

# **TRANSITIONING TO COLLEGE LIFE**

## **Chapter 2**

# CHAPTER OBJECTIVES

Recognize the difference between the high school and college experience.

List strategies for a satisfying and successful transition to the university setting.

Determine your learning style.

Demonstrate effective study and test-taking skills.

Define and demonstrate critical thinking skills.



# LET'S REFLECT...

Starting college can be a scary and anxious experience. What were some of the fear you had (or still have) about college life?



# What freshmen fear the most...

1. Am I smart enough?
2. Will my roommate be weird?
3. Will I make friends?
4. What do I do when I get home-sick?
5. Will I be safe on-campus/in Ruston?
6. Will I have enough money?
7. How do I balance school/jobs/organizations and other commitments.







# Taking Care of YOU



# Goodbye High School

So far, what has been the biggest difference between your experience in high school, and your time so far at Louisiana Tech?



# Navigating the transition

- **Grow into your autonomy**

With increased independence can come with a newfound sense of freedom as well as more responsibility. Find ways to embrace the autonomy and not trapped by it.

- **Embrace the pace**

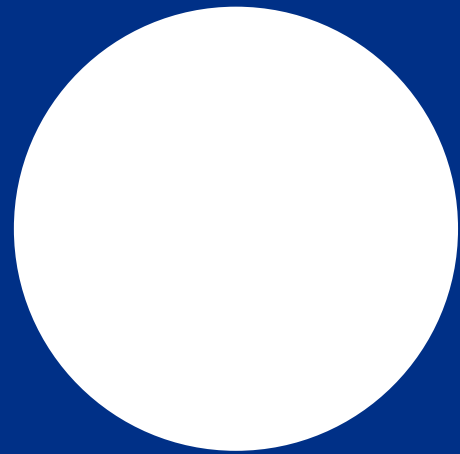
The quarter system moves fast. Take time to plan a schedule and stick to it. Get engaged and involved, but know your limits and get ready for the first quarter (and freshman year) to FLY by.

- **You are the manager**

How you spend your day is your decision. Parents won't be waking you up, cleaning your room, or cooking you every meal. Control is yours, be sure to take care of yourself!



# Navigating the transition



- **Building relationships**

While some of your high school friends may be at Tech with you, the reality is you have an opportunity to build and develop many new relationships with roommates, coworkers, classmates, and instructors, advisors, and more across campus.

- **Opportunities in cultural diversity**

Louisiana Tech is rich in diversity. With students from all across the state, the country, and the globe, you will have the chance to meet someone quite different from yourself. Take the time to find someone with a different background and expand your circle.

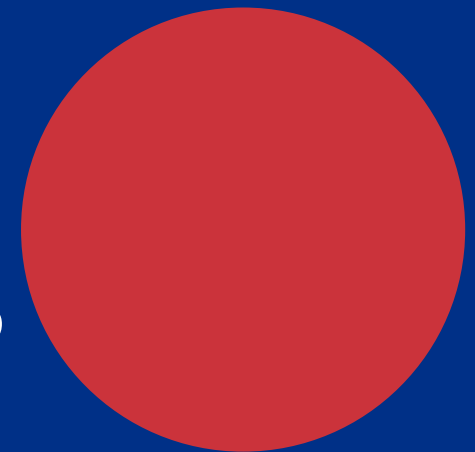
- **Become a critical thinker**

In the university setting, you will be expected to achieve a higher level of learning by thinking critically. From ensuring you are taking in accurate and reliable information to applying it appropriately, the responsibility is yours.



# 10 Steps to Getting Good Grades in College...

1. **Attend every class** – including review days, discussions, etc.
2. **Be organized** – keep a planner
3. **Manage your time well** – do not overextend yourself
4. **Be successful in class** – prepare for class and be on time
5. **Take good notes** – pay attention and actively listen
6. **Learn how to read a textbook** – scan, read, and review
7. **Study smarter** – know your learning style, don't cram
8. **Use test-taking strategies** – develop a plan and don't panic.
9. **Reduce test anxiety** – study to build confidence and get sleep
10. **Use available resources** – tutoring, study groups, instructors



## Tips for learning, by style:

### VISUAL

- Underline, use different colors, use symbols and charts.
- Recall the pictures from your notes, draw diagrams, turn visuals into words.

### AUDITORY

- Discuss topics with other students, record the lectures
- Record note summaries and play them back.

### READ/WRITE

- Use lists and headings, use dictionaries and handouts.
- Rewrite your notes, paraphrase texts.

### KINESTHETIC

- Use senses, use trial-and-error methods, listen to real-life examples and use hands on approaches.
- Write practice answers, role play situations.

## VISUAL

Learn by seeing

- Charts & Graphs
- Infographics
- Outlines
- Visual Aids
- Slide Deck PPTs

## AUDITORY

Learn by hearing

- Podcasts
- Verbal instructions
- Discussions
- Recordings

## READ / WRITE

Learn by reading/writing

- Books
- Dictionaries
- Note-taking
- Assessments
- Case Studies

## KINESTHETIC

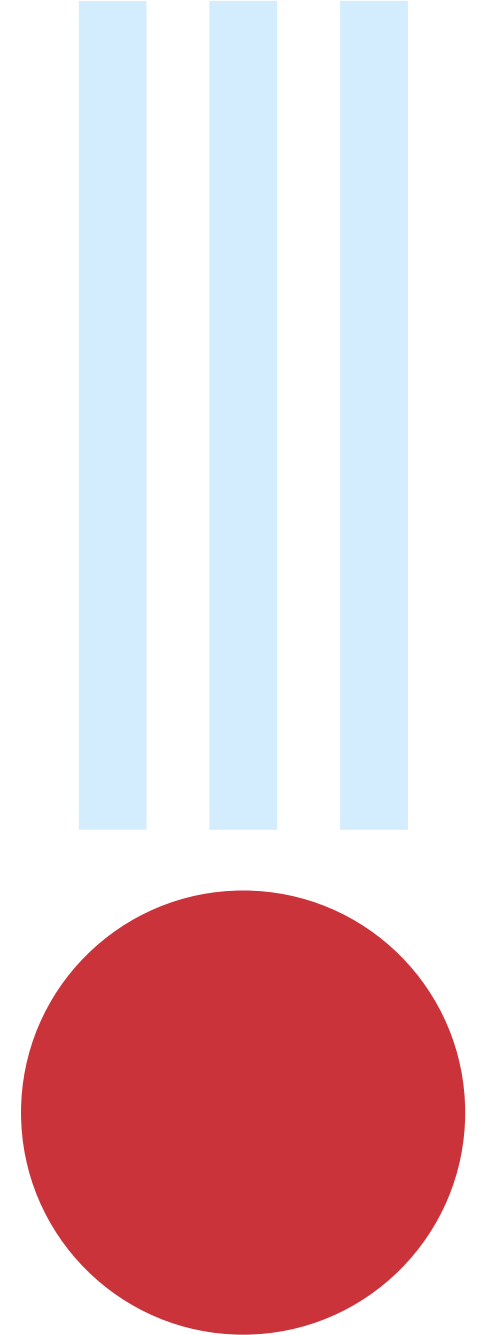
Learn by doing

- Role playing
- Scenario training
- Hands-on



# **Time Management Activity (2.1)**

**Use the time management chart in the appendix of your FYE Textbook and complete a calendar for next week. Be sure to include class times, assignments, exams, organization meetings, job responsibilities, sleep, meals, and exercise. Be sure to leave time for fun and to relax. Feel like doing more? Make a time management plan for the rest of the quarter.**



# **LOUISIANA TECH: Your New Home**

## **Chapter 3**

# CHAPTER OBJECTIVES

Identify significant dates and events in Tech's history.

Explain the Tenets of Tech.

Define concepts such as culture, legend, and tradition.

Articulate an understanding of the value of rituals and traditions in a society.







**The first building constructed on Tech's campus, Old Main, circa 1920's. Contained eight classrooms, a lab, and offices and burned down in 1936.**



**Keeny Hall (originally name Leche Hall) replaced Old Main in 1937 and still stands today as one of the focal building bordering the Quad.**

# LOUISIANA TECH GRADUATION MILESTONES

- **1897** Tech grants its first bachelor's degree to Harry Howard
- **1905** The Lagniappe, Tech's annual yearbook, is first published.
- **1959** Tech grants its first Masters degrees.
- **1971** The first Doctor of Philosophy (PhD) in Chemical Engineering is conferred.
- **2007** Tech becomes the first university in the world to award a Bachelor of Science in Nanosystems Engineering.
- **2015** Tech becomes the first school in the country to award a Bachelor of Cyber Engineering.
- **2017** Louisiana Tech grants its 100,000<sup>th</sup> degree.
- **Today** Tech's adds 1,800+ new members to a growing alumni base of over 115,000 strong.





# LOUISIANA TECH TRADITIONS

What is the role of traditions, rituals, and legends in a community and how do they aid in the development of interpersonal relationships?



# THE TENETS OF TECH



## CONFIDENCE

a sense of self

## LEADERSHIP

guidance through service,  
involvement, and responsibilities

## EXCELLENCE

appreciation for first-rate  
experiences

## LOYALTY

faithfulness to values, commitments,  
and responsibilities

## COMMITMENT

acceptance of responsibility as a  
citizen of the university

## ENTHUSIASM

excitement for personal  
characteristics and the future

## KNOWLEDGE

understanding of ideas based on  
actual experiences

## CARING

affinity for beauty, performing arts,  
and human culture

## INTEGRITY

ability to defend, evaluate, or  
questions one's own beliefs

## HOPE

belief in future experiences and  
growth opportunities

## RESPECT

acknowledgement of others' beliefs  
through personal interactions

## PRIDE

a sense of self-respect

# THE TENET MEDALLION & ACADEMIC CONVOCATION



Each year since 2007, the Academic Convocation welcomes students to campus the night before Fall classes to kick off their first year and their academic journey at Louisiana Tech. During the event, students are given a medallion engraved with the twelve tenets of Tech; which they later deposit into the Lady of the Mist signifying their commitment to the university and the path ahead. Students are then given a new tenet medallion at their graduation after receiving their diploma.



# THE LADY OF THE MIST



# THE LEGEND OF THE BULLDOG

Fall of 1899, five Tech students stumble across a quiet bulldog under a tree. The bulldog follows them home and is allowed to stay for one night before other plans had to be made.

In the middle of the night, a fire breaks out and the old bulldog wakes up the residents by barking and tugging on sheets. In the process of saving many of the students, the bulldog sadly did not make it. Legend says he was buried on campus, wrapped in both a red and blue jacket.

A year later, as Tech began its athletics program, a mascot was needed, and the courageous bulldog was chosen to represent the university.





# THE SPIRIT OF '88

- **1988** – The Bulldogs begin their move to Division I athletics by facing the nation's 11<sup>th</sup> toughest football schedule with a Division II roster. Loses big, but never gives up.
- **1989** – Statue commemorating the ***spirit*** of that 1988 team is commissioned and unveiled in South Endzone.
- **1989 – 1990** – Tech competes in Division I and begins seeing increased success on the field including an 18 home-game win streak and a birth in the Independence Bowl.
- The legend spreads as three additional Spirit of '88 statues pop up in the student center, president's office, and the Academic Success Center in Shreveport for all Tech students to experience the magic themselves.





# LOYAL BLUE FRIDAYS

On Fridays, we wear BLUE!



Hey Bulldogs!  
**HAPPY**  
**LOYAL BLUE**  
**FRIDAY**

Share your bulldog pride by wearing some loyal blue today!





# FIGHT SONG

by James Alvey Smith

Fight! Fight! Fight! For ole red and blue!  
Show your might and we'll root for you!  
Get on your toes when you meet your foes,  
And don't let them break through!

TECH! TECH! TECH!

Hit those lines like good ole canines!  
Break through for a touchdown or two!  
Hold up your chin and let's all go in  
To win for the red and blue!

# ALMA MATER

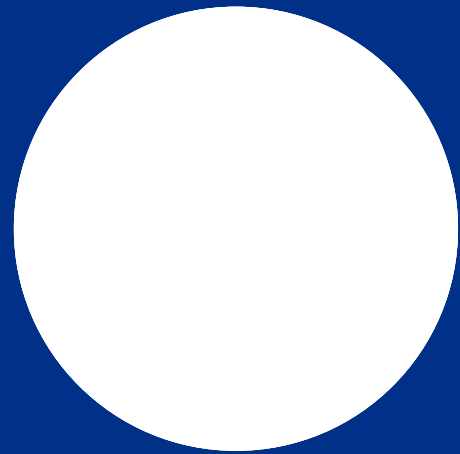
by John P. Graham

O Tech, thy halls so beautiful,  
Thy pleasant walks, thy noble trees,  
That charmed me in my college days,  
Are ever dear to me.

Louisiana Tech I love thee,  
My Alma Mater, My Alma Mater,  
I will ever loyal be  
To thee, my Alma Mater.



# Why Tech? (Activity 3.2)



Why did you choose to go to college? What about Louisiana Tech specifically? List a few reasons for each. Which are the most important? Why?