**Reflective Statement**

**Take a moment to pause, think , and ponder.**

**Reflection:** It should include the following:

* State what you learned from doing this assignment?
* Compare how you thought about this topic before doing this activity to how you think about this topic since doing this activity.
* Apply what you learned from this lesson to what you have already discussed and to what you have already learned?
* How might this information be useful to you in the future?
* Give an example of how it relates to you personally?
* Which part of this assignment made you think about the topic differently?
* To what extent did I use resources available to me?
* When I do an assignment or task like this again, what do I want to remember to do differently?
* What worked well for me that I should use next time?