



In []: Training Day 26 Report— 18 July 2025

Introduction

Day 26 covered IDS/IPS fundamentals and log monitoring concepts that enable detection and response activities.

Key Concepts Discussed

We differentiated signature-based detection from anomaly detection and discussed strategies to reduce false positives while maintaining detection coverage.

Lab Preparation in Theory

The course described how to design rule sets in an isolated lab, how to evaluate and how to build triage workflows for security operations teams.

Practical Understanding (Theory)

We examined the role of SIEM systems and log retention strategies for forensics as well as how to prioritize incidents for investigation.

Key Takeaways

Detection capability depends on both sensor placement and intelligent tuning; essential for post-incident analysis.

Conclusion

Next we will explore network border defenses and firewall design principles.