**Reflective Statement**

**Take a moment to pause, think , and ponder.**

**Reflection:** It should include the following:

* State what you learned from doing this assignment?
* Apply what you learned from this lesson to what you have already discussed and to what you have already learned?
* How might this information be useful to you in the future?
* Give an example of how it relates to you personally?
* Which part of this assignment made you think about the topic differently?
* What else do I need to learn?