

\*\*\* 20170516 \*\*\* | \*\*\*16\*\*\*

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Code : 1.1.9

Regular Reps : 6 | Regular Times Each Rep : 8

History : 2 times in total

\*User Times :

|          |   |   |   |    |    |   |
|----------|---|---|---|----|----|---|
| 20170512 | 8 | 9 | 9 | 10 | 10 | 9 |
| 20170510 | 8 | 9 | 9 | 8  | 10 | 8 |



Code : 1.2.9

Regular Reps : 6 | Regular Times Each Rep : 8

History : 5 times in total

\*User Times :

|          |    |    |   |   |    |   |
|----------|----|----|---|---|----|---|
| 20170510 | 9  | 8  | 8 | 8 | 8  | 8 |
| 20170507 | 8  | 8  | 8 | 8 | 10 | 7 |
| 20170505 | 10 | 10 | 9 |   |    |   |



Code : 1.3.7

Regular Reps : 6 | Regular Times Each Rep : 8

History : 4 times in total

\*User Times :

|          |    |    |    |    |    |    |
|----------|----|----|----|----|----|----|
| 20170512 | 8  | 8  | 9  | 10 | 10 | 11 |
| 20170507 | 8  | 8  | 8  | 12 | 10 | 12 |
| 20170503 | 12 | 12 | 11 |    |    |    |



Code : 4.1.3

Regular Reps : 6 | Regular Times Each Rep : 8

History : 5 times in total

\*User Times :

|          |    |    |    |    |   |   |
|----------|----|----|----|----|---|---|
| 20170512 | 10 | 10 | 11 | 11 | 8 | 8 |
| 20170509 | 9  | 9  | 9  | 9  | 9 | 9 |
| 20170506 | 8  | 8  | 8  | 8  | 8 | 8 |



Code : 4.2.4

Regular Reps : 6 | Regular Times Each Rep : 8

History : 5 times in total

\*User Times :

|          |    |   |   |   |   |    |
|----------|----|---|---|---|---|----|
| 20170512 | 9  | 9 | 9 | 9 | 9 | 9  |
| 20170509 | 9  | 9 | 9 | 9 | 9 | 9  |
| 20170506 | 12 | 8 | 8 | 9 | 8 | 12 |



Notes: