

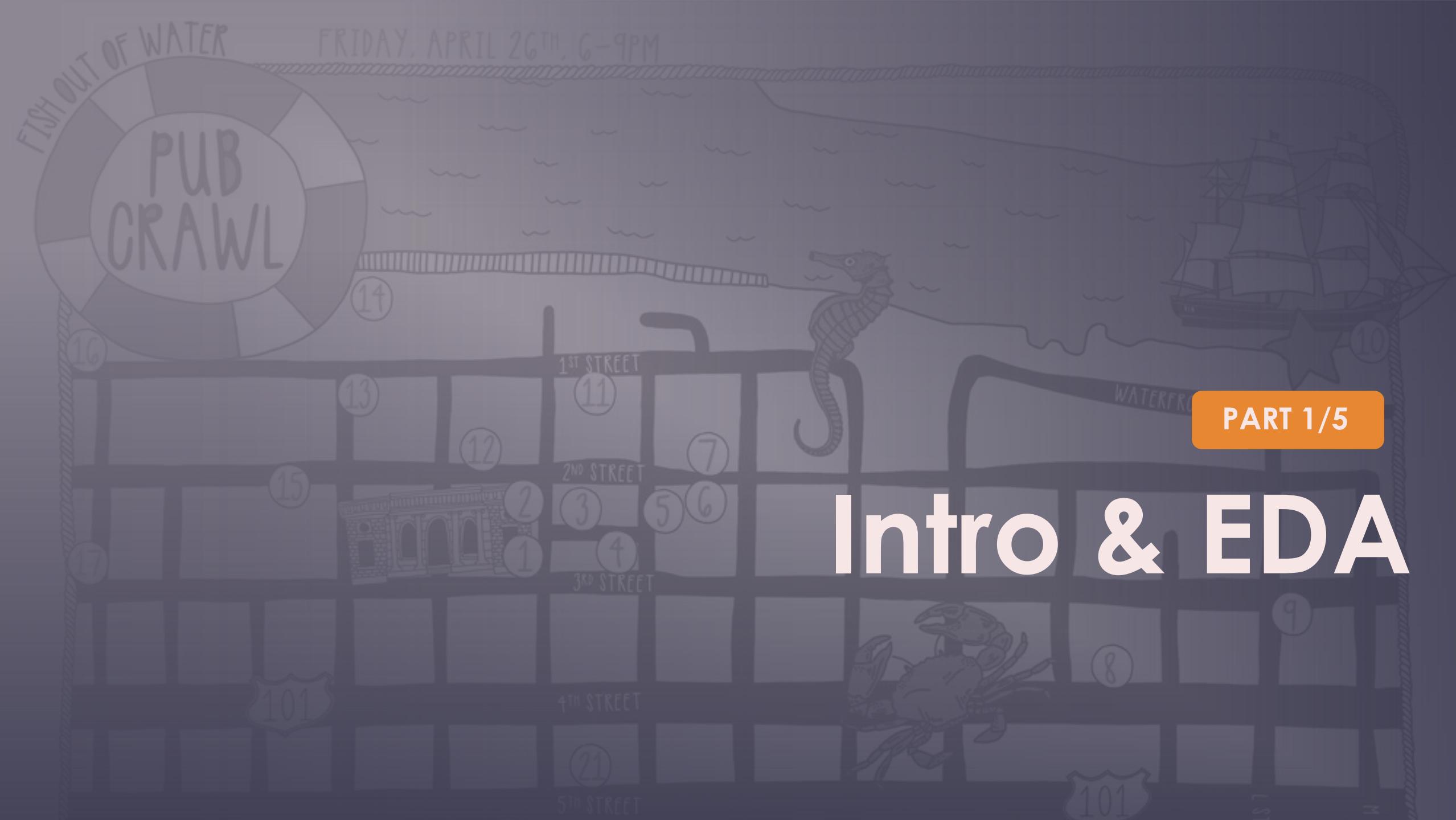
Predicting intoxication with smart phone accelerometer data.

Machine learning spring 2020

Peter Eusebio | Lola Johnston | Yannik Kumar

AGENDA

- Intro
- EDA
- Features.....
- Modeling
- Evaluation
- Takeaways



PART 1/5

Intro & EDA

Objective

PROBLEM TO SOLVE

Is it possible to predict intoxication (blood alcohol content of > 0.08%) using smartphone accelerometer data

GOALS

Explore different engineered features
Explore different modeling approaches

MEASURE OF SUCCESS

Achieve higher performance on task



Learning to Detect Heavy Drinking Episodes Using Smartphone Accelerometer Data

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Abstract

Excessive alcohol consumption is a significant cause of death worldwide and an especially severe risk on college campuses. Recent work aimed at promoting healthier drinking habits has shown promise for the effectiveness of just-in-time adaptive interventions (JITAIs) delivered on mobile platforms *just before* the onset of heavy drinking episodes. However, delivering well-timed JITAIs is difficult for alcohol-related interventions because accurately detecting the onset of such episodes is challenging. Recent work has explored how smartphone data can be used to classify user drinking behavior, but current methods lack generalizability or make liberal use of private user information. We address these shortcomings to develop a reliable mobile classifier that uses only non-sensitive accelerometer data to detect periods of heavy drinking. Additionally, we examine multiple models and discern a new feature set that increases prediction power by as much as 14%. To build our data set, we collected and analyzed smartphone accelerometer readings and transdermal alcohol content (TAC) for 13 subjects participating in an alcohol consumption field study. The TAC readings served as the ground-truth when training the system to make classifications, unlike previous literature which used potentially biased self-reports. Our best classifier detected heavy drinking events with 77.5% accuracy.

1 Introduction

Excessive alcohol consumption is an avoidable health risk, yet in 2016 it accounted for 5.3% of deaths worldwide [WHO, 2018]. On college campuses, alcohol related risk is especially

drinking. However, a recent study which delivered *hourly* mobile interventions to participants during drinking events showed no significant reduction in the amount of alcohol consumed [Wright *et al.*, 2018], suggesting that overly frequent messaging can reduce the effectiveness of interventions. This highlights the need for accurate, *targeted* messages to participants during drinking episodes. In fact, such just-in-time adaptive interventions (JITAIs) are an active and promising area of research for health domains such as physical inactivity [Consolvo *et al.*, 2008], smoking [Riley *et al.*, 2008], obesity [Patrick *et al.*, 2009], and alcoholism [Nahum-Shani *et al.*, 2017]. One study of recovering alcoholics showed that JITAIs delivered while approaching a bar significantly reduced risky drinking behavior [Gustafson *et al.*, 2014], showcasing how well-timed messages delivered *just before* risky episodes could promote healthier behavior. While promising, work is needed to design JITAIs that apply to college students in general, since their drinking episodes can begin in a variety of complex scenarios from bars, to house parties, to private settings.

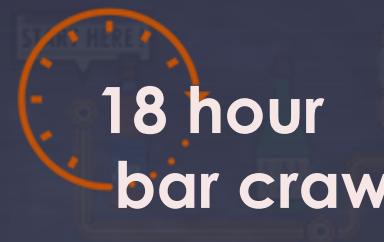
The most reliable method for detecting a drinking event is by directly measuring blood alcohol content (BAC) or a proxy such as transdermal alcohol content (TAC). To deliver alcohol-related JITAIs, researchers must passively measure BAC or TAC in real time, but this can be challenging. Some smartphone applications allow users to enter their height, weight, and number of drinks consumed over a period of time to calculate their estimated BAC, but these require active user input that could lead to selection bias and hinder large-scale adoption [Myrecek, 2019]. Some smartwatches can measure TAC but these devices are expensive [BACtrack, 2019] among other roadblocks [Adapa *et al.*, 2018]. In this work we develop a smartphone-based system to passively track a user's level of intoxication via accelerometer signals to support the delivery of mobile just-in-time adaptive interventions during heavy drinking events. Smartphone based solutions are

Our data comes from electronic devices carried by each participant.



13 participants

**RAW DATA
14 MILLION
ROWS**



Smart Phone
Accelerometer
(50 hz)

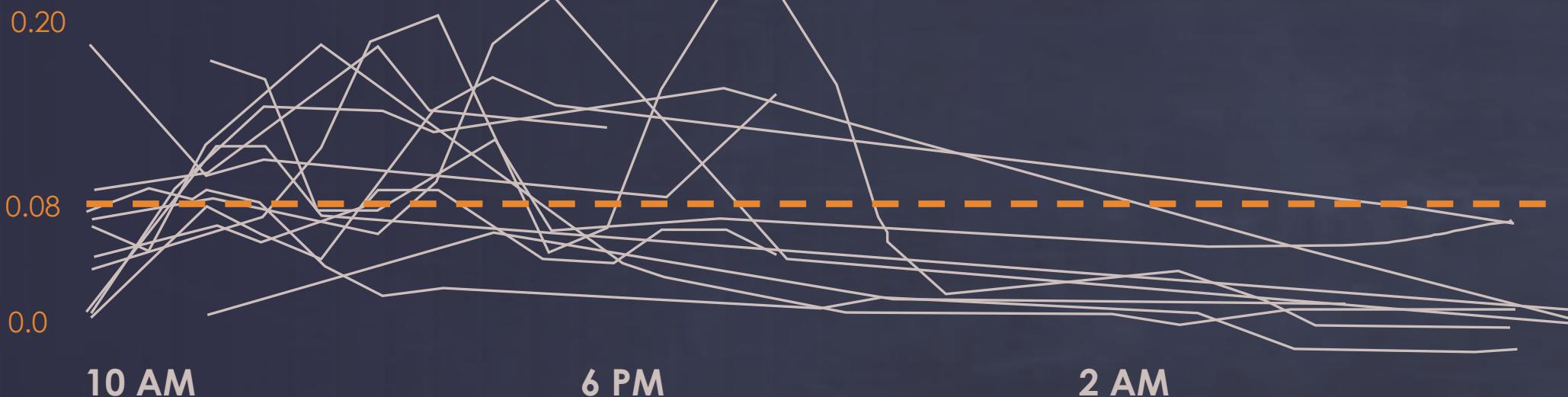
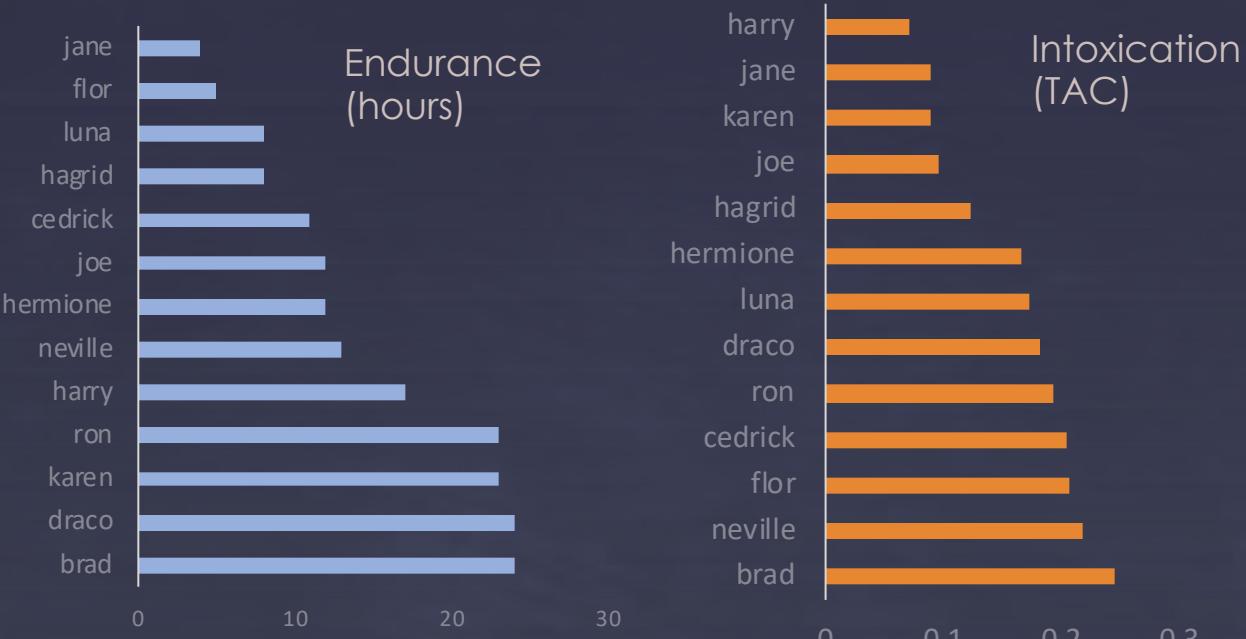
TAC Readings

Our participants were very active.



Longest endurance: **Brad**

Highest Intoxication: **Brad**



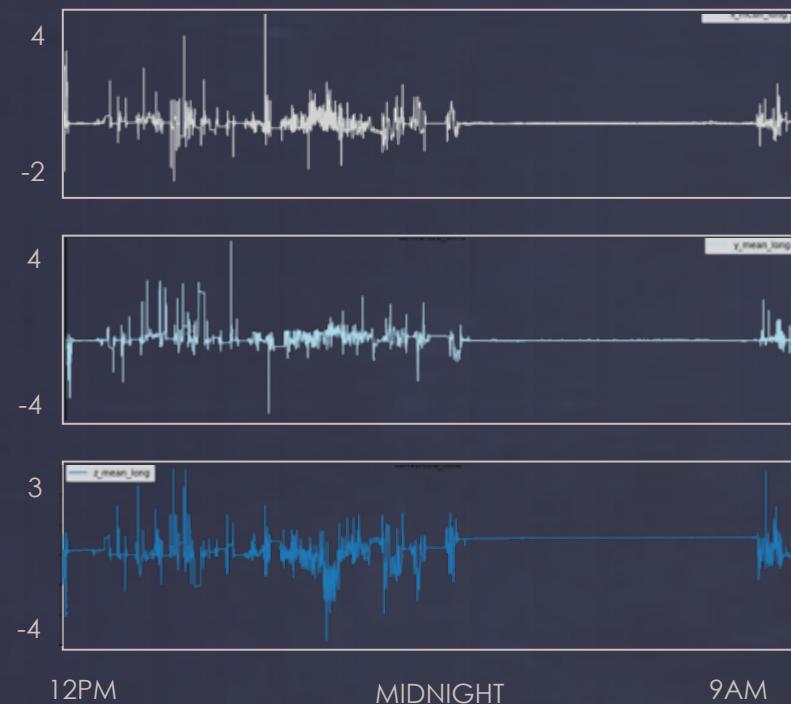
DRUNK

Our data comes from electronic devices carried by each participant.

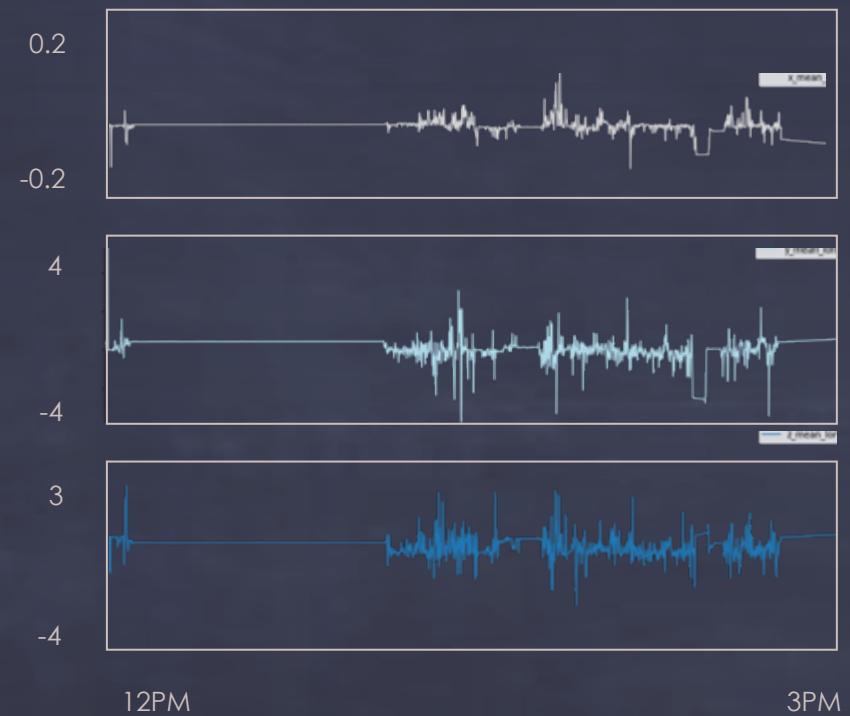
Smart Phone
Accelerometer



BRAD



JANE



A photograph of a group of people in a social setting. In the foreground, a young man with short hair is laughing heartily, his eyes closed and mouth wide open. Behind him, another man with a mustache is also laughing. They are surrounded by other people, some of whom are visible in the background. The lighting is low, creating a warm, intimate atmosphere.

PART 2/5

Feature selection

We made some assumptions and avoided others.

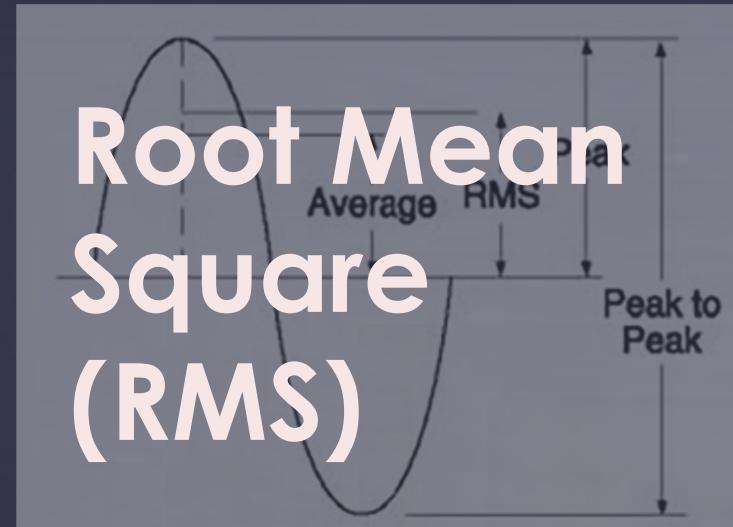
- 1) Assume some periodicity in acceleration
- 2) Uncertain reference frame
- 3) Cannot assume that participant drinking times are uncorrelated

We analyzed the behavior of acceleration over time.



Analyze behavior of accelerometer data on each axis

Windows (sec): 0.25, 2.00, 10.00



Gauge activity levels of 2 sec RMS for raw acceleration on each axis

Difference in RMS over 1 and 5 sec



Shows how motion changes over time

Zero crossing rate in a 500 second window

#of sign changes / # of samples

<https://www.linearmotiontips.com/what-does-rms-mean-and-how-does-it-apply-to-linear-systems/>

<https://link.springer.com/article/10.1007/s11042-019-08463-7/figures/>

https://www.researchgate.net/figure/Rolling-Mean-and-Rolling-STD-Seasonal-First-Difference-Results-of-Dickey-Fuller-Test_fig8_310245845

We looked for frequency information in acceleration.

Inconsistent periodicity

MFCCs used instead of Direct FFT

Existing literature treated acceleration like audio signal

Extracted mel-frequency cepstral coefficients as representation of short-term power spectrum

~10 sec windows

Power Spectrum



We assessed activity levels of our participants.

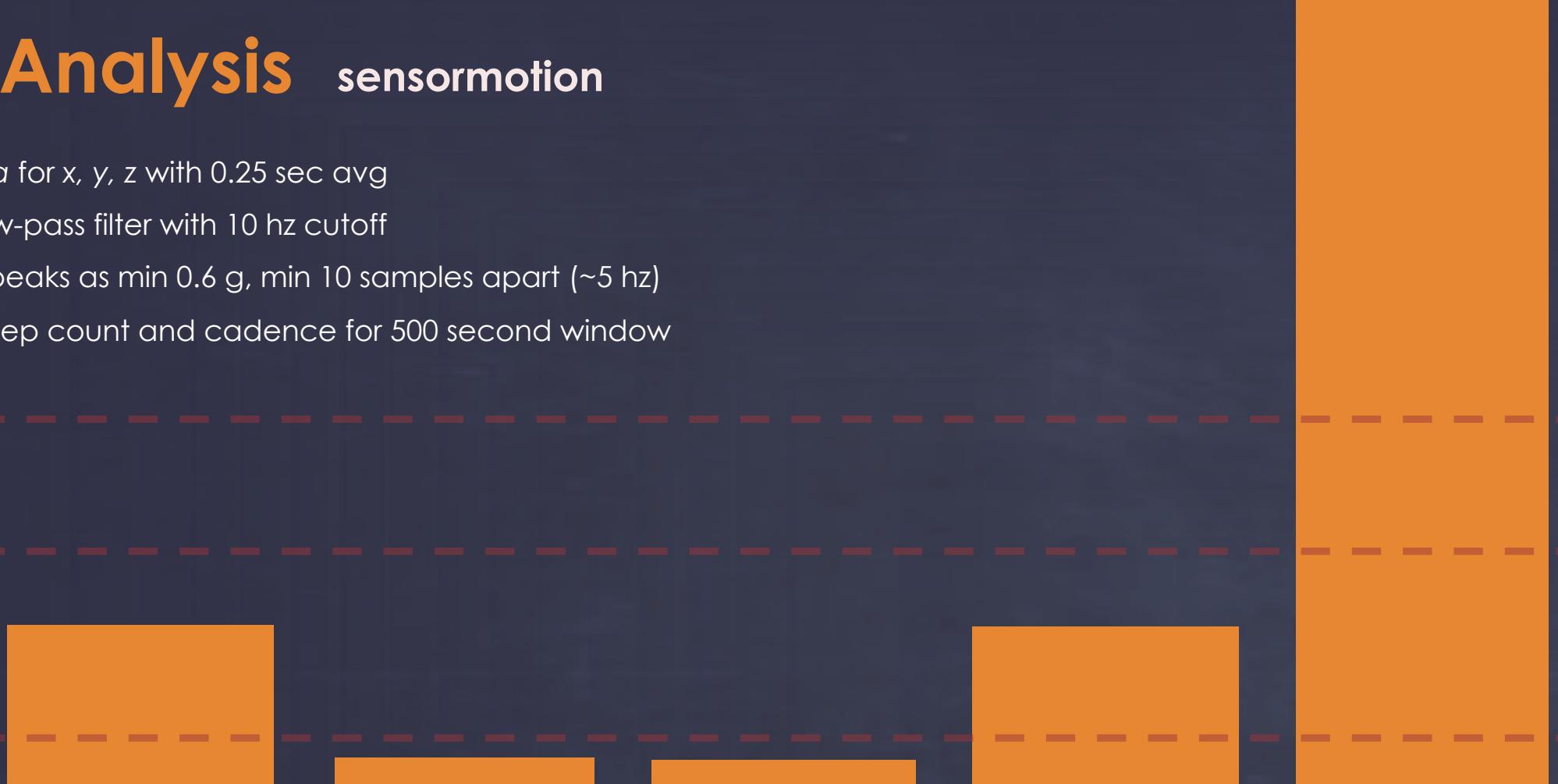
Gait Analysis sensormotion

- 1) Smooth a for x, y, z with 0.25 sec avg
- 2) Apply low-pass filter with 10 hz cutoff
- 3) Identify peaks as min 0.6 g, min 10 samples apart (~ 5 hz)
- 4) Extract step count and cadence for 500 second window

vigorous

moderate

light



A bartender's hands are shown in a close-up shot. They are wearing a brown leather wristband and have dark nail polish. They are holding a silver metal strainer and pouring a bright yellow liquid from a shaker into a clear martini glass. The background is blurred, showing various bar equipment and ingredients.

PART 3/5

modeling

We fit many classes of models.

LOGISTIC REGRESSION

NAÏVE BAYES

ADABOOST

GRADIENT BOOST

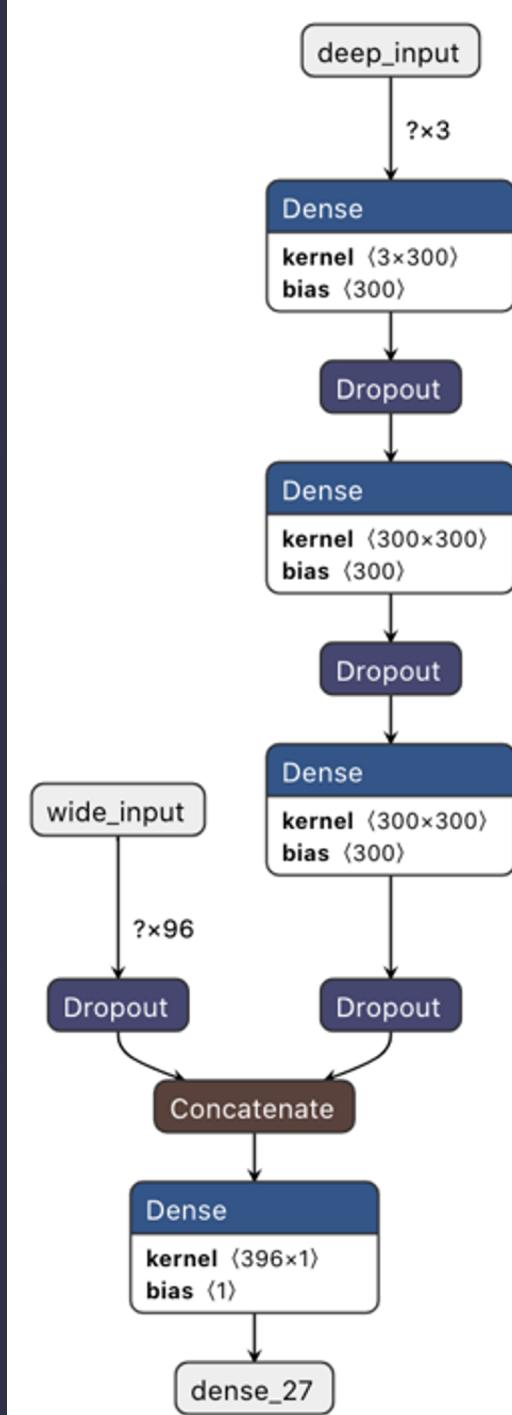
RANDOM FOREST CLASSIFIER

SUPPORT VECTOR MACHINES

K NEAREST NEIGHBORS

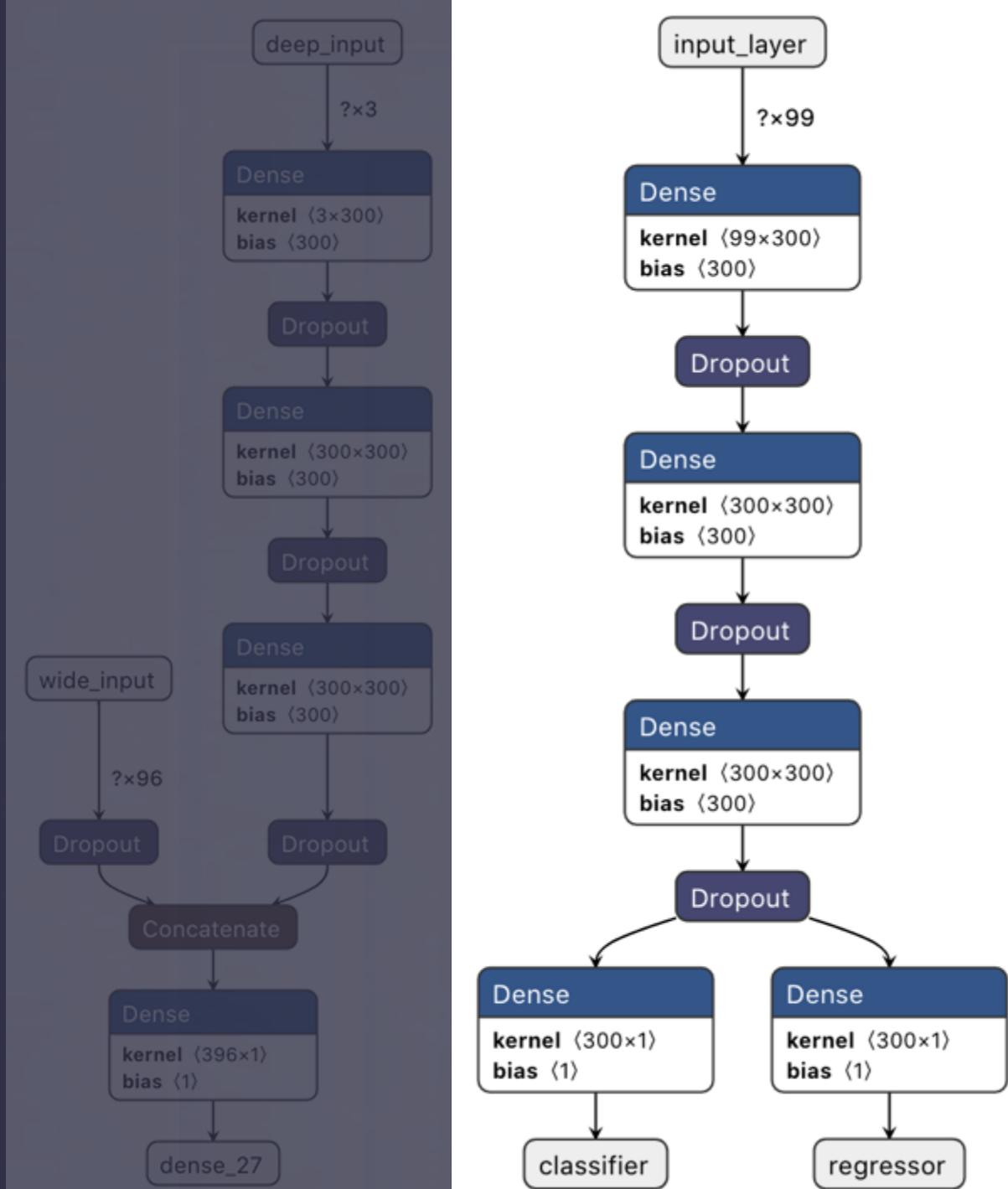


Wide and deep



Wide and deep

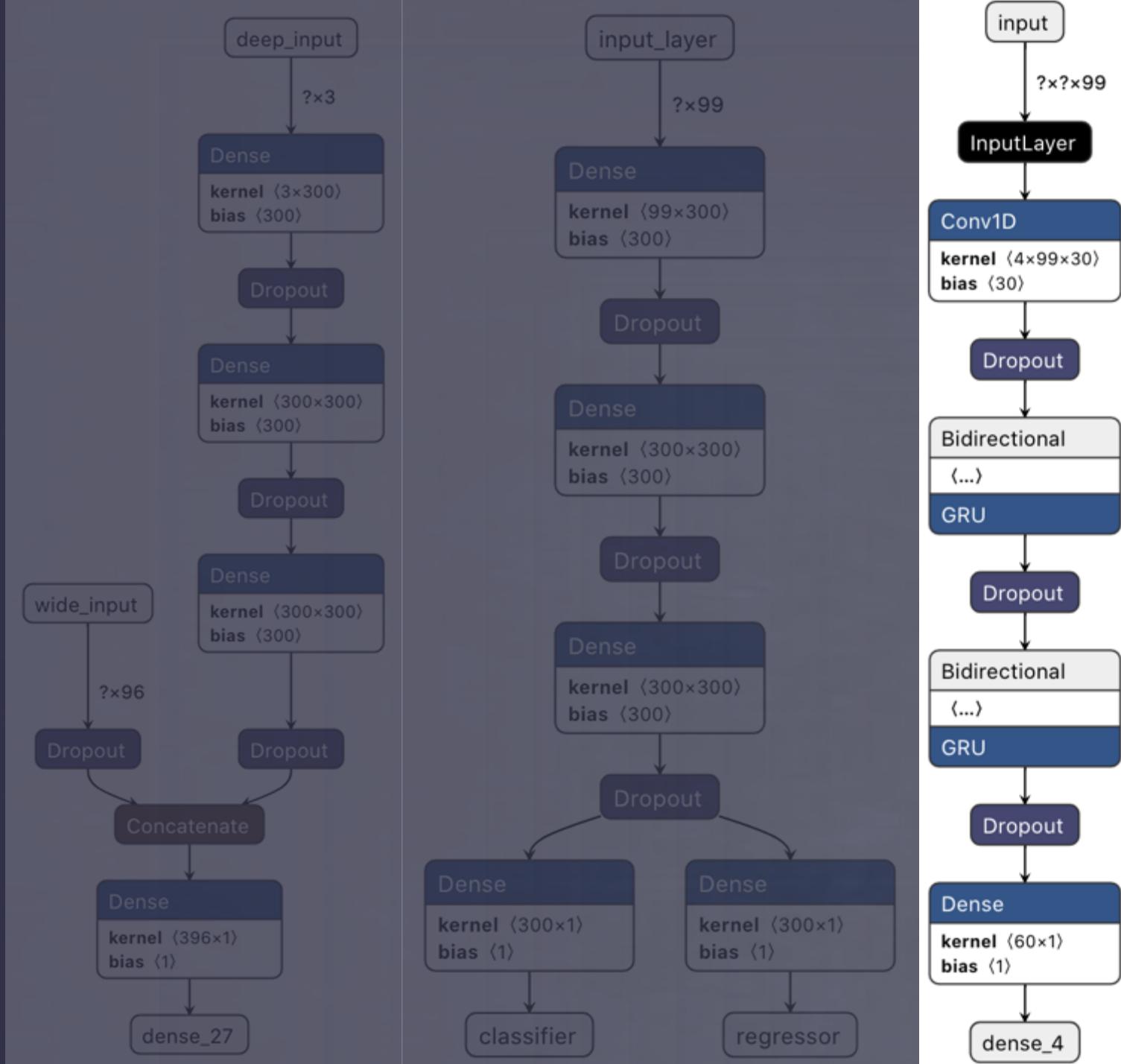
Multi-task



Wide and deep

Multi-task

Convolutional + bidirectional recurrent

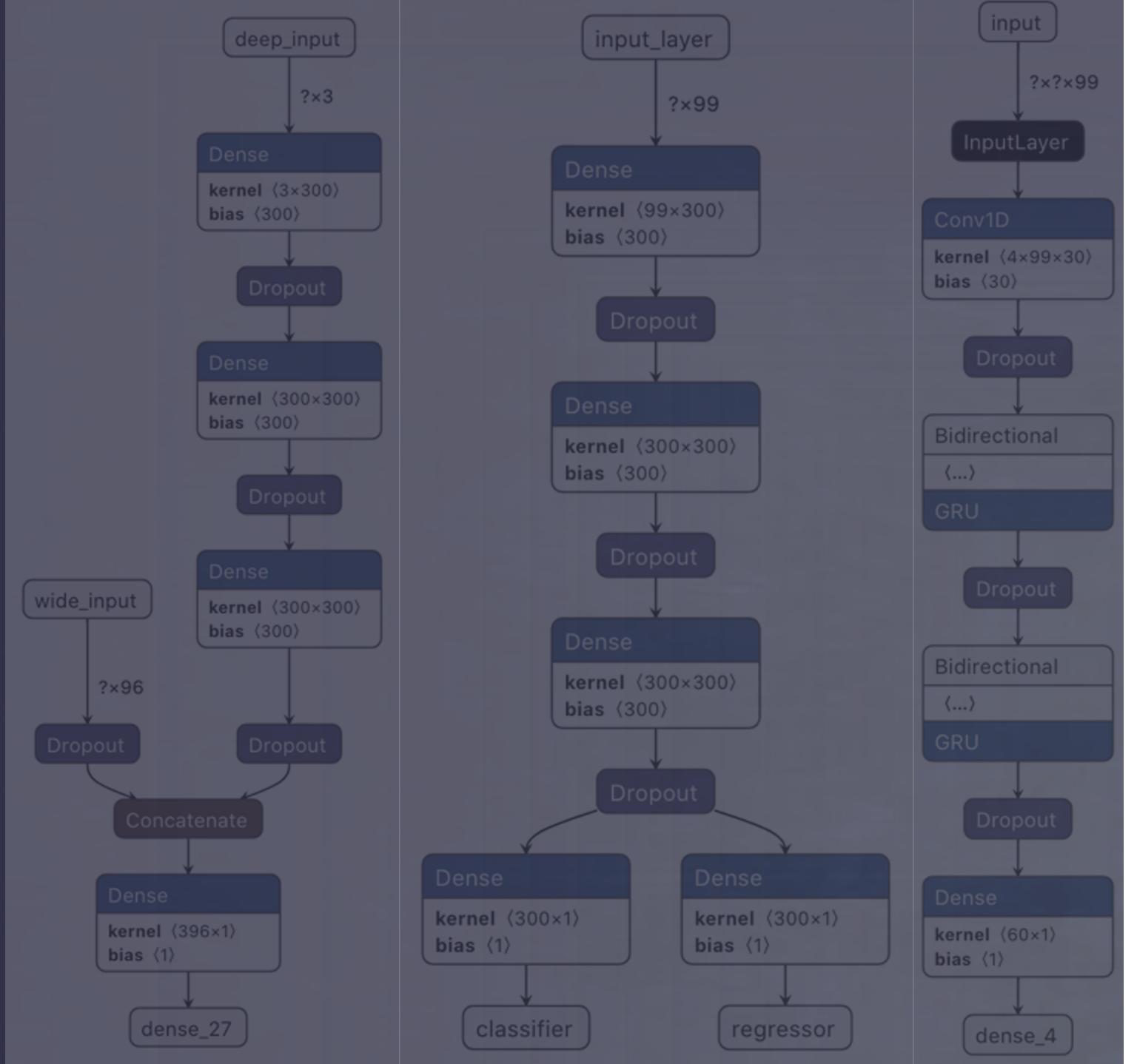


Wide and deep

Multi-task

Convolutional + bidirectional recurrent

Wavenet

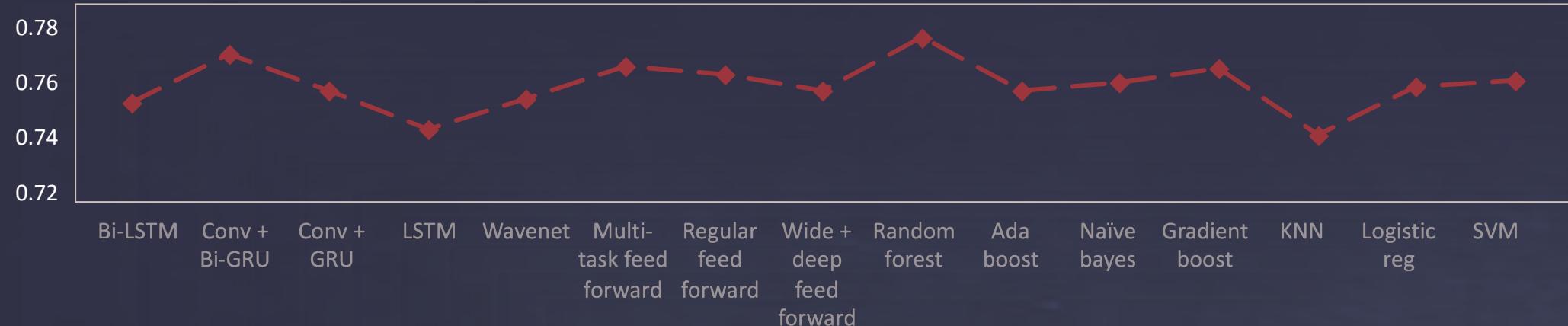


A large, semi-transparent watermark of a diverse crowd of people at an outdoor event with string lights.

PART 4/5

evaluation

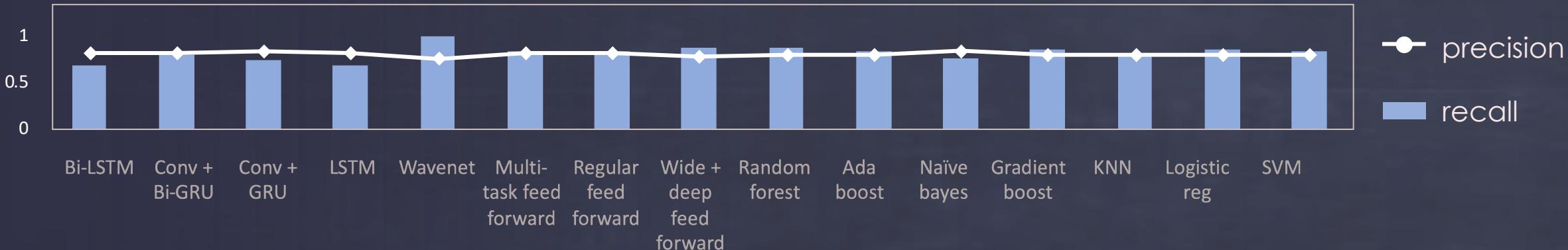
accuracy



intoxicated



sober



PART 5/5

takeaways

Some considerations for the future.



- 1) Shift focus to better data not more complex models
- 2) Features that capture angular motion **GYROSCOPE**
- 3) Increase participant size

individual contribution

Lola – eda, modeling sklearn

Yannik – modeling deep learning

Peter – feature extraction



Thank you.