Code: 2.1.3

Regular Reps: 6 | Regular Times Each Rep: 8 History: 6 times in total

*User Times :							١
20170511	8	8	8	8	8	10	İ
20170509	8	8	8	8	8	7	
20170506	8	8	8	7	6	7	

Code: 2.2.3

Regular Reps: 6 | Regular Times Each Rep: 8 History: 6 times in total

instary . O times in total								
*User Times :							١	
20170511	12	10	12	10	ĺ 11	9		
20170509	10	9	10	9	10	8		
20170506	8	10	9	11	9	9	١	

Code: 2.1.2

Regular Reps : 6 | Regular Times Each Rep : 8 History : 5 times in total

*User Times : 20170511 10 | 10 | 8 | 10 | 10 | 12 9 9 8 9 8 20170509 20170506

Code: 3.1.6

Regular Reps : 6 | Regular Times Each Rep : 8 History : 5 times in total

*User Times : 10 | 10 | 9 | 10 | 10 | 10 | 20170510

16 | 12 | 14 20170505 20170503 16 | 14 | 12

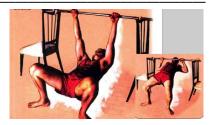
Code: 3.2.6

Regular Reps : 6 | Regular Times Each Rep : 8 History : 5 times in total

*User Times : 10 | 10 | 10 | 10 | 10 | 10 | 20170510

12 | 10 | 12 11 | 9 | 7 20170505 20170503











Notes: