Code: 2.1.4

Regular Reps: 6 | Regular Times Each Rep: 8

History: 1 times in total

\*User Times : 8 8 8 10 10 10 20170523

Code: 2.2.4

Regular Reps: 6 | Regular Times Each Rep: 8

History: 1 times in total
\*User Times: |

10 | 10 | 10 | 8 | 8 | 9 | 20170523

Code: 2.2.3

Regular Reps: 6 | Regular Times Each Rep: 8

History: 10 times in total \*User Times: | 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 10 10 10 11 10 10 20170518 20170517 20170513

Code: 4.1.4

Regular Reps: 6 | Regular Times Each Rep: 8

History: 1 times in total

\*User Times : 8 8 7 7 7 7 7 20170521

Code: 4.2.5

Regular Reps: 6 | Regular Times Each Rep: 8

History: 1 times in total

\*User Times : 8 8 8 8 9 9 9 20170521

Notes:









