

### **Table of Contents**

intro
Why?

about

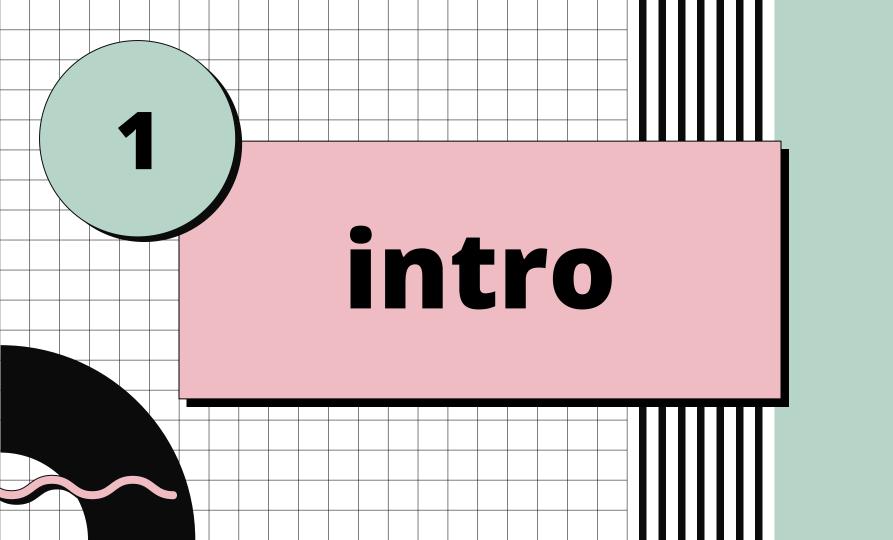
What?

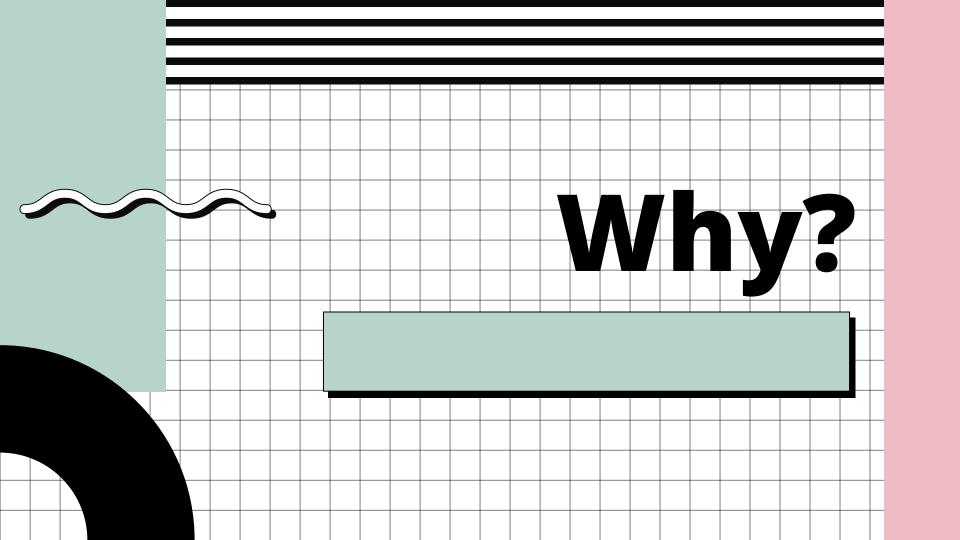
2

3

demo

How?





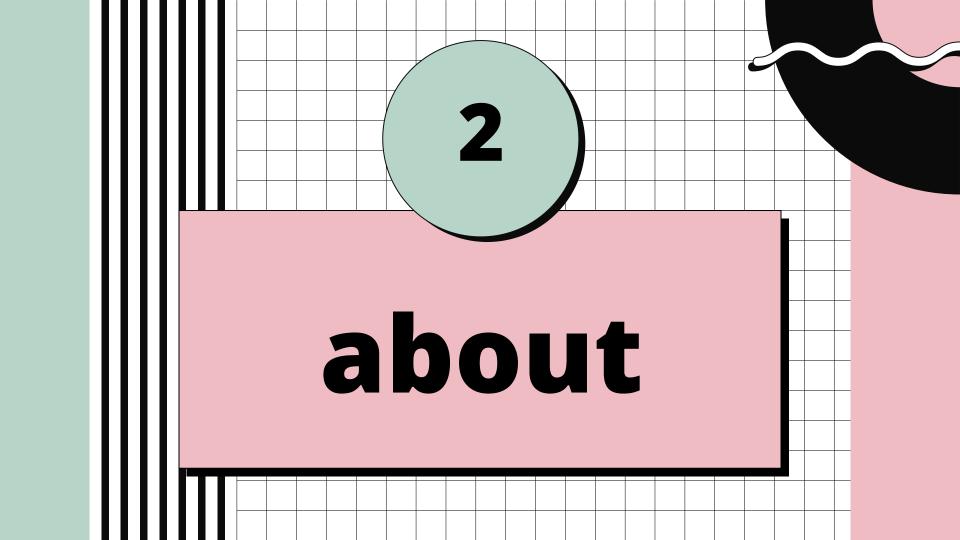
#### **The Problem**

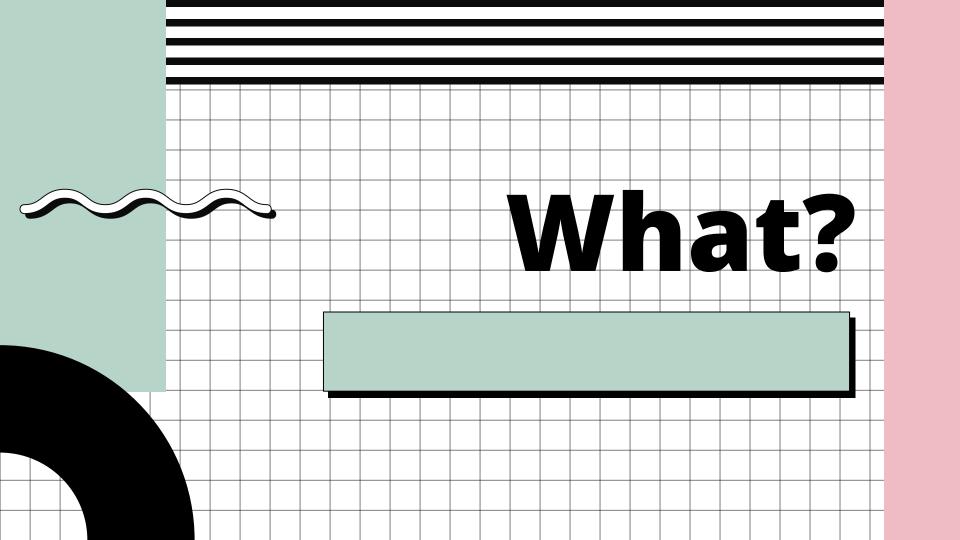
#### <u>Inability to focus on and complete tasks at hand.</u>

A symptom of ADHD, Depression and other mental illnesses

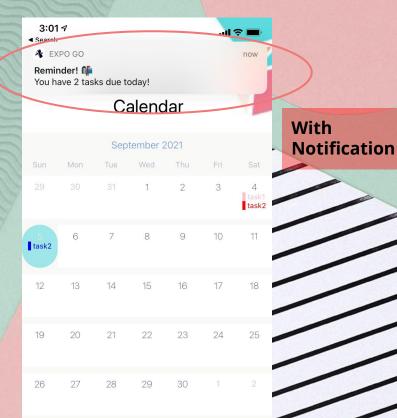
The 3 core executive functions:

- Inhibition
- Working Memory
- Cognitive Flexibility





A gamified task manager to tackle executive dysfunction





# Complete to-do lists as you defeat monsters

## Include Sub Tasks for your Main Tasks







# **Technical Description**

- Catered to overcome executive dysfunction
- Help users especially those with ADHD and have trouble focusing to <u>complete tasks</u>
- Provides an <u>entertaining element</u> whilst completing tasks

