction to different subvolumes across the rectum, ranging from 0 Gy up to 2.2 Gy, as reflected in the rectal DVH. The strategy of the current study was to utilize these variations in dose per fraction to estimate α/β for late rectal toxicity in the context of fitting the LKB model to data.

In view of the known impact of fractionation effects on normal-tissue toxicity, it has been suggested that the DVH should be adjusted for differences in dose per fraction when NTCP models are fitted to data (17). A further aim of our study, therefore, was to determine whether or not LQ-correction would lead to a significantly improved fit of the LKB model to grade ≥ 2 late rectal toxicity, compared to a fit based on physical doses to rectum. In addition, we investigated the difference in magnitude of the NTCP estimates obtained using the two approaches.

METHODS AND MATERIALS

Radiotherapy

Protocol RTOG 94-06 has been described in detail elsewhere (12-16). Briefly, the trial included 5 dose levels: 68.4 Gy, 73.8 Gy and 79.2 Gy consisting, respectively, of 38, 41, or 44 prescribed daily fractions of 1.8 Gy (levels I–III), and 74.0 Gy and 78.0 Gy consisting, respectively, of 37 or 39 prescribed daily fractions of 2 Gy (levels IV-V). Patients were stratified into 3 groups according to the estimated risk of seminal vesicle (SV) involvement (18). Patients with T1-T2 tumors and <15% risk of SV invasion (group 1) were treated to the prostate only. Patients with T1–T2 tumors and $\geq 15\%$ risk of SV involvement (group 2) were treated to the prostate and bilateral SVs for the first 55.8 Gy (in dose levels I-III) or 54 Gy (in dose levels IV-V) and to the prostate only for the remainder of treatment. Patients with T3 tumors (group 3) were treated to the prostate plus bilateral SVs throughout therapy. The present study included only the patients treated on groups 1 and 3, for whom there was no reduction in field size during RT as there was in group 2. Patients in groups 1 and 3 who had revisions to the treatment plan during therapy, as happened in some cases for clinical reasons, were excluded. Therefore, all patients included in the analysis had the same treatment fields throughout therapy, and the dose per fraction to each voxel of rectum could be computed from the rectal DVH based on the total number of dose fractions received.

DVH data

Patients were simulated in supine position with individualized immobilization devices, and a treatment planning CT was acquired in the same position and under the same conditions (e.g. full versus empty bladder) as for treatment. The CT scan extended through the perineum from the level of the iliac crest, and included all tissues to be irradiated. CT scan thickness was ≤ 0.5 cm throughout the region containing the target volume and ≤ 1 cm outside. The rectum was contoured from the level of the ischial tuberosities to the rectosigmoid flexure. The DVH for rectum as a solid volume was computed from the rectal contour using the dose matrix provided by the participating institution. For cases in which the dose matrix did not encompass the entire rectum, the volume of rectum outside the dose matrix was added to the 0-Gy dose bin of the DVH for the purpose of including it in the calculation of total rectal volume.

Toxicity scoring and study endpoint

Patient follow-up on RTOG 94-06 was every 3 months for the first year, every 4 months during the second year, every 6 months during the next 3 years, and annually thereafter. Rectal toxicity was scored using the RTOG criteria (9), and late complications were defined to be those starting or persisting at least 120 days after RT. The endpoint for analysis in the present study was grade ≥ 2 late rectal toxicity. Time to grade ≥ 2 late rectal toxicity was

computed from the start of RT, or censored at last follow-up for patients not experiencing the endpoint.

The toxicity data analyzed here were extracted from the RTOG 94-06 database in October 2007. This retrospective secondary analysis was approved by the RTOG Publications Committee and by the Institutional Review Boards of The University of Texas MD Anderson Cancer Center, the Washington University Medical Center, and the American College of Radiology.

Data analysis

The Lyman-Kutcher-Burman NTCP model (10,11), with unknown parameters TD_{50} , m, and n, is given by the formula

$$NTCP = \frac{1}{\sqrt{2\pi}} \cdot \int_{-\infty}^{t} e^{-u^2/2} du \tag{1}$$

where

$$t = \frac{D_{eff} - TD_{50}}{m \cdot TD_{50}} \tag{2}$$

and

$$D_{eff} = \left(\sum_{i} (D_i)^{1/n} \cdot v_i\right)^n \tag{3}$$

In Eq. 3, D_i is the physical dose to relative organ subvolume v_i , and the sum extends over all dose bins in the DVH (19).

In the present study, we revised the LKB model to obtain an LQ-corrected version of the model in which the physical dose D_i in equation (3) was replaced by LQ_2D_i , the dose biologically equivalent to D_i if given in 2 Gy per fraction (17). According to the LQ model, LQ_2D_i is given by:

$$LQ_2D_i = D_i \cdot \frac{\alpha/\beta + d_i}{\alpha/\beta + 2} \tag{4}$$

where d_i is the (physical) fractional dose to subvolume v_i . The dose per fraction d_i was calculated by dividing D_i by the number of dose fractions received. For this reason, it was important to limit the analysis to patients for whom each voxel of rectum received the same number of fractions throughout treatment. The value of the ratio α/β was estimated as an unknown parameter when the LQ-corrected LKB model was fitted to data. Note that in the LKB model fitted using the DVH for physical dose to rectum, the TD_{50} parameter also represents physical dose to rectum, whereas in the LQ-corrected model, the TD_{50} parameter represents dose given in 2 Gy per fraction. For clarity, therefore, we denote this parameter by LQ_2TD_{50} in the LQ-corrected model with 2 Gy per fraction chosen as the reference fraction size. Any other reference fraction size could be used instead, of course, by substituting it in place of 2 Gy in Eq. 4.

The LKB model, using physical doses to rectum (D_i) , and the LQ-corrected LKB model, using doses corrected for differences in dose per fraction $(LQ_2D_i; \text{Eq. 4})$, were fitted to data using a mixture-model approach, described previously (20,21), in which the observed times to occurrence of toxicity are taken into account. The distribution in latent times to grade ≥ 2 late rectal toxicity among patients experiencing the endpoint was modeled using a lognormal density function f(t) with parameters μ and σ , which represent the mean and standard deviation, respectively, of the normal distribution with density function $\ln(f(t))$:

$$f(t) = \frac{1}{\sigma t \sqrt{2\pi}} \cdot e^{-(\ln t - \mu)^2 / 2\sigma^2}$$
(5)

Initially, μ and σ were fixed at the values estimated previously (21): $\mu = 0.442$ and $\sigma = 756$ Subsequently, a fit was performed in which μ and σ were treated as unknown parameters (along with m, n, TD_{50} or LQ_2TD_{50} , and α/β) to be estimated from the data.

The generalized LKB (Eqs. 1–3, 5) and LQ-corrected LKB (using LQ_2D_i of Eq. 4 in place of D_i in Eq. 3) models were fitted to the grade ≥ 2 late rectal toxicity data using maximum likelihood (ML) analysis (22). As described previously (20,21), the contribution to the likelihood for a patient experiencing toxicity at time τ was NTCP $\cdot f(\tau)$, and for a patient followed to time τ without experiencing toxicity, the contribution to the likelihood was $1-NTCP \cdot F(\tau)$, where F(t) is the cumulative distribution function corresponding to f(t). Confidence intervals for the ML parameter estimates were computed using the profile likelihood method (22). The likelihood ratio test was used to test whether the LQ-corrected LKB model provided a significantly better fit to the data than the LKB model based on physical dose. All statistical analyses were performed using Stata (StataCorp. 2009. Stata Statistical Software: Release 11. College Station, TX: StataCorp LP).

RESULTS

Patients and follow-up

Of the 1084 patients enrolled on RTOG 94-06, data from 1010 patients were available for analysis, as described previously (21). In the present study, we excluded all patients treated on group 2, for whom there was a planned field reduction during the course of radiotherapy, as well as any other patient whose treatment plan was revised during therapy for any other reason. These exclusions left 509 patients available for this analysis. The numbers of patients in dose levels I–V were 42, 171, 93, 108, and 95, respectively.

At the time of data extraction from the RTOG database (October 2007), the median follow-up among patients in the cohort analyzed here was 7.6 years (range 3 months to 12.1 years). There were 77 patients who experienced grade \geq 2 late rectal toxicity, of whom 13 had grade 3 toxicity and 1 had grade 4 toxicity.

Estimate of α/β

Table 1 lists the parameter estimates obtained by fitting the generalized LKB and LQ-corrected LKB models to the grade ≥ 2 late rectal toxicity data using, respectively, the DVHs representing physical dose to rectum (D_i) or DVHs in which LQ corrections were made for differences in dose per fraction (using LQ_2D_i of Eq. 4 in place of D_i in Eq. 3). Initially, 95% confidence intervals (CIs) were sought for each of the estimated parameters. However, the 95% CI for α/β was found to include all possible values >0. Accordingly, 68% CIs are reported instead. The estimate of α/β from the LQ-corrected version of the LKB model was $\alpha/\beta = 4.8$ Gy, with 68% confidence interval 0.6 Gy to 46 Gy, as illustrated in Figure 1. Of

note, however, is that use of LQ-corrected DVHs did not lead to a significant improvement in the fit of the LKB model to the data from this cohort (P = 0.236, likelihood ratio test).

For the analysis described above, the parameters μ and σ were fixed at the values obtained from an earlier analysis of the RTOG 94-06 data (21). However, a fit in which μ and σ were allowed to vary led to a nearly identical fit; rounded to two significant digits, all parameter estimates were the same as those listed in Table 1.

In fitting the LQ-corrected LKB model to data, we chose 2 Gy as the reference fraction size (Eq. 4), but, since 3 of the 5 dose levels in RTOG 94-06 had prescription doses of 1.8 Gy, this would also have been a natural choice. The corresponding estimate of the TD_{50} parameter using a reference fraction size of 1.8 Gy is $LQ_{I.8}TD_{50} = 80.3$ Gy (68% CI 76.8 to 83.7 Gy). The remaining parameter estimates from the model fit (m, n, and α/β) are the same as those obtained using a reference fraction size of 2 Gy.

NTCP estimates

The parameter estimates listed in Table 1 were used to compute the estimated risk of grade ≥ 2 late rectal toxicity for each of the 509 patients in the study cohort, and the risk estimates for each patient from the two different model fits were compared. Using the parameters of the LKB model based on physical dose to rectum, NTCP values ranged from 1% to 42%, with a median risk of 14%. The absolute difference between these risk estimates and those obtained using the LQ-corrected LKB model was <2% on average, ranging from 5% smaller to 4% larger for the LQ-corrected model. Differences of $\geq 4\%$ in the risk estimates from two models were seen only for patients with an estimated risk of grade ≥ 2 late rectal toxicity exceeding 25%. For patients with NTCP <10% by either model, the difference in the predictions of the two models was never larger than 2 percentage points.

DISCUSSION

An important finding of the present study is that the fit of the Lyman NTCP model to late rectal toxicity was not significantly improved (P=0.236) when DVHs representing physical dose to rectum were corrected for differences in dose per fraction, at least over the range of prescribed doses per fraction in RTOG 94-06 (1.8 versus 2 Gy per fraction). This is consistent with our previous analysis of the data from RTOG 94-06, in which volume effects, and not dose per fraction per se, appear to explain the increased toxicity in dose level V compared with levels I–IV (21). Rancati et al. also found little difference in the parameter estimates for several NTCP models for late rectal toxicity fitted using DVH data with and without fraction-size corrections, using an assumed value of $\alpha/\beta = 3$ Gy (23). In their study, also, the range of prescribed doses per fraction was 1.8–2.0 Gy.

It is not surprising that the present study found no significant impact of correcting rectal DVHs for differences in dose per fraction when one considers the extraordinarily narrow range of doses per fraction contributing to the fit of the LKB model to late rectal toxicity. In both the present study and in our previous analysis of the data from RTOG 94-06 (21), we estimated that the volume parameter for the LKB model fitted to these data is $n \approx 0.08$. For values of n that small, dose bins corresponding to <60 Gy in the rectal DVH have a negligible impact on the value of $D_{\rm eff}$ computed for each patient and therefore have little impact on estimates of toxicity risk. Therefore, only the regions of rectum receiving the highest doses (>60 Gy) contribute to the risk of late rectal toxicity calculated using the LKB model. In the present cohort, the range of doses per fraction in voxels receiving total doses >60 Gy is quite narrow: 1.4 Gy to 2.2 Gy. In fact, if all dose bins with total dose >60 Gy are tabulated, the middle 50% (the interquartile range) received doses per fraction in a very narrow range from just 1.5 Gy to 1.6 Gy. The significance of correcting for differences in

dose per fraction, and the associated impact on the resulting NTCP estimates, would likely be much greater in studies of rectal toxicity in which there was a wider range of prescribed doses per fraction than was the case here, or in studies of other normal tissue endpoints exhibiting a more pronounced volume effect, with LKB volume parameter closer to 1. For such tissues, tissue voxels across a wider range of the dose gradient will contribute to toxicity risk, and it may therefore be more important to correct for fractionation effects.

The estimate of $\alpha/\beta = 4.8$ Gy for grade ≥ 2 late rectal toxicity derived in the current study is quite close to the value of $\alpha/\beta = 5.4$ Gy reported previously for this endpoint by Brenner (8). Interestingly, the previous estimate was also based in part on data from RTOG 94-06. Specifically, Brenner used the overall toxicity rates reported after 1.8 Gy per fraction in dose levels I–II of RTOG 94-06 (10, 14), combined with the rates reported for three single-institution studies after 1.8 Gy (24), 2 Gy (25), or 3 Gy (26) to derive an estimate of α/β for late rectal toxicity.

The approach employed here was to estimate α/β by utilizing dose-volume information contained in the rectal DVH for each individual patient. Since we included α/β as an additional parameter in fitting the generalized LKB model to data, our estimate of α/β for late rectal toxicity depends in part on our choice of NTCP model, and could potentially be somewhat different if another NTCP model were used. At present, however, the LKB model appears to provide a good description for the dose-volume dependence of late rectal toxicity (23,27).

To our knowledge, our study and the study of Brenner (8) provide the only estimates of α/β for late rectal toxicity after modern external beam RT of prostate cancer, although a few older studies reported lower or upper bounds on α/β for very severe late bowel toxicity (stricture or perforation) based on treatment of other pelvic malignancies: >2.2 Gy (28), <6 Gy (29), and <8 Gy (30). Quite a few animal studies have reported α/β for late rectal toxicity in rodents, and the majority of those are in the 4–7 Gy range (31–37), consistent with our estimate. It has been suggested that α/β values in this range, intermediate between values generally expected for late endpoints (\approx 3 Gy) and acute endpoints (\approx 10 Gy), might indicate that late rectal injury is, at least in part, a consequential effect of acute toxicity (8,38,39 and references therein).

It should be emphasized that there is considerable uncertainty associated with the estimate of α/β for late rectal toxicity derived here. Although there is a clear peak in the likelihood function at $\alpha/\beta = 4.8$ Gy (Figure 1), the 95% confidence interval encompasses all values >0, and the 68% confidence interval is also wide, ranging from 0.6-46 Gy. Although the present study adds to the evidence for α/β close to 5 Gy, it is not yet possible to conclude with certainty that $\alpha/\beta > 3$ Gy for grade ≥ 2 late rectal toxicity. In particular, a hypofractionated treatment regimen designed using $\alpha/\beta = 4.8$ Gy instead of $\alpha/\beta = 3$ Gy could lead to unexpectedly high rectal toxicity.

A more precise estimate of α/β for late rectal toxicity might be obtained from studies that avoid one or more of the many sources of uncertainty in the present data set. Examples include studies that take organ motion into account, to increase the accuracy with which the dose to each individual voxel of rectum is known; studies in which the endpoint is limited to rectal bleeding, since other symptoms included in the RTOG rectal endpoint (diarrhea, excess rectal mucus and bowel movements) may have different dose-volume dependencies than rectal bleeding; and analyses based on the dose to rectal wall instead of to whole rectum.

CONCLUSION

Although correcting for differences in fraction size did not have a significant impact on the fit of the Lyman-Kutcher-Burman NTCP model to the grade ≥ 2 late rectal toxicity data from protocol RTOG 94-06, where the prescribed doses per fraction were 1.8 Gy and 2 Gy, there are other scenarios in which knowledge of the α/β ratio could be of importance. The present study supports the conclusion that a value of α/β close to 4.8 Gy may be appropriate for this endpoint.

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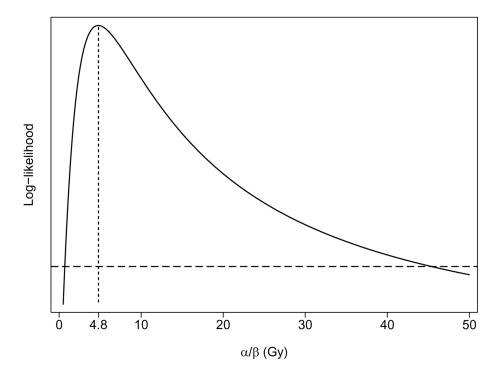


Figure 1. Solid curve: Profile log-likelihood (LL) from the fit of the generalized LQ-corrected Lyman-Kutcher-Burman model (Eqs. 1, 2, 4, 5), plotted as a function of the parameter ratio α/β from the LQ model. The maximum LL occurs at α/β =4.8 Gy, representing the best estimate of α/β , as indicated by the location of the vertical stippled line. The 68% profile-likelihood confidence interval for α/β = 4.8 Gy is represented by the range of α/β values between the points of intersection of the solid curve with the horizontal dashed line, and ranges from 0.6 Gy to 46 Gy.

Table 1

Parameter estimates of the LKB model obtained using DVHs representing physical dose to rectum (Eq. 3) or using DVHs corrected for differences in dose per fraction based on the LQ model (Eq. 4).

Parameter	Physical doses*	LQ-corrected doses*
<i>TD</i> ₅₀ (Gy)	78.2 (75.6, 81.1)	
LQ_2TD_{50} (Gy)		77.9 (74.5, 81.2)
m	0.134 (0.105, 0.184)	0.151 (0.113, 0.233)
n	0.073 (0.048, 0.122)	0.080 (0.049, 0.152)
α/β		4.8 (0.6, 46)

^{*68%} profile-likelihood confidence intervals are shown.