

Workout Helper App

By Team Snappy:

Jianqiang Du

Peter Bui

Taylor Bui

Trung Nguyen

California State University Long Beach

CECS 491A

Use Case 1	Register Account
Actors	User
Pre-Conditions	No User is logged in New User's Information is present Must Have Network Connection
Flow on Control	<ul style="list-style-type: none">• Clicks Register Button<ul style="list-style-type: none">◦ Display input fields for user• Fill out field• Click submit<ul style="list-style-type: none">◦ Validate input field◦ Updates database showing new user information
Post-Conditions	The system now displays the new user information and grants them user privilege. Also saves data.
Error-Condition	Input field is not validated <ul style="list-style-type: none">• Empty username or email, password• Character count exceeds max count (60)
Non-Functional Requirements	Data should be processed and updated within 5 seconds.

Use Case 2	Disable Account
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Actors	User
Pre-Conditions	User must be logged in Must be on the management page Must Have Network Connection
Flow on Control	<ul style="list-style-type: none">● Mark the disable action<ul style="list-style-type: none">○ System prompts for confirmation● User clicks confirm button<ul style="list-style-type: none">○ System shows user is disabled
Post-Conditions	Account is disabled
Error-Condition	<ul style="list-style-type: none">● Network connection is lost during the process.

Use Case 3	Update User Information
Actors	User

Pre-Conditions	User must be logged in Must be on the management page Must Have Network Connection
Flow on Control	<ul style="list-style-type: none">• User clicks on update button<ul style="list-style-type: none">◦ System displays input fields• User modifies information• User clicks submit button<ul style="list-style-type: none">◦ System validates modifications◦ System updates the database
Post-Conditions	User information in database is changed and updated
Error-Condition	Input field is not Validated <ul style="list-style-type: none">• Empty field• Character count exceeds max count (60) for all fields
Non-Functional Requirements	Data should be processed and updated within 5 seconds.

Use Case 4	Create Workout Plan
Actors	User
Pre-Conditions	Must be logged in.
Flow on Control	<ul style="list-style-type: none">• User clicks Create Workout Plan button

	<ul style="list-style-type: none">○ System transfers user to create workout plan input page
Post-Conditions	User information in the database is changed and updated.
Error-Condition	<ul style="list-style-type: none">● There are already 20 defined Workout Plans.● The Workout Plan name cannot exceed 60 characters.
Non-Functional Requirements	System should process the instruction and update the database within 5 seconds.

Use Case 5	Remove Workout Plan
Actors	User
Pre-Conditions	Must be logged in. Must have at least 1 Workout Plan. Must have network connection.

Flow on Control	<ul style="list-style-type: none">● User selects the Workout Plan to be removed● User clicks submit button<ul style="list-style-type: none">○ System prompts for confirmation● User clicks confirm<ul style="list-style-type: none">○ System shows that Plan is removed.
Post-Conditions	System removes the Workout Plan from the database.
Error-Condition	There are no Workouts in the database.
Non-Functional Requirements	System should process the instruction and update the database within 5 seconds.

Use Case 6	Update Workout Plan
Actors	User
Pre-Conditions	Must have network connection. Must have at least 1 Workout Plan.
Flow on Control	<ul style="list-style-type: none">● User clicks update Workout button<ul style="list-style-type: none">○ System transfers user to input page● User modifies Workout name and clicks submit

	<ul style="list-style-type: none">○ System shows the updated data● User modifies Exercise and clicks submit<ul style="list-style-type: none">○ System shows the updated data● User modifies Exercise date and clicks submit<ul style="list-style-type: none">○ System shows the updated data
Post-Conditions	System saves and updates database
Error-Condition	Workout name exceeds 60 characters.
Non-Functional Requirements	System should process the instruction and update the database within 5 seconds.

Use Case 7	Export User's Workout Plan
Actors	User
Pre-Conditions	User is logged in. User has at least 1 Workout Plan
Flow on Control	<ul style="list-style-type: none">● User clicks export User's Workout Plan<ul style="list-style-type: none">○ User selects the Workout plan to export○ User selects submit
Post-Conditions	Program saves a file to the mobile device.

Error-Condition	No file is saved to the mobile device.
Non-Functional Requirements	Data should be processed and saved in 5 seconds.

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Use Case 8	Import User's Workout Plan
Actors	User
Pre-Conditions	Must be logged in.
Flow on Control	<ul style="list-style-type: none">● User selects Import option<ul style="list-style-type: none">○ System prompts user to select file● User selects file to import<ul style="list-style-type: none">○ System asks user to confirm● User confirms selection
Post-Conditions	<ul style="list-style-type: none">● Updates User's database● Adds imported Workout Plan to User's Workout Plan

Error-Condition	<ul style="list-style-type: none">• Invalid or corrupted file.• User's Workout Plan is full.
Non-Functional Requirements	<ul style="list-style-type: none">• Data is processed and save within 5 seconds

Use Case 9	Share Workout Plan
Actors	User
Pre-Conditions	User is logged in User must have at least 1 Workout Plan
Flow on Control	<ul style="list-style-type: none">• User clicks Share Workout Plan• User selects Workout Plan<ul style="list-style-type: none">◦ System asks User for the user ID to send to.• User inputs another User's ID<ul style="list-style-type: none">◦ System confirms User ID• User selects submit.
Post-Conditions	<ul style="list-style-type: none">• Another use receives an option to accept or reject the Workout Plan

Error-Condition	<ul style="list-style-type: none">• System cannot find the user ID in database
Non-Functional Requirements	<ul style="list-style-type: none">• Data is processed and save within 5 seconds

Use Case 10	Accept Workout Plan
Actors	User
Pre-Conditions	Users must be logged in. Another User must have sent a share Workout Plan.
Flow on Control	<ul style="list-style-type: none">• User selects the prompt to accept Workout Plan<ul style="list-style-type: none">◦ System shows the Workout Plan accepted and asks User to confirm• User selects the confirm button.
Post-Conditions	Program saves and updates database with new Workout Plan
Error-Condition	Workout Plan is full.
Non-Functional Requirements	Data should be processed and updated within 5 seconds.

Use Case 11	Mark as Complete
Actors	User
Pre-Conditions	User must be logged in. User must be in Workout menu.
Flow on Control	<ul style="list-style-type: none">• User selects the box
Post-Conditions	The specific exercise box is filled.
Error-Condition	None
Non-Functional Requirements	System should process the instruction and update the database within 5 seconds.

Use Case 12	Stopwatch
Actors	User
Pre-Conditions	Must be logged in
Flow on Control	<ul style="list-style-type: none">• User selects the stopwatch option.• User selects start stopwatch.• User selects stop stopwatch.
Post-Conditions	System saves and updates database with the time.
Error-Condition	None
Non-Functional Requirements	System should process the instruction and update database within 5 seconds.

Use Case 13	Add Exercise
Actors	User
Pre-Conditions	Must be logged in. Must have created at least 1 Workout Plan.
Flow on Control	<ul style="list-style-type: none">• User selects Add exercise in Workout Plan<ul style="list-style-type: none">◦ System shows list of all exercise• User selects the exercise.• User selects next.<ul style="list-style-type: none">◦ System shows new menu asking how many.• User selects a numeric choice from a dropdown menu.• User clicks next.<ul style="list-style-type: none">◦ System shows that the exercise is added
Post-Conditions	System updates the database and confirms the exercise is added.
Error-Condition	None
Non-Functional Requirements	System should process the instruction and update the database within 5 seconds.

Use Case 14	Remove Exercise
Actors	User
Pre-Conditions	Must be logged in. Must have at least 1 Workout Plan. Must have at least 1 exercise added.
Flow on Control	<ul style="list-style-type: none">• User selects Remove Exercise<ul style="list-style-type: none">◦ System shows exercise user has added• User selects exercise.• User selects next.<ul style="list-style-type: none">◦ System removes exercise from the Workout Plan.
Post-Conditions	User information is updated to database. The exercise selected is removed.
Error-Condition	None
Non-Functional Requirements	Information is updated and saved within 5 seconds of confirming.

Use Case 15	Update Exercise
Actors	User
Pre-Conditions	User must be logged in. User must have at least 1 Workout Plan. User must have at least 1 Exercise.
Flow on Control	<ul style="list-style-type: none">• User selects Update Exercise<ul style="list-style-type: none">◦ System displays all information about exercise.• User selects Amount<ul style="list-style-type: none">◦ System asks how many.• User selects a numerical value from a dropdown menu.• User selects next.<ul style="list-style-type: none">◦ Information is saved and database is updated.
Post-Conditions	User's database is updated.
Error-Condition	None
Non-Functional Requirements	Status is updated and saved within 5 seconds.

Use Case 16	Export Progression
Actors	User
Pre-Conditions	Logged in as a user.
Flow on Control	<ul style="list-style-type: none">• User clicks on export.<ul style="list-style-type: none">◦ Show alert “Saved”
Post-Conditions	Progression is saved into local storage.
Error-Condition	Local storage is full.
Non-Functional Requirements	System should process the instruction within 5 seconds.