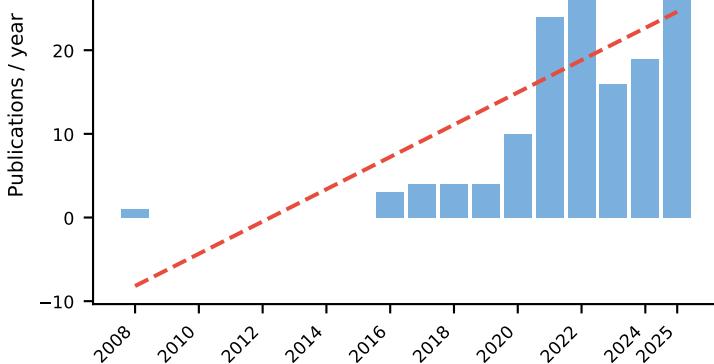


# Search 3: Precision Nutrition & Exercise

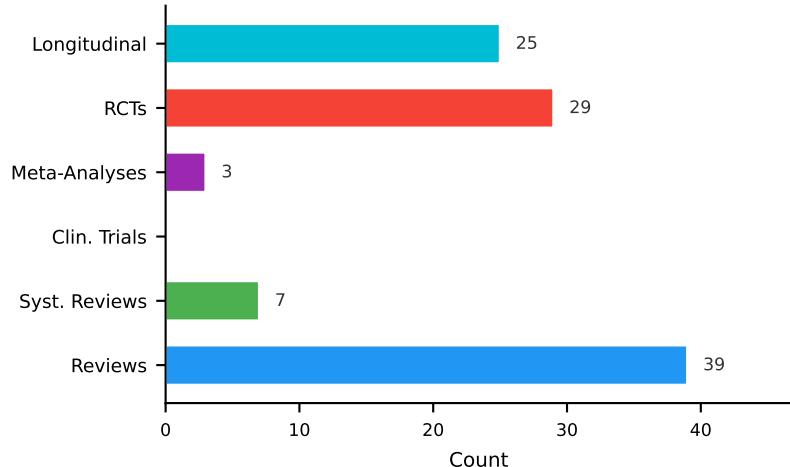
PubMed Query: "Precision Nutrition" AND ("Exercise" AND "Nutrition")

n = 151 articles | Years: 2008-2025 | Journals: 85 | Reviews: 39

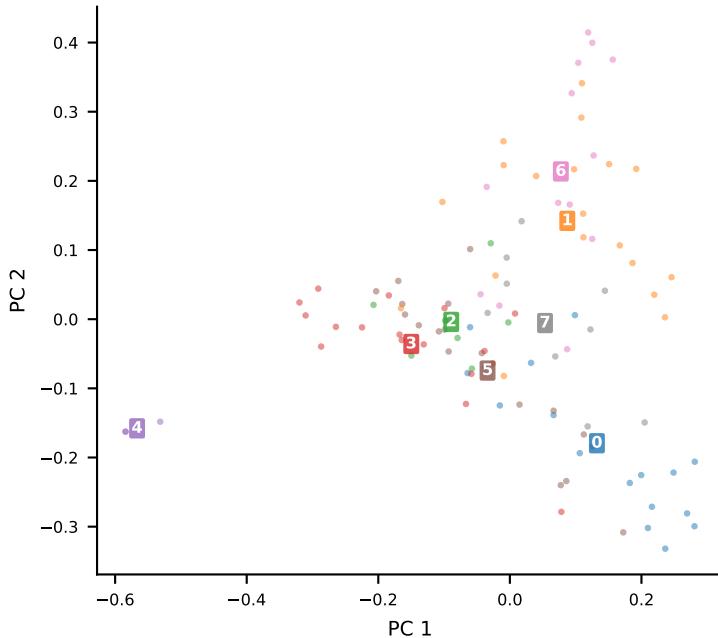
## Publication Trend



## Article-Type Distribution



## Research Cluster Map (PCA)



## Identified Research Themes

- C1 (n=19)**  
activity, physical, diet, participants, body, mediterranean
- C3 (n=17)**  
sub, nutrition, precision, health, fat, dietary
- C0 (n=17)**  
weight, sup, diet, loss, gi, participants
- C5 (n=17)**  
weight, loss, study, health, data, participants
- C6 (n=13)**  
pa, activity, physical, group, 95, nafld
- C7 (n=10)**  
intake, dietary, eating, bmi, behavior, stress
- C2 (n=7)**  
bone, responders, hrqol, dietary, precision, chronic
- C4 (n=3)**  
doi, corrects, article, 3389, 10, fnut

## Gap Analysis: Review Coverage of Research Topics

4 gap cluster(s) of 8 (50%) have cosine similarity < 0.30 to any review cluster:

C0 (n=17): weight, sup, diet, loss

C2 (n=7): bone, responders, hrqol, dietary

C4 (n=3): doi, corrects, article, 3389

C7 (n=10): intake, dietary, eating, bmi